

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

KOTTAYAM (Dist), KERALA - 686 575

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INTERNAL QUALITY ASSURANCE CELL (IQAC)

ANNUAL REPORT (2021-2022)



IQAC PROFILE

IQAC COMMENCEMENT	17/03/2004			
IQAC	The Internal Quality Assurance Cell (IQAC) at St. Thomas College of Teacher Education, Pala, was set on 17 / 03 / 2004 which helps to enhance the quality and standards of education offered by the institution. The IQAC is an integral part of the college's commitment to continuous improvement, and it functions as a facilitator for the institution's academic and administrative excellence.			
OBJECTIVES	The primary objectives of the IQAC at St. Thomas College of Teacher Education, Pala, are as follows: To develop and promote a quality culture amongst all stakeholders of the institution To ensure the maintenance of academic standards in teaching, research, and			
	extension activities To facilitate the implementation of best practices in various aspects of the institution's functioning			
	To foster a learner-centric environment that encourages holistic development and overall well-being			
	 To encourage faculty and staff development and motivate them for continuous improvement 			
	To establish a feedback mechanism to monitor and evaluate various processes and take necessary actions for improvement			
STRATEGIES	To achieve its objectives, the IQAC follows the following strategies:			
	 Formulating and implementing quality benchmarks for various academic and administrative activities 			

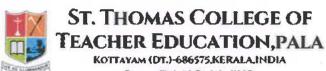
- Conducting regular meetings and workshops to sensitise faculty, staff, and students about quality enhancement measures
- Organising training programs for faculty to enhance their teaching and research capabilities
- Monitoring and evaluating academic and administrative processes through periodic internal audits
- Collecting feedback from various stakeholders, including students, parents, alumni, and employers, to assess the college's performance
- Encouraging research and publication activities among faculty members and students
- Collaborating with other institutions and agencies to share best practices and promote mutual learning



COMPOSITION OF THE IOAC (2021-2022)

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- 1. Dr. T. C Thankachan, Principal
- B. SENIOR ADMINISTRATIVE OFFICER
- 2. Sr. Mini Thomas, Head Accountant
- C. TEACHING FACULTY REPRESENTATIVES
- 3. Dr. Sr. Beenamma Mathew, Associate Professor, Vice-Principal
- 4. Dr. TM Mollykutty, Associate Professor, HoD, M.Ed.
- 5. Dr. Sr. Mary Thomas, Associate Professor, B.Ed. Dept.
- 6. Dr. Sunu Austin, Assistant Professor, B.Ed. Dept.
- Dr. Pratheesh Abraham, Assistant Professor, (Dean Students' Welfare), B.Ed. Dept.
- D. MEMBER FROM THE MANAGEMENT
- 8. Rev. Dr. Jose Kakkallil, Chancellor, Diocese of Palai
- 9. Prof. Jose P Mattam, Member, Governing Body
- E. MEMBER FROM THE LOCAL SOCIETY
- 10. Smt. Biji Jojo, Municipal Councilor
- F. NOMINEE FROM THE STUDENT COMMUNITY
- 11. Mr. Sojo John, B.Ed. Student
- G. NOMINEES FROM THE INDUSTRY/EMPLOYERS/STAKEHOLDERS/ALUMNI/PTA
- 12. Sri. Jose Mamparambil, Chairman Mamparamparampil Group of Companies, Pala
- 13. Sri. P.V. Jayakumar, Vice-President, PTA
- 14. Rev. Fr. Berchmans Kunnumpuram, Secretary, Corporate Educational Agency, Diocese of Pala
- 15. Sri.P.Krishnakumar, President, Alumni
- 16. Sri. Georgekutty Jacob, HM Model School Representative of Cooperating Schools
- H. CO-ORDINATOR OF IQAC
- 17. Dr. Lavina Dominic, Assistant Professor, B.Ed. Dept.



Re-accredited at A Grade by NAAC
Affiliated to Mahatma Gandhi University, Kottayam, Karais, India
e-mail: stcapala@gmail.com [Website: stcte.ac.m.

STRATEGIC PLAN OF ACTION AND OUTCOMES

(2021-2022)



Maintaining high standards in scholastic and co scholastic areas

Sustaining existing MoUs with reputed institutions and sign MoUs with more institutions of excellence

Outcomes

- Excellent performance of B.Ed. and M.Ed. students at university exams.
- Hundred percent pass for B.Ed. and M.Ed.; including university ranks
- Several of our students won laurels at various competitions held at university level Arts and Sports Fests.
- The college team was selected for the best innovative idea at the State Level Evaluation of the Young Innovators Programme (YIP) 2021, organized by the Kerala Development and Innovation Strategic Council (K-DISC).

Conducted academic events in collaboration with the partnering institutions,

Faculty sharing programmes at International level:

 Dr. Bernedette U Cornelius (University of Calabar, Nigeria) and Dr. TC Thankachan - 02/06/2021

Faculty exchange programme at State level:

- Dr. TC Thankachan and Dr. Laya AB (SNM Moothakunnam) 4 & 5 /8/2021
- Dr. Alex George and Dr. Bisni P.S. (SNM Moothakunnam) -11/8/2021
- Dr. Sr. Mary Thomas and Ms. Saritha VK 1/09/2021

In collaboration with Association of International Researchers of Indian Origin (AIRIO):

- A Workshop series on educational research was started on -19 June 2021
- Webinar on Intellectual Property Rights in Association with AIRIO –23 June 2021 Aswathy G Krishnan -,
 Lecturer, Dept. of Law, University of Kerala STCTE & Yuvakshetra Institute of Management Studies(YIMS)
 Palakkad
- Fraternity Reading Club of the college and (YIMS), PAL Palakkad was conducted on 26 June 2051 HOMAS COLLEGE OF TEACHER EDUCATION



STCTE & St. Joseph's College of Education, Mysuru

 A workshop on OBS Studio, You Tube Management, 'Leading Edge', was conducted in collaboration with St. Joseph's College of Education, Mysuru, Karnataka on 30 July 2021

STCTE & Trinity College, Jalandhar, Punjab

 An edited book on NEP 2020 was published- several faculty contributed articles to the book

List of institutions with whom new MOUs signed

- SNM Training College, Moothakunnam 23/7/21
- Trinity College, Jalandhar 21/8/2021
- St. Joseph's College of Education for Women, Ernakulam -14/5/22
- Don Bosco Arts and Science College, Angadikaday 14/5/22

Implement proposals of NEP 2020

Promotion of Mother tongue-

On July 24, 2021, the College organized an event, Shresht Malayalam, a webinar series aimed at promoting the love for the Malayalam language.

In addition to this , during the vacation period, student teachers initiated an innovative project called Nirakoot, which involved enhancing the aesthetic appeal of local school buildings by painting beautiful artwork and displaying letters of the Malayalam and English alphabets. Furthermore, student teachers distributed booklets, posters, and other educational materials on the Malayalam alphabet to young school children during their internship period.

Establishing collaboration with local school, community—engaging in activities that develop social awareness and commitment towards society among faculty and students

 The college organized blood donation programmes in collaboration with local blood donation forums, conducted seminar on blood donation, the alumni organized various competitions for school children, collaborated with local NGO for webinars on rural women empowerment -

Launched a Yearlong National Webinar series - 'Jagratha' 2021- from 23

January 2021 to 26 January 2022 in association with Archana Women's Centre, Ettumanoor, an NGO for the rural women. Several of students and faculty were resource persons for the webinar.

 Local resource persons from – Lion's club of Pala, local police, anti drugs cell, doctors of local hospital, etc conducted classes for students Faculty were resource persons at various programmes organised by local schools and college.

Student teachers were resource persons at webinars organised by local NGOs. 'NIRAKOOT'- student teachers spent their two months of vacation to beautify local primary schools - the venture won accolades from various sections of the society and the local and STATE level administration

Encourage research culture among faculty and students

- The college applied for recognition as research centre under the affiliated university and three of its faculty members applied for research guideship
- College brings out its biannual educational journal faculty and students publish their research articles in it.
- Faculty and students collaborated in research paper preparation, presentation, and publication in national and international seminars, conferences and workshop organized by the Higher Education Dept., colleges, and other institutions
- Edited books were brought out by faculty with several students
- · contributing their articles to it
- · A year long Workshop series on educational research was conducted in collaboration with
- · Association of International Researchers of Indian Origin (AIRIO)
- The college collaborated in the conduct of an International online workshop on 'Academic Writing and Communication Skills, Research Methodology, Reference Management, and
- Academic Publishing, from 23 November to 31
- December 2021.

Apply for Research centre - research guideship for faculty

The college has applied for recognition as research centre under its affiliated university; three of the faculty applied for research guideship.

Equipping student teachers for the profession by helping them clear teacher eligibility tests at various levels - TET, SET, NET

The college conducted online coaching classes for TET/SET/NET aspirants from 7 August to 17 Sept. 2021; the resource persons included members of the faculty and the alumni. The faculty provided guidance and orientation towards clearing TET, SET and NET; students engaged in collaborative efforts to prepare learning materials for the various Teacher Eligibility Tests.

Augmenting infrastructure with the support of **RUSA funds**

The college building was renovated using the RUSAfunds. Received sanctionfor construction of new block from local authorities.

