



**ST. THOMAS COLLEGE  
OF TEACHER EDUCATION, PALA**  
ESTD. 1957

## **2.4.10 NATURE OF INTERNEE ENGAGEMENT DURING INTERNSHIP**

### **A) 2.4.10 SAMPLE COPIES FOR EACH OF SELECTED ACTIVITIES CLAIMED**

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## 2.4.10 (C) SAMPLE COPIES FOR EACH OF SELECTED ACTIVITIES

### 1. CLASSROOM TEACHING


#### UNIT PLAN

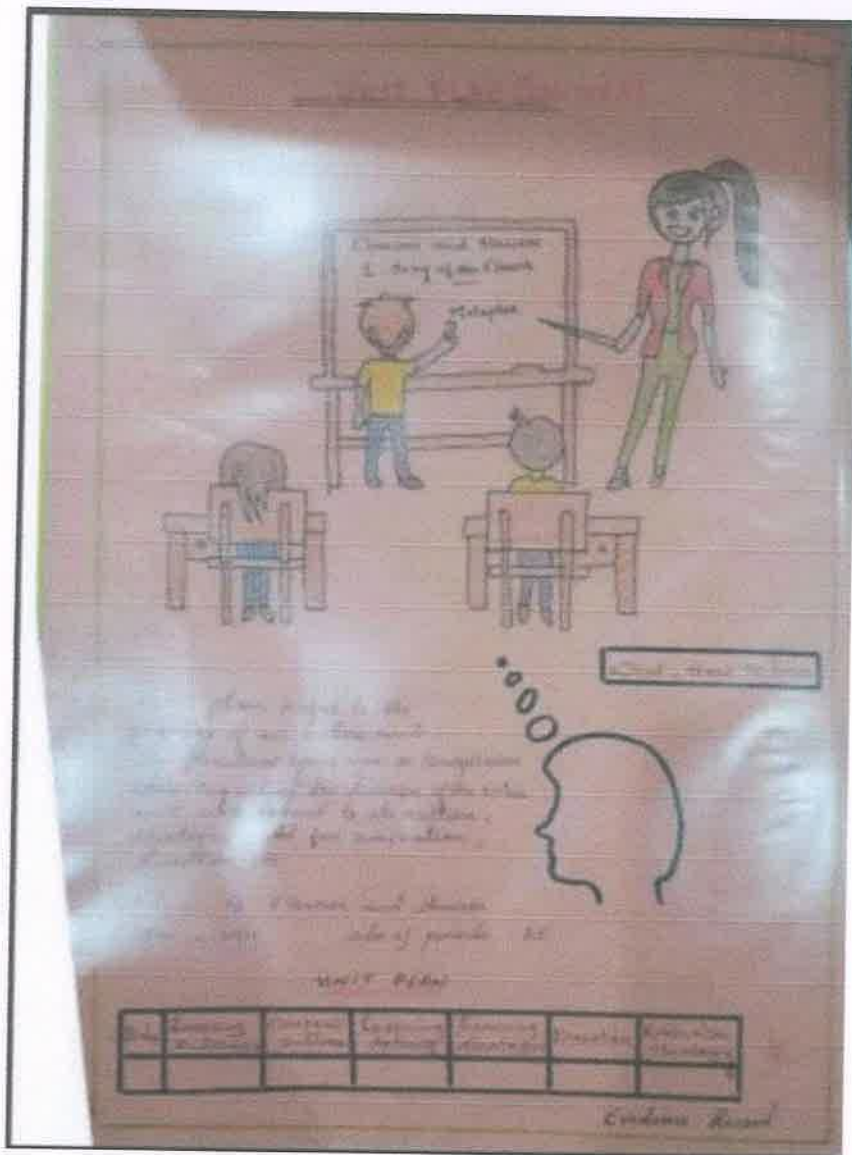
UNIT PLAN	
<u>PRELIMINARY DETAILS</u>	
Name of the teacher :	Jilu Tresa George
Name of the school :	St. Joseph's High School Mananthoor
Subject :	Mathematics
Standard :	IX
Division :	A
Number of periods :	11
Date :	04/11/2022
Unit :	Parallel lines
<u>2. INTRODUCTION</u>	
A unit is a large subdivision of the subject matter. A teacher prepares the unit plan after preparing the year plan. A unit plan may extend to more than one period depending upon the subject matter.	


