ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

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2022-2023

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ł Prof. Dr. BEENAMMA MATHEW PRINCIPAL ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA

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1. STUDENT EXCHANGE PROGRAMME

Minna Mary Tom, Student Teacher, STCTE acted as a resources person on a webinar Titled 'Water Conservation Day' which was jointly organized by St. Thomas College of Teacher Education and St. Joseph's College of Teacher Education for Women.

As we celebrate the Azadi Ka Amrut Mahotsav- an initiative of the Government of India to celebrate and commemorate 75 years of Independence, a webinar was conducted by St. Thomas College of Teacher Education, Pala and St. Joseph College of Teacher Education for Women, Ernakulam on the topic "Water Conservation" on 30-04-23. The programme was co-ordinated by Dr. Sunu Austin, Assistant Professor of St. Thomas College, Pala and Dr. Siji John, Assistant Professor of St. Joseph College of Teacher Education for Women, Ernakulam. The webinar was organised by the Social Science Departments of both the colleges. There were two presenters one was Minna Mary Tom from St. Thomas college, Pala and Nair K. M. Sumalakshmi, from St. Joseph College. The webinar was anchored by Sreelakshmi Sudhakaran and welcome address was delivered by Liyanta Izabel from St. Joseph college respectively.

The first presenter Nair K. M.Sumalakshmi addressed the audience about the need, significance and the importance of conserving water. As water is an essential resource to all the living beings in the world, the presenter made understand the careless use of water by humans nowadays. The responsibility to pass on the planet to future generations the way we received it was highlighted. Various steps that student teachers may take to initiate and teach water conservation habits among students was very clearly stated. The second presenter Minna Mary Tom spoke on the various ways to conserve water like rainwater harvesting, the applications of modern technology in the preservation of water. The importance of sustainable development and the various steps to be taken was addressed. The importance of conservation of water was also underlined. A question-and-answer time was provided to the audience after each presentation to make further clarifications.

Vote of thanks was delivered by Gopika Anil from St. Thomas college, Pala. As a concluding session both the coordinators of the webinar expressed their views and congratulated the presenters. The webinar ended successfully, making all those who participated understand the importance of conserving water.



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WEBINAR CO-ORDINATORS

Dr. SIJI JOHN, Assistant Professor, SI.Joseph College of Teacher Education for Woman, Ernakulam.

Dr. SUNU AUSTIN. Assistant Professor. StThomas College of Teacher Education for Women. Patel.

SREELAKSHMI SUDHAKARAN, Student Co-ordinator, St.Joseph College of Teacher Education for Women, Ernakulam. OUR MISSION IS TO STUDY, PROTECT, AND CONSERVE WATER.

WEBINAR PROGRAMME SCHEDULES

WELCOME ADDRESS

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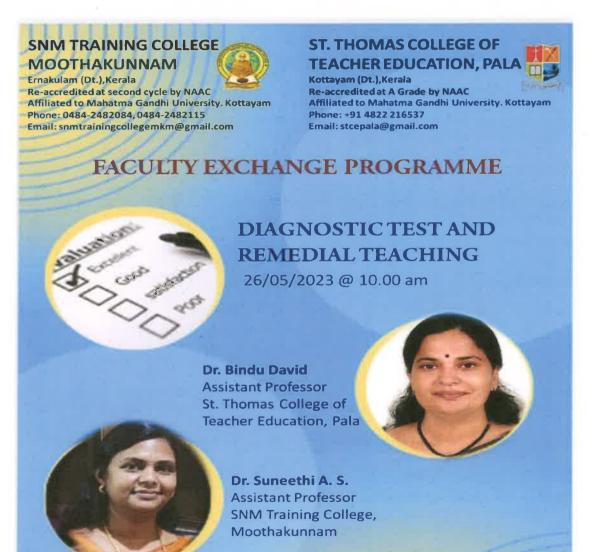
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2. DIAGNOSTIC TEST AND REMEDIAL TEACHING FACULTY SHARING PROGRAMMES WITH SNM TRAINING COLLEGE, MOOTHAKUNNAM

A faculty sharing programme was conducted with SNM Training college, Moothakunnam on 26th May 2023. Dr. Bindu David, Assistant Professor, St.Thomas College of Teacher Education and Dr.Suneethi A.S., SN Training college, Moothakunnam took classes on the topic Diagnostic testing and Remdial teaching.