Harnessing local, community, alumni resources for the smooth functioning of the scholastic and co scholastic activities

- The alumni contributed to TET/SET/NET coaching by providing resource persons.
- the fund raised by way of registration fee of online coaching was contributed to the college
- · library.
- · oriented the new students towards the
- teaching profession through interaction with the new students.

Organised competitions for high school students



Report of IQAC Quality Initiatives 2021-2022



MEMORANDA OF UNDERSTANDING (MoUs)

A Memorandum of Understanding is an agreement between two or more parties outlining a shared purpose or course of action. It's a formal document, but unlike a contract, it's not necessarily legally binding.

The objectives of an MoU can vary depending on the specific agreement between the parties involved.

- Establishing a framework for collaboration: An MoU sets the stage for cooperation between the parties by outlining the areas of focus and potential activities.
- Defining roles and responsibilities: While not a binding contract, an MoU can clarify what each party is expected to contribute to the collaboration.
- Facilitating information sharing: MoUs can encourage open communication and exchange of information between the parties.
- **Promoting mutual benefit:** The ultimate goal of most MoUs is to achieve a win-win situation for all parties involved.
- Providing a foundation for future agreements: An MoU can serve as a springboard for developing a more formal contract with specific deliverables and timelines.

1. MoU with SNM Training College, Moothakunnam

The Principal of St. Thomas College of Teacher Education, Pala, signed a Memorandum of Understanding (MoU) with the Principal of SNM Training College, Moothakunnam, on July 23, 2021. The collaboration was for three years.

2. MoU with Trinity College, Jalandhar

The Principals of St. Thomas College of Teacher Education, Pala, and Trinity College, Jalandhar, signed a Memorandum of Understanding on August 21, 2021. The collaboration was for three years.



Dr. BEEN AMMA MATHE PRINCIPAL

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3. MoU with St. Joseph's College of Teacher Education for Women, Ernakulam

On May 14, 2022, the Principals of St. Thomas College of Teacher Education in Pala and St. Joseph's College of Teacher Education for Women, Ernakulam, signed a Memorandum of Understanding (MoU). The five-year collaboration was in place.



4. MoU with Don Bosco Arts and Science College, Angadikadav

St. Thomas College of Teacher Education, Pala and Don Bosco Arts and Science College, Angadikadav, joined forces through a five-year Memorandum of Understanding (MoU) signed on May 14, 2022.



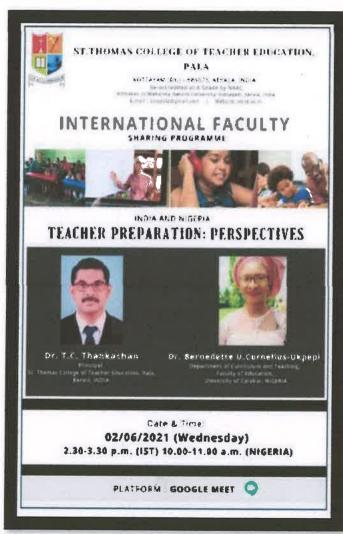


INTERNATIONAL FACULTY SHARING

The International Faculty Sharing Programme was held on Wednesday, 2 June 2021, fostering collaboration between St. Thomas College of Teacher Education (STCTE) in Pala, India, and the University of Calabar in Nigeria. The central theme of the webinar was "India and Nigeria: Teacher Preparation Perspectives."

Held on Google Meet from 2:30 to 3:30 pm IST (10:00 to 11:00 am Nigeria), the entire teaching faculty of the college joined the session, gaining valuable insights from the esteemed resource person Dr. Bernedette U. Cornelius-Ukpepi from the University of Calabar, Nigeria.

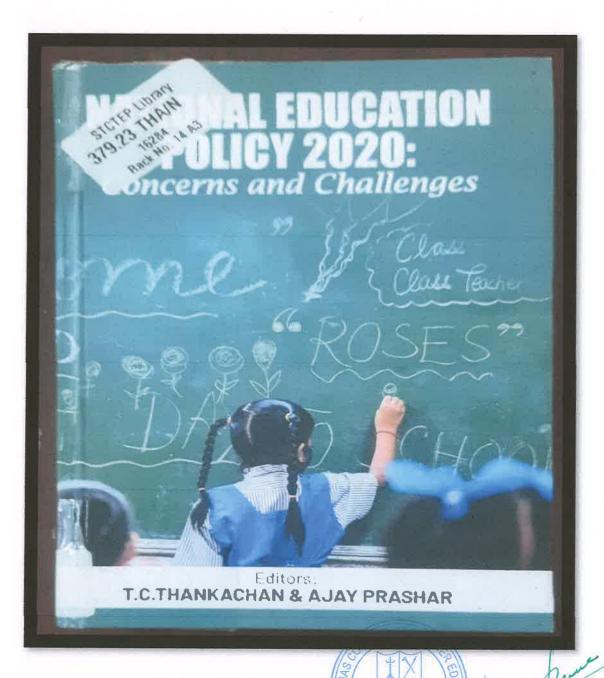
This webinar, with Dr. Bernedette U. Cornelius-Ukpepi as the resource person, offered many benefits to the teaching staff at STCTE. All teachers and 69 students of both batches of B.Ed. joined the session.





NATIONAL EDUCATION POLICY 2020 - CONCERNS AND CHALLENGES

An edited book on National Education Policy 2020 - Concerns and Challenges was brought out by the college in collaboration with the Society of Innovative Researchers and Academicians (SIRA), St. Thomas College of Teacher Education, Pala, Kerala, the MOU partner Trinity College, Jalandhar, Punjab and St Jude's Convent School, Nakodar, Punjab. The chief editors of the book were Dr TC Thankachan and Dr Ajay Prasad. Five members of the faculty contributed articles for the book. The book comprises forty articles on various topics related to NEP 2020. The book was published by Media House New Delhi in January 2022.



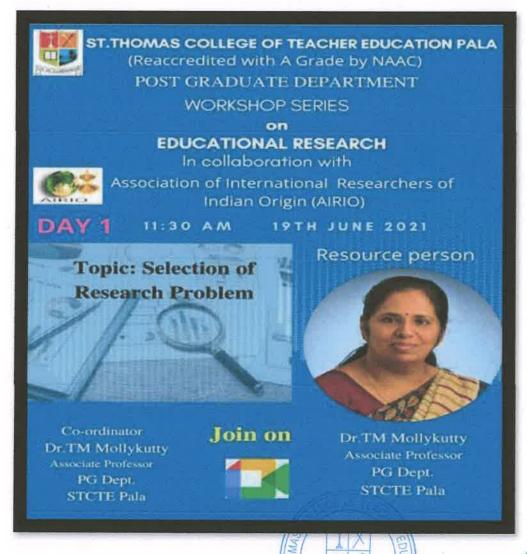
Prof. Dr. BEENAMMA MATHEM PRINCIPAL ST. THOMAS COLLEGE OF TEACHER EDUCATION

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ONLINE WORKSHOP ON EDUCATIONAL RESEARCH

An Online Workshop Series on Educational Research in collaboration with the Association of International Researchers of Indian Origin (AIRIO) with Dr. T. M. Mollykutty, HOD, PG Studies of St. Thomas College of Teacher Education, Pala, as the chief resource person. The programme was conducted via Google Meet on 19 June 2021 at 11.30 AM. Four faculty and fifteen students of the M.Ed. section participated in the webinar.

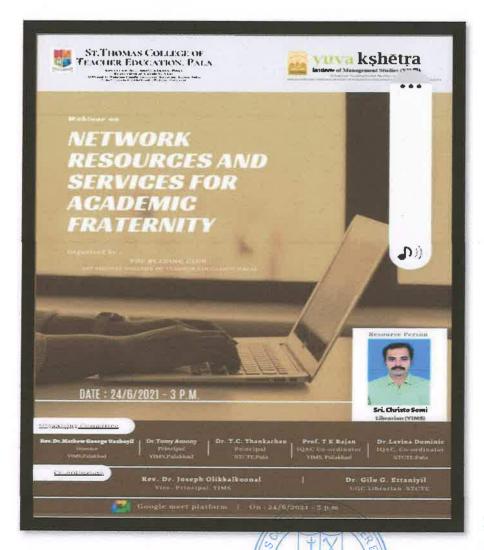
The topic of the workshop was' Selection of Research Problem'. The interactive session gave insightful thoughts to the participants. A commendable discussion session was the main highlight of the program. The class provided a comprehensive understanding of the importance and process of selecting a research problem in educational research. The participants gained valuable insights and skills to identify and formulate meaningful research problems.



WEBINAR ON NETWORK RESOURCES AND SERVICES FOR ACADEMIC FRATERNITY

A webinar on "Network resources and Services for Academic Fraternity" was organised by the Reading Club of St. Thomas College of Teacher Education, Pala, on June 24, 2021. Mr. Christo Somi, Librarian at YIMS, was the resource person for the event. Rev. Dr Joseph Olikkalkoonal and Dr Gilu G. Ettaniyil were the program coordinators.

