



# ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA

## MISS - A - MEAL - PROGRAMME

An Initiative of SHE - KI - NAH Club

മരിയസദനത്തിലെ സഹോദരങ്ങൾക്ക് സഹായഹസ്തവുമായി പാലാ സെന്റ്. തോമസ് കോളേജ് ഓഫ് ടീച്ചർ എഡ്യൂക്കേഷനിലെ അധ്യാപകരും, സ്റ്റാഫും, അധ്യാപകവിദ്യാർത്ഥികളും എല്ലാ ബുധനാഴ്ചയും ഒത്തുചേരുന്നു...

സഹകരിക്കുക...സഹായിക്കുക...



### About SHE-KI-NAH Club, St. Thomas College of Teacher Education, Pala



The Hebrew word 'SHE-KI-NAH' which means a visible manifestation of the Divine Presence is aptly chosen as the name of our Extension Services for Community.

Students are encouraged by teachers to participate in social work. Students under the leadership of teachers conduct various programmes for the upliftment of people in emotionally, educationally, socially and economically backward areas. Free tuitions, educational and social surveys, interaction with students, guidance and counselling for students, talks on different areas of interest, etc. are some of the activities conducted.



### About Mariyasadanam



Mariyasadanam is a non-profit making, charitable organization in Palai, Kottayam District, Kerala State, India. It currently houses about 400+ destitute men, women and around 23 children of the inmates.

Most residents of Mariyasadanam were left here by family members or abandoned and left to fend for themselves.

# About Miss-A- Meal Programme



The extension activity, Miss-A- Meal for the members of Mariyasadanam. The objective of this programme was to provide meal once in a week for the inhabitants of Mariyasadanam. The students who were not able to bring a meal contributes an amount from their saving.

All students (B.Ed., M.Ed.,D.El.Ed. & Ph.D) and Staff of the College actively participated in this programme and it was done under the initiative of SHE-KI-NAH club.



# Mariyasadanam Website & St. Thomas College of Teacher Education, Pala



## We saved 2700+ people since 1998

Mariyasadanam gives more importance to **LOVE** and **CARE** and the care givers in Mariyasadanam believe that in the case of mental illness, more than medications it is love and care and a family atmosphere which play a major role in bringing the patients back to normalcy. The chief functionary, Santhosh, his spouse & their 5 children reside with the inmates as one big family.

Mariyasadanam model is also a unique concept of healing. Art, music, yoga, handicraft works, group activities, prayer, gardening, animal husbandry, mediation and counselling and the like are employed here in treatment and rehabilitation.

So far 2700+ persons have been admitted to Mariyasadanam. The centre could successfully rehabilitate a vast majority of these people to their homes. This is made possible through a systematic array of interventions performed by volunteers with the support of mental health professionals.



## Food Packets

It's through mistakes that you actually can grow you get rid of everything that is not essential to makihave to get bad.

St Mary's GHSS Pala

Carmel Public School

St Mary's H S Bharananganam

Holy Cross H,S School, Cherpunkal

St Annes H,S Kottayam

Alphonsa College Pala

St Thomas College Pala

St Thomas B,ED College Pala



# ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA

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### 2018-2019

Date	Activity	Amount Collected	No. of Meals Collected and Given
14/8/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	825	23
9/9/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	455	21
16/9/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	475	19
23/9/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	440	19
6/10/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	120	43
13/10/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	785	15
20/10/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	785	14
27/10/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	170	41
4/12/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	460	28
11/12/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	200	49
18/12/2018	Students visited Mariyasadanam and gave lunch packets to the inmates	980	11
2/1/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	500	40
9/1/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	850	25
16/1/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	760	12
6/2/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	165	46
13/2/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	250	46
20/2/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	225	30
<b>Total</b>		<b>7980</b>	<b>482</b>



# Mariyasadanam Charitable Trust

Psychosocial Rehabilitation Centre & Home for the Destitute

Kizhathadiyoor P.O, Pala 686 574 Kottayam, Kerala State, India Tel +91 4822 211940, +91 9447025767.  
www.mariyasadanam.org

## Cash Receipt

Date 01/07/2018

No. **8873**

Received With Thanks From St. Thomas Teaching College Pala.