The main advantage of a unit plan is that it facilitates the management of learning. As the sequence of learning activities and the related learning materials to be used are listed in the plan, it even simplifies lesson planning. A unit plan is similar to lesson plan in many ways. Objectives give direction to its organization and sequence. It has five sections, namely, introduction, objectives, contents, hints for teachers, and evaluation.

The various steps in unit planning are content analysis, objectives of the unit, learning activities and evaluation procedures. It enables the teacher to integrate the basic course concepts and those of related areas into various teaching experiences. It also gives the teacher a clear idea of time and content. Moreover, it gives a well-planned direction for the teaching process.



  
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## 50 LESSON PLANS AND 50 CLASSES

### INTERNSHIP TEACHING MANUAL - 1

Name of the teacher : Shilpa Elizabeth Joyeisen  
 Name of the school : SHGHS, Bharananganam  
 Class : IX Date : C  
 Strength :  $\frac{9}{2}$  :  $\frac{38}{43}$

Subject : Mathematics  
 Unit : Circle Measures  
 Topic : Introduction to Circle Measures  
 Date : / / Duration : 40 min

#### CURRICULAR OBJECTIVES

- To recall the concept 'perimeter of polygons'.
- To introduce an idea of the concept 'perimeter of circles'.

#### CONTENT ANALYSIS

Term

- Perimeter

Concepts

- Perimeter : The boundary of the closed plane figure is called the perimeter.

Process

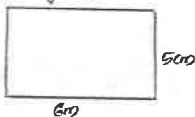
- Shows different polygons and asks to calculate the sum of the length of its sides, thus recalling the concept 'perimeter of the circle'.
- Gives a situation that introduces the concept of the perimeter of the circle.

#### LEARNING OUTCOMES

- The pupils develop competency in acquiring knowledge of the above term, concept and process.
- The pupils develop competency in comprehending the process of developing the concept.
- The pupils develop competency in applying above process in unfamiliar situations.
- The pupils develop creativity in giving various process to find perimeter.

#### Activity 2

Teacher draws a rectangle in the board and asks to calculate the sum of the length of the sides of the rectangle given.

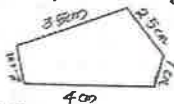


Conclusion :

$$\begin{aligned} \text{Sum of the lengths of the sides} &= 5\text{cm} + 6\text{cm} + 5\text{cm} + 6\text{cm} \\ &= 22\text{cm} \end{aligned}$$

#### Activity 3

Teacher gives a pentagon and asks to calculate the sum of the lengths of the sides.



Conclusion :

$$\begin{aligned} \text{Sum of the lengths of the sides} &= 4\text{cm} + 4\text{cm} + 2.5\text{cm} \\ &\quad + 3.5\text{cm} + 2\text{cm} \\ &= 13\text{cm} \end{aligned}$$

