

PERSONAL DETAILS



Name : ADHILA
 Subject : Social Science
 Age & Date of Birth : 29 yrs, 30/04/1993
 Sex : Female
 Religion & Caste : Islam, Muslim
 Marital Status : Single
 Permanent Address with Phone Number : Thadathil, Vattakkayam,
 Erattupetta P.O, 9447456616
 Temporary Address with Phone Number : -
 Father's Name & Occupation : Suneer C.M, Merchant
 Mother's Name & Occupation : Fathima Suneer, Housewife.
 Whether day Scholar / hostel resident : Day scholar
 If hostel resident Name, Address and Phone Number of local guardian : -
 Details of Siblings
 Brothers : 4
 Sisters : 1

Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.	Economics	2016	M.G. University	8.78	88%	
Degree	Economics	2014	M.G. University	3.64	91%	
PDC / +2	Commerce	2011	Kerala Higher Education	1163	97%	
SSLC		2009	Kerala Govt. Gen. Edu. Dept		94%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level : Drama, State level A grade.

Extra Curricular activities and hobbies : Dancing

Details of previous employment if any

: worked as Guest Lecturer at K.E college, Mannanam
 : G.S.N. College, Chertthala.

Any other information

U.G.C. Net qualified



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Session: I 12/11/22

Aadhila had about 2 years teaching experience at Mannanam Arts & Science college. She joined to complete her teacher training course with a lot of interest. Took initiative in the class to conduct various programs, especially to conduct an exhibition of various antique materials.

Session II ~~17/11/22~~ 17/11/22.

While taking classes, she ~~stuck~~ ~~on~~ stuck on mainly to lecture method. Encouraged her to make her students interactive in the classroom.

13.13 writing good, she can use more learning materials. She was an independent girl. Marriage proposals were going on. It created a bit confusion for her. She wanted to complete the course.



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Academic Performance:

Very good in academics.

Participation in Co-curricular activities:

Actively participated in co-curricular activities. Smart and good in participating in various activities.



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Session III

24/03/23

Since Adhila was named to a person at Kottayam she was shifted to that house. She had to face ~~many~~ many adjustment problems in her new house. Being pregnant, had a lot of physical difficulties.

Session IV

23/11/23

Gave birth to a baby boy inbetween internships. Not a normal delivery. Related with a lot of complications ~~stayed~~ arose. Anyway she took more days and continued in the school to complete the program. A lot of mental support was provided since she had the mood swings in between which made the ~~best~~ best situation.



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23/11/23.

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MENTORING RECORD

Objective: To promote the personal and professional well-being of beginning teachers

Name: Annu Abraham

Age & Date of Birth: 23/-0/1998

Permanent Home Address: Moloparampil House
Kuruvamoozhy P.O Koratty, Kanjirappally

e-mail: annuabraham210@gmail.com

Mobile: 8547087959

Subject: Social Science

Sex: Female

Religion: Christian

Caste : RCSC



Educational History

Course	Institution	Subject	% of marks	Remarks
PG	St. Joseph's College, Devagiri	MA Economics	92.6%	
Degree	Government College for Women, Vazhuthacaud	BA Economics	90.1%	
PDC/+2	St. Domnics HSS Kanjirappally	Commerce- Maths	99.4 %	
SSLC/CBSE/ICSE	St.Thomas HS Erumely	SSLC	Full A+	
Any other				

Family Details

Relation	Name	Age	Education	Occupation	Income
Father	Abraham Joseph	57	B.com	Business	
Mother	Titty Abtaham	54	M.A, B.Ed	HSST Economics	
Brother	Alen Abraham	27	M.com, M.Sc Finance	Senior Risk Analyst in Ban of Ireland	

Academic Performance

Very good.

Participation in Co-curricular activities

Yes, especially in various stage performance and really participated in various sports competitions and was prize



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Special Information if any:

Motivation:

Strength:

- Decisiveness
- Adaptive
- Flexibility
- Quick learner
- Good communicator
- Determined

Weakness:

- I am not very good at managing my time and I often procrastinate.
- I can be perfectionistic and I sometimes get bogged down in details.

Opportunity: Good college ed resources, family and friends.

Threat: Worried about getting a job.

Interest: Likes to read, participate in speech competitions, good in group work.

Goal: To be a teacher.

Support: Parents, Teachers & friends.

Date: ~~19/09/22~~ 19/09/22

Annu Abraham academically very good.

Determined. Even though she opted B.Ed she has aimed to get a post as lecturer. She has already cleared SET & SET exams, even qualified GATE exam.



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As a teacher trainee, her performance for microteaching was good. She always showed interest in taking Economics portions. Not at all ready to take history classes. Encouraged her to take interest in History. She took help from friends to know more about the background of various historical events.