The webinar aimed to educate the academic community about the various network resources and services available to them. It covered topics such as online databases, e-journals, and other digital resources that can be valuable for research and teaching purposes. By attending this webinar, faculty and students gained valuable insights into effectively utilising these resources to enhance their academic pursuits. The webinar conducted from 3 to 4 PM was attended by 50 students and 8 members of the faculty.



Prof. Dr. BEENMMA MATHEW
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WEBINAR ON INTELLECTUAL PROPERTY RIGHTS

A Webinar on Intellectual Property Rights, in collaboration with the Association of International Researchers of Indian Origin (AIRIO), was conducted on 23 June 2021 via Google Meet at 2.00 PM. The chief resource person, Ms. Aswathy G Krishnan, Lecturer, Department of Law, University of Kerala, delivered the keynote address. The event started with a silent prayer, and Dr. Mollykutty, HOD, M.Ed. Department, welcomed the group; Dr. T. C. Thankachan, Principal, St. Thomas College of Teacher Education, Pala, delivered the presidential address.

The session was fruitful to understand intellectual property rights. The session provided a comprehensive understanding of Intellectual Property Rights, their significance, and their impact on creativity and innovation. The webinar was attended by 4 members of the faculty and 25 students. The participants gained valuable insights into the legal aspects of Intellectual Property Rights and their practical applications. The event ended with a vote of thanks by Dr. Lavina Dominic, IQAC co-ordinator.



WORKSHOP ON 'LEADING EDGE' HANDS-ON EXPERIENCE -- OBS STUDIO, YOUTUBE MANAGEMENT

IQAC and Student Council of St. Joseph's College of Education, Mysuru, Karnataka and St. Thomas College of Teacher Education, Pala, jointly organised a workshop on 'Leading Edge' Hands-on Experience – OBS Studio, YouTube Management on 30th July 2021 at 10.30 AM on virtual mode through Google Meet. The resource person was Fr. Manoj Kakkonal, Department of Media & Communication, Eparchy of Mananthavady, Wayanad. The programme's theme was 'A Smart way to become cognoscenti in the technology field'.

The programme was during the COVID-19 pandemic, and students and teachers of both the education institutions participated and discussed the application of Open Broadcaster Software (OBS). The online workshop was very informative and the need of the hour; the host ensured audience participation, and the program's hands-on experience, active participation, and discussion part were commendable. The organising committee include Dr T. C. Thankachan, Principal of St. Thomas College of Teacher Education, Pala; Dr Priya Mathew, Principal of St. Joseph's College of Education (SJCE), Mysuru, Karnataka; Dr Lavina Dominic, IQAC coordinator, St. Thomas College of Teacher Education, Pala and Dr Asha P. Pathrose, IQAC coordinator, St. Joseph's College of Education, Mysuru, Karnataka. 50 students and 16 faculty of the college and 150 students of SJCE participated in the workshop.



ONLINE COACHING CLASSES FOR NET, SET AND K-TET

St. Thomas College of Teacher Education Pala conducted online coaching classes for NET, SET and K-TET aspirants from 07/08/2021 to 17/09/2021. The programme significantly enhanced the students' chances of success in eligibility tests by providing a comprehensive and supportive learning environment. Expert guidance from experienced coaches delivered valuable insights, tips, and strategies that elevated the students' understanding and performance. 94 students from different parts of Kerala participated in the training programme. 6 members of the Alumni Association were resource persons for this event.



FACULTY EXCHANGE PROGRAMME WITH MOU PARTNER

The faculty exchange program between St. Thomas College of Teacher Education, Pala and SNM Training College, Moothakunnam, proved a resounding success. The programme was held on 4th, 5th, and 6th of August 2021. This initiative saw professors share their expertise with a new student body and learn from different teaching approaches. Dr. T.C.Thankacan delivered a class on Values Education to students of SNM and Dr. Laya gave a valuable insight on Indian Philosophy to students of STCTE. 150 students including 50 students from STCTE participated in the programme.





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PALA

FACULTY EXCHANGE PROGRAMME WITH MOU PARTNER

The faculty exchange program between St. Thomas College of Teacher Education, Pala and SNM Training College, Moothakunnam, proved a resounding success. The programme was held on the 11th of August 2021. Dr Alex George from St. Thomas College of Teacher Education, Pala enriched the session by dealing the topic, 'Smart Teachers for Smart Students', and Dr Bisni P.S., from SNM Training College, Moothakunnam, took a class on the ,'Rational Emotive Education'. The program's success highlights the value of fostering academic exchange. By facilitating collaboration across institutions, faculty exchange programs can enhance teaching methods, promote cross-pollination of ideas, and ultimately benefit students by providing a more enriching educational experience. 150 students including 50 students from STCTE participated in the programme.



Prof. Dr. BEENAMMA MATHEW PRINCIPAL ST. THOMAS COLLEGE OF TEACHER EDUCATION

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FACULTY EXCHANGE PROGRAMME WITH MOU PARTNER

On 1 September, 2021, a faculty exchange programme was conducted between St. Thomas College of Teacher Education, Pala and SNM Training College, Moothakunnam.

Dr Sr. Mary Thomas from St. Thomas College of Teacher Education, Pala and Ms Saritha V. K. from SNM Training College, Moothakunnam, were the resource persons. This collaboration between colleges shows the benefits of sharing knowledge between institutions. Faculty exchange programmes can improve teaching styles, exchange new ideas, and create a richer learning environment for students. By facilitating collaboration across institutions, faculty exchange programmes can enhance teaching methods, promote exchange of ideas, and ultimately benefit students by providing a more enriching educational experience. 16 students of SNM Training college and 8 students of STCTE participated in the programme.



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HONOURING OF Ph.D. AWARDEE

Dr Gilu G. Ettaniyil, the college librarian secured her PhD in ,'Information literacy in relation with Cognitive Styles and Academic Performance'. The college conducted a programme to felicitate her on her achievement on 12thOctober 2021. She has consistently demonstrated academic excellence throughout her career. The successful completion of her doctoral programme signifies her in-depth commitment to research. 50 students and 16 faculty attended the meeting.





TRAINING ON INCOME TAX CALCULATION 2020

IQAC, St. Thomas College of Teacher Education, Pala, organised a Training programme for teaching and non-teaching staffs on Income Tax Calculation 2020. The programme was scheduled on 17 December 2021 at the college conference hall. The class was undertaken by Dr. Pratheesh Abraham, Assistant Professor, St. Thomas College of Teacher Education, Pala. An abacus spreadsheet was used for the workshop on income tax computation. The main emphasis was given on estimating tax deductions based on gross salary, income tax slab rate (based on income level and filing status), and other deductions like health insurance, retirement fund, and other pre-tax deductions. The session was a detailed one arranged with well-prepared PowerPoint presentations. All the faculty participated in the prgramme.





KOOTTICKAL FLOOD VICTIMS' REHABILITATION

In the aftermath of the devastating floods that struck Koottickal, St. Thomas College of Teacher Education, Pala, emerged as a beacon of hope for the affected community. Demonstrating remarkable solidarity, teachers and students of the college joined forces to contribute towards the rehabilitation efforts.

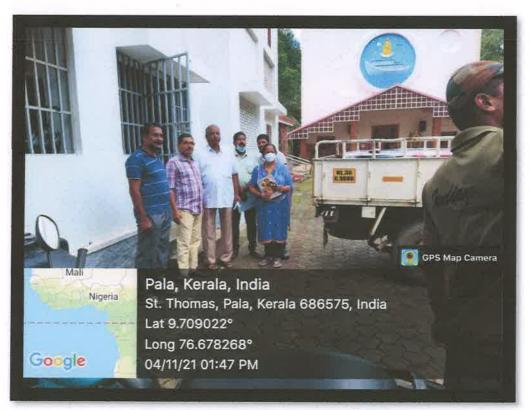
Teachers and students (seniors and juniors of B.Ed.) contributed to fund raising. These collected funds were directly transferred to the flood victims.

The collective effort fostered a sense of unity and compassion within the St. Thomas College community. This act of selflessness is a powerful testament to the college's social conscience and commitment to supporting the local community during times of crisis. The combined efforts of teachers and students provided immediate relief and a ray of hope for a brighter future for the flood-stricken community of Koottickal. The programme was done on 4th November 2021. All the faculty and 59 students were involved.











30 DAY INTERNATIONAL ONLINE WORKSHOP ON ACADEMIC WRITING AND COMMUNICATION SKILLS,

RESEARCH METHODOLOGY, REFERENCE MANAGEMENT AND ACADEMIC PUBLISHING

St. Thomas College of Teacher Education, Pala, organised a Thirty-day International Online Workshop on Academic Writing and Communication Skills, Research Methodology, Reference Management, and Academic Publishing in collaboration with the National Institute of Physical Medicine and Rehabilitation (NIPMR), Thrissur and Lore &Ed—Research Associates from 23 November to 31 December 2021.

The workshop was inaugurated by Dr R. Bindu, Minister of Higher Education and Social Justice Government of Kerala, on 17th November 2021. The event underscored the importance of academic writing and communication skills, research methodology, reference management and academic publishing. Dr. Sunil Thomas and Dr. Alex George of the faculty participated in the workshop.



INAUGURATION

Date: 17 November 2021 Time: 12:00 PM IST

Welcome

: Shri, jimto Michael

Director

Lore & Ed Research Associates

Presidential Address : Shvi. Chandrahabu C. Esecutive Offector (In-Charge) https://www.