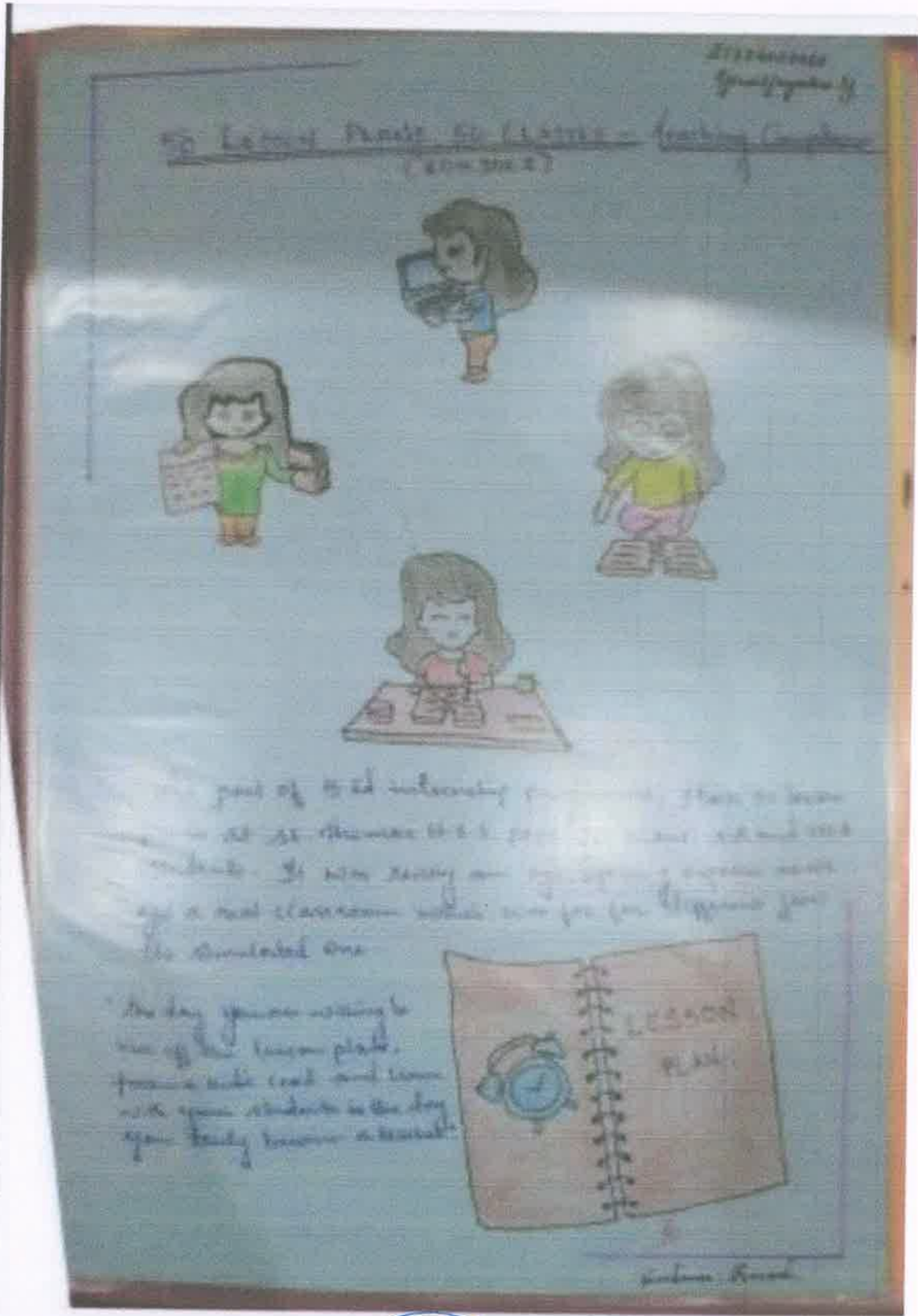
#### Activity 4.

Teacher asks that if I want to fence my house

The pupils answered the question correctly. They worked out the problem in their notebook.

