



St. Thomas College of Teacher Education, Pala, Kerala – 686 575

Affiliated to Mahatma Gandhi University, Kottayam

Criterion VI- Governance, Leadership and Management

6.5 Internal Quality Assurance System

6.5.3 REPORT OF THE WORK DONE BY IQAC OR OTHER QUALITY MECHANISMS



**ST. THOMAS COLLEGE
OF TEACHER EDUCATION, PALA
ESTD. 1957**

**SSR Submitted to
NAAC
Fourth Cycle
of
Accreditation**

6.5.3 REPORT OF THE WORK DONE BY IQAC OR OTHER QUALITY MECHANISMS

IQAC Reports of Last Five Years

- **2022-2023**
- **2021-2022**
- **2020-2021**
- **2019-2020**
- **2018-2019**





ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

KOTTAYAM (Dist), KERALA - 686 575

Phone No: 04822-216537, 297937; Fax No: 0482-216537

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INTERNAL QUALITY ASSURANCE CELL (IQAC)

ANNUAL REPORT (2022-2023)




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

IQAC PROFILE


IQAC COMMENCEMENT	17 / 03 / 2004
IQAC	<p>The Internal Quality Assurance Cell (IQAC) at St. Thomas College of Teacher Education, Pala, was set on 17 / 03 / 2004 which helps to enhance the quality and standards of education offered by the institution. The IQAC is an integral part of the college's commitment to continuous improvement, and it functions as a facilitator for the institution's academic and administrative excellence.</p>
OBJECTIVES	<p><i>The primary objectives of the IQAC at St. Thomas College of Teacher Education, Pala, are as follows:</i></p> <ul style="list-style-type: none"> ✦ <i>To develop and promote a quality culture amongst all stakeholders of the institution</i> ✦ <i>To ensure the maintenance of academic standards in teaching, research, and extension activities</i> ✦ <i>To facilitate the implementation of best practices in various aspects of the institution's functioning</i> ✦ <i>To foster a learner-centric environment that encourages holistic development and overall well-being</i> ✦ <i>To encourage faculty and staff development and motivate them for continuous improvement</i> ✦ <i>To establish a feedback mechanism to monitor and evaluate various processes and take necessary actions for improvement</i>
STRATEGIES	<p><i>To achieve its objectives, the IQAC follows the following strategies:</i></p> <ul style="list-style-type: none"> ✦ <i>Formulating and implementing quality benchmarks for various academic and administrative activities</i>




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- *Conducting regular meetings and workshops to sensitise faculty, staff, and students about quality enhancement measures*
- *Organising training programs for faculty to enhance their teaching and research capabilities*
- *Monitoring and evaluating academic and administrative processes through periodic internal audits*
- *Collecting feedback from various stakeholders, including students, parents, alumni, and employers, to assess the college's performance*
- *Encouraging research and publication activities among faculty members and students*
- *Collaborating with other institutions and agencies to share best practices and promote mutual learning*




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COMPOSITION OF THE IQAC (2022-2023)

A. CHAIRPERSON

1. Dr. Sr. Beenamma Mathew, Principal

B. SENIOR ADMINISTRATIVE OFFICER

2. Sr. Mini Thomas, Head Accountant

C. TEACHING FACULTY REPRESENTATIVES

3. Dr. T.C. Thankachan, Associate Professor, Vice-Principal
4. Dr. TM Mollykutty, Associate Professor, HoD, M.Ed.
5. Dr. Sr. Mary Thomas, Associate Professor, B.Ed. Dept.
6. Dr. Sunu Austin, Assistant Professor, B.Ed. Dept.
7. Dr. Pratheesh Abraham, Assistant Professor, (Dean Students' Welfare) B.Ed. Dept.

D. MEMBER FROM THE MANAGEMENT

8. Rev. Dr. Jose Kakkallil, Chancellor, Diocese of Palai
9. Prof. Jose P Mattam, Member, Governing Body

E. MEMBER FROM THE LOCAL SOCIETY

10. Smt. Biji Jojo, Municipal Councillor

F. NOMINEE FROM THE STUDENT COMMUNITY

11. Mr. Cyriac Thomas, B.Ed. Student


G. NOMINEES FROM THE INDUSTRY/EMPLOYERS/STAKEHOLDERS/ALUMNI/PTA

12. Sri. Jose Mamparambil, Chairman, Mamparampil Group of Companies, Pala
13. Sri. Sunny Anthony , PTA , Vice-President
14. Rev. Fr. Berchmans Kunnumpuram , Corporate Educational Agency, Diocese of Palai
15. Rev. Fr. Jose Puzhakkara, President, Alumni
16. Sri. Georgekutty Jacob, HM Model School – Representative of Cooperating Schools

H. CO-ORDINATOR OF IQAC

17. Dr. Lavina Dominic, Assistant Professor, B.Ed. Dept.




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Re-accredited at A Grade by NAAC

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STRATEGIC PLAN OF ACTION AND OUTCOMES (2022-2023)



Strategic Plans

Excellence in academics and other areas



- The college secured cent percent pass for B.Ed. students at the university exam ; including university ranks (2 first ranks 3 third ranks, and 1 eighth rank in various optional subjects at B.Ed. level). The M.Ed. final semester results are awaited.
-
- Several students won prizes at inter-collegiate arts and sports competitions.
-
- The college was selected for the second time in a row for the best innovative idea at the State.
- Level Evaluation of the Young Innovators Programme (YIP)2022, organised by the Kerala Development and Innovation Strategic Council(K-DISC)

Entering MoUs with new institutions



An MoU was signed with St. Ann's College of Teacher Education, Secunderabad on 12-10-2022

Renewal of MoUs



The MoUs that were expiring the year were renewed.

Organise programmes with MoU partners



Faculty and student sharing programme with MoU partners were organised:

- Dr. Bindu David and Dr. Suneethi A.S. (SNM Training College, Moothakunnam) took classes for students of the colleges – 26 May 2023
- Minna Mary Tom (B.Ed. Social Science) and Nair KM Sumalakshmi (B.Ed. Social Science - St. Joseph's College of Teacher Education for Women) were the chief resource persons at the webinar conducted on 'Water Conservation Day' on 30 April 2023.



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→
Securing recognition for research centre and research guideship

- **27/8/2022** – Inspection of Research Centre by University expert team.
- **03/11/2022** -The college was recognised as research centre in education under Mahatma Gandhi university.
- **23 /11/2022** - Inauguration of the research centre.
- **01-03-2023** - Commencement of the Course work of the first batch of Ph.D. aspirants

→
Fostering research culture

Publications of 7 members of the faculty including the College librarian published their Ph.D. theses

→
Augmenting infrastructure using RUSA funds

Construction of the new block is progressing.

→
Extension – community engagement – sensitising to social needs – extending a venue for community programmes

The college has been a venue and also offered its expertise and facilities for several community-based programmes.

18 June 2022 -Venue for SCERT Kerala project workshop – faculty were among the chief resource persons.

10 -10 -2022 – A programme on youth- Interaction with youth – was conducted by the Good News Channel Programme.

26-07-2022 - Inauguration of **Samagra Sakshara Pala Project** – A Govt. of Kerala Project– Presided over by the Minister of Education, Kerala State.

13/08/2022

Beautiful Minds

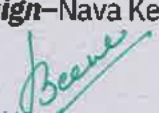
An Innovative Programme for School Students Conducted was by the Civil Service Institute, Pala in collaboration with Pala Corporate Educational Agency and St. Thomas College of Teacher Education.

29/09/2022

Mega Blood Donation Camp in collaboration with local Marygiri Hospital, Bharnanganam, Pala Blood Forum, Red Ribbon Club, Health Club.

06/10/2022

Inauguration of Anti-drug campaign–Nava Kerala Munettam


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18, 21 and 27 October 2022

- Vimukthi Club community related programmes – ***Bodh Purnima – Anti Drug Karma Sena***

29/10/2022

-Workshop on preparation of teaching Aids – Resource persons included Alumni of the college who are Faculty of Alphonso High School, Wakkakad

10/11/ 2022

One-Day Research Colloquium in collaboration with Association of International Researchers of Indian Origin (AIRIO)

1 December 2022 – Penalty Shoot Out – Awareness of AIDS and Antidrug campaign

–Vimukthi , Sports,Red Ribbon Club , St. Thomas HSS School

Programmes under the auspices of NSS

Observation of Human Rights Day on 10 December2022 in the local town square

13 December 2022,

- '**Orange the World Campaign** ' – 'Theme- Elimination of all kinds of violence against women and children - Women and Child Development Department hosted by the Women's Cell and NSS

20 December 2022 – Youth Empowerment

Programme , Seminar conducted by the Lions Club International on Teachers as Career Guides, in association with NSS, Alumni units of the college

18/01/2023 – National Youth Day Celebration

–Resource person – Talk by Medical Officer from local hospital

4/2/2023

– Alumni Association – All Kerala Speech Competition

9 March 2023

– Women's Day Celebrations – '**BAKE A CAKE**' - Women 's Cell of the college and Department of B. Voc. Food Processing Technology , St. Thomas College , Pala.

23 March 2023

– Seminar on Food Safety – Responsibility of Common Man, Resource person - Food Safety Officer , KCFS Kerala Commissionerate of Food Safety, by NSS and Health Club

25 March 2023

- World Water Day –Observation – Cleaning of banks of local Meenachil river.... Meenachil River Conservation Campaign, NSS, Health Club and Pala Municipality



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06/05/2023 - Day 1

Jagratha – 2023 -National Webinar Series (Community Awareness Programme for Rural Women Empowerment)

A joint initiative - Archana Women's Centre, Ettumanoor and the college -

27 /05/2023 - Day 2

Jagratha – 2023 -National Webinar Series (Community Awareness Programme for Rural Women Empowerment)

A joint initiative-Archana Women's Centre, Ettumanoor and the college

The college offered financial help to Maria Sadan – A home for the homeless – A rehabilitation centre for psychiatric patients

Initiation of NSS unit in the college

→ The Aided NSS Unit of the college was inaugurated on 02 December 2022


Preparing prospective teachers for clearing teacher eligibility tests

→ Conducted online coaching for NET, KTET

Harnessing the resources of the Alumni

→ The alumni expertise was utilized for organizing coaching classes for prospective teachers clear teacher eligibility tests

- 12 September to 26 September 2022 UGC NET Online Coaching by faculty
- 17 September to 15 October 2022 – KTET online coaching (Alumni and faculty resource persons)


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Report of IQAC Quality Initiatives 2022-2023





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REPORT OF YOUNG INNOVATORS PROGRAMME (2021-2023)

The Young Innovators Programme, a specialized initiative by the Kerala Development and Innovative Strategic Council (K-DISC), endeavors to empower budding innovators to devise novel products, services, or models that address evolving societal demands, unmet needs, or current market gaps through innovative challenges. The college actively promotes student engagement in this program, encouraging them to showcase inventive concepts. The students of 2021- 2023 batch under the guidance of Dr. Alex George initiated innovative ideas. The team consisted of 10 groups with 4 or 5 members. The poster of 10 groups are given below and each team presented 10 innovative ideas.

POSTER OF TEN TEAMS (2021-2023 Batch)





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INNOVATIVE IDEAS GIVEN BY (2021-2023 Batch)

1. An air-tight stainless steel incinerator designed for plastic waste disposal
2. A dual-purpose solution for tourists: a hearth for cooking with a metallic tray equipped with thermoelectric plates to generate electricity, connected to a voltage regulator for safe charging of mobile phones
3. Introducing fingerprint machines in banking systems
4. "Daily Assessment Learning" is an app that allows students to upload assignments and connect with local subject experts for mentorship.
5. The proposed idea integrates public and private ambulances into a single app, allowing users to quickly and efficiently access emergency services by consolidating ambulance data and linking facilities to hospitals.
6. To establish ladies-friendly toilets in public transport, a compact toilet and wash area similar to those found in airplanes and trains can be installed at the end of the bus, requiring adjustments to seating and height while ensuring proper waste disposal.
7. The proposed idea aims to manage food waste from hotels by developing an app that connects farmers with hotels, enabling the scheduling of pickups for food waste conversion into compost and bio-gas, thereby reducing waste and benefiting the agricultural sector.
8. A self-scanning system enables shoppers to scan items into their virtual cart using a smartphone app, pay at the end, and exit the store quickly, providing a more convenient and efficient shopping experience while reducing checkout lines
9. The proposed platform aims to enhance farmers' entrepreneurial skills by providing an online and offline platform for selling various products across three zonal levels, connecting farmers with local beneficiaries, regular customers, and large-scale markets, thereby maintaining their identity and increasing entrepreneurial opportunities. T
10. The proposed electronic book features interactive elements, including audio, visuals, and writing capabilities, to provide an immersive and engaging learning experience for users.

These innovative ideas of ten teams were presented in the district level and from them two teams were selected to the state level competition. Each team got a cash award of Rs 25000 and each member of the team received Rs 5000. These two teams




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TWO TEAMS SELECTED FOR STATE LEVEL COMPETITION

YOUNG INNOVATORS PROGRAM 2021
ORGANIZED BY
KERALA DEVELOPMENT AND INNOVATION STRATEGY COUNCIL
IDEATORS SELECTED FOR STATE LEVEL COMPETITION



Ms. Josna Jose
Team Leader



Mr. Sanchu Jose
Secretary



Sr. Elizabeth T.S
Team member



Ms. Jila Tresa George
Team Member



Mr. Tom Joseph
Team Member



Dr. Sr. Beenamma Mathew
Principal



Mr. Dipin V S
District Program Executive -K-DISC



Dr. Alex George
Teacher in charge -YIP

₹25,000 + CERTIFICATE
CONGRATULATIONS

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YOUNG INNOVATORS PROGRAM 2021
ORGANIZED BY
KERALA DEVELOPMENT AND INNOVATION STRATEGY COUNCIL
IDEATORS SELECTED FOR STATE LEVEL COMPETITION



Ms. Shilpa Elizabeth Joychen
Team Leader



Ms. Alina Ann Roy
Secretary



Sr. Sonya Dominic
Team member



Ms. Mini Mathews
Team Member



Ms. Anns Thomas
Team Member



Dr. Sr. Beenamma Mathew
Principal



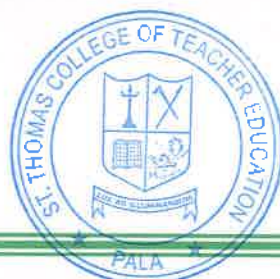
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District Program Executive -K-DISC




Dr. Alex George
Teacher in charge -YIP

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STATE-LEVEL INNOVATIVE MEET CASH AWARD



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REPORT OF YOUNG INNOVATORS PROGRAMME (2022-2024)

Young Innovators Programme is a specially designed programme under Kerala Development and Innovative Strategic Council (K-DISC). The programme aims to empower future innovators to innovate new products, services, or models to meet emerging requirement, unarticulated needs, or existing market needs of the society more effectively through an innovative challenge. The college encouraged students to participate in this programme and present novel ideas. The first year B.Ed. students of this college had an opportunity to participate in YIP 5.0 and ten teams registered in the district level.

OUR PRIDE

YOUNG INNOVATORS PROGRAMME 5.0.

Organized by
KERALA DEVELOPMENT AND INNOVATION STRATEGY COUNCIL

IDEATORS SELECTED FOR DISTRICT LEVEL COMPETITION

CONGRATULATIONS



MERIYA VERONICA SAM
Commerce Education (L)



ANAND K. S.
Natural Science Education




ALPHONSA MATHEW
Mathematics Education



ANNU ABRAHAM
Social Science Education



RESHMI K. R.
English Education






Dr. (Sr.) Beenamma Mathew
Principal



Mr. Dipin V. S.
District Program Coordinator, K-DISC




Dr. Alex George
Teacher in charge, YIP



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RESEARCH CENTRE INAUGURATION

St. Thomas College of Teacher Education, Pala, achieved a significant milestone by securing recognition as a Research Center in Education under Mahatma Gandhi University on November 3, 2022. All the faculty and students of B.Ed. and M.Ed. witnessed the event. The Research Center was formally inaugurated on November 23, 2022, following a rigorous inspection by a university expert team on August 27, 2022. The college successfully initiated the coursework for its first batch of Ph.D. aspirants on March 1, 2023, marking a pivotal step towards fostering a robust research culture. To further enrich the academic environment, seven faculty members, including the College Librarian, successfully completed their Ph.D. theses, which were unveiled at the Research Center's inauguration ceremony.




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SCERT- RESEARCH CONSULTANCY SERVICE

St. Thomas College of Teacher Education, Pala, has been actively engaged in research consultancy services. Demonstrating its expertise, the college hosted a 'Tool Preparation Workshop' on June 18, 2022, for an SCERT-sponsored Kerala project focused on developing aesthetics-based theatrical instructional packages. 4 teachers were included in the program. The workshop featured the resource persons, Dheeraj Augustine (HST), St Agnes H.S. Muttuchira and Rajeev Joseph (HST), St Thomas H.S. Erumely, showcasing the college's commitment to providing valuable consultancy and support for educational research initiatives.




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YOUTH INTERACTION PROGRAM-Yuva Swaram

A Youth Interaction Program was successfully conducted by the Good News Channel at St Thomas College of Teacher Education, Pala, under the coordination of Rev. Fr. Joseph Alencheril and two teachers in charge. The program, held on 10/10/2022 brought together a vibrant gathering of 50 students, who enthusiastically participated in interactive sessions, discussions, and activities. With a focus on empowering young minds, the program covered topics such as leadership, self-awareness, and spiritual growth, resonating deeply with the students. As the program concluded, students expressed their gratitude for the opportunity to be part of this life-enriching experience, leaving with cherished memories and valuable takeaways to apply in their personal and professional lives.



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SAMAGRA SAKSHARA PALA PROJECT

On July 26, 2022, the college hosted the official launch of the Kerala Government's Samagra Sakshara Pala project. The event was graced by the presence of the Kerala State Minister of Education, who presided over the inauguration. In this event, the decision to revise and reprint the Malayalam alphabet in SCERT language textbook was officially declared by the Honourable Education Minister V Shivankutty.

As a significant contributor to the project, the college actively participated through student involvement in internship and extension programs like Nirakoot, demonstrating its commitment to the initiative's goals. The faculty and students of B.Ed and M.Ed participated in the program along with headmasters and principals from schools under education corporate agency of diocese of Pala. There were 16 teachers and 110 students as participants. The D.E.O and A.E.Os of Kottayam District were also present. The college supported the Mathrubhasha Poshaka Sannadha Samithi in their research to enhance the learning of the mother tongue by painting Malayalam alphabets on the walls of their research schools.



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BEAUTIFUL MINDS

St. Thomas College of Teacher Education, Pala and Civil Service Institute of Pala jointly organized a programme called 'Beautiful Minds'. The class was organized based on the theme of 'Motivation and Mentoring: Exploring Special Talents and Capabilities'. College Principal Dr. Sr. Beenamma Mathew, Dr. T.C. Thankachan (Vice-Principal), Dr. Alex George (Programme co-ordinator), Dr. V. V. Georgekutty (Principal of Civil Service Institute of Pala) and Dr. Baby Thomas (Vice-Principal of Civil Service Institute of Pala) were present in the meeting. The N.S.S. volunteers mentored and motivated the students. 48 teacher trainees actively involved in Capability Building and Skill Enhancement Initiative of St. Thomas College of Teacher Education, Pala.




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ANTI DRUGS

Vimukthi is an anti-narcotics campaign launched by the Government of Kerala to highlight the seriousness of the Alcohol/drug/substance abuse situation and to create awareness among the people, especially the youth of our society. It is a collective effort aims at educating all sorts of narcotic substances from Kerala. Vimukthi club was inaugurated in our college on 6 October 2022. The main goal of the Vimukthi club of our college is to prevent students from using illicit drugs by enhancing their awareness and understanding of the harmful social and health effect of illicit drug use. All the 48 students are members of the club. Addiction free Campus is the aim of this campaign drive .

- On October 18, 2022, an exhibition against drug addiction was held in the college auditorium.
- Vimukthi club organized various competitions on 21 October 2022 under the name of 'BODHAPOORNIMA' based on the theme of "NO TO DRUGS".
- In connection with Anti-drug campaign on November 1, 2022, an anti-drug rally was held from college to Pala, Kottaramattam bus stand and a flash mob was presented to promote anti-drug message.
- Vimukthi club and health club jointly conducted a 'Penalty shootout' on 1 December 12, 2022.
- The club also monitors the entire campus to make sure its mission is executed in the right way. The students of the college distributed anti drug message to 1000 houses as part of the anti -drug campaign.


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ANTI DRUGS



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ESTABLISHED IN 1971, PALA, KERALA, INDIA
 An Affiliated to St. Thomas College
 UNIVERSITY OF THE SACRAMENT, PALA, INDIA
 (Autonomous Teacher Education Institute)

വിമുക്തി

NO TO DRUGS



ലഹരിക്കെതിരെ
നവകേരള മുന്നേറ്റം
കോളേജ് തല ഉദ്ഘാടനം

2022 ഓഗസ്റ്റ് 18-ന് 10:30-ന് കോളേജ് അമ്പലമുക്ക്



Rev. Fr. Joseph Mathew, S.T.C.



Mrs. Beena Mathew



Mr. M. S. Mathew

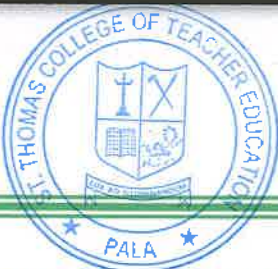


Mr. M. S. Mathew

എന്നിവർ ഉദ്ഘാടനം നിർവ്വഹിക്കും
 (എ. ടി. കോളേജ് അദ്ധ്യക്ഷകളുടെ സാന്നിധ്യത്തിൽ)

ഉണക്കം, ഉരുക്കം, ലഹരിക്കെതിരെ....

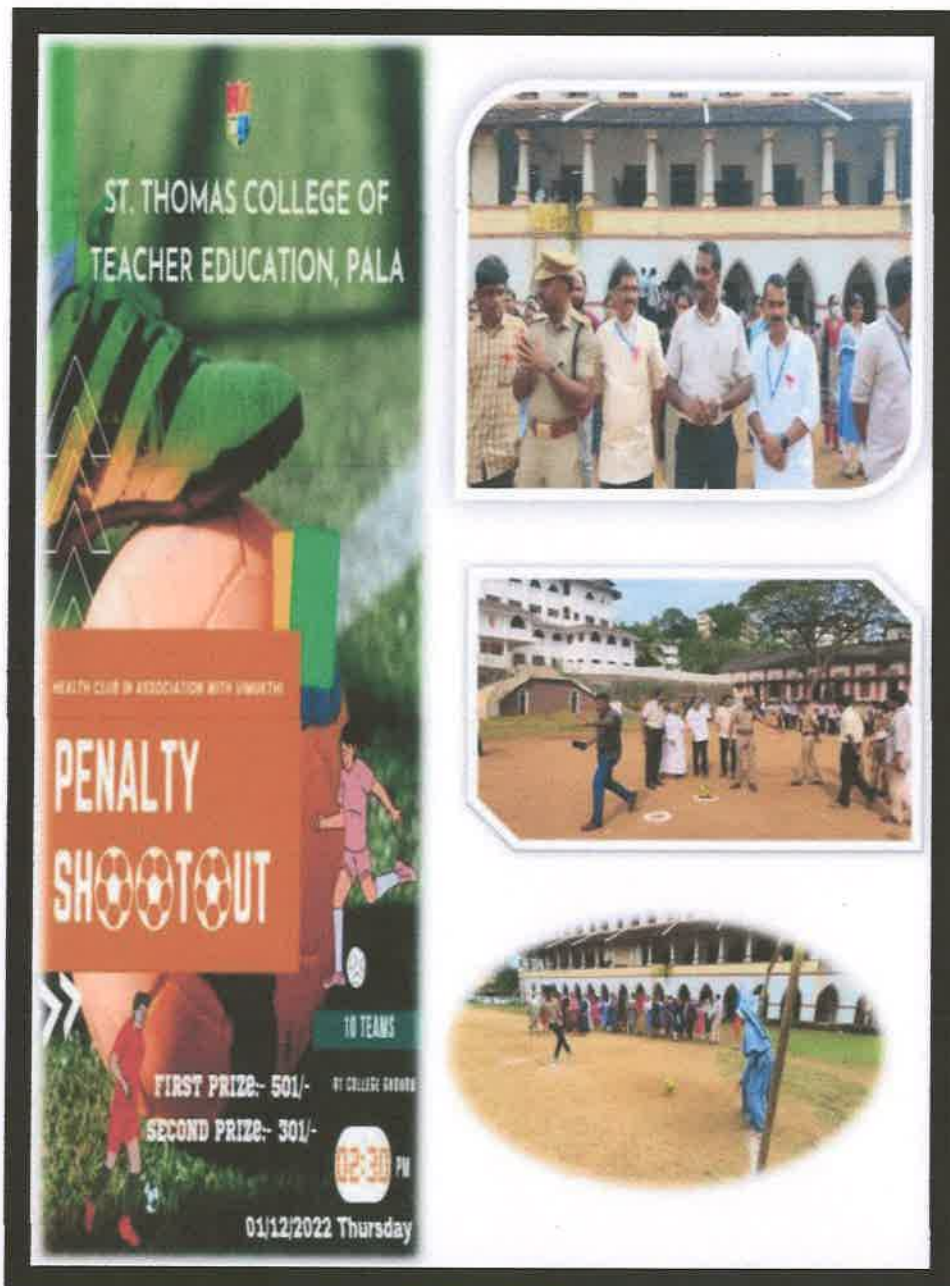
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 Pala, Kerala, India



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PENALTY SHOOTOUT COMPETITION

A Penalty Shootout competition was organized jointly by the Sports and Physical Education Club and Vimukti Club on December 1, 2022, at 2:30 p.m., at St. Thomas HSS ground as part of their anti-drug campaign. The event was inaugurated by college principal Dr. Sr. Beenamma Mathew, and Pala Excise Department Circle Inspector Shri. Krishna Kumar kickstarted the competition. Divided into eight teams, Forty eight students and 4 teachers participated in the event., enthusiastically participated, with the fourth team led by Nithin C. T. of Natural Science emerging victorious.



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IDEATORS SELECTED FOR DISTRICT LEVEL COMPETITION



ATHIRA MOHAN
Natural Science Education (L)



FATHIMA SALIM
Physical Science Education



LOO JOSE
Social Science Education



AINA JOSEPH
Commerce Education



RIYA PRESA ROYCE
Mathematics Education



Dr. (Sr.) **Beenamma Mathew**
Principal



Mr. **Dipin V. S.**
District Program Coordinator, K-DISC



Dr. **Alex George**
Teacher in charge, YIP



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IDEATORS SELECTED FOR DISTRICT LEVEL COMPETITION



MERRIN ANN PHILIP
Commerce Education (L)



LINTA JOSEPH
Mathematics Education



ANNU PAULIN JOSEPH
Social Science Education



JEFFIN JOSE JAMES
Physical Science Education



AJMEYA SULIMAN
Natural Science Education



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IDEATORS SELECTED FOR DISTRICT LEVEL COMPETITION



DENNA JOSE
Physical Science Education (L)



CATHERINE JOSE
Mathematics Education



ANCYMOL JOY
English Education



DEVIKA R
Commerce Education



NEETHIN C T
Natural Science Education



Dr. (Sr.) Beenamma Mathew
Principal



Mr. Dipin V. S.
District Program Coordinator, K-DISC



Dr. Alex George
Teacher in charge, YIP



ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

PRIDE

YOUNG INNOVATORS PROGRAMME 5.0.

CONGRATULATIONS

Organized by
KERALA DEVELOPMENT AND INNOVATION STRATEGY COUNCIL
IDEATORS SELECTED FOR DISTRICT LEVEL COMPETITION



SANDEEP KUMAR V
Mathematics Education (L)



AMRUTHA PANIL
English Education



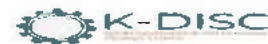
PEARL ANNIE SEN
Social Science Education



TESSY KURIAN
Physical Science Education



DIVYA THANKACHAN
Natural Science Education



Dr. (Sr.) Beenamma Mathew
Principal



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District Program Coordinator, K-DISC



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Teacher in charge, YIP



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MO-SP RCO

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CONGRATULATIONS



ALEENA ELIZABETH ALEX
Physical Science Education (L)



ADHILA SUNEER
Social Science Education



NAYANA RARU
English Education



EMMA MARIA JOSEPH
English Education



SNEHA JOSE
English Education



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CONGRATULATIONS



VINDUJA V
Social Science Education (L)



SIVANI SAJI S
English Education



ELIZABETH GYRIAC
Commerce Education



Dr. (Sr.) Beenamma Mathew
Principal



Mr. Dipin V. S.
District Program Coordinator, K-DISC



Dr. Alex George
Teacher in charge, YIP



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IDEAS SUBMITTED BY OUR STUDENTS (2022-2024 Batch)

Ide a id	Team members	Innovative Ideas given by our students
23222	Meriya Veronica Sam Anand K S Annu Abraham Alphonsa Mathew Reshmi K R	<p>YoCoon Protective Gear: Our product is a chargeable protective gear (looks like a belt around the body) that inflates during an accident. The protective gear also includes a camera connected to cloud storage-memory card, vital sensor (heartrate, respiratory rate, body temperature), connectivity (hospitals, loved ones), location tracking with trigger based system that activates when a disturbance in vital detector or collision sensor.</p> <p>FEATURES</p> <p>YoCoon App - For registration</p> <p>Message & Calling Option - Hospitals, Loved Ones can reach to them ASAP</p> <p>Location Tracker</p> <p>Camera (Cloud storage, memory card)</p> <p>Vitals- Heart rate, Respiratory rate, Body temperature</p> <p>Waterproof material</p>
23142	Athira Mohan Fatima Salim Ajina Joseph Riya Treesa Royce Lijo Jose	<p>This idea is to develop a software for the market field. when we need to buy several items from the shop, we can use the software and select the required items with the token number. So that the item lists are recieved by the shopkeeper through software, and he packs the items required for us within the short time. We can collect our items from the shop using this token numbers. This saves our time and it is also easy for the retailer.</p>
22758	Merrin Ann Philip Sr. Linta Joseph Jeffin Jose James Ajmeya Suliman Annu Paulin Joseph	<p>In Kerala, there is only 'step' facilities in both public & private buses. So the elderly people find it difficult to onboard these buses. Here arise the need for a 'slope & hand rail' facility in the bus along with the steps similar to those in hospitals, schools, colleges, religious places etc .So that the conveyance will be more easier & cheaper for the elderly people.</p>




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22714	Sandeep Kumar V Amrutha P Anil Sr. Tessa Kurian Divya Thankachan Pearl Annie Sen	AdaptiveVision: intelligent headlights for safer night-time driving experience. Our idea, AdaptiveVision, is an innovative solution to the problem of failure to dim headlights at night. AdaptiveVision utilizes advanced sensor and adaptive technology to automatically adjust headlight brightness based on real-time conditions. This intelligent system enhances visibility for the driver while minimizing glare for other road users, ensuring safer nighttime driving.
22832	Denna Jose Nithin CT Catherine Jose Ancymol Joy Devika R	The idea we submit is about safety alarms in neighbourhoods. Setting up an alarm with sounds that connects directly to the nearby police station with the attached camera. The camera helps the authorities to reach the person in need directly. The alarm will only stop beeping when the authorities have noticed. This will also be helpful for disabled people who find difficulty in contacting others in need of help. By the sound of alarm local people can also reach the place before authorities which will be very beneficial for the one in need.
22605	Aleena Elizabeth Alex Adhila Emma Maria Joseph Nayana Babu Sneha Jose	An app to sell all products produced by farmers across Kerala the customer gets an opportunity to select the products based on lock locality and their specification.
23841	Vinduja V Sivani sai Elizabeth Cyriac	Manufacturing plates and bottles for events using coconut shell and leftover tender coconut materials. By utilizing this natural resources we can provide functions with moral sustainable and environmentally friendly alternatives
23579	Arsha MS Sethulakshmi TK Lidwin Maria George	Major part of women and girls are facing fear on the usage of menstrual Cup even though it is comfortable so our idea is to make another measure other than menstrual couple Cup with which can be used without fear also children may be allergic to sanitary pads and at the same time they are afraid of using menstrual cup in that case this idea could make up this problem



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23599	Alan Maria Benny Anitta Thomas Ginse jose Sradha Maria Babu	The elderly people need special attention and psychological support with the help of college students teams can be formed to attend their needs they can be given training and their service can be counted as their experience in the field it can be made as their part time job.
25194	Liya Mathew Sreeshma Das Arsha MS Ans Maria Tomy Lidwin Maria George	Diapers are commonly used by elderly and children never days Technical Advancement had has led people to adopt disposable diapers even though it is user friendly and hygienic it produce the secured amount of environment based it might take years to decompose the majority of people depend on bearing as a method of disposal. So the development of a device that helps in the proper disposal helps in many ways.
22840	Sona Alex Linta Eldos Nibin Babu Alby Amalu k alias	As we know most of the people are using private or KSRTC bus for their transportation but many issues like robbery sexual harassment etc are increasing in such a situation many of them become panic in such situation if there is any electronics systems like basor which anyone can access will be helpful and this must be directed to nearby station and this they can access by location and they can paste the spot easily

Among the ideas generated above, 7 ideas were selected for the district level competition. The team id are; 23142, 22714, 22832, 23841, 22758, 22605 and 23222.



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FACULTY EXCHANGE PROGRAMME WITH MOU PARTNER

St. Thomas College of Teacher Education, Pala, conducted a faculty sharing program on May 26, 2023, in collaboration with its MoU partner, SNM Training College, Moothakunnam. Dr. Bindu David of St. Thomas College of Teacher Education, Pala and Dr. Suneethi A.S. from SNM Training College imparted their expertise to their 8 optional subject students, providing valuable insights and enhancing the academic environment. The program was instrumental in fostering academic collaboration and enriching the overall learning experience for the students.

**SNM TRAINING COLLEGE
MOOTHAKUNNAM**
Emakulam (Dt.), Kerala
Re-accredited at second cycle by NAAC
Affiliated to Mahatma Gandhi University, Kottayam
Phone: 0484-2482084, 0484-2462115
Email: snmtrainingcollegemkn@gmail.com

**ST. THOMAS COLLEGE OF
TEACHER EDUCATION, PALA**
Kottayam (Dt.), Kerala
Re-accredited at A Grade by NAAC
Affiliated to Mahatma Gandhi University, Kottayam
Phone: +91 4822 216537
Email: stcppala@gmail.com

FACULTY EXCHANGE PROGRAMME

**DIAGNOSTIC TEST AND
REMEDIAL TEACHING**
26/05/2023 @ 10:00 am


Dr. Bindu David
Assistant Professor
St. Thomas College of
Teacher Education, Pala

Dr. Suneethi A. S.
Assistant Professor
SNM Training College,
Moothakunnam

Dr. Susmitha P. S.
Principal in Charge
SNM Training College,
Moothakunnam

Dr. Sr. Beenamma Mathew
Principal
St. Thomas College of Teacher
Education, Pala




Prof. Dr. BEENAMMA MATHEW
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STUDENT EXCHANGE PROGRAMME WITH MoU PARTNER

As part of the Azadi Ka Amrit Mahotsav celebrations, a webinar on Water Conservation Day was organized on April 30, 2023. Minna Mary Tom (B.Ed. Social Science) and Nair KM Sumalakshmi (B.Ed. Social Science, St. Joseph's College of Teacher Education for Women) served as the chief resource persons for the webinar, sharing their expertise and knowledge on the critical issue of water conservation for their 8 optional subject peers.



The poster features a blue background with a satellite-style map of Kerala. On the left, a white box contains the text 'PAPER PRESENTERS' followed by two portraits: Nair K.M. Sumalakshmi and Minna Mary Tom. The main text 'WATER CONSERVATION DAY' is at the top. Below it, 'As part of Azadi Ka Amrit Mahotsav' is written above the 75th anniversary logo. The 'ORGANIZED BY' section lists St. Joseph's College of Teacher Education for Women, Ernakulam and St. Thomas College of Teacher Education, Pala. At the bottom right, the event details are provided: 'Online Webinar', 'Due Date- 30th April 2023', and 'Due Time- 2:00-3:00pm'.

PAPER PRESENTERS

NAIR K.M. SUMALAKSHMI

MINNA MARY TOM

WATER CONSERVATION DAY

As part of Azadi Ka Amrit Mahotsav


ORGANIZED BY

St. Joseph's College of Teacher Education for Women, Ernakulam

St. Thomas College of Teacher Education, Pala

Online Webinar
Due Date- 30th April 2023
Due Time- 2:00-3:00pm





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ACADEMIC ACHIEVEMENT – RANK POSITIONS

St. Thomas College of Teacher Education, Pala, demonstrated its academic excellence with outstanding performance in the B.Ed. examinations. The college achieved remarkable success with multiple rank holders. Jilu Tresa George secured the first rank in Mathematics Education, while Dinta Baby topped the Commerce Education stream. Hannah Elizabeth Joy, Alina Ann Joy and Adithya Shaji secured the third rank in Physical Science, Commerce Education and Natural Science Education respectively. Josna Jose achieved the eighth rank in Physical Science. These exceptional achievements underscore the college's commitment to quality education and student success.




