



# ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

KOTTAYAM (Dist), KERALA - 686 575

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## INTERNAL QUALITY ASSURANCE CELL (IQAC)

ANNUAL REPORT (2019-2020)

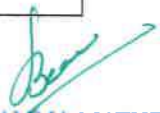


  
Prof. Dr. BEENAMMA MATHEW  
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PALA

## IQAC PROFILE


<b>IQAC COMMENCEMENT</b>	17 / 03 / 2004
<b>IQAC</b>	<p>The Internal Quality Assurance Cell (IQAC) at St. Thomas College of Teacher Education, Pala, was set on 17 / 03 / 2004 which helps to enhance the quality and standards of education offered by the institution. The IQAC is an integral part of the college's commitment to continuous improvement, and it functions as a facilitator for the institution's academic and administrative excellence.</p>
<b>OBJECTIVES</b>	<p><i>The primary objectives of the IQAC at St. Thomas College of Teacher Education, Pala, are as follows:</i></p> <ul style="list-style-type: none"> <li>✦ <i>To develop and promote a quality culture amongst all stakeholders of the institution</i></li> <li>✦ <i>To ensure the maintenance of academic standards in teaching, research, and extension activities</i></li> <li>✦ <i>To facilitate the implementation of best practices in various aspects of the institution's functioning</i></li> <li>✦ <i>To foster a learner-centric environment that encourages holistic development and overall well-being</i></li> <li>✦ <i>To encourage faculty and staff development and motivate them for continuous improvement</i></li> <li>✦ <i>To establish a feedback mechanism to monitor and evaluate various processes and take necessary actions for improvement</i></li> </ul>
<b>STRATEGIES</b>	<p><i>To achieve its objectives, the IQAC follows the following strategies:</i></p> <ul style="list-style-type: none"> <li>✦ <i>Formulating and implementing quality benchmarks for various academic and administrative activities</i></li> </ul>



  
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- *Conducting regular meetings and workshops to sensitise faculty, staff, and students about quality enhancement measures*
- *Organising training programs for faculty to enhance their teaching and research capabilities*
- *Monitoring and evaluating academic and administrative processes through periodic internal audits*
- *Collecting feedback from various stakeholders, including students, parents, alumni, and employers, to assess the college's performance*
- *Encouraging research and publication activities among faculty members and students*
- *Collaborating with other institutions and agencies to share best practices and promote mutual learning*



  
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## COMPOSITION OF THE IQAC (2018-2019)

### A. CHAIRPERSON

&  
(2019 - 2020)

1. Dr. Sr. Celene Joseph, Principal

### B. SENIOR ADMINISTRATIVE OFFICER

2. Sri. A.V. Sebastian, Junior Superintendent

### C. TEACHING FACULTY REPRESENTATIVES

3. Dr. Sr. Beenamma Mathew, Assistant Professor, Vice-Principal
4. Dr. T.M. Mollykutty, Associate Professor, HoD, M.Ed.
5. Dr. T.C. Thankachan, Assistant Professor, B.Ed. Dept.
6. Dr. P.P. Shajimon, Assistant Professor, B.Ed. Dept.
7. Dr. Sr. Mary Thomas, Assistant Professor, B.Ed. Dept.

### D. MEMBER FROM THE MANAGEMENT

8. Rev. Dr. Jose Kakkallil, Chancellor, Diocese of Palai
9. Prof. Jose P Mattam, Member, Governing Body

### E. MEMBER FROM THE LOCAL SOCIETY

10. Smt. Leena Sunny, Municipal Councillor

### F. NOMINEE FROM THE STUDENT COMMUNITY

11. Mr. Joffy K. Njavallil, B.Ed. Student



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**G. Nominees from the Industry/Employers/Stakeholders/Alumni/PTA**

12. Sri. V.C. Joseph, PTA, Vice-President

13. Rev. Fr. Berchmans Kunnumpuram, Secretary, Corporate Educational Agency, Diocese of Pala

14. Sri. P. Krishnakumar President, Alumni

**H. CO-ORDINATOR OF IQAC**

15. Dr. Lavina Dominic, Assistant Professor, B.Ed. Dept.



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KOTTAYAM (DT.)-686575, KERALA, INDIA

Re-accredited at A Grade by NAAC

Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India

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## STRATEGIC PLAN OF ACTION AND OUTCOMES

(2019-2020)



### Strategic Plans

Enter into MOU with reputed institutions

Build linkage with society -Foster social sensitivity and responsibility among students- help the local agrarian society- upliftment of rural women

