

## PERSONAL DETAILS

Name	: Aleena Elizabeth Alex
Subject	: Physical Science
Age & Date of Birth	: 24 yrs, 05-05-1998
Sex	: Female
Religion & Caste	: Christian, RCSC
Marital Status	: Single
Permanent Address with Phone Number	: Akathuparamundayil (H) Edappady P.O Bharananganam, 8547217140
Temporary Address with Phone Number	: Akathuparamundayil (H) Edappady P.O Bharananganam, 8547217140
Father's Name & Occupation	: Alex Thomas, Advocate
Mother's Name & Occupation	: Binu Jacob, Doctor
Whether day Scholar / hostel resident	: Day scholar
If hostel resident Name, Address and Phone Number of local guardian	: —
Details of Siblings	: Ale
Brothers	
Sisters	: Aleesha Catherine Alex



### Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.	Chemistry	2021	M.G. University	4.31/5	86.2	—
Degree	Chemistry	2019	M.G. University	3047/3300	92.33	—
PDC / +2	Science	2016	Kerala State	1138/1200	94.83	—
SSLC		2014	Kerala State		90%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level : —

Extra Curricular activities and hobbies : —

Details of previous employment if any

Any other information



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 PALA

B.Ed : 2022-2024 Batch

Name : Aleena Elizabeth Alex  
 Address for communication : Akathuparamundayil (H), Edappady P.O  
 Bharananganam PIN: 686578  
 Name of Father and Mob.no : Alex Thomas, 9447043964  
 Name of mother and mob.no : Binu Jacob, 9961698868  
 Date of birth and mail Id : aleenoolickal@gmail.com  
 05-05-1998  
 Blood group : O+ve  
 Mobile numbers : 8547217140

Educational Qualification:

SSLC	2014	St. Mary's GHSS Pala	10 A+
Plus two	2016	St. Mary's HSS, Bharananganam	95%
Degree (B.Sc Chemistry)	2016-2019	Alphonsa College, Pala	9.58 (CGPA)
Post graduation (M.Sc Chemistry)	2019-2021	St. Thomas College, Pala	4.31 (CGPA)

Experience/Achievements:

- Worked as guest lecturer at St. George College, Aruvithsa for 5 months (Jan 2022 - May 2022)

Location:

Pala → Edappady → Govt. LPS School → Kallikal road.



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- Pala, St Thomas College of Teacher Education is near to my hometown. Also I am impressed by the faculty and achievements of this institution.

### Mentoring Sessions

Aleena Elizabeth Alex is a bright girl. She came from a sound family. Academically brilliant. Very Active in all co-curricular activities.

16/10/2022

Aleena Elizabeth Alex to be always happy, ever ready to help. She actively participate in stage programmes - debate, quiz, dance, elocution, etc... She participate in inter-collegiate competitions. She won prizes. I commended her on her performance.

*[Signature]*  
16/10/2022

18/01/2023

She has wobbles - hope to get a good health. I recommend to take breakfast properly. She has no proper time table. As a mentor, I suggest to prepare a time table.



*[Signature]*  
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*[Signature]*  
18/01/2023

18/1/2023.

Aleena prepared a home timetable, she was very happy. Her internship was active and she was leader of my subject. very dedicated and sincere. She has good teaching aptitude.

*Shw*  
18/1/23

7/11/2023.

Aleena completed all the practicals in time. She was keen to implement the guideline in her classroom. I appreciate her hardwork.

*Shw*  
7/11/2023

12/03/24.

I advised her to apply for the vacancies in schools in and around Kottayam district. This way she can mention her tuition as well as go to school. She is optimistic about getting a job and is hopeful to support to support her family.

*Shw*  
12/03/24.



*Shw*

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## PERSONAL DETAILS



Name : SANDEEP KUMAR V  
 Subject : MATHEMATICS  
 Age & Date of Birth : 29, 11-12-1992  
 Sex : MALE  
 Religion & Caste : HINDU, SC  
 Marital Status : MARRIED  
 Permanent Address with Phone Number : PUTHENPURAYIL (H) MULAKULAM (S) P.O PERUVA, KOTTAYAM, 686610, 9544310782  
 Temporary Address with Phone Number :  
 Father's Name & Occupation : VIJAYAN P, Ex-SERVICE MAN  
 Mother's Name & Occupation : SAVITHRY VIJAYAN, ASHA WORKER  
 Whether day Scholar / hostel resident :  
 If hostel resident Name, Address and Phone Number of local guardian :  
 Details of Siblings :  
 Brothers :  
 Sisters : VIJIMOL

### Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.	MATHEMATICS	2017	CUSAT		59.7%	
Degree	MATHEMATICS	2014	SACRED HEART COLLEGE, THEVARA		77.25%	
PDC / +2	BIO-MATHS	2011	MKM, HSS PIRAVOM		82%	
SSLC		2009	BAPPUJI CENTRAL SCHOOL, PERUVA		84%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level :

Extra Curricular activities and hobbies : DRAWING

Details of previous employment if any :

Any other information :



*(Signature)*  
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B.Ed 2022-24 Batch

Name Sandeep Kumar V.  
 Address Puthenpurajil, Mulakulam(S) P.O, Peruva.  
 Kottayom Pin: 686610.  
 Mob 9544310782.  
 Mail ID sandeepkrmv48@gmail.com  
 Father's name Vijayan P. Exserviceman  
 Mother's name Savitri Vijayan (9605212219) ASHA worker  
 Spouse name Anila M.B. (9207182690). Nurse  
 Blood Group B<sup>+</sup>ve.

Educational Qualification

P.G (MSc Mathematics) - CUSAT - 60%.  
 B.Sc Mathematics - Sacred Heart College, Thevara - 77%.  
 Plus two (Bio-Maths) - MKM HSS Piravom - 82%.  
 Tenth - Boppyji Central School - 84%.

Achievements

- NCC 'C' Certificate Holder.
- NSS Volunteer
- Attended NCC Annual training Camps.
- Attended NSS Camps and won prize in Quiz.

Experience

- Worked as Tutor in Brilliant Study Center, Thirupurithura.
- Worked as Quality Instructor in FCI-OEN, Thiruvaniyoor.

Route.

Pala → Uzharpor → Monipally → Elanji → Mulakulam South  
 (Ambalapady)



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## Aim

To work as a Teacher and as I love teaching.

Be the change and make a change.

## Mentoring Report.

Date : 14.10.2022 & 15.10.2022

Time : 1.15 - 1.45 pm.

4 pm - 5 pm.

~~Mr~~ Sandeep Kumar V. is a very enthusiastic student in mathematics Education. He is married. He is very tense about completion of B.Ed programme. Because, his admission was 2 weeks late.

He shared some personal financial and family problems with me. As a husband, he is very loving and caring. He is more conscious about his family affairs.

As his mentor, I suggest some stress management techniques for him. I suggested to prepare a home time table. Simply, I explained about the work-life balance.

Next day, he came with a time table. I

made some corrections and suggestions to improvement. He accepted the changes. The

meeting was fruitful.

*[Signature]*  
15/10/22

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10/2/2023 (1.15 pm - 1.45 pm)

During second semester, he was very active in teaching learning process. He had some health issues (backpain - car accident 2021). His classroom management skill is commendable.

He was <sup>an expert in</sup> technology and used excellent ppts for classroom teaching. Due to some family related matters, more than 7 days, he was absent.

As a mentor, I visited his home and observed his study related matters.

7/10/2023 (3.30 pm - 4.30 pm)

During his teaching practice, he could handle classrooms teaching actively and participatory mode. Students were happy and more interested in mathematics. He shared some memorable events during teaching.

5/02/2024 (9.00 am - 9.20 am)

14/02/2024

During 1<sup>st</sup> semester, commencing during camp, study tour, extension activities, Sandeep had leading role. He is very committed and good leadership qualities. In study tour, he was very active to ensure co-operation of other students.



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Dr. Inalwin



13/06/2024.

He came to the college to collect the provisional certificate and marksheet. He passed the course with above 95% marks. He is very happy. He is planning to go abroad to work with his wife.

As his mentor, I am very satisfied. I am sure, Sandeep will achieve more and act as an inspiring mathematics teacher.

His smiling is very impulsive.