Prof. Dr. BEEMAMMA MATHEW
PRINCIPAL
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ANTI-DRUG EXHIBITION

An anti-drug exhibition was successfully conducted in the college auditorium on January 18, 2023, from 9 AM to 1 PM. Jointly organized by the NSS and Red Ribbon Club, the event aimed to motivate youth for carrying out activities for creating awareness about HIV and Drug Abuse related issues. Dr. Krishnadas K V graced the occasion with his insightful address. The exhibition showcased various informative displays, posters, and interactive sessions, highlighting the physical, mental, and social consequences of drug addiction. Students actively participated, demonstrating keen interest in understanding the issue. There were 48 students. The event served as a platform to educate and inspire the youth to make informed choices and lead a drug-free life.

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

NSS and **RED RIBBON CLUB**

Jointly Organized

National Youth Day 2023

Aim:
To motivate youth for carrying out activities for creating awareness about HIV and DRUG ABUSE related issues.

Resource person:

DR. KRISHNADAS K. V.
ASSISTANT INSURANCE MEDICAL OFFICER
ESI HOSPITAL, KALHEAPPALLY
AT COLLEGE AUDITORIUM
9 AM TO 1 PM

Organising Committee:
1. ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
2. NSS
3. RED RIBBON CLUB
4. ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
5. ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
6. ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
7. ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
8. ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
9. ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
10. ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

ANTI DRUG EXHIBITION
AT COLLEGE AUDITORIUM
9 AM TO 1 PM
18/01/2023



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UGC NET, SET, K-TET COACHING

The Alumni Association organised online coaching classes for SET and K-TET. The sessions provided a 15 days intensive training from 12 to 26 September, 195 aspirants from different parts of Kerala including 65 students of the college participated in this coaching class. 10 teachers also participated as resource persons. From the coaching classes, Rs 12000 was contributed to the college for the purchase of library books.



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MEGA BLOOD DONATION CAMP

St. Thomas College of Teacher Education, Pala conducted a mega blood donation camp and awareness class on 29/09/2022. Msgr. Joseph Thadathil, Principal Dr. Sr. Beenamma Mathew and Sri. Shibu Thekkemattom, General Governor, Pala Blood Forum were present.. The programme was organised by a collaborative effort of college Health club, RRC unit, Lions club, College NSS unit, Pala Blood Forum and Kerala Aids Control Society. All the 16 teachers and 48 students including 8 student blood donors participated in the event.



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WORKSHOP ON PREPARATION OF TEACHING AIDS

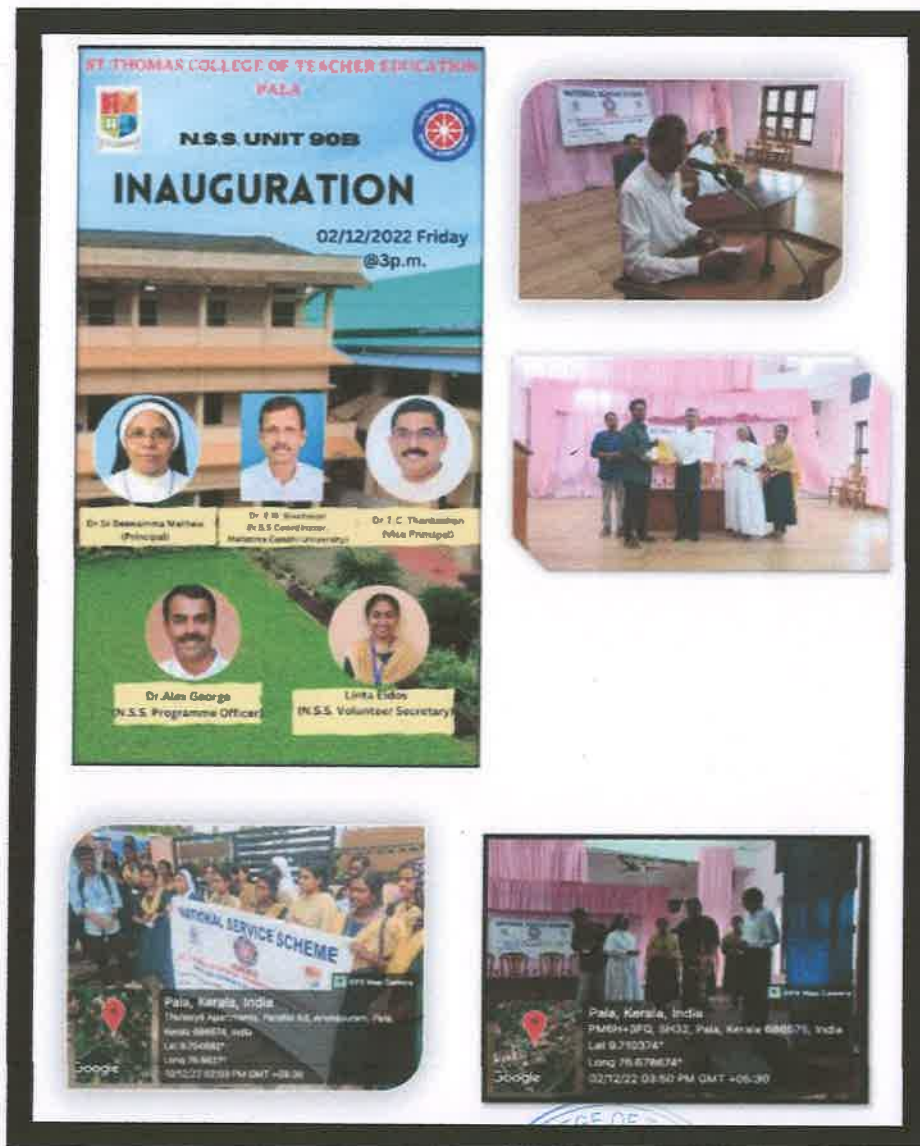
A one-day workshop on improvised teaching aids was conducted on 29th October 2022 at St Thomas College of Teacher Education Pala. A team of teachers from St. Alphonsa High School, Vakakkadu, led the workshop. The team members were Mr Alan Manuel Aloysius, Mr Joseph KV, Mr Manu K, Ms Juby Sebastian, and Ms Neetu K Joseph. Through the workshop, the teacher trainees prepared several improvised teaching aids for their optional subjects. The class was enlightening and useful and provided novel ideas and insights. 6 optional subject teachers and 48 students participated in the workshop.



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NSS UNIT INAUGURATION

An aided unit of NSS(90B) was inaugurated on 2nd December 2022 in St. Thomas College of Teacher Education Pala. The inauguration programme was presided by college Principal Prof. Dr. Sr. Beenamma Mathew and inaugurated by Dr. E N Sivadasan, NSS Programme Coordinator, Mahatma Gandhi University. In connection with the new NSS unit in the college a core group was elected under the leadership of college NSS Programme Officer, Dr. Alex George. Linta Eldos was selected as the NSS volunteer secretary. Meriya Veronica Sam, Denna Jose, Reshmi K.R, Anand K.S, and Vinduja V were selected as the joint secretaries of the unit. Amrutha P Anil, Athira Mohan and Sandeep Kumar V were selected as helping members of this unit. The inaugural function ended by an inspiring speech by Dr. E N Sivadasan. All the 16 teachers and 48 students participated in the programme.



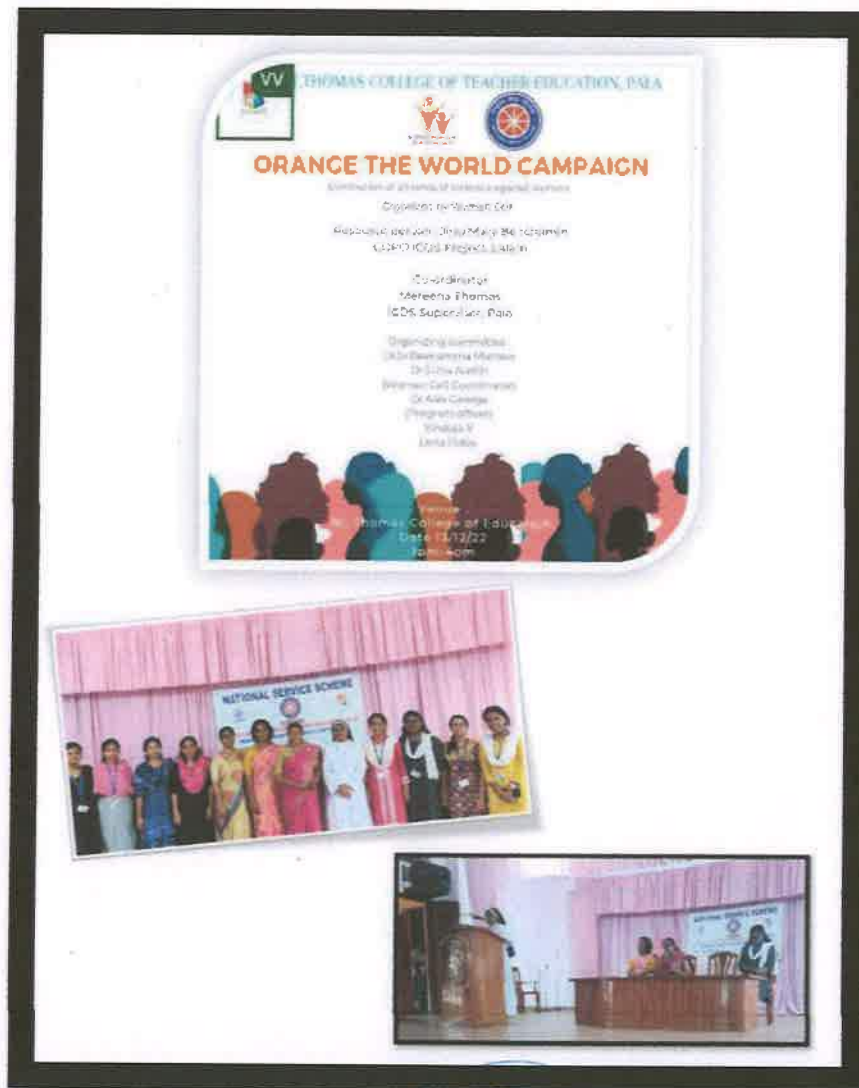
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ORANGE THE WORLD CAMPAIGN

Women's club and NSS unit of St Thomas College of Teacher Education Pala in collaboration with ICDS Lalam and WDC Anthinadu, organized a program under the title Orange the World Campaign. The event aimed at eliminating all kinds of violence against women. The event was conducted on 13/12/2022 at 3:00 p.m. in the college auditorium. Mrs. Jinu Mary Benjamin CDPO, ICDS Lalam was the resource person. She explained in detail the legal safeguards on atrocities against women and various government programs to promote women safety and welfare. It was followed by an interactive session in which the doubts of students were satisfactorily cleared by Mrs. Jinu Mary Benjamin. Mrs. Marina Thomas, ICDS Supervisor, Pala also addressed the gathering. The event came to an end at 4 o'clock in the evening. It was very interesting and fruitful session. 5 teachers and 48 students participated in this event.



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YOUTH EMPOWERMENT PROGRAM

An awareness class was conducted on 20/12/2022 as part of Youth Empowerment Programme of Lions Club International District 318 B in association with Lions Club of Pala Metro, N.S.S. Unit 90B. In the session the message shared was as a Positive change in today's society can be achieved through empowering and engaging the youths in the society and the importance of NSS volunteers in the empowerment was also discussed in detail. 48 students and 2 teachers participated in this event.




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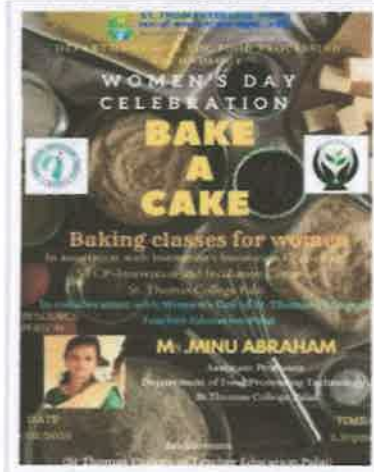
WOMEN'S CELL

The women cell of St Thomas College of Teacher Education Pala, organised a personality contest on 14/11/22 at 3 p.m. in the college auditorium. The contest was general neutral and was open to all students. 20 students participated in the contest. There were three rounds. First round had 20 participants while second and third had 10 and 5. Each of the questions asked intended to test the personality of the contestant, general knowledge, problem solving ability etc. Beginners to each round were selected using entire poll by teachers and students. Social Science Education bagged first price. Miss Annu Abraham of Social Science Education won the first price and Mr Nibin Babu, Social Science Education came second. Winners were given prizes by College Principal Dr Sr Beenamma Mathew. All students of B.Ed programme participated in the event.

St Thomas College of Teacher Education Pala and B.Voc. Food Processing and Technology Department of St Thomas College Pala collaboratively organised the program named Bake a Cake at college auditorium on March 9, 2023. The session was led by M.S. Minnu Abraham, Assistant Professor, St Thomas College Pala. . All students of B.Ed programme participated in the event. The Department Head, 3 faculties and 33 students of St Thomas College also joined the event. The program began by 1:30 pm at the college auditorium. Miss Elizabeth Paul, Physical Science Education delivered the welcome speech. Mr. Jayaprasad, Course Coordinator felicitated the gathering and the first session was handled by Miss Meenu Abraham explaining the relevance of food processing. The practical session was handled by the students of food processing technology explaining the process of baking cake and muffins. The session was informative. 48 students and 4 teachers took part in the event.




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SPARSHAM PHASE II

St. Thomas College of Teacher Education, Pala, N.S.S. Unit 90B, organised a comprehensive programme for Student's Enrichment- Emotional, Social and Academics, arranged as 2 phases the first phase was on May 1- June 30, 2021. SPARSHAM Loving touch to rejuvenate the buds was an initiative to interact with specially trained volunteers and revitalise life after COVID 19 pandemic. In the first phase 1250 children got opportunity to interact with educationalists, daily for free of cost from 8 a.m. to 8 p.m.

The 2nd phase started from 1st January 2023 to 31st December 2028, the programme was inaugurated by H. E. Mar Joseph Kallarangatt (Patron of the College). Adopted St. Thomas Higher Secondary School, Pala and to give academic and learning support to the children.



**ST. THOMAS COLLEGE OF
TEACHER EDUCATION, PALA**
KOTTAYAM, KERALA, 686575

A comprehensive programme for students'
Enrichment- Emotional, Social and
Academic



'Sparsham Project'- Phase II
(1.1.2023-31.12. 2028)

Name of the Adopted School **St. Thomas H.S.S. Pala**
Leadership **N.S.S. Unit.90 B**



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Academic Support (Free Tuition) for Slow Learners and Underachievers of
 Students of St. Thomas H.S.S. Students in English, Malayalam, Mathematics
 (Basics) (Std. V-IX)
 (3.45 p.m. - 4.30 p.m.)



Std. V



Std. VI



കേരള സർക്കാർ
 വിദ്യാഭ്യാസ വകുപ്പ്
 തിരുവനന്തപുരം



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HEALTH CLUB

NSS Unit 90B and Health Club of St Thomas College of Teacher Education Pala, in association with KCFS jointly organised a seminar on 'Food Safety Responsibility of Common Man'. The seminar was conducted on 23rd March 2023 in the college auditorium at 2:30 p.m. Five teachers and 48 students participated in this event. The program was inaugurated by Principal, Dr. Sr. Bennamma Mathew. All the teachers and students participated in the program.




Bennamma
Prof. Dr. BENNAMMA MATHEW
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WORLD WATER DAY OBSERVANCE

As part of World Water Day (22nd March), NSS unit 90 B of St Thomas College of Teacher Education Pala and Pala municipality jointly organized Meenachil River Conservation Campaign on 25th March 2023 near Ponkunnam Bridge. The program was inaugurated by Smt. Josin Bino, Municipal Chair Person. The river was cleaned by the NSS volunteers a part of the river conservation campaign. Two teachers and 48 students participated in this event.




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JAGRATHA

National webinar series and Community awareness program “Jagratha - 2023” is a joint initiative by St. Thomas College of Teacher Education Pala and Archana Women’s Centre, Ettumanoor. It was inaugurated on 29 th April 2023 by Ms.Nisha Joshy, Senior Civil Police officer, Ettumanoor in the presence of Dr. Sr. Beenamma Mathew (Principal, STCTE, Pala) and Ms. Thresiyamma Mathew (Director,AWC). The program focuses on developing an empowered community of women in every dimension. After the inaugural ceremony six classes were conducted by dignitaries on varying subjects. Google platform was used for conducting the seminars. for one hour from 11 am to 12 pm of those days. The first two classes were conducted on 6 th May 2023 by Ms. Geetha John on the topic Changing Role of Women in Society and on 25th May 2023 by Dr. Shiny Anthony Rauf on the topic Health and Women, respectively. The program is intended for all the students and is still continuing through the next academic year.

NATIONAL WEBINAR SERIES
JAGRATHA-2023
 (Community Awareness Programme for Rural Women Empowerment)
 A Joint Initiative of
ARCHANA WOMEN'S CENTRE, ETTUMANOOR
 &
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

Inauguration
 Ms. Nisha Joshy
 Senior Civil Police Officer, Ettumanoor

Conveners
 Ms. Thresiyamma Mathew
 Director, AWC
 Dr. Sr. Beenamma Mathew
 Principal, St. Thomas College of Teacher Education, Pala

DAY-1
 06/05/2023
 Saturday
 At: 11.00am - 12.00pm

NATIONAL WEBINAR SERIES
JAGRATHA-2023
 (Community Awareness Programme for Rural Women Empowerment)
 A Joint Initiative of
ARCHANA WOMEN'S CENTRE, ETTUMANOOR
 &
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ആരോഗ്യ പരിപാലനം സ്ത്രീകളിൽ

Conveners
 Ms. Thresiyamma Mathew
 Director, AWC
 Dr. Sr. Beenamma Mathew
 Principal, St. Thomas College of Teacher Education, Pala

Dr Shiny Anthony Rauf
 Preventive Dentist
 Fitness Trainer

DAY-2
 27/05/2023
 Saturday
 At: 11.00am - 12.00pm




Prof. Dr. BEENAMMA MATHEW
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FELICITATION OF Ph.D. AWARDEE – Dr. SUNIL THOMAS

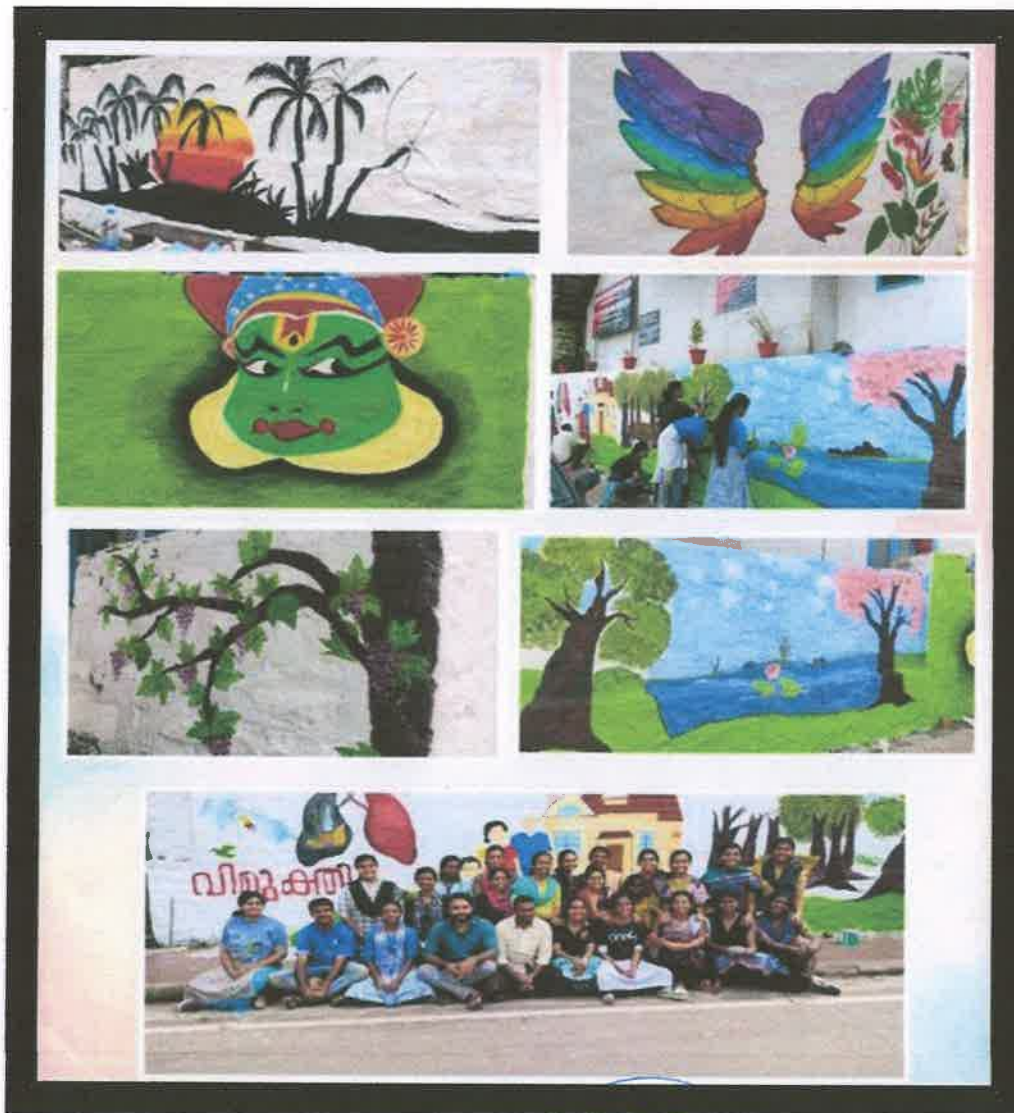
The faculty, staff and students felicitated Dr. Sunil Thomas on securing the doctoral degree in Physical Education on June 6, 2022. His thesis, titled "Impact of the Use of Electronic Media on Health-Related Physical Fitness and Select Psychological Variables Among School Children," was supervised by Dr. Kishokumar B. S. The felicitation ceremony recognized his dedication and hard work, as he explored the significant topic of electronic media's influence on children's physical and mental well-being. The gathering celebrated his contribution to the field of Physical Education, acknowledging the significance of his research in promoting healthy lifestyles among school children. The event was marked by words of appreciation, congratulations, and best wishes for his future endeavours.



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NIRAKOOT 15 – PAINTING THE WALLS OF THE EXCISE RANGE OFFICE, PALA

The 15th edition of Nirakoot was a totally new experience for the students, as for the first time the programme went out of its usual way of painting schools to painting an open space subject to public observation. The students embellished the outer walls of the Excise Range Office, Pala after the Excise officials formally requested the college for the same. The officers were very impressed with our previous works, which they went to see in person. Hence it was decided to do the necessary and the last day of our Community Living Camp was to be the occasion for it. Several dignitaries visited the site and expressed their appreciation. Media personnel from different agencies were also a recurring presence at the location. 20 students participated in the event.



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ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

KOTTAYAM (Dist), KERALA - 686 575

Phone No: 04822- 216537, 297937; Fax No: 0482-216537

e-mail - stcepala@gmail.com


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INTERNAL QUALITY ASSURANCE CELL (IQAC)

ANNUAL REPORT (2021-2022)




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

IQAC PROFILE


IQAC COMMENCEMENT	17 / 03 / 2004
IQAC	<p>The Internal Quality Assurance Cell (IQAC) at St. Thomas College of Teacher Education, Pala, was set on 17 / 03 / 2004 which helps to enhance the quality and standards of education offered by the institution. The IQAC is an integral part of the college's commitment to continuous improvement, and it functions as a facilitator for the institution's academic and administrative excellence.</p>
OBJECTIVES	<p><i>The primary objectives of the IQAC at St. Thomas College of Teacher Education, Pala, are as follows:</i></p> <ul style="list-style-type: none"> ✦ <i>To develop and promote a quality culture amongst all stakeholders of the institution</i> ✦ <i>To ensure the maintenance of academic standards in teaching, research, and extension activities</i> ✦ <i>To facilitate the implementation of best practices in various aspects of the institution's functioning</i> ✦ <i>To foster a learner-centric environment that encourages holistic development and overall well-being</i> ✦ <i>To encourage faculty and staff development and motivate them for continuous improvement</i> ✦ <i>To establish a feedback mechanism to monitor and evaluate various processes and take necessary actions for improvement</i>
STRATEGIES	<p><i>To achieve its objectives, the IQAC follows the following strategies:</i></p> <ul style="list-style-type: none"> ✦ <i>Formulating and implementing quality benchmarks for various academic and administrative activities</i>




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- *Conducting regular meetings and workshops to sensitise faculty, staff, and students about quality enhancement measures*
- *Organising training programs for faculty to enhance their teaching and research capabilities*
- *Monitoring and evaluating academic and administrative processes through periodic internal audits*
- *Collecting feedback from various stakeholders, including students, parents, alumni, and employers, to assess the college's performance*
- *Encouraging research and publication activities among faculty members and students*
- *Collaborating with other institutions and agencies to share best practices and promote mutual learning*




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COMPOSITION OF THE IQAC (2021-2022)

A. CHAIRPERSON

1. Dr. T. C Thankachan, Principal

B. SENIOR ADMINISTRATIVE OFFICER

2. Sr. Mini Thomas, Head Accountant

C. TEACHING FACULTY REPRESENTATIVES

3. Dr. Sr. Beenamma Mathew, Associate Professor, Vice-Principal

4. Dr. TM Mollykutty, Associate Professor, HoD, M.Ed.

5. Dr. Sr. Mary Thomas, Associate Professor, B.Ed. Dept.

6. Dr. Sunu Austin, Assistant Professor, B.Ed. Dept.

7. Dr. Pratheesh Abraham, Assistant Professor, (Dean Students' Welfare), B.Ed. Dept.

D. MEMBER FROM THE MANAGEMENT

8. Rev. Dr. Jose Kakkallil, Chancellor, Diocese of Palai

9. Prof. Jose P Mattam, Member, Governing Body

E. MEMBER FROM THE LOCAL SOCIETY

10. Smt. Biji Jojo, Municipal Councilor

F. NOMINEE FROM THE STUDENT COMMUNITY

11. Mr. Sojo John, B.Ed. Student

G. NOMINEES FROM THE INDUSTRY/EMPLOYERS/STAKEHOLDERS/ALUMNI/PTA

12. Sri. Jose Mamparambil, Chairman Mamparampampil Group of Companies, Pala

13. Sri. P.V. Jayakumar, Vice-President, PTA

14. Rev. Fr. Berchmans Kunnumpuram, Secretary, Corporate Educational Agency, Diocese of Pala


15. Sri.P.Krishnakumar, President, Alumni

16. Sri. Georgekutty Jacob, HM Model School – Representative of Cooperating Schools

H. CO-ORDINATOR OF IQAC

17. Dr. Lavina Dominic, Assistant Professor, B.Ed. Dept.




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ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

KOTTAYAM (DT.)-686575, KERALA, INDIA

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Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India

e-mail: stcpala@gmail.com | Website: stcte.ac.in

STRATEGIC PLAN OF ACTION AND OUTCOMES (2021-2022)



Strategic Plans

Maintaining high standards in scholastic and co scholastic areas



- Excellent performance of B.Ed. and M.Ed. students at university exams.
- Hundred percent pass for B.Ed. and M.Ed.; including university ranks
- Several of our students won laurels at various competitions held at university level Arts and Sports Fests.
- The college team was selected for the best innovative idea at the State Level Evaluation of the Young Innovators Programme (YIP) 2021, organized by the Kerala Development and Innovation Strategic Council (K-DISC).

Sustaining existing MoUs with reputed institutions and sign MoUs with more institutions of excellence



Conducted academic events in collaboration with the partnering institutions,

Faculty sharing programmes at International level:

- Dr. Bernedette U Cornelius (University of Calabar, Nigeria) and Dr. TC Thankachan - 02/06/2021

Faculty exchange programme at State level :

- Dr. TC Thankachan and Dr. Laya AB (SNM Moothakunnam) - 4 & 5 /8/2021
- Dr. Alex George and Dr. Bisni P.S. (SNM Moothakunnam) - 11/8/2021
- Dr. Sr. Mary Thomas and Ms. Saritha VK - 1/09/2021

In collaboration with Association of International Researchers of Indian Origin (AIRIO):

- A Workshop series on educational research was started on -19 June 2021
- Webinar on Intellectual Property Rights – in Association with AIRIO –23 June 2021 – Aswathy G Krishnan -, Lecturer, Dept. of Law, University of Kerala STCTE & Yuvakshetra Institute of Management Studies (YIMS) Palakkad
- A Webinar – Network Resources and Services for Academic Fraternity – Reading Club of the college and (YIMS) Palakkad was conducted on 26 June 2021



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STCTE & St. Joseph's College of Education, Mysuru

- A workshop on OBS Studio, You Tube Management , 'Leading Edge', was conducted in collaboration with St. Joseph's College of Education, Mysuru, Karnataka on 30 July 2021

STCTE & Trinity College, Jalandhar, Punjab

- An edited book on NEP 2020 was published- several faculty contributed articles to the book

List of institutions with whom new MOUs signed

- SNM Training College, Moothakunnam - 23/7/21
- Trinity College, Jalandhar - 21/8/2021
- St. Joseph's College of Education for Women, Ernakulam - 14/5/22
- Don Bosco Arts and Science College, Angadikadav 14/5/22

Implement proposals of NEP 2020

Promotion of Mother tongue-

On July 24, 2021, the College organized an event , Shresht Malayalam, a webinar series aimed at promoting the love for the Malayalam language.

In addition to this , during the vacation period, student teachers initiated an innovative project called Nirakoot, which involved enhancing the aesthetic appeal of local school buildings by painting beautiful artwork and displaying letters of the Malayalam and English alphabets. Furthermore, student teachers distributed booklets, posters, and other educational materials on the Malayalam alphabet to young school children during their internship period.

Establishing collaboration with local school, community –engaging in activities that develop social awareness and commitment towards society among faculty and students

- The college organized blood donation programmes in collaboration with local blood donation forums, conducted seminar on blood donation, the alumni organized various competitions for school children, collaborated with local NGO for webinars on rural women empowerment -

Launched a Yearlong National Webinar series - 'Jagratha 2021- from 23

January 2021 to 26 January 2022 in association with Archana Women's Centre, Ettumanoor, an NGO for the rural women. Several of students and faculty were resource persons for the webinar.

- Local resource persons from – Lion's club of Pala, local police, anti drugs cell, doctors of local hospital, etc conducted classes for students Faculty were resource persons at various programmes organised by local schools and college.



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Encourage research culture among faculty and students

- Student teachers were resource persons at webinars organised by local NGOs. 'NIRAKOOT' - student teachers spent their two months of vacation to beautify local primary schools – the venture won accolades from various sections of the society and the local and STATE level administration

- The college applied for recognition as research centre under the affiliated university and three of its faculty members applied for research guideship
- College brings out its biannual educational journal - faculty and students publish their research articles in it.
- Faculty and students collaborated in research paper preparation, presentation, and publication in national and international seminars, conferences and workshop organized by the Higher Education Dept., colleges, and other institutions
- Edited books were brought out by faculty with several students
- contributing their articles to it
- A year long Workshop series on educational research was conducted in collaboration with
- Association of International Researchers of Indian Origin (AIRIO)
- The college collaborated in the conduct of an International online workshop on 'Academic Writing and Communication Skills, Research Methodology, Reference Management, and Academic Publishing, from 23 November to 31 December 2021.

Apply for Research centre – research guideship for faculty

The college has applied for recognition as research centre under its affiliated university; three of the faculty applied for research guideship.


Equipping student teachers for the profession by helping them clear teacher eligibility tests at various levels – TET, SET, NET

The college conducted online coaching classes for TET/SET/NET aspirants from 7 August to 17 Sept. 2021; the resource persons included members of the faculty and the alumni. The faculty provided guidance and orientation towards clearing TET, SET and NET; students engaged in collaborative efforts to prepare learning materials for the various Teacher Eligibility Tests.

Augmenting infrastructure with the support of RUSA funds

The college building was renovated using the RUSA funds. Received sanction for construction of new block from local authorities.





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Harnessing local, community, alumni resources for the smooth functioning of the scholastic and co scholastic activities

- The alumni contributed to TET/SET/NET coaching by providing resource persons.
- the fund raised by way of registration fee of online coaching was contributed to the college library.
- oriented the new students towards the teaching profession through interaction with the new students.

Organised competitions for high school students





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Report of IQAC Quality Initiatives

2021-2022




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MEMORANDA OF UNDERSTANDING (MoUs)

A Memorandum of Understanding is an agreement between two or more parties outlining a shared purpose or course of action. It's a formal document, but unlike a contract, it's not necessarily legally binding.

The objectives of an MoU can vary depending on the specific agreement between the parties involved.

- **Establishing a framework for collaboration:** An MoU sets the stage for cooperation between the parties by outlining the areas of focus and potential activities.
- **Defining roles and responsibilities:** While not a binding contract, an MoU can clarify what each party is expected to contribute to the collaboration.
- **Facilitating information sharing:** MoUs can encourage open communication and exchange of information between the parties.
- **Promoting mutual benefit:** The ultimate goal of most MoUs is to achieve a win-win situation for all parties involved.
- **Providing a foundation for future agreements:** An MoU can serve as a springboard for developing a more formal contract with specific deliverables and timelines.

1. MoU with SNM Training College, Moothakunnam

The Principal of St. Thomas College of Teacher Education, Pala, signed a Memorandum of Understanding (MoU) with the Principal of SNM Training College, Moothakunnam, on July 23, 2021. The collaboration was for three years.

2. MoU with Trinity College, Jalandhar

The Principals of St. Thomas College of Teacher Education, Pala, and Trinity College, Jalandhar, signed a Memorandum of Understanding on August 21, 2021. The collaboration was for three years.



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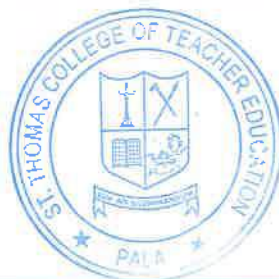
3. MoU with St. Joseph's College of Teacher Education for Women, Ernakulam


On May 14, 2022, the Principals of St. Thomas College of Teacher Education in Pala and St. Joseph's College of Teacher Education for Women, Ernakulam, signed a Memorandum of Understanding (MoU). The five-year collaboration was in place.



4. MoU with Don Bosco Arts and Science College, Angadikadav

St. Thomas College of Teacher Education, Pala and Don Bosco Arts and Science College, Angadikadav, joined forces through a five-year Memorandum of Understanding (MoU) signed on May 14, 2022.



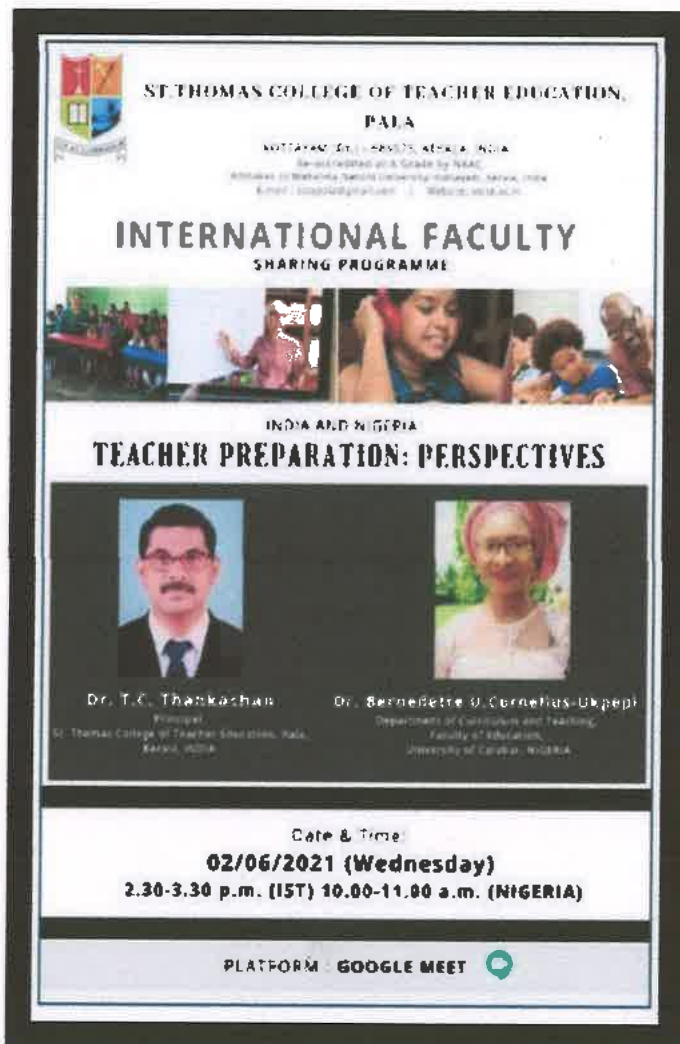

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INTERNATIONAL FACULTY SHARING


The International Faculty Sharing Programme was held on Wednesday, 2 June 2021, fostering collaboration between St. Thomas College of Teacher Education (STCTE) in Pala, India, and the University of Calabar in Nigeria. The central theme of the webinar was "India and Nigeria: Teacher Preparation Perspectives."

