

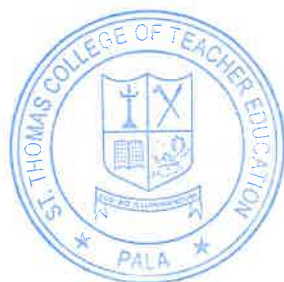
3.3.2 EVENT-WISE NEWSPAPER CLIPPINGS/VIDEOS/PHOTOGRAPHS WITH CAPTIONS AND DATES


2021-2022

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2021-2022




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
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PALA

1. Nirakoott Day 1 – Painting the walls of Govt LPS Arunapuram




Painted the walls of Govt LPS Arunapuram on 01/04/2022

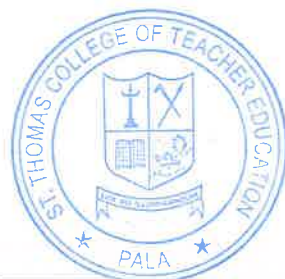


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Painted the walls of Govt LPS Arunapuram on 01/04/2022


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2. Nirakoot Day 2 – Painting the walls of St.Thomas HSS Pala




 **ST.THOMAS COLLEGE OF TEACHER EDUCATION
PALA**

NIRAKOOT 2022 (Day 2)

- Adding colours to life
(An Initiative of SHE-KI-NAH-The Extension Services Cell)

**VENUE :
ST.THOMAS H S S, PALA**





Date : 11/04/2022
(9 : 30 am - 4 : 30 pm)


  

Dr.T.C.Thankachan
Principal
STCTE,Pala

Sri. Georgekutty Jacob
Headmaster
St.Thomas HSS, Pala

Dr.Alex George
Teacher-in-charge
Extension Programme
STCTE,Pala


   


Prof. Dr. BEENAMMA MATHEW
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TEACHER EDUCATION
PALA





Paintings at St. Thomas HSS Palaas on Nirakoot 11/4/2022


Prof. Dr. BEENAMMA MATHEW
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PALA



3. Nirakoott Day 3 – Painting the walls of St.Thomas HSS Pala



ST. THOMAS COLLEGE OF TEACHER EDUCATION,
PALA

നിറംകൂട്ട് 2022

-Adding colours to life

(An Initiative of 'SHE-KI-NAH'-The Extension Services Cell)

VENUE : ST. THOMAS H S S, PALA



Rev. Fr. Sebastian
Vettukallel
Manager
St. Thomas H.S.S, Pala



Dr. T.C. Thankachan
Principal
STCTE, Pala



Sri. Georgekutty Jacob
Headmaster
St. Thomas HSS, Pala



Dr. Alex George
Teacher-in-charge
Extension Programme
STCTE, Pala



Sojo John
General Co-ordinator



Lakshmi S
Programme
Coordinator



James Mathew
Student Coordinator




Anjaly Elizabeth Xavier
Student Coordinator

(DAY - 3)

Date : 19/04/2022

(9:30 AM - 4:30 PM)




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PALA






Paintings at St. Thomas HSS Palaas on Nirakoot 19/4/2022












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 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

4. Nirakott Day 4– Painting the walls of Aided LPS Meenachil

Venue – Aided LPS, Meenachil



 Fr. Thomas Thottankal Manager Aided LPS, Meenachil	 Dr. T.C. Thankachan Principal STCTE, Pala	 Thammamma Joseph Headmistress, Aided LPS, Meenachil	 Dr. Alex George Teacher-in-charge STCTE, PALA
 Sojo John General Co-ordinator	 Lakshmi S Programme Co-ordinator	 Lin Mary Antony Student Coordinator	 Raina Maria Student Co-ordinator




Student teachers on painting at Aided LPS Meenachil on 21/04/2022



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5. Nirakott Day 5– Painting the walls of St. Sebastians LPS Pathazha



ST. THOMAS COLLEGE OF
TEACHER EDUCATION PALA


നീറകൂട്ട് 2022

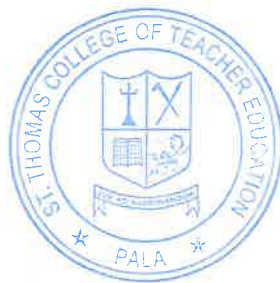
(An Initiative of SHE-KI-NAH, the Extension Services Cell)



DAY-5

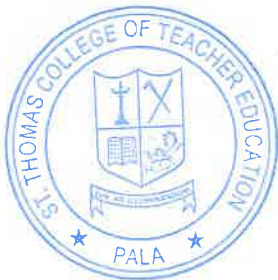
Date: 25 April 2022, Monday
Venue: St. Sebastian's L.P.S. Pathazha



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PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA



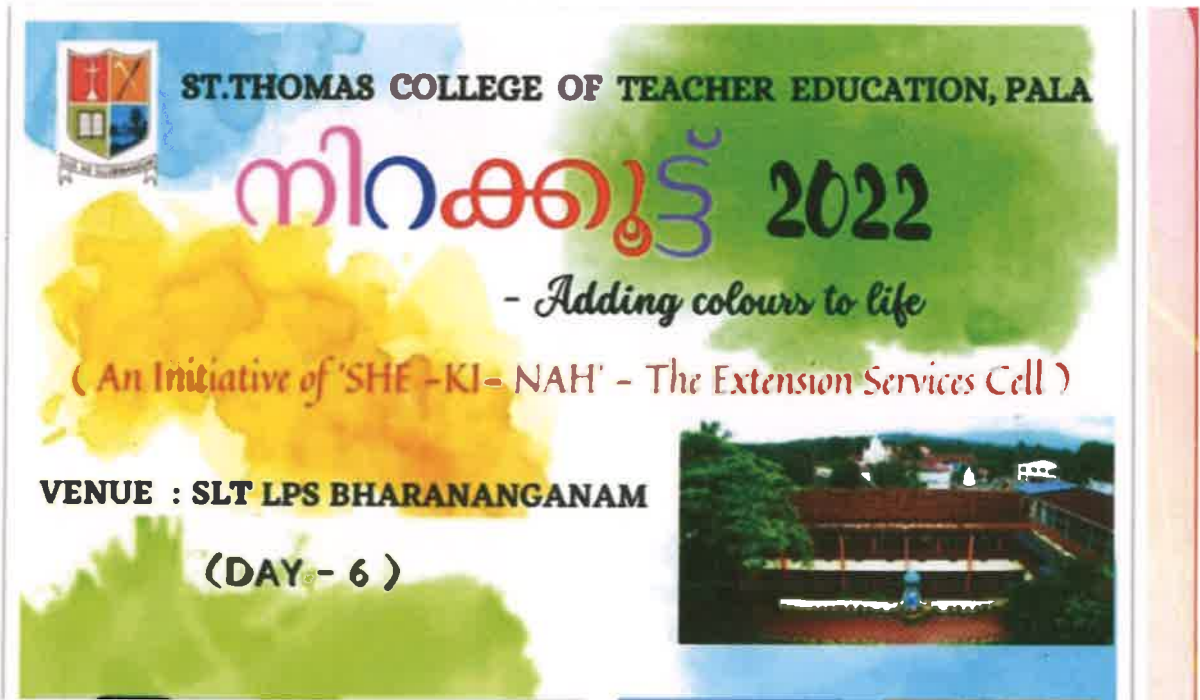


Student teachers on painting at St. Sebastian's LPS Pathazha on 25/04/2022





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 TEACHER EDUCATION
 PALA

6. Nirakoot Day 6– Painting the walls of St. Little Thresia's LP School
Bharananganam



Paintings at St. Little Thresia's LP School Bharananganam as on Nirakoot 29/04/2022





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TEACHER EDUCATION
PALA

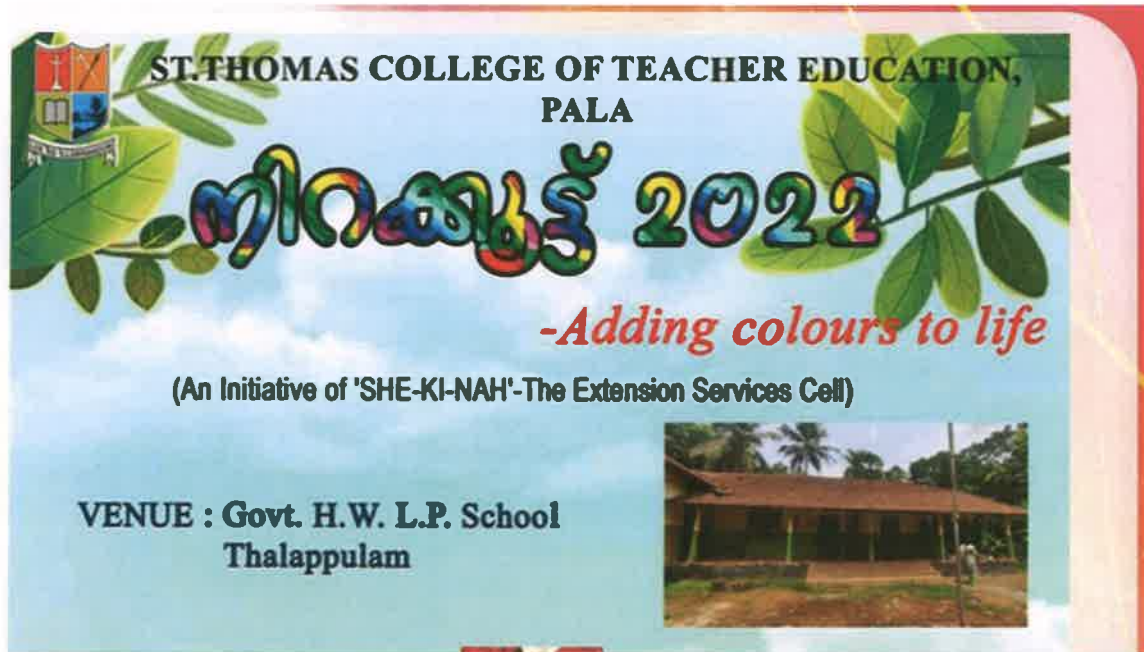


Paintings at St. Little Thresia's LP School Bharananganam as on Nirakoot 29/04/2022





