



**ST. THOMAS COLLEGE  
OF TEACHER EDUCATION, PALA  
ESTD. 1957**

## **2.6.2 MECHANISM OF INTERNAL EVALUATION IS TRANSPARENT AND ROBUST AND TIME BOUND**

### **D) 2.6.2 DOCUMENTARY EVIDENCE FOR REMEDIAL SUPPORT PROVIDED**

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ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA  
MENTORING RECORD

Objective: To promote the personal and professional well-being of beginning teachers



Name: Archana TS (2021-2023) Batch

Subject: Social Science

Age & Date of Birth: 24, 7/12/1998

Sex: Female

Permanent Home Address: Thonikuzhiyil (H)  
Punnathura East P. O Kottayam

Religion: Hindu

Caste: SC

e-mail: [archanats61@gmail.com](mailto:archanats61@gmail.com)

Mobile: 8590578557

### Educational History

Course	Institution	Subject	% of marks	Remarks
PG	ST THOMAS COLLEGE, PALA	HISTORY	B Grade SGPA (3.49)	
Degree	CMS COLLEGE KOTTAYAM	HISTORY	71%	
PDC/+2	ST MARY'S H. S. S MANARCAD	HUMANITIES	72%	
SSLC/CBSE/ICSE	ST THOMAS GIRLS HIGH SCHOOL, PUNNATHUR A		77%	
Any other				

### Family Details

Relation	Name	Age	Education	Occupation	Income
Father	Shaji TG	56	7 <sup>th</sup> standard	Cooli	4200
Mother	Rejani Shaji	53	Pre-Degree	Tailoring	
Brother	Abhijith TS	19	B. S. C 3 <sup>rd</sup> year	Student	



  
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Academic Performance

Good

Participation in Co-curricular activities :Dancing;2nd in Bharatanatyam and Kuchippudi

Special Information if any:No

Motivation: reasons that emanating from individuals' intrinsic values to choose to teach and sustaining teaching

Strength: I have passion for teaching,  
 i have goo voice modulation,  
 Iam able to understand a learners effectively  
 I can motivte leaners

Weakness:

Impatient  
 Handwriting is not legible

Opportunity:Supportive family and teachers

Opportunity for higher studies  
 Studing in a college with A+ accreditation

Threat: Heavily Workload

Rapid technoogical changes  
 Lot of competition in the field  
 Lack of job opportunities

Interest :Dancing and teaching

Goal: An inspiring and digilant teacher who encourages students to embrace self confidence, creativity and Social Justice in all the endeavours

Support:

Date: 10/12/2021

Archana is an average student. In academics, she can do well if only she puts effort. ~~to~~ I advised her to read more and ~~her~~ <sup>her</sup> handwriting is not at all legible. She is ~~up~~ <sup>up</sup> of it. Interest ~~is~~ in dancing. Financial





Strain was also there. Received scholarship also. Confident in taking class. But she needs more systematic and logical structuring of ~~her~~ while she takes class. Asked her to prepare well and practice link revision.

~~During~~ After link, asked her to improve B-B writing and improve her language. She has to be more thorough with the content.

~~Since~~ Date 16/02/2022

During the II Sem, discussions lesson plans were written and she gave ideas to complete the teaching manual. ~~Her submission~~ Corrections were given. At times, she was down with health issues and had allergy to chalk dust. Took leave due to allergic issues. Completed her records and she was allotted to St Josephs School Matholy for induction. School atmosphere was good. Had adequate voice, and learning aids



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Date

9/8/2022

During the internship period, she helped her students to participate in drama and dance competitions. She gave guidance to her students and her mentor teacher also helped her. Regarding her class, I again asked her to prepare the topic in a logical sequence.

Records were not neat and ~~was~~ was incomplete.

Asked her to give attention ~~to~~ and spend more time to complete her records. Always advised her to make use of her time to ~~secure~~ TET exams.

3/03/2023

By this IV Sem she has become ~~more~~ <sup>more</sup> confident. Active participant in cocurricular activities.



Sem I and Sem 2 she got only B

By Sem III she got A grade

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6/3/2023

## PERSONAL DETAILS



Name : SANCITU JOSE  
 Subject : Social Scienc.  
 Age & Date of Birth : 23, 10/03/1998  
 Sex : Male.  
 Religion & Caste : Christian, RCSC.  
 Marital Status : Single.  
 Permanent Address with Phone Number : Pullattu (H), Teekey P.O, Teekey. 686580, 759306 2612.  
 Temporary Address with Phone Number : Pullattu (H), Teekey P.O, Teekey 7593 062612.  
 Father's Name & Occupation : JOSE PC, Agriculture.  
 Mother's Name & Occupation : MOLLY JOSE, House wife.  
 Whether day Scholar / hostel resident : Day scholar.  
 If hostel resident Name, Address and Phone Number of local guardian : —  
 Details of Siblings  
     Brothers : Two Brothers.  
     Sisters : —

### Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.	Economia.	2018-20	St. Thomas, Pala/ M.G. University.			
Degree	Economia.	2015-19	St. Thomas College, Pala.	2015	65%	
PDC / +2	Scienc.	2013-15	St. Mary's H.S.S Teekey.	889	75%	
SSLC		2013	St. Mary's, H.S.S. Teekey		70%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level :

Extra Curricular activities and hobbies

: Reading & Playing Football.

Details of previous employment if any

: No.

Any other information

: No.