Held on Google Meet from 2:30 to 3:30 pm IST (10:00 to 11:00 am Nigeria), the entire teaching faculty of the college joined the session, gaining valuable insights from the esteemed resource person Dr. Bernedette U. Cornelius-Ukpepi from the University of Calabar, Nigeria.

This webinar, with Dr. Bernedette U. Cornelius-Ukpepi as the resource person, offered many benefits to the teaching staff at STCTE. All teachers and 69 students of both batches of B.Ed. joined the session.



The poster features the logo of St. Thomas College of Teacher Education, Pala, India, at the top left. The main title is "INTERNATIONAL FACULTY SHARING PROGRAMME" in bold, black letters. Below the title, there are three small images showing people in a meeting. The subtitle is "INDIA AND NIGERIA TEACHER PREPARATION: PERSPECTIVES". Two portraits are shown: Dr. T.C. Thankachan, Principal of STCTE, and Dr. Bernedette U. Cornelius-Ukpepi, a resource person from the University of Calabar. The date and time are listed as 02/06/2021 (Wednesday) from 2.30-3.30 p.m. (IST) to 10.00-11.00 a.m. (NIGERIA). The platform is identified as GOOGLE MEET.



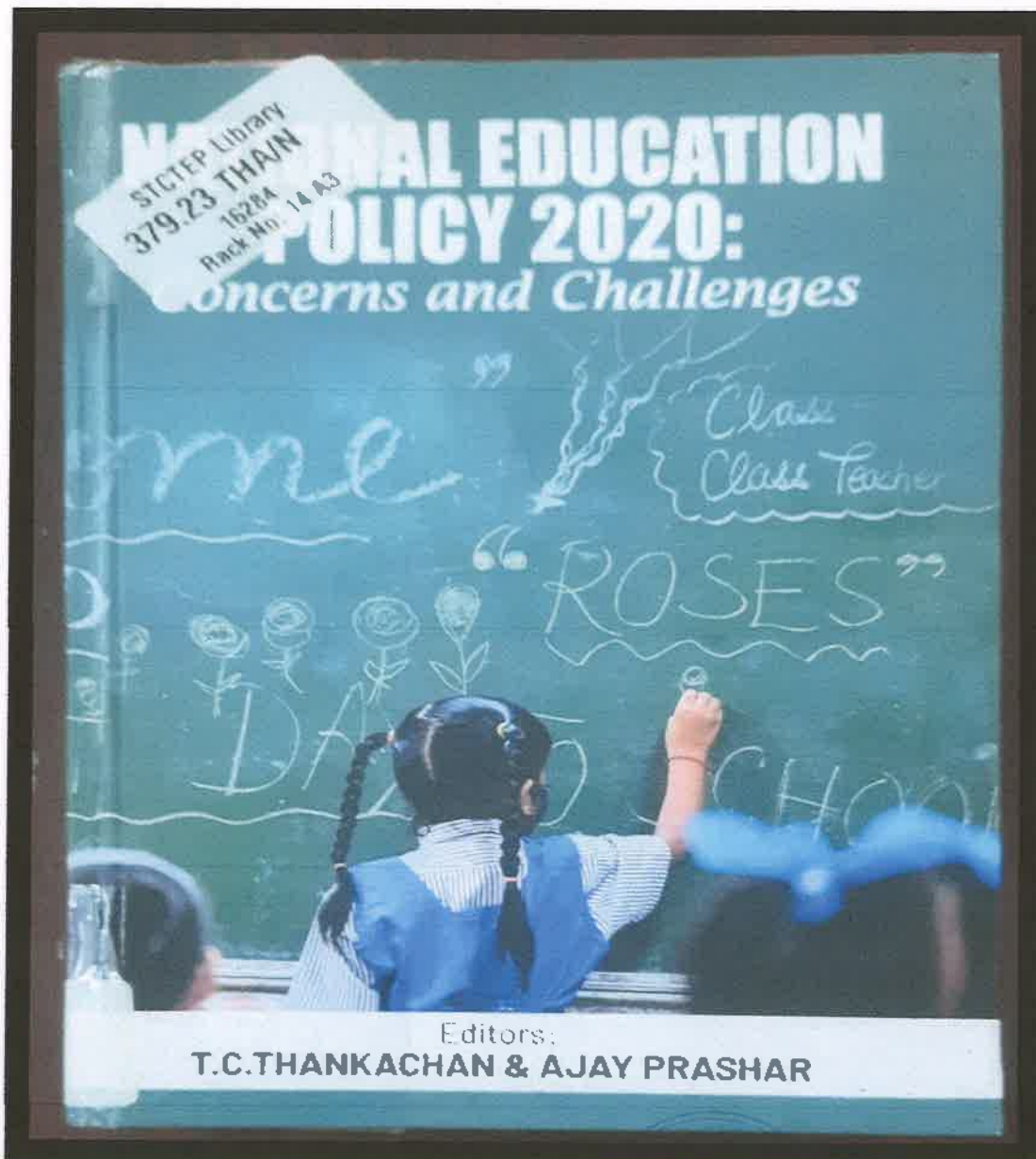
The screenshot shows a Google Meet interface. At the top, there is a "REC" button. The main video area shows a woman with glasses speaking. Below the video, there is a list of participants: Dr. Alex George (You), Dr. Pratheesh Abraham, Bernedette Cornelius-Ukpepi, and Dr. T.C. THANKACHAN. At the bottom, there is a section for "Others in the meeting (69)" with a participant named Agie mol Salas.



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NATIONAL EDUCATION POLICY 2020 - CONCERNS AND CHALLENGES

An edited book on National Education Policy 2020 - Concerns and Challenges was brought out by the college in collaboration with the Society of Innovative Researchers and Academicians (SIRA), St. Thomas College of Teacher Education, Pala, Kerala, the MOU partner Trinity College, Jalandhar, Punjab and St Jude's Convent School, Nakodar, Punjab. The chief editors of the book were Dr TC Thankachan and Dr Ajay Prasad. **Five members of the faculty contributed articles for the book.** The book comprises forty articles on various topics related to NEP 2020. The book was published by Media House New Delhi in January 2022.

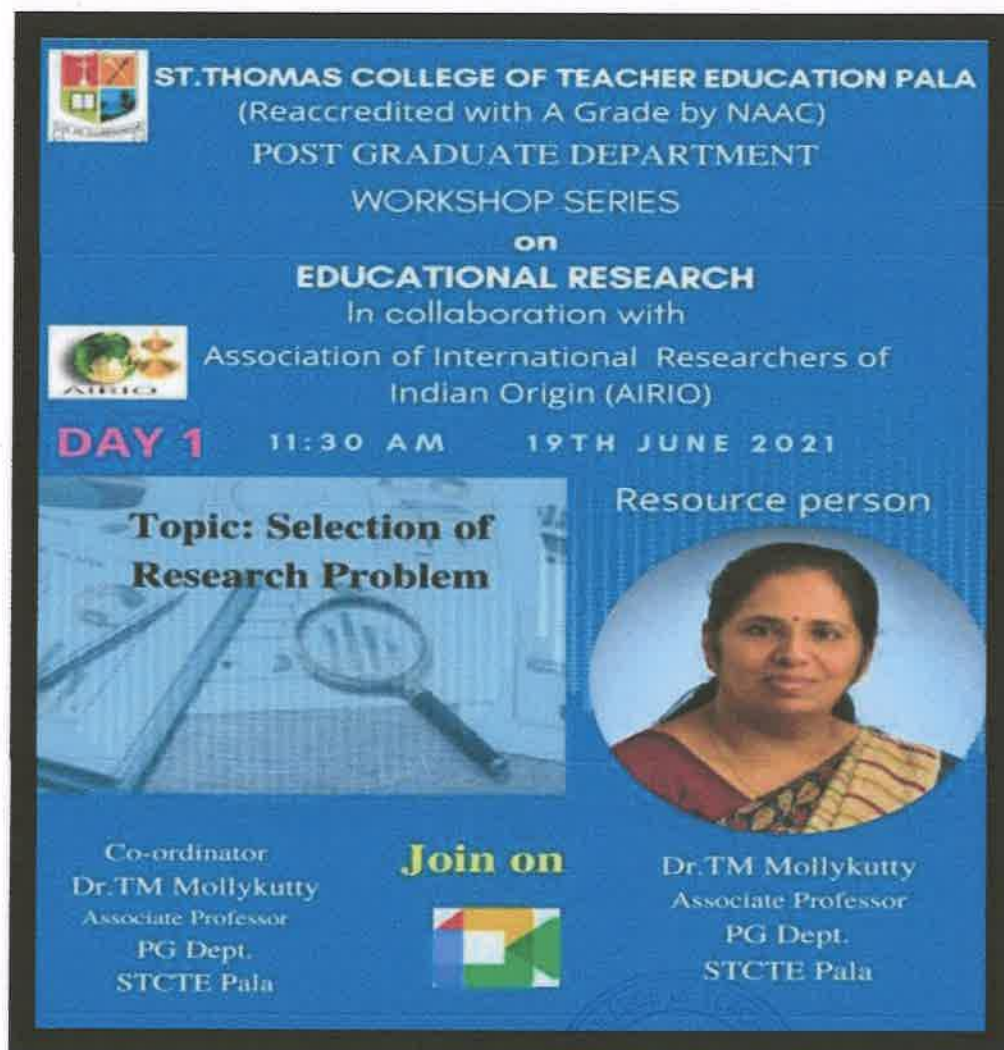


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ONLINE WORKSHOP ON EDUCATIONAL RESEARCH

An Online Workshop Series on Educational Research in collaboration with the Association of International Researchers of Indian Origin (AIRIO) with Dr. T. M. Mollykutty, HOD, PG Studies of St. Thomas College of Teacher Education, Pala, as the chief resource person. The programme was conducted via Google Meet on 19 June 2021 at 11.30 AM. Four faculty and fifteen students of the M.Ed. section participated in the webinar.

The topic of the workshop was 'Selection of Research Problem'. The interactive session gave insightful thoughts to the participants. A commendable discussion session was the main highlight of the program. The class provided a comprehensive understanding of the importance and process of selecting a research problem in educational research. The participants gained valuable insights and skills to identify and formulate meaningful research problems.




The poster is a blue rectangular graphic with white and yellow text. At the top left is the St. Thomas College logo. The main text reads: 'ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA (Reaccredited with A Grade by NAAC) POST GRADUATE DEPARTMENT WORKSHOP SERIES on EDUCATIONAL RESEARCH In collaboration with Association of International Researchers of Indian Origin (AIRIO)'. Below this, it says 'DAY 1 11:30 AM 19TH JUNE 2021'. The topic 'Selection of Research Problem' is shown next to an image of a magnifying glass over documents. A circular portrait of Dr. TM Mollykutty is on the right. At the bottom, it lists the co-ordinator and the 'Join on' logo.

ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA
(Reaccredited with A Grade by NAAC)
POST GRADUATE DEPARTMENT
WORKSHOP SERIES
on
EDUCATIONAL RESEARCH
In collaboration with
Association of International Researchers of
Indian Origin (AIRIO)

DAY 1 11:30 AM 19TH JUNE 2021


**Topic: Selection of
Research Problem**

Resource person




Co-ordinator
Dr. TM Mollykutty
Associate Professor
PG Dept.
STCTE Pala

Join on



Dr. TM Mollykutty
Associate Professor
PG Dept.
STCTE Pala




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WEBINAR ON NETWORK RESOURCES AND SERVICES FOR ACADEMIC FRATERNITY

A webinar on "Network resources and Services for Academic Fraternity" was organised by the Reading Club of St. Thomas College of Teacher Education, Pala, on June 24, 2021. Mr. Christo Somi, Librarian at YIMS, was the resource person for the event. Rev. Dr Joseph Olikkalkoonal and Dr Gilu G. Ettaniyil were the program coordinators.

The webinar aimed to educate the academic community about the various network resources and services available to them. It covered topics such as online databases, e-journals, and other digital resources that can be valuable for research and teaching purposes. By attending this webinar, faculty and students gained valuable insights into effectively utilising these resources to enhance their academic pursuits. The webinar conducted from 3 to 4 PM was attended by 50 students and 8 members of the faculty.

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
www.stthomascollegepala.org

yuva kshetra
Institute of Management Studies (YIMS)

Webinar on
NETWORK RESOURCES AND SERVICES FOR ACADEMIC FRATERNITY

Organized by
THE READING CLUB
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

DATE : 24/6/2021 - 3 P.M.

Resource Person

Sri. Christo Somi
Librarian (YIMS)

Organizers
Rev. Dr. Mathew George Vazhayil, Director, YIMS, Palakkad | Dr. Tommy Antony, Principal, YIMS, Palakkad | Dr. T. C. Thankachan, Principal, ST. TE, Pala | Prof. T. K. Rajan, IQAC Co-ordinator, YIMS, Palakkad | Dr. Lavina Dominic, IQAC, Co-ordinator, ST. TE, Pala

Co-ordinators
Rev. Dr. Joseph Olikkalkoonal, Vice-Principal, YIMS | Dr. Gilu G. Ettaniyil, UGC Librarian, ST. TE

Google meet platform | On : 24/6/2021 - 3 p.m



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WEBINAR ON INTELLECTUAL PROPERTY RIGHTS

A Webinar on Intellectual Property Rights, in collaboration with the Association of International Researchers of Indian Origin (AIRIO), was conducted on 23 June 2021 via Google Meet at 2.00 PM. The chief resource person, Ms. Aswathy G Krishnan, Lecturer, Department of Law, University of Kerala, delivered the keynote address. The event started with a silent prayer, and Dr. Mollykutty, HOD, M.Ed. Department, welcomed the group; Dr. T. C. Thankachan, Principal, St. Thomas College of Teacher Education, Pala, delivered the presidential address.

The session was fruitful to understand intellectual property rights. The session provided a comprehensive understanding of Intellectual Property Rights, their significance, and their impact on creativity and innovation. The webinar was attended by 4 members of the faculty and 25 students. The participants gained valuable insights into the legal aspects of Intellectual Property Rights and their practical applications. The event ended with a vote of thanks by Dr. Lavina Dominic, IQAC co-ordinator.

PROGRAMME

Silent Prayer	
Welcome Speech	: Dr. T. M. Mollykutty (HOD, M.Ed. Dept.)
Presidential Address	: Dr. T. C. Thankachan (Principal)
Keynote Address	: Aswathy G. Krishnan (Lecturer, Dept. of Law University of Kerala)
Discussing	
Vote of Thanks	: Dr. Lavina Dominic (Convener IQAC)
National Anthem	




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WORKSHOP ON 'LEADING EDGE' HANDS-ON EXPERIENCE – OBS STUDIO, YOUTUBE MANAGEMENT

IQAC and Student Council of St. Joseph's College of Education, Mysuru, Karnataka and St. Thomas College of Teacher Education, Pala, jointly organised a workshop on 'Leading Edge' Hands-on Experience – OBS Studio, YouTube Management on 30th July 2021 at 10.30 AM on virtual mode through Google Meet. The resource person was Fr. Manoj Kakkonal, Department of Media & Communication, Eparchy of Mananthavady, Wayanad. The programme's theme was 'A Smart way to become cognoscenti in the technology field'.

The programme was during the COVID-19 pandemic, and students and teachers of both the education institutions participated and discussed the application of Open Broadcaster Software (OBS). The online workshop was very informative and the need of the hour; the host ensured audience participation, and the program's hands-on experience, active participation, and discussion part were commendable. The organising committee include Dr T. C. Thankachan, Principal of St. Thomas College of Teacher Education, Pala; Dr Priya Mathew, Principal of St. Joseph's College of Education (SJCE), Mysuru, Karnataka; Dr Lavina Dominic, IQAC coordinator, St. Thomas College of Teacher Education, Pala and Dr Asha P. Pathrose, IQAC coordinator, St. Joseph's College of Education, Mysuru, Karnataka. 50 students and 16 faculty of the college and 150 students of SJCE participated in the workshop.



The poster is a rectangular graphic with a light orange background. At the top left is a portrait of Fr. Manoj Kakkonal. To the right of the portrait is the text: 'IQAC & Student Council of St. Joseph's College of Education Mysuru - Karnataka & St. Thomas College of Teacher Education Pala - Kerala Jointly organise a WORKSHOP on "LEADING EDGE" Hands-on experience 1) OBS Studio 2) YouTube Management'. Below the portrait is the name 'FR. MANOJ KAKKONAL' and his title: 'DIRECTOR - DEPARTMENT OF MEDIA & COMMUNICATION, Eparchy of Mananthavady Wayanad - KERALA'. To the right of this is the text: 'On [Google Meet icon] Date: 30 July 2021 Time: 10:30 A.M.'. Below the portrait is a YouTube logo with the text 'with OBS' and the quote: '"A smart way to become cognoscenti in the field of technology"'. At the bottom left is the 'CONTACT' information: '94954 43393 91013 88785'. At the bottom right is the 'ORGANISING COMMITTEE' list: 'Dr. Priya Mathew Principal, SJCE; Dr. T. C. Thankachan Principal, STCTE; Dr. Asha P Pathrose IQAC Co-ordinator, SJCE; Dr. Lavina Dominic IQAC Co-ordinator, STCTE'. At the very bottom right is the text: 'STUDENT COUNCILS OF SJCE & STCTE - 2021' and the website 'www.stjcollegesofeducation.com/mysuru'.



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ONLINE COACHING CLASSES FOR NET, SET AND K-TET

St. Thomas College of Teacher Education Pala conducted online coaching classes for NET, SET and K-TET aspirants from 07/08/2021 to 17/09/2021. The programme significantly enhanced the students' chances of success in eligibility tests by providing a comprehensive and supportive learning environment. Expert guidance from experienced coaches delivered valuable insights, tips, and strategies that elevated the students' understanding and performance. 94 students from different parts of Kerala participated in the training programme. 6 members of the Alumni Association were resource persons for this event.

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
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Alumni Association
Organizes
Online Coaching Class
NET/SET/K-TET

Duration
10th August to 17th September
7:30 pm. to 9:00 pm

For M.Ed, B.Ed, D.El.Ed
Students

Registration
Fee
Rs. 200

9447599631

9447599631
9400913647

Hearty Welcome to All...

Dr. F.C. Thankachan
Principal

P. Krishna Kumar
President, Alumni Association

Dr. Alex George
Mr. Jolly J Njanakkal
Co-ordinators



Prof. Dr. BEENAMMA MATHEW
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FACULTY EXCHANGE PROGRAMME WITH M&U PARTNER

The faculty exchange program between St. Thomas College of Teacher Education, Pala and SNM Training College, Moothakunnam, proved a resounding success. The programme was held on 4th, 5th, and 6th of August 2021. This initiative saw professors share their expertise with a new student body and learn from different teaching approaches. Dr. T.C.Thankacan delivered a class on Values Education to students of SNM and Dr. Laya gave a valuable insight on Indian Philosophy to students of STCTE. 150 students including 50 students from STCTE participated in the programme.



The poster features logos for SNM Training College Moothakunnam and St. Thomas College of Teacher Education, Pala. It lists two sessions: 'Value Education' on 06 August 2021 at 4:00 p.m. by Dr. T.C. Thankachan, and 'Indian Philosophy' on 04 & 05 August 2021 at 8:30 a.m. by Dr. Laya A.B. A 'GOOGLE MEET' icon is also present. At the bottom, there is a photo of a classroom and a portrait of Dr. Asha O.S., Principal of SNM Training College. The entire poster is framed by a green border.

SNM TRAINING COLLEGE MOOOTHAKUNNAM
Affiliated to Mahatma Gandhi University, Kottayam.
Recognised by the NCTE and Accredited with B++ by NAAC.
Phone: 0484-2482684, 2482115. FAX: 0484-2482115
Website: www.snmtrainingcollege.org, E-mail: snmtrainingcollege@gmail.com

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
KOTTAYAM(DT.) 686575 KERALA, INDIA
Re-accredited as A Grade by NAAC
Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India
E-mail: stctepala@gmail.com | Website: stcte.ac.in

Faculty Exchange Programme

Value Education
06 August 2021
4:00 p.m.

Indian Philosophy
04 & 05 August 2021
8:30 a.m.

GOOGLE MEET

Dr. T C THANKACHAN
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION, PALA

Dr. LAYA A B
ASSISTANT PROFESSOR
SNM TRAINING COLLEGE
MOOTHAKUNNAM

Dr. ASHA O S
PRINCIPAL
SNM TRAINING COLLEGE
MOOTHAKUNNAM



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
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PALA

FACULTY EXCHANGE PROGRAMME WITH MOU PARTNER

The faculty exchange program between St. Thomas College of Teacher Education, Pala and SNM Training College, Moothakunnam, proved a resounding success. The programme was held on the 11th of August 2021. Dr Alex George from St. Thomas College of Teacher Education, Pala enriched the session by dealing the topic, 'Smart Teachers for Smart Students', and Dr Bisni P.S., from SNM Training College, Moothakunnam, took a class on the 'Rational Emotive Education'. The program's success highlights the value of fostering academic exchange. By facilitating collaboration across institutions, faculty exchange programs can enhance teaching methods, promote cross-pollination of ideas, and ultimately benefit students by providing a more enriching educational experience. 150 students including 50 students from STCTE participated in the programme.

ST. THOMAS COLLEGE OF
TEACHER EDUCATION, PALA

SNM TRAINING COLLEGE
MOOTHAKUNNAM

**FACULTY EXCHANGE
PROGRAMME**

DATE
11/08/2021

TIME
3:00 PM TO 4:30 PM

GOOGLE MEET

TOPICS

RATIONAL EMOTIVE EDUCATION

SMART TEACHERS FOR SMART STUDENTS

Dr. T. C. Thankappan

Dr. Anjali S.

Dr. Bisni P.S.

Dr. Alex George



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

FACULTY EXCHANGE PROGRAMME WITH MoU PARTNER

On 1 September, 2021, a faculty exchange programme was conducted between St. Thomas College of Teacher Education, Pala and SNM Training College, Moothakunnam.

Dr Sr. Mary Thomas from St. Thomas College of Teacher Education, Pala and Ms Saritha V. K. from SNM Training College, Moothakunnam, were the resource persons. This collaboration between colleges shows the benefits of sharing knowledge between institutions. Faculty exchange programmes can improve teaching styles, exchange new ideas, and create a richer learning environment for students. By facilitating collaboration across institutions, faculty exchange programmes can enhance teaching methods, promote exchange of ideas, and ultimately benefit students by providing a more enriching educational experience. 16 students of SNM Training college and 8 students of STCTE participated in the programme.

S N M TRAINING COLLEGE, MOOTHAKUNNAM
North paravur, Ernakulam (Dist), Kerala, 683514
Re accredited by NAAC at B++ level
Phone: 0484-2482084, 0484-2482115
Email: snmtrainingcollege@snmngmail.com
website: www.snmtrainingcollege.org

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
Kottayam (dist), 686573, Kerala, India
Re accredited by A grade by NAAC
Affiliated to Mahatma Gandhi University, Kottayam
Email: stctepala@gmail.com, website: stcte.co.in

FACULTY EXCHANGE PROGRAMME

Topic
Multiple intelligences:
New horizons in
theory and practice

Ms. SARITHA V. K.
Assistant Professor
SNM Training College
Moothakunnam

Dr. Sr. MARY THOMAS
Assistant Professor
St. Thomas College of
Teacher Education, Pala

Dr. Asha O.S
Principal
SNM Training College
Moothakunnam

VIA GOOGLE MEET
01-09-2021
3 pm - 4pm

Dr. T C Thankachan
Principal
St. Thomas College of
Teacher Education, Pala



Beena
Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

HONOURING OF Ph.D. AWARDEE

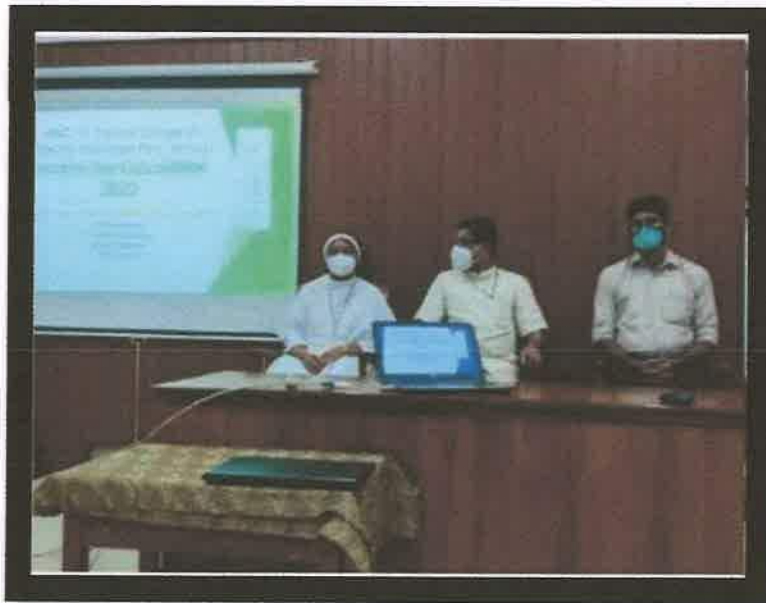
Dr Gilu G. Ettaniyil, the college librarian secured her PhD in , 'Information literacy in relation with Cognitive Styles and Academic Performance'. The college conducted a programme to felicitate her on her achievement on 12th October 2021. She has consistently demonstrated academic excellence throughout her career. The successful completion of her doctoral programme signifies her in-depth commitment to research. 50 students and 16 faculty attended the meeting.



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PALA

TRAINING ON INCOME TAX CALCULATION 2020

IQAC, St. Thomas College of Teacher Education, Pala, organised a Training programme for teaching and non-teaching staffs on Income Tax Calculation 2020. The programme was scheduled on 17 December 2021 at the college conference hall. The class was undertaken by Dr. Pratheesh Abraham, Assistant Professor, St. Thomas College of Teacher Education, Pala. An abacus spreadsheet was used for the workshop on income tax computation. The main emphasis was given on estimating tax deductions based on gross salary, income tax slab rate (based on income level and filing status), and other deductions like health insurance, retirement fund, and other pre-tax deductions. The session was a detailed one arranged with well-prepared PowerPoint presentations. All the faculty participated in the programme.



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PALA


KOOTTICKAL FLOOD VICTIMS' REHABILITATION

In the aftermath of the devastating floods that struck Koottickal, St. Thomas College of Teacher Education, Pala, emerged as a beacon of hope for the affected community. Demonstrating remarkable solidarity, teachers and students of the college joined forces to contribute towards the rehabilitation efforts.

Teachers and students (seniors and juniors of B.Ed.) contributed to fund raising. These collected funds were directly transferred to the flood victims.

The collective effort fostered a sense of unity and compassion within the St. Thomas College community. This act of selflessness is a powerful testament to the college's social conscience and commitment to supporting the local community during times of crisis. The combined efforts of teachers and students provided immediate relief and a ray of hope for a brighter future for the flood-stricken community of Koottickal. The programme was done on 4th November 2021. All the faculty and 59 students were involved.




Prof. Dr. BEENAMMA MATHEW
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TEACHER EDUCATION
PALA





GPS Map Camera

Yendayar, Kerala, India

Mundakayam - Elamkadu Rd, Yendayar, Pothan Mala, Yendayar, Kerala 686514, India

Lat 9.618402°

Long 76.887463°

04/11/21 03:44 PM



GPS Map Camera



Pala, Kerala, India

St. Thomas, Pala, Kerala 686575, India

Lat 9.709022°

Long 76.678268°

04/11/21 01:47 PM



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 Prof. Dr. BEENAMMA MATHEW
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 TEACHER EDUCATION
 PALA

**30 DAY INTERNATIONAL ONLINE WORKSHOP ON ACADEMIC WRITING AND COMMUNICATION SKILLS,
RESEARCH METHODOLOGY, REFERENCE MANAGEMENT AND ACADEMIC PUBLISHING**


St. Thomas College of Teacher Education, Pala, organised a Thirty-day International Online Workshop on Academic Writing and Communication Skills, Research Methodology, Reference Management, and Academic Publishing in collaboration with the National Institute of Physical Medicine and Rehabilitation (NIPMR), Thrissur and Lore & Ed—Research Associates from 23 November to 31 December 2021.

The workshop was inaugurated by Dr R. Bindu, Minister of Higher Education and Social Justice Government of Kerala, on 17th November 2021. The event underscored the importance of academic writing and communication skills, research methodology, reference management and academic publishing. Dr. Sunil Thomas and Dr. Alex George of the faculty participated in the workshop.

**ACADEMIC WRITING AND COMMUNICATION SKILLS,
RESEARCH METHODOLOGY, REFERENCE MANAGEMENT,
AND ACADEMIC PUBLISHING**


Jointly Organised by

NIPMR
National Institute of Physical Medicine and Rehabilitation (NIPMR), Thrissur


Dr. R. Bindu
 Hon. Minister for Higher Education
 and Social Justice
 Government of Kerala

Date: 17 November 2021
 Time: 12:00 PM IST

Technical Support
LORE & ED
 RESEARCH ASSOCIATES PRIVATE LTD

 **SCAN ME**
 Find the content in the image

Mahatma Gandhi University Library, Kottayam
 CMS College, Changanassery, Kottayam
 Forwell College, Marthandapuram, Calicut
 Assumption College, Puthencherry, Changanassery
 Marian College, Puthencherry, Changanassery
 Alphonsa College, Pala
 St. Peter's College, Rajahmundry
 St. Stephen's College, Jalapuram

St. Thomas College of Teacher Education, Pala
 St. Elizabeth's College, Kariyapally
 St. Joseph's College for Women, Alappuzha
 Apoll College, Peringannam
 Piyayam College, Poyyayur
 The Gracia College, Neddi
 St. Mary's College, Elthuruvi, Thrissur
 Lily College of Allied Health Sciences, Cochin

St. Joseph's College, Muvattupuzha
 Al-Anwar College, Marthanda
 St. David's College, Yellam
 DW JA College of Arts and Science, Kozhikode
 St. Peter's College, Thrissur
 M.O.A.E. College of Nursing, Muvattupuzha

Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL



INAUGURATION

Date: 17 November 2021
Time: 12:00 PM IST

Welcome	: Shri. Jimto Michael Director Lore & Ed Research Associates	Felicitations:	Rev. Dr. Roy Abraham P. Principal Marian College Kottickanam (Autonomous)
Presidential Address	: Shri. Chandrababu C. Executive Director (in-Charge) NIPMR, Thrissur		Smt. Lathy K. Cyril Principal St. Stephen's College, Uzhevoor
Inauguration	: Dr. R. Bindu Hon. Minister for Higher Education and Social Justice Government of Kerala		Dr. T. C. Thankachan Principal St. Thomas College of Teacher Education, Pala
Keynote Address	: Prof. (Dr). Sabu Thomas Vice-Chancellor Mahatma Gandhi University, Kottayam		Dr. Shaju Varghese Principal St. Peter's College, Kolenchery
Felicitations	: Smt. Mini G. Pillai University Librarian (in-Charge) Mahatma Gandhi University Library, Kottayam		Dr. Shaheen S. Iqbal Principal Lilak College of Allied Health Sciences Cochin
	Dr. Varghese C. Joshua Principal CMS College (Autonomous), Kottayam		Dr. Sheela Shenai N. A. Principal M.O.S.C. College of Nursing, Kolenchery
	Dr. K. M. Naseer Principal Farook College (Autonomous), Calicut		Dr. Anil Suman Jose Librarian & Head Dept. of Library & Information Science St. Peter's College, Kolenchery
	Dr. Anitha Jose Principal Assumption College (Autonomous) Changanacherry	Vote of Thanks:	Smt. Jeena Jayan Librarian The Cochin College, Kochi

DISCUSSION TOPICS

Module 1: Information Literacy, Importance of Information Literacy, Components of Information Literacy - Digital Literacy, Media Literacy, Library Literacy, Resources Literacy, Ethical Literacy; Information - Values and Characteristics; Types of Information Sources- Primary, Secondary and Tertiary Sources; Finding, Accessing and Evaluating Information; Information Access Tools; Search Engines- Concepts, Types and Advantages; Search Techniques - Basic Search and Advanced Search.

Module 2: Academic Information Retrieval, Knowledge Organisation and Information Retrieval; Library Organisation; Overview of Library Classification; Open Access Catalogue and Web OPAC; Digital Libraries and Institutional Repositories; Information Resources- Open Educational Resources (OERs); INFUNET and its Services; N-List, e-ShodhSindhu; Thesis Reservoirs-Shodhganga, Ethical Use of Information, Evaluation of Information - Authority, Currency, Purpose and Content; Intellectual Property Rights; Cyber Safety and Privacy Measures.

Module 3: Academic Writing, Various Forms of Scientific Writing - Theses, Technical Papers, Reviews & Manuals, Article Publishing and Peer Reviewing Process, Various Parts of Thesis and Research Communications - Title Page, Authorship, Contents Page, Preface, Introduction, Review of Literature, Material and Methods, Experimental Results and Discussion; Writing of Abstracts, Summaries, Précis, and Citations; Commonly used Abbreviations in Theses and Research Communications, Illustrations, Photographs, Drawings with Suitable Captions; Pagination, Numbering of Tables and Illustrations; Writing of Numbers and Dates in Scientific Write-ups; Editing and Proofreading; Writing a Review Article.

Module 4: Research Paradigms, Basic Principles of Research; Preparation of a Reading List Prior to Research; Formulating Research Questions; Conducti-

ng Research Ethically; Writing an Effective Review of Literature; Quantitative Research Methodology; Quantitative Methods of Data Collection; Data Analysis. Qualitative Research Methodology; Qualitative Methods of Data Collection; Focus Groups and Field Observations, Mixed Methodology, Tools Used for Research Data Analysis.

Module 5: Reference Management; Citation Style Manuals; Reference Management Software (Mendeley, Zotero)

Module 6: Communication Skills, Academic Presentation Skills; Presentation of Scientific Papers; Facing Viva Voce/ Open Defence; English Grammar; Sentences, Concord, Clauses, Use of Punctuation; Error Analysis (Common Errors); Speech Sounds in English; Weak forms in Connected Speech

Module 7: Academic Publishing, Books and Journals; ISBN, ISSN, DOI; Open Access Initiatives; Open Access and Creative Commons; Open Access Journals; Open Access Databases: SHERPA/ROMEO, Publication Ethics - Plagiarism and Anti-plagiarism Tools; How to Avoid Plagiarism, Consequences of Plagiarism; Committee on Publication Ethics (COPE); Predatory Publishers and Journals; Journal Metrics/ Databases; Abstracting and Indexing Services - Science Citation Index, Social Sciences Citation Index, Biological Abstracts, Chemical Abstracts, CABI Abstracts, Research Metrics and Impact Factor of Journals; SNIP, SJR, IPP, CiteScore, h-index, g-index, i10 index, altmetrics, Journal Finder/ Journal Suggestion Tools viz. JANE; Elsevier Journal Finder, Springer Journal Suggester, Journal Databases- Scopus, Web of Science, UGC CARE List.

Module 8: Tools for Academic Collaboration; Research Collaboration Tools; Scholar Networks (Academia, ResearchGate); Research Profile Tools - ORCID ID, Researcher ID, Google Scholar

Module 9: Intellectual Property and its Management; Intellectual Property Right Regime; TRIPs and Various Provisions in TRIPs Agreement; Intellectual Property and Intellectual Property Rights (IPR), Benefits of Securing IPRs; Indian Legislations for the Protection of Various Types of Intellectual Properties; Fundamentals of Patents, Copyrights; Geographical Indicators, Designs and Layout; Trade Secrets and Traditional Knowledge, Trademarks; Licensing of Technologies, Material Transfer Agreements, Research Collaboration Agreement; License Agreement, BIS, WIPO, ISO etc.

Module 10: Massive Open Online Courses; Foreign Universities; EdX, Coursera; MOOCs in India; SWAYAM, Open Educational Resources (OERs); MIT OpenCourseWare, The Open University, e-PG Pathshala, egyptkosh, Vidya-mitra, NDL India.



Prof. Dr. BEENAMATHY MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

HARNESSING OF LOCAL RESOURCES - SHALABAM

The Women's Cell of St. Thomas College of Teacher Education, Pala, organised a Cancer awareness program titled "Shalabam" on 30 November, 2021. This initiative aimed to empower women with knowledge about breast cancer, equipping them with the tools for early detection and prevention. 50 students and 8 teachers participated in the programme.