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ST. THOMAS COLLEGE OF
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7. Nirakoott Day 7- Painting the walls of Govt. LPS Thalappulam



The poster features the St. Thomas College of Teacher Education logo on the left. The main text reads: "ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA" in black, followed by "നിറക്കൂട്ട് 2022" in large, colorful Malayalam script. Below this is the tagline "-Adding colours to life" in red. A sub-note says "(An Initiative of 'SHE-KI-NAH'-The Extension Services Cell)". The venue is listed as "VENUE : Govt. H.W. L.P. School Thalappulam". A small photograph of the school building is in the bottom right corner.




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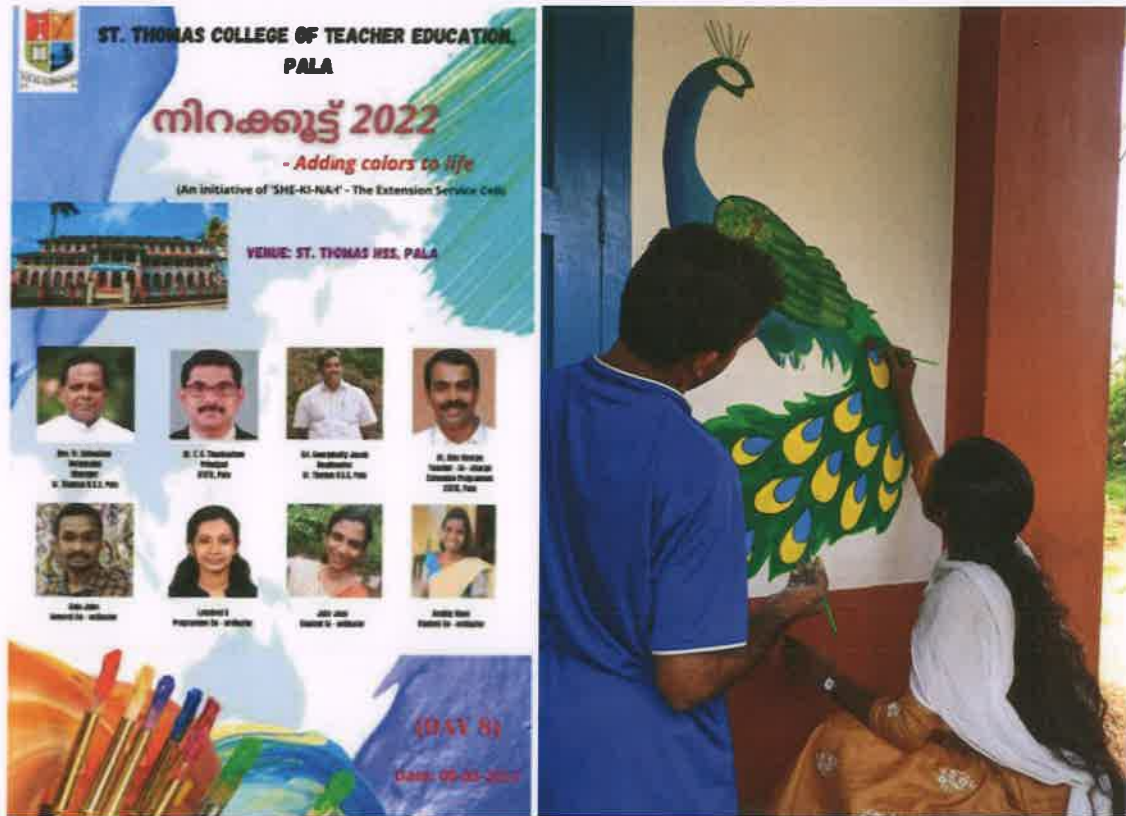


Student teachers on painting at Govt.LPSThalapulam on 07/05/2022



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8. Nirakott Day 8– Painting the walls of St. Thomas HSS Pala



Paintings on the walls of St.Thomas HSS Pala on 08/05/2022




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Paintings on the walls of St.Thomas HSS Pala on 08/05/2022




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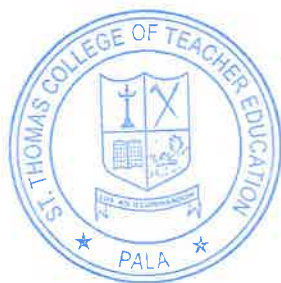
9. Nirakoott Day 9– Painting the walls of Govt New LPS Puliyanoor




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Student teachers on Painting at Govt New LPS Puliyanloor on 11/05/2022




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10. Nirakoott Day 10– Painting the walls of Kallivayalil Pappan memorial Public-School Mundakayam East

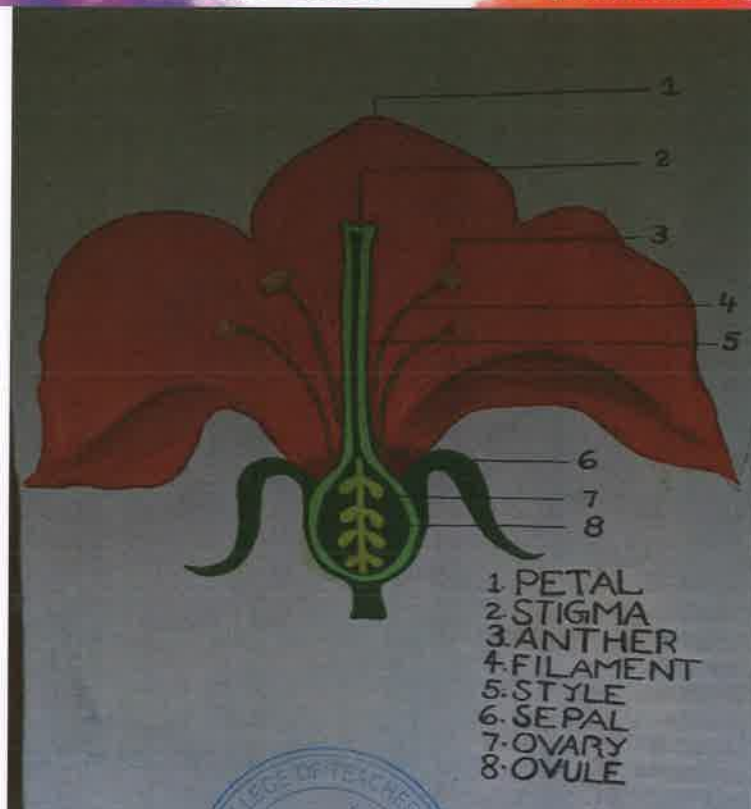
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
നീറക്കൂട്ട് 2022
 - Adding colours to life
 (An Initiative of 'SHE-KI-NAH' - The Extension Services Cell)



VENUE: Kallivayalil Pappan Memorial Public School, Mundakayam East

 Fr. Jose School Manager	 Dr. T.C. Thankachan Principal STCTE Pala	 Fr. Varghese Pulikan, School Director
 Mr. Shins Mathew School Principal	 Dr. Alex George Teacher-in-Charge Extension Programme STCTE Pala	 Sojo John General Co-ordinator
 Lakshmi S Programme Co-ordinator	 Nevil George Student Co-ordinator	 Riya Rose Johns Student Co-ordinator

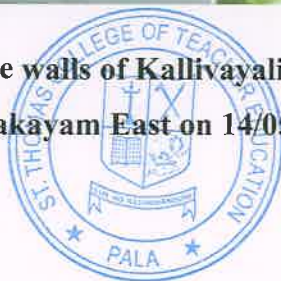
DAY 10 **Date 14/05/ 2022** **(9.30 AM - 4.30 PM)**



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Painting by student teachers on the walls of Kallivayalil Pappan memorial Public-School
Mundakayam East on 14/05/2022



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TEACHER EDUCATION 63
PALA

11.Nirakoott Day 11- Painting the walls of St.Mathews UPS Elikulam







ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

നിറക്കൂട്ട് 2022

- Adding colours to life

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**VENUE - ST. MATHEWS U. P. S,
ELIKULAM**



Rev. Fr. Justin Babungrappil Fr. Augustine Pathungrappil Dr. J. C. Thankachen



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PALA



Painting the walls of St.Mathews UPS Elikulamom 18/05/2022



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12. Nirakoot Day 12- Painting the walls of St. Joseph's UPS Vellilappilly



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നിറക്കൂട്ട് 2022

Adding colours to life

(An Initiative of SHE-KI-NAH- The Extension Services Cell)