For Micro and Link practice session she opted a portion from Economics. ~~Again~~

Date: 3/3/22

Willing to learn new things and ~~subjects~~ participated in ^{intercollegiate} debate competitions. During Sem I she missed classes due to some injury. She done her best during the model and internal exams. She was assigned to Sacred Heart School, Bhemanganam. Good examples were ~~she~~ provided while she took classes and students were very attentive in the class. Very sincere as a teacher and take efforts to make her class ~~with~~ with attractive learning activities. Preparing for TET exams.

She joined for a study ~~course~~ ^{course}

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of MHRD regarding Right to Information Act. Passed the course and received certificate.

Date 10/10/23

Anny did well her training for 4 months in SHGHS Bhamanganom. Observed her classes. She has ~~put~~ given her maximum effort to make each ^{class} effective. Always provided additional information. Did ^{all} her work on time. She scored a grade of 10 for her second semester exams. Written SET exams and she ~~has~~ appeared for an Assistant Professor post in Mannanam.

Date: 6/01/24

Busy with camp, tour and arts competitions. Anyway she completed her work on time. Did a very good project on a relevant topic. Determined a hardworking person. to all, dedicated to all works, especially



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6/01/24.

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MENTORING RECORD



Objective: To promote the personal and professional well-being of beginning teacher

Name: Annu Paulin Joseph
Science

Subject: Social Science

Age & Date of Birth: 26, 11/08/1997

Sex: Female

Permanent Home Address: Thengummootil (II) Mannarakayam P.O Mannarakayam
Religion: Christian

Caste: RCSC

e-mail: annupaulinj@gmail.com

Mobile: 9207330473

Educational History

Course	Institution	Subject	% of marks	Remarks
PG	St.Dominic's College, Kanjirapally	Economics	91 %	
Degree	St.Dominic's College, Kanjirapally	Economics	92%	
PDC/+2	St.Dominic's H.S.S, Kanjirapally	Humanities	96%	
SSLC/CBSE/ICSE	St.Joseph's Public School, Kunnumbhagam	CBSE	9.6/10	
Any other				


Family Details

Relation	Name	Age	Education	Occupation	Income
Father	Joseph Manuel	63	Pre degree	Business	30,000 per month

Academic Performance

Better




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Participation in Co-curricular activities

Average participation

Special Information if any:

Motivation:

My teachers

Strength:

Helping mentality

Weakness:

Negative thoughts

Opportunity:

Threat:

Sensitive character

Interest

Teaching

Goal:

Best teacher

Support:

My parents, teachers and freinds

1/12/22

Annu has a few months experience as a teacher. She has a P.G in Economics.

Till now she has a ~~good~~ good academic performance. Good in taking class, good communication skills. Good in blackboard writing. Interested in participating in various programs. Friendly in nature.



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10/3/23

Her performance in Sem I was good. She had to travel around 1 hour and more to reach college. But still she maintained to finish all her works. She was elected as the leader of Social Service Club and took the leadership to conduct various programs. She started initiative to create a manuscript which was really a flip magazine.

10/10/23

Anna excels in drawing. Her B-B writing is very good. Writes lesson plans well but while taking class she can change the pitch of her voice. Good in team activities. Good language. Records all neat. Participated in various cocurricular activities. For induction she joined St. Joseph's Vilakkumadam school. Asked her to join for self study courses. But was not interested.




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3/02/24.

Anna completed her induction at St. Josephs School Vilatikumadam. Good in lecturing, so always asked her to try her maximum to elicit from students. Records are all neat, her B.B writing is also very good. Asked her to include a lot of examples. Preparing for TET & SET exams.

All her Sem 4 works was done properly. She had a bit distraction b'coz her marriage took on Jan 9 2023.

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3/02/24.



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MENTORING RECORD



Objective: To promote the personal and professional well-being of beginning teachers

Name: Fr. Ginse Jose

Subject: Social Science

Age & Date of Birth: 33 & 13-03-1990

Sex: Male

Permanent Home Address: Thannickapara, Cherani, Kalaketty P. O., Kottayam (Dist.), Pin 686508

Religion: Christian

Caste:

e-mail: ginsethannickapara@gmail.com

Mobile: 8281166096

Educational History

Course	Institution	Subject	% of marks	Remarks
PG	SEERI, Kottayam	Syriac	3.19/5	
Degree	IGNOU	Philosophy	63	
PDC/+2		Humanities	76	
SSLC/CBSE/ICSE	LFHS Chemmalamattom		73	
Any other				

Family Details

Relation	Name	Age	Education	Occupation	Income
Father	Jose T.C.	69	SSLC	Farmer	
Mother	Aniamma Jose	62	PDC	House wife	
Brother	Fr. Jomse Jose	36	STD	Priest	
Brother	Jaise Jose	34	MSC	Office Assistant	
Sister	Jaimy Jose	30	M.Com		
	Jiswin Jose	20	B. Com		

Academic Performance

Average in academic matters, but ready to do work to improve himself

Participation in Co-curricular activities



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20/10/22

Special Information if any: Active in sports.