Inauguration

; Dr. R. Bindu

Hon. Minister for Higher Education

and Social Justice

Government of Kerala

Keynote Address

: Prof. (Or). Sabu Thomas

Vice-Chancellor Mahatma Gandhi University, Kottayam

Felicitations

: Smt. Mini G. Pillai

University Librarian (in-Charge) Mahatma Gondhi University Library, Kotzayam

Dr. Varghese C. Joshua

CMS College (Autonomous), Kottowan

Dr. K. M. Naseer

rmncipar Farook Coffege (Autonomous), Çalicut

Dr. Anitha Jose

nption College (Autonomous):

Felicitations:

Rev. Dr. Roy Abraham P.

Principer Marian College Kuttikkanarn (Autonomous)

Smt. Lally K. Cyrlac

Principal St. Stochen's College, Uzhavoor

Dr. T. C. Thankachen

Principal St. Thomas College of Teacher Education, Pala

Dr. Shaju Varghese

Priocipal St. Petar's College, Kolonchery

Dr. Shabeer S. Igbal

Liste College of Alfied Health Science

Dr. Sheela Shenai N. A.

Principal M.D.S.C. College of Hursing, Kolenchery

Dr. Anat Suman Jose Librarian & Haud Dept. of Library & Information St. Peter's College, Kolenchury

Smt. Jeena Jayan

Vote of Thanks:

Librarian The Cochin College, Kochi

DISCUSSION TOPIC

1: Information Literacy, Importance of Information Literacy, Components of Information Literacy - Digital Literacy, Media Literacy, Library Resources Literacy, Ethical Literacy, Information - Values and Characteristics: Types of Information Sources- Primary, Secondary and Tertiary Sources: Finding. Accessing and Evaluating Information. Information Access Yooks. Search Engines: Concepts, Types and Advantages: Search Techniques - Basic Search and Advanced Search.

Academic Information Knowledge Organisation and Information Retrieval; Library Organisation; Overview of Library Classification; Open Access Catalogue and Web OPAC: Digital Libraries and Institutional Repositories: nformation Resources- Open Educational Resources (OERs); INFLIBNET and its Services. N-List e-ShodhSindhu: Thesis Reservoirs-Shodhganga, Ethical Use of Information, Evaluation of Information -Authority, Currency, Purpose and Content: intellectual Property Rights: Cyber Safety and Privacy Measures.

Academic Writing, Various Forms of Scientific Writing - Theses, Technical Papers, Reviews 6. Manuals. Article Publishing and Peer Reviewing Process, Various Parts of Thesis and Research Communications - Title Page, Authorship, Contents Page. Preface, Introduction. Review of Literature, Material and Methods, Experimental Results and Discussion: Writing of Abstracts, Summaries, Precis, and Citations: Commonly used Abbreviations in Theses and Research Communications, Illustrations, hotographs. Drawings with Suitable Captions; Pagination. Numbering of Tables and Illustrations; Writing of Numbers and Dates in Scientific Write-ups: Editing and Proofreading: Writing a Review Article.

4: Research Paradigms, Basic Principles of Research: Preparation of a Reading List Prior to Research: Formulating Research Questions: Conducti-

ne Research Ethically: Writing an Effective Review of Literature: Quantitative Research Methodology: Quantitative Methods of Data Collection; Data Analysis. Research Methodology: Qualitative Research Methodology: Qualitative Methods of Data Collection: Focus Groups and Field of Data Collection: Focus Groups and Field Observations. Mixed Methodology, Tools Used for Research Data Analysis.

Reference Management: Citation Style Manuals: Reference Management Software (Mendeley, Zotero)

6: Communication Skills: Academic Presentation Skills: Presentation of Scientific Papers: Facing Viva Voce/ Open Defence, English Grammar: Sentences, Concord. Clauses. Use of Punctuation; Error Analysis (Common Errors); Speech Sounds in English; Weak forms in Connected Speech

Academic Publishing, Books and Journals: ISBN, ISSN, DOI: Open Access Initiatives, Open Access and Creative Commons: Open Access Journals; Open Access Databases: SHERPA/ROMEO, Publication Ethics - Plagiarism and Anti-plagiarism Tools: How to Avoid Plagiarism. Consequences of Plagiarism; Committee on Publication Ethics (COPE): Predatory Publishers and Journals, Journal Metrics/ Databases: Abstracting and Indexing Services - Science Citation Index, Social Sciences Citation Index, Biological Abstracts, Chemical Abstracts, CABI Abstracts, Research Metrics and Impact Factor of Journals: SNIP, SJR, IPP, CiteScore: h-index, gindex. (10 index. altmetrics. Journal Finder/ Journal Suggestion Tools viz. JANE: Elsevier Journal Finder. Springer Journal Suggester, Journal Databases, Scopus, Web of Science, UGC CARE List.

odule 8: Tools for Academic Collaboration: Research Collaboration Tools: Scholar Networks (Academia, ResearchGate); Research Profile Tools - ORCID ID. Researcher ID, Google Scholar

9: Intellectual Property and its Management; Intellectual Property Right Regime; TRIPs and Various Provisions in TRIPS Agreement; Intellectual Property and Intellectual Property Rights (IPR), Benefits of Securing IPRs; Indian Legislations for the Protection of Various Types of Intellectual Properties: Fundamentals of Patents, Copyrights: Geographical Indicators, Designs and Layout, Trade Secrets and Traditional Knowledge. Trademarks; Licensing of Technologies, Material Transfer Agreements: Research Collaboration Agreement: License Agreement, BIS, WIPO, ISO etc.

10: Massive Open Online Courses: Foreign Universities: EdX, Coursera: MOOCs in India: SWAYAM. Open Educational Resources (OERs); MIT OpenCourseWare. The Open University, e-PG Pathshala, egyankosh, Vidya-mitra, NDL India.



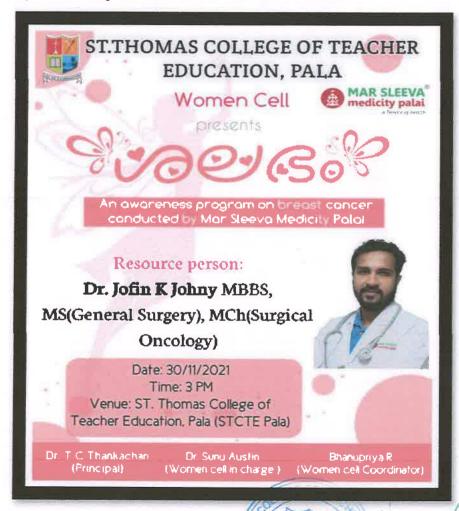
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HARNESSING OF LOCAL RESOURCES - SHALABAM

The Women's Cell of St. Thomas College of Teacher Education, Pala, organised a Cancer awareness program titled "Shalabam" on 30 November, 2021. This initiative aimed to empower women with knowledge about breast cancer, equipping them with the tools for early detection and prevention. 50 students and 8 teachers participated in the programme.

The program harnessed local resources by inviting Dr. Jofin K. Johny, a renowned medical professional from Mar Sleeva Medicity, Pala, as the resource person. Dr. Jofin's expertise ensured that participants received accurate and up-to-date information on breast cancer, including its symptoms, risk factors, and the importance of regular screening.

"Shalabam" was a valuable platform for women to address their concerns and gain clarity on this critical health issue. By leveraging local resources and collaborating with a respected medical institution, the Women's Cell addressed a vital public health concern within the Pala community. This program is a commendable example of how educational institutions can utilise local expertise to empower and educate their communities.



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BLOOD DONATION CAMP

In a collaborative effort to support the community's healthcare needs, the Red Ribbon Club, Health Club, and Pala Blood Forum jointly organised a blood donation camp on December 2, 2021. The event was conducted in collaboration with Marygiri Hospital Bharanganam, which ensured the presence of a proficient medical team comprising doctors, nurses, and technicians. Their expertise contributed to the smooth functioning of the camp, reassuring participants about the safety of the donation process. The event featured an insightful speech by Shibu Thekkemattam, the President of Pala Blood Forum. His address focused on the importance of voluntary blood donation, dispelling myths surrounding the process and encouraging participants to view their contributions as life-saving acts. 15 students and 4 teachers actively participated in the blood donation drive, showcasing their commitment to community welfare and their readiness to contribute to a cause that directly impacts the lives of others.



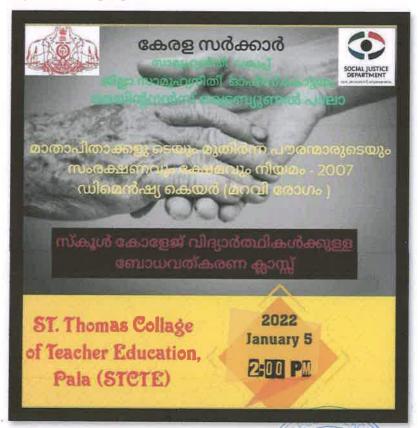


VENUE FOR GOVERNMENT PROGRAMMES

On January 5, 2022, the Kerala Government Social Welfare Department Maintenance Tribunal, Pala, organised an awareness class for the students. The programme at St. Thomas College of Teacher Education, Pala, aimed to educate young people about the *Protection and Welfare of Parents and Senior Citizens Act, 2007*, and the importance of dementia care.