  
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**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**  
**MENTORING RECORD**

**Objective:** To promote the personal and professional well-being of beginning teachers **PHOTO**



Name: Sanchu Jose

Subject: Social Science

Age & Date of Birth: 25 & 10/03/1998

Sex: Male

Permanent Home Address: Pullattu (H)

Religion: Christian

Teekoy P.O

Caste: RCSC

Teekoy

e-mail: sanchujose98@gmail.com

Mobile: 7593062612

**Educational History**

Course	Institution	Subject	% of marks	Remarks
PG	St.Thomas College Pala	Economics	65	
Degree	St.Thomas College Pala	Economics	66	
PDC/+2	St.Mary's HSS Teekoy	Science	75	
SSLC/CBSE/ICSE	St.Mary's HSS Teekoy		82	
Any other				

**Family Details**

Relation	Name	Age	Education	Occupation	Income
Father	Jose P C	58	Degree	Agriculture	
Mother	Molly Jose	53	Degree	Home Maker	
Brother	Jofin Jose	28	PG	Student	
Brother	Sandeep Jose	26	Degree	Student	

**Academic Performance:**



Participation in Co-curricular activities: Participated in sports items

Strength: Strong communication skills, flexibility and adaptability.

Weakness: Over thinking, over perfectionism

Opportunity: School teacher, Educational counselor

Threat: Lack of job vacancies in the education sector

Interest: Reading, Driving

Goal: To become teacher

25/10/21 He is from Teekay. Well financial status. Good family. simple. obedient. self study organic learning. work hard but ~~weak~~ to improve in Language Communication skill. ~~impro~~ give suggestions to improve Language, communication skills, study and works

7/11/22 He is trying to get the level best. improve leadership skills too. suggest to improve study - organic learning. After the internship he became a good communication, works, language, self study etc. He is trying a lot to achieve the self study, communication, language etc.





## PERSONAL DETAILS



Name : *Minu Maria Thomas*  
 Subject : *English Education*  
 Age & Date of Birth : *22. 11-02-1999*  
 Sex : *Female*  
 Religion & Caste : *Christian RSC*  
 Marital Status : *Single*  
 Permanent Address with Phone Number : *Chirayil (H) Venkuzhiji PO  
 Olakkulam Pathanamthitta  
 9446353233*  
 Temporary Address with Phone Number : *Koipuzha (H) Pazhayarackal PO  
 Cherappadi*  
 Father's Name & Occupation : *Thomas Emmanuel Agriculture*  
 Mother's Name & Occupation : *Beena Thomas House wife*  
 Whether day Scholar / hostel resident : *hostel resident.*  
 If hostel resident Name, Address and Phone Number of local guardian : *Minu Maria Thomas  
 Chirayil (H) Venkuzhiji PO  
 Olakkulam 9446353233  
 Thomas Emmanuel*  
 Details of Siblings  
 Brothers : *Manu Manuel Thomas  
 Hotel management*  
 Sisters : *Anu Thomas  
 married.*

### Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.						
Degree	<i>English</i>	<i>2018 2021</i>	<i>Alphonsa College Putha Mahatma Center</i>	<i>1560 3100</i>	<i>50.38%</i>	
PDC I+2	<i>Commerce maths</i>	<i>2016 2018</i>	<i>SNDP HSS Venkuzhiji</i>	<i>781 1200</i>	<i>65%</i>	
SSLC		<i>2016</i>	<i>St. Thomas HSS Kumaly</i>			
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level : -

Extra Curricular activities and hobbies : *Drawing*

Details of previous employment if any : *Nil*

Any other information : *Nil*



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her to maintain discipline in the class.

Lavina Dominic

10/9/22 Her internship went quite well — she has to work on her language skills — I encouraged her to use videos — the chalk board — Her physical limitations have to be considered. She improved a lot by the end of the internship — she was confident and fluent in English.

Lavina Dominic

14/3/23 Minu actively participated in the class tour and educational camp, inspite of her physical disabilities. I advised her to have an aim in life and to work for it. Her parents and siblings have great expectations of her. I asked Minu to not worry too much about her physical deformities — have faith in God —

Lavina Dominic



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2/12/2021 Minu Maria Thomas is a differently abled child. She is the youngest of the siblings. She is a graduate in English. Minu seems to be sensitive - probably because of her physical disabilities. She is also very home sick. I tried to be in close touch with her - always enquiring about her studies, family -  
Lavina Dominic

12/11/2022 Minu's microteaching lesson plans required several corrections - At first she was very tensed - she has language problems - not fluent - not much command of language I asked her to work on it - talk in English to her classmates - be free - don't worry too much about her physical appearance - I told her she has the potential - her too much worries about appearance fails to bring it out  
Lavina Dominic

14/12/22 Minu managed to take a class with school students - she has improved a lot - she has a friend at hostel, who seems to help her - she tries hard to keep her work updated and completed  
Lavina Dominic

11/7/22 As walking was a problem, Minu was given more once, it was a girls' school. It would help  
Minu's H.P.S. Pala for internship -  
Lavina Dominic





**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**  
**MENTORING RECORD**

**Objective:** To promote the personal and professional well-being of beginning teachers

Name: Angel Joseph

Subject: Natural science

Age & Date of Birth: 27, 27/09/1995

Sex: Female

Permanent Home Address:

Adoration provincial House Christ Hall ,Pala p.o Kottayam 686575

Religion: Christian

Caste: Roman catholic

e-mail: angeleravuchira95@gmail.com

Mobile: 9778502045



**Educational History**

Course	Institution	Subject	% of marks	Remarks
Degree	Alphonsa college pala	Botany	CCPA 7.20	
PDC/+2	G.H.S.S Kuttiyadi	Biology scienc	83	
SSLC/CBSE/ICSE	N.H.S.S Vattoli		7A+2AB+	
Any other				

**Family Details**

Relation	Name	Age	Education	Occupation	Income
Provincial superior	Mareena Njarakkatil	59	MA Hidi BEd		

**Academic Performance**

*Good Weak*

Participation in Co-curricular activities

Sports *Falls less of expected standard*

Arts *Arts participation is not up to desired level*

Special Information if any:

Intrested in co- curricular activities like dance, quizzes, drawing etc..



*Bene*  
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Motivation: Low Page 12  
evaluation for studies.

Strength: Self assured, supportive, helpful,  
experienced.

Weakness: Teaching skills restricted, Academic  
short coming.