Dr. Susmitha P. S. Principal in Charge SNM Training College, Moothakunnam Dr. Sr. Beenamma Mathew Principal St. Thomas College of Teacher Education, Pala



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3. PLAGIARISM CHECK

COLLABORATIVE ACTIVITIES WITH MARIAN COLLEGE KUTTIKKANAM

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THE DANCING RAVEN

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Abstract

Dance is a rhythmic activity that makes use of body movements in order to express feelings and emotions. Likewise, poetry too uses language to represent the feelings and emotions. This article attempts to transcend the boundaries of art by linking The West and The East, via Bharatanatyam and Edgar Allan Poe's poem "The Raven" using the theory of *Rasa* (aesthetic impression). Bharatanatyam, the traditional dance form of Tamil Nadu, sets its focus on *bhava (emotion), raga (musical notes)* and *tala (rhythmic pattern). Rasa* deals with the functions of mind. Here, the article explores the functions/ rasas of the mind of the narrator in the poem. "The Raven" is one among the most beautiful poems as it deals with the death of the beautiful damsel as well as the hope of the narrator. Though the bird is considered as a positive omen at first, it soon turns its role into negative, making the narrator insane. The poem is also rich in *rasas* (aesthetic impression) and *bhavas/* emotions.. Poetry and dance expresses feelings by galvanizing our thoughts and



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adaptations expands our creative side. The paper also explores the common expressions between the Oriental and the Occidental culture.

Keywords: Raven, Adaptation, Bharatanatyam, orient, occident, bhava, rasa.

Literature can be taught in different ways such as information transfer exercises, using theatre and music etc.... The article presents the adapted dance style of the poem "The Raven" written by Edgar Allen Poe. The paper navigates the 'dance style' as an innovative classroom experience as a means of teaching language which turns a pedagogical creativity into teaching contexts.

Adaptations in literature have a long history which always influence people. Adaptation has been a common and pre-eminent work where one can transfer one form of art into another form, like novels into films, poems into dance forms etc. Music, theatre, literature, dance, drama etc. are renowned to inspire us. Dance and literature weave the stuff of everyday human life-movement and language- into art. They share the common goal of communication, embracing processes of questioning, theme- formation, exploration, investigation, articulation, feedback and revision. Yet their materials, forms and domains of expression and response are often distinct." (Sewell, 2013) Dance adaptation usually remains an undiscovered area in the adaptation studies."The Raven" by the American poet Edgar Allan Poe, set in an ominous and dreary midnight, published in 1845 deals primarily with the death of the beautiful woman Lenore and the hope of the young narrator's lover. The narrator encounters a raven on that cold December night and he asks certain questions and to all of which it gives one answer "Nevermore". The situation, its answer etc. seems all Greek to him. Towards the end of the poem, he finds the Raven deplorable



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and annoying and feels exhausted as well as insane, asking the bird to leave the bust of Pallas to which the Raven again answers the same, that is "Nevermore".

".....The narrator is insane and finds his soul trapped under the raven's shadow that cannot be lifted by any means. The narrator chose raven as the central character as ne wanted a nonreasoning creature capable of speech. The raven also symbolizes "mournful and never- ending remembrance." The word 'Nevermore' withholds a mystery which is revealed towards the end... This literally paralyzes the narrator." (Gayathri, 2022). The poem is rich in 'rasas'/ aesthetic impressions and *bhavas*/ emotion. *Bhava* evokes *rasa*. There are eight permanent emotions/ *sthayi bhavas* and eight rasas associated with it as per Bharata's *Natyashstra*. 'Santa'/ peace was further added into the list. Bharatanatyam, the official dance form of Tamil Nadu, is one among the eight major dance forms of India. It gives importance to *bhava, raga* and *tala* as the name suggests.