The programme addressed a critical need, as the Act safeguards the rights and interests of elderly parents and senior citizens. Students gained valuable insights into the legal provisions for financial support, medical care, and protection from abuse or neglect faced by elders. Additionally, the session shed light on recognising the signs and symptoms of dementia, a condition affecting a growing segment of the elderly population. By equipping students with this knowledge, the programme empowered them to advocate for their own families and the broader community.

This collaborative effort between the government department and St. Thomas College highlights the importance of proactive measures in ensuring the well-being of senior citizens. Educating young people about their rights and responsibilities towards elders fosters a more supportive and caring environment for future generations. 50 students and 4 members of the faculty participated in the programme.



GENDER AWARENESS TRAINING PROGRAMME - KANAL

On February 17, 2022, a collaborative effort between the District Women and Child Development Office, Centre for Women Empowerment, Kottayam, and St. Thomas College of Teacher Education, Pala, brought forth the "KANAL" Gender Awareness Training Programme. This initiative, supported by the State Council of Teacher Education and the Department of Women and Child Development, Government of Kerala, aimed to equip educators with the knowledge to promote gender equality within the educational system.

The resource person D. Sreedevi led the program; guiding participants through critical concepts of gender sensitisation. The training addressed topics like dismantling gender stereotypes, fostering inclusive classroom environments, and identifying and addressing gender-based discrimination. By equipping educators with this knowledge, the program empowered them to become change agents and promote a more equitable learning experience for all students. By empowering teachers, "KANAL" paved the way for a future generation equipped with the understanding to create a more just and inclusive society. 50 students and 10 faculty of the college participated in the programme.



YIP 2021-2022

A team of motivated students from St. Thomas College of Teacher Education (STCTE), Pala, achieved remarkable success in the '2021 Young Innovators Programme (YIP)' organised by the Kerala State Development and Innovation Strategic Council (K-DISC). Their innovative ideas impressed the judges at the State-level evaluation, earning them the distinction of being chosen as the "best innovative idea."

This achievement is a testament to the college's commitment to fostering a culture of innovation among its teacher trainees. The YIP program is a valuable platform for budding educators to showcase their creative problem-solving skills and develop solutions that address real-world challenges.

The selection at the State level is a significant accomplishment, highlighting the calibre of the college's teacher training program and the exceptional talent of its students. This success story inspires future generations of teacher trainees, encouraging them to embrace innovation and strive to make a difference in the educational landscape. 50 students participated in the programme.

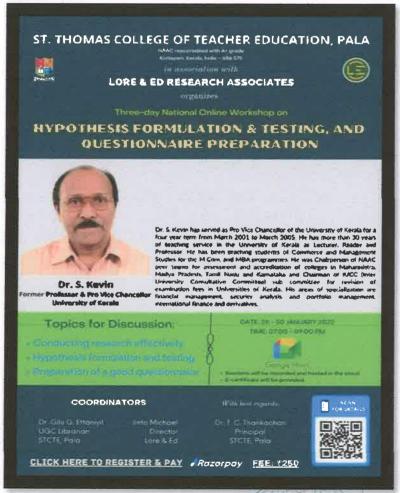




THREE-DAY NATIONAL WORKSHOP

A three-day national workshop titled "Hypotheses Formulation & Testing and Questionnaire Preparation" was held virtually from 28 to 30 January 2022, via Google Meet. The workshop was organized by St. Thomas College of Teacher Education, Pala, in collaboration with LORE & ED Research Associates. Dr. Gilu G. Ettanniyil was the coordinator for the event, Dr. S. Kevin was the resource person. Four members of the faculty participated in the workshop.

The workshop focused on equipping participants with the knowledge and skills necessary for effective research design. It covered topics such as formulating clear and testable hypotheses, selecting appropriate research methods, and constructing well-structured questionnaires. Through lectures, interactive sessions, and hands-on exercises, participants gained an in-depth understanding of these critical research components. This workshop aimed to enhance the research capabilities of educators and researchers, ultimately leading to more robust and impactful studies. Four faculty members took part in the event.



INAUGURATION OF SAMAGRA SAKHSHARA PADHITHI, PALA, PROJECT OBSERVANCE OF INTERNATIONAL MOTHER TONGUE DAY

On 21 February, 2022, St. Thomas College of Teacher Education in Pala, India, hosted an event to focus on promoting mother tongue education. The event coincided with International Mother Language Day, highlighting the significance of fostering linguistic diversity.

Smt. N. Suja, the District Deputy Director of Education for Kottayam, inaugurated the program. Rev. Dr. Thomas Moolayil and Mar Jacob Muricken presented the primary proposal for "Samagra Sakhshara Padhithi," an initiative to promote literacy and education in mother tongues. This event signifies the college's commitment to supporting NEP 2020's emphasis on using mother tongue as mediums of instruction, potentially leading to improved learning outcomes and a stronger connection to cultural heritage for students. Ten members of the faculty and 50 students participated in the programme.



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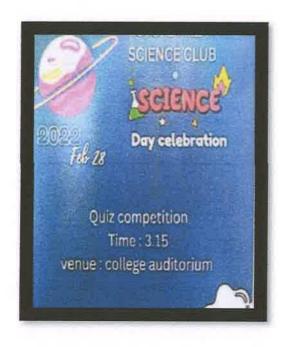
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SCIENCE DAY CELEBRATIONS

On 18 February, 2022, St. Thomas College of Teacher Education in Pala, India, commemorated Science Day. The event aimed to foster a love for science among future educators and encourage them to integrate scientific concepts effectively into their classrooms. B.Ed. students actively participated in the celebrations.

The programme held engaging activities like science quizzes, interactive demonstrations, and presentations on current scientific advancements. These activities allowed students to showcase their scientific knowledge and understanding.

Overall, the Science Day at St. Thomas College of Teacher Education was an enriching experience for B.Ed.students. It likely ignited their passion for science and equipped them with valuable tools to inspire future generations of learners. Ten faculty members took part in the programme.







GREEN PROTOCOL SAMITHI

Green Protocol Samithi of St. Thomas College is a cell that emphasises maintaining protection of environment with a primary focus on the prevention of the use of disposables and reusable alternatives like glass/stainless/porcelain cutleries. When the Green Protocol is implemented, non-biodegradable waste generation becomes nearly zero. It is where environmentally friendly practices and education combine to promote sustainable and eco-friendly practices on the campus.

The college follows the Green Protocol measures such as avoiding the use of all types of disposables (including plastic and paper) in daily life, always using cups and containers that can be washed and reused, and always avoiding the use of plastic materials, thereby following the government rules in this regard, segregating bio and non-biodegradable waste materials, composting biodegradable at source using simple and appropriate composting devices, keeping the non-biodegradable clean and dry and storing them separately based on the various types, avoiding the 'use and throw' carry bags, always using bags made of eco-friendly materials, using cloth banners instead of flex, using eco-friendly materials like leaves and flowers for decoration and while making bouquets for felicitating guests etc.

St. Thomas College of Teacher Education's Green Protocol Samithi took the initiative to organise a classroom cleaning program on March 8th, 2022. The program saw enthusiastic participation from all students and faculty, who focused on collecting and responsibly disposing of waste. This resulted in a cleaner and more eco-friendly learning environment for everyone. 50 students 10 faculty participated in the programme.





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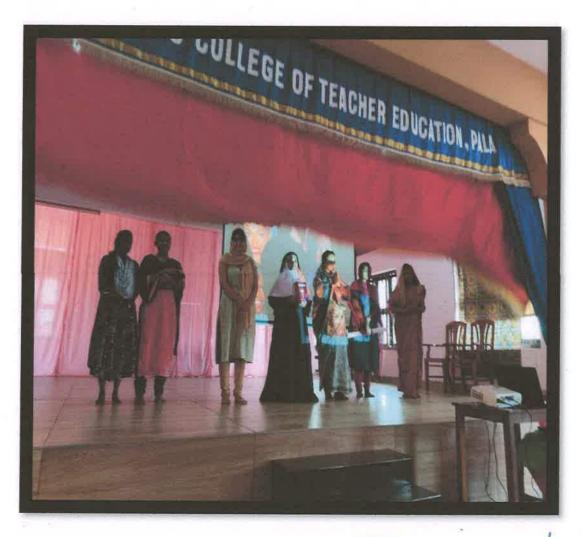
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WOMEN'S DAY CELEBRATIONS

On 10 March 2022, St. Thomas College of Teacher Education in Pala held a celebratory event in honour of International Women's Day. The program saw participation of 10 teachers and 150 students from D.El.Ed., B.Ed., and M.Ed. sections, fostering a college-wide atmosphere of appreciation for women's achievements and contributions to society.

The celebration incorporated various activities designed to empower and inspire future educators. The students participated in showcasing the talents and achievements of women through performances, presentations, or exhibitions.

This event at St. Thomas College of Teacher Education not only served as a commemoration of International Women's Day but also instilled in future educators the values of gender equality and the importance of empowering women in all walks of life.