The program harnessed local resources by inviting Dr. Jofin K. Johny, a renowned medical professional from Mar Sleeva Medicity, Pala, as the resource person. Dr. Jofin's expertise ensured that participants received accurate and up-to-date information on breast cancer, including its symptoms, risk factors, and the importance of regular screening.

"Shalabam" was a valuable platform for women to address their concerns and gain clarity on this critical health issue. By leveraging local resources and collaborating with a respected medical institution, the Women's Cell addressed a vital public health concern within the Pala community. This program is a commendable example of how educational institutions can utilise local expertise to empower and educate their communities.

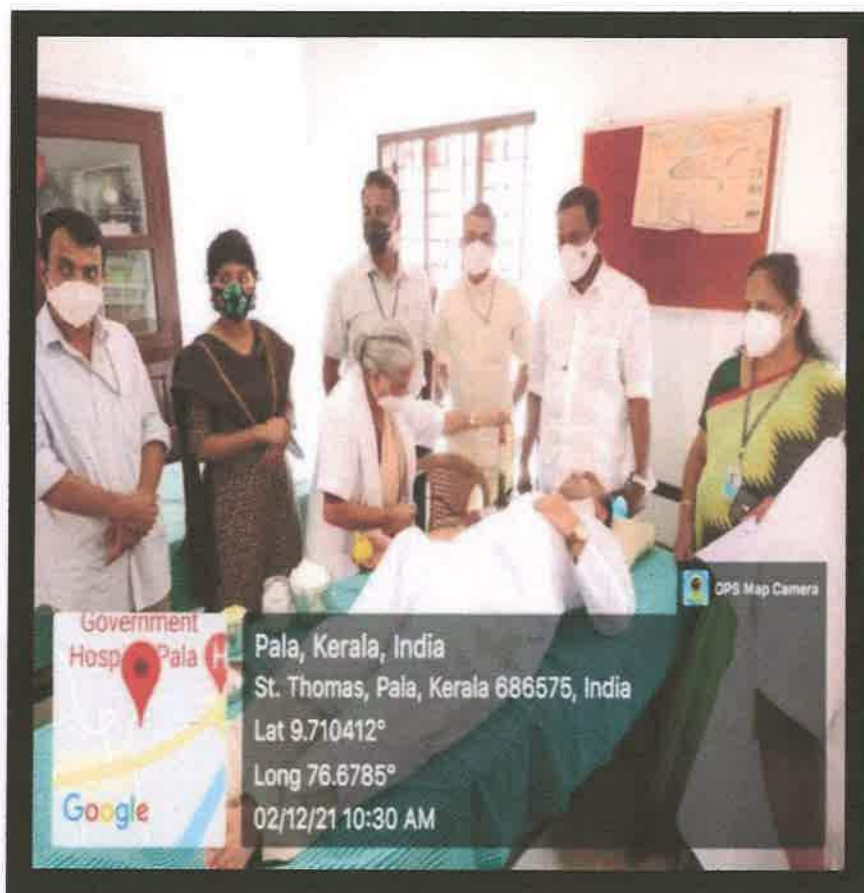
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
Women Cell **MAR SLEEVA** medicity pala
presents
SHALABAM
An awareness program on breast cancer conducted by Mar Sleeva Medicity Pala
Resource person:
Dr. Jofin K Johny MBBS,
MS(General Surgery), MCh(Surgical Oncology)
Date: 30/11/2021
Time: 3 PM
Venue: ST. Thomas College of Teacher Education, Pala (STCTE Pala)
Dr. T C Thankachan (Principal) Dr. Sunu Austin (Women cell in charge) Bhanupriya R (Women cell Coordinator)



Beena
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PRINCIPAL
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PALA

BLOOD DONATION CAMP

In a collaborative effort to support the community's healthcare needs, the Red Ribbon Club, Health Club, and Pala Blood Forum jointly organised a blood donation camp on December 2, 2021. The event was conducted in collaboration with Marygiri Hospital Bharanganam, which ensured the presence of a proficient medical team comprising doctors, nurses, and technicians. Their expertise contributed to the smooth functioning of the camp, reassuring participants about the safety of the donation process. The event featured an insightful speech by Shibu Thekkemattam, the President of Pala Blood Forum. His address focused on the importance of voluntary blood donation, dispelling myths surrounding the process and encouraging participants to view their contributions as life-saving acts. 15 students and 4 teachers actively participated in the blood donation drive, showcasing their commitment to community welfare and their readiness to contribute to a cause that directly impacts the lives of others.



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PALA

VENUE FOR GOVERNMENT PROGRAMMES

On January 5, 2022, the Kerala Government Social Welfare Department Maintenance Tribunal, Pala, organised an awareness class for the students. The programme at St. Thomas College of Teacher Education, Pala, aimed to educate young people about the *Protection and Welfare of Parents and Senior Citizens Act, 2007*, and the importance of dementia care.

The programme addressed a critical need, as the Act safeguards the rights and interests of elderly parents and senior citizens. Students gained valuable insights into the legal provisions for financial support, medical care, and protection from abuse or neglect faced by elders. Additionally, the session shed light on recognising the signs and symptoms of dementia, a condition affecting a growing segment of the elderly population. By equipping students with this knowledge, the programme empowered them to advocate for their own families and the broader community.

This collaborative effort between the government department and St. Thomas College highlights the importance of proactive measures in ensuring the well-being of senior citizens. Educating young people about their rights and responsibilities towards elders fosters a more supportive and caring environment for future generations. 50 students and 4 members of the faculty participated in the programme.

കേരള സർക്കാർ
സമൂഹസേവന വിഭാഗം
അംഗീകൃതമായി സംഘടിപ്പിച്ച
അഭിജ്ഞാപനം


മാതാപിതാക്കളുടെയും മുതിർന്ന പൗരന്മാരുടെയും
സംരക്ഷണവും ക്ഷേമവും നിയമം - 2007
ഡിമെൻഷ്യ കെയർ (മറവി രോഗം)

സ്കൂൾ കോളേജ് വിദ്യാർത്ഥികൾക്കുള്ള
ബോധവൽക്കരണ ക്ലാസ്സ്

ST. Thomas Collage
of Teacher Education,
Pala (STETE)

2022
January 5
2:00 PM





Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

GENDER AWARENESS TRAINING PROGRAMME – KANAL

On February 17, 2022, a collaborative effort between the District Women and Child Development Office, Centre for Women Empowerment, Kottayam, and St. Thomas College of Teacher Education, Pala, brought forth the "KANAL" Gender Awareness Training Programme. This initiative, supported by the State Council of Teacher Education and the Department of Women and Child Development, Government of Kerala, aimed to equip educators with the knowledge to promote gender equality within the educational system.

The resource person D. Sreedevi led the program; guiding participants through critical concepts of gender sensitisation. The training addressed topics like dismantling gender stereotypes, fostering inclusive classroom environments, and identifying and addressing gender-based discrimination. By equipping educators with this knowledge, the program empowered them to become change agents and promote a more equitable learning experience for all students. By empowering teachers, "KANAL" paved the way for a future generation equipped with the understanding to create a more just and inclusive society. 50 students and 10 faculty of the college participated in the programme.

**ജില്ലാ വനിതാ ശിശു വികസന ഓഫീസ്
 & മഹിളാ ശക്തി കേന്ദ്രം
 കോട്ടയം**

ഒന്നാം നില, സിവിൽ സർവ്വകല, കോട്ടയം, പിൻ: 686002
 ഫോൺ: 9496235103/9446938500




കനൽ - ജൻഡർ അവബോധ പരിശീലന പരിപാടി


**സാന്നിദ്ധ്യം : Smt. ജെബിൻ ലോലിത സെയിൻ,
 DWCD**

**ക്ലാസ്സ് നയിക്കുന്നത്:
 D.ശ്രീദേവി**

**തിയ്യതി : 17/02/2022
 സമയം : 2:30 PM**

**സഹകരണം : St. തോമസ് കോളേജ് ഓഫ് ടീച്ചർ
 എഡ്യൂക്കേഷൻ, പാലാ**


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 PALA



YIP 2021- 2022

A team of motivated students from St. Thomas College of Teacher Education (STCTE), Pala, achieved remarkable success in the '2021 Young Innovators Programme (YIP)' organised by the Kerala State Development and Innovation Strategic Council (K-DISC). Their innovative ideas impressed the judges at the State-level evaluation, earning them the distinction of being chosen as the "best innovative idea."

This achievement is a testament to the college's commitment to fostering a culture of innovation among its teacher trainees. The YIP program is a valuable platform for budding educators to showcase their creative problem-solving skills and develop solutions that address real-world challenges.

The selection at the State level is a significant accomplishment, highlighting the calibre of the college's teacher training program and the exceptional talent of its students. This success story inspires future generations of teacher trainees, encouraging them to embrace innovation and strive to make a difference in the educational landscape. 50 students participated in the programme.



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PALA

THREE-DAY NATIONAL WORKSHOP

A three-day national workshop titled "Hypotheses Formulation & Testing and Questionnaire Preparation" was held virtually from 28 to 30 January 2022, via Google Meet. The workshop was organized by St. Thomas College of Teacher Education, Pala, in collaboration with LORE & ED Research Associates. Dr. Gilu G. Ettanniyil was the coordinator for the event, Dr. S. Kevin was the resource person. Four members of the faculty participated in the workshop.

The workshop focused on equipping participants with the knowledge and skills necessary for effective research design. It covered topics such as formulating clear and testable hypotheses, selecting appropriate research methods, and constructing well-structured questionnaires. Through lectures, interactive sessions, and hands-on exercises, participants gained an in-depth understanding of these critical research components. This workshop aimed to enhance the research capabilities of educators and researchers, ultimately leading to more robust and impactful studies. Four faculty members took part in the event.

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
NAAC Accredited with A+ grade
Kottayam, Kerala, India - 686 572
in association with
LORE & ED RESEARCH ASSOCIATES
organizes
Three-day National Online Workshop on
**HYPOTHESIS FORMULATION & TESTING, AND
QUESTIONNAIRE PREPARATION**

Dr. S. Kevin
Former Professor & Pro Vice Chancellor
University of Kerala

Dr. S. Kevin has served as Pro Vice Chancellor of the University of Kerala for a four year term from March 2001 to March 2005. He has more than 30 years of teaching service in the University of Kerala as Lecturer, Reader and Professor. He has been teaching students of Commerce and Management Studies for the M.Com. and MBA programmes. He was Chairperson of NAAC peer teams for assessment and accreditation of colleges in Maharashtra, Madhya Pradesh, Tamil Nadu and Karnataka and Chairman of IUCC (Inter University Consultative Committee) sub-committee for revision of examination fees in Universities of Kerala. His areas of specialization are financial management, security analysis and portfolio management, international finance and derivatives.

Topics for Discussion:

- Conducting research effectively
- Hypothesis formulation and testing
- Preparation of a good questionnaire

DATE: 28 - 30 JANUARY 2022
TIME: 07:00 - 09:00 PM

Sessions will be recorded and hosted in the cloud
Certificates will be provided.

COORDINATORS

Dr. Gilu G. Ettanniyil
UGC Librarian
STCTE, Pala

Wafa Michael
Director
Lore & Ed

Dr. T. C. Thankachan
Principal
STCTE, Pala

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**INAUGURATION OF SAMAGRA SAKHSHARA PADHITHI, PALA, PROJECT
OBSERVANCE OF INTERNATIONAL MOTHER TONGUE DAY**

On 21 February, 2022, St. Thomas College of Teacher Education in Pala, India, hosted an event to focus on promoting mother tongue education. The event coincided with International Mother Language Day, highlighting the significance of fostering linguistic diversity.

Smt. N. Suja, the District Deputy Director of Education for Kottayam, inaugurated the program. Rev. Dr. Thomas Moolayil and Mar Jacob Muricken presented the primary proposal for "Samagra Sakhshara Padhithi," an initiative to promote literacy and education in mother tongues. This event signifies the college's commitment to supporting NEP 2020's emphasis on using mother tongue as mediums of instruction, potentially leading to improved learning outcomes and a stronger connection to cultural heritage for students. Ten members of the faculty and 50 students participated in the programme.




 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
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 TEACHER EDUCATION
 PALA

SCIENCE DAY CELEBRATIONS

On 18 February, 2022, St. Thomas College of Teacher Education in Pala, India, commemorated Science Day. The event aimed to foster a love for science among future educators and encourage them to integrate scientific concepts effectively into their classrooms. B.Ed. students actively participated in the celebrations.

The programme held engaging activities like science quizzes, interactive demonstrations, and presentations on current scientific advancements. These activities allowed students to showcase their scientific knowledge and understanding.

Overall, the Science Day at St. Thomas College of Teacher Education was an enriching experience for B.Ed. students. It likely ignited their passion for science and equipped them with valuable tools to inspire future generations of learners. Ten faculty members took part in the programme.



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

GREEN PROTOCOL SAMITHI

Green Protocol Samithi of St. Thomas College is a cell that emphasises maintaining protection of environment with a primary focus on the prevention of the use of disposables and reusable alternatives like glass/stainless/porcelain cutleries. When the Green Protocol is implemented, non-biodegradable waste generation becomes nearly zero. It is where environmentally friendly practices and education combine to promote sustainable and eco-friendly practices on the campus.

The college follows the Green Protocol measures such as avoiding the use of all types of disposables (including plastic and paper) in daily life, always using cups and containers that can be washed and reused, and always avoiding the use of plastic materials, thereby following the government rules in this regard, segregating bio and non-biodegradable waste materials, composting biodegradable at source using simple and appropriate composting devices, keeping the non-biodegradable clean and dry and storing them separately based on the various types, avoiding the 'use and throw' carry bags, always using bags made of eco-friendly materials, using cloth banners instead of flex, using eco-friendly materials like leaves and flowers for decoration and while making bouquets for felicitating guests etc.

St. Thomas College of Teacher Education's Green Protocol Samithi took the initiative to organise a classroom cleaning program on March 8th, 2022. The program saw enthusiastic participation from all students and faculty, who focused on collecting and responsibly disposing of waste. This resulted in a cleaner and more eco-friendly learning environment for everyone. 50 students 10 faculty participated in the programme.



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PALA


WOMEN'S DAY CELEBRATIONS

On 10 March 2022, St. Thomas College of Teacher Education in Pala held a celebratory event in honour of International Women's Day. The program saw participation of 10 teachers and 150 students from D.El.Ed., B.Ed., and M.Ed. sections, fostering a college-wide atmosphere of appreciation for women's achievements and contributions to society.

The celebration incorporated various activities designed to empower and inspire future educators. The students participated in showcasing the talents and achievements of women through performances, presentations, or exhibitions.

This event at St. Thomas College of Teacher Education not only served as a commemoration of International Women's Day but also instilled in future educators the values of gender equality and the importance of empowering women in all walks of life.




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
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MEDIA LITERACY CLASS

On 11 March, 2022, St. Thomas College of Teacher Education in Pala organised a valuable learning experience for its B.Ed. students. Dr Alex George, faculty and Media Literacy Master Trainer, Government of Kerala, conducted a class on media literacy. This initiative highlights the college's commitment to equipping future educators with critical thinking skills in the digital age.

This session focused on equipping students with the tools to navigate the ever-evolving media landscape. He covered topics like identifying different media types, analyzing content for bias and misinformation, and understanding the impact of media on society. Students gained valuable insights into responsible media use and the importance of developing media literacy skills to be effective educators in today's information-rich world.

By hosting this workshop, St. Thomas College proactively prepared its students to become discerning information consumers and effective media educators. This initiative positioned them to empower their future students to critically analyze media messages and engage constructively with the digital world. Fifty students attended the class.



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NIRAKOOT- ADDING COLOURS TO LIFE



Coming together is a beginning. Keeping together is progress. Working together is a success.
- Henry Ford

As part of the B.Ed. Curriculum extension activity, the 2022 batch did a collective thinking on a very distant and unique way of bringing societal changes and named the activity 'Nirakoot 2022'. When the combined effort of the teacher-trainees was creating wonders on the walls of schools, the initiative 'Nirakoot' was gaining wider popularity within and outside the locality. Our extension activity, which started with one school, reached the grounds of more than ten schools. Nirakoot project got credit and recognition from several quarters.

When the global pandemic, COVID-19, locked everyone in their homes, the teacher trainees of St. Thomas College of Teacher Education enjoyed their vacation indulging in the 'Nirakoot' project. Our beloved teachers enthusiastically participated in the project, giving full support and guidance as and when required. To attract students who come to school after their summer vacation, we have filled the walls with cartoon characters, jungle, butterflies, alphabets, etc.

With 'Nirakootu', the students strengthened their companionship and togetherness by engaging in this group activity through this project. The students gained the courage and interest to work for the betterment of society by transforming schools into centres that offer fun learning experiences to children.



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NIRAKOOT DAY 1 – PAINTING THE WALLS OF GOVT.LPS, ARUNAPURAM

The second-year students of St. Thomas College of Teacher Education, Pala, cleaned the school premises, planted a vegetable garden, and painted the walls at LPS Arunapuram on 1 April 2022. The student teachers painted pictures and the letters of the Malayalam alphabet on the school walls, cleaned the school premises, and planted plants and vegetables on the school grounds.

The programme began with a general assembly at nine o'clock in the morning; all the students were present at the school before nine. The staff coordinator, Dr. Alex George, and the student coordinator, Sojo John, gave the necessary instructions.

At 12:15 p.m., all the activities were completed, and everyone gathered in the school for the valedictory function. The meeting was presided over by Shri Shibu Mon George, Headmaster of Arunapuram Government LP School. Rev. Fr. Dr. Thomas Moolayil delivered the keynote address. Dr. T.C. Thankachan, the Principal of STCTE, Pala, honoured Rev. Fr. Dr. Thomas Moolayil during the meeting for his noble efforts in promoting the Malayalam language. College Vice Principal Dr. Beenamma Mathew, IQAC Coordinator Lavina Dominic, Teacher in Charge Dr. Alex George, and Student Coordinators Mr. Sojo John and Ms. Reshma Raju were the other members on the dais. After the meeting, lunch followed. Fr. Thomas Moolayil observed and evaluated the students' work. Eight teachers and 50 students participated in the event.




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NIRAKOOT DAY 2 – PAINTING THE WALLS OF ST. THOMAS LPS PALA

Following the great success of Nirakoot 2022, the extension program for second-year teacher trainees, it was decided by the students and staff of the college to further the initiative by taking up other schools as part of the project. The program's scope was limited to decorating the walls of the schools by painting interesting pictures and content relevant to the primary school curriculum. The second day of 'Nirakoot 2022' was April 4, 2022, at our institution's model school, St. Thomas HSS Pala. Sojo John, Lakshmi S, and Sneha Jayakumar were the student coordinators of the programme.

A total of 21 student teachers and 2 faculty participated in the programme. All of the participants were present at the school campus before 9 a.m. The students were then divided into two groups, for it was decided beforehand that two pictures would be drawn considering the dimensions of the walls. The two pictures that were planned to be drawn were of an aquarium and a small train. The pictures were envisioned in such a way that the walls should be more appealing to the eyes of both the students and the general public. The students started to draw the outline of pictures after 9:30 am. At 4.30 p.m, all the activities were completed.

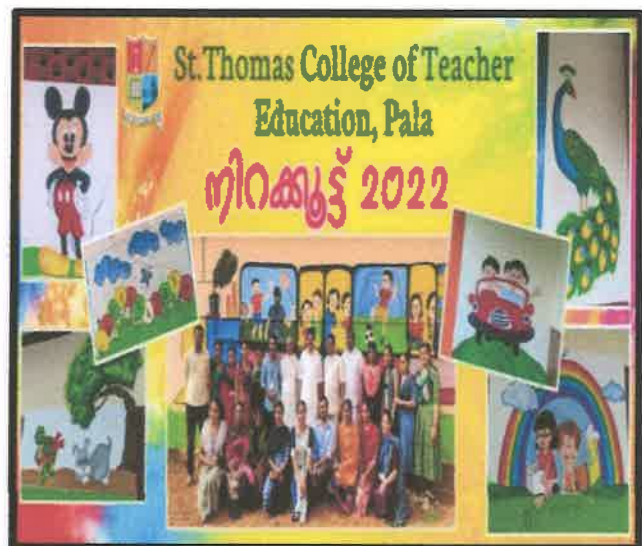


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NIRAKOOT DAY 3 – PAINTING THE WALLS OF ST. THOMAS HSS PALA

Day three of Nirakoot was held on April 19, 2022 at Pala St. Thomas HSS, the model school of St. Thomas College of Teacher Education, as a continuation of the work done on 4/4/2022. A brief meeting was held at 9:30 am to formally begin the programme. Dr. Alex George Kavukatt, staff coordinator, George Kutty Jacob, the Headmaster of the school addressed the gathering. After the meeting the student teachers directly began the work. 17 walls were painted on and besides regular pictures, some of them dealt with topics regarding the school syllabus. Each team finished their assigned task by 1.30 p.m and lunch were served.

At 2 p.m there was a valedictory function which was presided over by Mr. Anto Jose Padinjarekara, the Municipal Chairman of Pala. Dr. T.C. Thankachan, Principal; George Kutty Jacob, Headmaster of the School; Rev. Dr. Thomas Moolayil, Initiator of the Primary Level Comprehensive Literacy Project; Mrs. Biji Jojo, Municipal Ward Councillor; Dr. Alex George, Program Coordinator were present at the meeting. 18 student sand 2 faculty participated in the event.



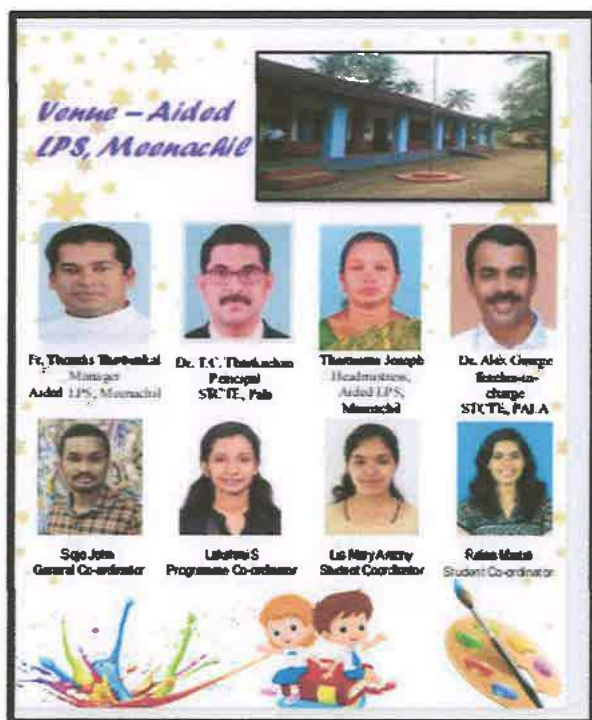
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NIRAKOOT DAY 4- PAINTING THE WALLS OF AIDED LPS MEENACHIL

On 21st April 2022, the fourth edition of Nirakoot was held at Meenachil Aided L.P. School. A small meeting was held at the school courtyard to mark the beginning of the programme. Our college principal Dr. T.C Thankachan; the teacher-in-charge, Dr. Alex George; the school Manager, Fr. Thomas Thottunkal; and school headmistress, Tharamma Joseph addressed the gathering.

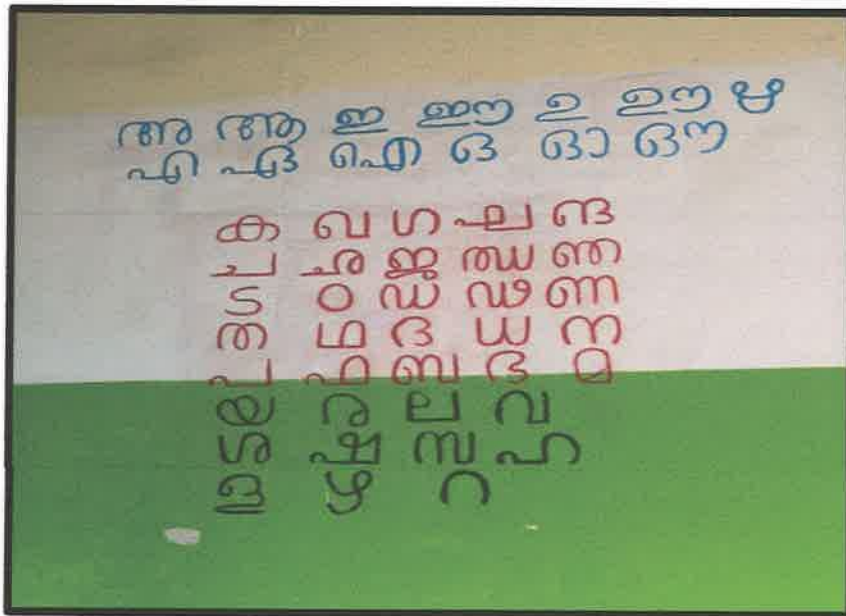
Around 10:15 a.m, all the outlines for the pictures were clearly drawn and the students started to paint the pictures. Each picture was assigned to a group of two or three students. At 11:30 a.m students had a tea break and at 1:00 p.m. we had our lunch. The Auxiliary Bishop of the Syro-Malabar Catholic Eparchy of Palai, Mar Jacob Muricken, had blessed the programme with his esteemed presence and appreciated the students for their good will and talented artworks.

An official meeting was held at 2:00 PM and Sri. Ranjeeth G, Panchayat President of Mutholy chaired the meeting. Sri. Josemon Mundackal, District Panchayat Member; Smt. Manju Vijayan, Meenachil Grama Panchayat Ward Member; Rev. Dr. Thomas Moolayil, Project advisor - Nirakoot 2022, and others from both the college and the school attended the meeting. The dignitaries wholeheartedly appreciated our initiative and extended their full support in our future endeavours. By around 5 p.m., the walls of Meenachil L.P school were gleaming with alluring pictures and dashing colours. 15 students and 2 faculty participate in it.



NIRAKOOT DAY 5- PAINTING THE WALLS OF ST. SEBASTIANS LPS PATHAZHA

On 25th April 2022, the fourth edition of Nirakoot was held at Meenachil Aided L.P. School. All the volunteers arrived at the school before 9 a.m. 15 students and 2 faculty were present. A small meeting was held at the school courtyard to mark the beginning of the programme. Our college principal Dr. T.C Thankachan; the teacher-in-charge, Dr. Alex George; the school Manager, Fr. Michael Narikkatt addressed the gathering and inaugurated the programme. By around 4 p.m., the programme was completed.



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NIRAKOOT DAY 6– PAINTING THE WALLS OF ST. LITTLE THRESIA'S LP SCHOOL BHARANANGANAM

On April 29, 2022, Day 6 of Nirakoot 2022 was held at St. Little Thresia's LP School Bharananganam. Ashmi Maria John and Navya mol K.R were the student coordinators for the day. They along with the Nirakoot core committee led the programme.

A brief meeting held at 9:30 a.m. marked the beginning of the programme. Dr. Alex George and Sr. Shiny Joseph, the Headmistress of the school addressed the gathering. The students then proceeded to paint the walls assigned to them, after turning into groups of two or three. There were two breaks and regular refreshments to ensure that the work was not too tiring for the students. The media team from 24 News came to report on our efforts and the report was duly aired later. The students painted 12 walls with a variety of pictures and many of them were about topics of relevance to the primary school curriculum. A total of 21 students and 2 faculty participated in the programme.

At 3 p.m. a valedictory function was held and Sri. Mani C Kappen MLA inaugurated the same. Sri Rajesh Valliplackal, District Panchayath Member; Rev. Dr. Thomas Moolayil, Initiator of the Primary Level Comprehensive Literacy Project; Sri. Chacko; Fr. Vadakkekara; Mr Tony, Member of Panchayat; Dr. T.C. Thankachan, College Principal; Dr. Alex George, Program Coordinator; and Sr. Shiny, Headmistress of the School were present at the meeting.



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NIRAKOOT DAY 7- PAINTING THE WALLS OF GOVT. LPS THALAPULAM

The seventh day of Nirakoot 2022 was held at Govt. H.W.L.P School on May 07, 2022. Ms. Jyothylakshmi K.R was the Student Coordinator for the day. A brief meeting was held at 12.30 pm to initiate the programme. Smt. Anupama Vishwanadh, Thalappalam Grama Panchayat President inaugurated the function. Sheeja P.S, Panchayat Secretary; Sri. Biju K.K, Education standing committee chairman; Chithra Saji and Suresh P.K, Ward members; and Rev. Fr. Thomas Moolayil spoke on the occasion. Dr T.C. Thankachan, Principal of STCTE Pala; Dr Alex George, Teacher in-charge; Smt. Gracy V. Benjamine, Headmistress of the school; Sri. Sajeev Philip; and Shri. Jayakrishnan P.R, P.T.A president, were present at the meeting

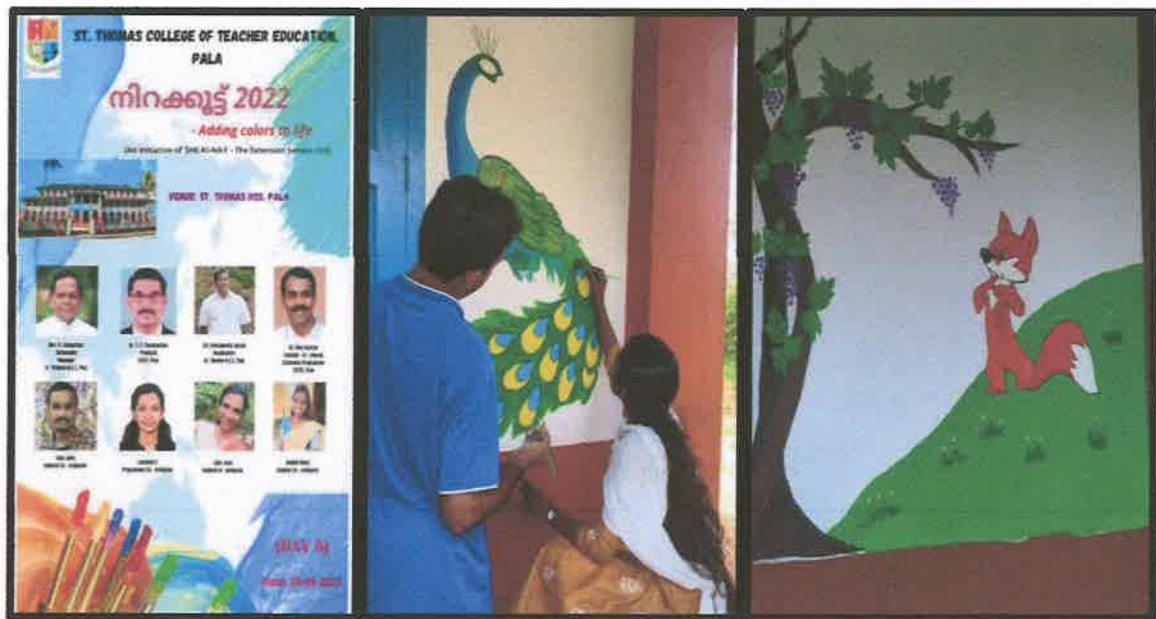
The students then proceeded to paint their assigned walls, turning into a group of two or three. Breaks and refreshments were arranged in between so that the students would not have any difficulty. Students painted 14 walls of the school with suitable pictures that depicted various topics, such as giving importance to reading, drama, music, cartoons, science, and maths. In addition to these, other pictures were also painted to improve the ambience of the school. Two faculty and 11 students participated in the programme. The media team from Drishya News came to the school to report on our activities.



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NIRAKOOT DAY 8- PAINTING THE WALLS OF ST. THOMAS HSS PALA

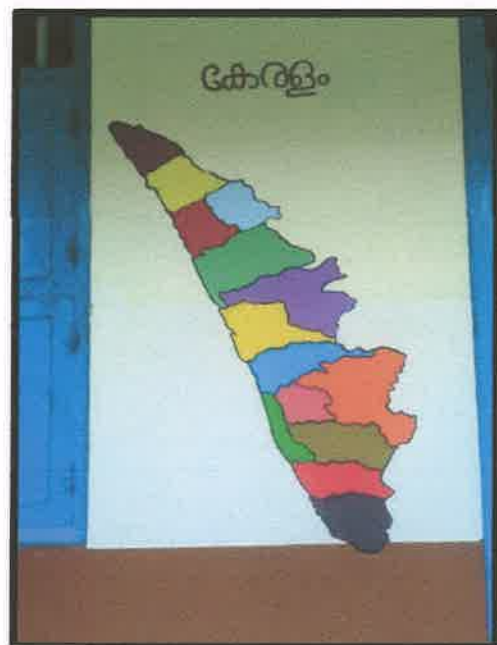
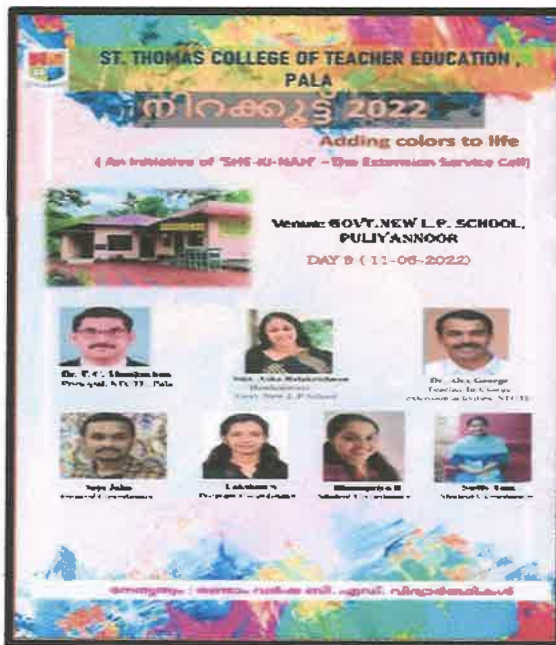
Day 8 of the beneficent venture Nirakoot 2022 was held on 8th may 2022 at St. Thomas Higher Secondary School, Pala. It was the third day of our activities at St. Thomas school. Ambily Mani and Jaicy Jose were the student coordinators for the day. We were honoured by the presence of Shri. Roshi Augustine, Minister of Water Resources at the school. A brief meeting was held at 9.00 a.m. chaired by Dr. T. C. Thankachan, Principal of St. Thomas college of Teacher Education, Pala. Minister Sri. Roshi Augustine spoke in praise of the students who participated in Nirakoot 2022 in the meeting. Rev. Fr. Thomas Moolayil, Georgekutty Jacob, and Dr. Alex George also addressed the meeting. Student representative Ms. Sneha Jayakumar spoke about the objectives of Nirakoot 2022 and requested the minister for a small token of appreciation for our activities in the meeting. A total of 19 students and 2 faculty participated in the programme.



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NIRAKOOT DAY 9 - PAINTING THE WALLS OF GOVT. NEW LPS PULIYANNOOR

Day 9 of the beneficent venture Nirakoot 2022 was held on 11th May 2022 at Govt. New LPS Puliyanloor. Bhanupriya R. and Steffy Tom were the student coordinators for the day. We were honoured by the presence of Shri. Roshi Augustine, Minister of Water Resources at the school. The activities started at 9.00 a.m. The students were divided into 3 groups. At 11.00 am, a brief meeting was held, and it was chaired by Sri.Ranjeet G., Mutholy Gramapanchayath President. Sri. Mani C.Kappen MLA visited the school premises and appreciated the students. A total of 12 students and 2 faculty participated in the programme.





 DR. BEENAMMA MATHEW

 PRINCIPAL

 ST. THOMAS COLLEGE OF

 TEACHER EDUCATION

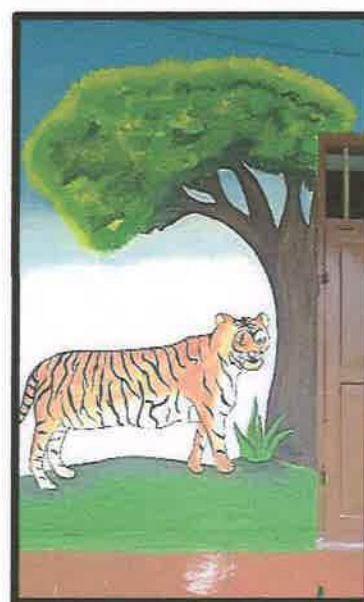
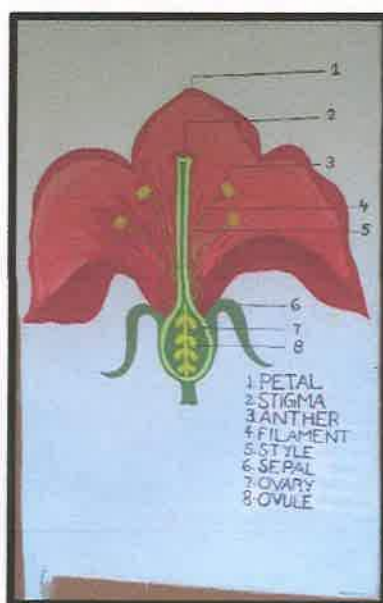
 PALA

NIRAKOOT DAY 10- PAINTING THE WALLS OF KALLIVAYALIL PAPPAN MEMORIAL PUBLIC-SCHOOL MAKAYAM EAST

The 10th day of Nirakoot 2022 was held on 14 May 2022 at Kallivayalil Pappan Memorial Public School, Mundakayam East. Nevil George and Riya Rose Johns were the students' coordinators for the day, along with the general coordinator Sojo John and programme co-ordinator Lakshmi S. The school had arranged their bus for the commutation of the student teachers to the school. The bus started its journey from the college at 8:00 a.m., reaching the destination by 9:15 a.m

After having breakfast at the school, the programme officially started at 9:30 a.m. The School Principal, Mr. Shins Mathew officially welcomed the team to the school and Fr. Varghese Pulikan, the School Director felicitated the team. Dr. Alex George, Teacher-in-Charge of the Extension Programme gave the guidelines and the team directly started the work.