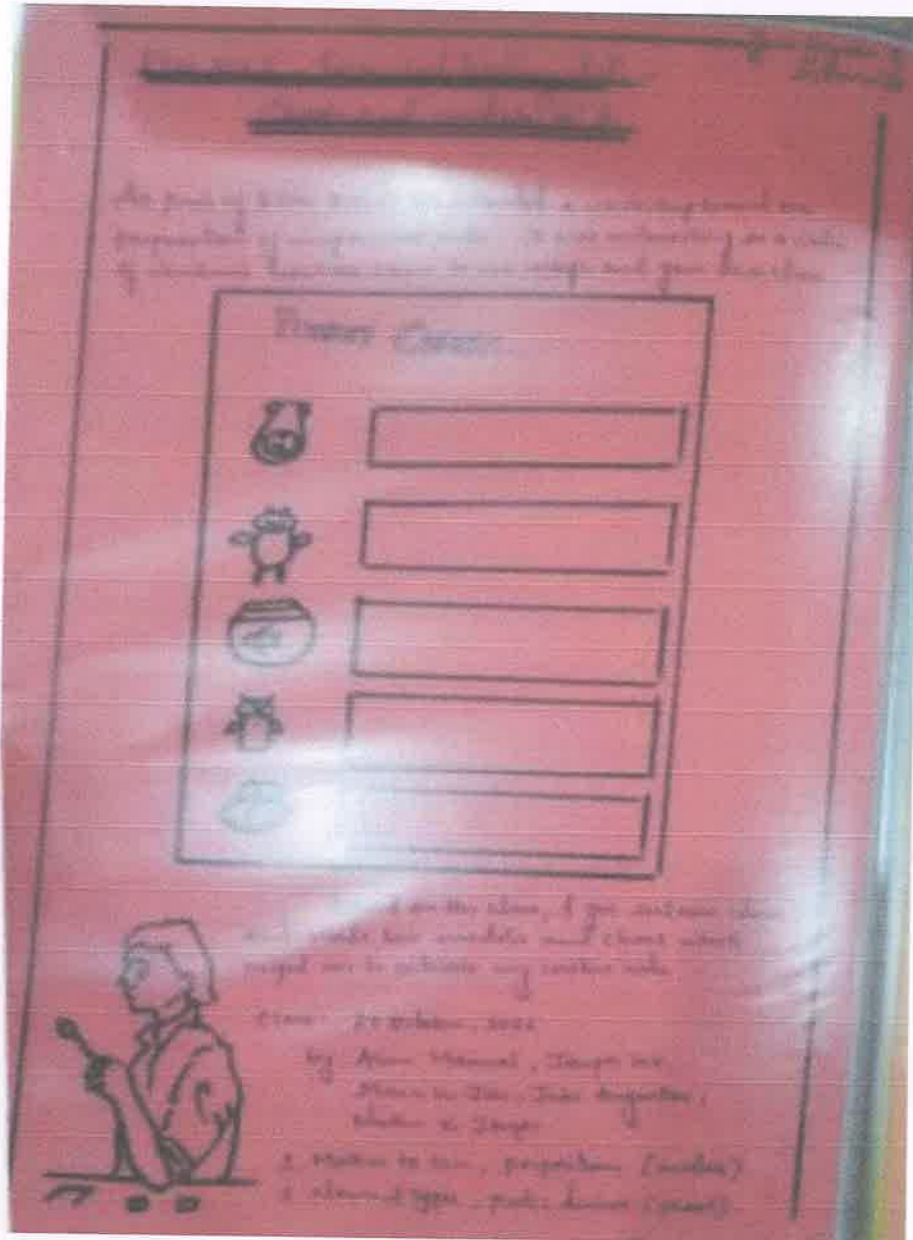
The pupils responded to the question correctly.