Ah h

Dr. Alex George

Ah h  
13/06/2024



Ah h  
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PERSONAL DETAILS



Name : DIVYA THANKACHAN  
 Subject : Natural Science  
 Age & Date of Birth : 26, 16/06/1996  
 Sex : Female  
 Religion & Caste : Christian, RCSC  
 Marital Status : Single  
 Permanent Address with Phone Number : Vadakkkara (H)  
 Njeezhooor P.O  
 Kottayam Pin: 686612 Mob: 9207398475  
 Temporary Address with Phone Number :  
 Father's Name & Occupation : THANKACHAN V. K, Ex-service man,  
 Mother's Name & Occupation : TESSY THANKACHAN, House wife.  
 Whether day Scholar / hostel resident : Day-Scholar.  
 If hostel resident Name, Address and Phone Number of local guardian :  
 Details of Siblings :  
 Brothers : Nil.  
 Sisters : Nil

Educational Qualification:

Course	Subject	Year	College/Uny.	Marks	Percentage	Remarks
P.G.	Msc. Botany	2019	Sacred Heart College, Thuvora	B <sup>+</sup> CGPA 7.14	71.8%	B <sup>+</sup>
Degree	Bsc. Botany	2017	Deva - Matha College Kuravilangad	SCPA: 9.00	84.6%	A
PDC / +2	Plus two Science	2014	St. Marys H.C.S. Kuravilangad	SCPA:	79.8%	
SSLC	S.S. L.C	2012	Viswatharayathi S.N.H.S.S	Grade point 86	90%	7A <sup>+</sup> 2A 1B <sup>+</sup>
Any other Degree/diploma	D.C.A	2017	Deva Matha College Kuravilangad	569 / 750	75.87%	B <sup>+</sup>

Ranks/Awards and Prizes received with items and level : Katha Pachara - Malayalam - Sub-district Kalathayam 1<sup>st</sup> grade Second 2017  
 Extra Curricular activities and hobbies : Singing, Oratory, Dancing, Gardening, Cooking, Travelling  
 Details of previous employment if any : Volunteer at Marian Retreat Centre Anakkara (Missionaries of Grace Batch 2021)  
 Any other information :



  
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B.Ed 2022-2024 Batch

Name : Divya Thankachan  
 Address : Vadakkekara (H) Njeezhoor P.O. Kottayam.  
 Pin: 686612.  
 Name of Mother : Tessa Thankachan  
 Mob: 9744716682.  
 Contact Number of student : 9207398475  
 Email Id : divyathankachan775@gmail.com  
 Marital Status : Single  
 Date of Birth : 16<sup>th</sup> June 1996

Educational Background

	Score
S.S.h.C : Viswabharathy S.V.H.S.S Njeezhoor	70 <sup>+</sup> 2A, 1B <sup>+</sup>
Plus two : St. Marys H.S.S Kuravilaged	80%
Bsc. Botany : Deva Matha College Kuravilaged	84.7%
Msc. Botany : Sacred Heart College Thevara	72%
DCA : Deva Matha College Kuravilaged	75%

Add on course on Plant Tissue Culture

Awards and Achievements

Prize winner in Katharachana Malayalam sub-district Kabolsevan.  
 Prize winner in Elocution competition organised by Madya Vidyapeetha.  
 Qualified GATE 2020.



House route  
 Palai → Kuravilaged → Kozha-Njeezhoor → Viswabharathy School → Temple  
 → Vadakkekara road → Karalkeenu → Home

PRINCIPAL

My Aim

To become a great teacher who inspires students and to facilitate students to achieve their life goals. This is my dream aim. To become a good empathetic person.



*[Signature]*  
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Mentoring sessions

14. 10. 2022. (8.45 am - 9.15)

Divya is a bit aloof. She seems to be indifferent. I tried to talk to her, but she didnot want to open up. She told that she didnot prefer B.Ed and teaching in school. Her ~~great~~ ambition was to clear CSIR-NET.

*Shr*  
14/10/2022

10/02/2023. (3.45 - 4.15)

Divya Thankachan came from Vattand near Kuravilangad. For more convenience, she came from Maragattupilly, her-cunty's home. She was aloof with her classmates too. She is more self-centred and too sensitive. I tried to understand the qualities of a mature personality. After mentoring, she said that, she is very happy.

*Shr*  
10/02/2023.

11/07/2023

Her internship was a bit difficult. She had problem related to class management. I encouraged her to not give up.



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Towards the end of the internship, she has improved a lot. But a lot of her problems discussed with me. Some problems are because of her peculiar nature. I gently persuaded her to make the best use of time.

*John*  
21/02/2024

21/02/2024 (4.30 - 5.15)

Divya Thunkachan had chunked a lot. The community camp and study tour has made her more social. Some routine comments raised during study tour, As a mentor, I gave some corrections and suggestions to improve her social skills. She actively participates in NSS activities.