Opportunity: Availability of information  
Technologic resources available.

Interest: Interested in teaching.

Goal: To become a good teacher

Support: Guidance and assistance of  
family and teachers.

Session 1 - 9-12-2021

I have observed that Sr. Angel Joseph's  
academic performance appears to be  
less strong which is based on the  
outcomes of class tests. I enquired about  
the specific factors that might be affecting  
her performance in the tests. In the course of  
our conversation, I probed for the information  
that would shed light on the issues  
she might ~~shed light on~~ be facing  
during these assessments. My aim was to  
support her in addressing these challenges



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and finding solutions to improve the performance.

Session II 23-6-22

After the criticism classes we had a meeting. Sr. Angel Joseph encountered with significant difficulties in grasping the subject matter. Her level of competency in the subject matter was notably lacking which impeded her progress. Her organization of classes have to be improved. The meeting aimed to discuss and rectify these issues.

Session III 5-11-22

Even during the internship she encountered challenges with different aspects of teaching. She had trouble with various teaching tasks like giving good introduction, teaching-learning activities, classroom management etc. I provided suggestions to help her to enhance her teaching. I offered advice for improving her teaching methods. I offered guidance.





Page 14  
recommendations to support her to improvement  
in teaching.

Session IV 6-3-2023

Sr. Angel had some academic struggles  
I found it on the basis of class tests  
conducted. During the meeting I discussed  
the reasons for her academic difficulties  
and provided guidance on how to  
improve. I encouraged her to implement  
specific strategies to enhance her performance.  
After the meeting she started to show  
significant improvement in her studies.  
The conversation we had helped her  
in making positive changes in her  
academic performance.



*Beas*  
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St. Thomas College of Teacher Education, Pala  
Student-Teacher Mentoring Summary

B.Ed. Batch: 2021-23

Roll No.: 30

Name of the Mentor	Dr. Alex George
Name of the Mentee	Elizabeth T.S
Optional Subject	Natural Science
Date of Birth	17-10-1993
Native Place	
Name of the father	Sunny T.A
Name of the mother	Pannamma
No. of Siblings	1

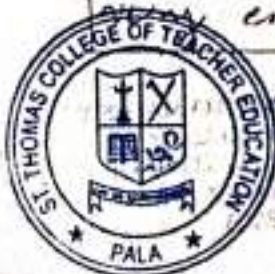
Permanent Address				Route Map to Home			
Mother Superior, F.C.C Alphonsa Province Sandomiano, Puliyannoor Kottayam 686573				Pala → Arunapuram.			
Edn.	S.S.L.C	+2	Degree	P.G.			
%	73	68	7.3				

### Mentoring Details

Date	Remarks
16/12/2021	Ambition: to become H.S. teacher. Develop reading habits (English) Weak subject - English
18/02/2022	Work load issues - stress. Give stress management tips for happiness
22/04/2022	Some health issues. Talk to improve the Contraceptive band

Suggestions/ comments of Mentor (If any)

As a Catholic nun, some time limitation for study.  
energetic, intellectual in nature.



*Beena*  
Prof. Dr. BEENAMMA MATHEW  
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Sr. Elizabeth T.S. is very caring and committed teacher. Occasionally over the teacher became. The social skills are very impressive because of her dedication, the ~~pro~~ social cohesion is immense.

General Observations

- very committed
- smart to work.
- Hard worker

Overall

She is a ~~average~~ student. Not cleared SET/K-7ET. I recommended to join M.Ed for examinations. She is ready to join for further, 2024-26 Batch M-Ed Student

*John*  
14/03/2024



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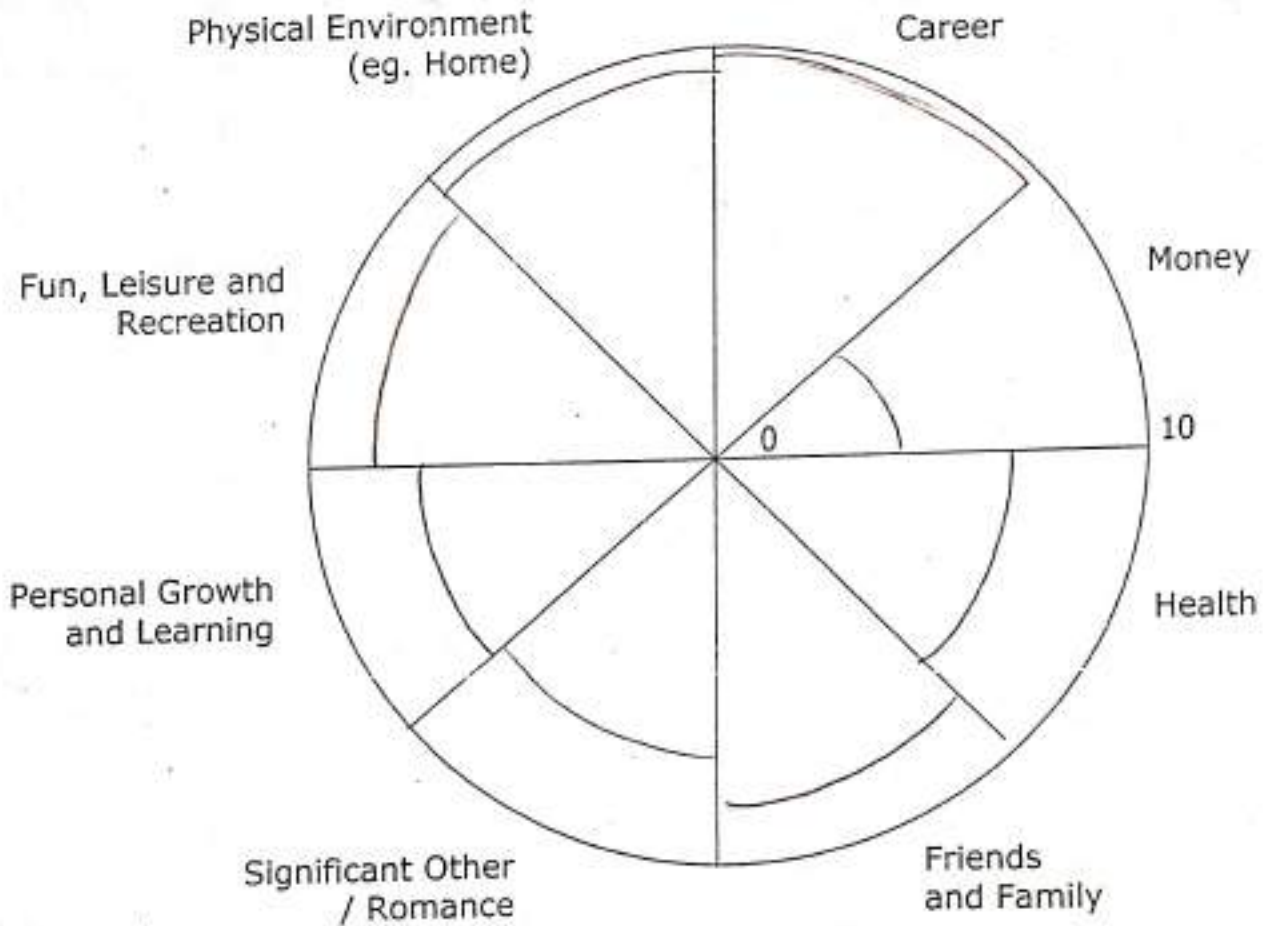