Venue- *St. Joseph's U.P. School, Vellilappilly*



Rev. Fr. George Varghese
Njarakunnel
School Manager



Sr. Mercy Sebastian
Headmistress
St. Joseph's U.P. School,
Vellilappilly



Dr. T. C. Thankachan
Principal
STCTE Pala



Dr. Alex George
Teacher -in- charge
Extension Programme
STCTE Pala



Sojo John
General Co-ordinator
STCTE Pala



Lakshmi S
Programme co-ordinator
STCTE Pala



Meera V. S
Student Co-ordinator
STCTE Pala



Mariya Mathew
Student Co-ordinator
STCTE Pala

Day 12
Date : 25/05/2022

(9.30 am - 4.30 pm)



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Painting at St.Joseph's UPS Vellilappilly on 25/05/2022



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Nirakoott Day 13– Painting the walls of St. Thomas LPS Velathusserry



ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

നിറക്കൂട്ട് 2022

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An initiative of SHE- KI-NAH-The
Extension Services Cell

Venue: St. Thomas L.P. School,
Velathusserry



Fr. Joseph Mecheril
School Manager



Michael Joseph
Headmaster
St. Thomas L.P. School,
Velathusserry



Dr. T.C. Thankachan
Principal
STCTE Pala



Dr. Alex George
Teacher -in- charge
Extension Programme
STCTE Pala



Sojo John
General Co-ordinator
STCTE Pala



Lakshmi S
Programme co -ordinator
STCTE Pala



Harikrishnan V
Student Co-ordinator
STCTE Pala



Tima Mathew
Student Co-ordinator
STCTE Pala

Day 13
Date : 30/05/2022

11 am - 5.30 pm



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Paintings on the walls of St.Thomas LPS Velathusserry on 30/05/2022



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14.Nirakoott 14- Painting the walls of St. Antonys HS Vellikulam



**St. Thomas College of Teacher Education,
Pala**

നിറക്കൂട്ട് - 2022

- Adding colours to life

An initiative of 'SHE - KI - NAH' - The extension service cell.

Venue: St Antony's HS Vellikulam

Day 14

Date: 31/05/2022

9:30 am - 4:30 pm



**Rev. Fr. Michael
Vadakkokara
School Manager
SAHS, Vellikulam**



**Dr.T.C Thankachan
Principal
STCTE, Pala**



**Jo Sebastian
Headmaster
SAHS, Vellikulam**



**Dr. Alex George
Teacher-in-charge
Extension Program
STCTE, Pala**



**Sojo John
General Co-ordinator
STCTE, Pala**



**Lakshmi S
Programme Co-ordinator
STCTE, Pala**



**Annie Teresa Shajan
Student Co-ordinator
STCTE, Pala**



**Julian Tom Job
Student Co-ordinator
STCTE, Pala**



Painting at St. Antonys HS Vellikulam on 30/05/2022 and 31/05/2022



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15. JAGRATHA 12: NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiative of
ARCHANA WOMEN'S CENTRE,ETTUMANOOR
&
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA

DAY :12
TOPIC:"ADOLESCENT CARE"

ക്ലാസ് നയിക്കുന്നത്

Date: 05/06/2021
Time:
03.00 Pm -04.00pm.



more details
contact:8281245484



Sri.Nevil George



Dr.Alex George




Beene
Prof. Dr. BEENANIMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

Dr Alex George is presenting

Adolescence

- Adolescence is the **transition period** from childhood to adulthood, usually spanning the years between 13 and 19.
- It is a period that brings some confused / unstable physical, social and psychological changes.



65 others

You

People X

+ Add people

- A Anusasi Anusasi
- A Arya Abhilash
- A anyamol pa
- A Ashmi Maria John
- A Azeethy Vijayan
- A ATHRA PS
- B Bincy Biju

NATIONAL WEBINAR SERIES held on 5/06/2021

Beena
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 PALA



16.JAGRATHA 13: NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

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&
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ക്ലാസ് നയിക്കുന്നത്



Date: 12/06/2021
Time:05.00 Pm -06.00pm.




DAY :13
TOPIC:
"Covid & Psychological Issues"
(കോവിഡും മാനസിക പ്രശ്നങ്ങളും)
In the light of Anti suicidal initiative,
Amritham Gamaya 2021

more details contact:8281245484

NATIONAL WEBINAR SERIES held on 12/06/2021




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

17.JAGRATHA 14: NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiative of
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&
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA

DAY :14 **TOPIC:**
"വളർച്ചയുടെ പാതയിൽ കൈത്താങ്ങു് ആകാം"
ഏന്ത് നയിക്കുന്നത്

Date: 19/06/2021
Time:05.00 Pm -06.00pm.



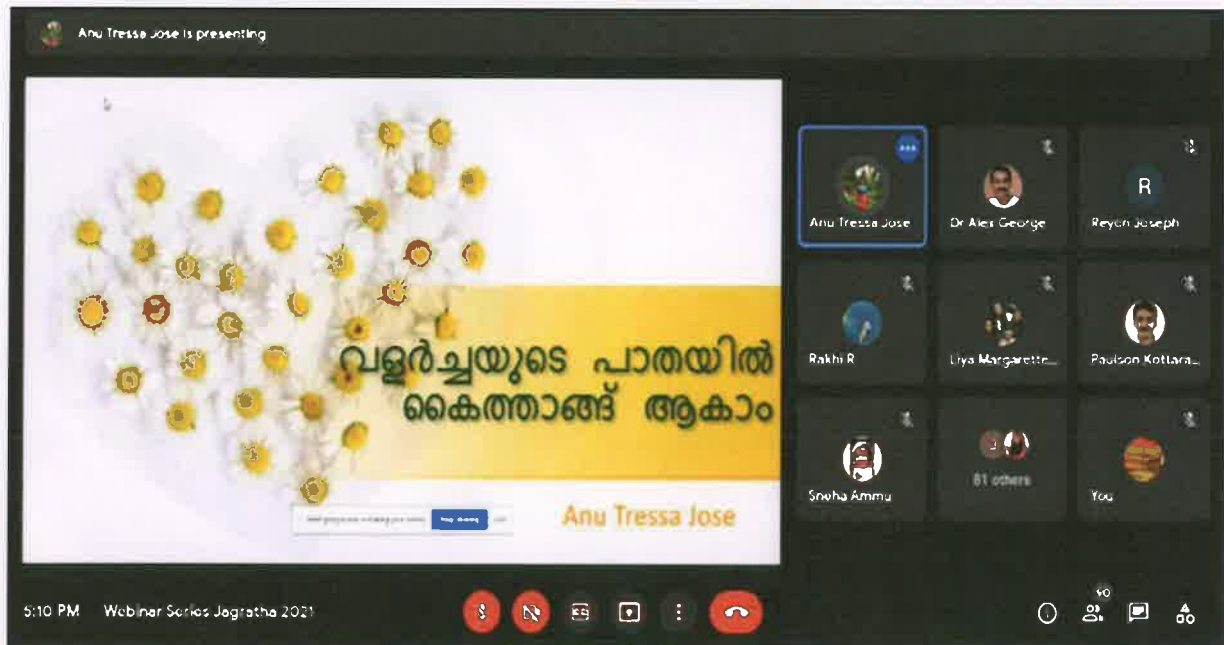
Ms.Irine Sera Joseph



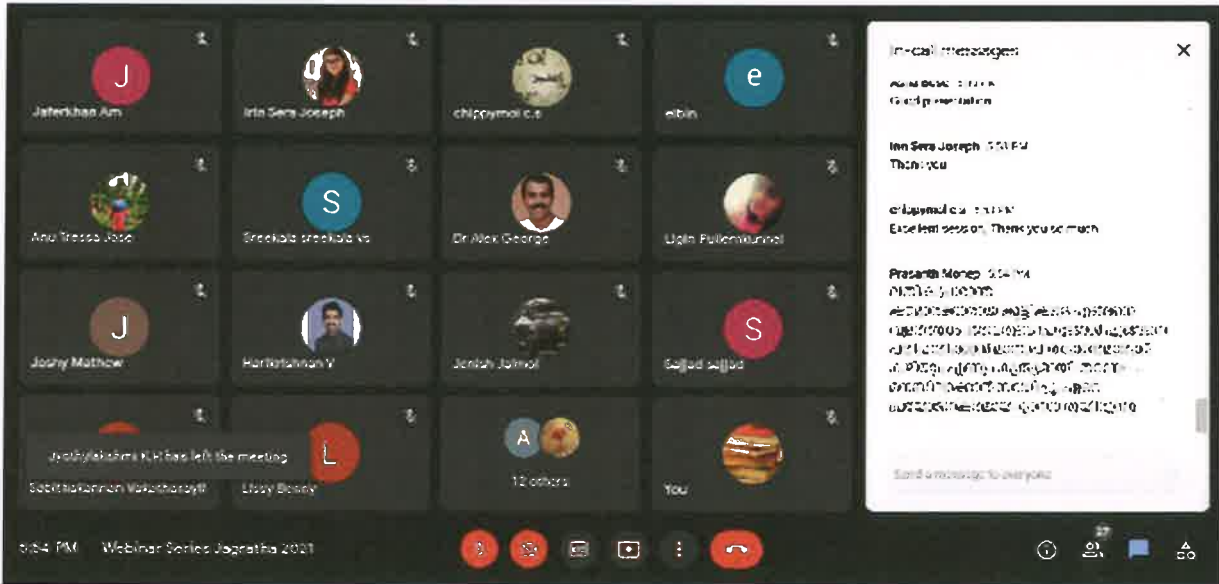
Ms.Anu Tresa



more details contact:
8281245484



Beena
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TEACHER EDUCATION
PALA