Taking into consideration the class to be painted and the area available in each of the walls, the pictures were finalised. Students started working in groups on the pictures. The magic of teamwork and cooperation was visible on each of the walls. The hard work and commitment of the teacher trainees turned the prosaic walls into mesmerising creative works of art. The trainees had their lunch at 1:30 p.m and afterwards continued with their work. The teachers and students of the school who visited in between were enthusiastic to see the visual treat made for them. A local news channel came to cover the artistic work of the teacher trainees. 20 students and 2 faculty members participated in it.



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NIRAKOOT DAY 11- PAINTING THE WALLS OF ST. MATHEWS UPS ELIKULAM

The venue for the 11th day of Nirakoot 2022, which was conducted on 18-05-2022, was St. Mathew's U.P.S, Elikulam. Along with the General coordinator, Sojo John and Programme coordinator, Lakshmi S, the Student coordinators for the day were Annumol Joji and Agiemol Salas

A team of 11 members, along with Dr. T. C Thankachan, our principal reached the school on 17-05-2022 for planning the pictures to be drawn and to sketch the outlines of the same. Smt. Ancy Joseph, Headmistress, welcomed the team to the school. After discussing with the HM, we decided on the pictures and gave outlines and went on to complete some of the pictures. Snacks and meals were provided for us. By 4 p.m., we returned to our homes.

On 18-05-2022, a team of 18 reached the school along with Dr. Alex George, Teacher-in-charge for the Extension Programme. Among the students, three of them, Nevil George, Annumol Joji and Steffy Tom were selected as the resource persons for the forenoon session of the Enrichment Programme which was conducted for the students of St. Mathew's U.P.S, Elikulam.



Prof. Dr. *Beeamma Mathew*
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**NIRAKOOT DAY 12- PAINTING THE WALLS OF ST. JOSEPH'S UPS
VELLILAPPILLY**

The venue for the 12th day of Nirakoot 2022 (25-05-2022) was St. Joseph's U.P.S, Vellilappilly. The programme was led by the General Co-ordinator, Sojo John and Programme Co-ordinator, Lakshmi S. The Student Co-ordinators were Meera V.S and Mariya Mathew. A team of 18 members, reached the school on 25-05-2022 at 9:30 am along with Dr. Alex George, Teacher-in-charge, Extension Programme. Sr. Mercy Sebastian, Headmistress, welcomed the students to the school. After discussing with the HM, the team decided the pictures and started drawing at 10 O'clock. Snacks and meals were provided for the students. The official meeting was conducted in the afternoon

The frame release of Nirakoot 2022 was held at this occasion in the presence of Rev. Dr. Thomas Moolayil, Joseph K.K (Ramapuram A.E.O), B.P.C Ashoka G, HM of the school Sr. Mercy Sebastian, staff secretary Joby Joseph. By 4:30 pm, the team returned to their homes. All the precious moments were captured by the news channel 1 4 U. At 5 pm, Nirakoot team members got the opportunity to meet with Sri. Thomas Chazhikkadan (Member of Parliament, Kottayam). The frame release was also done by him. Then he appreciated the initiative and gave the promise to give a certificate of excellence for students and to visit our future Nirakoot venue.

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
നിറക്കൂട്ട് 2022
 Adding colours to life
 An initiative of SHE-KI-NAH-The Extension Services Cell
 Venue- St. Joseph's U.P. School, Vellilappilly

 Rev. Fr. George Varghese Njarakkunel School Manager	 Sr. Mercy Sebastian Headmistress St. Joseph's U.P. School, Vellilappilly	 Dr. T. C. Thankachan Principal STCTE Pala
 Dr. Alex George Teacher -in- charge Extension Programme STCTE Pala	 Sojo John General Co-ordinator STCTE Pala	 Lakshmi S Programme co-ordinator STCTE Pala
 Meera V. S Student Co-ordinator STCTE Pala	 Mariya Mathew Student Co-ordinator STCTE Pala	Day 12 Date : 25/05/2022 (9.30 am - 4.30 pm)



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NIRAKOOT DAY 13- PAINTING THE WALLS OF ST. THOMAS LPS VELATHUSSERRY

The 13th day of Nirakoot 2022 was held on 30th May 2022 at St. Thomas L.P. School, Velathussery. Tima Mathew and Harikrishnan V, were the student co-ordinators along with the general co-ordinator Sojo John and programme co-ordinator Lakshmi.S. This was indeed the first activity of the student-teachers' five-day community living camp called Punarjeni 2022. The school arranged their school bus from the college and Team Nirakoot started the journey at 11 a.m. and reached the destination by 01 p.m. After having lunch at the school, the programme got officially started by 01:30 p.m. The school Headmaster Mr. Michael Joseph officially welcomed the team to the school and Fr. Joseph Mecheril, School Manager felicitated the team. Dr. Alex George, teacher-in-charge of the extension programme provided the guidelines and the team got involved in their creative work.

The teachers, students, ward member and other well-wishers of the school who visited in between were exhilarated to enjoy the visual treat made for them. The school headmaster Mr. Michael Joseph and school manager Fr. Joseph Mecheril shared their feedback about the creative work of the teacher trainees and rendered their wishes for the success of future endeavours of the team Nirakoot. English alphabets, VIBGYOR worm, cute elephant, looney toons, Donald Duck, Indian peacock, honey bee with balloons, garden, giant tree with months etc., were few among the pictures that enriched the walls of the school. The teacher trainees completed their final touch up of the paintings by 06:30 p.m. and gathered in front of the school. The school once again conveyed their gratitude to the team Nirakoot and the team headed towards St. Antonys H.S. Vellikulam for their stay at night. It was with scrumptious pleasure and warm fuzzies that the students expressed their reflections on that day about Nirakoot.



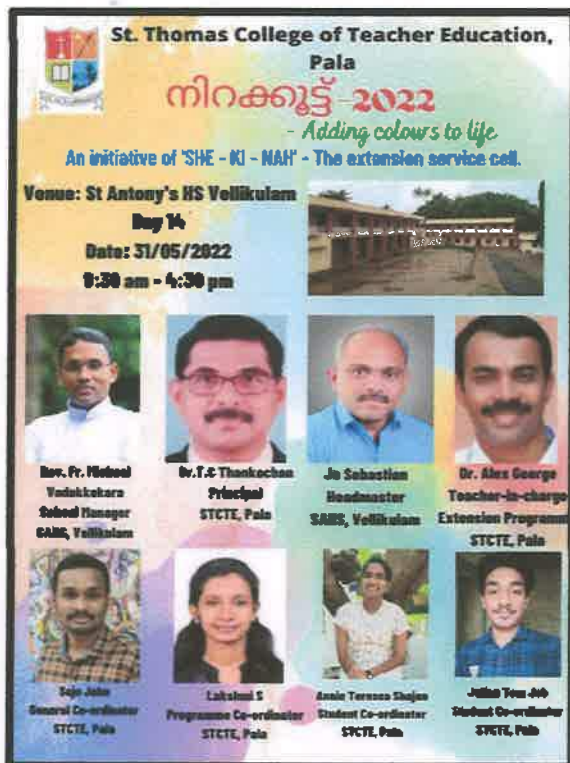

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NIRAKOOT 14 – PAINTING THE WALLS OF ST. ANTONYS HS VELLIKULAM

The 14th edition of Nirakoot was conducted at St. Michael's school, Vellikulam, near the scenic Vagamon. It was the first residential programme of Nirakkootu, where the students had to work two days to complete the assigned task. This programme, together with the Nirakkootu activity in St. Thomas LP school Mavady were conducted as part of the B.Ed. community Living Camp for second-year students.

The students began their journey to Vellikulam on 30 May 2022, at around 12.00 pm, using the school buses provided by the Vellikulam school. After about one hour, we reached the school and placed our belongings in the classrooms that were provided for us to stay the night. After lunch, the students began the work directly. Sketches were drawn in the L.P. school block, K.G. block, and on a common washroom complex. A total of 26 students participated in the venture.

The programme on 31/5/ 2022 started after breakfast and completed the work by 12.30 pm. The valedictory meeting was blessed by the presence of Grama Panchayath, the president.



St. Thomas College of Teacher Education, Pala
നീറകൂട്ട്-2022
- Adding colours to life
An initiative of 'SHE - KI - NAI' - The extension service cell.
Venue: St. Antony's HS Vellikulam
Day 14
Date: 31/05/2022
9:30 am - 4:30 pm

Rev. Fr. Michael
Vadakkakara
School Manager
SABM, Vellikulam

Fr. T.C. Thankoan
Principal
STCTE, Pala

Fr. Sebastian
Headmaster
SANS, Vellikulam

Fr. Alex George
Teacher-in-charge
STCTE, Pala


Raju John
General Co-ordinator
STCTE, Pala

Lakshmi S
Programme Co-ordinator
STCTE, Pala

Annie Teresa Shajan
Student Co-ordinator
STCTE, Pala

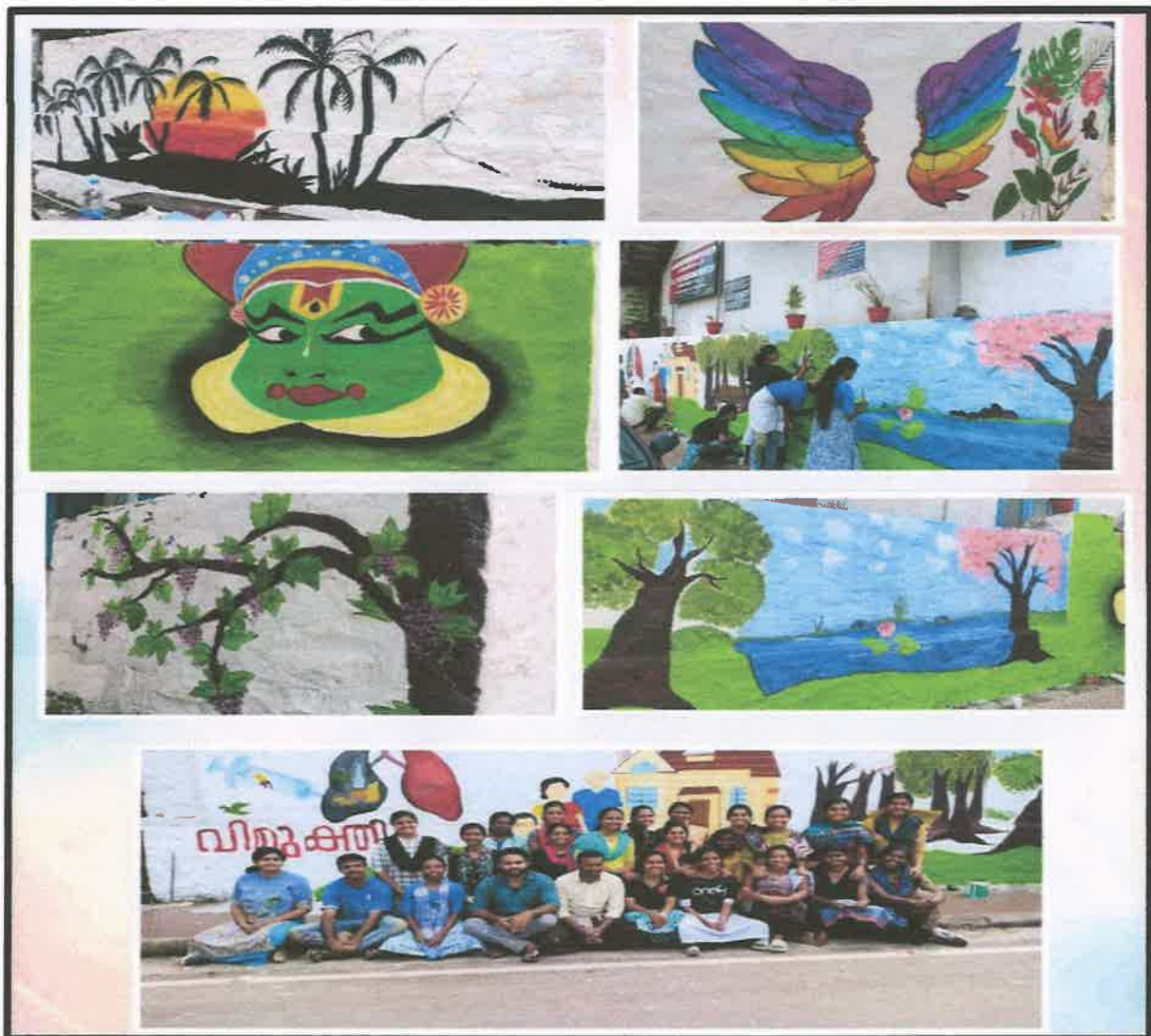
Johny Peter
Student Co-ordinator
STCTE, Pala




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NIRAKOOT 15 – PAINTING THE WALLS OF THE EXCISE RANGE OFFICE, PALA

The 15th edition of Nirakoot was a totally new experience for the students, as for the first time the programme went out of its usual way of painting schools to painting an open space subject to public observation. The students embellished the outer walls of the Excise Range Office, Pala after the Excise officials formally requested the college for the same. The officers were very impressed with our previous works, which they went to see in person. Hence it was decided to do the necessary and the last day of our Community Living Camp was to be the occasion for it. Several dignitaries visited the site and expressed their appreciation. Media personnel from different agencies were also a recurring presence at the location. 20 students participated in the event.



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ST. THOMAS COLLEGE OF
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REPORT ON DIVERSITIES IN THE SCHOOL SYSTEM

On March 31, 2022, the IQAC of St. Thomas College of Teacher Education, Pala, conducted a program titled "Diversities in School System" in the college seminar hall at 10 am. This initiative aimed to familiarize teacher trainees with the rich tapestry of educational systems across India and beyond. The program featured interactive sessions with two educators representing distinct school systems. Mr. Benny George, Principal of Sanjos Public School, Choondacherry, shared his expertise on the Indian education system, likely delving into topics like the CBSE or state board structures. Complementing this perspective, Mrs. Chinchu Anthony, a teacher from Addu High School in the Maldives, offered insights into the unique educational landscape of her island nation. This exposure to diverse approaches to education equips future teachers with the adaptability and knowledge to effectively navigate classrooms that encompass a variety of backgrounds and learning styles.

The IQAC of St. Thomas College of Teacher Education, Pala, hosted a virtual program titled "Diversities in School System" on March 31, 2022, at 6 pm via Google Meet. This session aimed to equip teacher trainees with a broader understanding of the varied educational systems in India. The program featured interactions with representatives from St. Jude's Convent School, Nakodar, Punjab. Sr. Divya F.C.C., the school's Principal, likely shed light on the administrative structure and approach followed by the institution. Complementing this perspective, Ms. Mansi Chhabra, a teacher at the school, could have provided firsthand experience on curriculum implementation and classroom dynamics within their specific context. This exposure to diverse practices within the Indian education system helps prepare future teachers to be adaptable and effective educators in a multicultural classroom environment. 50 students and 10 faculty participated in the event.

St. Thomas College of Teacher Education, Pala
IQAC

Diversities in School System

Objective: To familiarise teacher trainees with the diversity in school systems in India and abroad

31 March 2022
10 am

RESOURCE PERSONS

Venue: Seminar Hall

Benny George
Principal,
Sanjos Public School,
Choondacherry.

Chinchu Anthony
Teacher in Addu High
School, Republic of
Maldives.

Dr. Lavina Dominic
IQAC Coordinator

St. Thomas College of Teacher Education, Pala
IQAC

Diversities in School Systems

Objective: To familiarise teacher trainees with the diversity in school systems in India and abroad

31 March 2022
6 pm

RESOURCE PERSONS

Venue: Google Meet

Sr. Divya F.C.C.
Principal of St. Jude's
Convent School, Nakodar

Mansi Chhabra
St. Jude's Convent School,
Nakodar

Dr. Lavina Dominic
IQAC Coordinator

Prof. Dr. BEENADOMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

EK BHARAT SHRESHTHA BHARAT (EBSB)

ACTIVITY 1

YOU TUBE ON NATIONAL EDUCATION POLICY 2022

National Education Policy 2020 is the first education policy of the 21st century and aims to address the many growing developmental imperatives of our country. The EBSB club of St. Thomas College of Teacher Education, Pala, prepared a video on 6th June 2021, highlighting the revamping of the educational structure from the lower level to the higher level. This initiative was done by the students of commerce education of 2020-2022 batch.

By discussing the NEP on platforms like YouTube, students are not only sharing their views but also educating their peers about the policy's implications. The initiative of creating YouTube content around the NEP has empowered students to voice their opinions, engage with educational reforms, and contribute to a collective understanding of the policy's impact.

<https://www.youtube.com/watch?v=xzzhZh1G1Wo&t=40s>

ACTIVITY 2

FLIP MAGAZINE

As part of the EBSB club activity for August 2021, students from the B.Ed. Senior Social Science option prepared a digital flip magazine showcasing the works of Raja Ravi Varma, renowned as the 'Father of Modern Indian Art.' This magazine includes a brief history of Raja Ravi Varma and features some of his most famous paintings, highlighting his significant contributions to Indian art and culture.


<https://www.flipsnack.com/79FDCB5569B/st-thomas-college-of-teacher-education-palai.html>

ACTIVITY 3

SCIENCE AND TECHNOLOGY INSTITUTES IN KERALA

Kerala, the Indian state with the highest literacy rate, is home to the most reputed institutes for higher education in the country. The first year B. Ed. Physical Science Education students (2020-2022) created a video showcasing the prestigious institutions of higher learning in Kerala. The vision, mission, objectives and other aspects of these temples of learning were included in the video and it was uploaded on the official YouTube channel of the club on 30 September 2021.




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ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

KOTTAYAM (Dist), KERALA - 686 575

Phone No: 04822-216537, 297937; Fax No: 0482-216537

e-mail - stcepala@gmail.com


website: <http://stcte.ac.in>



INTERNAL QUALITY ASSURANCE CELL (IQAC)

ANNUAL REPORT (2020-2021)




Prof. Dr. BEENAMMA MATHEW
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ST. THOMAS COLLEGE OF
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PALA

IQAC PROFILE


IQAC COMMENCEMENT	17 / 03 / 2004
IQAC	The Internal Quality Assurance Cell (IQAC) at St. Thomas College of Teacher Education, Pala, was set on 17 / 03 / 2004 which helps to enhance the quality and standards of education offered by the institution. The IQAC is an integral part of the college's commitment to continuous improvement, and it functions as a facilitator for the institution's academic and administrative excellence.
OBJECTIVES	<p><i>The primary objectives of the IQAC at St. Thomas College of Teacher Education, Pala, are as follows:</i></p> <ul style="list-style-type: none"> ✦ <i>To develop and promote a quality culture amongst all stakeholders of the institution</i> ✦ <i>To ensure the maintenance of academic standards in teaching, research, and extension activities</i> ✦ <i>To facilitate the implementation of best practices in various aspects of the institution's functioning</i> ✦ <i>To foster a learner-centric environment that encourages holistic development and overall well-being</i> ✦ <i>To encourage faculty and staff development and motivate them for continuous improvement</i> ✦ <i>To establish a feedback mechanism to monitor and evaluate various processes and take necessary actions for improvement</i>
STRATEGIES	<p><i>To achieve its objectives, the IQAC follows the following strategies:</i></p> <ul style="list-style-type: none"> ✦ <i>Formulating and implementing quality benchmarks for various academic and administrative activities</i>




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- *Conducting regular meetings and workshops to sensitise faculty, staff, and students about quality enhancement measures*
- *Organising training programs for faculty to enhance their teaching and research capabilities*
- *Monitoring and evaluating academic and administrative processes through periodic internal audits*
- *Collecting feedback from various stakeholders, including students, parents, alumni, and employers, to assess the college's performance*
- *Encouraging research and publication activities among faculty members and students*
- *Collaborating with other institutions and agencies to share best practices and promote mutual learning*




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COMPOSITION OF THE IOAC (2020 -2021)

A. CHAIRPERSON

1. Dr. TC Thankachan , Associate Professor, Principal

B. SENIOR ADMINISTRATIVE OFFICER

2. Sr. Mini Thomas, Head Accountant

C. TEACHING FACULTY REPRESENTATIVES

3. Dr. Sr. Beenamma Mathew, Associate Professor, Vice-Principal
4. Dr. TM Mollykutty, Associate Professor, HoD, M.Ed.
5. Dr. Sr. Mary Thomas, Associate Professor, B.Ed. Dept.
6. Dr. P.P. Shajimon, Associate Professor, B.Ed. Dept

D. MEMBER FROM THE MANAGEMENT

7. Rev. Dr. Jose Kakkallil, Chancellor, Diocese of Palai
8. Prof. Jose P Mattam, Member , Governing Body

E. MEMBER FROM THE LOCAL SOCIETY

9. Smt. Biji Jojo, Municipal Councilor

F. NOMINEE FROM THE STUDENT COMMUNITY

10. Mr. Jestin Joy, B.Ed. Student

G. NOMINEES FROM THE INDUSTRY/ EMPLOYERS/STAKEHOLDERS/ALUMNI/PTA

11. Sri. Jose Mamparambil, Chairman , Mamparambil Group of Companies, Pala
12. Sri. Soy Thomas , PTA , Vice-President
13. Rev. Fr. Berchmans Kunnumpuram , Secretary, Corporate Educational Agency, Diocese of Pala
14. Sri. P. Krishnakumar President, Alumni
15. Sri. George Kutty Jacob , HM Model School – Representative of Cooperating Schools

H. CO-ORDINATOR OF IQAC

16. Dr. Lavina Dominic, Assistant Professor, B.Ed. Dept.



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PRINCIPAL
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PALA



ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

KOTTAYAM (DT.)-686575, KERALA, INDIA

Re-accredited at A Grade by NAAC

Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India

e-mail: stcepala@gmail.com | Website: stce.ac.in

STRATEGIC PLAN OF ACTION AND OUTCOMES (2020-2021)



Strategic Plans

Sign MOU with educational institutions of academic excellence

Professional updating of faculty and staff

Build linkage with society - Foster social sensitivity and responsibility among students- help the local agrarian society- upliftment of rural women

Initiate Value- Added Courses- Start more Value-Added Courses to meet the needs of the changing times

Outcomes

- ➔ MOU was signed with St. Joseph's College of Education, Mysuru, and Yuvaskhetra Institute of Management Studies (YIMS), Palakad
- ➔ On 18/08/2020 - A webinar on "Gender sensitisation and social justice" was jointly organized by St. Thomas college of Teacher education, Pala (IQAC) and St. Joseph's College of Education, Mysuru (Women's cell)
- ➔ 27/08/2020 - Webinar on National education policy 2020- IQAC of St. Thomas college of teacher education, Pala
- ➔ An orientation programme on 'Fixation of Pay - Revised UGC Scheme, 2016' and a training programme on 'Implementation of LMS and MIS in Colleges' for the faculty and Staff were organised.
- ➔ 17/12/2020 - Training programme for faculty and staff - 'Income Tax Calculation' Dr. Pratheesh Abraham, Asst. Professor, took a class on 'Calculation of Income-tax using Excel soft ware' for members of the faculty and staff. The class was very informative and useful to the members of the staff.
- ➔ The extension wing of the college in collaboration with Archana Women's Centre (NGO), Ettumanoor, initiated a year long webinar series, 'Jagratha' for the rural women.
- ➔ Conducted a webinar on Integral farming in collaboration with Pala Social Welfare Society (PSWS)
- ➔ The college initiated a counselling programme 'SPARSHAM' for students and parents of the local schools (in the wake of the COVID pandemic)
- ➔ Two new Value-added courses were initiated - Online Assessment Tools and Media Literacy to keep abreast with the digital era



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Pooling resources – Utilise the rich human resource - experience and knowledge of the retired faculty, staff and alumni

- • The college in collaboration with its Alumni association conducted online NET, SET, KTET coaching classes, quiz competitions for high school students.
- The PTA contributed financial support to needy students. Financial support for college journal publication - Financial support for Value Added Courses

Improve infrastructural facilities - The institution plans to improve its infrastructure with the help of RUSA funds.


- The untiled sections, classrooms of the college building were tiled, and a ramp was built.




Prof. Dr. BEENAMMA MATHEW
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Report of the IQAC Quality Initiatives 2020- 2021




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
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MoU WITH ST. JOSEPH'S COLLEGE OF EDUCATION, MYSURU


On 1st June 2020, the Principals of St. Thomas College of Teacher Education, Pala and St. Joseph's College of Education, Mysuru, signed a Memorandum of Understanding (MoU). The three-year collaboration was in place. The collaboration aimed to improve faculty development and student learning

WEBINAR ON 'GENDER SENSITISATION AND SOCIAL JUSTICE' IN COLLABORATION WITH ST. JOSEPH'S COLLEGE OF EDUCATION MYSURU (MOU INSTITUTION)

The webinar "Gender Sensitisation and Social Justice" was jointly organised by the Women's Cell and IQAC of St. Thomas College of Teacher Education, Pala and St. Joseph's College of Education, Mysuru. The webinar was conducted on 18th August 2020, through the platform of Google meet. The meeting began at 9:30 a.m., with a prayer song and it was followed by the welcome address of Rev. Dr. Sr. Beenamma Mathew, the Principal of St. Thomas College of Teacher Education, Pala. Dr. Priya Mathew, the Principal of St. Joseph's College of Education, Mysuru, felicitated the webinar session. The meeting was blessed with the informative and very enriching talks of the two eminent educators, Prof. Shalom Sannutha, Assistant Professor of St. Joseph's College of Education, Mysuru and Dr. T.C. Thankachan, Associate Professor of St. Thomas College of Teacher Education, Pala. The webinar was attended by 16 members of the faculty and 49 students.

Prof. Shalom Sannutha vividly portrayed the discriminations and inequalities faced by women. Dr. T.C. Thankachan, emphasized that discriminations based on gender, is not merely a gender issue, but also a violation of human rights and a moral issue.




Prof. Dr. BEENAMMA MATHIEW
PRINCIPAL
ST. THOMAS COLLEGE OF
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PALA

EQUAL



WHERE IT MATTERS

RESOURCE PERSONS

1. Dr. T.C. THANKACHAN
ASSOCIATE PROFESSOR,
ST. THOMAS COLLEGE OF
TEACHER EDUCATION, PALA

2. Mrs. SHALOM SANNUTHA
ASSISTANT PROFESSOR,
ST. JOSEPH'S COLLEGE OF
EDUCATION, MYSURU

CONTACT :
04822-216537,
STCTE, Pala.

0821-2511992,
SJCE, Mysuru.

The Women's Cell & IQAC of

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
(Recognised with NAAC 'A' grade, Affiliated to Mahatma Gandhi University, Kottayam)

AND

ST. JOSEPH'S COLLEGE OF EDUCATION, MYSURU
(Accredited by NAAC, Affiliated to University of Mysore)

Jointly organise a WEBINAR on

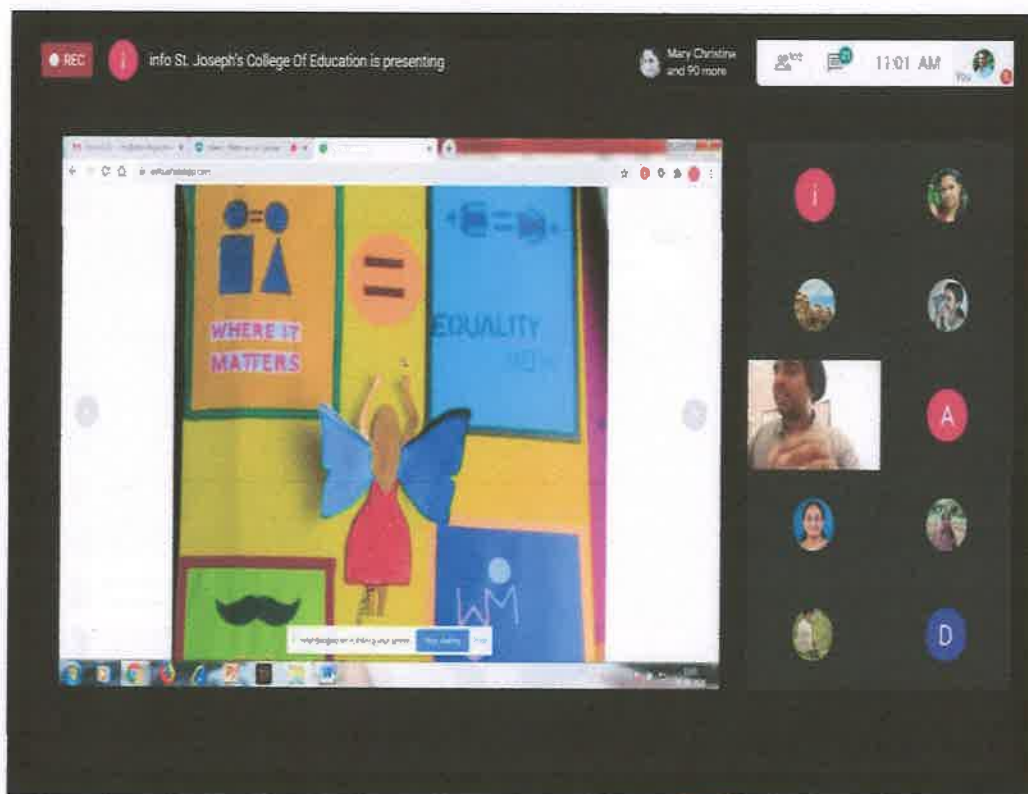
**GENDER SENSITISATION
AND SOCIAL JUSTICE**

DATE: 16 AUG 2023
TIME: 9:30 AM

PLATFORM : GOOGLE MEET

ORGANISING COMMITTEE

<p>Dr. S. Beenamma Mathew (Principal, STCTE, Pala)</p> <p>Dr. Lopez Dominic (IQAC Co-ordinator, STCTE, Pala)</p> <p>Dr. Sanku Austin (Co-ordinator, Women's Cell, STCTE, Pala)</p> <p>Ms. Blessy Chackran (In-charge, Women's Cell, STCTE, Pala)</p>	<p>Dr. Prigo Mathew (Principal, SJCE, Mysuru)</p> <p>Mrs. Jalega P. Parthosa (IQAC Co-ordinator, SJCE, Mysuru)</p> <p>Mrs. Anna Jaya Shalee (Co-ordinator, Women's Cell, SJCE, Mysuru)</p> <p>Mr. Sannath Sathman (Co-ordinator, SJCE, Mysuru)</p>
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Beena
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WEBINAR ON NATIONAL EDUCATION POLICY 2020: CHALLENGES AND CONCERNS

The IQAC organised a webinar on National Education Policy 2020: Challenges and Concerns on 27 August 2020 at 2.00 PM through Google Meet. Dr. T. C. Thankachan, Associate Professor, St. Thomas College of Teacher Education, Pala was the resource person for the programme.

The core of the programme was to recognise the highlights and challenges of National Education Policy 2020 in transforming Indian educational system. Dr. Sr. Beenamma Mathew, the Principal of St. Thomas College of Teacher Education, Pala delivered the welcome address. Dr. Shajimon P. P., Assistant Professor, St. Thomas College of Teacher Education, Pala, and coordinator of the webinar introduced the theme. The webinar was attended by 16 members of the faculty and 49 students. A successful participation was ensured, and discussion was about future of teacher education in India. The queries of the participants were clarified and discussed accordingly. The meeting ended with a vote of thanks by Dr. Lavina Dominic, Assistant Professor, St. Thomas College of Teacher Education, Pala.




Prof. Dr. BEENAMMA MATHEW
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WEBINAR ON INTEGRAL FAMILY FARMING

The IQAC of St. Thomas College of Teacher Education, Pala, in collaboration with the Pala Social Welfare Society, organised a webinar on Integral Family Farming on October 26, 2020. A local farmer served as the resource person, providing valuable insights into sustainable and holistic farming practices. The webinar focused on the interconnectedness of various farming aspects, emphasising ecological balance, economic viability, and social well-being. Participants gained practical knowledge of organic cultivation, water conservation, livestock management, and the importance of local markets. 16 members of the faculty and 49 students participated in the webinar.

St. Thomas College of Teacher Education, Pala
Community Engagement Collaboration Programmes (CECP)
 An innovative practice of IQAC conducted in association with
VENTEL Programme
 MGNCRE, Hyderabad
 Ministry of Education, Govt of India

Webinar
 On
INTEGRAL FAMILY FARMING

In collaboration with
Pala Social Welfare Society (PSWS)

Date: 26th October 2020
Time: 02:00 PM To 03:00 PM

Students in charge: Anu Saji & Josini Joseph

Inauguration
Mar Jacob Muricken
 Auxiliary Bishop
 Eparchy of Pala

Heartily Welcome To All
 Group IV

Animator Dr. Alex George	Leader Fr. Bijo Mathew
Dr. Sr. Beenamma Mathew Principal	Dr. Pratheesh Abraham Co-ordinator, VENTEL
Fr. Thomas Kizhakkal Director, PSWS	Dr. Lavina Dominic Co-ordinator, IQAC

PROGRAMME

EXPECTED PARTICIPANTS:
 TEACHERS, STUDENTS, FARMERS AND ALL THOSE WHO LOVE FARMING

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

A WEBINAR ON INTEGRAL FAMILY FARMING

IN COLLABORATION WITH
PALA SOCIAL WELFARE SOCIETY

DATE: 26/10/2020
TIME: 2PM - 3PM
PLATFORM: GOOGLE MEET

RESOURCE PERSONS

Fr. THOMAS KIZHAKKAL
 Director, PSWS


Dr. ALEX GEORGE
 Animator

Dr. PRATHEESH ABRAHAM
 Co-ordinator, VENTEL

Dr. LAVINA DOMINIC
 Co-ordinator, IQAC

Heartily Welcome to all




 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

ONLINE CHRISTMAS CELEBRATION

The Christmas spirit was uniquely expressed in 2020 as St. Thomas College of Teacher Education, Pala, hosted a virtual Christmas celebration on 22 December 2020. Despite the physical distancing necessitated by the pandemic, the college community came together through the digital platforms of Google Meet and YouTube. The College Union 2019-20, Jesus Youth, and CSM jointly organised the event. The celebration's highlight was the Christmas message from the esteemed College Manager, H. E. Mar Jacob Muriken. His words of wisdom and inspiration undoubtedly added a spiritual dimension to the festivities. 16 faculty and 109 students took part in the online Christmas celebrations.

Christmas Message



ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

Online Christmas Celebration LIVE

H. E. MAR JACOB MURIKEN
MANAGER, ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

Eira 2020
The Spirit of Christmas

PLATFORMS
GOOGLE MEET
YOUTUBE

DATE & TIME
22-12-2020
4.30 P.M. TO 5.30 P.M.

PROGRAMME CO-ORDINATORS
COLLEGE UNION 2019-20
JESUS YOUTH & CSM
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA



Ben
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

YOUNG INNOVATORS PROGRAMME(YIP)

Young Innovators Programme is a specially designed programme under the Kerala Development and Innovative Strategic Council (K-DISC). The programme aims to empower future innovators to innovate new products, services, or models to meet emerging requirements, unarticulated needs, or existing market needs of society more effectively through an innovative challenge. All 50 of the first year B.Ed. (2021-2023) students of the college had an opportunity to participate in YIP 2021 on 06 January 2021. The students were divided into ten teams. Out of ten teams, four teams from the college were shortlisted for the second-level evaluation. 50 students and 2 faculty members took part in the event.




 Prof. Dr. BEENAMMA MATHEW
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WEBINAR ON 'CONTEMPORARY TEACHER COMPETENCIES IN 2021 - STRIVE TRAINING FOR B.Ed. STUDENTS OF STCTE, PALA WITH YUVAKSHETRA INSTITUTE OF MANAGEMENT

St. Thomas College of Teacher Education, Pala along with Yuvakshetra, Institute of Management Studies (YIMS) jointly organised Contemporary Teacher Competencies in 2021- A Strive Training for B.Ed. Students of STCTE, Pala through Google Meet on 28th May 2021 at 11.15 a.m.

