


3.3.3 Documentary evidence in support of the claim along with photographs with caption and date

2020-2021

SL. NO.	DOCUMENTARY EVIDENCE	PAGE NO.
2020-2021		
1	NATIONAL WEBINAR ON GENDER EQUALITY	49
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2020-2021




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PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

1. National Webinar on Gender Equality

Date: 17/04/2021
Time: 8.30 p.m.- 9.15 p.m.

No. of participants: 95

Topic: gender equality

Resource Person: Mr. Mathew Mundamattom, Trainer-TRADA

As a part of 'Jagratha', A webinar Series, a session was handled by Mr. Mathew Mundamattom, Trainer-TRADA on the topic Gender Equality. He started the class by explaining about the meaning of the gender equality. He discussed about the proactive measures we need to take for making a gender equality society. Participants gave good comments regarding the class in the chat box. The class was inspiring and interesting

NATIONAL WEBINAR SERIES
JAGRATHA-2021
A Joint Initiative of
ARCHANA WOMEN'S CENTRE, ETTUMANOOR
&
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA


DAY :8

Topic
"Gender
Equality"

Date: 17/04/2021
Time:
8.30 pm - 9.15 pm

ക്ലാസ് നയിക്കുന്നത്
Mr. Mathew Mundamattom
Trainer - TRADA, Kottayam

more details contact: 8281245484


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2. National Webinar on 'Female Characters in Indian Mythology'

Date: 08/05/2021

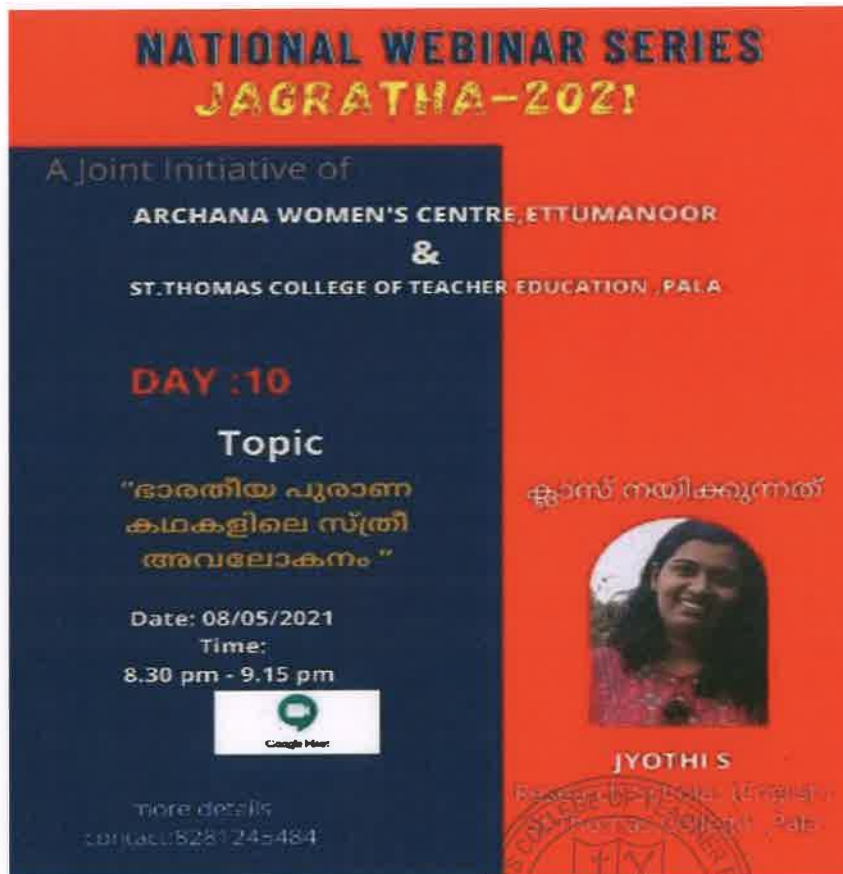
Time: 8.30 p.m.- 9.15 p.m.

No. of participants: 80

Topic: FEMALE CHARACTERS IN INDIAN MYTHOLOGY

Resource Person: Jyothis S, Research Scholar

As a part of 'Jagratha', a webinar series, a session was handled by Jyothis S, Research Scholar, St. Thomas College, Pala. The discussion was on the topic "FEMALE CHARACTERS IN INDIAN MYTHOLOGY". She focused on Indian epics to point out that the mythological tales we grew up listening to reverberated about strong male characters sketching the religious anecdotes. Participants raise their opinions and throughout the class an interaction is maintained.




NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiative of
ARCHANA WOMEN'S CENTRE, ETTUMANOOR
&
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

DAY :10


Topic
"ഭാരതീയ പുരാണ കഥകളിലെ സ്ത്രീ അവലോകനം"

Date: 08/05/2021
Time:
8.30 pm - 9.15 pm




More details
contact: 8287245484

ജ്യാതിസ് നയിക്കുന്നത്



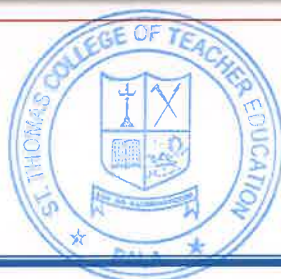
JYOTHIS
Research Scholar (English)
St. Thomas College, Pala




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3. National Webinar On ‘Gender Sensitisation and Social Justice’

The webinar “Gender Sensitisation and Social Justice” was jointly organised by the Women’s Cell and IQAC of St. Thomas College of Teacher Education, Pala and St. Joseph’s College of Education, Mysuru. The webinar was conducted on 18th August 2020, through Google meet platform.



Bee
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RESOURCE PERSONS

- 1. Dr. T.C. THANKACHAN**
ASSOCIATE PROFESSOR,
ST. THOMAS COLLEGE OF
TEACHER EDUCATION, PALA
- 2. Mrs. SHALOM SANNUTHA**
ASSISTANT PROFESSOR,
ST. JOSEPH'S COLLEGE OF
EDUCATION, MYSURU

CONTACT :
04822-216537,
STCTE, Pala.

0821-2511992,
SICE, Mysuru.

The Women's Cell & IQAC of
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
[Reaccredited with 'NAAC' 'A' grade, Affiliated to
Mahatma Gandhi University, Kottayam]

AND
ST. JOSEPH'S COLLEGE OF EDUCATION, MYSURU
[Accredited by NAAC, Affiliated to
University of Mysore]