NATIONAL WEBINAR SERIES, Held on 19/06/2021 on the theme ‘Be a Scaffolding in the path of Development’



Beena
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 TEACHER EDUCATION
 PALA

18.JAGRATHA15: NATIONAL WEBINAR SERIES


NATIONAL WEBINAR SERIES
JAGRATHA-2021

A joint initiative of
ARCHANA WOMEN'S CENTRE, ETTUMANOOR
&
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

DAY: 15


കോവിഡ് കാലഘട്ടത്തിലെ കുടുംബ ബന്ധങ്ങൾ

കാസ് നയിക്കുന്നത്



Ms. Bhanupriya R.
Msc. Botany

Date: 26/06/2021
Time: 04.00 Pm -05.00pm



more details contact:
8251245484

NATIONAL WEBINAR SERIES held on 26/06/2021 about Family Relationships in the age of COVID 19





Prof. Dr. BEENAMMA MATHEW
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TEACHER EDUCATION
PALA

19.JAGRATHA 16: NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiative of
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&
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA

വിഷയം : **DAY:16**
"കോവിഡ് കാലഘട്ടത്തിൽ
പോഷകാഹാരത്തിനുള്ള പ്രാധാന്യം"
ഓസ് നയിക്കുന്നത്



Soumya. V. P
Dietician,
Taluk hospital, Kayamkulam

Date: 03/07/2021
Time:04.00 Pm -05.00pm.

more details contact:8281245484

NATIONAL WEBINAR SERIES Held on 03/07/2021 about Importance of nutritious food in COVID 19 times



Beena
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PALA

20.JAGRATHA 17- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiative of
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&
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA

വിഷയം : **DAY:17**
"സ്ത്രീധനത്തിൽ - സ്ത്രീ സുരക്ഷിതയോ "

ഏകദേശം നയിക്കുന്നത്



Remya Binoy
Chief Editor
Malayala Manorama



Date: 10 /07/2021
Time:11.00 am-12.00pm

more details contact:8281245484



NATIONAL WEBINAR SERIES held on 10/07/2021 about
Womens' safety in the Dowry System



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

21. JAGRATHA 18- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021
 A Joint Initiative of
ARCHANA WOMEN'S CENTRE,ETTUMANOOR
 &
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA

വിഷയം : **DAY:18**
"സ്ത്രീകളുടെ ആരോഗ്യം ആയുർവേദത്തിൽ"

ക്ലാസ് നയിക്കുന്നത്




Date:17/07/2021
Time:04.00 pm-05.00pm

Dr.Sandrima K S
MD (Ayurveda)Medical Officer
Ramaih Indic Speciality Hospital
Banglore

more details contact-
8281245484



NATIONAL WEBINAR SERIES held on 17/07/2021 about Woman Health in Ayurveda



Beena
 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA


22.JAGRATHA 19- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES

JAGRATHA-2021

A Joint Initiative of
ARCHANA WOMEN'S CENTRE,ETTUMANOOR
 &
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA


ക്ലാസ് നയിക്കുന്നത്



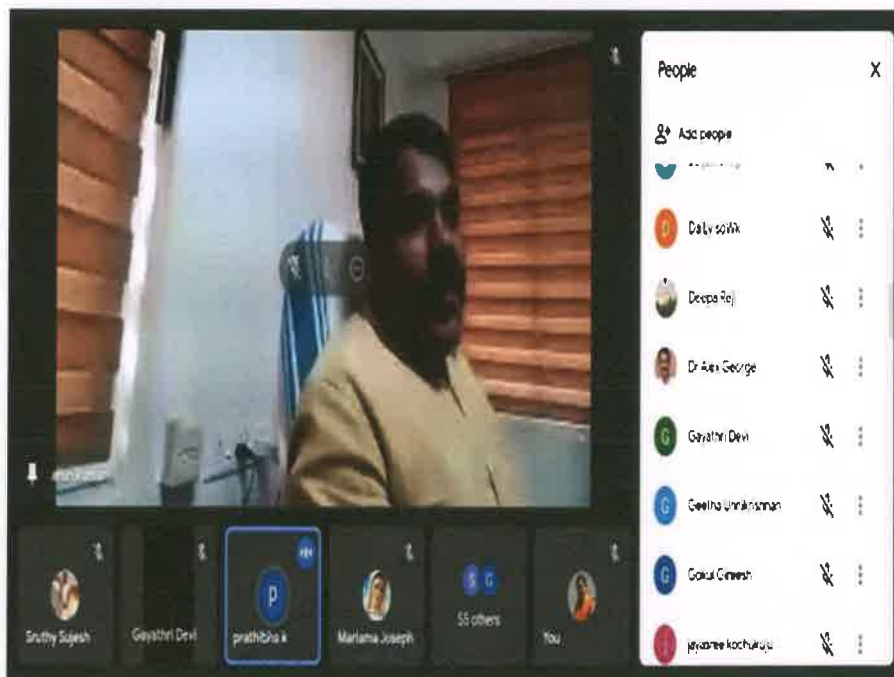
DAY:19

വിഷയം:
 "ലഹരിയിൽ മുങ്ങുന്ന ജീവിതങ്ങൾ"

Arun Kumar K.R
 Assistant Sub Inspector of Police
 DySP Office Kottayam and Co-ordinator
 Operation Curukulam Project.

DATE: 24 /07/2021 | TIME:03.00 PM- 04.00PM | 

more details contact:8281245484



NATIONAL WEBINAR SERIES held on 24/07/2021 about Lives sinking in Drugs




Beena
 Prof. Dr. BEENA MA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

23.JAGRATHA 20- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021
A Joint Initiative of
ARCHANA WOMEN'S CENTRE, ETTUMANOOR
&
ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
DAY:20 ഏഗസ് നയിക്കുന്നത്
ON 07/08/2021
TIME:03.00 PM-04.00PM.
for more details contact:
8281245484
Google Meet
Sulochana Ramakrishnan
Women's VOICE, Wayanad
വിഷയം :
"സ്ത്രീശക്തിക്കൊരു ജീവിത സാക്ഷ്യം"

NATIONAL WEBINAR SERIES held on 07/08/2021 on the topic Life Testimony to Women Empowerment




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

24.JAGRATHA 21- NATIONAL WEBINAR SERIES



A Joint Initiative of

ARCHANA WOMEN'S CENTRE,ETTUMANOOR
&
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA

വിഷയം :

"സ്ത്രീ സുരക്ഷ മാറുന്ന
സമൂഹത്തിൽ "

ക്ലാസ് നയിക്കുന്നത്



Sr. Adv. Jyothis P. Thomas
Member Child Welfare Committee, Kottayam


DAY:21

ON 14/08/2021
TIME:03.00 PM-04.00PM.

for more details contact:
8281245484

NATIONAL WEBINAR SERIES held on 14/08/2021 on Safety of Women in Transitional Society




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

25. JAGRATHA 22- NATIONAL WEBINAR SERIES.

NATIONAL WEBINAR SERIES JAGRATHA-2021

A Joint Initiative of
ARCHANA WOMEN'S CENTRE,ETTUMANOOR
&
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA

വിഷയം : "സ്ത്രീ അമ്മ ,ഭാര്യ
സഹോദരി. മകൾ എന്നിട്ടും
സ്ത്രീത്വം കരയുന്നു
എന്താണ് കാരണം?"

ക്ലാസ് നയിക്കുന്നത്



Sri.Nocer Mathew (Ashoka Fellow)
Chairman,
Nocer Hai Rainbow
Consumers Council

DAY:22

ON 28/08/2021
TIME:03.00 PM-04.00PM



for more details contact:
8281245484

NATIONAL WEBINAR SERIES held on 28thAugust, 2021 on the theme 'Woman-Mother,
Wife, Sister, Daughter-Yet She Cries, Why'?