Professional updating of faculty and staff

### Outcomes

- MOU with Marian College Kuttikanam Autonomous was signed on 17/01/2020
- MOU with St. Josephs College of Education, Mysuru was signed on 01/07/2020
- On 18/8/2020 –A Webinar on 'Gender Sensitisation and Social Justice' was jointly organized by the St. Thomas College of Teacher Education, Pala (IQAC) and St. Joseph's College of Education, Mysuru (Women's Cell).
- Visited the local hospital 'Mar Sleeva Medicity' on 19 September, 2019.
- A weeklong observance of the 150th Gandhi Jayanthi was done – As part of the celebrations Cleaning of campus and town premises were carried out. The college offered itself as a venue for State Social Science Exhibition on 24 October Venue for DIET meeting of resource persons posing as 'Mentors' in D.El.Ed. programmes.
- **One Week National Online Workshop on "Creative Adaptation - Reaching out through Digital Classrooms"** – organized by the St. Thomas College of Teacher Education, Pala in collaboration with the UGC-HRDC Thiruvananthapuram, from 19 May to 25 May, 2020
- **27 /8/2020** – Webinar on National Education Policy 2020 – IQAC of St. Thomas College of Teacher Education, Pala
- **17 /12/2020** -Training programme for faculty and staff –'Income Tax Calculation' Dr. Pratheesh Abraham, Asst. Professor, took a class on 'Calculation of Income-tax using Excel soft ware' for members of the faculty and staff. The class was very informative and useful to the members of the staff.



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**Start more Value Added Courses to meet the needs of the changing times**

→ Our college offers Value Added Courses which fill the gap in the curriculum designed by the university. A new Value Added Course , '**Online Assessment Tools**' was initiated.

**Pooling resources – Utilise the rich human resource - experience and knowledge of the retired faculty, staff and alumni**

→ The PTA contributed financial support to needy students. Financial support for college journal publication - Financial support for Value Added Courses.

**Improve infrastructural facilities**

→ The institution plans to improve its infrastructure with the help of RUSA funds.

**Enrich the research skills of the faculty and students**

- 
- Published two issues of the college journal Members of faculty and students
  - participated and presented research papers in several seminars



  
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**Report of the IQAC Quality Initiatives**  
**2019-2020**



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**MEMORANDUM OF UNDERSTANDING FOR LIBRARY SERVICES BETWEEN  
MARIAN COLLEGE, KUTTIKKANAM (AUTONOMOUS) AND  
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**


The Memorandum of Understanding (MoU) was entered on 17<sup>th</sup> January 2020, between Marian College Kuttikkanam (Autonomous) as the first party represented and St. Thomas College of Teacher Education, Pala as the second party. The memorandum was signed to promote and strengthen the integral development of students and research scholars.

The objectives of the memorandum are:

1. Inter library loan transactions, which includes exchange of academic materials, (articles, books chapters) and publications on reciprocal basis under the provisions of MoU
2. Sharing of reference service reciprocally
3. Jointly organize seminars/webinars, conferences, or workshops,
4. Participating in seminars/webinars and similar academic discussions
5. Extension of the use of library facility to students, and faculty members reciprocally with specific prior sanction of the principal of the college concerned
6. Offering research consultancy service
7. Offering inter-institutional certificate courses
8. Extend support in research conducted by faculty and students of both colleges- including assistance in plagiarism checking
9. Mutual support in the purchase of books and resources
10. Organising training for librarians, faculty members and students

The MoU remains valid over a period of 5 years, Librarians of both the institutions signed as the witnesses of the memorandum.



  
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PAPER NAME  
**THE DANCING RAVEN**

AUTHOR  
**Pratheesh Abraham**

WORD COUNT  
**1365 Words**

CHARACTER COUNT  
**7396 Characters**

PAGE COUNT  
**6 Pages**

FILE SIZE  
**1.3MB**

SUBMISSION DATE  
**Dec 30, 2022 1:58 PM GMT+5:30**

REPORT DATE  
**Dec 30, 2022 1:58 PM GMT+5:30**

● **11% Overall Similarity**

The combined total of all matches, including overlapping sources, for each database.

- 9% Internet database
- 0% Publications database
- Crossref database
- Crossref Posted Content database
- 6% Submitted Works database

● **Excluded from Similarity Report**

- Bibliographic material
- Quoted material
- Small Matches (Less than 10 words)

PAPER NAME  
**Digital Efficacy: Empowering Society in the Technological Age**

AUTHOR  
**Pavithra S**

WORD COUNT  
**5078 Words**

CHARACTER COUNT  
**31850 Characters**

PAGE COUNT  
**15 Pages**

FILE SIZE  
**43.5KB**

SUBMISSION DATE  
**Feb 6, 2024 4:57 PM GMT+5:30**

REPORT DATE  
**Feb 6, 2024 4:58 PM GMT+5:30**

● **14% Overall Similarity**


The combined total of all matches, including overlapping sources, for each database.