MEDIA LITERACY CLASS

On 11 March, 2022, St. Thomas College of Teacher Education in Pala organised a valuable learning experience for its B.Ed. students. Dr Alex George, faculty and Media Literacy Master Trainer, Government of Kerala, conducted a class on media literacy. This initiative highlights the college's commitment to equipping future educators with critical thinking skills in the digital age.

This session focused on equipping students with the tools to navigate the ever-evolving media landscape. He covered topics like identifying different media types, analyzing content for bias and misinformation, and understanding the impact of media on society. Students gained valuable insights into responsible media use and the importance of developing media literacy skills to be effective educators in today's information-rich world.

By hosting this workshop, St. Thomas College proactively prepared its students to become discerning information consumers and effective media educators. This initiative positioned them to empower their future students to critically analyze media messages and engage constructively with the digital world. Fifty students attended the class.





NIRAKOOT- ADDING COLOURS TO LIFE



Coming together is a beginning. Keeping together is progress. Working together is a success. - Henry Ford

As part of the B.Ed. Curriculum extension activity, the 2022 batch did a collective thinking on a very distant and unique way of bringing societal changes and named the activity 'Nirakoot 2022'. When the combined effort of the teacher-trainees was creating wonders on the walls of schools, the initiative 'Nirakoot' was gaining wider popularity within and outside the locality. Our extension activity, which started with one school, reached the grounds of more than ten schools. Nirakoot project got credit and recognition from several quarters.

When the global pandemic, COVID-19, locked everyone in their homes, the teacher trainees of St. Thomas College of Teacher Education enjoyed their vacation indulging in the 'Nirakoot' project. Our beloved teachers enthusiastically participated in the project, giving full support and guidance as and when required. To attract students who come to school after their summer vacation, we have filled the walls with cartoon characters, jungle, butterflies, alphabets, etc.

With 'Nirakoottu', the students strengthened their companionship and togetherness by engaging in this group activity through this project. The students gained the courage and interest to work for the betterment of society by transforming schools into centres that offer fun learning experiences to children.

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NIRAKOOT DAY 1 - PAINTING THE WALLS OF GOVT.LPS, ARUNAPURAM

The second-year students of St. Thomas College of Teacher Education, Pala, cleaned the school premises, planted a vegetable garden, and painted the walls at LPS Arunapuram on 1 April 2022. The student teachers painted pictures and the letters of the Malayalam alphabet on the school walls, cleaned the school premises, and planted plants and vegetables on the school grounds.

The programme began with a general assembly at nine o'clock in the morning; all the students were present at the school before nine. The staff coordinator, Dr. Alex George, and the student coordinator, Sojo John, gave the necessary instructions.

At 12:15 p.m., all the activities were completed, and everyone gathered in the school for the valedictory function. The meeting was presided over by Shri Shibu Mon George, Headmaster of Arunapuram Government LP School. Rev. Fr. Dr. Thomas Moolayil delivered the keynote address. Dr. T.C. Thankachan, the Principal of STCTE, Pala, honoured Rev. Fr. Dr. Thomas Moolayil during the meeting for his noble efforts in promoting the Malayalam language. College Vice Principal Dr. Beenamma Mathew, IQAC Coordinator Lavina Dominic, Teacher in Charge Dr. Alex George, and Student Coordinators Mr. Sojo John and Ms. Reshma Raju were the other members on the dais. After the meeting, lunch followed. Fr. Thomas Moolayil observed and evaluated the students' work. Eight teachers and 50 students participated in the event.









NIRAKOOT DAY 2 – PAINTING THE WALLS OF ST. THOMAS LPS PALA

Following the great success of Nirakoot 2022, the extension program for second-year teacher trainees, it was decided by the students and staff of the college to further the initiative by taking up other schools as part of the project. The program's scope was limited to decorating the walls of the schools by painting interesting pictures and content relevant to the primary school curriculum. The second day of 'Nirakoot 2022' was April 4, 2022, at our institution's model school, St. Thomas HSS Pala. Sojo John, Lakshmi S, and Sneha Jayakumar were the student coordinators of the programme.

A total of 21 student teachers and 2 faculty participated in the programme. All of the participants were present at the school campus before 9 a.m. The students were then divided into two groups, for it was decided beforehand that two pictures would be drawn considering the dimensions of the walls. The two pictures that were planned to be drawn were of an aquarium and a small train. The pictures were envisioned in such a way that the walls should be more appealing to the eyes of both the students and the general public. The students started to draw the outline of pictures after 9:30 am. At 4.30 p.m, all the activities were completed.



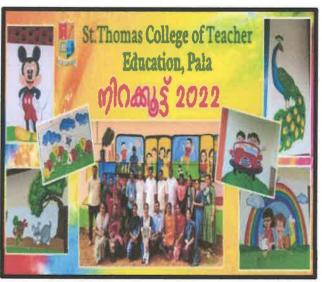


NIRAKOOT DAY 3 - PAINTING THE WALLS OF ST. THOMAS HSS PALA

Day three of Nirakoot was held on April 19, 2022 at Pala St. Thomas HSS, the model school of St. Thomas College of Teacher Education, as a continuation of the work done on 4/4/2022. A brief meeting was held at 9:30 am to formally begin the programme. Dr. Alex George Kavukatt, staff coordinator, George Kutty Jacob, the Headmaster of the school addressed the gathering. After the meeting the student teachers directly began the work. 17 walls were painted on and besides regular pictures, some of them dealt with topics regarding the school syllabus. Each team finished their assigned task by 1.30 p.m and lunch were served.

At 2 p.m there was a valedictory function which was presided over by Mr. Anto Jose Padinjarekara, the Municipal Chairman of Pala. Dr. T.C. Thankachan, Principal; George Kutty Jacob, Headmaster of the School; Rev. Dr. Thomas Moolayil, Initiator of the Primary Level Comprehensive Literacy Project; Mrs. Biji Jojo, Municipal Ward Councillor; Dr. Alex George, Program Coordinator were present at the meeting. 18 student sand 2 faculty participated in the event.





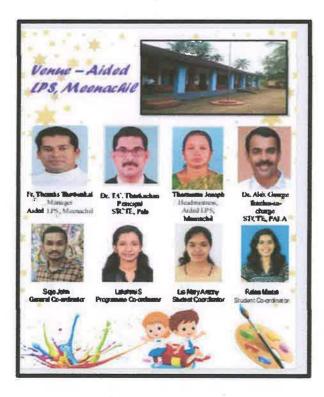


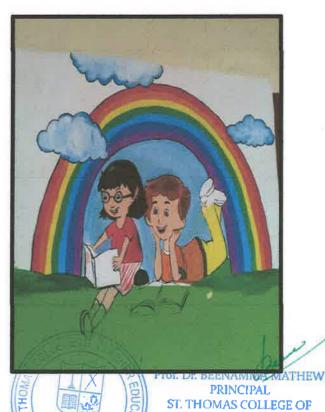
NIRAKOOT DAY 4- PAINTING THE WALLS OF AIDED LPS MEENACHIL

On 21st April 2022, the fourth edition of Nirakoot was held at Meenachil Aided L.P. School. A small meeting was held at the school courtyard to mark the beginning of the programme. Our college principal Dr. T.C Thankachan; the teacher-in-charge, Dr. Alex George; the school Manager, Fr. Thomas Thottunkal; and school headmistress, Tharamma Joseph addressed the gathering.

Around 10:15 a.m, all the outlines for the pictures were clearly drawn and the students started to paint the pictures. Each picture was assigned to a group of two or three students. At 11:30 a.m students had a tea break and at 1:00 p.m. we had our lunch. The Auxiliary Bishop of the Syro-Malabar Catholic Eparchy of Palai, Mar Jacob Muricken, had blessed the programme with his esteemed presence and appreciated the students for their good will and talented artworks.

An official meeting was held at 2:00 PM and Sri. Ranjeeth G, Panchayat President of Mutholy chaired the meeting. Sri. Josemon Mundackal, District Panchayat Member; Smt. Manju Vijayan, Meenachil Grama Panchayat Ward Member; Rev. Dr. Thomas Moolayil, Project advisor - Nirakoot 2022, and others from both the college and the school attended the meeting. The dignitaries wholeheartedly appreciated our initiative and extended their full support in our future endeavours. By around 5 p.m., the walls of Meenachil L.P school were gleaming with alluring pictures and dashing colours. 15 students and 2 faculty participate in it.



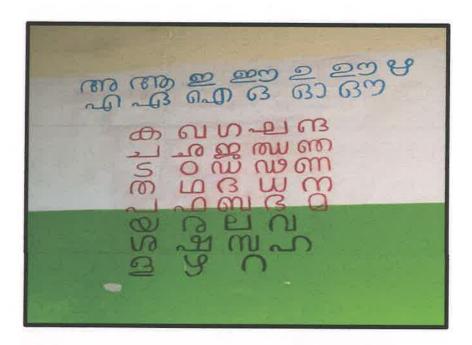


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NIRAKOOT DAY 5- PAINTING THE WALLS OF ST. SEBASTIANS LPS PATHAZHA

On 25th April 2022, the fourth edition of Nirakoot was held at Meenachil Aided L.P. School. All the volunteers arrived at the school before 9 a.m.15 students and 2 faculty were present. A small meeting was held at the school courtyard to mark the beginning of the programme. Our college principal Dr. T.C Thankachan; the teacher-in-charge, Dr. Alex George; the school Manager, Fr. Michael Narikkatt addressed the gathering and inaugurated the programme. By around 4 p.m., the programme was completed.