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

26.JAGRATHA 23- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiative of
ARCHANA WOMEN'S CENTRE,ETTUMANGOR
&
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA

TOPIC:

**"Awareness to the Parents
about the Mobile
Technologies"**

Guest Speaker



Shamnas KS

Smartphone Repairing Trainer Govt.
Polytechnic College-Nattokom



3PM - 4PM

04/09/2021



DAY:23

For more details contact:
8281245484

NATIONAL WEBINAR SERIES held on 04/09/2021 on the theme Awareness to the parents
about the Mobile Technologies



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

27.JAGRATHA 24- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

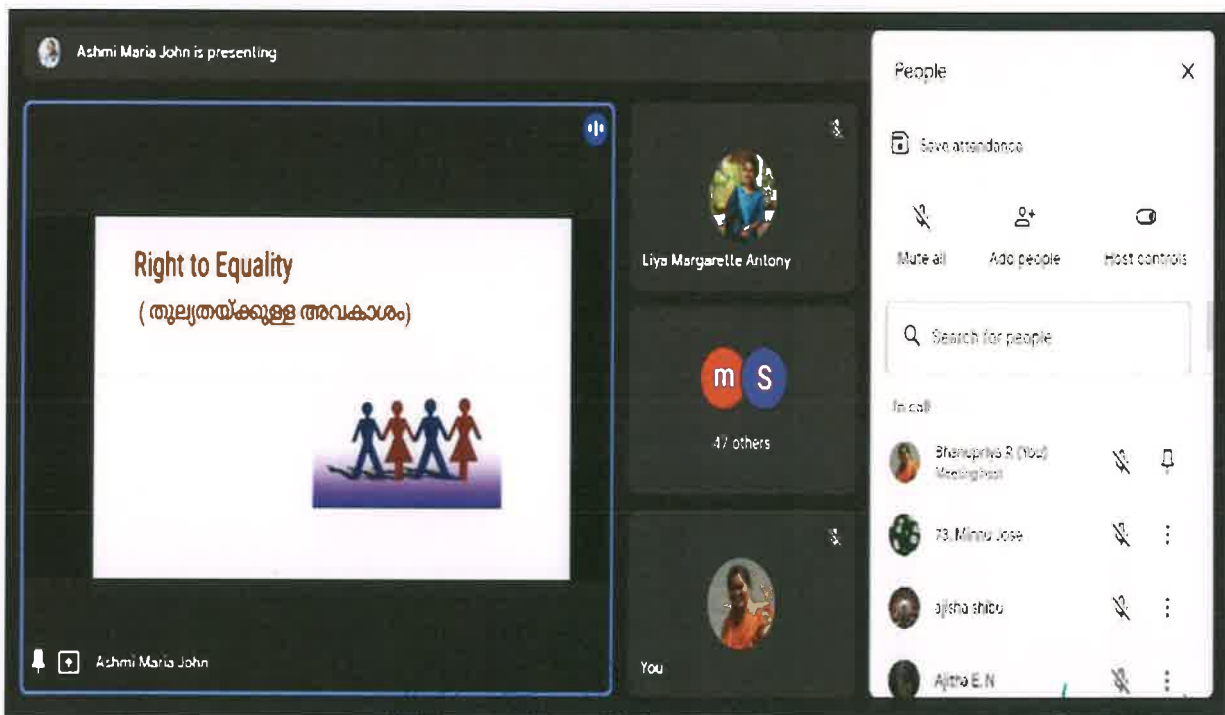
A Joint Initiative of
ARCHANA WOMEN'S CENTRE,ETTUMANOOR
&
ST.THOMAS COLLEGE OF TEACHER EDUCATION ,PALA

DAY -24 **TOPIC**
Child Rights and Its relevance
&
Relevance of human rights in current scenario



Densy John **Ashmi Maria John** more details contact:
8281245484

DATE: 11-09-2021
TIME : 3.00PM - 4.00PM



Ashmi Maria John is presenting

Right to Equality
(തൃപ്യാതയ്ക്കുള്ള അവകാശം)

Liya Margarett Antony

47 others

You

People

Save attendance

Mute all Add people Host controls

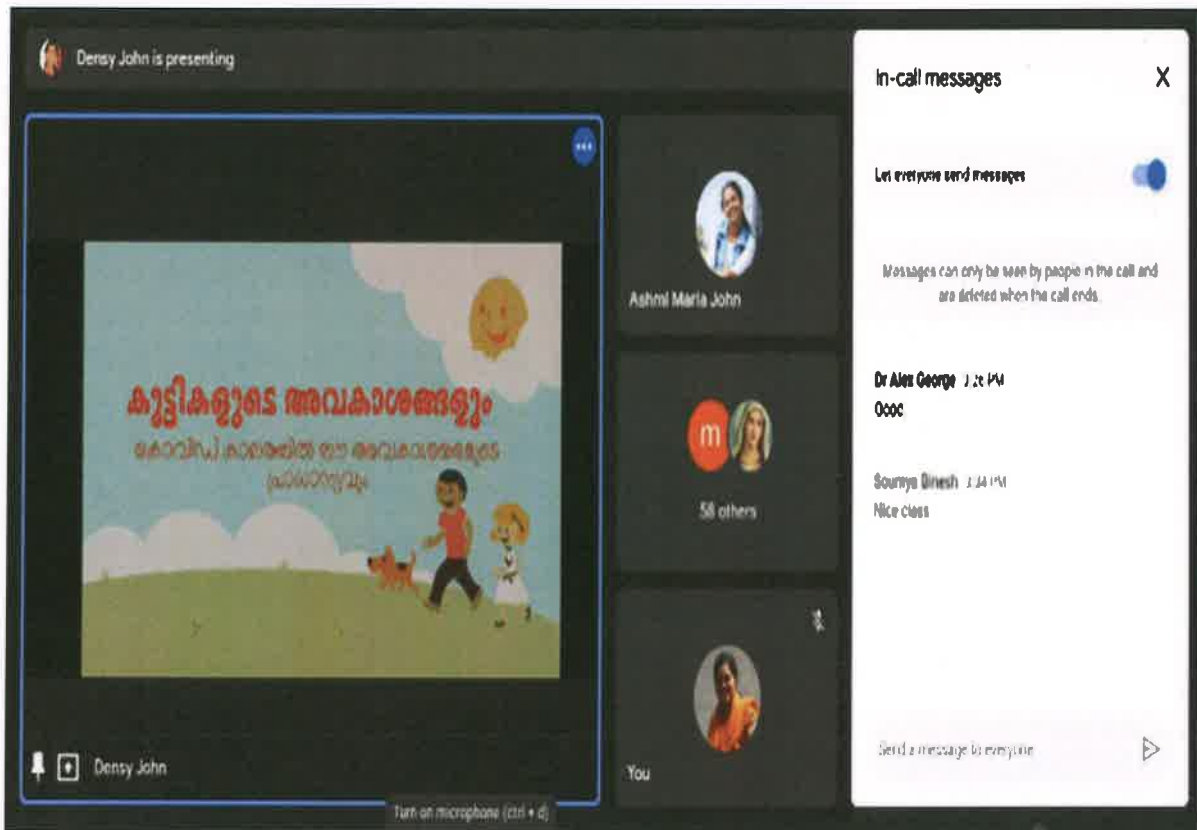
Search for people

In call

- Bhanupriya R (You) Meeting host
- 73. Minnu Jose
- ajisha shibu
- Ajitha E. N



Prof. Dr. BEENA MA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION



NATIONAL WEBINAR SERIES held on 11/09/2021

Themes of the Webinar are: 1) Child Rights and its Relevance

2) Relevance of Human Rights in the current Scenario



Beena
 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

28.JAGRATHA 25- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA - 2021



A joint initiatives of
Archana Women's Centre, Ettumanoor
&
St. Thomas College Of Teacher Education, Pala



Day-25
Date- September 18
Time- 3.00PM - 4.00PM

സ്ത്രീകളുടെ സാമ്പത്തിക
ശാക്തീകരണത്തിന്റെ ആവശ്യകത



Jose Thayyil


അധികൃത ചൈതന്യവാൻ.
കുടിവെള്ള സർവീസ് മെന്റോറൈസിംഗ്



More Details Contact
+91 8281245484



NATIONAL WEBINAR SERIES held on 18thSeptember, 2021 about the Importance of Women Economic Empowerment


Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA


29.JAGRATHA 26- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiative of
Archana Women's Centre, Ettumanoor
&
St.Thomas College of Teacher Education, Pala

DAY-26
September-25,2021
Time:3.00 PM -4.00 PM

സ്ത്രീയും മാനസികാരോഗ്യവും
(WOMEN & MENTAL HEALTH)



Sr. Dr. Terciline F.C.C
Director and Psychologist.
Bishop Charles Lavigne Psychiatric Rehabilitation
Center, Arumanoor

Conveners:
1. Dr.Y.C.Thankachan, Principal, STCTE, Pala.
2. Miss Threslamma Mathew (Founder & Director, AWC)

Coordinators:
1. Dr.Alex George (Teacher in-charge Community Extension Programmes,STCTE, Pala)
2. Sri.Paulson K B (Project Manager, AWC)
3. Ms. Shanupriya R (B.Ed.Student,2020-22 Batch)
4. Sruthymol V.S (Office Secretary cum Computer Analyst,AWC)

For More Details Contact
+91-8281245484



NATIONAL WEBINAR SERIES held on 25/09/2021 about Women Mental Health



Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

30. JAGRATHA 27- NATIONAL WEBINAR SERIES

National Webinar Series
JAGRATHA -2021

A Joint Initiative Of
Archana Women's Centre, Ettumanoor
&
St. Thomas College Of Teacher Education, Pala

സ്മൃതികളിലെ സന്ദേശ സാധ്യതകൾ

Day 27
9th October 2021
Time - 3.00 PM - 4.00PM

Skill & Motivational Trainer
Suresh. S




National General Secretary
Kisan Service Society
State Coordinator
National Skill India Mission



For More Contact +91 8281245484

NATIONAL WEBINAR SERIES held on 09/10/2021 about Entrepreneurial Possibilities of Women




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA


31.JAGRATHA 28- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021


A Joint Initiatives of
Archana Women's Centre, Ettumanoor
&
St.Thomas College of Teacher Education, Pala

