



St. Thomas College of Teacher Education, Pala, Kerala
Affiliated to Mahatma Gandhi University, Kottayam

Criterion V: Student Support and Progression

5.3 Student Participation and Activities

5.3.2.1 Sports and cultural events organised at the institution during 2018-19



ST. THOMAS COLLEGE OF
TEACHER EDUCATION, PALA
ESTD. 1957

SSR submitted to
NAAC


*Fourth Cycle of
Accreditation*

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5.3.2.1 Sports and cultural events organised at the institution during 2018-19

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Academic Year 2018-2019

College Cultural Fest was conducted on 15. 3. 2019

College Cultural Fest 2019 was conducted on 15th March 2019 a variety of on-stage and off-stage competitions were arranged a whole lot of programmes were presented in the competitions



College Cultural Fest 15.03.2019



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Republic Day Celebration held on 26.01.2019

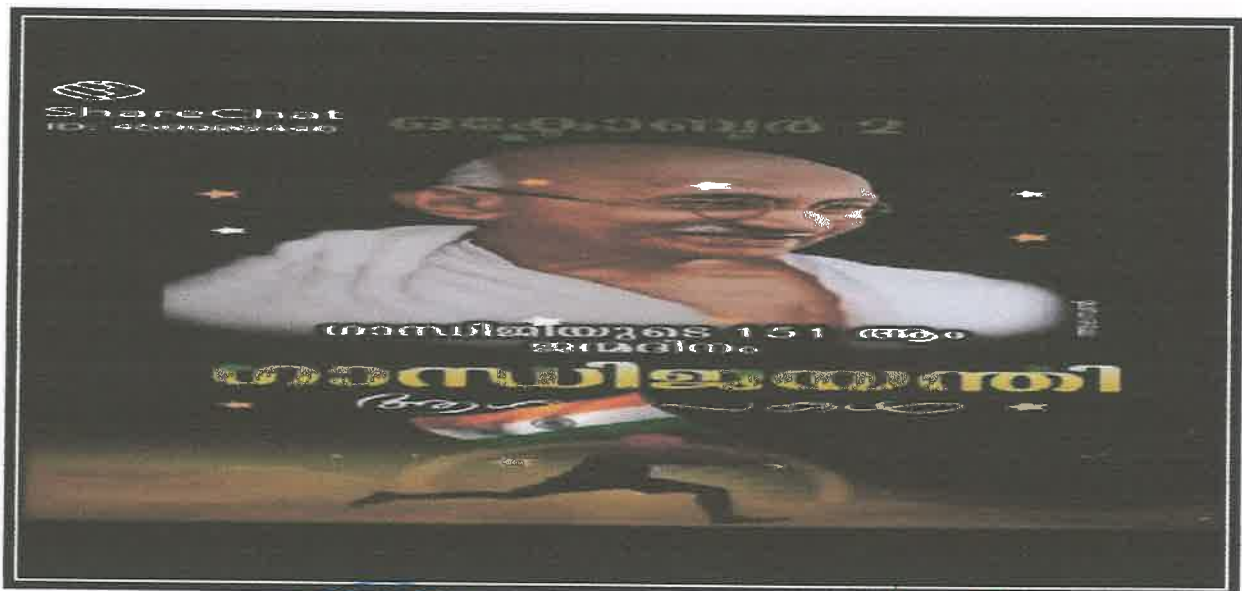
The 70th Republic Day was celebrated on all its solemnity and grandchildren at St Thomas College of Teacher Education Pala on 26th January 2019 principal Dr. Sister Celene Joseph hoisted the national flag and delivered the Republic Day message. The students saluted the national flag and pledged themselves to uphold the owner and integrity of the nation.



Republic Day Celebration held on 26.1.2019

The Gandhi Jayanthi Celebration poster competition held on 02.10.2018

Gandhi Jayanti was celebrated on 2nd October 2018 a video exhibition was held in the college auditorium by included incidents in Gandhiji's life all the students participated in the function.