*John*  
21/02/2024



*John*  
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PERSONAL DETAILS



Name : LIDWIN MARIA GEORGE  
 Subject : NATURAL SCIENCE  
 Age & Date of Birth : 30 yrs, 06/06/1992  
 Sex : F  
 Religion & Caste : Christian, Syro Malabar Catholic  
 Marital Status : Single  
 Permanent Address with Phone Number : St. Vincent's Convent Kuravilangad, Kuravilangad PO Kottayam, 686633 PH: 7736627780  
 Temporary Address with Phone Number : St. Vincent's Convent Kuravilangad, Kuravilangad PO Kottayam, 686633. PH: 7736627780  
 Father's Name & Occupation : George M.S, Farmer  
 Mother's Name & Occupation : Mini George, Housewife  
 Whether day Scholar / hostel resident : Day scholar  
 If hostel resident Name, Address and Phone Number of local guardian :  
 Details of Siblings  
 Brothers : 1 [Albin Johns]  
 Sisters : 1 [Nayanthara George]

Educational Qualification:

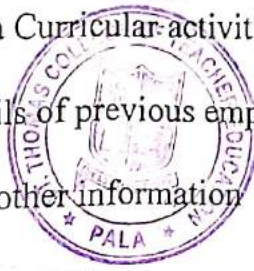
Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.						
Degree	Zoology	2016-19	Devamatha College Kuravilangad	2688	8.59(4P)	
PDC / +2	Science	2009-11	St. Catherine's H.S. Payyampally, Wayanad	891	74%	
SSLC		2008	St. Joseph's Convent School Kalpetta	357	71%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level :

Extra Curricular activities and hobbies : Reading, Drawing.

Details of previous employment if any :

Any other information



  
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Place course in basic human studies by CEC, University of Kerala  
Achievements

Participated in workshop conducted by MTA Institute for  
 Next Generation Educators. A step by step guide to

Name : Lidwin Maria George  
 Address : St. Vincent Convent kuravilangad  
 Kuvavilangad P.O  
 Kottayam  
 Pin: 686633  
 Phone No : 7736627780  
 Date of Birth : 06/06/1992  
 Email Id : lidwinmariagev@gmail.com  
 Congregation : The Congregation of Sisters of Charity of St. Vincent  
 Date of Vestition : de paul  
 : 7/5/2014  
 Blood group : O+ve  
 Guardian : Sr. Ancilla SCV  
 Ph.no. of guardian :

Educational Qualification

SSLC	2008	St. Joseph's Convent school Kalpetta (CBSE)	71%
+2	2011	St. Catherine's HSS payyampally	74%
Degree (Bsc. Zoology)	2016-19	Devamatha College Kuvavilangad	8.59
Pg (Msc. Zoology)	2020-22	Devamatha College kuravilangad	Result awaiting

Additional Education

- Add on course on Capacity building and life skill development
- Add on course on Analytics Using R



*Beena*  
 PRINCIPAL



- MOC Course on Basic human genetics by CEC, University of Kashmir

Achievements

- Participated in Webinars Conducted by MTA infotech on Next Generation Sequencing - A Step by step guide to read your genome
- Coordinated inter Collegiate Webinars

Location

Pala → Kuravilangad

I joined for B.Ed course to become an inspiring and efficient teacher



*[Signature]*  
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2008	St. Joseph's (CCE)	2008	St. Joseph's (CCE)
2011	St. Catherine's	2011	St. Catherine's
2010-11	Devanatha College	2010-11	Devanatha College
2009-10	Devanatha College	2009-10	Devanatha College

Additional Education  
 - Add on course on Computer Building and life skill development  
 - Add on course on Analytical Reading

## Mentoring Sessions

So. Lidwin is a Catholic nun - belongs to Vincentian congregation. She seems to be an energetic, spirited young nun.

8/12/22.

So. Lidwin is always pleasant, happy. I have observed she is has a helping mentality. She is ready to help both her classmates and batchmates. But she has to be more focused on her studies. Her work has to be update. I asked her to be more systematic and focused.

14/02/2023

She manages her internship quite well. Some of her work are pending. I asked her to be steady fast, concentrated on her work - as the internship is time bound. She is good at teaching-internship classes.