DAY-28
OCT-16,2021
Time:3.00 PM -4.00 PM

തുടങ്ങാം : പുതിയ സംരംഭങ്ങൾ
(Let's get started: New ventures)



Mr.AnanthuKrishnan
Consultant, Trainer




For More Details Contact
+91-8281245484

Conveners:
1.Dr.T.C.Thankachan (Principai, STCTE, Pala)
2. Miss Thresiamma Mathew (Founder & Director, AWC)

Coordinators:
1.Dr.Alex George (Teacher in-charge Community Extension Programmes,STCTE, Pala)
2.Sri.Paulson K P (Project Manager, AWC)
3. Ms. Bhanupriya K (B.Ed.Student,2020-22 Batch)
4.Mrs.Srutbymal V.S (Office Secretary cum Computer Analyst,AWC)

NATIONAL WEBINAR SERIES held on 16/10/2021 about “Let’s get started New Ventures”




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA


32.JAGRATHA 29- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiatives of
Archana Women's Centre, Ettumanoor
 &
St.Thomas College of Teacher Education, Pala

DAY-29
 OCT-30,2021
 Time:3.00 PM -4.00 PM

**ഗാർഹിക പീഡനം - നിയമങ്ങളും,
 പ്രതിവിധികളും**
 (Domestic Violence - Laws and Remedies)

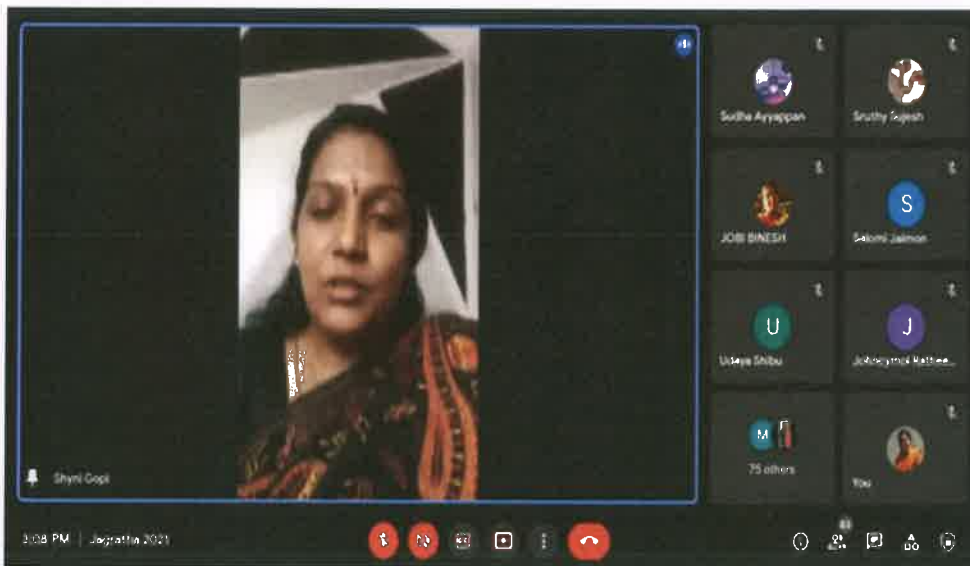


Adv.Shiny Gopi
 Advocate, District Courts, Kottayam

For More Details Contact
+91-8281245484

Conveners:
 1. Dr.T.C.Thankachan (Principal, STCTE, Pala)
 2. Miss Thresiamma Mathew (Founder & Director, AWC)

Coordinators:
 1. Dr.Alex George (Teacher In-charge Community Extension Programmes,STCTE, Pala)
 2. Sri.Padman K P (Project Manager, AWC)
 3. Ms. Bhavanipriya B. (B.Ed.Student,2020-22 Batch)
 4. Mrs.Sruthymal V.S (Office Secretary cum Computer Analyst,AWC)



NATIONAL WEBINAR SERIES held on 31stOctober, 2021 about Domestic Violence: Laws & Remedies



Beena
 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

33.JAGRATHA 30- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiatives of
Archana Women's Centre, Utthamanoor
&
St. Thomas College of Teacher Education, Pala

**സാമൂഹിക പുരോഗതിയിൽ
സ്ത്രീകളുടെ പങ്ക്**
(The role of women in social progress)



NOV • 06 • 2021
DATE

3.004.00PM
TIME




Sri. CIVILSON SEBASTIAN
MSW, M. Phil

+91-8231245434

Conveners:
1. Dr. T.C.Thankachan (Principal, STCTE, Pala)
2. Miss Thresiamma Mathew (Founder & Director, AWC)
Coordinators:
1. Dr. Alex George (Teacher Exchange Community Extension Programmes, STCTE, Pala)
2. Sri. Paulson K P (Project Manager, AWC)
3. Pts. Bhanojya P (B.Ed. student, 2020-22 Batch)
4. Mrs. Gracyamol V S (Office Secretary cum Computer Analyst, AWC)

NATIONAL WEBINAR SERIES held on 06/11/2021 about Role of Women in Social Progress




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

34.JAGRATHA 31- NATIONAL WEBINAR SERIES


NATIONAL WEBINAR SERIES
JAGRATHA-2021
A Joint Initiatives of
Archana Women's Centre, Ettumanoor
&
St. Thomas College of Teacher Education, Pala

SMART PARENTS FOR ADOLESCENTS


Anjaly Elizabeth Xavier
M.A Economics

NOV · 13 · 2021
DATE

3.00-4.00PM
TIME


Day 31 

+91-8281245484

Coverment:
1. Dr. T. C. Thankachan (Principal, STCE, Pala)
2. Miss Thresiamma Mathew (Founder & Director, AWC)
Coordinators:
1. Dr. Alex George (Teacher In-charge, Community Extension Programmes, STCE, Pala)
2. Sri. Paulson K.F. (Project Manager- AWC)
3. Ms. Bhanupriya B (B.Ed Student, 2020-22 Batch)
4. Mrs. Seethymol V.S. (Office Secretary cum Computer Analyst, AWC)

NATIONAL WEBINAR SERIES held on 13/11/2021





Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

36.JAGRATHA 33- NATIONAL WEBINAR SERIES


NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiative of
Archana Women's Centre, Ettumanoor
&
St.Thomas College of Teacher Education, Pala

TOPIC
Suicidal tendencies among adolescents
കൗമാരക്കാരിലെ ആത്മഹത്യ പ്രവണത


Lakshmi S
M. Sc chemistry

DATE : Nov -27 -2021
DAY -33 TIME : 3 pm - 4 pm



For More Details Contact
+91-8281245484

Conveners:
1. Dr. T.C. Thankachen (Principal, STCTE, Pala)
2. Miss Thresiamma Mathew (Founder & Director, AWC)

Coordinators:
1. Dr. Alex George (Teacher in-charge Community Extension Programmes, STCTE, Pala)
2. Sri Paulson K P (Project Manager, AWC)
3. Ms. Bhanupriya R (B.Ed. Student, 2020-22 Batch)
4. Mrs. Sruthymol V.S (Office Secretary cum Computer Analyst, AWC)

NATIONAL WEBINAR SERIES held on 27/11/2021





Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

37.JAGRATHA 34- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021

A Joint Initiative of
Archana Women's Centre, Ettumanoor
&
St.Thomas College of Teacher Education, Pala

TOPIC:
ADOLESCENCE : A PERIOD OF
TEMPORARY INSANITY!
(കൗമാരത്തിന്റെ മാറുന്ന മുഖപിത്രം)


Harikrishnan V
MA English Literature

DEC- 11- 2021 3:00-4.00PM
DATE TIME

DAY:34

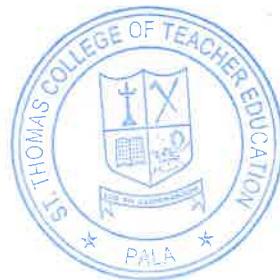



For More Details Contact
+91-8281245484

Conveners:
1. Dr. T.C.Thankachan (Principal, STCTE, Pala)
2. Miss Thresamma Mathew (Founder & Director, AWC)

Coordinators:
1. Dr. Alex George (Teacher in-charge Community Extension Program, STCTE, Pala)
2. Sri. Paulson K P (Project Manager, AWC)
3. Ms. Bhanupriya R (B.Ed Student, 2020-22 Batch)
4. Mrs. Sruthymol V.S (Office Secretary cum Computer Analyst, AWC)

NATIONAL WEBINAR SERIES held on 11/12/2021





Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

38.JAGRATHA 35- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA-2021


A Joint Initiative of
Archana Women's Centre, Ettumanoor
&
St.Thomas College of Teacher Education, Pala

TOPIC:
CYBERCRIMES IN CHILDREN
(സൈബർ കുറ്റകൃത്യങ്ങൾ കുട്ടികളിൽ)


Adv. Sra Reji Augustin
M.M.S

DEC • 18 • 2021 3.00-4.00PM
DATE TIME

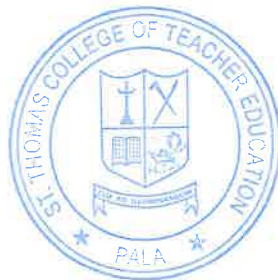
DAY:35



For More Details Contact
+91-8281245484

Convenors:
1. Dr. T.C.Thankachen (Principal, SCTE, Pala)
2. Miss Theresiamma Mathew (Founder & Director, AWCC)