The Wheel of Life

YOUR COMPANY NAME/LOGO

NAME: Elizabeth P-S

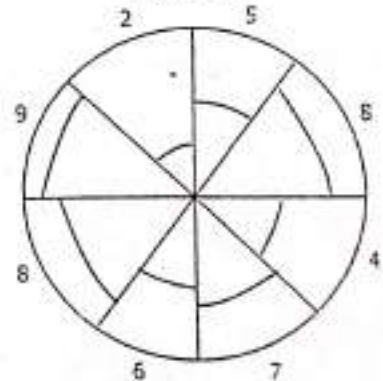
DATE: 15-3-2022



### WHEEL OF LIFE INSTRUCTIONS

- This 8 sections in the Wheel of Life represent balance.
- ☛ Please change, split or rename any category so that it's meaningful and represents a balanced life for you.
  - ☛ Next, taking the centre of the wheel as 0 and the outer edge as 10, rank your **level of satisfaction** with each area out of 10 by drawing a straight or curved line to create a new outer edge (see example)
  - ☛ The new perimeter of the circle represents **your** 'Wheel of Life'. Is it a bumpy ride?

### EXAMPLE



Email: [you@yourwebsite.com](mailto:you@yourwebsite.com)  
Phone: your phone number

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Prof. Dr. *Beena* MATHIEW  
PRINCIPAL  
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Your Company Name  
[www.yourwebsite.com](http://www.yourwebsite.com)

Your Name: Elizabeth G.S

Personality, Dr. Brian Burke

## PURPOSE IN LIFE TEST (Crumbaugh & Maholick, 1964)

Instructions: Write the number (1 to 5) next to each statement that is most true for you right now.

1. I am usually:	1	2	3	4	5
	bored		(3)		enthusiastic
2. Life to me seems:	1	2	3	4	5
	completely routine		(3)		always exciting
3. In life, I have:	1	2	3	4	5
	no goals or aims		(4)		clear goals and aims
4. My personal existence is:	1	2	3	4	5
	utterly meaningless, without purpose		(4)		purposeful and meaningful
5. Every day is:	1	2	3	4	5
	exactly the same		(5)		constantly new and different
6. If I could choose, I would:	1	2	3	4	5
	prefer never to have been born		(4)		want 9 more lives just like this one
7. After retiring, I would:	1	2	3	4	5
	loaf completely the rest of my life		(4)		do some of the exciting things I've always wanted to
8. In achieving life goals, I've:	1	2	3	4	5
	made no progress whatever		(3)		progressed to complete fulfillment
9. My life is:	1	2	3	4	5
	empty, filled only with despair		(3)		running over with exciting things
10. If I should die today, I'd feel that my life has been:	1	2	3	4	5
	completely worthless		(3)		very worthwhile
11. In thinking of my life, I:	1	2	3	4	5
	often wonder why I exist		(4)		always see reasons for being here
12. As I view the world in relation to my life, the world:	1	2	3	4	5
	completely confuses me		(4)		fits meaningfully with my life
13. I am a:	1	2	3	4	5
	very irresponsible person		(4)		very responsible person
14. Concerning freedom to choose, I believe humans are:	1	2	3	4	5
	completely bound by limitations of heredity and environment		(4)		totally free to make all life choices
15. With regard to death, I am:	1	2	3	4	5
	unprepared and frightened		(3)		prepared and unafraid
16. Regarding suicide, I have:	1	2	3	4	5
	thought of it seriously as a way out		(4)		never given it a second thought
17. I regard my ability to find a purpose or mission in life as:	1	2	3	4	5
	practically none		(4)		very great
18. My life is:	1	2	3	4	5
	out of my hands and controlled by external factors		(4)		in my hands and I'm in control of it
19. Facing my daily tasks is:	1	2	3	4	5
	a painful and boring experience		(4)		a source of pleasure and satisfaction
20. I have discovered:	1	2	3	4	5
	no mission or purpose in life		(4)		a satisfying life purpose

**SCORING:** Add up all the numbers you wrote down (0-100). A score of less than 50 may indicate that you are experiencing an "existential void," a lack of meaning or purpose in your life right now.