- 10% Internet database
- 3% Publications database
- Crossref database
- Crossref Posted Content database
- 10% Submitted Works database

● **Excluded from Similarity Report**

- Bibliographic material
- Quoted material
- Small Matches (Less than 10 words)



  
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## **ONLINE WORKSHOP 'CREATIVE ADAPTATION- REACHING OUT THROUGH DIGITAL CLASSROOMS'**


Organized by St. Thomas College of Teacher Education, Pala, Kerala, in collaboration with the UGC-Human Resource Development Centre, University of Kerala The "Creative Adaptation- Reaching Out Through Digital Classrooms" workshop was a one-week online workshop organized by St. Thomas College of Teacher Education, Pala, Kerala, in collaboration with the UGC-Human Resource Development Centre, University of Kerala, Thiruvananthapuram. The workshop aimed to promote innovation and adapt to the changing educational scenario.

The Workshop held from May 19<sup>th</sup> to 25<sup>th</sup>, 2020. A total of 516 participants from India, Kuwait, and the Maldives participated. The participants included 338 teachers from all over India. 99 students and 16 faculty of the college participated in the webinar. Mr. Nasserali M.K, Assistant Professor, Aligarh. Muslim University Malappuram Centre was the Resource person of the One-Week Online National Workshop. The sessions were conducted from 8:30 a.m. to 10:30 a.m. every day. The topics for the 7 days:

- Synchronising Data Across Devices
- Creating and Sharing Documents Online
- Collecting Data Online
- Google Classroom
- Blog Creation and Video Recording for E-content Preparation
- Practical Session

Participants prepared videos for their class. A mock session was also done on 18<sup>th</sup> May. The workshop was considered highly relevant and fruitful, with a vibrant resource person and enthusiastic participants. The coordinators expressed gratitude to everyone involved in organizing the workshop.



  
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**CULMINATION OF THE YEAR LONG 150<sup>th</sup> BIRTH ANNIVERSARY OF  
MAHATMA GANDHI - PARTICIPATION IN SACHHATA HI SEWA CAMPAIGN**

The staff and students of St. Thomas College of Teacher Education, Pala actively engaged in SWACHHATA HI SEWA CAMPAIGN on 2<sup>nd</sup> October 2019 as a part of the observance of 150<sup>th</sup> GANDHIJAYANTHI. Programmes such as quiz, seminar presentations, photo exhibition, skit and tableau were conducted on 8<sup>th</sup> October 2019. 49 students and 16 faculty participated in the cleanliness drive.

**Oath taking**

An oath to protect the environment was taken by the faculty and students on the occasion.



**Cleaning the surroundings**

As part of Gandhi Jayanthi observation students under the leadership of staff cleaned the campus and surroundings of the institution.



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**ALUMNI ASSOCIATION CELEBRATIONS – INTER-COLLEGIATE ESSAY  
COMPETITION FOR STUDENT TEACHERS**

The Alumni Association of St. Thomas College of Teacher Education, Pala organised an Inter-collegiate essay competition for teacher trainees on the topic 'The Changing World and Teaching Styles to be Changed' on 5<sup>th</sup> October 2019. 30 students and 4 faculty participated in the programme. Prakash M. Vettam, Executive Committee Member, Alumni lead the programme.



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## TEACHERS' DAY CELEBRATIONS AND BLESSING OF THE ACADEMIC YEAR

Teachers' day was celebrated on 5th September 2019 with the aim of respecting our dear teachers. The programme was blessed with the presence of the Auxiliary Bishop of Palai, H.E. Mar Jacob Muricken. Dr. Sr. Celene Joseph, Principal, St. Thomas College of Teacher Education, Pala, delivered the welcome speech. The blessing and inauguration of academic year took place on 5 September, 2020. 98 students and 16 faculty participated in the programme.

Guruvandanam, the book prepared by the first year B.Ed. students, by interviewing retired teachers, was released on the occasion. Teachers were honoured during the function and a candle lighting ceremony was conducted; the light of knowledge was shared from teachers to students. Ms. Deepa George, General secretary, proposed a vote of thanks.



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## UNION AND ARTS CLUB INAUGURATION (PRAJWALAN 2K19)

The inauguration of the activities of the College Union PRAJWALAN 2k19 and Arts Club was conducted on 4th October, 2019. Ms. Deepa George, General Secretary, delivered the welcome speech. Mr. Jestin Joy, College Union Chairperson, presided over the function. Fr. Sijo Chennadan, also known as, RJ father inaugurated the activities of the College Union and Arts Club. Dr. Sr. Celene Joseph, Principal, St. Thomas College of Teacher Education and Dr. Sunu Austin staff advisor to the College Union felicitated the meeting. Ms. Parvathy S., Arts Club Secretary delivered a vote of thanks. 98 students and 16 faculty attended the meeting



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**TWO-DAY NATIONAL SEMINAR ON  
“DISASTER AND CRISIS: MANGEMENT, PREPAREDNESS AND RESILIENCE”**

The Two-Day National Seminar on ‘DISASTER AND CRISIS: MANAGEMENT, PREPAREDNESS AND RESILIENCE’ was jointly organised by Society of Innovative Researchers and Academicians (SIRA) and UGC-HRDC, Thiruvananthapuram at UGC – HRDC Thiruvananthapuram, on 11th and 12th October 2019. 250 academicians, teachers, research scholars and students from different states of India participated in the seminar. There were 109 paper presentations and special deliberations on disaster and crisis: management, preparedness and resilience’.