24/08/2023

Sister had some health issues. However, she is hardworking. I asked



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Scanned with OKEN Scanner

her to put in more effort to attain  
perfections in her work.

*Shr*  
24/1/2024

4/1/2024

Sister was worried about the practical  
exams. She was tensed. I asked her to  
practice well; she has some health problems.

*Shr*  
4/1/2024

20/03/2024

Sister has changed a lot. Her teaching  
skills have improved. She is more confident.  
She has no plans for higher studies  
at present. Her religious life's duties  
are her focus at present.

*Shr*  
20/03/2024



*Beena*  
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PALA

PERSONAL DETAILS



Name : NITHIN C.T.

Subject :

Age & Date of Birth : 22 yrs 20-4-2000

Sex : MALE

Religion & Caste : Christian Sambavan.

Marital Status : NA.

Permanent Address with Phone Number : Chittakkattu House  
Maniathuru Ithu P.O  
Kottayam. 686077

Temporary Address with Phone Number : 8606568426

Father's Name & Occupation : THANKACHAN C.M. Pensioner.

Mother's Name & Occupation : Soumini John.M. Headmistress.

Whether day Scholar / hostel resident : Day Scholar.

If hostel resident Name, Address and Phone Number of local guardian :

Details of Siblings

Brothers : NITHIN C.T. (Mechanical <sup>Poly</sup> 1<sup>st</sup> year.

Sisters : -

Educational Qualification:

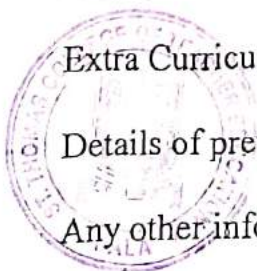
Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.			CMS college/			
Degree	ZOOLOGY	2018-2021	MGI university	2365	7.28	
PDC / +2						
SSLC		2016	CMSCHSS Kottayam		88%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level : NO

Extra Curricular activities and hobbies : playing Football,

Details of previous employment if any : NO

Any other information : NO,



*Beene*  
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B.Ed - 2022-24 Batch

NITHIN C.T

Chittalkattu(H).mariyathuruthu poktm

DOB: 20/4/2000 Age: 22

nithincc nithin@gmail.com

8606568426 Blood group: AB<sup>+</sup>Father name: Thankachan CM  
(9526436486)Mother name: soumini John.M  
(9582874514)Education Qualification

Diploma in life technology - 2021/2022 NIFE Academy

B.Sc Zoology, Degree - 2018-2021 - 73%  
CMS college KTM

Plus Two: 70% C.M.S.C.H.S.S, Kottayam

SSLC: 88% CMS.C.H.S.S Kottayam  
2016Achievements and Awardwon school level arts, youth festival and work  
experience.Pass school level National service scheme and  
students police cadet.ExperienceC.M.S college volunteered in a village extension progra-  
mme about mushroom cultivation in accordance  
with unnat bharat abhiyanRoutePala → Kidangoor → Ettumanoor → Athirampuzha → medical  
College → Kudamalloor → Kudampady → Vattalkotta

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Aim

To become a good teacher

mentoring Report.

19/10/2022 (Wed) 1:15 pm - 1:45 pm

Mr. Arhin C.T. is a good teacher trained from Natural Science Education. He has good achievement motivation. His mother is a school H.O.

He is very interested in B.Ed. programme. He has some stomach related issues. He is very tensed about that matter. I suggested a physician (Dr. Alex Thomas, M.D, Govt. Hospital Pala) for second Referral.

After mentoring, he is more confident.

7/12/2022 (Wed) 4-5pm

19/10/2022

It was emergency meeting, because his health issue was critical. I suggest to give a good check up in detail. After detailed medical check up, his stomach related issues identified. I give some suggestion - avoid hot food!



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19/10/2022

16/3/23

Nithin C.T. is updated in his work. His handwriting has to improve. His answer sheets were crowded. I asked to restrict his writing the margins with enough space in between the lines.

He is very creative. He trained a group of students to state level competition for Danner.

SH  
16/3/2023.

12/07/2023.

Nithin had a good leadership quality. I encouraged him and commended on his work during internship.

SH  
12/07/2023.

10/10/23.

Nithin C.T. had some problems with discipline. He had problems of discipline in the class. I asked him to be strict with the boys and also try out discipline techniques to keep the students disciplined.

13/03/24.

Nithin C.T. is a good teacher.

SH

PRINCIPAL