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**PROF. DR. BEENAMMA MATHEW**  
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PERSONAL DETAILS



Name : Elizabeth G.S  
 Subject : Natural Science  
 Age & Date of Birth : 28, 17-10-1993  
 Sex : Female  
 Religion & Caste : Christian, R.C.S.C  
 Marital Status : Single  
 Permanent Address with Phone Number : F.C.C Alphonso Province Sandamiano  
 Puliyannoor P.O. Kottayam  
 9496927792  
 Temporary Address with Phone Number : F.C.C Alphonso Province Sandamiano  
 Puliyannoor, 9496927792  
 Father's Name & Occupation : Sunny, Farmer  
 Mother's Name & Occupation : Theresamma, House Name  
 Whether day Scholar / hostel resident : Day scholar  
 If hostel resident Name, Address and Phone Number of local guardian :  
 Details of Siblings :  
 Brothers : -  
 Sisters : Sonia G.S

Educational Qualification;

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.						
Degree	B.Sc Botany	2019	Alphonso college	2236	67.75%	
PDC / +2	Science	2011	St. John Nepomucen's H.S.	779	64.917%	
SSLC		2009	St. Joseph's H.S Mallakara	7	71%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level : Nil

Extra Curricular activities and hobbies

: Reading

Details of previous employment

: Nil

Any other information

:  
 M.P. Dr. BEENAMMA MATHEW  
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## PERSONAL DETAILS



Name : VANDANA V.V.  
 Subject : MATHEMATICS  
 Age & Date of Birth : 21, 30.09.2000  
 Sex : Female.  
 Religion & Caste : Hindu, Paraya.  
 Marital Status : Single  
 Permanent Address with Phone Number : Vettikuzhiyil (H), Kakkooor P.O,  
 Koothattukulam, Ernakulam, 686662  
 6282026917  
 Temporary Address with Phone Number : Same as above.  
 Father's Name & Occupation : VIJAYAN V.K., Day Labourer.  
 Mother's Name & Occupation : SANTHA V.M., Day Labourer.  
 Whether day Scholar / hostel resident : /  
 If hostel resident Name, Address and Phone  
 Number of local guardian :  
 Details of Siblings  
 Brothers :  
 Sisters : 2. Sisters, VRINDA V.V - Degree 3<sup>rd</sup>  
 VARSHA VIJAYANE - +1<sup>st</sup>

### Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.						
Degree	Maths	2018-'21	Alphonsa college Pala, MCOU.	1942	59 %	
PDC / +2	Bio Maths	2016-'18	MOVE. H.S.S Pampakuda	831	69 %	
SSLC		2016	St. Joseph's H.S Pizavom.	-	85 %	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level :

Extra Curricular activities and hobbies :

Details of previous employment if any :

Any other information :



*[Signature]*  
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Strengths

17/11/2021

Mandana V.V. being a graduate worked hard to reach the level of other classmates who could early excel in teacher education related tasks.

Weaknesses

She is not so good in English language communication especially writing skills. Very often makes several mistakes in communication.

Opportunities

Since she belongs to reservation category, she can apply for several post set apart for NCA available in PSC.

Threats

Lack of sufficient communication skill may become a challenge for her career.

Personal Development Plan

As per post graduation in Maths, and try to improve her communication skills and secure various certificates to



be placed in unaided unaided schools. She has to strive for improving her present status -

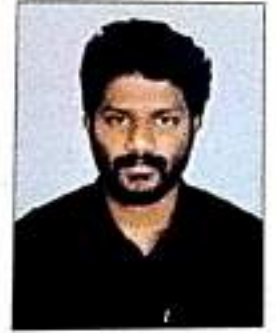


*Boys*

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PALA



## PERSONAL DETAILS



Name : SISIRKUSHI MOHAN  
 Subject : Social Science.  
 Age & Date of Birth : 24 yrs, 18.12.1996.  
 Sex : male.  
 Religion & Caste : Hindu, Paraya.  
 Marital Status : Single.  
 Permanent Address with Phone Number : Vachilampil (H), 200 Acre  
 Mannarakandem. P.O. Adimali  
 Temporary Address with Phone Number : IDUKKI. Pin: 685561, 8943302257  
 Father's Name & Occupation : V.K. Mohan & Pensioner.  
 Mother's Name & Occupation : Kumary Mohan & Housewife.  
 Whether day Scholar / hostel resident : Hostel resident.  
 If hostel resident Name, Address and Phone Number of local guardian :  
 Details of Siblings  
 Brothers :  
 Sisters : Vanna Mohan, Vaishnavi Mohan.

### Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.						
Degree	B.A. Economics	2014	M.A. College Katharigalam.	741	74.1	
PDC / +2	Humanities	2015	S.N.D.P.V.H.S.S. Adimali	1097	91.4	
SSLC		2013.	"		93.3.	
Any other Degree/diploma						


Ranks/Awards and Prizes received with items and level :

Extra Curricular activities and hobbies

Details of previous employment if any

Any other information



  
 Prof. Dr. BEENAMMA MATHEW  
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 PALA

3/12/2021

Page 24

Sureshbabu Mahan is coming from a rural area of (Dubki) district. He is hardworking and aware of his strengths, weaknesses, opportunities and challenges. He is a fast learner also. He is active in extra-curricular activities inside and outside the institution.

5/12/2021

He shared about his ambition and future life. I could guide him ~~regard~~ his interests and attitudes. I helped him to complete his academic works in a time bound manner through advices and motivations..

09/12/2023

I could give him a good orientation towards teaching and he shared his views on the school system of the state. I advised him to start his studies to clear National and State level eligibility tests for teaching profession.

03/03/2023

I could give him some good orientation on writing the final year exam and getting a good result.