The Sum Of Rupees TEN THOUSAND ONLY

By Cash /cheque No \_\_\_\_\_ Dated 01/07/2018

Rs. 10000/-

Director *[Signature]*

Registered under Social Justice Department, Govt. of Kerala - Regn No:49/13/PRC | Registered under Board of Control of Orphanages, Govt. of Kerala - Regn No: 880  
Exempted under section 80G of Income Tax Act - Order No: 305/Tech/80G/07/CIT-KTM/13-14  
Thank you for your generosity. We appreciate your support!



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www.mariyasadanam.org

## Cash Receipt

Date 19-7-2018

No. **7309**

Received With Thanks From Principal St. Thomas college of Teacher Education Pala

The Sum Of Rupees Seven thousand 00

By Cash /cheque No \_\_\_\_\_ Dated 19.07.2018

Rs. 7000/-

Director *[Signature]*

Registered under Social Justice Department, Govt. of Kerala - Regn No:49/13/PRC | Registered under Board of Control of Orphanages, Govt. of Kerala - Regn No: 880  
Exempted under section 80G of Income Tax Act - Order No: 305/Tech/80G/07/CIT-KTM/13-14  
Thank you for your generosity. We appreciate your support!



## Experience

The authorities and the people living in Mariyaasadanam welcomed us very happily. We went through the house and talked to the people living there. They were very happy to see us and they talked to us and songs were sung by us when they asked and they also sang the song as a gift to us. They all talked to us a lot and shared their stories. By seeing their situation, we realized how lucky we are and it was a heartbroken situation. Many of the people living there were orphans and mentally challenged people. In many cases poverty and inability to meet the day-to-day expenses and needs of the patients also proved to be a reason.



**2019-2020**

We visited Mariyasadanam on 16<sup>th</sup> January 2020. All the students after their lunch assembled together and were divided into different groups under the leadership of our teachers. Different groups went to the Mariyasadanam by using the transportation facilities provided by the teachers. The head of Mariyasadanam Mr. Santhosh shared his experience.










Date	Activity	Amount Collected	No. of Meals Collected and Given
7/8/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	725	18
14/8/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	555	14
21/8/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	575	19
28/8/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	540	30
18/9/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	100	43
25/09/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	805	25
9/10/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	685	23
16/10/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	150	41
4/12/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	430	26
11/12/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	250	47
18/12/2019	Students visited Mariyasadanam and gave lunch packets to the inmates	950	21
8/1/2020	Students visited Mariyasadanam and gave lunch packets to the inmates	600	36
16/1/2020	Students visited Mariyasadanam and gave lunch packets to the inmates	750	25
22/1/2020	Students visited Mariyasadanam and gave lunch packets to the inmates	760	22
29/1/2020	Students visited Mariyasadanam and gave lunch packets to the inmates	165	43
5/2/2020	Students visited Mariyasadanam and gave lunch packets to the inmates	145	40
12/2/2020	Students visited Mariyasadanam and gave lunch packets to the inmates	250	28
		<b>8235</b>	<b>501</b>



### Mariasadanam Charitable Trust

Psychosocial Rehabilitation Centre & Home for the Destitute  
 Kizhathadiyoor P.O, Pala 686 574 Kottayam, Kerala State, India Tel +91 4822 211940, +91 9447025767.  
 www.Mariasadanam.org PAN : AABTM1301K

#### Cash Receipt

Date 16-1-2020

No. **10696**

Received With Thanks From St. Thomas college of teacher education, Pala

The Sum Of Rupees Ten thousand rupees only

By Cash /cheque No \_\_\_\_\_ Dated \_\_\_\_\_

Rs. 10000/-

Hashe  
Director

Registered under Social Justice Department, Govt. of Kerala - Regn No:49/13/PRC | Registered under Board of Control of Orphanages, Govt. of Kerala - Regn No: 880  
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2020-2021

Due to the pandemic, classes were suspended, and students couldn't participate in extension services and visit Mariasadanam. However, teachers did visit Mariasadanam and provided an amount of Rs. 10000/-



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www.mariyasadanam.com

This is to certify that St.Thomas College of Teacher Education, Pala has contributed an amount of Rs.10000/- to Mariasadanam (Psycho Social Rehabilitation Centre for Men And Women) through T.C Thankachan for the purchase of dress materials and other needy items for bedridden patients (2020-2021). We are immensely thankful for the service provided at the most needy time.