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NIRAKOOT DAY 6- PAINTING THE WALLS OF ST. LITTLE THRESIA'S LP SCHOOL BHARANANGANAM

On April 29, 2022, Day 6 of Nirakoot 2022 was held at St. Little Thresia's LP School Bharananganam. Ashmi Maria John and Navya mol K.R were the student coordinators for the day. They along with the Nirakoot core committee led the programme.

A brief meeting held at 9:30 a.m. marked the beginning of the programme. Dr. Alex George and Sr. Shiny Joseph, the Headmistress of the school addressed the gathering. The students then proceeded to paint the walls assigned to them, after turning into groups of two or three. There were two breaks and regular refreshments to ensure that the work was not too tiring for the students. The media team from 24 News came to report on our efforts and the report was duly aired later. The students painted 12 walls with a variety of pictures and many of them were about topics of relevance to the primary school curriculum. A total of 21 students and 2 faculty participated in the programme.

At 3 p.m. a valedictory function was held and Sri. Mani C Kappen MLA inaugurated the same. Sri Rajesh Valliplackal, District Panchayath Member; Rev. Dr. Thomas Moolayil, Initiator of the Primary Level Comprehensive Literacy Project; Sri. Chacko; Fr. Vadakkekara; Mr Tony, Member of Panchayat; Dr. T.C. Thankachan, College Principal; Dr. Alex George, Program Coordinator; and Sr. Shiny, Headmistress of the School were present at the meeting.





NIRAKOOT DAY 7- PAINTING THE WALLS OF GOVT. LPS THALAPULAM

The seventh day of Nirakoot 2022 was held at Govt. H.W.L.P School on May 07, 2022. Ms. Jyothylakshmi K.R was the Student Coordinator for the day. A brief meeting was held at 12.30 pm to initiate the programme. Smt. Anupama Vishwanadh, Thalappalam Grama Panchayat President inaugurated the function. Sheeja P.S, Panchayat Secretary; Sri. Biju K.K, Education standing committee chairman; Chithra Saji and Suresh P.K, Ward members; and Rev. Fr. Thomas Moolayil spoke on the occasion. Dr T.C. Thankachan, Principal of STCTE Pala; Dr Alex George, Teacher in-charge; Smt. Gracy V. Benjamine, Headmistress of the school; Sri. Sajeev Philip; and Shri. Jayakrishnan P.R, P.T.A president, were present at the meeting

The students then proceeded to paint their assigned walls, turning into a group of two or three. Breaks and refreshments were arranged in between so that the students would not have any difficulty. Students painted 14 walls of the school with suitable pictures that depicted various topics, such as giving importance to reading, drama, music, cartoons, science, and maths. In addition to these, other pictures were also painted to improve the ambience of the school. Two faculty and 11 students participated in the programme. The media team from Drishya News came to the school to report on our activities.

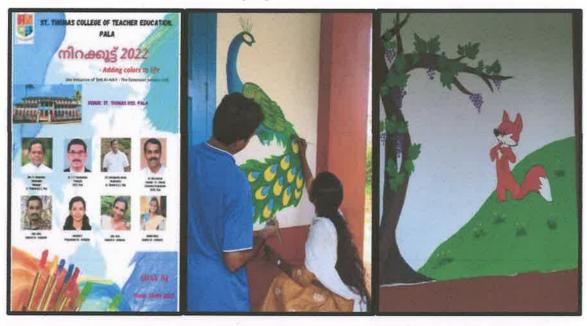






NIRAKOOT DAY 8- PAINTING THE WALLS OF ST. THOMAS HSS PALA

Day 8 of the beneficent venture Nirakoot 2022 was held on 8th may 2022 at St. Thomas Higher Secondary School, Pala. It was the third day of our activities at St. Thomas school. Ambily Mani and Jaicy Jose were the student coordinators for the day. We were honoured by the presence of Shri. Roshi Augustine, Minister of Water Resources at the school. A brief meeting was held at 9.00 a.m. chaired by Dr. T. C. Thankachan, Principal of St. Thomas college of Teacher Education, Pala. Minister Sri. Roshi Augustine spoke in praise of the students who participated in Nirakoot 2022 in the meeting. Rev. Fr. Thomas Moolayil, Georgekutty Jacob, and Dr. Alex George also addressed the meeting. Student representative Ms. Sneha Jayakumar spoke about the objectives of Nirakoot 2022 and requested the minister for a small token of appreciation for our activities in the meeting. A total of 19 students and 2 faculty participated in the programme.



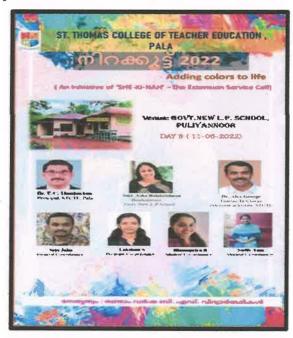


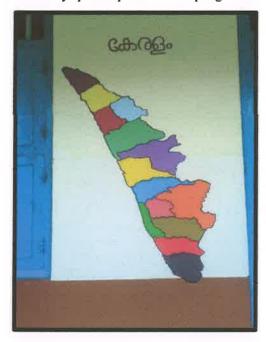


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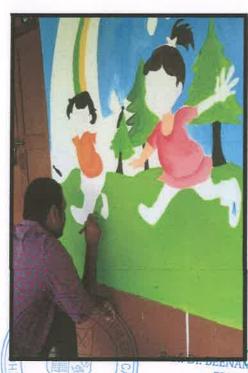
NIRAKOOT DAY 9 - PAINTING THE WALLS OF GOVT. NEW LPS PULIYANNOOR

Day 9 of the beneficent venture Nirakoot 2022 was held on 11th May 2022 at Govt. New LPS Puliyannoor. Bhanupriya R. and Steffy Tom were the student coordinators for the day. We were honoured by the presence of Shri. Roshi Augustine, Minister of Water Resources at the school. The activities started at 9.00 a.m. The students were divided into 3 groups. At 11.00 am, a brief meeting was held, and it was chaired by Sri.Ranjeet G., Mutholy Gramapanchayath President. Sri. Mani C.Kappen MLA visited the school premises and appreciated the students. A total of 12 students and 2 faculty participated in the programme.









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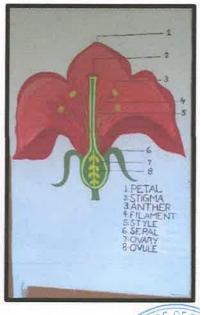
NIRAKOOT DAY 10- PAINTING THE WALLS OF KALLIVAYALIL PAPPAN MEMORIAL PUBLIC-SCHOOL MAKAYAM EAST

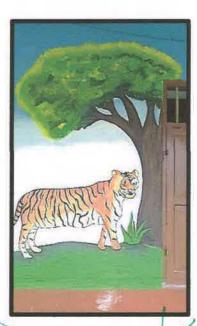
The 10th day of Nirakoot 2022 was held on 14 May 2022 at Kallivayalil Pappan Memorial Public School, Mundakayam East. Nevil George and Riya Rose Johns were the students' coordinators for the day, along with the general coordinator Sojo John and programme co-ordinator Lakshmi S. The school had arranged their bus for the commutation of the student teachers to the school. The bus started its journey from the college at 8:00 a.m., reaching the destination by 9:15 a.m

After having breakfast at the school, the programme officially started at 9:30 a.m. The School Principal, Mr. Shins Mathew officially welcomed the team to the school and Fr. Varghese Pulikan, the School Director felicitated the team. Dr. Alex George, Teacher-in-Charge of the Extension Programme gave the guidelines and the team directly started the work.

Taking into consideration the class to be painted and the area available in each of the walls, the pictures were finalised. Students started working in groups on the pictures. The magic of teamwork and cooperation was visible on each of the walls. The hard work and commitment of the teacher trainees turned the prosaic walls into mesmerising creative works of art. The trainees had their lunch at 1:30 p.m and afterwards continued with their work. The teachers and students of the school who visited in between were enthusiastic to see the visual treat made for them. A local news channel came to cover the artistic work of the teacher trainees. 20 students and 2 faculty members participated in it.







NIRAKOOT DAY 11- PAINTING THE WALLS OF ST. MATHEWS UPS ELIKULAM

The venue for the 11th day of Nirakoot 2022, which was conducted on 18-05-2022, was St. Mathew's U.P.S, Elikulam. Along with the General coordinator, Sojo John and Programme coordinator, Lakshmi S, the Student coordinators for the day were Annumol Joji and Agiemol Salas

A team of 11 members, along with Dr. T. C Thankachan, our principal reached the school on 17-05-2022 for planning the pictures to be drawn and to sketch the outlines of the same. Smt. Ancy Joseph, Headmistress, welcomed the team to the school. After discussing with the HM, we decided on the pictures and gave outlines and went on to complete some of the pictures. Snacks and meals were provided for us. By 4 p.m., we returned to our homes.