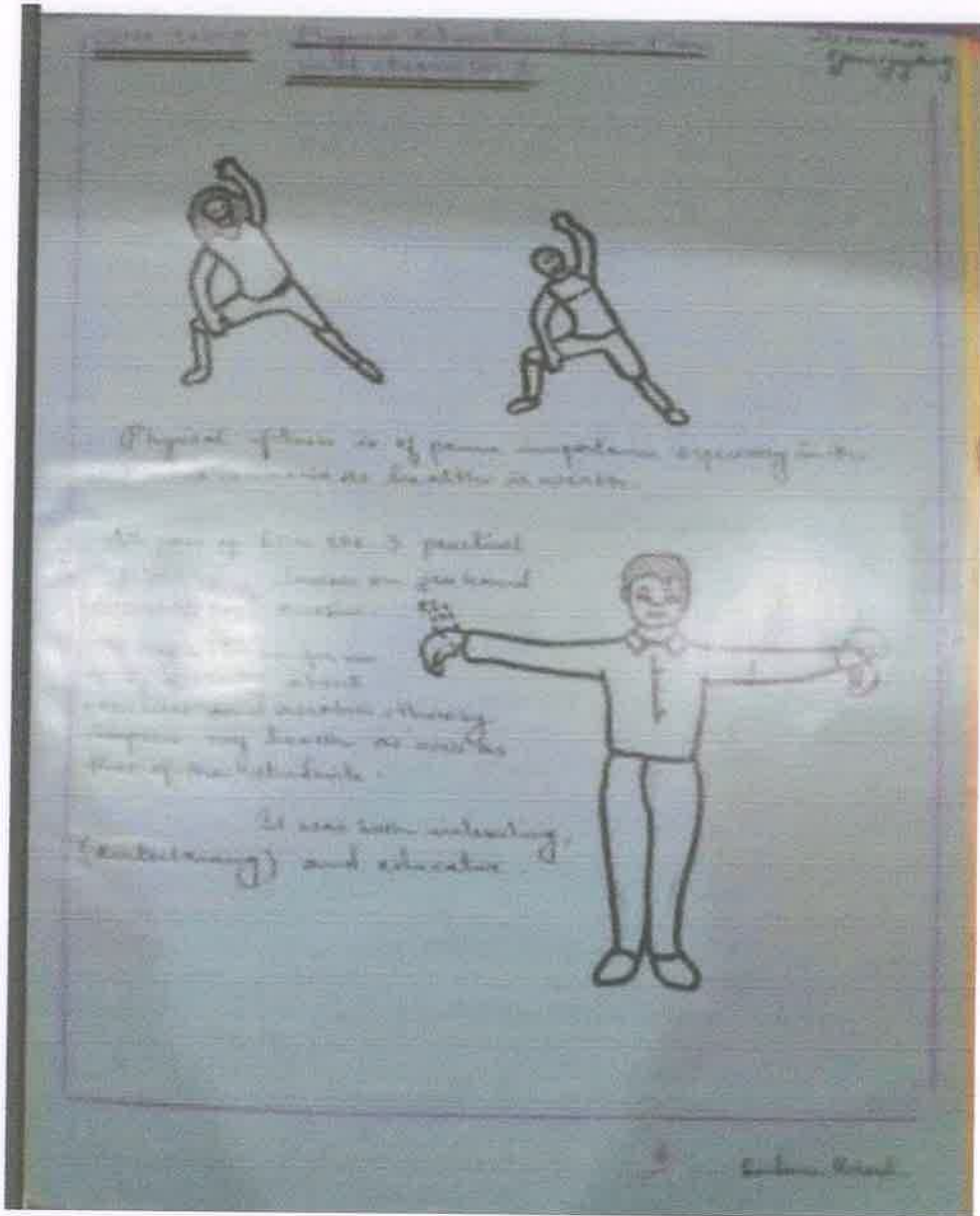


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**PREPARATION OF IMPROVISED TEACHING AIDS- CHARTS  
AND MODELS AND PARTICIPATION IN WORKSHOP**



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**PHYSICAL EDUCATION LESSON PLAN**




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## VALUE EDUCATION CLASSES - 2 LESSON PLANS

Sl No	Name of the Student	Class	Values Selected
1	Anu Ann James	English Education	Our Nation, Good Habits
2	Gouri Gayathri G	English Education	Family, Sincerity
3	Minu Maria Thomas	English Education	Our Nation, Good Habits
4	Minu Mathews	English Education	Determination, Hope
5	Mithra James	English Education	Life Is A Gift, Goal Setting
6	Pearly S Thomas	English Education	Non-Violence, Simplicity
7	Sreelekshmi G R	English Education	Cleanliness, Life Is Beautiful
8	Suman Sunny	English Education	Consequence Analysis, Sincerity
9	Haripriya J	Mathematics Education	Non Violence, Value of the Work
10	Jilu Tresa George	Mathematics Education	Friendship, Respect
11	Neethu K M	Mathematics Education	Simplicity, Value of Work
12	Rani Baby	Mathematics Education	Respect, Friendship
13	Seenu Thomas	Mathematics Education	Determination, Hope
14	Shilpa Elizabeth	Mathematics Education	Role Models, Good Habits