Motivation:

Strength: Interested in sports.

Weakness:

Opportunity:

Threat: Has to improve communication skills.

Interest : Sports - Badminton, athletics also.

Goal: Inspiring teacher

Support: Family & peers

Session 1 15/10/22

Fr. Jinse is ~~an~~ an average student. He has P.G. in ~~English~~ Synae: ~~Gender~~ Cooperative person and played a major role in conducting an exhibition of antique materials. Pleasant. While taking class one major point that he has to take into consideration is voice modulation. Writing on B.B is not that neat. Can be more legible. Asked to take more time to complete records.



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Session 2 6/2/23

During induction, allotted to St. Thomas High School Manangattypally. Asked him to spare more time to improve the content. While preparing ^{for} Sem exams asked him to make points of notes so that it will help him to cover the portions bit fastly. Bit busy, yet he is trying ~~his~~ his maximum to perform well.

As time goes on, he showed improvement in test papers. Made use of ppt and learning aids. ^{while teaching} Ready to receive corrections and ~~and~~ ~~and~~ interested in sports activities. Went to participate in badminton competition and secured first place in intercollegiate competitions.

Session 3 9/9/23

Fr. Ginc has improved a lot in taking classes when compared ~~at~~ with previous semesters. Asked to write the record more neatly. ~~Fr. Ginc~~ Being a priest he had to do some additional ~~duties~~ as the vicar of the parish.



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11/02/24.

Sessions were tight. Father had some pending works. He had a lot of responsibility, so found a bit difficulty in submitting all the work~~s~~^s on time.

Tool correction regarding the project was given. Did the required and the final tool was ~~good~~ apt to collect data. Father struggled to ~~not~~ keep his records neat. Anyway he was always ready to put effort. ↑

J. J. J.
5/02/24.



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MENTORING RECORD



Objective: To promote the personal and professional well-being of beginning teachers

Name: Lijo Jose

Subject: Social Science

Age & Date of Birth: 23, 25-01-2000

Sex: Male

Permanent Home Address: Malickel II, Meechil P.O Pala

Religion: Christian

Caste: RCSC

e-mail: lijojose4340@gmail.com

Mobile: 7592080310

Educational History

Course	Institution	Subject	% of marks	Remarks
PG	St Thomas College Pala	Political Science	4.07	
Degree	St. Thomas College Pala	Political Science	7.6	
PDC/+2	St Joseph's HSS vilakkumadom	Science	80	
SSLC/CBSE/ICSE	Nirmal Jyothi Public School Palakkadu		92	
Any other				

Family Details

Relation	Name	Age	Education	Occupation	Income
Father	Josekutty Antony	58	HDC	Agriculture	
Mother	Lincy Jose	50		House wife	
Brother	Sebu Jose	22	Degree	Student	
Sister	Glory mol Jose	17	Plus two	Student	

Academic Performance




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Participation in Co-curricular activities

Special Information if any:

Motivation: APJ Abdul Kalam, Sachin Tendulkar

Strength: Sports, Cooperative, Team spirit, ready to help others, pleasant.

Weakness: Has to improve handwriting,

Opportunity: Making use of the resources available in the college

Threat:

Interest:- Playing, Travelling

Goal: Teacher

Support: Parents, friends, teachers.

Date: 14/10/22

Lijo is a person who is more interested in sports. He ~~was~~ is selected as the leader of the sports club, who is very good to take initiative to conduct events and at the same time he is obedient and cooperative to both teachers and his peers. In general he is good in studies also ready to take part to complete all works.



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Good voice while taking micro
level practice classes. Good content knowledge. Took effort
to include learning aids also.

Basically, good in nature. Asked
him to do more courses on Swayam. But he
found difficulty ~~by that~~ to find time for that also.

10/2/23

During II Sem he was an active
participant while discussing lesson plans. For
induction he took class in Malayalam medium.
~~At~~ Seeing his performance, he himself being an
English medium student it's better for him to
~~continue~~ continue classes in English medium during
internship. He also realised that ed decided to
shift to English medium.

He was an expert in
using technology and during these times he
played a major role in preparing brochures
and posters for various programmes. Handwriting
was not that much legible. Records could
be ~~made~~ more neat.




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Date 7/10/23

Did his ~~interns~~ training at St. Marys school
Bhernangem. Ready to work. Putting his maximum
effort to make the class effective. Struggling in between
to complete all records. Obedient. Used learning aids
while taking class. Preparing for TET & SET
exams. Records are not that much legible but
good in B.B. writing.

5/02/24.

Lijo cleared TET exams, His
4th sem works had to be completed.
Gave a lot of corrections regarding
the project. Ready to make ~~the~~
adequate changes. Basically good in nature,
honest, had some financial difficulties.




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