On 18-05-2022, a team of 18 reached the school along with Dr. Alex George, Teacher-incharge for the Extension Programme. Among the students, three of them, Nevil George, Annumol Joji and Steffy Tom were selected as the resource persons for the forenoon session of the Enrichment Programme which was conducted for the students of St. Mathew's U.P.S, Elikulam.





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NIRAKOOT DAY 12- PAINTING THE WALLS OF ST. JOSEPH'S UPS VELLILAPPILLY

The venue for the 12th day of Nirakoot 2022 (25-05-2022) was St. Joseph's U.P.S, Velilappilly. The programme was led by the General Co-ordinator, Sojo John and Programme Co-ordinator, Lakshmi S. The Student Co-ordinators were Meera V.S and Mariya Mathew. A team of 18 members, reached the school on 25-05-2022 at 9:30 am along with Dr. Alex George, Teacher-in-charge, Extension Programme. Sr. Mercy Sebastian, Headmistress, welcomed the students to the school. After discussing with the HM, the team decided the pictures and started drawing at 10 0'clock. Snacks and meals were provided for the students. The official meeting was conducted in the afternoon

The frame release of Nirakoot 2022 was held at this occasion in the presence of Rev. Dr. Thomas Moolayil, Joseph K.K (Ramapuram A.E.O), B.P.C Ashoka G, HM of the school Sr. Mercy Sebastian, staff secretary Joby Joseph. By 4:30 pm, the team returned to their homes. All the precious moments were captured by the news channel 1 4 U. At 5 pm, Nirakoot team members got the opportunity to meet with Sri. Thomas Chazhikkadan (Member of Parliament, Kottayam). The frame release was also done by him. Then he appreciated the initiative and gave the promise to give a certificate of excellence for students and to visit our future Nirakoot venue.





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NIRAKOOT DAY 13- PAINTING THE WALLS OF ST. THOMAS LPS VELATHUSSERRY

The 13th day of Nirakoot 2022 was held on 30th May 2022 at St. Thomas L.P. School, Velathussery. Tima Mathew and Harikrishnan V, were the student co-ordinators along with the general co-ordinator Sojo John and programme co-ordinator Lakshmi.S. This was indeed the first activity of the student-teachers' five-day community living camp called Punarjeni 2022. The school arranged their school bus from the college and Team Nirakoot started the journey at 11 a.m. and reached the destination by 01 p.m. After having lunch at the school, the programme got officially started by 01:30 p.m. The school Headmaster Mr. Michael Joseph officially welcomed the team to the school and Fr. Joseph Mecheril, School Manager felicitated the team. Dr. Alex George, teacher-in-charge of the extension programme provided the guidelines and the team got involved in their creative work.

The teachers, students, ward member and other well-wishers of the school who visited in between were exhilarated to enjoy the visual treat made for them. The school headmaster Mr. Michael Joseph and school manager Fr. Joseph Mecheril shared their feedback about the creative work of the teacher trainees and rendered their wishes for the success of future endeavours of the team Nirakoot. English alphabets, VIBGYOR worm, cute elephant, looney toons, Donald Duck, Indian peacock, honey bee with balloons, garden, giant tree with months etc., were few among the pictures that enriched the walls of the school. The teacher trainees completed their final touch up of the paintings by 06:30 p.m. and gathered in front of the school. The school once again conveyed their gratitude to the team Nirakoot and the team headed towards St. Antonys H.S. Vellikulam for their stay at night. It was with scrumptious pleasure and warm fuzzies that the students expressed their reflections on that day about Nirakoot.





NIRAKOOT 14 - PAINTING THE WALLS OF ST. ANTONYS HS VELLIKULAM

The 14th edition of Nirakoot was conducted at St. Michael's school, Vellikulam, near the scenic Vagamon. It was the first residential programme of Nirakkoottu, where the students had to work two days to complete the assigned task. This programme, together with the Nirakkoottu activity in St. Thomas LP school Mavady were conducted as part of the B.Ed. community Living Camp for second-year students.

The students began their journey to Vellikulam on 30 May 2022, at around 12.00 pm, using the school buses provided by the Vellikulam school. After about one hour, we reached the school and placed our belongings in the classrooms that were provided for us to stay the night. After lunch, the students began the work directly. Sketches were drawn in the L.P. school block, K.G. block, and on a common washroom complex. A total of 26 students participated in the venture.

The programme on 31/5/2022 started after breakfast and completed the work by 12.30 pm. The valedictory meeting was blessed by the presence of Grama Panchayath, the president.







NIRAKOOT 15 - PAINTING THE WALLS OF THE EXCISE RANGE OFFICE, PALA

The 15th edition of Nirakoot was a totally new experience for the students, as for the first time the programme went out of its usual way of painting schools to painting an open space subject to public observation. The students embellished the outer walls of the Excise Range Office, Pala after the Excise officials formally requested the college for the same. The officers were very impressed with our previous works, which they went to see in person. Hence it was decided to do the necessary and the last day of our Community Living Camp was to be the occasion for it. Several dignitaries visited the site and expressed their appreciation. Media personnel from different agencies were also a recurring presence at the location. 20 students participated in the event.

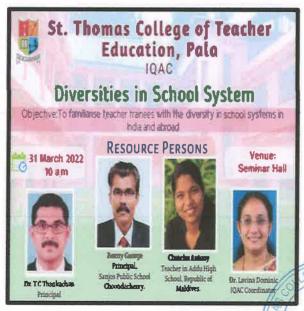


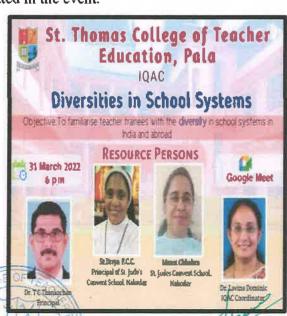


REPORT ON DIVERSITIES IN THE SCHOOL SYSTEM

On March 31, 2022, the IQAC of St. Thomas College of Teacher Education, Pala, conducted a program titled "Diversities in School System" in the college seminar hall at 10 am. This initiative aimed to familiarize teacher trainees with the rich tapestry of educational systems across India and beyond. The program featured interactive sessions with two educators representing distinct school systems. Mr. Benny George, Principal of Sanjos Public School, Choondacherry, shared his expertise on the Indian education system, likely delving into topics like the CBSE or state board structures. Complementing this perspective, Mrs. Chinchu Anthony, a teacher from Addu High School in the Maldives, offered insights into the unique educational landscape of her island nation. This exposure to diverse approaches to education equips future teachers with the adaptability and knowledge to effectively navigate classrooms that encompass a variety of backgrounds and learning styles.

The IQAC of St. Thomas College of Teacher Education, Pala, hosted a virtual program titled "Diversities in School System" on March 31, 2022, at 6 pm via Google Meet. This session aimed to equip teacher trainees with a broader understanding of the varied educational systems in India. The program featured interactions with representatives from St. Jude's Convent School, Nakodar, Punjab. Sr. Divya F.C.C., the school's Principal, likely shed light on the administrative structure and approach followed by the institution. Complementing this perspective, Ms. Mansi Chhabra, a teacher at the school, could have provided firsthand experience on curriculum implementation and classroom dynamics within their specific context. This exposure to diverse practices within the Indian education system helps prepare future teachers to be adaptable and effective educators in a multicultural classroom environment. 50 students and 10 faculty participated in the event.





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ST. THOMAS COLLEGE OF

TEACHER EDUCATION PALA

EK BHARAT SHRESHTHA BHARAT (EBSB)

ACTIVITY 1

YOU TUBE ON NATIONAL EDUCATION POLICY 2022

National Education Policy 2020 is the first education policy of the 21st century and aims to address the many growing developmental imperatives of our country. The EBSB club of St. Thomas College of Teacher Education, Pala, prepared a video on 6th June 2021, highlighting the revamping of the educational structure from the lower level to the higher level. This initiative was done by the students of commerce education of 2020-2022 batch. By discussing the NEP on platforms like YouTube, students are not only sharing their views but also educating their peers about the policy's implications. The initiative of creating YouTube content around the NEP has empowered students to voice their opinions, engage with educational reforms, and contribute to a collective understanding of the policy's impact. https://www.youtube.com/watch?v=xzzhZh1G1Wo&t=40s

ACTIVITY 2

FLIP MAGAZINE

As part of the EBSB club activity for August 2021, students from the B.Ed. Senior Social Science option prepared a digital flip magazine showcasing the works of Raja Ravi Varma, renowned as the 'Father of Modern Indian Art.' This magazine includes a brief history of Raja Ravi Varma and features some of his most famous paintings, highlighting his significant contributions to Indian art and culture.

https://www.flipsnack.com/79FDCB5569B/st-thomas-college-of-teacher-education-palai.html

ACTIVITY 3

SCIENCE AND TECHNOLOGY INSTITUTES IN KERALA

Kerala, the Indian state with the highest literacy rate, is home to the most reputed institutes for higher education in the country. The first year B. Ed. Physical Science Education students (2020-2022) created a video showcasing the prestigious institutions of higher learning in Kerala. The vision, mission, objectives and other aspects of these temples of learning were included in the video and it was uploaded on the official YouTube channel of the club on 30 September 2021.