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15	Vandana V V	Mathematics Education	Social Justice, Brotherhood
16	Aleena Jose	Physical Science Education	Perseverance, Hope
17	Archana Madhu	Physical Science Education	Children's Right, Humility
18	Hanna Elizabeth Joy	Physical Science Education	Truth and Honesty, Quality Of Reading
19	Irene Ann George	Physical Science Education	Friendship, Qualities and Virtues
20	Josna Jose	Physical Science Education	Art of Communication, Hope
21	Liz Teenu Mathews	Physical Science Education	Humility, Children's Rights
22	Ninumol Joseph	Physical Science Education	Quality Reading, Child Rights
23	Rinku Maria George	Physical Science Education	Punctuality, Consequence Analysis
24	Soniya Dominic	Physical Science Education	Punctuality, Positive Thinking
25	Adithya Shaji	Natural Science Education	Courage, Obedience
26	Alfred George	Natural Science Education	Hope, Be Gentle
27	Angel Joseph	Natural Science Education	Recreation And Health, Good Manners
28	Arya Ashok	Natural Science Education	Self Confidence, Cleanliness
29	Divyamol M S	Natural Science Education	Good Manners, Friendship
30	Elizabeth T S	Natural Science Education	Our Environment, Courage
31	Irine Therasa Dius	Natural Science Education	Be Gentle, Obedience




  
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32	Krishnanand H	Natural Science Education	Mathapitha Guru Deiwam, Quality of Reading
33	Sneha Jose	Natural Science Education	Self Confidence, Sharing is Caring
34	Amns Thomas	Social Science Education	Faith and Prayer, Goal Setting
35	Annu Sunny	Social Science Education	Body Shaming, Hard Work
36	Archana T S	Social Science Education	Faith and Prayer, ABC for Success
37	Gopika Anil	Social Science Education	Media Values, Obedience

38	Jijo Thomas	Social Science Education	You Are Unique, Leadership
39	Minna Mary Tom	Social Science Education	Goal Setting, Leadership
40	Sanchu Jose	Social Science Education	Hard Work, Non Violence
41	Sisirkhosh Mohan	Social Science Education	Responsibility, Love
42	Sulumol Sunny	Social Science Education	(Discontinued)
43	Aiswarya K V	Commerce Education	Responsibility, Role Model
44	Alina Ann Roy	Commerce Education	Art of Sharing, Positive Thinking
45	Athira K P	Commerce Education	(Discontinued)
46	Cyriac Thomas	Commerce Education	Resourcefulness, Self Confidence



  
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47	Dinta Baby	Commerce Education	Peace, Responsibility
48	Jisha Shaji	Commerce Education	Humanism, My Family
49	Seenu Thomas	Commerce Education	Dignity Of Labour, Good Habits
50	Tom Joseph	Commerce Education	Humanism, Conscience

### TEACHING MANUAL - 1

Name of the teacher : Shilpa Elizabeth Joycher  
 Name of the school : SHGHS, Charamangalam.  
 Class : IX      Div : B  
 Strength :  $\frac{P}{S} = \frac{34}{40}$

Subject : Value Education  
 Topic : Role Model  
 Date : 21/12/22  
 Duration : 30 mts

#### Curricular Objectives:

- The pupils develop an understanding about who is a role model.
- The pupils acquire knowledge about the qualities of a role model.
- The pupils develop a sense to be a role model for others.

#### Content Analysis:

##### Terms:

- Role model, consistent

##### Concept

- Role model:

A person looked by others as an example to be imitated

- Consistent:


Acting or done in the same way over time, especially so as to be fair or accurate.

##### Learning Outcomes:

- The pupils develop competency in acquiring knowledge of the above concepts and terms.

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- The pupils develop competency in comprehending the qualities of a role model
- The pupils develop competency in applying above process in unfamiliar situations.
- The pupils develop creativity in employing themselves as role models

Learning Strategy:

- Discussion
- Individual activity

Pre-requisites:


- Have a general idea about the various models

Learning Material:

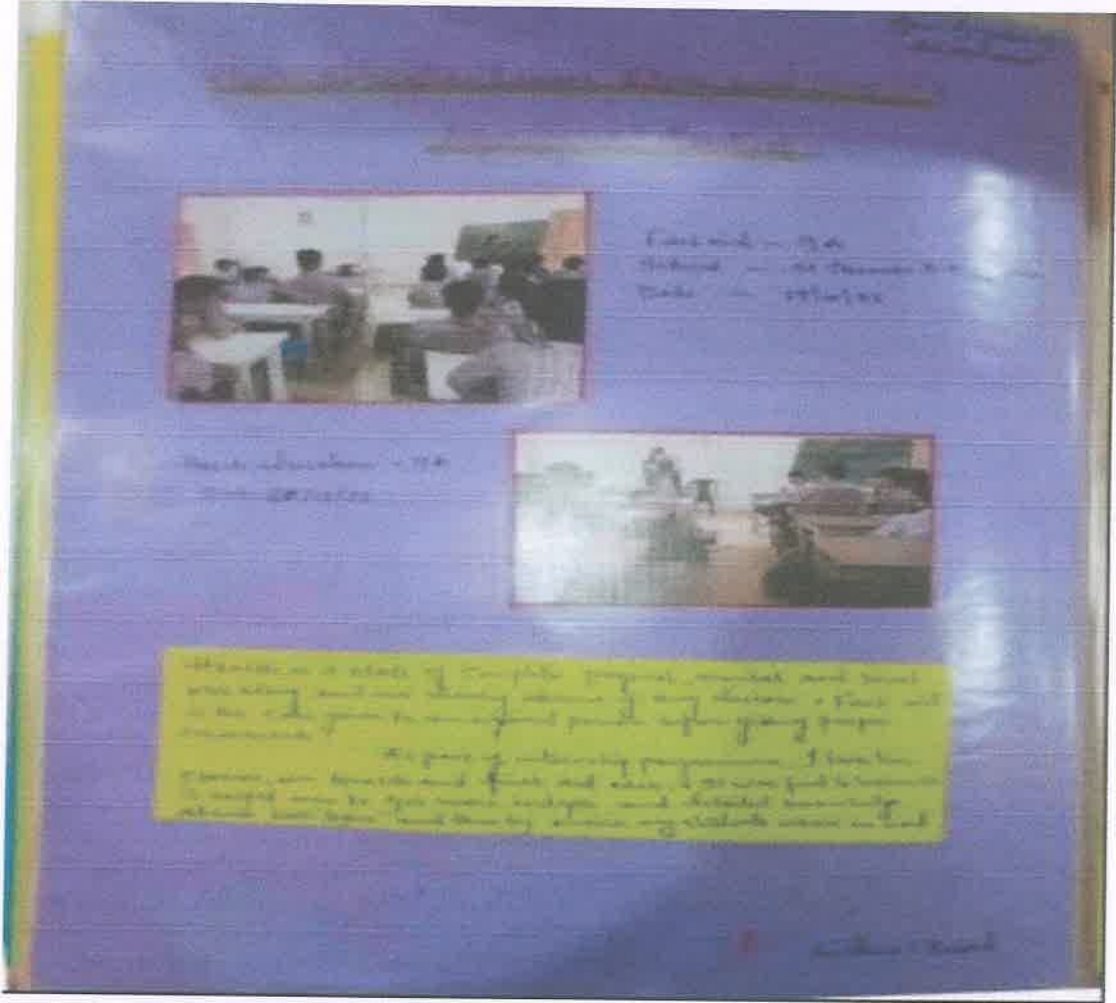
- PPT

Process / Activity	Response / Evaluation
<p><u>Activity 1</u> The teacher asks the pupils who is their role model and name some of the persons who have influenced their life.</p>	<p>Some of the students answered the questions</p>
<p><u>Consolidation:</u></p>	
<p>My mother, Dr APJ Abdul Kalam, Mahatma Gandhi, Mother Theresa, Jesus Christ, Swami Vivekananda, Sri. Buddha</p>	