Shoka/ sorrow forms the dominant bhava evoking karuna rasa or pathos in the poem. The poet is furious as the raven fails to answer his questions and mocks him. From the frustration arises his anger which slowly leads to sorrow and insanity towards the end as he comes to know that he can never be one with his beloved and there is no scope for hope. As Adya Rangacharya opines, *karuna* (compassion) is the result of *raudra* (anger)...The *sthayi bhava* of *raudra* is *krodha*. When these becomes *vibhavas*, the result will be necessarily *karuna rasa* and the *sthayi bhava* of *karuna* is *soka*; this also can result from *krodha*." The whole setting of the poem is a cold and dark December night inducing horror/ *bhaya*. The dark color of raven can also be taken into account as black is often associated with death or loss. *Vipralamba sringara* or love in separation can also be seen in the beginning of the poem where he is reading a book, thinking about Lenore, also when he enquires to bird about Lenore and his union with her. The bird expresses the *veera*/ heroic quality as it is afraid of nobody. The bird is also a bad omen as it disturbs the peace of mind



Prof. Dr. BEENAMMA MATHEW PRINCIPAL ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA of the narrator in the poem, also according to the ancient Hindu mythology, the Shani God, who is believed to bring negatives in our lives, is also black riding on top of a raven. The narrator's loss of hope makes him dejected, insane, depressed, slothful and intolerant eliciting certain *vyabhicari bhavas* (those emotions that appear and disappear in quick succession, strengthening the *sthayi bhavas*) *visada* (dejection), *unmada* (insanity), *nirveda* (despair), *jadatva* (slothfulness) and *amarsa* (impatient) respectively.

"In the poem, the rasa is produced by a sense of irreparable loss and bereavement and the brutal insistence on the finality of it. This separation from his dear one fills the narrator with terror and he becomes confused and bewildered and finally insane. Thus, he is grief- stricken and is constantly brooding on his fate. This can be seen as the '*anubhavas*,' which is followed by certain *vyabhicari bhavas* of *unmada*/ insanity. *jadatva*/ slothfulness, *visada*/ sorrow, *nirveda*/ depression and *amarsa*/ intolerance." (Gayathri, 2022) There are twelve different verbal representations in Bharatanatyam according to 'Natyashastra.' Here, *vilapa* is the most suitable one as the poem is all about the lamentation of Lenore. Also, the active emotion presented by the narrator here is *sthairya*. This is one in which the hero/ character always follows the path of truthfulness/ dharma, come what may the consequences are.

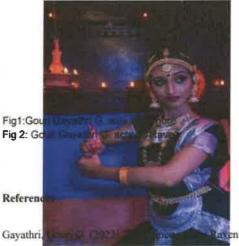
The raven is considered as the link between the narrator and his beloved, as the young lover thinks that the raven was sent by gods to give him solace. As the American author, Susan Shwartz opines: The dancer is a living embodiment of a sacred map that displays a path to enlightenment......the dance conceived as a series of patterns in which the body, as a link between the earth and the heavens, became an analogue to the unmanifest world". "The rendering of Poe's poem in dance form enables a cross- over across generic boundaries and cultural barriers, a



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Translating Edgar Allan Poe's The

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To The Principal St. Thomas Training College Pala

Sub: Visit the Library

Sir,

I am Sr. Jeesa Maria, Principal of St. Mary's HSS Pala writing to you to request to allow Fr. Joby George (HSST Sociology) to visit your library, in connection with the Post Course Activity of Higher Secondary School Teachers Transformation Programme.

Pala 17:02:2023





St. Mary's G. HSS Pala

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Application for grand Fermission.

Mevada . 30/09/2022

FROM

PAVITHRA. 5 Kavumkal Mevada (p.o)

To, The Principal Sf. Thomas Training College Pala.

Subject: Application to use library for research purpose.

I oma a research scholar in Kerala University with Six, Centre Man Theophilus Training College, Thiswamarthapusam, Under the guidance of Dr. Velayudhan Navir. T. (Peet Memoria) Training College, Movelikara). My research topic is Relationship between Digital Self-Efficacy and Select Psychological and Sociological Constructs among Higher Secondary School Students. I am in need of more reference in related to the above topic, and for that I want to use library of your callege. So I request you to kindly growt permission for using the library. I shall be really greatful to you if you permitted. 21 thanking year, Yours obediently S COLLEGE OF TEACHER EDUCATION