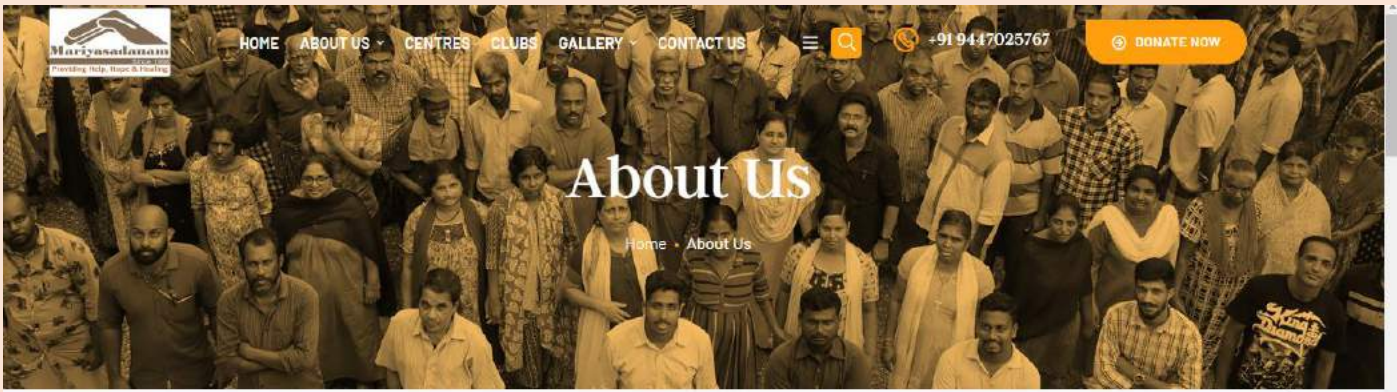
12/11/2020

Pala



*Adithyana*

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ABOUT US

# We Empower Communities through Compassion and Kindness.

Activate Windows  
Go to Settings to activate Windows.





# ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA

## MISS - A - MEAL - PROGRAMME

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### 2021-2022

A group extension activity - 'Kaithangu' – Miss-A- Meal for the members of 'Mariyasadanam' was conducted during the academic year 2021-23. We the student of the B. Ed 2021-23 batch skipped our meal on Wednesdays or bring an extra pack of food for the inmates of 'Mariyasadanam' - a care home run by Santhosh Joseph. 'Mariyasadanam' is a non-profit-making charitable organization of Pala, where about 400 destitute men, women and about 23 children of the inmates are accommodated. Most of the residents were left by family members or abandoned and to find for themselves.

On 23rd December 2022 we visited 'Mariyasadanam' and celebrated Christmas there with the inmates, conducted various cultural programmes, distributed cakes. 'Mariyasadanam' care taker Sri. Santhosh Joseph shared his experience with us. The activities were coordinated by teacher in charge Dr. Alex George, student coordinators Mr. Sanchu Jose and Sr. Elizabeth T.S.

Date	Activity	Amount Collected	No. of Meals Collected and Given
23/6/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	560	18
30/6/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	730	17
7/7/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	575	20
14/7/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	640	27
21/7/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	200	44
28/7/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	825	26
6/10/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	730	28
13/10/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	300	41
20/10/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	430	29
27/10/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	250	45
3/11/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	1000	21
16/3/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	1600	36
30/3/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	950	25
		<b>8790</b>	<b>377</b>



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www.mariyasadanam.com

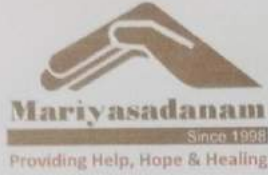
An amount of Rs.10000/- was donated by St.Thomas College of Teacher Education on 7/7/2021 to Maria Sadanam (Psycho Social Rehabilitation Centre for Men And Women) through Alex George, Assistant Professor, St.Thomas College of Teacher Education to provide a lunch for the inhabitants. We are immensely thankful for the service provided at the most needy time. (2021-2022).

07/07/2021

Pala



*Alex George*



## Mariyasadanam Charitable Trust

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www.mariyasadanam.com

An amount of Rs.20000/- was donated by St.Thomas College of Teacher Education on 7/7/2021 to Maria Sadanam (Psycho Social Rehabilitation Centre for Men And Women) through Sunil Thomas, Assistant Professor, St.Thomas College of Teacher Education, Pala to meet the requirements of the inhabitants. (2021-2022).