Dr. Joseph Olikkalkoonal, Vice-Principal, YIMS, was the resource person of the event and the competencies in 2021 for teacher trainees got highlighted in the session. The group participation was significant. The meeting ended at 2.00 p.m. with a thanking note of Ms. Priyanka Joseph, the Secretary of the Women's Cell of St. Thomas College of Teacher Education, Pala. 8 members of the faculty and 50 students participated in the webinar.

CONTEMPORARY TEACHER COMPETENCIES IN 2021
STRIVE TRAINING FOR B.ED STUDENTS OF STCTE, PALA

RESOURCE PERSON



Dr. Joseph Olikkalkoonal
M.A., M.Th., Ph.D.,
Diploma in Counselling
Vice-Principal, YIMS

at

28th May 2021 | 2.00 pm to 3.15 pm

Organizing Committee

Rev. Dr. Mathew George Vazhayil Director YIMS, Palakkad	Dr. Tony Antony Principal YIMS, Palakkad	Dr. T.C. Thankachan Principal STCTE, Pala	Prof. T.K. Rajan IQAC Co-ordinator YIMS, Palakkad	Dr. Lavina Dominic IQAC Co-ordinator STCTE, Pala
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Co-ordinators Dr. Alex George, STCTE, Pala & Ms. Keerthi M S, YIMS, Palakkad

Google Meet Platform | 28th May 2021 | 2.00 pm to 3.15 pm




Beene
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

WEBINAR ON 'REFLECTION ON 21ST CENTURY- EDUCATION AND TEACHERS – INDIA AND NIGERIA

On May 27th, 2021, St. Thomas College of Teacher Education Pala convened a webinar entitled "Reflection on 21st Century Education and Teachers in India and Nigeria". Esteemed scholars, Dr. T.C. Thankachan, Principal of St. Thomas College, and Dr. Patrick Eke Eya, Deputy Vice-Chancellor Academic of the National Open University of Nigeria, served as the program's Resource Persons. The hour-long session (12.00 p.m. – 1.00 p.m.) provided a forum for the exploration of the challenges and opportunities confronting educators in both India and Nigeria.

The program offered a unique chance for all faculty members and teacher education students to gain a comparative perspective on educational practices in India and Nigeria. The exchange of ideas between the Resource Persons and the audience centered on effective pedagogical methodologies, curriculum development strategies, and the paramount importance of fostering critical thinking and fostering a spirit of innovation within the student body. The program enriched the understanding of 21st century education for all participants. 8 members of the faculty and 50 students participated in the webinar.



Prof. Dr. BEENAMMA MATHEW
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SPARSHAM - COUNSELLING PROGRAMME FOR STUDENTS AND PARENTS OF LOCAL SCHOOLS IN THE WAKE OF COVID 19 PANDEMIC

SPARSHAM was an initiative of the college to help the victims of COVID 19. The programme was for a period of two months from 01 May 2021 to 30 June 2021. The pandemic had isolated the young students from their friends and teachers. This had its dire consequences on the students and their family. The teachers and students of the college extended counselling help to the needy. The students were divided into ten groups under a teacher each. The students were given guidance by their mentor teachers. The programme targeted the school students of the locality. The programme was a success. It received calls from needy students and parents regarding the problems of learning during COVID times. The team was able to console those who contacted them. The programme involved 100 students and 11 faculties.

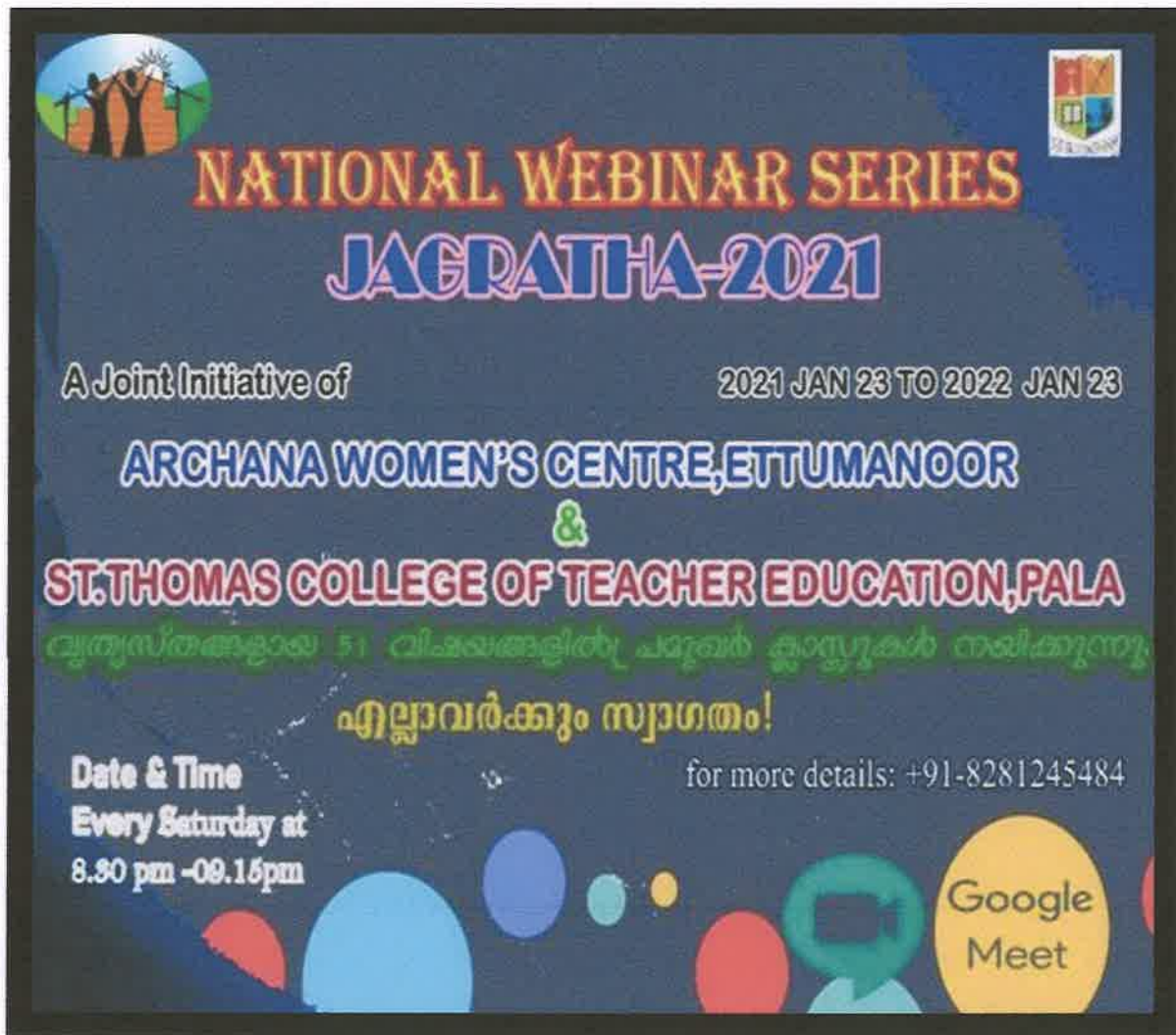



 Prof. Dr. BEEMAMMA MATHEW
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JAGRATHA 2021- NATIONAL WEBINAR SERIES: INAUGURATION DAY


The inauguration of Jagratha 2021 National Webinar Series jointly organised St. Thomas College of Teacher Education, Pala and Archana Women's Centre, Ettumanoor, was done by Ms. Thresiamma Mathew, Coordinator and director of Archana Women's Centre, Ettumanoor on 23rd January 2021.

On the inaugural day Dr. Alex George, Assistant Professor, St. Thomas College of Teacher Education, Pala delivered a talk on 'MENTAL HEALTH AND PARENTING' from 8.30 p.m. to 9.15 p.m. A total of 90 members participated in the session; out of which there were 50 students of St. Thomas College of Teacher Education, Pala. 2 teachers also participated in the program. Participants actively engaged in the program and were enthusiastic to clarify their doubts.



The poster features a dark blue background with a small illustration of a person in a field at the top left and a logo at the top right. The main title 'NATIONAL WEBINAR SERIES JAGRATHA-2021' is written in large, colorful, stylized letters. Below the title, it states 'A Joint Initiative of' followed by the dates '2021 JAN 23 TO 2022 JAN 23'. The organizing institutions are listed as 'ARCHANA WOMEN'S CENTRE, ETTUMANOOR & ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA'. There is a line of Malayalam text: 'വൃത്യസ്തങ്ങളായ 51 വിഷയങ്ങളിൽ ചുരുക്കം ക്ലാസ്സുകൾ നയിക്കുന്നു എല്ലാവർക്കും സ്വാഗതം!'. At the bottom left, it specifies 'Date & Time Every Saturday at 8.30 pm -09.15pm'. At the bottom right, it says 'for more details: +91-8281245484' and includes a 'Google Meet' logo. The bottom of the poster is decorated with colorful circles.




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JAGRATHA 2021- NATIONAL WEBINAR SERIES: DAY 1

The first day of the JAGRATHA 2021 National Webinar Series was held on February 20, 2021, from 8:30 p.m. to 9:15 p.m. The webinar focused on "FIVE HABITS FOR A HAPPY LIFE" and was led by Ms. Thressiamma Mathew, Director of Archana Women's Centre, Ettumanoor. 88 participants joined the webinar, including 50 students from St. Thomas College of Teacher Education, Pala, and members of Archana Women's Centre, Ettumanoor.

Ms. Thressiamma Mathew shared valuable insights and practical tips on cultivating five essential habits for a happy life, they are Gratitude Practice, which is to develop a daily habit of reflecting on the things we are thankful for. Mindfulness is the second one, being present in the moment and fully engaging with our thoughts, feelings, and surroundings. Third, she taught about Self-Care that is to prioritizing physical, emotional, and mental well-being. Positive Relationships which nurture relationships that support and uplift life. Purposeful Living was the last habit discussed that is discovering and pursuing our passions and values.

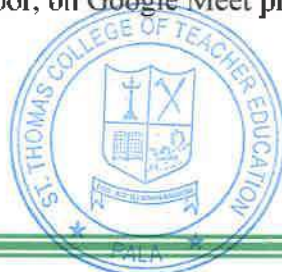
The webinar was an enriching experience for all participants, providing practical advice and inspiration for incorporating five habits into daily life. The Q&A session that followed allowed participants to engage with Ms. Thressiamma Mathew and clarify their doubts. The webinar successfully achieved its objective of empowering participants with the knowledge and skills.


JAGRATHA 2021- NATIONAL WEBINAR SERIES: DAY 2

On 27 February 2021, the second day of JAGRATHA 2021 National Webinar Series, Sri. P.L. Abraham, Assistant Agriculture Officer, Manjoor, took a class on the topic FARM MANAGEMENT. The class was from 8.30 p.m. to 9.15 p.m. A total of 88 members participated, including 48 students from St. Thomas College of Teacher Education, Pala, and members of Archana Women's Centre, Ettumanoor, in the Google session. The resource person gave a clear idea about how to care for the crops in different seasons. Participation of members was ensured during the session.

JAGRATHA 2021- NATIONAL WEBINAR SERIES: DAY 3

The topic for the third day, 6th March 2021, of the National Webinar Series was "STRESS MANAGEMENT". The resource person for the session was Sri. George Karunackal, Consultant and Trainer. He took a class on the various ways to manage stress in our life. During this pandemic period, the class was useful to cope with the stress in life. He pointed out the different root causes of stress in life and gave simple techniques to overcome it. The class was interactive, and participants responded actively. 90 participants attended, including 50 students from St. Thomas College of Teacher Education, Pala, and members of Archana Women's Centre, Ettumanoor, on Google Meet platform from 8.30 p.m. to 9.15 p.m.




Prof. Dr. BEENAMMA MATHEW
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PALA

JAGRATHA 2021- NATIONAL WEBINAR SERIES: DAY 4

On 13th March 2021, from 8.30 p.m. to 9.15 p.m., St. Thomas College of Teacher Education, Pala and Archana Women's Centre, Ettumanoor, jointly organised the fourth day of National Webinar Series. The session was led by Sri Jossy Thumpanathu, Journalist . The topic was 'FAMILY IS A GREAT SCHOOL'. He discussed on how to maintain the bond in the family system. He explained the ways to build a network of family relations and pointed out the causes of dysfunctional family relationships. The session was worthful and effective. There was an active discussion session, students and members of St. Thomas College of Teacher Education, Pala, and members of Archana Women's Centre, Ettumanoor, participated fruitfully. 90 participants attended, including 50 students from St. Thomas College of Teacher Education, Pala, and Archana Women's Centre, Ettumanoor members to the session.

JAGRATHA 2021- NATIONAL WEBINAR SERIES: DAY 5

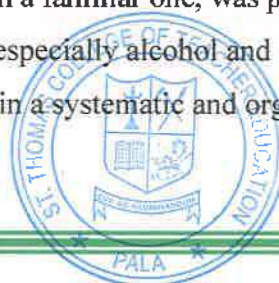
The fifth day of the National Webinar Series was arranged on 20th March 2021, from 8.30 p.m. to 9.15 p.m. The class was managed by Sri. Lorance Mathew, Industrial Extension Officer. He discussed the topic ENTREPRENEURSHIP DEVELOPMENT. He inspired the participants as to how to become a successful entrepreneur. He also shared his experiences. It was really an inspiring and motivating session. 50 participants of St. Thomas College of Teacher Education, Pala and members of Archana Women's Centre, Ettumanoor, actively participated in the session through Google Meet platform.

JAGRATHA 2021- NATIONAL WEBINAR SERIES: DAY 6

On 27th March 2021, the sixth day of the National Webinar Series, the session was from 8.30 p.m. to 9.15 p.m. through Google Meet. 46 students of St. Thomas College of Teacher Education, Pala and members of Archana Women's Centre, Ettumanoor, actively participated throughout the session. Bindhu Varghese, Counsellor, Archana Women's Centre, Ettumanoor, took the class on the topic "SMART PARENTING". The focal area of the talk was how children can combat their insecurities and suggested conversations that parents can have with their kids and activities they can engage in together. Finally, she spoke about the ways of raising smart children. Participants especially mothers asked their doubts to the resource person.

JAGRATHA 2021- NATIONAL WEBINAR SERIES: DAY 7

The joint venture of St. Thomas College of Teacher Education, Pala and Archana Women's Centre, Ettumanoor, the National Webinar Series Day 7 was organised on 10th April 2021 through Google Meet platform from 8.30 p.m. to 9.15 p.m. 46 students and members of Archana Women's Centre participated in the session. The class was managed by Mr. Dijo Das, Counsellor, ADARRT. He made an enlightened class on "DRUG FREE FAMILY." The topic ,though a familiar one, was presented in an interesting manner. He pointed at the ways we can avoid drugs especially alcohol and the role played by the family to prevent the use of drugs. The topic was presented in a systematic and organized manner.



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

JAGRATHA 2021: 8th DAY OF THE NATIONAL WEBINAR SERIES

Mr. Mathew Mundamattom, Trainer-Trada, Kottayam, spoke about gender equality via Google Meet on April 17, 2021, the seventh day of the National Webinar Series, from 8.30 to 9.15 p.m. Throughout the entire session, 48 students from St. Thomas College of Teacher Education in Pala and members of the Archana Women's Centre in Ettumanoor were engaged in activities. Given the state of the world today, the chosen topic was important. The definition of gender equality was covered first in class, followed by an explanation of its significance. He talked about the proactive steps we should take to establish gender equality in society. In the conversation box, participants shared positive things to say about the class. The lesson was engaging and motivating.

JAGRATHA 2021- NATIONAL WEBINAR SERIES: Day 10


The 10th day of the National Webinar Series featured Jyothis S, a Research Scholar from St. Thomas College, Pala, who discussed the topic "FEMALE CHARACTERS IN INDIAN MYTHOLOGY". The webinar, held on May 8, 2021, at 8:30 p.m. via Google Meet, was attended by 46 students from St. Thomas College of Teacher Education, Pala, and Archana Women's Centre, Ettumanoor.

During the session, Jyothis S focused on Indian epics to highlight that the mythological tales we grew up listening to primarily revolved around strong male characters, often overlooking the significance of female characters in shaping religious anecdotes. Participants actively engaged in the discussion, raising their opinions and maintaining an interactive atmosphere throughout the class

JAGRATHA 2021- NATIONAL WEBINAR SERIES: Day 11

On May 29, 2021, the National Webinar Series was jointly organised by St. Thomas College of Teacher Education, Pala, and Archana Women's Centre, Ettumanoor. The session was taken by Mr. Civilson Sebastian on the topic "Role of Family Members in a Drug-Free Life." 46 students from St. Thomas College of Teacher Education, Pala, and Archana Women's Centre, Ettumanoor, participated in the Google Meet session at 8.30 p.m., and the session lasted for 45 minutes. He discussed the role of family in addiction recovery and family involvement in adolescent substance abuse. For the teacher, students are very useful as they are preparing for their school internship programme.




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

ONLINE CAPACITY BUILDING PROGRAM ON CLIMATE EDUCATION AND CURRICULUM DEVELOPMENT

The Capacity Building Program on Climate Education and Curriculum Development, conducted by *Bring Back Green* in association with St. Thomas College of Teacher Education, Pala, and IQAC, aimed to empower young people to drive real change for the planet. The program was held online from 16 to 26 February, 2021, and involved 98 students from the B.Ed. batch (2019-2021 and 2020-2022) and 8 teachers took part in the programme. The students were divided into 10 groups and participated in the workshop on climate education and curriculum development. This initiative aimed to inspire action among the youth for the Climate Change Movement by providing them with opportunities and awareness about the situation.

The programme was inaugurated by Mr. Ashish Kothari, a renowned Environmentalist. On the following ten days of the programme, different eminent peoples from different fields presented their ideas regarding the topics selected.

Day 2 - Mr. Anagh, Project Head, Bring Back Green Research Scholar, MG University – **Topic - Basics of Plastic and Importance of Education.**

Day 3 - Mr. Nikhilesh V. P., Green Army – **Topic - Educating the students on Basics of Climate and Challenges to Climate**

Day 4 - Ms. Babitha P. S., Climate Educator - **Topic - Alternate Education as Climate Education**

Day 5 - Mr. Akhilesh Anil Kumar, Co-Founder and Director, Bring Back Green – **Topic - Sustainable living from Childhood**

Day 6 - Mr. Raju S., Project Management Team, Thanal – **Topic - Waste Management in Educational Institutions**

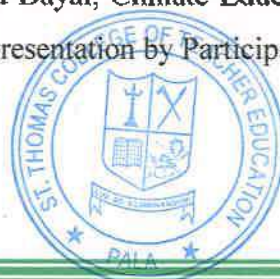
Day 7 - Ms. Kavya, Ecofeminist, Co-founder, SMKC, - **Topic - Gender Education in Climate Curriculum**


Day 8 - Dr. Karunakaran Akhil Dev, Kerala Disaster Management Team, - **Topic - Disaster Management**

Day 9 - Mr. Fahad T., Co-Founder and Director, Bring Back Green – **Topic - Introduction to Alternative Products and Educating Students**

Day 10 - Ms. Tessie Sebastian and Ms. Shriya Dayal, Climate Education Project Team, Bring Back Green – **Formulation of climate curriculum** – presentation by Participants

Valedictory Session and Certificate Distribution



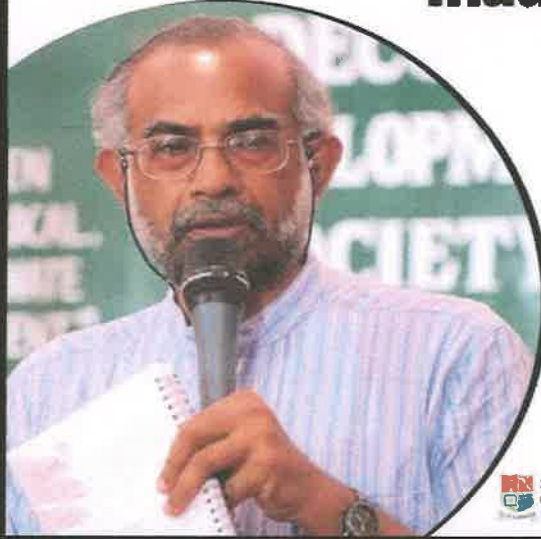

Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

@bbgInitiative

Bring Back Green

Capacity Building Program on Climate Education and Curriculum Development

Inauguration



Ashish Kothari

Well-known Indian Environmentalist

Ashish Kothari is an Indian environmentalist working on development, environment interface, biodiversity policy, and alternatives. He is one of founders of Kalpavriksh.

February 16, 2021
05.30 PM IST Onwards

www.bringbackgreen.com

ST. THOMAS COLLEGE
OF TEACHER EDUCATION
ESTD. 1957



@bbgInitiative

Bring Back Green

Climate Education Curriculum Submitted to Education Minister



On this World Environment Day, our work on climate education continues as our latest draft on Climate Education Curriculum has been submitted for implementation to the Hon'ble Higher Education Minister, R Bindu, Government of Kerala.



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
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TEACHER EDUCATION
PALA





Event Details

Day 1: Inauguration
Welcome:
 Dr. Sabina Austin
 Assistant Professor
Presidential Address:
 Dr. T.C. Thannachand
 Principal
Inaugural Address:
 Ashish Kishore
 Environmentalist
Vote of Thanks:
 Akhilesh Anilkumar
 Director, Co-Founder, BSG

Day 2: Basics of Plastic and Importance of Education
Resource Person:
 Anish
 Project Head, Bring Back Green
 Research Scholar, MG University

Day 3: Educating the students on Basics of Climate and Challenges to Climate
Resource Person:
 Rakesh V.P., Green Army

Day 4: Alternate Education as Climate Education
Resource Person:
 Sabitha P.S.
 Climate Educator

Day 5: Sustainable living from Childhood
Resource Person:
 Akhilesh Anilkumar
 Co-Founder and Director,
 Bring Back Green

Day 6: Waste Management in Educational Institutions
Resource Person:
 Baby S.
 Project Management Team, Thiruv

Day 7: Gender Education in Climate Curriculum
Resource Person:
 Nayya
 Ecologist,
 Co-Founder, SMRC





Event Details


Day 8: Disaster Management
Resource Person:
 Dr. Kanchanran Anil Das
 Kerala Disaster Management Team


Day 9: Introduction to Alternative Products and Educating Students
Resource Person:
 Anish T.
 Co-Founder and Director,
 Bring Back Green

Day 10: Formulation of climate curriculum. Presentation by the Participants

Moderated and Analysis by:
 Tejola Sebastian and Nayya Dayal
 Climate Education Project Team




 @bhginitiative

 Bring Back Green

Capacity Building Program on Climate Education and Curriculum Development

Valedictory





Dr T.N Sooms
Executive Vice-Chairperson of
Haritha Keralam Mission


She is an Indian social worker, teacher, and politician who was an MP from Rajya Sabha elected from Kerala and currently serving as the Vice-Chairperson of Haritha Keralam Mission.

February 26, 2021
10:30 AM IST Onwards

www.bringbackgreen.com



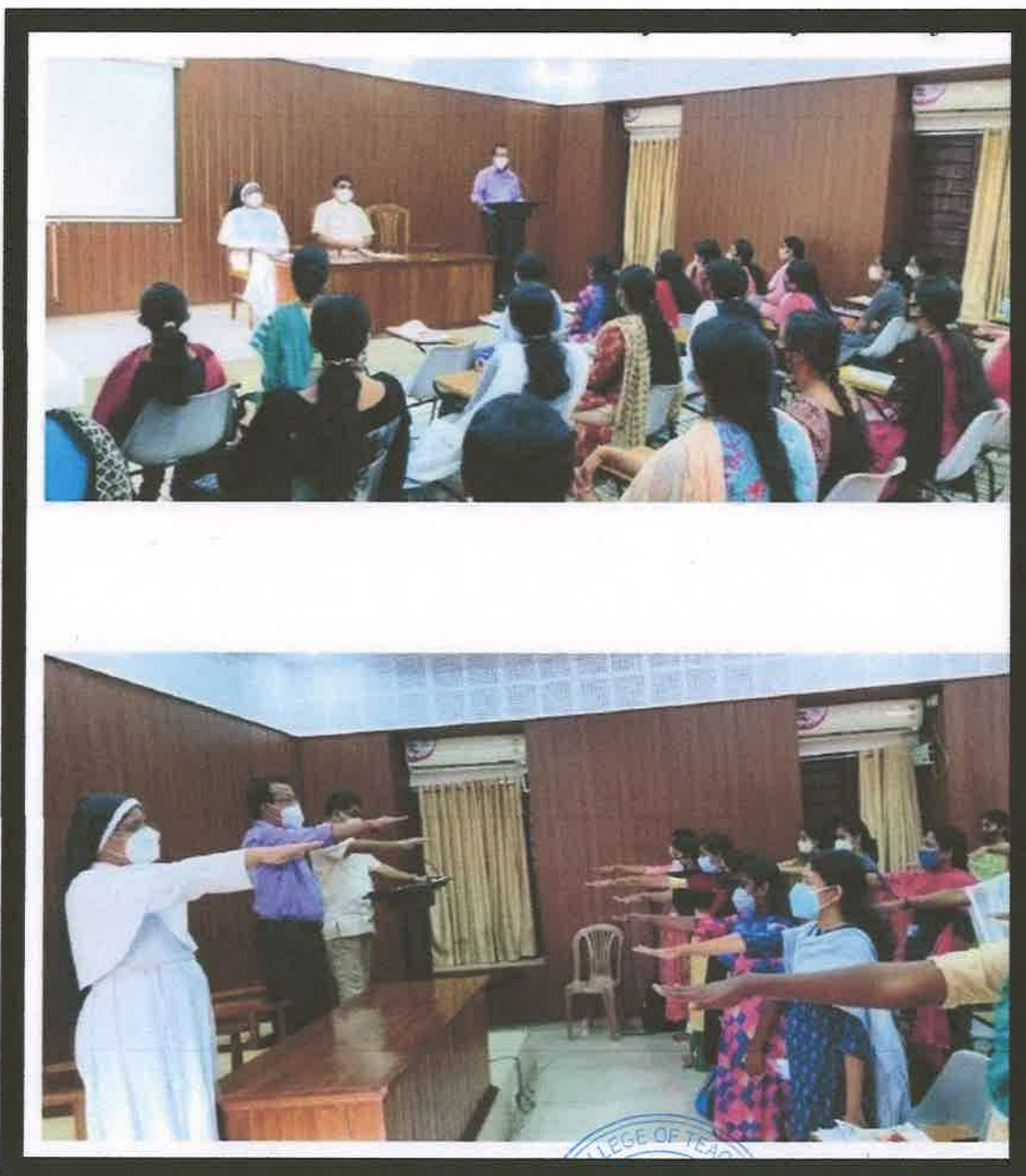



 Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA



ELECTORAL LITERACY CLUB **National Voters' Day**

The National Voters' Day was celebrated on 23 January 2021 under the auspices of the Electoral Literacy Club. The club aims at awakening the youth to their rights and duties as citizens of the country. The club observes days of national importance. All students are members of the club. The faculty-in-charge of the club is Dr. Sunu Austin. The club has a President, Secretary and Treasurer, all elected from the student community. Dr. Shajimon P. P., Associate Professor, addressed the gathering on the democratic traditions of the country and significance of free and fair elections. The talk was enlightening and thought provoking. 50 students of the B.Ed. Senior batch and 3 members of the faculty attended the meeting.



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PALA

YOUTH EMPOWERMENT PROGRAMME - SEMINAR ON 'NEW GENERATION TEACHERS'

St. Thomas College of Teacher Education, Pala in association with Lions Club of Pala Metro organised a Youth Empowerment Programme Seminar on **New Generation Teachers** on 9 Tuesday March 2021 from 1.30 p.m. to 3.30 p.m.

Ln. Adv. Benny Kurien, Faculty , Success Coach, International Trainer, led the session. The words of MJF. Ln. Dr. C. P. Jayakumar, District Governor, Ln. Siby Mathew Planthottam, District Co-ordinator, Ln. Dr. Jaizin Joseph, President, Lions Club, Pala Metro, Prof. Dr. T. C. Thankachan, Principal, St. Thomas College of Teacher Education, Pala, Ln. P. Krishnakumar, (Rtd. SP), District Project Co-ordinator and PTA President, were thought provoking. The theme of the programme was a need of the hour, the teacher trainees actively participated throughout the programme. Fifty students and four teachers participated in the webinar.

LIONS CLUBS INTERNATIONAL
DISTRICT 318 B

YOUTH EMPOWERMENT PROGRAMME

Lions Club of Pala Metro
in Association with
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
Organizes a
SEMINAR on NEW GEN TEACHER

Ln. Adv. Benny Kurian
Faculty
Success Coach, International Trainer

M.J.F. Ln. Dr. C.P. Jayakumar
District Governor

Ln. Siby Mathew
Planthottam
District Co-ordinator

Ln. Dr. Jaizin Joseph
President

Prof. Dr. T.C. Thankachan
Principal

Ln. P. Krishnakumar
District Project Co-ordinator

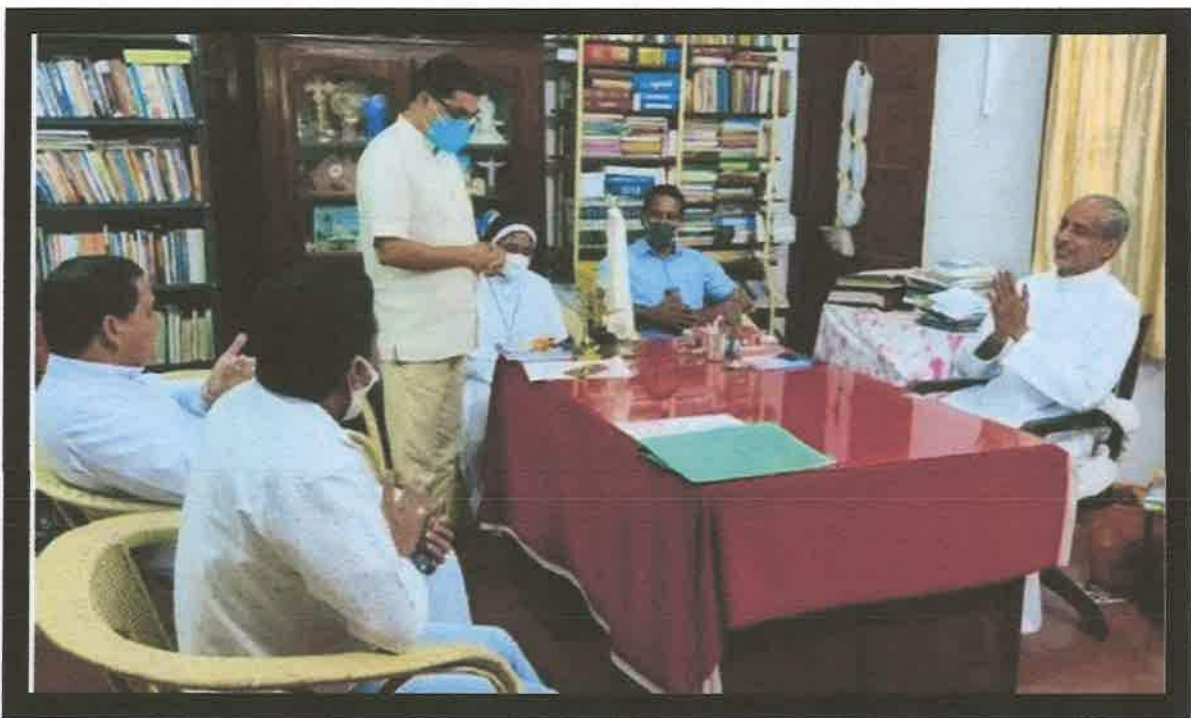
MARCH 9
Tuesday
1.30 PM to 3.30 PM



Benny
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

MoU WITH YUVAKSHETRA INSTITUTE OF MANAGEMENT STUDIES, PALAKKAD

On January 08, 2021, the principals of St. Thomas College of Teacher Education, Pala, and Yuvakshetra Institute of Management Studies (YIMS), Palakkad, signed a Memorandum of Understanding (MoU). The duration of the MoU is three years. The collaboration aims at improving faculty development and student learning.




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

ONE DAY WEBINAR ON SWAMI VIVEKANANDA: A VISIONARY OF INDIAN EDUCATION

St. Thomas College of Teacher Education, Pala, and N.S.S. Training College, Perunnai, Changanacherry, jointly organised a one-day webinar on **Swami Vivekananda: A Visionary of Indian Education** via Google Meet on January 12, 2021, on the occasion of the 150th birth anniversary celebrations of Swami Vivekananda, as part of the observation of National Youth Day. The webinar was organised from 3.00 p.m. The resource person for the programme was Dr. T. C. Thankachan, Principal, St. Thomas College of Teacher Education, Pala. The National Youth Day message was given by Dr. Pradeepkumar S. L., Principal in Charge, N.S.S. Training College, Perunnai, Changanacherry. The class was resourceful enough that students shared their information regarding Swami Vivekananda. The teachers and students were fully involved in the discussion part of the event. 98 students of the B.Ed. programme and 12 members of the faculty attended the webinar.

N.S.S. TRAINING COLLEGE, CHANGANACHERRY
Physical Science & Social Science Departments
in collaboration with
St. Thomas College of Teacher Education, Pala
Organize
One Day Webinar
on
'Swami Vivekananda: A Visionary of Indian Education'
(as part of observation of National Youth Day)
on
January 12, 2021
at 3 p.m.
via Google meet
Co-venues:
Jayalakshmy R.
Asst. Professor
Physical Science Education
Rajalakshmi S.
Asst. Professor
Social Science Education

Programme

Prayer & Acharya Anusmaranam

Welcome Address : Jayalakshmy R.
(Asst. Professor, N.S.S. Training College, Changanacherry)

National Youth Day Message : Dr. Pradeepkumar S.L.
(Principal - in - charge, N.S.S. Training College, Changanacherry)

Felicitation : Dr. Pratheesh Abraham
(Asst. Professor & College Union Advisor, St. Thomas College of Teacher Education, Pala)

Resource Talk : Dr. T.C. Thankachan
(Principal, St. Thomas College of Teacher Education, Pala)

Vote of Thanks : Rajalakshmi S.
(Asst. Professor, N.S.S. Training College, Changanacherry)



Beemamma
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

WEBINAR ON CANCER AWARENESS

The IQAC of St. Thomas College of Teacher Education, Pala, in collaboration with the Palai Social Welfare Society, successfully organized a cancer awareness webinar on February 4, 2021, on the Google Meet platform. The webinar aimed to educate the college's students and faculty about the disease. Dr. Rony Benson, a consultant medical oncologist from Mar Sleeva Medicity, Palai, was the resource person. The webinar provided valuable insights into cancer prevention, detection, and treatment, empowering participants with knowledge to promote a healthier lifestyle and early intervention. The 12 members of the faculty and 98 students attended the webinar.

Caritas INDIA
The Joy of Service...

Caritas Lavender Ribbon Campaign

ആശാകീരണം
കുടുംബ സുഖമാക്കൂ
CANCER CARE CAMPAIGN
കുടുംബസുഖമാക്കൂ

The Palai Social Welfare Society

World CANCER DAY
FEBRUARY

Platform
Google Meet

Date & Time
04.02.2021
9.10 am


I AM AND I WILL
WEBINAR

Resource Person
Dr. Rony Benson
Consultant - Medical Oncology
Mar Sleeva Medicity Palai

MAR SLEEVA
medicity palai

IQAC, ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

VALUE-ADDED COURSES - ONLINE ASSESSMENT TOOLS, MEDIA AND INFORMATION LITERACY

To Bridge the Gaps in the Existing Curriculum and to Meet the Needs of the Changing Times, St. Thomas College of Teacher Education, Pala, arranged - two new Value-Added Courses - **Online Assessment Tools** and **Media and Informational Literacy** for student teachers, from 1 April to 30 April 2021 and 1 April to 30 June 2021 respectively. 98 students attended the VAC 'Online Assessment Tools' and 10 students attended VAC 'Media and Informational Literacy'.

The course outcomes for 'Online Assessment Tools' were to attain knowledge of the concepts of assessment and evaluation, know the concepts of e assessments, familiarise with the online tools of assessment, and get hands own experience of the digital tools of assessment.

The course objectives for Media and Informational Literacy course are: to determine the extent of information needed, to access and evaluate the needed information effectively and efficiently, to understand the economic, legal, and social issues surrounding the use of information ethically. The course outcomes are increased the ability to access, evaluate and use information effectively, improved the ability to incorporate selected information into one's knowledge base, and obtained the capability of distinguishing scholarly communications.