Dr. T.C. Thankachan (President, SIRA) propose the Inaugural Address. The seminar was inaugurated by the Dr. Mahadevan Pillai, Hon’ble Vice Chancellor, University of Kerala at UGC-HRDC Auditorium on 11th October 2019 at 10 am. He has highlighted the need of making people aware of causes and consequences of disasters in the light of Tsunami, Okhi and flood and landslides recently occurred in Kerala.

17 students and 3 faculty members were participated, and 17 papers were presented in the session by students in the Two-day National Seminar on Disaster and Crisis: Management, Preparedness and Resilience” from St. Thomas College of Teacher Education, Pala, the programme was very informative and effective and met the standards of excellence. SIRA expresses sincere gratitude and appreciation to all who contributed to the success of the Two-day National Seminar disaster and crisis: management, preparedness and resilience.



  
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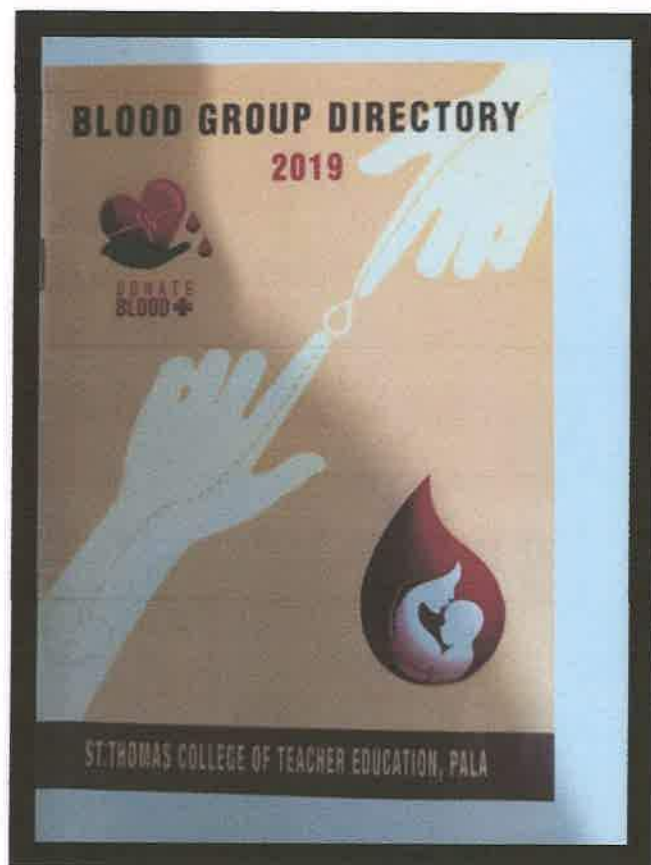


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## RED RIBBON CLUB

### CLASS ON IMPORTANCE OF BLOOD DONATION, PUBLICATION OF A DIRECTORY OF BLOOD GROUP AND QUIZ COMPETITION

Red Ribbon Club and Health Club of St. Thomas College of Teacher Education, Pala, organised a class on Importance of Blood Donation and a Blood Directory was released on 16<sup>th</sup> October 2019. The programme was under the supervision and guidance of Dr. Sunil Thomas, Assistant Professor, St. Thomas College of Teacher Education, Pala, and other faculties of the college. The directory compiled and published Blood Group Details of the students, teachers, and administrative staffs of the college. Blood Group Details were collected from B.Ed. 1<sup>st</sup> year, B.Ed. 2<sup>nd</sup> year, M.Ed. 1<sup>st</sup> year, M.Ed. 2<sup>nd</sup> year, D.El.Ed. 1<sup>st</sup> year, D.El.Ed. 2<sup>nd</sup> year, Teaching Staffs and from Administrative Staffs. A list containing details of 58 person with corresponding blood group were prepared. A quiz competition was also conducted. All students participated in the session. Thirty students and five faculty participated in the programme.



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## **ELECTORAL LITERACY CLUB**

### **'SAMVIDHAN DIVAS', CONSTITUTION DAY CELEBRATION**

The Electoral Literacy Club of St. Thomas College of Teacher Education, Pala observed 'Samvidhan Divas', Constitution Day Celebration on 26<sup>th</sup> November 2019 under the supervision and guidance of club in charges and superior authorities with great enthusiasm and patriotic fervour. The event commenced with the recitation of the Preamble of the Constitution of India by the Principal, Dr. (Sr). Celene Joseph, St. Thomas College of Teacher Education, Pala. 96 students and 16 faculty took part in the programme.