03/03/2022

Pala



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Registered under Board of Control of Orphanages, Government of Kerala - Regn No: 880  
Exempted under section 80G of Income Tax Act - Order No: 305/Tech/80G/07/CIT-KTM/13-14

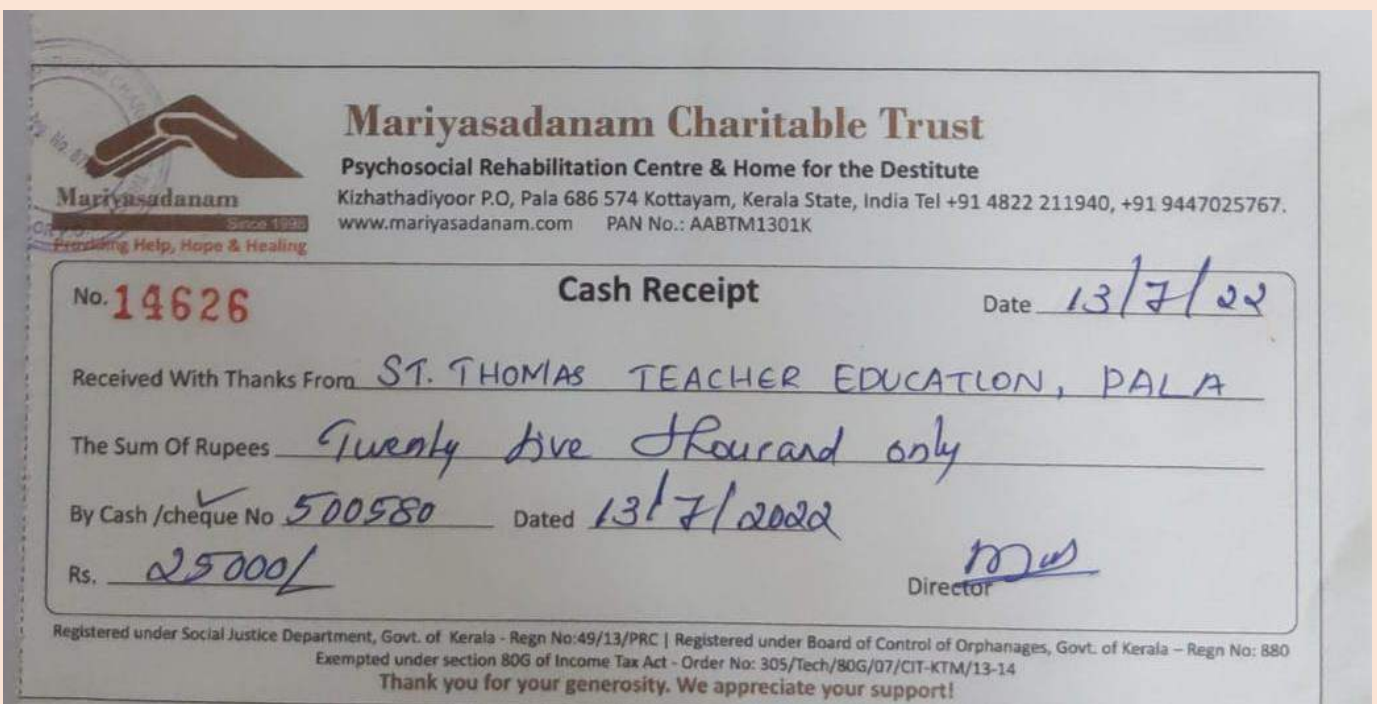


**2022-2023**



date	activity	Amount collected	no. of meals collected and given
12/07/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	2185	20
20/07/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	8245	22
13/07/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	5520	23
6/8/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	1560	27
31/08/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	4730	25
20/10/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	4950	26
27/10/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	2531	24
9/12/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	7300	26
22/2/2023	Students visited Mariyasadanam and gave lunch packets to the inmates	4930	29
15/3/2023	Students visited Mariyasadanam and gave lunch packets to the inmates	1775	30

22/03/2023	Students visited Mariyasadanam and gave lunch packets to the inmates	1440	24
31/03/2023	Students visited Mariyasadanam and gave lunch packets to the inmates	2510	25
06/01/2023	Students visited Mariyasadanam and gave lunch packets to the inmates	1020	25
		<b>48696</b>	<b>326</b>