Jointly organise a **WEBINAR on**

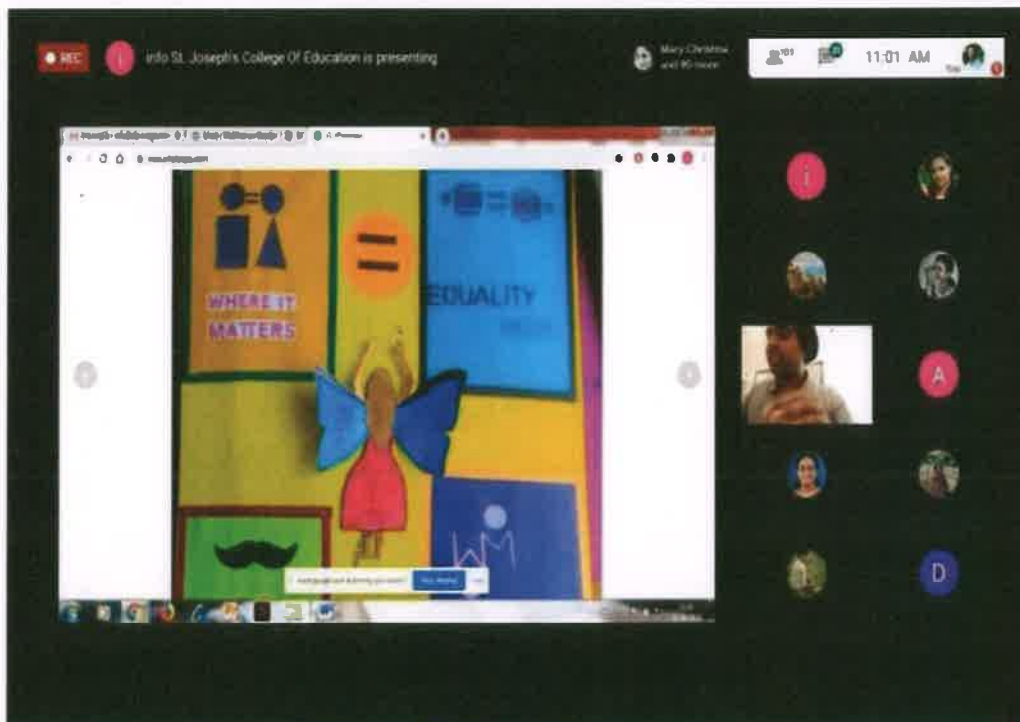
GENDER SENSITISATION AND SOCIAL JUSTICE

DATE: 18 AUG 2020
TIME: 9:30 AM

PLATFORM : GOOGLE MEET

ORGANISING COMMITTEE

<p>Dr. Sr. Beenamamma Mathew <small>(Principal, STCTE, Pala)</small></p> <p>Dr. Shaloma Sannutha <small>(IQAC Co-ordinator, STCTE, Pala)</small></p> <p>Dr. Shama Anand <small>(Co-ordinator, Women's Cell, STCTE, Pala)</small></p> <p>Ms. Blessy Anand <small>(President, Women's Cell, STCTE, Pala)</small></p>	<p>Dr. Princy Mathew <small>(Principal, SICE, Mysuru)</small></p> <p>Mrs. Asha P. Parthasarathy <small>(IQAC Co-ordinator, SICE, Mysuru)</small></p> <p>Mrs. Anna Lakshmi <small>(Co-ordinator, Women's Cell, SICE, Mysuru)</small></p> <p>Mr. Sannath Sathyan <small>(B.Ed. Student, SICE, Mysuru)</small></p>
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Beena
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4. Campus Cleaning Programme

On March 10, 2021, the Green Protocol Samithi coordinated a Campus cleaning program at St. Thomas College of Teacher Education in Pala. All the students actively participated in the program, which involved collecting and properly discarding waste. This initiative helped to create a cleaner and more sustainable learning environment.



5. International Yoga Day Celebration

As part of International Yoga Day, the Health club organised an online quiz competition on yoga for health on 21st June 2020. The Google form link was made available to the candidates on the day of Competition, and it was disabled after a stipulated time period. 346 candidates from different states and countries participated in our quiz.

A webinar on 'Yoga for Health and Immunity' were also organised as a part the "Yoga day" on 22nd June 2020 Afternoon.





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6. Seminar cum Workshop on Yoga

A seminar cum workshop session was held at the college on 14th January 2021 under the leadership of Dr. Sunil Thomas, Assistant Professor of Physical Education. Sunil sir together with Mr. nevil George, Yoga Prashikshak, demonstrated various Asanas and students were practicing the same. The seminar discussed the changing lifestyles and the resulting lifestyle diseases.




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7. Documentary on Onam Celebration

The EBSB club of the St. Thomas College of Teacher Education, Pala, twinned with Government College, Salooni, prepared a documentary on 'Onam', the State festival of Kerala. The documentary was presented by Ms. Medha Ramesh, Second year B.Ed. Social Science Education student, under the leadership of Ms. Reeja Roly, the student coordinator of the club on 02/10/2020. The programme was guided by Dr. Sunu Austin, faculty coordinator, EBSB club of the college.

The documentary aims at familiarizing the students of Himmachal Pradesh with 'Onam', the State festival of Kerala. The documentary gives a glimpse of the life and culture of the people of Kerala.

https://www.youtube.com/watch?v=dKW_PiHn4Xw




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8. Video Presentation on NEP 2020

National Education Policy 2020 is the first education policy of the 21st century and aims to address the many growing developmental imperatives of our country. The EBSB club of St. Thomas College of Teacher Education, Pala, prepared a video highlighting the main points of NEP 2020 for the month of March 2021.

The short video named, NEP 2020 is prepared by the first-year commerce students of B.Ed. programme of St. Thomas College of Teacher Education, Pala. The short video throws light on the revamping of the educational structure from the lower level to the higher level.

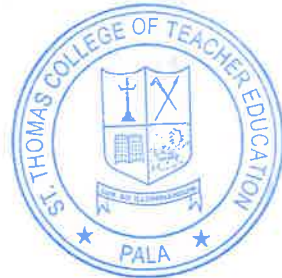
The documentary was prepared under the guidance of the coordinator of the EBSB club.





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9. Virtual Yoga Day Celebration

As part of world yoga day, the students of health club of St. Thomas college of Teacher Education, Pala conducted a faculty program, students sharing yoga day on 15th February 2021. Apart from this Mr. Nevil George second year B.Ed student take a virtual class on yoga for the students of ALPS Kariyankod, Palakad. Nevil is a professional yoga trainee. The coordinator of health club Dr. Sunil Thomas worked honestly for the success of the program.




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10.EK BHARAT SHRESTHA BHARAT