The Principal administered the oath, which was repeated by the students and teachers. Dr. P. P. Shajimon, Assistant Professor, coordinated the entire programme. Dr. T. C. Thankachan, Vice-Principal, and Dr. Alex George, Assistant Professor, also delivered messages.

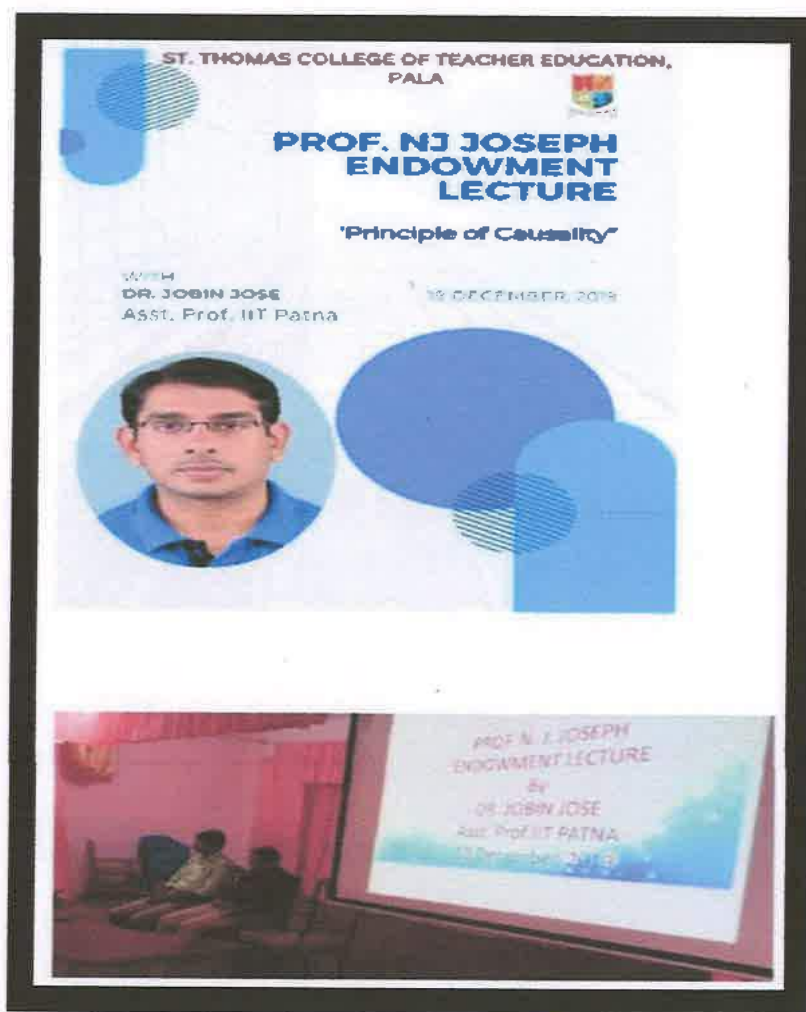



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## PROF. N. J. JOSEPH ENDOWMENT LECTURE

The Prof. N. J. Joseph Endowment Lecture was held on 19<sup>th</sup> December 2019 at St. Thomas College of Teacher Education, Pala. The lecture was delivered by Dr. Jobin Jose, Assistant Professor, IIT, Patna, on the topic "Principle of Causality".

Dr. Jibin Jose's lecture focused on the fundamental concept of causality, exploring its significance in various fields, including philosophy, physics, and statistics. He delved into the definitions, interpretations, and implications of causality, providing insightful examples and illustrations. It enhanced understanding of the principle of causality among students and faculty and inspired critical thinking and discussion on the topic. 96 students and 16 faculty members participated in the programme.



  
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## VENUE FOR DISTRICT LEVEL HIGH SCHOOL SOCIAL SCIENCE EXHIBITION

A district level High School social science exhibition was successfully held at St. Thomas College of Teacher Education, Pala, in the year 2019. The venue played a pivotal role in the smooth conduct of the programme. The college's infrastructure provided an ideal setting for the exhibition, with ample space for display boards, models, and projects. The college administration and staff extended excellent support. 10 students and 4 faculty were volunteers for the programme.



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## VIMUKTHI CLUB

### SILENT PROTEST AGAINST DRUGS - A RALLY AGAINST DRUGS


'Vimukthi' (Kerala State Mission for De-addiction) is a project launched by the State Government to conduct awareness campaigns against alcoholism and drug abuse. It has been implemented with the help of Student Police Cadets, anti-addiction clubs of schools and colleges and various other student, youth and women's organisations. State wide campaigns to make students and youth aware of the evils of drug addiction and alcoholism are conducted by the mission with the aim of 'Addiction free Kerala'. As part of this mission, the Vimukthi Club of St. Thomas College of Teacher Education, Pala organised a one-act play and awareness class by Janamaithri police on January 17<sup>th</sup>, 2020. The program was successful in conscientizing the teacher trainees about the evils of drug addiction. The initiative, 'Silent Protest Against Drugs' was an offshoot of this awareness. The programme fanned its wings with the guidance and support of principal, Rev. Dr. (Sr). Celine Joseph and under the directorship of Dr. Alex George, teacher in charge of Vimukthi Club.