Coordinators:
1. Dr. Alex George (Teacher in-charge Community Outreach Programmes, SCTE, Pala)
2. Sri Paulson K K (Project Manager, AWCC)
3. Ms. Shampriya K (B.Ed Students, 2020-22 Batch)
4. Mrs. Irathiyal V.S (Office Secretary cum Computer Analyst, AWCC)

NATIONAL WEBINAR SERIES held on 18/12/2021




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

39.JAGRATHA 36- NATIONAL WEBINAR SERIES



NATIONAL WEBINAR SERIES **JAGRATHA-2021**

A Joint Initiative of

**Archana Women's Centre, Ettumanoor
&
St. Thomas College of Teacher Education, Pala**

BLOOD DONATION AWARENESS CLASS

JAN- 22- 2022

3.00-4.00PM

DAY:36



For More Details Contact

+91-8281245484

Shibu Thekkemattam

**General Convenor, Pala Blood Forum
State Award winner for Voluntary blood
donation**

Conveners:

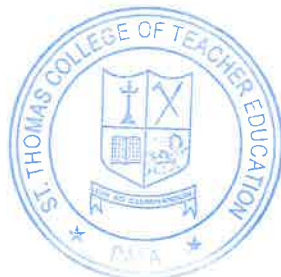
- 1. Dr. T.C. Thankachan (Principal, STCTE, Pala)**
- 2. Miss Thresiamma Mathew (Founder & Director, AWC)**


Coordinators:

- 1. Dr. Ane George (Teacher In-charge Community Extension Programmes, STCTE, Pala)**
- 2. Sri Poukhan K P (Project Manager, AWC)**
- 3. Ms. Bhanupriya R (B.Ed Student, 2020-22 Batch)**
- 4. Mrs. Sridhyamal V.S (Office Secretary cum Computer Analyst, AWC)**



NATIONAL WEBINAR SERIES held on 22/01/2022




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

40.JAGRATHA 37- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES **JAGRATHA - 2021**

A Joint Initiative of

Archana Women's Centre, Ettumanoor
&
St. Thomas College of Teacher Education, Pala

ZUMBA *Fitness session*



DAY 37

05 FEB 22

3 PM - 4 PM

By

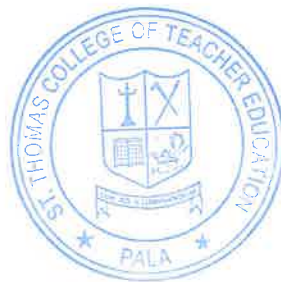
Dr. Shiny Antony Rauf
Dentist & Fitness Instructor




For more details contact
+91 8281245484

Coverters:
1. Dr. T.C. Thankachen (Principal, STCTE, Pala)
2. Miss Thresamma Mathew (Founder & Director, AWC)
Coordinators:
1. Dr. Alex George (Teacher in-charge Community Extension Programmes, STCTE, Pala)
2. Mr. Paulhan K P (Project Manager, AWC)
3. Ms. Bhanupriya B (B.Ed. Student, 2020-22 Batch)
4. Mrs. Sruthymol V S (Office Secretary cum Computer Analyst, AWC)

NATIONAL WEBINAR SERIES held on 05/02/2022




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

41.JAGRATHA 38- NATIONAL WEBINAR SERIES

NATIONAL WEBINAR SERIES
JAGRATHA - 2021

A Joint Initiative of
Archana Women's Centre, Ettumanoor
 &
St. Thomas College of Teacher Education, Pala

വിഷയം
സ്ത്രീനിതി
കുടുംബത്തിന്റെയും
സമൂഹത്തിന്റെയും
നന്മയ്ക്ക്



Prof. Leena Jose T.
Paradigm Shift Facilitator;
Editor, Viewpaper.in

DAY 38
19 MARCH 22
3 PM - 4 PM


 **Google Meet** For more details contact
 +91 8281245484

Coordinators:
 1. Dr. T.C. Thambakhan (Principal, STCTE, Pala)
 2. Miss Threslanma Mathew (Founder & Director, AWC)
 Coordinators:
 1. Dr. Alex George (Teacher in-Charge Community Extension Programmes, STCTE, Pala)
 2. Sri. Paulose K P (Project Manager, AWC)
 3. Ms. Bhuvanagrya B (B.Ed. Student, 2020-22 Batch)
 4. Mrs. Sruthymal V S (Office Secretary cum Computer Analyst, AWC)



NATIONAL WEBINAR SERIES held on 19/03/2022 about Women Justice: For the good of Family & Society.




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42.JAGRATHA 39- NATIONAL WEBINAR SERIES

National Webinar Series
JAGRATHA - 2021

A Joint Initiatives of
Archana Women's Centre, Ettumanoor
 &
St. Thomas College of Teacher Education, Pala



അവബോധം
ആന്തരിക
സ്വാതന്ത്ര്യത്തിലേക്ക്

Prof. Leena Jose T
 Paradigm Shift Facilitator;
 Editor, Viewpaper.in

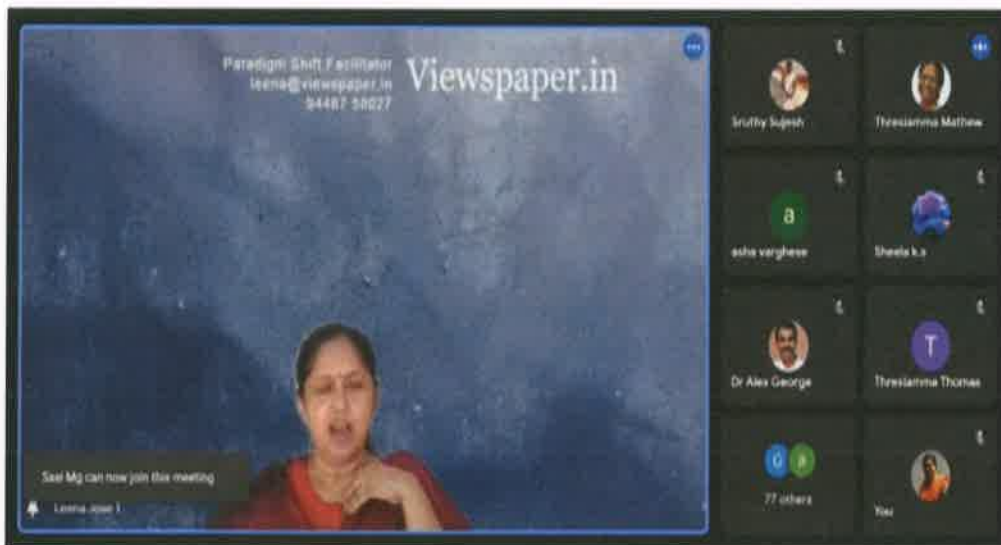
Day: 39

26 March 2022

3 PM - 4 PM


 **Google Meet** For more details contact
+91 8281245484

Coordinators
 1. Dr. Y C Thankachan (Principal, STCTE, Pala)
 2. Sister Theodosamma Mathew (Founder & Director, AWCC)
 Co-ordinators
 1. Dr. Alex George (Teacher in charge, Community Extension Programmes, STCTE)
 2. Sri Paulose B P (Program Manager, AWCC)
 3. Mrs. Shanmugapriya B (B.Ed Student, 2019-22 B.Ed Pu)
 4. Mrs. Anushritha V (ICITPee Secretary cum Computer Analyst, AWCC)



NATIONAL WEBINAR SERIES held on 26/03/2022 on Self Consciousness to Inner





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43. Miss a Meal Programme- Mariasadanam


Date	Activity	Amount Collected	No. of Meals Collected and Given
23/6/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	560	18
30/6/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	730	17
7/7/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	575	20
14/7/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	640	27
21/7/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	200	44
28/7/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	825	26
6/10/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	730	28
13/10/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	300	41
20/10/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	430	29
27/10/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	250	45
3/11/2021	Students visited Mariyasadanam and gave lunch packets to the inmates	1000	21
16/3/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	1600	36
30/3/2022	Students visited Mariyasadanam and gave lunch packets to the inmates	950	25
		8790	377




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44. Rehabilitation activities at Koottickal




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PRINCIPAL
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TEACHER EDUCATION
PALA



Pala, Kerala, India
St. Thomas, Pala, Kerala 686575, India
Lat 9.709022°
Long 76.678268°
04/11/21 01:42 PM