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Onam Celebration was conducted on 6.9.2019

Date: September 6, 2019

St. Thomas College of Teacher Education, Pala, commemorated the vibrant harvest festival of Onam with a grand celebration on September 6, 2019. The event was a colourful tapestry of Kerala's rich cultural heritage, showcasing traditional dances, music, and culinary delights.

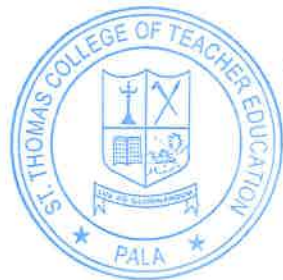
Highlights of the Celebration:


Floral Extravaganza: The college campus was adorned with intricate and vibrant Onam Pookalam (flower carpets), symbolising the return of the mythical king Mahabali. Students and staff members collaborated to create these artistic displays, showcasing their creativity and devotion.

Traditional Dances and Music: The air was filled with the rhythmic beats of traditional Kerala music as students performed various folk dances, including Thiruvathira. The graceful movements and colourful costumes of the dancers captivated the audience and brought to life the spirit of Onam.

Cultural Pageantry: The celebration also featured a cultural pageant showcasing the diverse traditions and customs of Kerala. Students dressed in traditional attire, representing different regions of the state, presented a mesmerising display of their cultural heritage.

Onam Feast: The event culminated with a sumptuous Onam Sadya (feast), a traditional vegetarian meal served on banana leaves. The feast included a variety of delectable dishes, such as sambar, rasam, payasam, and various pickles and chutneys.




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Christmas Celebration was conducted on 21.12.2018

Date: December 21, 2018

Venue: St. Thomas College of Teacher Education, Pala

The St. Thomas College of Teacher Education, Pala, celebrated the joyous occasion of Christmas on December 21, 2018. The event was a festive affair filled with joy, cheer, and the spirit of Christmas

Carol Singing: The celebration commenced with a melodious rendition of Christmas carols by the students. Their voices filled the air with the spirit of the season.

Christmas Crib: The college was beautifully decorated with Christmas trees, lights, and ornaments, creating a festive atmosphere especially crib.

Cultural Programmes: Students presented a variety of cultural programs, including dance performances, skits, and instrumental music.

Christmas Message: The Principal of the college delivered a heartfelt Christmas message, emphasising the importance of peace, love, and goodwill.

Santa Claus Visit: The highlight of the event was the visit of Santa Claus, who distributed gifts to the students. The children were filled with excitement and joy as they received their presents.

Cake Distribution: A delicious Christmas cake was distributed.

The Christmas celebration at St. Thomas College of Teacher Education, Pala, was a memorable event that brought together students, faculty, and staff in a spirit of unity and joy. It was a reminder of the true meaning of Christmas and the importance of celebrating the season with loved ones.



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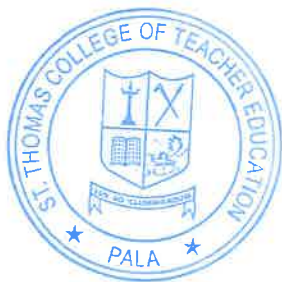
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Annual Sports Meet held at St Thomas College of Teacher Education on 15th December 2018 (Source College Annual Magazine)

The 63rd annual sports meets for the year 2018-19 was conducted on 15th December 2018. The students from the junior and senior B.Ed. batches were divided into different houses - Red, Green, Yellow and Blue. College Principal Dr. Sr. Celine Joseph received salute during the march past and hoisted the flag. Later the groups took the oath which was recited by college chairman Sailas Mathew. Different events were conducted as part of the sports meet. Out of the four houses Blue group emerged as champions followed by Red, Green and Yellow. Joffy J. Njavallil (Commerce Education) & Jais Jose (English Education) became the individual champions.



Annual Sports Meet held on 15th December 2018




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