The protest highlighted the quote from Eastern Philosophy: " Silence is the most powerful scream" by covering the mouth of all the participants with a black cloth. The flag off ceremony was conducted in the college auditorium by the principal, Rev. Dr. (Sr). Celine Joseph at 3.30 pm. The meeting was attended by the police officers from the Excise Department, Pala, media persons, teaching and non-teaching staff of St. Thomas College of Teacher Education, Pala. 48 students participated in the silent protest rally and 5 faculty participated in the programme. It was followed by the oath taking and rally. The message to the society was successfully conveyed through placards and various theme-based programs like flash mob, street play and group song which were enacted by the students at the main spots throughout the rally.



  
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**ANTI -RAGGING AWARENESS PROGRAMME-  
SKIT AND SCREENING OF VIDEOS ON RAGGING AS PER UGC ORDERS**

The Anti-Ragging Awareness Programme was conducted on 11<sup>th</sup> November 2019 at St. Thomas College of Teacher Education, Pala, in compliance with UGC regulations. The programme aimed to educate students about the ill effects of ragging and promote a ragging-free environment in the institution. 47 students and 4 faculty attended the programme.

**Skit:** A thought-provoking skit was presented on the stage depicting the physical and emotional trauma faced by the victims of ragging. The skit effectively conveyed the message that ragging is a serious offence with severe consequences.

**Video Screening:** Videos on ragging, provided by the UGC, were screened to raise awareness about the issue. The videos showcased real-life incidents of ragging, highlighting the devastating impact on students and their families.




  
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## EXPLORICA TOUR

A study tour, "Explorica 2020" was arranged for the students of final year B.Ed. from 31 December, 2019 to 6 January, 2020. The students spent three days in Hyderabad, visiting places like Hussain Sagar Lake, Salar Jung Museum, Lumbini Park, Ramoji Film City, Golconda Fort, Snow World and Charminar. The students took up Explorica 2020 as chance to explore, expand, and enrich their learning and relationships. 45 students and 5 faculty participated in the tour.




  
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### **ATHIJEEVANAM EDUCATIONAL CAMP**

A five- day community living camp, "Athijeevanam 2020" was organised in the college for final year students of B.Ed. from 14 to 18 January 2020. Coming out of their own personal comfort zones, each student enjoyed the camp days, making memories that would be cherished for a life time. The students got experiences in cooking and cleaning, and they were given specific duties and responsibilities in the camp activities. Moreover, workshops and training sessions were offered to the students with the aim of polishing their skills and talents. 47 students and 12 faculty participated in the camp.



  
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## MISS ELAN 2020

Each time a woman stands for herself, she stands for all women. Miss Elan is a personality contest to find out a woman who is outstanding in all the aspects of personality. The contest is organised by the women cell of St Thomas College of Teacher Education Pala in honour of Dr. Sr. PT Mary, the former principal of the college.

Miss Elan contest of the academic year 2019-20 was conducted on 23<sup>rd</sup> January 2020. It was an inter collegiate personality contest. The preparation for the contest began during the month of December itself under the guidance of women cell coordinator Dr. Sunu Austin. 29 participants from various colleges participated in this competition. A panel of 3 eminent judges evaluated the performance of the contest and selected the apt personality. 25 students of the college and 4 faculty participated in the programme.

The contest began at 11:00 a.m. with a general knowledge test followed by a reasoning test. The on-stage performance started at 1:00 p.m. at the college auditorium with self-introduction session. Here the participants and introduced themselves in 1 minute and with that the preliminary round came to an end. Among the 29 participants 10 were selected by the judges to compete in next round. Round 1 included the following sessions:


- Talent time
- Group discussion
- Theme round

After this round 5 contestants were eliminated and the selected ones had gone through the following rounds in Round 2:

- Film round
- Question round

The final round started with the selected 3 contestants from the second round. All the participants were highly spirited and made the programme successful.. Miss Elan 2020 was titled to Miss Agatha Kurian of Baselios College. Miss Akshara of Teacher Education College Erattupetta was the First Runner-Up and Jilu Anna Johnney of Mount Carmel College of Teacher Education was the Second Runner-Up.



  
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## SPORTS DAY

The moment of victory is much too short to live for that and nothing else”, said the tennis player, Martina Navratilova. Sports meets aim to instil sportsman spirit in children rather than commemorating victories. The much-awaited Annual Sports Day was held on 1st February, 2020, with great zeal and excitement.