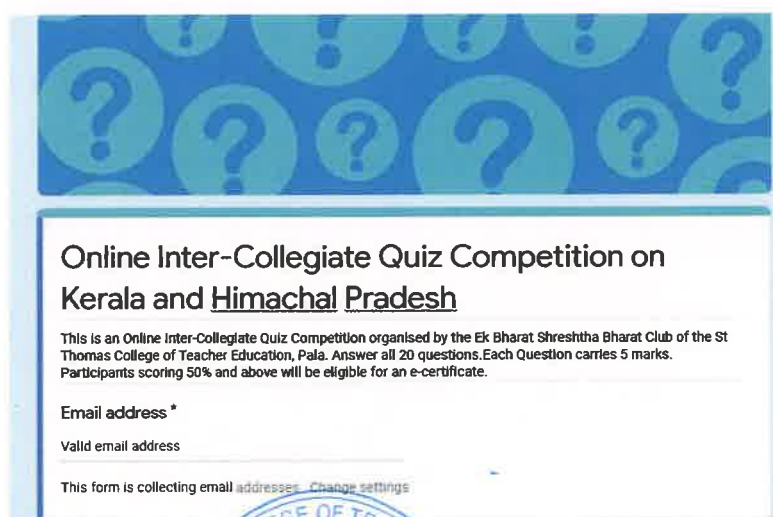
INTER-COLLEGIATE QUIZ COMPETITION ON KERALA AND HIMACHAL PRADESH

The idea of a sustained and structured cultural connect between denizens of different regions was mooted by Prime Minister Shri Narendra Modi. Ek Bharat Shrestha Bharat programme aims to actively enhance interaction between people of diverse cultures in different states of India with the objective of promoting mutual understanding among them. Kerala was paired with Himachal Pradesh.

The EBSB club of St. Thomas College of Teacher Education, Pala, conducted an *Inter Collegiate Quiz Competition on Kerala and Himachal Pradesh* on 4th September 2020, Friday, via Google Forms - Quiz platform. The quiz was conducted for the students of St.Thomas College of Teacher Education, Pala and Government Arts and Science College, Salooni, Himachal Pradesh. The quiz had 20 questions based on Kerala and Himachal Pradesh.

E-Certificates were issued immediately to participants who scored 50% and above. 61 students actively participated in this quiz and they got the result immediately on submitting it. The participants included 39 students from St Thomas College of Teacher Education, Pala and 22 from Government Arts and Science College, Salooni.

We are attaching some screen shots for reference of Online Quiz Competition on Kerala and Himachal Pradesh.



Online Inter-Collegiate Quiz Competition on Kerala and Himachal Pradesh


This is an Online Inter-Collegiate Quiz Competition organised by the Ek Bharat Shrestha Bharat Club of the St Thomas College of Teacher Education, Pala. Answer all 20 questions. Each Question carries 5 marks. Participants scoring 50% and above will be eligible for an e-certificate.

Email address *

Valid email address

This form is collecting email addresses. [Change settings](#)




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EDUCATION, PALA**

EK BHARAT SHRESHTHA BHARAT CLUB



ORGANISES



*Online Inter-Collegiate Quiz
Competition
on Kerala and Himachal Pradesh*

DATE : 04.09.2020

Reeja Susan Roly Dr. Sunu Austin Dr. Sr. Beenamma Mathew
EBSB Leader EBSB Coordinator Principal

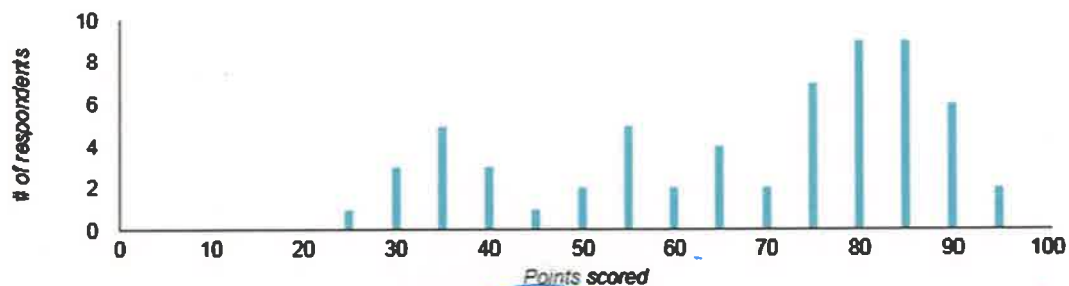
ONLINE QUIZ RESULT


Average
67.05 / 100 points

Median
75 / 100 points

Range
25 - 95 points

Total points distribution





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11. Inter-collegiate Collage Making Competition

The EBSB club conducted an inter-collegiate online collage making competition on the theme 'National Unity' 31 October, 2020. The competition was held to commemorate the birth anniversary of the 'Iron Man of India', Sardar Vallabhai Patel. He is the man behind unifying India. The competition was a tribute to this great son of India. The students of the St. Thomas College of Teacher Education, Pala and Government college, Salooni, Himachal Pradesh participated in the competition. The students prepared beautiful collage based on the theme. The competition brought out the creativity of the students and also served to nurture the feelings of nationalism in their minds. The competition was held under the guidance of the EBSB coordinators.




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PRINCIPAL
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