Dr. BEENAMBA NATHAN  
PRINCIPAL  
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student, creative and artistic. I wish  
him all success in his academic and  
personal life

*[Signature]*  
Dr. P. Theodoran

*[Signature]*  
Prof. Dr. BEENAMMA MATHEW  
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## PERSONAL DETAILS



Name : ANSE MARIA TOMY  
 Subject : PHYSICAL SCIENCE EDUCATION  
 Age & Date of Birth : 23, 02-12-1998  
 Sex : FEMALE  
 Religion & Caste : CHRISTIAN, RCSC  
 Marital Status : SINGLE  
 Permanent Address with Phone Number : EZHUPARAYIL (CH), POOVARANI P.O, PAIKA, PIN: 686577, 7902553233  
 Temporary Address with Phone Number : EZHUPARAYIL (CH), POOVARANI P.O, PAIKA, PIN: 686577, 7902553233  
 Father's Name & Occupation : TOMY JOSEPH, LATE  
 Mother's Name & Occupation : JENCY JOSE, HOUSE WIFE  
 Whether day Scholar / hostel resident : DAY SCHOLAR  
 If hostel resident Name, Address and Phone Number of local guardian :  
 Details of Siblings  
     Brothers : TOMS TOMY ST. THOMAS COLLEGE PALA  
     Sisters :

### Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.						
Degree	PHYSICS	2017-2020	MAHATMA GANDHI UNIV. KERALA	7.38	73.8	
PDC / +2	SCIENCE	2015-2017	ST. JOSEPH'S H.S. VELAKKUMADOM	1089	90.75	
SSLC		2015	JYOTHI PUBLIC SCHOOL PAIKA	9	90	
Any other Degree/diploma ✓	PGDCA	2020	NATIONAL INSTITUTE OF ELECTRONICS & INFORMATION TECHNOLOGY		62%	


Ranks/Awards and Prizes received with items and level : PLUS TWO SCHOLARSHIP

Extra Curricular activities and hobbies : READING, DRAWING

Details of previous employment if any :

Any other information :



  
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17/9/22. Ams Maria is very shy and introvert. She doesnot like to mingle with other students in my class. She has a lot of inhibitions & fear. I enquired about her back ground. She is not willing to open up.

9/11/22 :- When she came for microteaching it was very difficult for her to write lesson plans and teach. I gave her a second chance.

8/2/23 :- For school induction she got S.H.G.H.S Bheranangam. There also she had to face many problems. She is not aware of her problems. When ever I ask her about this she may smile and nod her head.

17/8/23 :- For internship she got the same school. She approached me told that she is going to discontinue. I gave strong mental support and positive stroke. ~~also~~ I told other students in my class to support Ams in writing lesson plans and other activities. Her mentor sister at school also supported her a lot.

30/1/24 :- Ams completed school internship and she became free. Now she is pleasant, active and mingle with others - &



Mary Thomas

Principal  
ST. THOMAS COLLEGE OF TEACHER EDUCATION  
PALA



22-24

PERSONAL DETAILS



Name : Reshmi K.R  
 Subject : English  
 Age & Date of Birth : 22 Yrs , 06/08/2000  
 Sex : Female  
 Religion & Caste : Christian, Cheramar  
 Marital Status : Single  
 Permanent Address with Phone Number : Kattathara (H) Aruvithura <sup>686122</sup> P.O, Perunnilam  
 Mob: 9947001623  
 Temporary Address with Phone Number : Kattathara (H) Aruvithura <sup>686122</sup> P.O, Perunnilam  
 Mob: 8606928652  
 Father's Name & Occupation : Raju K.P , Wage Labour  
 Mother's Name & Occupation : Usha George , House wife  
 Whether day Scholar / hostel resident : Scholar  
 If hostel resident Name, Address and Phone Number of local guardian :  
 Details of Siblings  
 Brothers : Roshin K.R  
 Sisters : Reshma K.R

Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.					84%	
Degree	BA English	2021	Henry Baker College, Melukavu	2119	68.35%	
PDC / +2	Science	2018	St. George HSS Aruvithura	847	70.58%	
SSLC		2016	St. George HSS Aruvithura		89%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level :

Extra Curricular activities and hobbies :

Details of previous employment(s) if any :

Any other information :



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8/11/22

Strengths

Resmi plays different roles in various organizations, she likes to work with youth, & music etc. She is a ~~good~~ singer and dancer well.

Weaknesses

She rarely becomes punctual in her day to day life. That has become a major issue in completing the B. Ed. programme.

Opportunities

Since she belongs to the Roman Catholic community, she will have several opportunities in career.

Threats

Pitfalls in communication skills, lack of sufficient subject competency in English language may become a ~~very~~ major challenge in her career.

Personal ~~and~~ counselling

8/11/22

She was advised for being registered in her



movements. Due to lack of clarity in subject competency, she usually beats around the bush. She was asked how better self awareness regarding her present state of affairs.

20/12/23 She was given a personal counselling regarding the issues of class management. She couldn't <sup>neither</sup> manage the class nor use effectively the teaching aids. Her body language was not even appropriate for the teacher to manage boys only school.

14/6/23 After several interactions with Resmi, her turn out has changed more. But she needs more improvement in communication skills. She was asked ~~made to~~ to improve student involvement in her classroom transactions.



*Resmi*

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## PERSONAL DETAILS



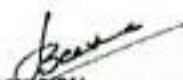
Name : DIVYA THANKACHAN  
 Subject : Natural Science  
 Age & Date of Birth : 26, 16/06/1996  
 Sex : Female  
 Religion & Caste : Christian, RCSC  
 Marital Status : Single  
 Permanent Address with Phone Number : Vadakkakara (H)  
 Njeezhooor P.O  
 Kottayam Pin: 686612 Mob: 9207396475  
 Temporary Address with Phone Number :  
 Father's Name & Occupation : THANKACHAN V.K, Ex-serviceman.  
 Mother's Name & Occupation : TESSY THANKACHAN, House wife.  
 Whether day Scholar / hostel resident : Day-Scholar.  
 If hostel resident Name, Address and Phone Number of local guardian :  
 Details of Siblings :  
 Brothers : Nil.  
 Sisters : Nil.

### Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.	Msc. Botany	2019	Saved Heart College, Thuvare	B+ GPA 7.14	71.8%	B+
Degree	Bsc. Botany	2017	Deva Matha College Kuzhuvilangad	SCPA: 9.00	84.6%	A
PDC / +2	Plus two Science	2014	St. Marys HCS Kuzhuvilangad	SCPA:	79.8%	
SSLC	S.S.L.C	2012	Viswakharyathy S.N.H.S.S	Grade point 86	90%	7A+ 2A 1B+
Any other Degree/diploma	D.C.A	2017	Deva Matha College Kuzhuvilangad	569 / 750	75.87%	B+

Ranks/Awards and Prizes received with items and level : Katha Pachara - Malayalam Sub-district Kalottayam Agood Second 20  
 Extra Curricular activities and hobbies : Singing, Oratory, Dancing, Gardening, Cooking, Travelling  
 Details of previous employment if any : Volunteer at Marian Retreat Centre Anakkara (Missionaries of Grace Batekt 2021)  
 Any other information :



  
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B.Ed 2022-2024 Batch

Name : Divya Thankachan  
 Address : Vadakkekara (H) Njeezhoor P.O. Kottayam.  
 Pin: 686612.  
 Name of Mother : Tessa Thankachan  
 Mob: 9744716682.  
 Contact Number of student : 9207398475  
 Email Id : divyathankachan775@gmail.com  
 Marital Status : Single  
 Date of Birth : 16<sup>th</sup> June 1996

Educational Background

		Score
S.S.h.C	: Viswabharathy S.N.H.S.S Njeezhoor	70 <sup>+</sup> 2A, 1B <sup>+</sup>
Plus two	: St. Marys H.S.S Kuravilangad	80%
Bsc. Botany	: Deva Matha College Kuravilangad	84.7%
Msc. Botany	: Sacred Heart College Thevara	72%
DCA	: Deva Matha College Kuravilangad	75%.

Add on course on Plant Tissue Culture

Awards and Achievements

Prize winner in Katharachana Malayalam sub-district Kabolazham.  
 Prize winner in Elocution competition organised by Madya Vindhosa.  
 Qualified GATE 2020.

House route

Palai → Kuravilangad → Kozha-Njeezhoor → Viswabharathy School → Nizavom road  
 → Vadakkekara road → Karakkum → Home

Temple



My Aim

To become a great teacher who inspires students and to facilitate students to achieve their life goals. This is my dream aim. To become a good empathetic person.



*[Signature]*  
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Mentoring sessions

14. 10. 2022. (8.45 am - 9.15)

Divya is a bit aloof. She seems to be indifferent. I tried to talk to her, but she didnot want to open up. She told that she didnot prefer B.Ed and teaching in school. Her ~~great~~ ambition was to clear CSIR-NET.

*Shw*  
14/10/2022

10/02/2023. (3.45 - 4.15)

Divya Thankachan came from Vattand near Kuravilangad. For more convenience, she came from Maragattupilly, her-cousin's-home. She was aloof with her classmates too. She is more self-centred and too sensitive. I tried to understand the qualities of a mature personality. After mentoring, she said that, she is very happy.

*Shw*  
10/02/2023.

11/01/2023

Her internship was a bit difficult. She had problem related to class management. I encouraged her to not give up.



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Towards the end of the internship, she has improved a lot. But a lot of her problems discussed with me. Some problems are commonplace of her peculiar nature. I gently persuaded her to make the best use of time.

*John*  
11/01/2023

21/02/2024 (4.30 - 5.15)

Divya Thembachan had chunked a lot. The community camp and study tour has made her more casual. Some scientific comments raised during study tour. As a mentor, I gave some corrections and suggestions to improve her social skills. She actively participates in NSS activities.

*John*  
21/02/2024



*John*  
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PERSONAL DETAILS



Name : SNEHA JOSE  
 Subject : ENGLISH  
 Age & Date of Birth : 23, 26-07-1997  
 Sex : FEMALE  
 Religion & Caste : CHRISTIAN, ~~ROMAN~~ RCSC  
 Marital Status : SINGLE  
 Permanent Address with Phone Number : MALAMEL HOUSE NATTAKOM P/O KOTTAYAM, 686013  
 Temporary Address with Phone Number : -MALAMEL HOUSE NATTAKOM P/O KOTTAYAM, 686013  
 Father's Name & Occupation : JOSEPAUL, ELECTRICAL SUPERVISOR  
 Mother's Name & Occupation : SUSANNA KURIAN, RETIRED TEACHER  
 Whether day Scholar / hostel resident : DAY SCHOLAR  
 If hostel resident Name, Address and Phone Number of local guardian :

Details of Siblings  
 Brothers : JES JOSE, JITHU JOSE  
 Sisters :

Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.						
Degree	ENGLISH	2020	MG UM, BOY COLL EGLE	803	79%	
PDC / +2	COMMERCE	2019	MOUNT CARHEL	A		
SSLC		2015	GRIDECPHAM BETHANY HIGHER SECONDARY SCHOOL		68.6%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level :

Extra Curricular activities and hobbies : READING.

Details of previous employment if any

Any other information



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7/12/2022

Sneha is a bit aloof. She seems to be indifferent. I tried to talk to her but she did not want to open up. But she seems to have told that she did not prefer B.Ed. and teaching in schools — she preferred college.

18/01/2023

2. Sneha came from Nattakom, Kollayam — pretty good distance from Pala. Travelling consumed a lot of time. She found it difficult. She was aloof with her classmates too. I enquired with one of her classmates. I tried to phone her — asked her to feel free to talk to me. She agreed — she said she is OK.

7/02/2023

3. She was late in submitting her assignment - Practicum and also collecting it after correction. Her work was incomplete. She I tried to interact with her whenever I met her. I encouraged her to open up.

11/07/2023

4. She seems to be sad and withdrawn from the rest of the class. But she responded whenever I talked to her.



7/11/2023

5. Her internship was a bit difficult. She had problems related to class management. I encouraged her to not give up. Towards the end of the internship she has improved a lot. But a lot of her practical work are pending. I gently persuaded her to make the best use of time.