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA, KERALA	
Affiliated to Mahatma Gandhi University, Kottayam	
www.stcepalapala.ac.in	stcepalapala@gmail.com
0482 2511111	
VALUE ADDED COURSES	
w.e.f 2018	
Course Code	Course Name
CTE VAC 001:	Adolescent Counselling
CTE VAC 002:	Human Rights
CTE VAC 003:	Aerobics
CTE VAC 004:	Yogic Practices
CTE VAC 005:	Values and Peace
CTE VAC 006:	<u>Media and Information Literacy</u>
CTE VAC 007:	Diabetes Care Education
CTE VAC 008:	Pro-Active Gender Responsibility
CTE VAC 009:	<u>Online Assessment Tools</u>
CTE VAC 010:	Bottle Art

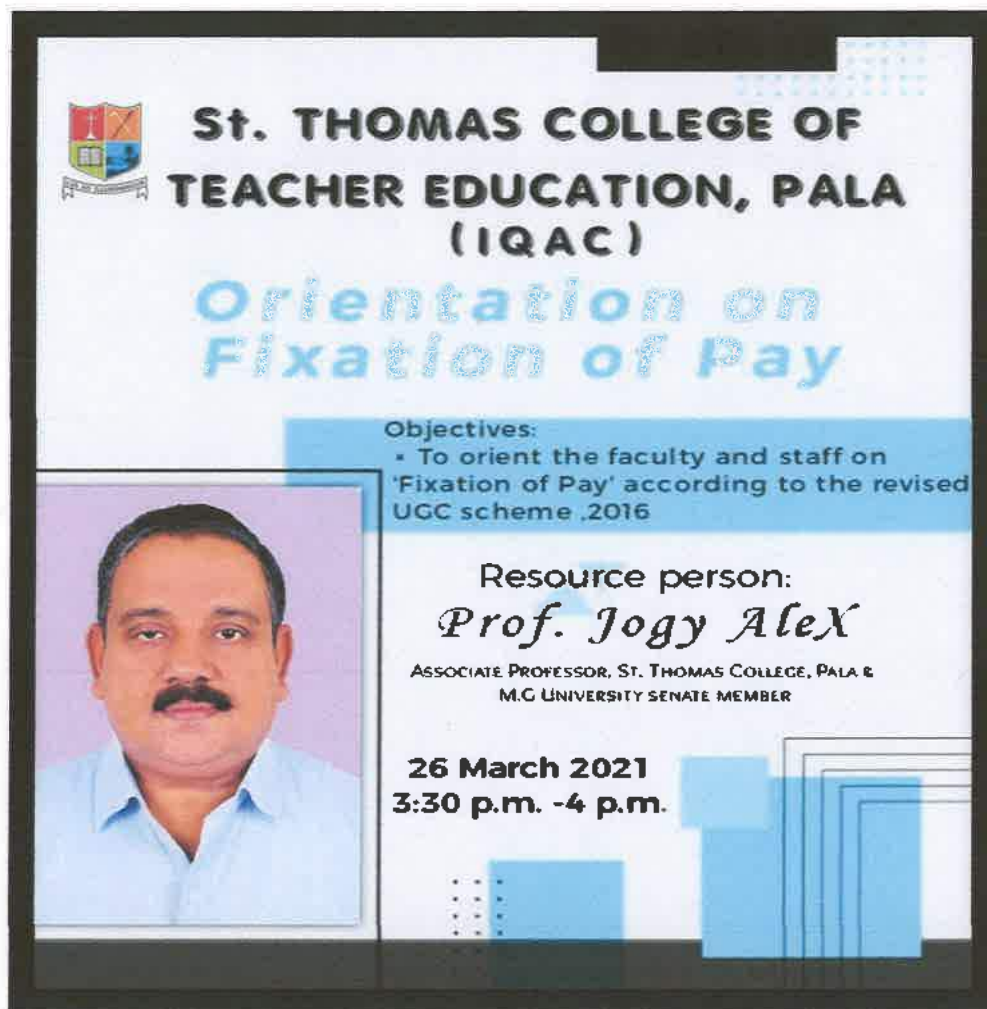


Prof. Dr. BEENAMIMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

ORIENTATION ON FIXATION OF PAY


St. Thomas College of Teacher Education, Pala, organised an orientation programme on Fixation of Pay on 26th March 2021 from 3.30 PM to 5.00 PM at the St. Thomas College of Teacher Education, College auditorium. Prof. Jogy Alex, Associate Professor, St. Thomas College, Pala and M.G. University Senate Member was the resource person for the event.

The main objectives for the orientation programme was to orient the faculty and staff on Fixation of Pay according to the revised UGC scheme 2016. The enlightening programme provided a meaningful discussion for the 11 members of the faculty.



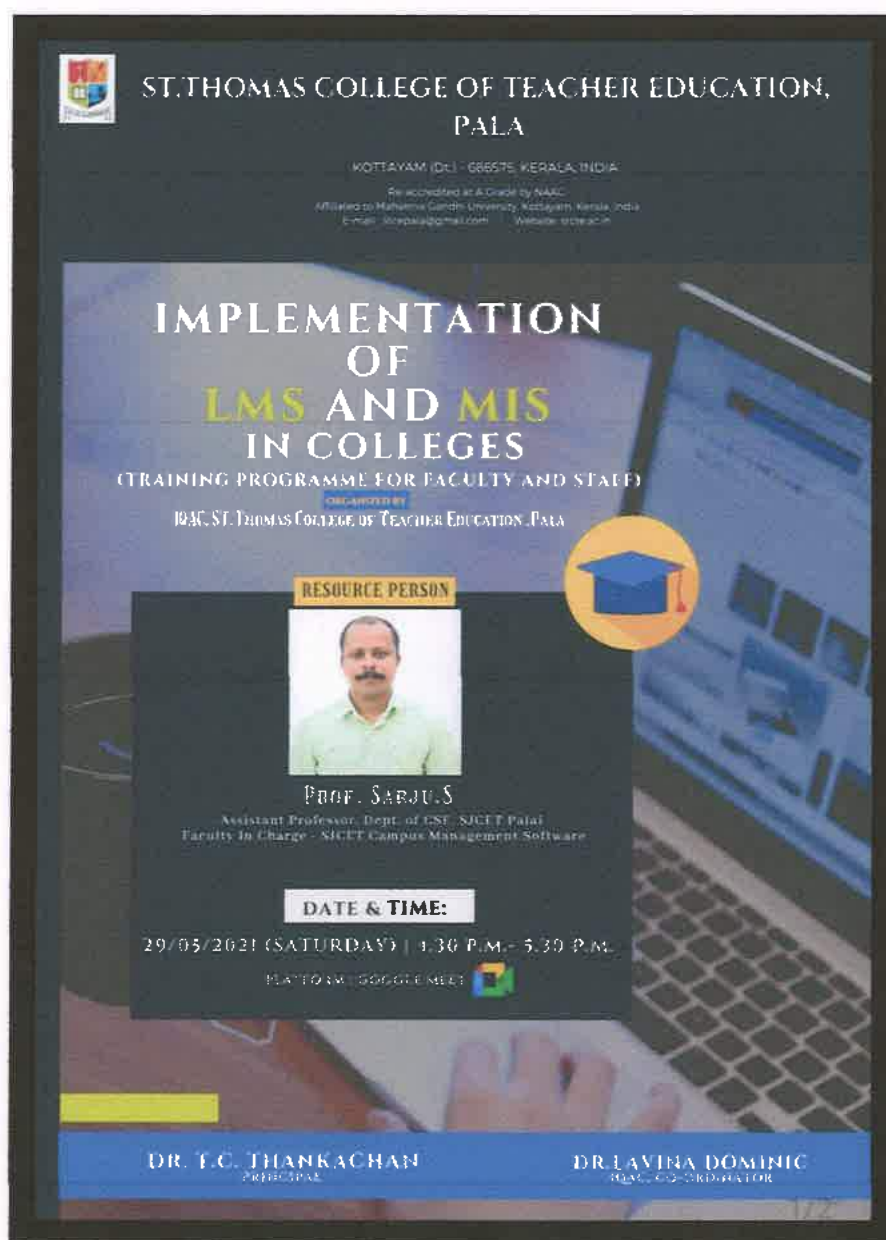
The poster features the college's crest on the left. The main title is 'St. THOMAS COLLEGE OF TEACHER EDUCATION, PALA (IQAC) Orientation on Fixation of Pay'. Below this, the objectives are listed: 'To orient the faculty and staff on 'Fixation of Pay' according to the revised UGC scheme ,2016'. A portrait of Prof. Jogy Alex is shown on the left side of the poster. To the right of the portrait, it identifies him as the 'Resource person: Prof. Jogy Alex', an 'ASSOCIATE PROFESSOR, ST. THOMAS COLLEGE, PALA & M.G UNIVERSITY SENATE MEMBER'. The date and time are given as '26 March 2021 3:30 p.m. -4 p.m.'.




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

TRAINING PROGRAM FOR THE IMPLEMENTATION OF LMS AND MIS

A training program for the implementation of Learning Management System (LMS) and Management Information System (MIS) for the faculty and staff were provided on 29th May 2021 by Prof. Sarju. S, Assistant Professor, Department of CSE, St. Joseph's College of Engineering and Technology, Pala. The session provided insightful thoughts among the participants. The resource person discussed the utilities of LMS and MIS. LMS focuses on teaching and learning, MIS focuses on institutional management and data analysis, both being essential for efficient and data-driven decision-making in education. 10 members of the faculty and 12 staff attended the class.



The poster features a dark background with a laptop and a tablet displaying educational software. At the top left is the college logo. The text is centered and includes the college name, accreditation details, the program title, the resource person's name and photo, and the date and time of the event. At the bottom, the names of the principal and the program coordinator are listed.


**ST. THOMAS COLLEGE OF TEACHER EDUCATION,
PALA**

KOTTAYAM (DL) - 686575, KERALA, INDIA
Re-accredited A & Grade by NAAC
Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India
E-mail: stjosephpal@gmail.com Website: stjosephpal.com

**IMPLEMENTATION
OF
LMS AND MIS
IN COLLEGES**
(TRAINING PROGRAMME FOR FACULTY AND STAFF)

ORGANIZED BY
IRAC, ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

RESOURCE PERSON




PROF. SARJU S.
Assistant Professor, Dept. of EST, SJCEET Pala
Faculty In Charge - SJCEET Campus Management Software

DATE & TIME:
29/05/2021 (SATURDAY) | 1.30 P.M. - 5.30 P.M.
PLATFORM: GOGGLE MEET

DR. T.C. THANKACHAN
PRINCIPAL

DR. LAVINA DOMINIC
IRAC CO-ORDINATOR





Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

ORIENTATION TO SELF STUDY REPORT PREPARATION

On 25th March 2021, St. Thomas College of Teacher Education, Pala, organized an orientation to SSR preparation at 2.00 PM. Dr. Lavina Dominic, IQAC Coordinator and Assistant Professor, St. Thomas College of Teacher Education, Pala, was the resource person of the programme.

The event's main objectives were to orient the faculty regarding the preparation of SSR and to analyse each criterion in detail. The session was fruitful enough for the staff and faculties. The programme ended at 4.00 PM. Eleven teachers took part in it.



The poster features the college's crest on the left, followed by the text 'St. THOMAS COLLEGE OF TEACHER EDUCATION, PALA (IQAC)' in bold black letters. Below this, 'Orientation on SSR preparation' is written in orange. A list of objectives is provided in a white box with an orange header. A portrait of Dr. Lavina Dominic is on the left, and her name and title are written in black. The date and time '25 March 2021 2 pm -4 pm' are in bold black. At the bottom right, there is a small illustration of a person at a podium and a decorative graphic.

**St. THOMAS COLLEGE OF
TEACHER EDUCATION, PALA
(IQAC)**

**Orientation on SSR
preparation**

Objectives:

1. To orient the faculty regarding the preparation of SSR
2. To analyse each criterion in detail

Resource person:
Dr. Lavina Dominic
IQAC Coordinator

25 March 2021
2 pm -4 pm



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

INTERNATIONAL FACULTY SHARING PROGRAMME - WEBINAR ON 'PROFESSIONALISATION OF TEACHING' - INDIA AND NIGERIA

A webinar, "Professionalization of Teaching in India and Nigeria," was held on May 29, 2021, from 2:30 PM to 3:30 PM organised by St. Thomas College of Teacher Education, Pala. The program brought together Dr. T.C. Thankachan, Principal of the college, and Dr. Aliyu Yaya Aliyu from the Department of Curriculum and Instructional Technology at the Federal College of Education in Nigeria as resource persons. Ten faculty and 50 students participated. The webinar provided a valuable comparative perspective on how India and Nigeria are approaching the professionalisation of teaching.

ST. THOMAS COLLEGE OF TEACHER EDUCATION

PALA - 686 575, KOTTAYAM (Dt.), KERALA, INDIA

Re-accredited at A Grade by NAAC

Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India

E-mail: stcepala@gmail.com Website: stcte.ac.in



INTERNATIONAL FACULTY EXCHANGE AND SHARING PROGRAMME

PROFESSIONALIZATION OF TEACHING

INDIA AND NIGERIA



Dr. T.C. Thankachan
Principal, St. Thomas College of
Teacher Education, Pala, Kerala, INDIA



Dr. Yaya Aliyu Yaya
Department of Curriculum &
Instructional Technology, Federal
College of Education, Kano, NIGERIA



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA



ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

KOTTAYAM (Dist), KERALA - 686 575

Phone No: 04822-216537, 297937; Fax No: 0482-216537

e-mail - stcepala@gmail.com


website: <http://stcte.ac.in>



INTERNAL QUALITY ASSURANCE CELL (IQAC)

ANNUAL REPORT (2019-2020)

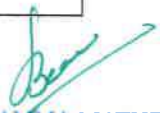



Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

IQAC PROFILE


IQAC COMMENCEMENT	17 / 03 / 2004
IQAC	<p>The Internal Quality Assurance Cell (IQAC) at St. Thomas College of Teacher Education, Pala, was set on 17 / 03 / 2004 which helps to enhance the quality and standards of education offered by the institution. The IQAC is an integral part of the college's commitment to continuous improvement, and it functions as a facilitator for the institution's academic and administrative excellence.</p>
OBJECTIVES	<p><i>The primary objectives of the IQAC at St. Thomas College of Teacher Education, Pala, are as follows:</i></p> <ul style="list-style-type: none"> ✦ <i>To develop and promote a quality culture amongst all stakeholders of the institution</i> ✦ <i>To ensure the maintenance of academic standards in teaching, research, and extension activities</i> ✦ <i>To facilitate the implementation of best practices in various aspects of the institution's functioning</i> ✦ <i>To foster a learner-centric environment that encourages holistic development and overall well-being</i> ✦ <i>To encourage faculty and staff development and motivate them for continuous improvement</i> ✦ <i>To establish a feedback mechanism to monitor and evaluate various processes and take necessary actions for improvement</i>
STRATEGIES	<p><i>To achieve its objectives, the IQAC follows the following strategies:</i></p> <ul style="list-style-type: none"> ✦ <i>Formulating and implementing quality benchmarks for various academic and administrative activities</i>




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- *Conducting regular meetings and workshops to sensitise faculty, staff, and students about quality enhancement measures*
- *Organising training programs for faculty to enhance their teaching and research capabilities*
- *Monitoring and evaluating academic and administrative processes through periodic internal audits*
- *Collecting feedback from various stakeholders, including students, parents, alumni, and employers, to assess the college's performance*
- *Encouraging research and publication activities among faculty members and students*
- *Collaborating with other institutions and agencies to share best practices and promote mutual learning*




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COMPOSITION OF THE IQAC (2018-2019)

A. CHAIRPERSON

&
(2019 - 2020)

1. Dr. Sr. Celene Joseph, Principal

B. SENIOR ADMINISTRATIVE OFFICER

2. Sri. A.V. Sebastian, Junior Superintendent

C. TEACHING FACULTY REPRESENTATIVES

3. Dr. Sr. Beenamma Mathew, Assistant Professor, Vice-Principal
4. Dr. T.M. Mollykutty, Associate Professor, HoD, M.Ed.
5. Dr. T.C. Thankachan, Assistant Professor, B.Ed. Dept.
6. Dr. P.P. Shajimon, Assistant Professor, B.Ed. Dept.
7. Dr. Sr. Mary Thomas, Assistant Professor, B.Ed. Dept.

D. MEMBER FROM THE MANAGEMENT

8. Rev. Dr. Jose Kakkallil, Chancellor, Diocese of Palai
9. Prof. Jose P Mattam, Member, Governing Body

E. MEMBER FROM THE LOCAL SOCIETY

10. Smt. Leena Sunny, Municipal Councillor

F. NOMINEE FROM THE STUDENT COMMUNITY

11. Mr. Joffy K. Njavallil, B.Ed. Student



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G. Nominees from the Industry/Employers/Stakeholders/Alumni/PTA

12. Sri. V.C. Joseph, PTA, Vice-President

13. Rev. Fr. Berchmans Kunnumpuram, Secretary, Corporate Educational Agency, Diocese of Pala

14. Sri. P. Krishnakumar President, Alumni

H. CO-ORDINATOR OF IQAC

15. Dr. Lavina Dominic, Assistant Professor, B.Ed. Dept.



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KOTTAYAM (DT.)-686575, KERALA, INDIA

Re-accredited at A Grade by NAAC

Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India

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STRATEGIC PLAN OF ACTION AND OUTCOMES

(2019-2020)



Strategic Plans

Enter into MOU with reputed institutions



- MOU with Marian College Kuttikanam Autonomous was signed on 17/01/2020
- MOU with St. Josephs College of Education, Mysuru was signed on 01/07/2020
- On 18/8/2020 – A Webinar on 'Gender Sensitisation and Social Justice' was jointly organized by the St. Thomas College of Teacher Education, Pala (IQAC) and St. Joseph's College of Education, Mysuru (Women's Cell).

Build linkage with society - Foster social sensitivity and responsibility among students- help the local agrarian society- upliftment of rural women



- Visited the local hospital 'Mar Sleeva Medicity' on 19 September, 2019.
- A weeklong observance of the 150th Gandhi Jayanthi was done – As part of the celebrations Cleaning of campus and town premises were carried out. The college offered itself as a venue for State Social Science Exhibition on 24 October Venue for DIET meeting of resource persons posing as 'Mentors' in D.El.Ed. programmes.

Professional updating of faculty and staff



- **One Week National Online Workshop on "Creative Adaptation - Reaching out through Digital Classrooms"** – organized by the St. Thomas College of Teacher Education, Pala in collaboration with the UGC-HRDC Thiruvananthapuram, from 19 May to 25 May, 2020
- **27 /8/2020** – Webinar on National Education Policy 2020 – IQAC of St. Thomas College of Teacher Education, Pala
- **17 /12/2020** - Training programme for faculty and staff – 'Income Tax Calculation' Dr. Pratheesh Abraham, Asst. Professor, took a class on 'Calculation of Income-tax using Excel software' for members of the faculty and staff. The class was very informative and useful to the members of the staff.



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Start more Value Added Courses to meet the needs of the changing times

→ Our college offers Value Added Courses which fill the gap in the curriculum designed by the university. A new Value Added Course , '**Online Assessment Tools**' was initiated.

Pooling resources – Utilise the rich human resource - experience and knowledge of the retired faculty, staff and alumni

→ The PTA contributed financial support to needy students. Financial support for college journal publication - Financial support for Value Added Courses.


Improve infrastructural facilities

→ The institution plans to improve its infrastructure with the help of RUSA funds.

Enrich the research skills of the faculty and students

-
- Published two issues of the college journal Members of faculty and students
 - participated and presented research papers in several seminars




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Report of the IQAC Quality Initiatives 2019-2020



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**MEMORANDUM OF UNDERSTANDING FOR LIBRARY SERVICES BETWEEN
MARIAN COLLEGE, KUTTIKKANAM (AUTONOMOUS) AND
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**


The Memorandum of Understanding (MoU) was entered on 17th January 2020, between Marian College Kuttikkanam (Autonomous) as the first party represented and St. Thomas College of Teacher Education, Pala as the second party. The memorandum was signed to promote and strengthen the integral development of students and research scholars.

The objectives of the memorandum are:

1. Inter library loan transactions, which includes exchange of academic materials, (articles, books chapters) and publications on reciprocal basis under the provisions of MoU
2. Sharing of reference service reciprocally
3. Jointly organize seminars/webinars, conferences, or workshops,
4. Participating in seminars/webinars and similar academic discussions
5. Extension of the use of library facility to students, and faculty members reciprocally with specific prior sanction of the principal of the college concerned
6. Offering research consultancy service
7. Offering inter-institutional certificate courses
8. Extend support in research conducted by faculty and students of both colleges- including assistance in plagiarism checking
9. Mutual support in the purchase of books and resources
10. Organising training for librarians, faculty members and students

The MoU remains valid over a period of 5 years, Librarians of both the institutions signed as the witnesses of the memorandum.




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PAPER NAME
THE DANCING RAVEN

AUTHOR
Pratheesh Abraham

WORD COUNT
1365 Words

CHARACTER COUNT
7396 Characters

PAGE COUNT
6 Pages

FILE SIZE
1.3MB

SUBMISSION DATE
Dec 30, 2022 1:58 PM GMT+5:30

REPORT DATE
Dec 30, 2022 1:58 PM GMT+5:30

● **11% Overall Similarity**

The combined total of all matches, including overlapping sources, for each database.

- 9% Internet database
- 0% Publications database
- Crossref database
- Crossref Posted Content database
- 6% Submitted Works database

● **Excluded from Similarity Report**

- Bibliographic material
- Quoted material
- Small Matches (Less than 10 words)

PAPER NAME
Digital Efficacy: Empowering Society in the Technological Age

AUTHOR
Pavithra S

WORD COUNT
5078 Words

CHARACTER COUNT
31850 Characters

PAGE COUNT
15 Pages

FILE SIZE
43.5KB

SUBMISSION DATE
Feb 6, 2024 4:57 PM GMT+5:30

REPORT DATE
Feb 6, 2024 4:58 PM GMT+5:30

● **14% Overall Similarity**


The combined total of all matches, including overlapping sources, for each database.

- 10% Internet database
- 3% Publications database
- Crossref database
- Crossref Posted Content database
- 10% Submitted Works database

● **Excluded from Similarity Report**

- Bibliographic material
- Quoted material
- Small Matches (Less than 10 words)




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ONLINE WORKSHOP 'CREATIVE ADAPTATION- REACHING OUT THROUGH DIGITAL CLASSROOMS'

Organized by St. Thomas College of Teacher Education, Pala, Kerala, in collaboration with the UGC-Human Resource Development Centre, University of Kerala The "Creative Adaptation- Reaching Out Through Digital Classrooms" workshop was a one-week online workshop organized by St. Thomas College of Teacher Education, Pala, Kerala, in collaboration with the UGC-Human Resource Development Centre, University of Kerala, Thiruvananthapuram. The workshop aimed to promote innovation and adapt to the changing educational scenario.

The Workshop held from May 19th to 25th, 2020. A total of 516 participants from India, Kuwait, and the Maldives participated. The participants included 338 teachers from all over India. 99 students and 16 faculty of the college participated in the webinar. Mr. Nasserali M.K, Assistant Professor, Aligarh. Muslim University Malappuram Centre was the Resource person of the One-Week Online National Workshop. The sessions were conducted from 8:30 a.m. to 10:30 a.m. every day. The topics for the 7 days:

- Synchronising Data Across Devices
- Creating and Sharing Documents Online
- Collecting Data Online
- Google Classroom
- Blog Creation and Video Recording for E-content Preparation
- Practical Session

Participants prepared videos for their class. A mock session was also done on 18th May. The workshop was considered highly relevant and fruitful, with a vibrant resource person and enthusiastic participants. The coordinators expressed gratitude to everyone involved in organizing the workshop.




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**CULMINATION OF THE YEAR LONG 150th BIRTH ANNIVERSARY OF
MAHATMA GANDHI - PARTICIPATION IN SACHHATA HI SEWA CAMPAIGN**

The staff and students of St. Thomas College of Teacher Education, Pala actively engaged in SWACHHATA HI SEWA CAMPAIGN on 2nd October 2019 as a part of the observance of 150th GANDHIJAYANTHI. Programmes such as quiz, seminar presentations, photo exhibition, skit and tableau were conducted on 8th October 2019. 49 students and 16 faculty participated in the cleanliness drive.

Oath taking

An oath to protect the environment was taken by the faculty and students on the occasion.



Cleaning the surroundings

As part of Gandhi Jayanthi observation students under the leadership of staff cleaned the campus and surroundings of the institution.



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**ALUMNI ASSOCIATION CELEBRATIONS – INTER-COLLEGIATE ESSAY
COMPETITION FOR STUDENT TEACHERS**

The Alumni Association of St. Thomas College of Teacher Education, Pala organised an Inter-collegiate essay competition for teacher trainees on the topic 'The Changing World and Teaching Styles to be Changed' on 5th October 2019. 30 students and 4 faculty participated in the programme. Prakash M. Vettam, Executive Committee Member, Alumni lead the programme.



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TEACHERS' DAY CELEBRATIONS AND BLESSING OF THE ACADEMIC YEAR

Teachers' day was celebrated on 5th September 2019 with the aim of respecting our dear teachers. The programme was blessed with the presence of the Auxiliary Bishop of Palai, H.E. Mar Jacob Muricken. Dr. Sr. Celene Joseph, Principal, St. Thomas College of Teacher Education, Pala, delivered the welcome speech. The blessing and inauguration of academic year took place on 5 September, 2020. 98 students and 16 faculty participated in the programme.

Guruvandanam, the book prepared by the first year B.Ed. students, by interviewing retired teachers, was released on the occasion. Teachers were honoured during the function and a candle lighting ceremony was conducted; the light of knowledge was shared from teachers to students. Ms. Deepa George, General secretary, proposed a vote of thanks.



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UNION AND ARTS CLUB INAUGURATION (PRAJWALAN 2K19)

The inauguration of the activities of the College Union PRAJWALAN 2k19 and Arts Club was conducted on 4th October, 2019. Ms. Deepa George, General Secretary, delivered the welcome speech. Mr. Jestin Joy, College Union Chairperson, presided over the function. Fr. Sijo Chennadan, also known as, RJ father inaugurated the activities of the College Union and Arts Club. Dr. Sr. Celene Joseph, Principal, St. Thomas College of Teacher Education and Dr. Sunu Austin staff advisor to the College Union felicitated the meeting. Ms. Parvathy S., Arts Club Secretary delivered a vote of thanks. 98 students and 16 faculty attended the meeting



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**TWO-DAY NATIONAL SEMINAR ON
“DISASTER AND CRISIS: MANGEMENT, PREPAREDNESS AND RESILIENCE”**

The Two-Day National Seminar on ‘DISASTER AND CRISIS: MANAGEMENT, PREPAREDNESS AND RESILIENCE’ was jointly organised by Society of Innovative Researchers and Academicians (SIRA) and UGC-HRDC, Thiruvananthapuram at UGC – HRDC Thiruvananthapuram, on 11th and 12th October 2019. 250 academicians, teachers, research scholars and students from different states of India participated in the seminar. There were 109 paper presentations and special deliberations on disaster and crisis: management, preparedness and resilience’.

Dr. T.C. Thankachan (President, SIRA) propose the Inaugural Address. The seminar was inaugurated by the Dr. Mahadevan Pillai, Hon’ble Vice Chancellor, University of Kerala at UGC-HRDC Auditorium on 11th October 2019 at 10 am. He has highlighted the need of making people aware of causes and consequences of disasters in the light of Tsunami, Okhi and flood and landslides recently occurred in Kerala.

17 students and 3 faculty members were participated, and 17 papers were presented in the session by students in the Two-day National Seminar on Disaster and Crisis: Management, Preparedness and Resilience” from St. Thomas College of Teacher Education, Pala, the programme was very informative and effective and met the standards of excellence. SIRA expresses sincere gratitude and appreciation to all who contributed to the success of the Two-day National Seminar disaster and crisis: management, preparedness and resilience.



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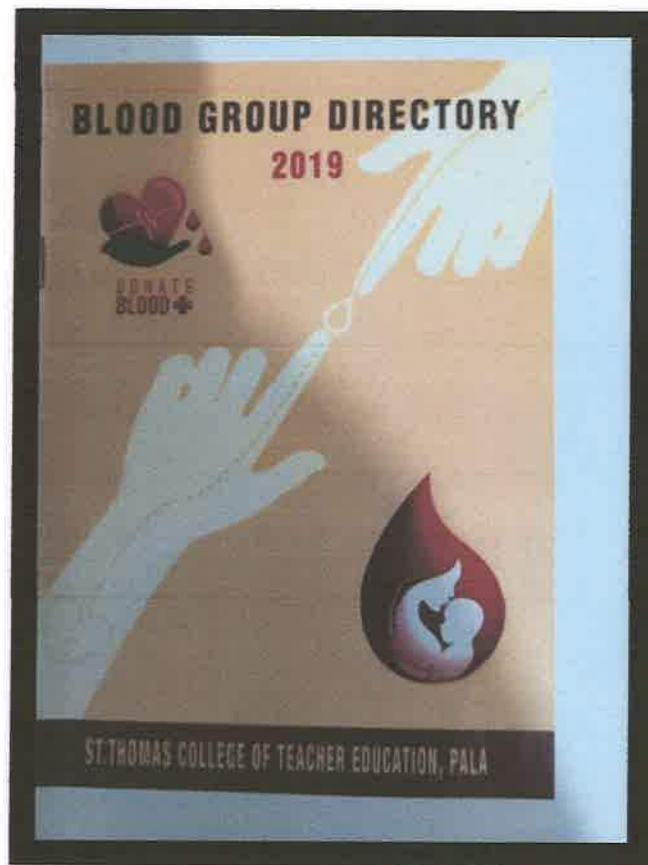


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RED RIBBON CLUB

CLASS ON IMPORTANCE OF BLOOD DONATION, PUBLICATION OF A DIRECTORY OF BLOOD GROUP AND QUIZ COMPETITION

Red Ribbon Club and Health Club of St. Thomas College of Teacher Education, Pala, organised a class on Importance of Blood Donation and a Blood Directory was released on 16th October 2019. The programme was under the supervision and guidance of Dr. Sunil Thomas, Assistant Professor, St. Thomas College of Teacher Education, Pala, and other faculties of the college. The directory compiled and published Blood Group Details of the students, teachers, and administrative staffs of the college. Blood Group Details were collected from B.Ed. 1st year, B.Ed. 2nd year, M.Ed. 1st year, M.Ed. 2nd year, D.El.Ed. 1st year, D.El.Ed. 2nd year, Teaching Staffs and from Administrative Staffs. A list containing details of 58 person with corresponding blood group were prepared. A quiz competition was also conducted. All students participated in the session. Thirty students and five faculty participated in the programme.



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ELECTORAL LITERACY CLUB

'SAMVIDHAN DIVAS', CONSTITUTION DAY CELEBRATION

The Electoral Literacy Club of St. Thomas College of Teacher Education, Pala observed 'Samvidhan Divas', Constitution Day Celebration on 26th November 2019 under the supervision and guidance of club in charges and superior authorities with great enthusiasm and patriotic fervour. The event commenced with the recitation of the Preamble of the Constitution of India by the Principal, Dr. (Sr). Celene Joseph, St. Thomas College of Teacher Education, Pala. 96 students and 16 faculty took part in the programme.

The Principal administered the oath, which was repeated by the students and teachers. Dr. P. P. Shajimon, Assistant Professor, coordinated the entire programme. Dr. T. C. Thankachan, Vice-Principal, and Dr. Alex George, Assistant Professor, also delivered messages.

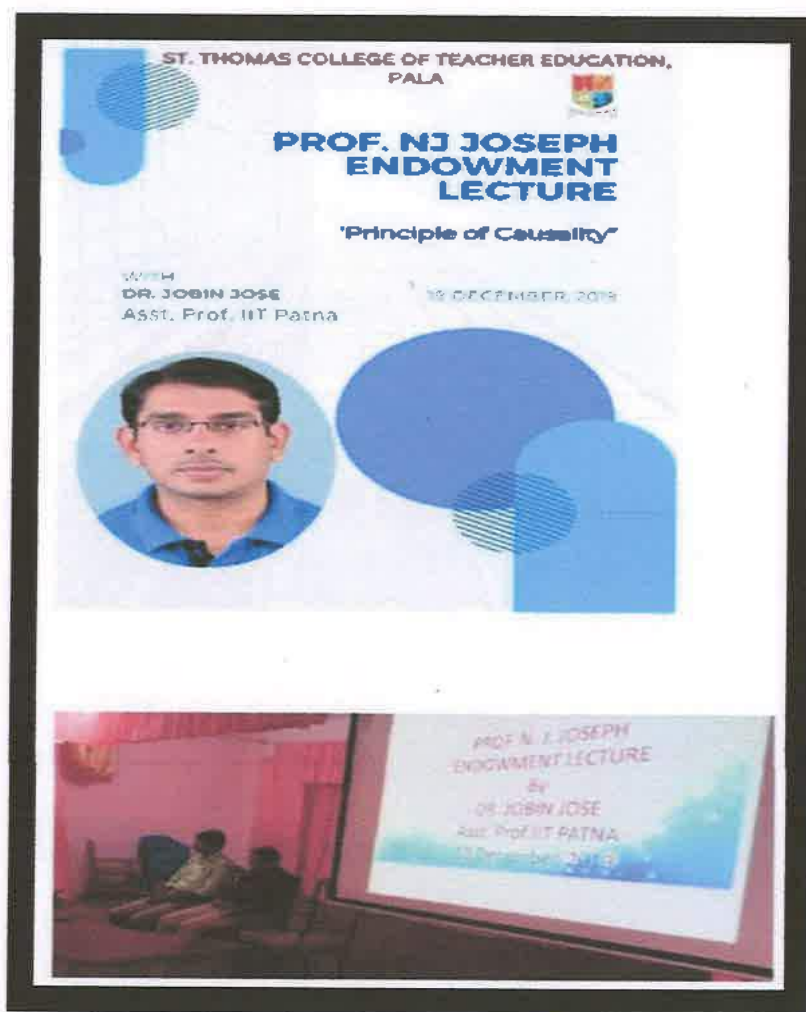



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PROF. N. J. JOSEPH ENDOWMENT LECTURE

The Prof. N. J. Joseph Endowment Lecture was held on 19th December 2019 at St. Thomas College of Teacher Education, Pala. The lecture was delivered by Dr. Jobin Jose, Assistant Professor, IIT, Patna, on the topic "Principle of Causality".

Dr. Jibin Jose's lecture focused on the fundamental concept of causality, exploring its significance in various fields, including philosophy, physics, and statistics. He delved into the definitions, interpretations, and implications of causality, providing insightful examples and illustrations. It enhanced understanding of the principle of causality among students and faculty and inspired critical thinking and discussion on the topic. 96 students and 16 faculty members participated in the programme.




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VENUE FOR DISTRICT LEVEL HIGH SCHOOL SOCIAL SCIENCE EXHIBITION

A district level High School social science exhibition was successfully held at St. Thomas College of Teacher Education, Pala, in the year 2019. The venue played a pivotal role in the smooth conduct of the programme. The college's infrastructure provided an ideal setting for the exhibition, with ample space for display boards, models, and projects. The college administration and staff extended excellent support. 10 students and 4 faculty were volunteers for the programme.



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VIMUKTHI CLUB

SILENT PROTEST AGAINST DRUGS - A RALLY AGAINST DRUGS


'Vimukthi' (Kerala State Mission for De-addiction) is a project launched by the State Government to conduct awareness campaigns against alcoholism and drug abuse. It has been implemented with the help of Student Police Cadets, anti-addiction clubs of schools and colleges and various other student, youth and women's organisations. State wide campaigns to make students and youth aware of the evils of drug addiction and alcoholism are conducted by the mission with the aim of 'Addiction free Kerala'. As part of this mission, the Vimukthi Club of St. Thomas College of Teacher Education, Pala organised a one-act play and awareness class by Janamaithri police on January 17th, 2020. The program was successful in conscientizing the teacher trainees about the evils of drug addiction. The initiative, 'Silent Protest Against Drugs' was an offshoot of this awareness. The programme fanned its wings with the guidance and support of principal, Rev. Dr. (Sr). Celine Joseph and under the directorship of Dr. Alex George, teacher in charge of Vimukthi Club.

The protest highlighted the quote from Eastern Philosophy: " Silence is the most powerful scream" by covering the mouth of all the participants with a black cloth. The flag off ceremony was conducted in the college auditorium by the principal, Rev. Dr. (Sr). Celine Joseph at 3.30 pm. The meeting was attended by the police officers from the Excise Department, Pala, media persons, teaching and non-teaching staff of St. Thomas College of Teacher Education, Pala. 48 students participated in the silent protest rally and 5 faculty participated in the programme. It was followed by the oath taking and rally. The message to the society was successfully conveyed through placards and various theme-based programs like flash mob, street play and group song which were enacted by the students at the main spots throughout the rally.