### Christmas Celebration 2022 with Mariasadanam Friends....

The second year B.Ed. students of STCTE Pala decided to organize and celebrate our Christmas programme on 23/12/2023 at Mariyasadanam as part of our extension activity. The programme conducted by the college and coordinated B.Ed. under the guidance of Dr. Alex George, commenced at 10.30 a. m. and was inaugurated with utmost significance by Santhosh Joseph, the esteemed head of Maryasadanam. Dr.Sr Beenamma Mathew, Principal of STCTE Pala delivered a gracious felicitation speech and handover a financial support to officials of Mariasadanam. Following this, a touching cake-cutting ceremony with the background of a carol song sung by us united both the students of STCT and the residents of a centre.



A significant moment unfolded as the accumulated funds contributed by the students over the past 2 years were presented to Fr. Jijo Vennayipallil enriched the atmosphere a Christmas message, spreading Joy and good will. Concluding the event, Amalu from I Ind year B.Ed expressed gratitude in a vote of thanks, acknowledging the collective efforts that made this day and impactful Ove. The head of Mariyasadanam Mr. Santhosh shared his experience.



Gift to Mariasadanam on 23/12/2022



# Mariyasadanam Charitable Trust

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www.mariyasadanam.com PAN No.: AABTM1301K

15643

## Cash Receipt

Date 23/12/22

Received With Thanks From The Principal, St. Thomas College of Teacher Education, Pala

Sum Of Rupees Twenty five thousand only

✓  
Cash / cheque No 500583 Dated 22/12/2022

25000/-

Director *(Signature)*

Registered under Social Justice Department, Govt. of Kerala - Regn No:49/13/PRC | Registered under Board of Control of Orphanages, Govt. of Kerala - Regn No: 880  
Exempted under section 80G of Income Tax Act - Order No: 305/Tech/80G/07/CIT-KTM/13-14

Thank you for your generosity. We appreciate your support!

Rs. 25000/-

PAID







2023-24



## “SNEHAKODI”: A BOX FILLED WITH LOVE AND CARE

The love and care of STCTE, Pala family for our fellow beings was shown by gifting the people of Mariyasadanam 'Oonakodi'. Under the patronage of NSS Unit 90 B on September 4 and 5 we collected useable cloths and beautifully packed them. Through this we experienced a profound sense of fulfilment and belonging. The reciprocity of love and care often brought a deep sense of contentment and emotional resilience.





**ST. THOMAS COLLEGE OF TEACHER  
EDUCATION, PALA**

Research Centre in Education approved by  
M.G.University, Kottayam, Kerala  
**NSS UNIT 90 B**



# സ്നേഹക്കോടി

പാലാ സെന്റ്. തോമസ് കോളേജ് ഓഫ് ടീച്ചർ എഡ്യൂക്കേഷനിലെ അധ്യാപകരും അധ്യാപക വിദ്യാർത്ഥികളും എൻ. എസ്. എസിന്റെ നേതൃത്വത്തിൽ കരുതലിന്റെയും സ്നേഹത്തിന്റെയും വർണ്ണകടലാസ്സിൽ പൊതിഞ്ഞ ഓണക്കോടി മരിയസദനത്തിലെ സഹോദരങ്ങൾക്ക് സമ്മാനിക്കുന്നു...

**NB :** ബെഡ്ഷീറ്റ്, സാരി, നൈറ്റി, മുണ്ട്, പാന്റ്, ഷർട്ട്, ടീ ഷർട്ട്, ചുരിദാർ തുടങ്ങിയവ (പുതിയ വസ്ത്രങ്ങളും, കഴുകി ഇസ്തിരിയിട്ട ഉപയോഗപ്രദമായ വസ്ത്രങ്ങളും) കൊണ്ടുവരാവുന്നതാണ്.