The Principal, Dr. Sr. Celene Joseph received the salute during the march past and she hoisted the flag. The students entered into the spirit of the occasion in a grand way with the oath being administered by the sports leader. Once the races began, the air of STCTE was filled with cheering and encouragement for the young athletes. Various events conducted are 100 m race, 200 m race, 400 m race, 800 m race, 1500 m walking, long jump, 4\*100 m relay, 4\*50 m mixed relay, shot put, ball throw, discuss throw, javelin throw, skipping and so on. Competitions conducted for the teachers added to the enjoyment. 114 students and 16 teachers took part in the event.

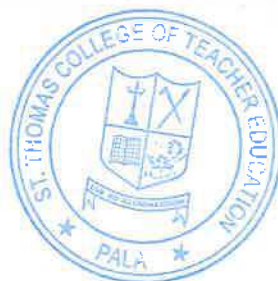



  
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## ARTS DAY

'Campus Uthsav' is an annual arts fest conducted by STCTE campus, featuring several art competitions for students. It gives the students a platform for improving their capabilities in team work as well as raising their self confidence in interacting with fellow students. Campus Uthsav 2020, was inaugurated on 28th February and following the inauguration, many young energetic talents took the stage and showcased a host of variety performances.

Campus Uthsav included a number of cultural events like light music, Malayalam recitation, Malayalam elocution, English recitation, English elocution, patriotic song, group song, mono act, mimicry, mime, nostalgia, fusion dance, single dance, skit, fancy dress and tableau. The rules of all competitions were framed after referring the rules of university youth festival. 114 students and 16 teachers were involved in the fest.



  
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**EK BHARATH SHRESHT BHARATH- EBSB**  
**CELEBRATION OF MATHRUBHASHA**  
**SCREENING OF HIMMACHALI FILM 'SAANJH' AND REVIEW WRITING**

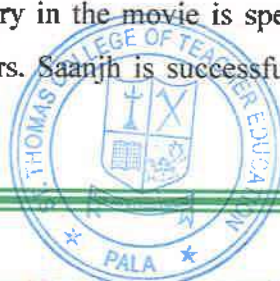
As part of the The Ek Bharat Shreshtha Bharat Engagement Matrix between States and UTs, our state Kerala was culturally connected with the state Himachal Pradesh. As per the programme we watched a beautiful movie called “Saanjh” on 18<sup>th</sup> February 2020 which was in every sense a visual tour to the Land of God –Himachal Pradesh. 47 students and 5 teachers together watched the movie Saanjh

Saanjh (transl- An Evening) is a 2017 Indian Himachali language drama film, directed by Ajay Saklani. With a running time of 109 minutes this is the first feature film in Himachali Language to be released in cinema halls and is introducing Aditi Charak, Vishal Pargappa and Rupeshwari Sharma. The film also features two well-known Bollywood actors Asif Basra and Taranjit Kaur.

Set in the beautiful Kullu valley of Himachal Pradesh, Saanjh follows the journey of Sanju, a 16-year-old city girl who becomes the victim of bogus social-media posts. When her father discovers a compromising online video in which Sanju supposedly features, he consigns her to their remote ancestral village to stay with her grandmother. Isolated and dejected, Sanju encounters ill-mannered house guest Jonga and finds surprising solace in his company. Unable to adjust to the village lifestyle, she hatches a plan to escape the village with help of Jonga, but need time to raise enough cash. Meanwhile, Sanju slowly begins to understand her grandmother’s pain—living a secluded life with almost no contact with her children—and a deep bond grows between them. When the grandmother falls sick, the film focuses on one unforgettable Saanjh (evening) in which they are caught between light and darkness.

This movie has travelled across the world and received global accolades. The film has been screened in multiple countries and even won the Best Feature Film at Borrego Springs Film Festival (USA), Award of Merit at Accolade Global Film Competition (USA). Saanjh is one of the highest rated films in IMDb and Facebook as well.

It is a lovely movie, for it has captured the essence of Himachal and its aspirations and portrayed human relations beautifully. It is a brilliant piece of artistic reality. The locations are heavenly. The cinematography has done complete justice in picturing the divinity and radiance of the land. The scenery in the movie is spectacular with mountains, valleys and much more to amaze the viewers. Saanjh is successful in showcasing the rich



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heritage and culture, customs and traditions of the Himachal for enabling people to understand and appreciate the diversity of our land, thus foster a sense of common identity among us. In every way it is the perfect movie to connect to the cultural diversity of the land. Throughout the 109 minutes we were virtually transported to the blissful land and emotions. By the end of the movie, we were overwhelmed with emotions and a strong desire to visit this alluring state.

To sum it up it is a must watch movie, for it has been able to create an environment which promotes learning between States by showcasing and transferring across the borders, the best practices and experiences of the land.