21/02/2024

6. Sneha has changed a lot. The Community Camp and tour has made her more social. She actively participates in NSS activities.



  
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## PERSONAL DETAILS



Name : NIBIN BABU  
 Subject : SOCIAL SCIENCE  
 Age & Date of Birth : 20, 03/04/2002  
 Sex : MALE  
 Religion & Caste : HINDU, PULAYAN  
 Marital Status : SINGLE  
 Permanent Address with Phone Number : PAYYAKKAL (H)  
 KADUPPASSERY P.O  
 PIN CODE: 686683  
 Temporary Address with Phone Number : PH: 9656294160  
 Father's Name & Occupation : BABU P.C DAY WORKER  
 Mother's Name & Occupation : SREDEVI A.C, HOUSE WIFE  
 Whether day Scholar / hostel resident : HOSTEL RESIDENT  
 If hostel resident Name, Address and Phone Number of local guardian : SREDEVI A.C  
 PAYYALICALAD  
 KADUPPASSERY P.O  
 Details of Siblings  
 Brothers :  
 Sisters : NIUYA BABU

### Educational Qualification:

Course	Subject	Year	College/Uty.	Marks	Percentage	Remarks
P.G.						
Degree	HISTORY	2019-2022	MAHATMA GANDHI UNIVERSITY	2560	83%	
PDC / +2	HUMANITIES	2017-2019	L.B.S.M.A.S.S. AVITTATHUR	1118	92%	
SSLC	STATE	2016-2017	ST MARY'S H.S.S. IRINJALAYUR	541, 1A, 30+1ct	89%	
Any other Degree/diploma						

Ranks/Awards and Prizes received with items and level : 2nd Rank in Mahony college history.

Extra Curricular activities and hobbies : Reading

Details of previous employment if any :

Any other information :



  
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ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA  
MENTORING RECORD



Objective: To promote the personal and professional well-being of beginning teachers PHOTO

Name: NIBIN BABU

Subject: SOCIAL SCIENCE

Age & Date of Birth: 21, 03/04/2002

Sex: MALE

Permanent Home Address: PAYYALIKAL (H)  
KADUPPASSIERY PO  
PIN CODE: 680683

Religion: HINDHU

Caste: SC

e-mail: nibinbabu47734@gmail.com

Mobile: 9656294160

### Educational History

Course	Institution	Subject	% of marks	Remarks
PG				
Degree	MAHARAJA COLLEGE EDUCATION	History	33%/0	
PDC/+2	L.B.S. CO. HIGHER SECONDARY	Humanities	94%/0	
SSLC/CBSE/ICSE	ST. MARY'S H.S.S.	SSLC	90%/0	
Any other				

### Family Details

Relation	Name	Age	Education	Occupation	Income
MOTHER	SAREEDEVIA C	48	SSLC	Nil	-
SISTER	NIVYABABU	26	PCA	TEACHER	15,000/-

### Academic Performance

Participation in Co-curricular activities :

Special Information if any:

Motivation:



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Strength:

Weakness:

Opportunity:

Threat:

Interest:

Goal:

Support:

Session : 1

16/9/22

Nibis came from Palghat. During the beginning days he found very difficult to adjust to the new atmosphere. <sup>Present</sup> College environment was entirely different one, when compared to the previous one. Talked with him, ~~to~~ consoled him that ~~time~~ as time goes on he will get adjusted to it. Sincere in his work. Academically he is ready to take the pace, but his pace is too fast. Asked him not to finish all the works with a very short span of time. He could ~~do~~ <sup>do</sup> very neatly if he spends more ~~time~~ <sup>time</sup>.



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Regarding the microteaching classes, he was thorough with the content, adequate voice and good interaction with students. Handwriting must be more legible and neat.

Hardworking student with determination. Cooperates with all his class mates. At times, very sensitive. Takes initiative always for the activities to be conducted ~~under~~ by social science class. Elected as the chairperson of the union 22-23. Sincere to his duties. Advised him to take decisions only after consultation with staff advisor regarding union activities. Performed well in all test papers, but found difficulty to read his answer sheets. In between, he went for part time jobs to meet his financial needs. organic farming

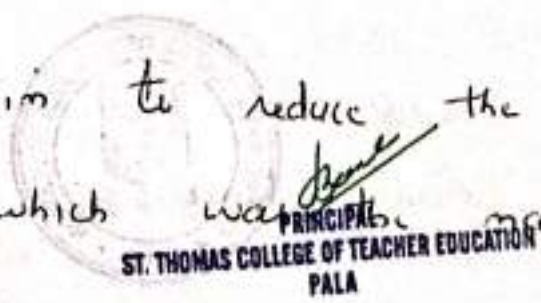
Session 2

8/2/23

Nitin is having ~~the~~ thorough subject knowledge, ~~about~~ regarding social science of all classes. This helped him to handle the classes

easily.

Asked him to reduce the speed while ~~and~~ which was ~~found~~ <sup>noticed</sup> defect of





Session 3

13/01/23 Nibis very active as a teacher. In the school

At school, ~~she~~ he was, an active participant in all activities, as in the school. Undoubtedly a lot of children for ~~children~~ <sup>he</sup> encouraged students to participate in various competitions.

As ~~such~~ Personally he had a lot of problem, but he tried maximum to keep it ~~was~~ all in a balance. Hand writing ~~to~~ Took the maximum effort to make student learn, ~~and~~ As his continuous effort, ~~see~~ students of his class scored good marks in Xmas exam. Mainly due to his hard work. Financially he was struggling in between. ~~Consulted~~ Used to talk to me. ~~Consulted~~ <sup>Heard</sup> him, consulted him and helped him at required times. Got A He was preparing for TET exams also. Organic farming

*Griff*



*[Signature]*  
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