Collection Date : 4 , 5 September 2023  
For more details contact :-9061074908,9447599631



Designed by: Elsit Baby  
B.Ed. Mathematics 2023-25



**ST. THOMAS COLLEGE OF TEACHER  
EDUCATION , PALA**

Research Centre in Education Approved by  
M.G University , Kottayam , Kerala



**NSS UNIT 90 B**

# Mariyasadanam Visit

**2023 September 13 Wednesday**


**Time : 11.30 a.m. to 12.45 p.m.**

## സ്നേഹക്കൊടി

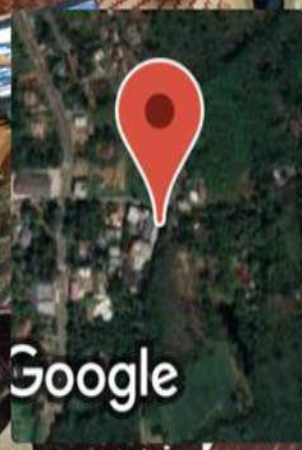



Designed by Sachin C Mattathil , Mathematics Education, 2023-25



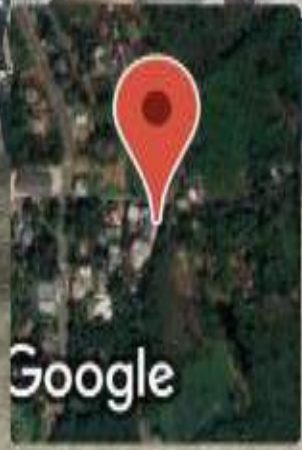
 **GPS Map Camera**

**Pala, Kerala, India**  
**PMHV+2MF, Pala, Kerala 686575, India**  
**Lat 9.727698°**  
**Long 76.694667°**  
**13/09/23 12:25 PM GMT +05:30**



 **GPS Map Camera**


**Pala, Kerala, India**  
**PMHV+2MF, Pala, Kerala 686575, India**  
**Lat 9.727691°**  
**Long 76.694651°**  
**13/09/23 12:26 PM GMT +05:30**







**Pala, Kerala, India**  
**PM6H+498, Pala, Kerala 686575, India**  
**Lat 9.710552°**  
**Long 76.678507°**  
**13/09/23 11:15 AM GMT +05:30**



**Mariyasadanam Charitable Trust**  
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 www.mariyasadanam.com PAN No.: AABTM1301K

No. **17327** **Cash Receipt** Date 13/9/23

Received With Thanks From St. Thomas college of teacher Education

The Sum Of Rupees Ten thousand only

By Cash /cheque No 500586 Dated 12-09-2023

Rs. 10,000/- Director 

Registered under Social Justice Department, Govt. of Kerala - Regn No:49/13/PRC | Registered under Board of Control of Orphanages, Govt. of Kerala - Regn No: 880  
 Exempted under section 80G of Income Tax Act - Order No: 305/Tech/80G/07/CIT-KTM/13-14  
**Thank you for your generosity. We appreciate your support!**

