

St. Thomas College of Teacher Education, Pala, Kerala Affiliated to Mahatma Gandhi University, Kottayam

Criterion V: Student Support and Progression

5.3 Student Participation and Activities

5.3.2.1 Sports and cultural events organised at the institution during 2019-20





ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

ESTD. 1957

SSR submitted to NAAC

Fourth Cycle of Accreditation

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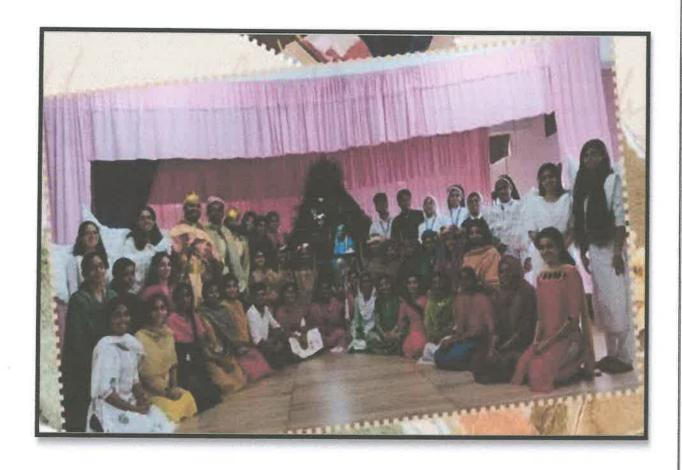
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Academic Year 2019-20

Christmas Celebration was conducted on 19.12.2019

As part of the Christmas Day celebration a Christmas Star was made under the leadership of the chairman Justin Joy the support of all the students made this a great success Christmas card-making competition was held on 12th December all the students actively participated in the competition. Christmas is celebrated on 19 December 2019.

Fr. Joseph Thengumpally Vicar, St Francis Church Marangattupally delivered the Christmas message. The second-year students enacted the nativity scene and Christmas Carol was sung by the first year B.Ed. students.



Christmas Celebration conducted on 19.12.2019

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Onam Celebration was conducted on 6.9.2019

Date: 6th September 2019

The St. Thomas College of Teacher Education, Pala, celebrated Onam with great enthusiasm on 6th September 2019. The festival, which is a harvest celebration in Kerala, was marked by various cultural events and traditional activities.

The Onam celebrations commenced with a welcome address by the Principal, followed by a prayer. The D.El.Ed. HOD, Sri MJ Thomas, delivered the Onam message, highlighting the significance of the festival and its cultural heritage.

A variety of games and competitions were organized as part of the celebrations. Students participated enthusiastically in events such as tug-of-war, sack race, and musical chairs. The winners were awarded prizes for their outstanding performance.

One of the highlights of the Onam celebrations was the floral design competition, known as "Pookalam." Students showcased their creativity and artistic skills by creating intricate and colorful floral designs in the courtyard of the college. The Pookalam competition was judged by a panel of experts, and the winning team was awarded a prize.

The celebrations culminated with a traditional Onam feast, known as "Sadya." The feast featured a variety of delicious vegetarian dishes, served on banana leaves. The students and faculty enjoyedhe sumptuous meal and celebrated the spirit of Onam together.



Onam Celebration was conducted on 6,9.2019

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Shuttle Badminton held at St Thomas College of Teacher Education on 4th December 2019

Date: 4th December 2019

The St. Thomas College of Teacher Education, Pala, hosted a thrilling Shuttle Badminton Tournament on 4th December 2019. The event showcased the athletic prowess and competitive spirit of the students.

The tournament featured both singles and doubles matches, attracting a large number of participants from various departments. The matches were played in a round-robin format, followed by a knockout stage for the top contenders. The level of competition was intense, with players displaying exceptional skill and agility.

The finals were particularly exciting, with the matches going down to the wire. The winners were determined by a combination of skill, strategy, and endurance. The tournament was a great opportunity for students to socialize, have fun, and showcase their athletic talents.





Shuttle Badminton held at St Thomas College of Teacher Education on $4^{\rm th}$ December 2019



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