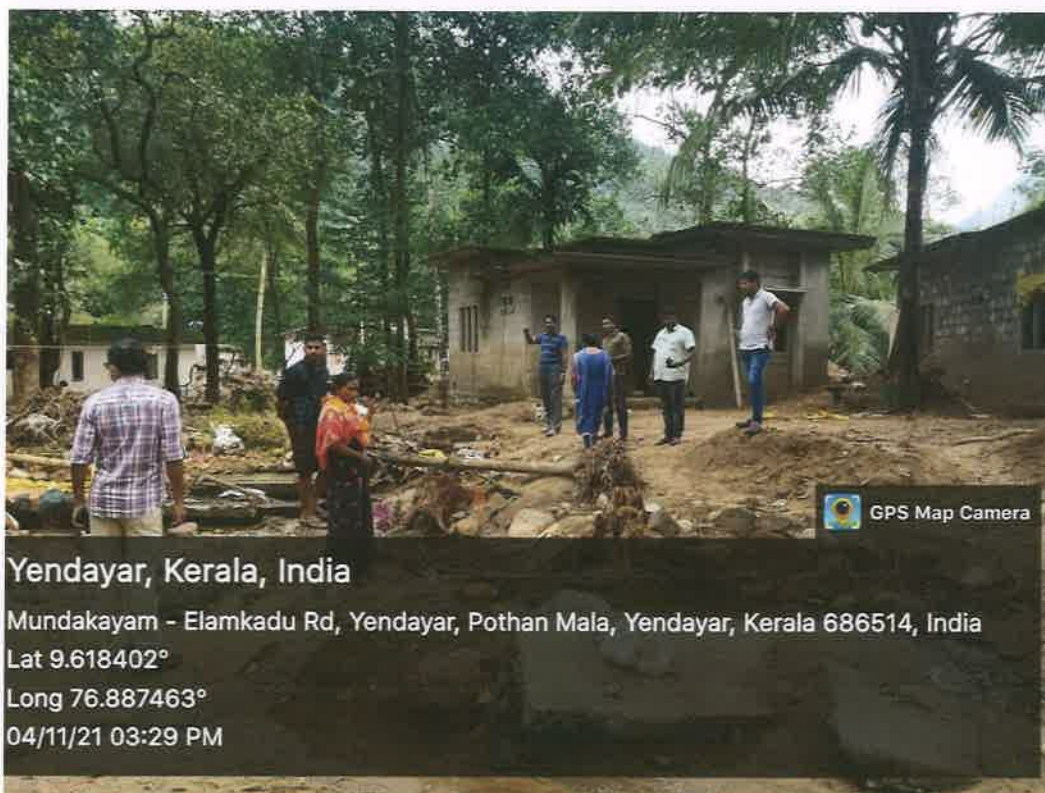
Pala, Kerala, India
St. Thomas, Pala, Kerala 686575, India
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Long 76.678268°
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Beena
Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA 105

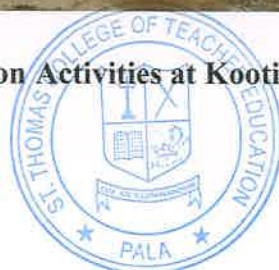



Pala, Kerala, India
St. Thomas, Pala, Kerala 686575, India
Lat 9.709022°
Long 76.678268°
04/11/21 11:26 AM



Yendayar, Kerala, India
Mundakayam - Elamkadu Rd, Yendayar, Pothan Mala, Yendayar, Kerala 686514, India
Lat 9.618402°
Long 76.887463°
04/11/21 03:29 PM

Rehabilitation Activities at Kootickal on 04/11/2021




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45.SET NET COACHING

 **ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**
(Re-accredited with A Grade by NAAC)

Alumni Association
Organizes
Online Coaching Class
NET/SET/K-TET
>>>

Duration
7th August to 17th September
7:30 p.m. to 9:00 p.m.

For M.Ed, B.Ed, D.El.Ed
Students

Click here to
Register before
AUGUST 6, 2021

Registration
Fees
Rs. 200

9447599631

- SYLLABUS ORIENTED SESSION
- DAILY PRACTICE TEST
- WEEKEND MODEL TEST
- DOUBT CLEARANCE SESSION

The amount will be refunded to those who score more than 80% in all the tests

9447599631
9400913647

Hearty Welcome to All...


Dr. T. C. Thankachan
Principal

P. Krishnakumar
President, Alumni Association

Dr. Alex George
Mr. Joffy J Njavalil
Co-ordinators

SET NET coaching for student teachers from 07/08/2021 to 17/09/2021




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46.All Kerala Malayalam Elocution Competition



ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

സെന്റ് തോമസ് കോളേജ് ഓഫ് ടീച്ചർ എഡ്യൂക്കേഷൻ പാലാ,
അലുംനി അസോസിയേഷന്റെയും ഓററ്റ്നി ക്ലബിന്റെയും
ആഭിമുഖ്യത്തിൽ ഹൈസ്കൂൾ വിദ്യാർത്ഥികൾക്കായി നടത്തപ്പെട്ട



അഖില കേരള മലയാള പ്രസംഗ മത്സരവിജയികൾ



2nd

SOJA K S
Class 9
SRV NSS VHS School
Thekkethukavala, Chirakkadavu



1st

AILEEN MARIA VIJI
Class 9
St Joseph's English Medium School
Keezhoor, Kottayam



3rd

JEFFIN JOJO
Class 9
St.Jeromes HSS Vellayamkudy,
Kattappana



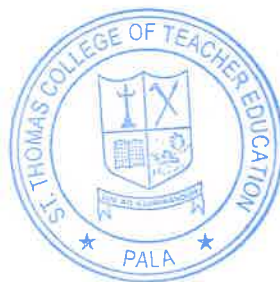
Special Thanks for our judging panel



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PALA

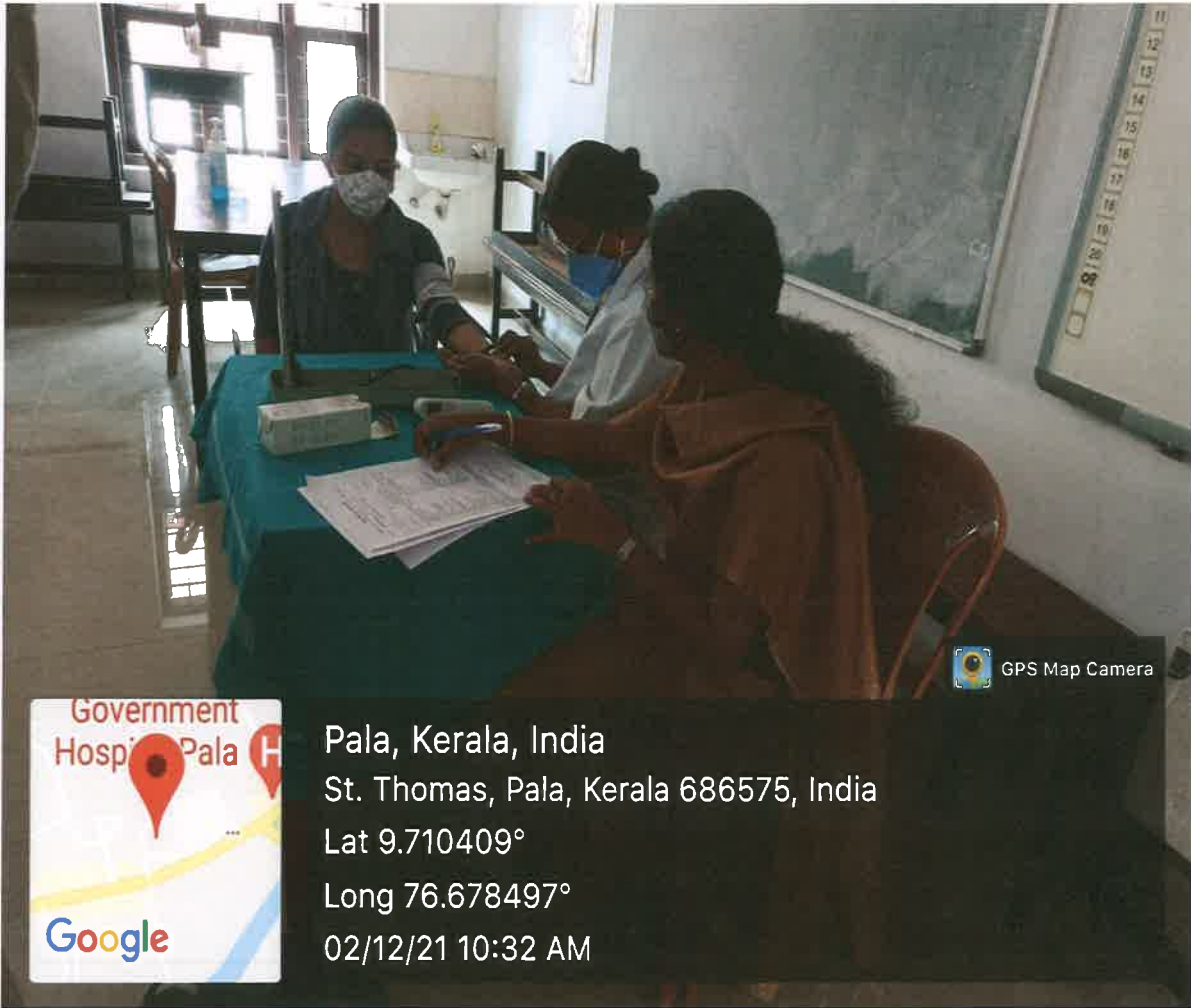


Ms.Aileen Maria Viji (St. Joseph English medium School, Keezhoor), won the first prize Rs.1501, Certificate & Ever Rolling Trophy on All Kerala Malayalam Elocution competition was conducted in collaboration with the Oratory Club, St. Thomas College of Teacher Education, Pala for H.S. Students of various secondary schools on 24/08/2021



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PALA

47. Blood Donation Camp



Pala, Kerala, India
St. Thomas, Pala, Kerala 686575, India
Lat 9.710409°
Long 76.678497°
02/12/21 10:32 AM



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Blood donation camp on 02/12/2021 conducted in collaboration with Marygiri Hospital Bharanganam



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