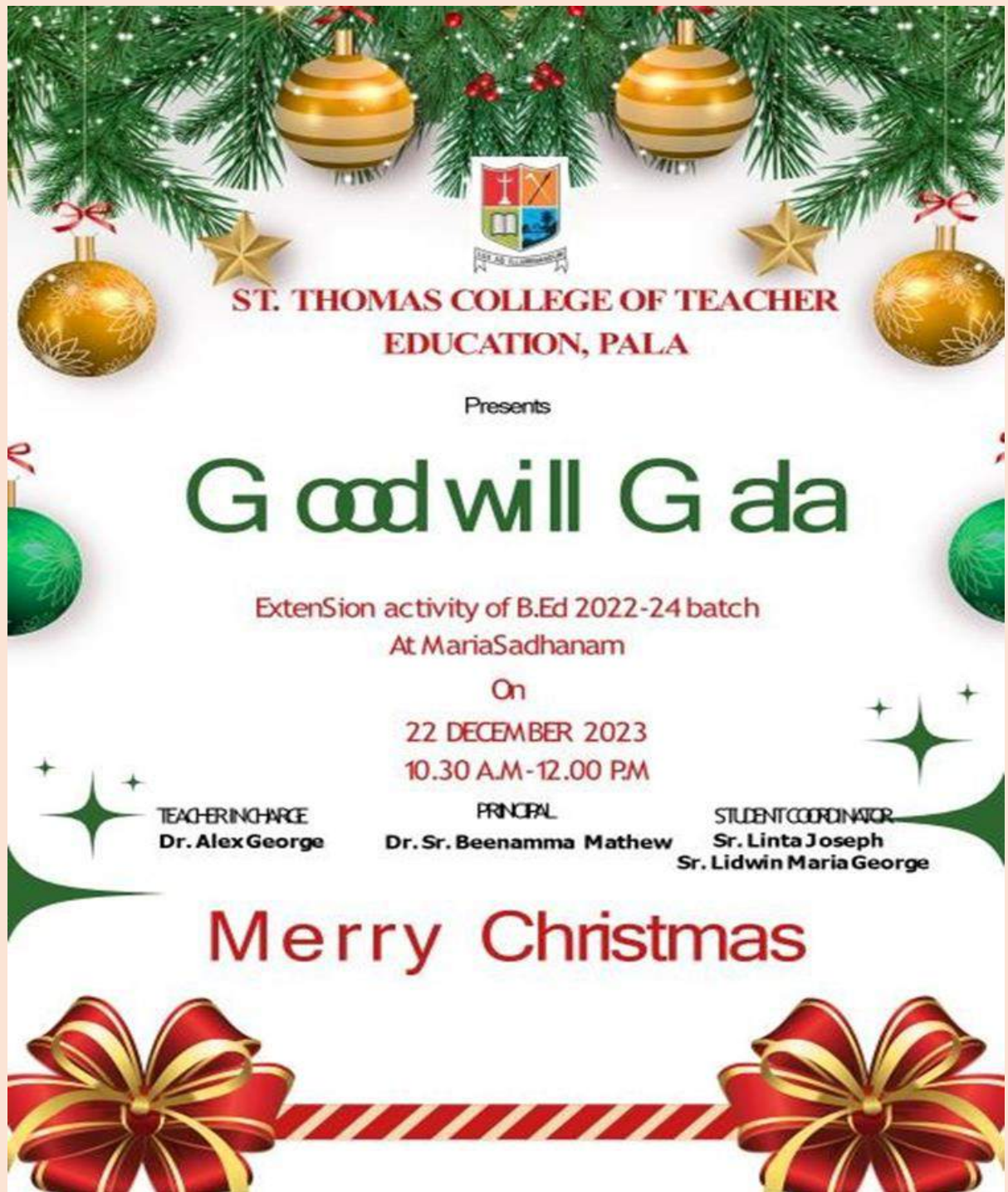




## **Christmas Celebration 2023 with Mariasadanam Friends....**

The second year B.Ed students of STCTE Pala decided to organize and celebrate our Christmas programme on 22/12/2023 at Mariyasadanam as part of our extension activity. The programme conducted by the college and coordinated by Sr Linta and Sr Lidwin of II year B.Ed. under the guidance of Dr. Alex George, commenced at 10.30 a. m. and was Inaugurated with utmost significance by Santhosh Joseph, the esteemed head of Maryasadanam. Dr.Sr Beenamma Mathew, principal of STCTE Pala delivered a gracious felicitation speech. Following this, a touching cake-cutting ceremony with the background of a carol song sung by us united both the students of STCT and the residents of a centre.

A significant moment unfolded as the accumulated funds contributed by the students over the past 2 years were presented to Fr. Ginse Jose enriched the atmosphere a Christmas message, spreading Joy and good will. Concluding the event, Amalu from I Ind year B.Ed expressed gratitude in a vote of thanks, acknowledging the collective efforts that made this day and impactful Ove.



After vote of thanks, all the student Joined hands to decorate Christmas tree. Divided into 6 groups each given a tree and material to decorate they collaborate with the inmates of Maryasadanam, to embellish the trees. All the teams received prizes from Santhosh Sir making a beautiful moment of shared joy. The Programme concluded with yet another soulful song performed by us alongside the inmates, resonating the spirit of togetherness and celebration.



**ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA**

Research Centre of Education approved by  
M.G. University, Kottayam



# Gloria

22 DECEMBER 2023

## Good will Gala

At Mariasadhanam

On

22 DECEMBER 2023

10.30 A.M-12.00 P.M



### Organization Committee :

**Dr. Sr. Beenamma Mathew ( Principal)**

**Dr. Alex George ( NSS Programme officer)**

**Mrs. Linta Eldos (NSS Volunteer Secretary)**

**Mr. Sachin C. Mattathil ( Student Coordinator)**



## Christmas Celebration

At College Auditorium

22 DECEMBER 2023

01.30 P.M-04.00 P.M



# Programme

Welcome speech : Sr. Linta Joseph

Interactive session: Santhosh Mariasadhanam

Holy jolly tree

Carol

Christmas message : Fr. Ginse Jose

Cake cutting : Dr. Sr. Beenamma Mathew

Prize distribution

Vote of thanks : Amal K. Alias











പാലാ സെന്റ് തോമസ് ബി.എഡ്. കോളേജിലെ വിദ്യാർത്ഥികൾ പാലാ മരിയസദനിൽ ക്രിസ്തുമസ് ആഘോഷിച്ചപ്പോൾ.