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**ANTI -RAGGING AWARENESS PROGRAMME-
SKIT AND SCREENING OF VIDEOS ON RAGGING AS PER UGC ORDERS**

The Anti-Ragging Awareness Programme was conducted on 11th November 2019 at St. Thomas College of Teacher Education, Pala, in compliance with UGC regulations. The programme aimed to educate students about the ill effects of ragging and promote a ragging-free environment in the institution. 47 students and 4 faculty attended the programme.

Skit: A thought-provoking skit was presented on the stage depicting the physical and emotional trauma faced by the victims of ragging. The skit effectively conveyed the message that ragging is a serious offence with severe consequences.

Video Screening: Videos on ragging, provided by the UGC, were screened to raise awareness about the issue. The videos showcased real-life incidents of ragging, highlighting the devastating impact on students and their families.





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EXPLORICA TOUR

A study tour, "Explorica 2020" was arranged for the students of final year B.Ed. from 31 December, 2019 to 6 January, 2020. The students spent three days in Hyderabad, visiting places like Hussain Sagar Lake, Salar Jung Museum, Lumbini Park, Ramoji Film City, Golconda Fort, Snow World and Charminar. The students took up Explorica 2020 as chance to explore, expand, and enrich their learning and relationships. 45 students and 5 faculty participated in the tour.





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ATHIJEEVANAM EDUCATIONAL CAMP

A five- day community living camp, "Athijeevanam 2020" was organised in the college for final year students of B.Ed. from 14 to 18 January 2020. Coming out of their own personal comfort zones, each student enjoyed the camp days, making memories that would be cherished for a life time. The students got experiences in cooking and cleaning, and they were given specific duties and responsibilities in the camp activities. Moreover, workshops and training sessions were offered to the students with the aim of polishing their skills and talents. 47 students and 12 faculty participated in the camp.




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MISS ELAN 2020

Each time a woman stands for herself, she stands for all women. Miss Elan is a personality contest to find out a woman who is outstanding in all the aspects of personality. The contest is organised by the women cell of St Thomas College of Teacher Education Pala in honour of Dr. Sr. PT Mary, the former principal of the college.

Miss Elan contest of the academic year 2019-20 was conducted on 23rd January 2020. It was an inter collegiate personality contest. The preparation for the contest began during the month of December itself under the guidance of women cell coordinator Dr. Sunu Austin. 29 participants from various colleges participated in this competition. A panel of 3 eminent judges evaluated the performance of the contest and selected the apt personality. 25 students of the college and 4 faculty participated in the programme.

The contest began at 11:00 a.m. with a general knowledge test followed by a reasoning test. The on-stage performance started at 1:00 p.m. at the college auditorium with self-introduction session. Here the participants and introduced themselves in 1 minute and with that the preliminary round came to an end. Among the 29 participants 10 were selected by the judges to compete in next round. Round 1 included the following sessions:


- Talent time
- Group discussion
- Theme round

After this round 5 contestants were eliminated and the selected ones had gone through the following rounds in Round 2:

- Film round
- Question round

The final round started with the selected 3 contestants from the second round. All the participants were highly spirited and made the programme successful.. Miss Elan 2020 was titled to Miss Agatha Kurian of Baselios College. Miss Akshara of Teacher Education College Erattupetta was the First Runner-Up and Jilu Anna Johney of Mount Carmel College of Teacher Education was the Second Runner-Up.




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SPORTS DAY

The moment of victory is much too short to live for that and nothing else”, said the tennis player, Martina Navratilova. Sports meets aim to instil sportsman spirit in children rather than commemorating victories. The much-awaited Annual Sports Day was held on 1st February, 2020, with great zeal and excitement.

The Principal, Dr. Sr. Celene Joseph received the salute during the march past and she hoisted the flag. The students entered into the spirit of the occasion in a grand way with the oath being administered by the sports leader. Once the races began, the air of STCTE was filled with cheering and encouragement for the young athletes. Various events conducted are 100 m race, 200 m race, 400 m race, 800 m race, 1500 m walking, long jump, 4*100 m relay, 4*50 m mixed relay, shot put, ball throw, discuss throw, javelin throw, skipping and so on. Competitions conducted for the teachers added to the enjoyment. 114 students and 16 teachers took part in the event.





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ARTS DAY

'Campus Uthsav' is an annual arts fest conducted by STCTE campus, featuring several art competitions for students. It gives the students a platform for improving their capabilities in team work as well as raising their self confidence in interacting with fellow students. Campus Uthsav 2020, was inaugurated on 28th February and following the inauguration, many young energetic talents took the stage and showcased a host of variety performances.

Campus Uthsav included a number of cultural events like light music, Malayalam recitation, Malayalam elocution, English recitation, English elocution, patriotic song, group song, mono act, mimicry, mime, nostalgia, fusion dance, single dance, skit, fancy dress and tableau. The rules of all competitions were framed after referring the rules of university youth festival. 114 students and 16 teachers were involved in the fest.




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EK BHARATH SHRESHT BHARATH- EBSB
CELEBRATION OF MATHRUBHASHA
SCREENING OF HIMMACHALI FILM 'SAANJH' AND REVIEW WRITING

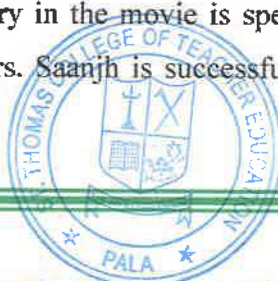
As part of the The Ek Bharat Shreshtha Bharat Engagement Matrix between States and UTs, our state Kerala was culturally connected with the state Himachal Pradesh. As per the programme we watched a beautiful movie called “Saanjh” on 18th February 2020 which was in every sense a visual tour to the Land of God –Himachal Pradesh. 47 students and 5 teachers together watched the movie Saanjh

Saanjh (transl- An Evening) is a 2017 Indian Himachali language drama film, directed by Ajay Saklani. With a running time of 109 minutes this is the first feature film in Himachali Language to be released in cinema halls and is introducing Aditi Charak, Vishal Pargappa and Rupeshwari Sharma. The film also features two well-known Bollywood actors Asif Basra and Taranjit Kaur.

Set in the beautiful Kullu valley of Himachal Pradesh, Saanjh follows the journey of Sanju, a 16-year-old city girl who becomes the victim of bogus social-media posts. When her father discovers a compromising online video in which Sanju supposedly features, he consigns her to their remote ancestral village to stay with her grandmother. Isolated and dejected, Sanju encounters ill-mannered house guest Jonga and finds surprising solace in his company. Unable to adjust to the village lifestyle, she hatches a plan to escape the village with help of Jonga, but need time to raise enough cash. Meanwhile, Sanju slowly begins to understand her grandmother’s pain—living a secluded life with almost no contact with her children—and a deep bond grows between them. When the grandmother falls sick, the film focuses on one unforgettable Saanjh (evening) in which they are caught between light and darkness.

This movie has travelled across the world and received global accolades. The film has been screened in multiple countries and even won the Best Feature Film at Borrego Springs Film Festival (USA), Award of Merit at Accolade Global Film Competition (USA). Saanjh is one of the highest rated films in IMDb and Facebook as well.

It is a lovely movie, for it has captured the essence of Himachal and its aspirations and portrayed human relations beautifully. It is a brilliant piece of artistic reality. The locations are heavenly. The cinematography has done complete justice in picturing the divinity and radiance of the land. The scenery in the movie is spectacular with mountains, valleys and much more to amaze the viewers. Saanjh is successful in showcasing the rich



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heritage and culture, customs and traditions of the Himachal for enabling people to understand and appreciate the diversity of our land, thus foster a sense of common identity among us. In every way it is the perfect movie to connect to the cultural diversity of the land. Throughout the 109 minutes we were virtually transported to the blissful land and emotions. By the end of the movie, we were overwhelmed with emotions and a strong desire to visit this alluring state.

To sum it up it is a must watch movie, for it has been able to create an environment which promotes learning between States by showcasing and transferring across the borders, the best practices and experiences of the land.



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ELECTORAL LITERACY CLUB NATIONAL VOTERS' DAY

The National Voters' Day (NVD) has been celebrated on January 25 every year since 2011 all across the country to mark the foundation day of the Election Commission of India, which was established on January 25, 1950. The main purpose of the celebration is to encourage, facilitate and maximize the enrolment, especially for the new voters, and to spread awareness among voters for promoting informed participation in the electoral process. The theme for National Voters' Day, 2020 was 'Electoral Literacy for Stronger Democracy'.

With the guidance and support of Principal, St. Thomas College of Teacher Education, Pala, Dr. (Sr). Celene Joseph and under the captaincy of Dr. P. P. Shajimon, Assistant Professor, St. Thomas College of Teacher Education, Pala, and Social Science stream a four-tier quiz competition was conducted in the spirit of the National Voters' Day witnessed the participation of the entire students of B.Ed. and M.Ed. batches on February 4, 2020. The quiz competition was well planned and meticulously executed. 47 students and 5 teachers participated in the event.




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INTERNAL QUALITY ASSURANCE CELL (IQAC)

ANNUAL REPORT (2018-2019)





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IQAC PROFILE


IQAC COMMENCEMENT	17 / 03 / 2004
IQAC	The Internal Quality Assurance Cell (IQAC) at St. Thomas College of Teacher Education, Pala, was set on 17 / 03 / 2004 which helps to enhance the quality and standards of education offered by the institution. The IQAC is an integral part of the college's commitment to continuous improvement, and it functions as a facilitator for the institution's academic and administrative excellence.
OBJECTIVES	<p><i>The primary objectives of the IQAC at St. Thomas College of Teacher Education, Pala, are as follows:</i></p> <ul style="list-style-type: none"> ✦ <i>To develop and promote a quality culture amongst all stakeholders of the institution</i> ✦ <i>To ensure the maintenance of academic standards in teaching, research, and extension activities</i> ✦ <i>To facilitate the implementation of best practices in various aspects of the institution's functioning</i> ✦ <i>To foster a learner-centric environment that encourages holistic development and overall well-being</i> ✦ <i>To encourage faculty and staff development and motivate them for continuous improvement</i> ✦ <i>To establish a feedback mechanism to monitor and evaluate various processes and take necessary actions for improvement</i>
STRATEGIES	<p><i>To achieve its objectives, the IQAC follows the following strategies:</i></p> <ul style="list-style-type: none"> ✦ <i>Formulating and implementing quality benchmarks for various academic and administrative activities</i>




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- *Conducting regular meetings and workshops to sensitise faculty, staff, and students about quality enhancement measures*
- *Organising training programs for faculty to enhance their teaching and research capabilities*
- *Monitoring and evaluating academic and administrative processes through periodic internal audits*
- *Collecting feedback from various stakeholders, including students, parents, alumni, and employers, to assess the college's performance*
- *Encouraging research and publication activities among faculty members and students*
- *Collaborating with other institutions and agencies to share best practices and promote mutual learning*




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COMPOSITION OF THE IQAC (2018-2019)

A. CHAIRPERSON

1. Dr. Sr. Celene Joseph, Principal

B. SENIOR ADMINISTRATIVE OFFICER

2. Sri. A.V. Sebastian, Junior Superintendent

C. TEACHING FACULTY REPRESENTATIVES

3. Dr. Sr. Beenamma Mathew, Assistant Professor, Vice-Principal
4. Dr. T.M. Mollykutty, Associate Professor, HoD, M.Ed.
5. Dr. T.C. Thankachan, Assistant Professor, B.Ed. Dept.
6. Dr. P.P. Shajimon, Assistant Professor, B.Ed. Dept.
7. Dr. Sr. Mary Thomas, Assistant Professor, B.Ed. Dept.

D. MEMBER FROM THE MANAGEMENT

8. Rev. Dr. Jose Kakkallil, Chancellor, Diocese of Palai
9. Prof. Jose P Mattam, Member, Governing Body


E. MEMBER FROM THE LOCAL SOCIETY

10. Smt. Leena Sunny, Municipal Councillor

F. NOMINEE FROM THE STUDENT COMMUNITY

11. Mr. Joffy K. Njavallil, B.Ed. Student




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G. Nominees from the Industry/Employers/Stakeholders/Alumni/PTA

12. Sri. V.C. Joseph, PTA, Vice-President
13. Rev. Fr. Berchmans Kunnumpuram, Secretary, Corporate Educational Agency, Diocese of Pala
14. Sri. P. Krishnakumar President, Alumni

H. CO-ORDINATOR OF IQAC

15. Dr. Lavina Dominic, Assistant Professor, B.Ed. Dept.



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KOTTAYAM (DT.)-686575, KERALA, INDIA

Re-accredited at A Grade by NAAC

Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India

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STRATEGIC PLAN OF ACTION AND OUTCOMES (2018-2019)



Strategic Plans

Outcomes

Prepare for the fourth cycle of NAAC

➔ Dr. Sunu Austin, Sri. Alex George and Dr. Lavina Dominic attended the One day Workshop (UGC- CPE) on New-Methodology of NAAC Accreditation held at St. Thomas College, Palai, on 21 July, 2018

Dr. Simimol Sebastian, (IQAC Coordinator, Alphonsa College, Pala) presented a talk on ' SSR Writing and Submission in the Light of New NAAC Guidelines' on 16/04/2019

The members of the faculty and staff were oriented by the college IQAC Coordinator on the revised NAAC Accreditation and Assessment Process and the members have started working on it.

Create environmental sensitivity among staff and students

➔ The Green Protocol Samithi was inaugurated on 5 June 2018 (World Environment Day)- Saplings were distributed among students under the auspices of Green Dreamz (Nature Club of the college and Green Protocol Samithi)


Orient the faculty and students towards MOOC courses and SWAYAM platform

➔ Students were oriented to MOOC courses on SWAYAM platform by Dr. Sunu Austin on 10/08/2018.

Four members of the faculty joined and successfully completed MOOCs on SWAYAM platform.

Six students joined and successfully completed MOOCs on SWAYAM




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Update the digital teaching and learning knowledge and skills of the faculty, staff and students

→ Students were provided training in preparation of E content. They prepared their own blogs and uploaded the e-content prepared by them.

Make significant contributions to society , develop social sensitivity among staff and students

→ The college conducted several extension activities. The faculty and students were actively involved in flood relief activities in aftermath of Kerala floods.

Ensure all round development of students

→ Conducted various activities during association period , competitions, Arts fest, Sports Meet, Drama workshop, short film production, script writing, filming documentaries, preparation of E Content


Enrich the research skills of the faculty and students

→ Published two issues of the college journal Members of faculty and students participated and presented research papers in several seminars

Augment the infrastructure of the college


→ Presented proposal for renovation and infrastructure augmentation with RUSA




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Report of the IQAC Quality Initiatives 2018-2019




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READING DAY CELEBRATIONS – VAYNAPAKSHACHARNAM

The Reading Day Celebrations at our college was an event held with enthusiasm and active participation from both students and staff. The event commenced with the inauguration session led by respected Sri Chacko Poriyathu retired headmaster of St. Marys School Bharnanganam marking the beginning of two weeks filled with literary activities under the theme VAYNAPAKSHACHARNAM from 19th June 2018 to 7th July 2018.

The inaugural ceremony witnessed the presence of 48 students and 16 faculty members, creating an environment of excitement and anticipation. Sri. Chacko Poriyathu delivered an inspiring speech, emphasizing the importance of reading and its impact on personal and academic growth. His words set a positive tone for the upcoming activities.

The two-week-long celebrations were packed with various activities aimed at promoting the love for reading and appreciation for Malayalam literature.

Video Screening on History of Malayalam Literature

One of the key highlights of the celebrations was the video screening sessions that provided insights into the rich history of Malayalam literature. These sessions were well-received by the participants, offering them a visual and engaging way to learn about the evolution of Malayalam literary works and notable authors. The videos covered different eras and styles, enriching the participants' knowledge and understanding of their literary heritage.


Book Exhibition

A significant attraction of the Reading Day Celebrations was the book exhibition organized by the college library. The exhibition featured a wide array of books, giving attendees an opportunity to explore and discover the vast collection available in the library. The event was meticulously curated under the leadership of the librarian, who provided valuable guidance and information about the books. The exhibition not only showcased the diversity of the library's collection but also encouraged students and staff to indulge in reading and utilize the library's resources more effectively.




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INTERNATIONAL YOGA DAY

St Thomas College of Teacher Education, Pala celebrated International Yoga Day on June 21, 2018. Forty eight students and 16 teachers participated in the event with an enthusiastic mind. The program commenced with a welcome address by the Principal. It was followed by a mass yoga demonstration led by Yoga Instructor, Arjun K Anil, B.Ed. Student, under the guidance of Mr. Sunil Thomas, Assistant Professor, St Thomas College of Teacher Education, Pala.

The students performed various yoga asanas, breathing techniques, and meditation. The college distributed yoga mats and literature to all participants, fostering a spirit of unity and well-being among the students. The event emphasized the importance of yoga in promoting physical, mental, and emotional well-being.





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INDEPENDENCE DAY CELEBRATIONS

The Independence Day celebrations of the year were held on 15 August 2018. The principal hoisted the national flag. Forty nine students and 16 members of the faculty participated in the programme. Sweets were distributed on the occasion.




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OATH TAKING CEREMONY

The formal ceremony of oath taking of the office bearers of the college union (2018-2019) took place on 11 September 2018 conferring the authority and responsibility to the office bearers and other representatives of the student union. Dr. Sr. Celene Joseph, principal congratulated the elected office bearers and administered the oath of office to the union members. The programme was participated by 49 students and 16 faculty of the college.




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REPORT OF TWO-DAY NATIONAL SEMINAR CUM WORKSHOP ON 'TEACHING LEARNING PLATFORMS FOR DIGITAL NATIVES'

The Two-Day National Seminar cum Workshop on 'Teaching Learning Platforms for Digital Natives' was organised by Society of Innovative Researchers and Academicians (SIRA) in collaboration with UGC-HRDC, Thiruvananthapuram at St. Thomas College of Teacher Education, Pala on 27th and 28th September 2018. 247 academicians, teachers, research scholars and students from different states of India participated in the seminar. 113 students and 16 teachers of the college participated in the seminar. There were 117 paper presentations and special practical sessions on 'Registration and Use of Online Courses'.

The first session on 'Digital Initiatives in India' and the afternoon session on 'Digital Initiatives for 21st Century Learners' were handled by Dr. G. Santhosh Kumar, Professor, CUSAT. The participants reported high remarks on the session handled by Dr. G. Santhosh Kumar which threw light on the various aspects of digitalisation in the Indian Higher Education Scenario. The paper presentations were conducted at seven venues and 117 participants from different streams of Education presented their papers. The faculty and students presented 39 research papers in the seminar. The session was very informative and fruitful and emphasised different dimensions of digital technologies and its impact on teaching learning process. The second day programmes commenced with paper presentation session on 28th September 2018. This was followed by the presentation of Theme Paper III, 'Web Tools for Digital Classrooms' by Dr. K. Thiyagu, Assistant Professor, Central University of Kerala, Kasargod. The next sessions were also handled by Dr. K. Thiyagu which provided Hands Own Experience and Practical Sessions on Registration and use of Online Courses. This session was greatly appreciated by the participants as it provided really constructive and functional opportunities for them to experience online tools for teaching and learning. Dr. T. C. Thankachan, Assistant Professor of St. Thomas College of Teacher Education and President, SIRA introduced SWAYAM Online Courses to the delegates. The session was highly informative as it acquainted the participants with the innovative and integrated plan of Education introduced by UGC to improve Higher Education in India. The Two Day National Seminar cum Workshop on 'Teaching Learning Platforms for Digital Natives' was very informative and effective and met the standards of excellence.




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CALL FOR PAPERS

- Papers should be based on the main theme or the sub-themes.
- It should be in MS Word Format with 1.5 line spacing on Times New Roman font size 12 on A4 paper. The papers should be to 5-8 pages.
- The full paper should include Abstract, Key words and References (in APA format). Papers without these will be rejected.
- Papers will be published in ISBN numbered seminar proceedings.
- Papers should be sent by e-mail: drtchanak@gmail.com. The last date of submission of the paper is 17th September, 2018. For details regarding paper presentation and publication, please contact Dr. T.C. Thankachan (Mob: 09447037105). Papers that reach after this date will not be considered for presentation and publication.

REGISTRATION FEE AND ACCOMMODATION

Registration Fee:

Teachers (University/ College/School) & Academicians	Rs. 500/-
SIRA Members	Rs. 400/-
Research Scholars (M.Phil/Ph.D/Post doctoral)	Rs. 350/-
PG and UG students	Rs. 300/-

Paper Presentation and Publication Fee: (Paper presenters should remit an additional amount of Rs. 500/- towards presentation including the cost of printing proceedings with ISBN for joint papers, the authors should register their names by paying the fee amount separately. The research guides who made more than one research scholar presenting the paper, are permitted to remit the additional fee once.)

Registration and fee for paper presentation should be paid in Cash/DD to The Treasurer, SIRA payable at St. Thomas College, Palakkad. Contact: Dr. Isaac Paul, Assistant Professor, GCYE Thevada, Thiruvananthapuram - 696014. And send to The Secretary, SIRA/Dr. Suranjan Mathai, Assistant Professor, Tully's Teachers College, Thiruvalla, Pathanamthala Dist. The last date of receiving the fee paper with the registration and paper presentation fee is 17th September, 2018.

Accommodation: will be arranged on request (separate payment for accommodation). For details please contact at the address: Mr. Suni Thomas 7944714211 or Mr. Aze George 0964759052.

FOR MORE INFORMATION, PLEASE CONTACT...

Dr. T.C. Thankachan: 09447037105 (Mob) / 09447037105 (WhatsApp) / 09447037105 (Facebook)
 Dr. Isaac Paul: 09744128912 (Facebook: SIRA)

ROUTE MAP TO RESEARCHER'S COLLEGE FOR TEACHER EDUCATION, PALA, KERALA



TWO - DAY NATIONAL SEMINAR CUM WORKSHOP ON

TEACHING LEARNING PLATFORMS FOR DIGITAL NATIVES

27th & 28th September, 2018



Jointly Organized by
 UGC/HRDC, UNIVERSITY OF KERALA, THIRUVANANTHAPURAM & SOCIETY OF INNOVATIVE RESEARCHERS AND ACADEMICIANS (SIRA)

In Collaboration with
 MATHEMAS COLLEGE OF TEACHER EDUCATION, PALA, KERALA

About the Seminar cum Workshop

The digitalization of information has made education more constructive and intensive with innovative changes in instructional practices, policies and resources. The world with application of technology in classrooms have put teachers in a dilemma to intelligently upgrade their technical knowledge, innovations and practices in order to compete with the global demands. Hence, every teacher should have a comprehensive knowledge of and professional expertise to handle the various digitally mediated tools and resources for curriculum transaction. This seminar cum workshop aims to disseminate theoretical and technical orientation to teachers with digital mediated transaction platforms through which teachers, researchers and academicians can design/revise innovative and web-based online courses. This will be a powerful reflective experience for the participants and will create a positive institutional climate and collegiality that would prompt to build more competitive and qualitative digital natives.

About UGC HRDC Thiruvananthapuram

The Human Resource Development Centre, University of Kerala was instituted in 1987 by the UGC. The HRDC has functions in the District Allottee Building at Karuvattom with Dr. S.V. Sudheer as the Director. UGC/HRDC Kerala University has already conducted 101 courses for teachers from different departments and 26 100 teachers have participated in a HRDC Workshop also conducted 10 programmes under STAT (Sustaining Teachers for Advanced Training Programme), 10 courses covering the needs of RUSA in 2017-18, has launched 14 PGC recruited University Assistants and 12 In-Service Workshop for 3 days. A number of programmes were also organized in renowned institutions like IIT, IIS etc. The HRDC publishes UGC-ASC News twice a year.

About SIRA

Society of Innovative Researchers and Academicians (SIRA) is an association registered under Transitions, Section Library, Scientific, Copyright, Software Act 1955 by the author members of the 18th ministerial session in Education of UGC/HRDC, University of Kerala, Thiruvananthapuram. The aim of SIRA is purely academic without affiliation to any political party. The main objective of SIRA is to secure the professional growth of its members through training programmes, seminars, publications, technical assistance, study activities, library services and research. The membership is open to all college teachers including Professors and Arts and Science Colleges (public, govt. or unaided) university teachers and research scholars. SIRA conducted one National-level Seminar in Mother Teresa Women's University, Kuttanad and published a e-book based in the year 2017.

About the College

St. Thomas College of Teacher Education, Pala was established in 1957 as one of the pioneer institutions in the field of teacher education. The college celebrated its Golden Jubilee in 2007. The College is owned and run by the Catholic Bishops of Pala and is affiliated to Mahatma Gandhi University, Kottayam. It is the only UGC of its kind to be accredited at four star level by NAAC in the State of Kerala and re-accredited with an 'A' Grade (Cycle cycle 2010) and with 'A' Grade (Old cycle 2014). The college has established a tradition of excellence in providing the teaching community, academicians and researchers.

We cordially invite you to the Two Day National Seminar cum Workshop on TEACHING LEARNING PLATFORMS FOR DIGITAL NATIVES on 27th and 28th September, 2018. The focus of the venture is to guide and train the teachers, academicians, researchers and students to utilize the benefits of the technology mediated digital platforms for academic purpose.

Prof. (Dr.) S.V. Sudheer, Director, UGC/HRDC
 Dr. T.C. Thankachan, President, SIRA
 Dr. (Dr.) Colono Joseph, Principal, STCE

SUB THEMES OF THE SEMINAR CUM WORKSHOP

1. Technology Mediated Classroom for Science, Humanities and Language Learners
2. Digital Initiative in India
3. Teaching and Learning towards Digital Literacy
4. Blended Learning, Virtual Classrooms and Flipped Classroom
5. SWAYAM, MOOCs and MOODLE
6. Google Apps & Mobile Apps in curriculum transaction
7. Open Educational resources, Free Open Source Software (FOSS), Web Tools for Digital Classroom
8. Techno-Pedagogical Skills for 21st Century
9. Technology and Electronic Media Use
10. Researches on Technology and Digital Initiatives in different disciplines

TARGET GROUP

Teachers, Teacher Educators, Academicians, Researchers and UG/PG students.

PROGRAMME

Day I (Thursday) 27.09.2018

INAUGURAL FUNCTION

27.09.2018 at 10 am

Inauguration: Mr. JACOB MURKICEN

(Auxiliary Bishop of the Syro Malabar Eparchy of Pala & Manager, St. Thomas College of Teacher Education, Pala, Kerala)

Key Note Address & Theme Presentation: Prof. (Dr.) S.V. SUDHEER

(Professor, Director, UGC/HRDC, University of Kerala, Thiruvananthapuram)

Session I - 11.30 am to 1.00 pm: Digital Initiatives in India

Dr. S. Senthilnathan, Director, UGC/HRDC, Bharathidasan University, Thiruvananthapuram, Tamilnadu

Session II - 1.45 pm to 2.45 pm: Digital Initiatives for 21st century Teachers and Learners

Dr. S. Senthilnathan, Director, UGC/HRDC, Bharathidasan University, Thiruvananthapuram, Tamilnadu

Session III - 3.00 pm to 4.30 pm: Paper Presentations

Day II (Friday) 28.09.2018

Session IV - 10.00 am to 11.40 am: Web Tools for Digital Classrooms

Dr. A. Thiruga, Assistant Professor, Department of Education, Central University of Kerala, Thiruvananthapuram

Session V - 11.45 am to 1.00 pm: Hands over Experience on SWAYAM - Practical Session I

(For this session of participants should bring their own laptops)

Session VI - 1.45 pm to 3.00 pm: SWAYAM courses and Registration - Practical Session II

VALEDICTORY FUNCTION (28.09.2018 at 3.15 pm)

Releasing the Proceedings of the Two Day National Seminar cum Workshop

Chief Guest, Msgr. Dr. JOSEPH KOLLAMPARAMPIL

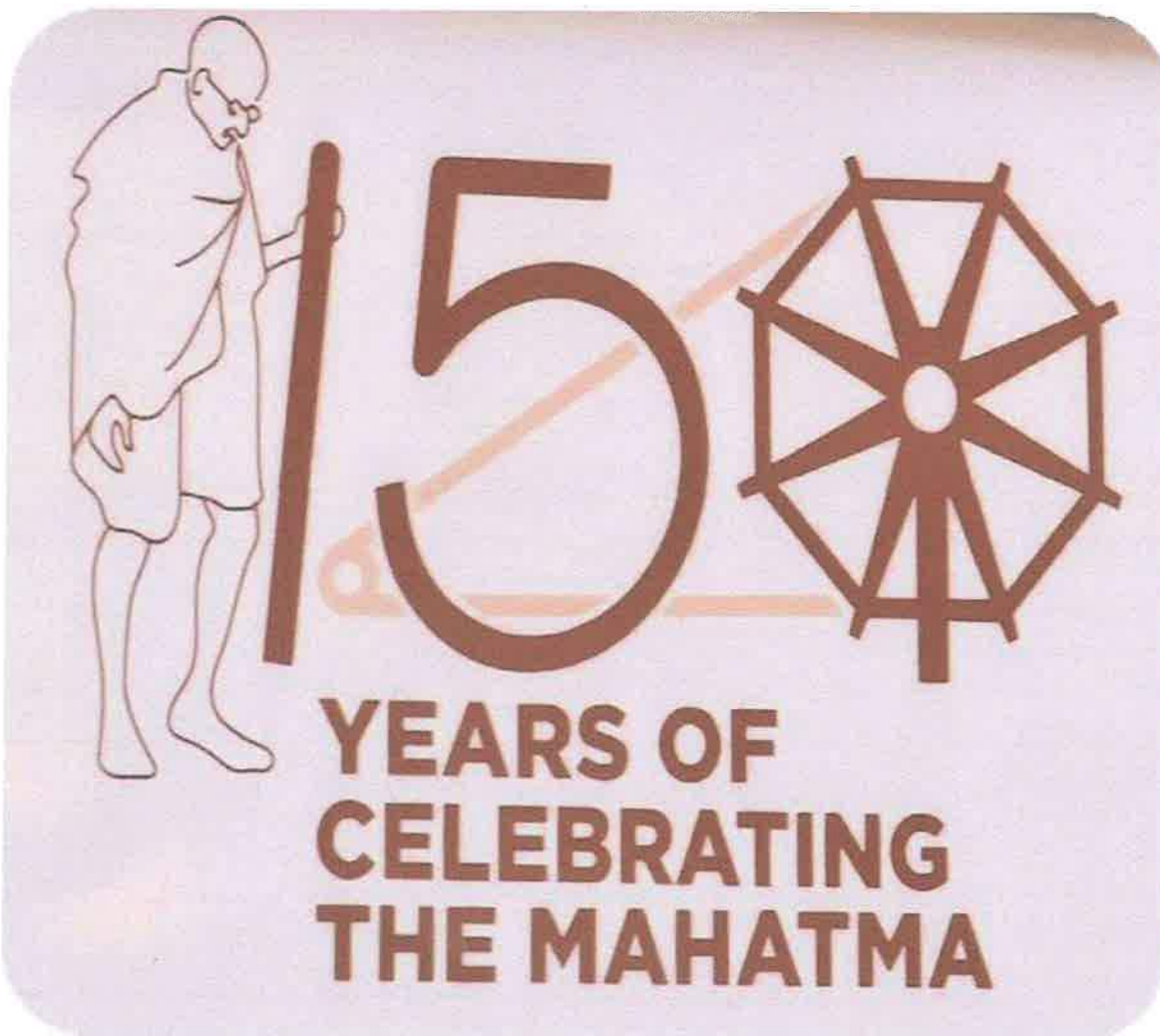
(Vicar General of the Syro Malabar Eparchy of Pala)




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COMMEMORATION OF THE 150th BIRTH ANNIVERSARY OF GANDHIJI

2 OCTOBER 2018




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CLEANING OF LOCAL TOWN

A cleaning programme was organised on 2 October 2018, under 'Swaach Bharat Swasth Bharat Abhiyaan' in connection with Gandhi Jayanthi. The programme marked the commencement of the 150th birth anniversary of Gandhiji. Students and faculty of the college under the leadership of Mar Jacob Muricken, Manger and Auxiliary Bishop, Diocese of Palai cleaned the local town, Pala. The programme aimed at creating an awareness among the students and the public regarding cleanliness and hygiene. 16 faculty members and 48 students participated in the programme.



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നഗരം ശുദ്ധിയാക്കി കോളജ് വിദ്യാർത്ഥികൾ

കോളജ് വിദ്യാർത്ഥികൾ നഗരം ശുദ്ധിയാക്കി. പലപ്പോഴും നഗരം ശുദ്ധിയാക്കി വേണ്ടുന്ന സാധനങ്ങൾ കോളജ് വിദ്യാർത്ഥികൾക്ക് ലഭിക്കാൻ കഴിയാതെ പോകാറുണ്ട്. ഇത്തരം സാഹചര്യങ്ങളിൽ കോളജ് വിദ്യാർത്ഥികൾക്ക് സഹായം നൽകാൻ കോളജ് അധികാരികൾക്ക് കഴിയും. കോളജ് വിദ്യാർത്ഥികൾക്ക് സഹായം നൽകാൻ കോളജ് അധികാരികൾക്ക് കഴിയും.



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STHREE SURAKSHA AWARENESS CLASS

Kerala Police Department has formulated and implemented a project to provide self-defence training to women and young girls in all districts. This project aims at empowering women through comprehensive awareness for has formulated and implemented and practical training programme. This special programme for women for women's self-defence has become extremely popular among the women folk of Kerala.

Women Cell of St Thomas College of Teacher Education, Pala, decided to provide a self-defence training programme for the for the 1st year B.Ed. students. 49 students and 2 teachers of the college attended the programme. A novel initiative termed Sthree Suraksha has been launched by Kerala Police to impact self -defence learning to equip women to retaliate when confronted. This was launched as part of Jana Maitri Suraksha Project and it consists of a well-trained resource team comprising of 6 to10 women police. A team consisting of 2 members visited our college on 12th, 26th and 27th of September 2018 in collaboration with Nirbhaya Kerala Police. One hour programme each was organised on the three days. Jissa Joseph of Natural Science, welcomed the whole teams. The comprehensive awareness and practical training programme included: confidence building tips to transform from a victim nature to smart nature. awareness on police facilities for ensuring the safety of women and the nature of attacks and attackers and how to confront a dangerous situation.

The students enjoyed the class and it created a positive confidence in them. The whole point of self-defence training is to prepare the students to face any situation that may bring harms to them. At last, a vote of thanks was proposed by Elizabeth Adhulya Dalby.



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

THE EI-LIT QUEST 2K19

The EI-LIT Quest 2K19 an all Kerala Inter College Quiz Competition on English Language and Literature organised by 'Purple Patch' the English Club of the college. It was conducted on January 15, 2019. Fifty students and two teachers of the college participated in organising the programme.

21 teams participated in the quiz competition and a team comprised of two members from a college. There was a written elimination round at 10:45 a.m. out of which 4 teams were selected for final competition.

The finalists were:

S.B. College Changanassery

Alphonsa College Pala

C.M.S. College Kottayam

K.E. College Mannanam

The final round began at 1:45 pm. The quiz masters were Jais Jose and Chris John.

There were 5 rounds:

Round 1: Read between the Line

Round 2: Audio Visual

Round 3: Participants' Choice

Round 4: Rapid Fire

Round 5: Clue Round

Round 6: Deal or No Deal

The winners of the competition were;


First Prize: S.B. College Changanassery

Second Prize: C.M.S. College Kottayam

Third Prize: K.E. College Mannanam

The first prize winning team was awarded a cash prize of Rupees 3000 along with an ever-rolling trophy and certificate, and a cash price of Rupees 2000 and Rupees 1000 were awarded for second and third prize winners respectively along with an ever-rolling trophy and certificates. The prizes were sponsored by Elizabeth International English Test Coaching Centre Pala. The prizes to the winners were awarded by Dr. Sr. Celene Joseph, St. Thomas College of teacher education Pala.




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Respected Principal,

Purple Patch, the 14th of July at St. Thomas College of Teacher Education, Pala is organizing EL-LIT Quest as an inter-collegiate EL-LIT competition to English Language and Literature of 11th and 12th grade students from 15 to 20th of July in the school auditorium.

We have a team competition, where the best teams will participate in the competition. The teams have to register by 10 a.m. The registration fee for each team is Rs. 2000. There will be a written examination worth of 100 marks after which the teams will be selected for the final competition which starts at 11.00 a.m. The quiz will include questions from the text and the related areas in English Language and Literature.

Finally, good performance from your students will lead to the competition. Please encourage your participants to participate in the competition at Pala, August 11, 2019. The registration form is enclosed.

Express our appreciation,
Very sincerely,

Dr. Beena Mathew (Co-ordinator) Dr. Dr. G. Suresh Babu (Principal)

PRIZES

I Prize
Rs. 3000

II Prize
Rs. 2000

III Prize
Rs. 1000

The prize winning teams will each receive an ever-lasting trophy.

PROGRAMME

Registration	12.00 p.m.
Elimination Round	11.00 p.m.
Lunch Break	12.30 p.m.
Final Round	1.45 p.m.
Prize Distribution	



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