  
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## **ELECTORAL LITERACY CLUB NATIONAL VOTERS' DAY**

The National Voters' Day (NVD) has been celebrated on January 25 every year since 2011 all across the country to mark the foundation day of the Election Commission of India, which was established on January 25, 1950. The main purpose of the celebration is to encourage, facilitate and maximize the enrolment, especially for the new voters, and to spread awareness among voters for promoting informed participation in the electoral process. The theme for National Voters' Day, 2020 was 'Electoral Literacy for Stronger Democracy'.

With the guidance and support of Principal, St. Thomas College of Teacher Education, Pala, Dr. (Sr). Celene Joseph and under the captaincy of Dr. P. P. Shajimon, Assistant Professor, St. Thomas College of Teacher Education, Pala, and Social Science stream a four-tier quiz competition was conducted in the spirit of the National Voters' Day witnessed the participation of the entire students of B.Ed. and M.Ed. batches on February 4, 2020. The quiz competition was well planned and meticulously executed. 47 students and 5 teachers participated in the event.



  
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## INTERNAL QUALITY ASSURANCE CELL (IQAC)

ANNUAL REPORT (2018-2019)




  
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## IQAC PROFILE


<b>IQAC COMMENCEMENT</b>	17 / 03 / 2004
<b>IQAC</b>	The Internal Quality Assurance Cell (IQAC) at St. Thomas College of Teacher Education, Pala, was set on 17 / 03 / 2004 which helps to enhance the quality and standards of education offered by the institution. The IQAC is an integral part of the college's commitment to continuous improvement, and it functions as a facilitator for the institution's academic and administrative excellence.
<b>OBJECTIVES</b>	<p><i>The primary objectives of the IQAC at St. Thomas College of Teacher Education, Pala, are as follows:</i></p> <ul style="list-style-type: none"> <li>✦ <i>To develop and promote a quality culture amongst all stakeholders of the institution</i></li> <li>✦ <i>To ensure the maintenance of academic standards in teaching, research, and extension activities</i></li> <li>✦ <i>To facilitate the implementation of best practices in various aspects of the institution's functioning</i></li> <li>✦ <i>To foster a learner-centric environment that encourages holistic development and overall well-being</i></li> <li>✦ <i>To encourage faculty and staff development and motivate them for continuous improvement</i></li> <li>✦ <i>To establish a feedback mechanism to monitor and evaluate various processes and take necessary actions for improvement</i></li> </ul>
<b>STRATEGIES</b>	<p><i>To achieve its objectives, the IQAC follows the following strategies:</i></p> <ul style="list-style-type: none"> <li>✦ <i>Formulating and implementing quality benchmarks for various academic and administrative activities</i></li> </ul>



  
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- *Conducting regular meetings and workshops to sensitise faculty, staff, and students about quality enhancement measures*
- *Organising training programs for faculty to enhance their teaching and research capabilities*
- *Monitoring and evaluating academic and administrative processes through periodic internal audits*
- *Collecting feedback from various stakeholders, including students, parents, alumni, and employers, to assess the college's performance*
- *Encouraging research and publication activities among faculty members and students*
- *Collaborating with other institutions and agencies to share best practices and promote mutual learning*



  
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## COMPOSITION OF THE IQAC (2018-2019)

### A. CHAIRPERSON

1. Dr. Sr. Celene Joseph, Principal

### B. SENIOR ADMINISTRATIVE OFFICER

2. Sri. A.V. Sebastian, Junior Superintendent

### C. TEACHING FACULTY REPRESENTATIVES

3. Dr. Sr. Beenamma Mathew, Assistant Professor, Vice-Principal
4. Dr. T.M. Mollykutty, Associate Professor, HoD, M.Ed.
5. Dr. T.C. Thankachan, Assistant Professor, B.Ed. Dept.
6. Dr. P.P. Shajimon, Assistant Professor, B.Ed. Dept.
7. Dr. Sr. Mary Thomas, Assistant Professor, B.Ed. Dept.

### D. MEMBER FROM THE MANAGEMENT

8. Rev. Dr. Jose Kakkallil, Chancellor, Diocese of Palai
9. Prof. Jose P Mattam, Member, Governing Body


### E. MEMBER FROM THE LOCAL SOCIETY

10. Smt. Leena Sunny, Municipal Councillor

### F. NOMINEE FROM THE STUDENT COMMUNITY

11. Mr. Joffy K. Njavallil, B.Ed. Student



  
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**G. Nominees from the Industry/Employers/Stakeholders/Alumni/PTA**

12. Sri. V.C. Joseph, PTA, Vice-President
13. Rev. Fr. Berchmans Kunnumpuram, Secretary, Corporate Educational Agency, Diocese of Pala
14. Sri. P. Krishnakumar President, Alumni

**H. CO-ORDINATOR OF IQAC**

15. Dr. Lavina Dominic, Assistant Professor, B.Ed. Dept.



*Beena*  
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