## Christmas in its Fullness

**Pala:** St. Thomas College of Teacher Education has an exuberant Christmas celebration with the inmates of Mariyasadhanam, a Psycho Social Rehabilitation Centre at Pala. This was conducted as part of the extension activity of B.Ed. programme. The director of Mariyasadhanam, Mr.Santhosh Joseph conveyed his regards and experiences in his journey. The cake cutting was done by Dr.Sr. Beenamma Mathew. Fr. Joseph Thanikkapara delivered the Christmas message. There was also a musical symphony of Carol done by the teacher trainees along with the inmates of the Centre. Dr. T.C. Thankachan (Vice Principal, STCTE), Dr. Alex George (NSS Programme Officer), Linta Eldos and Amalu K. Elias (student representatives) conveyed their wishes and regards. The celebration was meaningful and the day was an experiential one.

# ക്രിസ്തുമസ് ആഘോഷിച്ചു

പാലാ: സെന്റ് തോമസ് കോളേജ് ഓഫ് ടീച്ചർ എഡ്യൂക്കേഷൻ നിലെ അധ്യാപക വിദ്യാർത്ഥികൾ മരിയ സദനത്തിലെ അന്തോവാസികളുമായി ചേർന്ന് ക്രിസ്തുമസ് ആഘോഷിച്ചു. ബി. എഡ് എക്സിറ്റൻഷൻ ആക്ടിവിറ്റിയുടെ ഭാഗമായിട്ടായിരുന്നു ആഘോഷം. മരിയസദനം ഡയറക്ടർ സന്തോഷ് ജോസഫ് അനുഭവങ്ങൾ പങ്കുവെച്ചു. ബി. എഡ് കോളേജ് പ്രിൻസിപ്പൽ ഡോ. സിസ്റ്റർ ബീനാമ്മ മാത്യു കേക്ക് മുറിച്ചു. തുടർന്ന് മരിയസദൻ അന്തോവാസികളുമായി ചേർന്ന് വിദ്യാർത്ഥികൾ കരോൾ ഗാനം ആലപിക്കുകയും ക്രിസ്തുമസ് ടീകൾ നിർമ്മിക്കുകയും ചെയ്തു. ഫാ. ജോസഫ് താന്നിക്കാപ്പാറ ക്രിസ്തുമസ് സന്ദേശം നൽകി. വൈസ് പ്രിൻസിപ്പൽ ഡോ. ടി. സി. തങ്കച്ചൻ, ഡോ. അലക്സ് ജോർജ്ജ്, ലിൻ എൽദോസ്, അമല കെ. ഏലിയാസ് തുടങ്ങിയവർ പ്രസംഗിച്ചു. മരിയസദൻ സന്തോഷ് നന്ദി പറഞ്ഞു.






**ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA**  
 Research Centre of Education approved by  
 M.G. University, Kottayam

# Gloria

22 DECEMBER 2023

*Good will Gala*  
 At Mariasadhanam  
 On  
**22 DECEMBER 2023**  
 10.30 A.M-12.00 P.M



*Christmas Celebration*  
 At College Auditorium  
**22 DECEMBER 2023**  
 01.30 P.M-04.00 P.M



*Organization Committee :*

- Dr. Sr. Beenamma Mathew ( Principal)
- Dr. Alex George ( NSS Programme officer)
- Mrs. Linta Eldos (NSS Volunteer Secretary)
- Mr. Sachin C. Mattathil ( Student Coordinator)




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# ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA

## MISS - A - MEAL - PROGRAMME

An Initiative of SHE - KI - NAH Club

മരിയസദനത്തിലെ സഹോദരങ്ങൾക്ക് സഹായഹസ്തവുമായി പാലാ സെന്റ്. തോമസ് കോളേജ് ഓഫ് ടീച്ചർ എഡ്യൂക്കേഷനിലെ അധ്യാപകരും, സ്റ്റാഫും, അധ്യാപകവിദ്യാർത്ഥികളും എല്ലാ ബുധനാഴ്ചയും ഒത്തുചേരുന്നു...

സഹകരിക്കുക...സഹായിക്കുക...