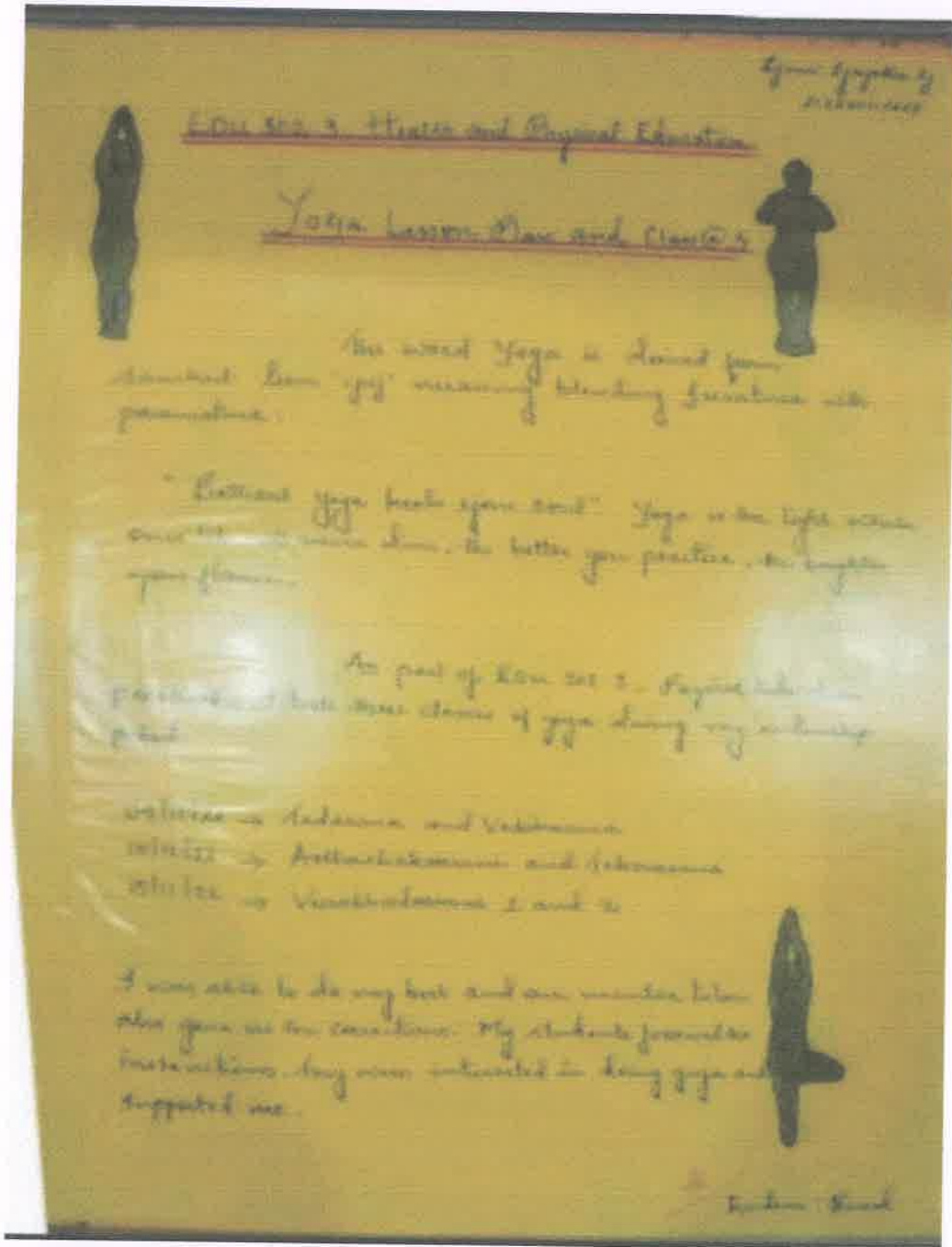
  
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**HEALTH EDUCATION LESSON PLANS**



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YOGA LESSON PLANS



  
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LAC LESSON PLANS- (LANGUAGE ACROSS CURRICULUM)



LESSON PLAN - LAC 1

<p>Name of the teacher : Bharanysa R.          Name of the School : St. Mary's Gr. H.S.S Pala          class : VIII A          strength : 36</p>	<p>Subject : Biology          Unit : Life processes in little charabets          Topic : Cell organelles          Date : 10-02-2022          Duration : 40 min          Mode of Instruction : Google Meet</p>
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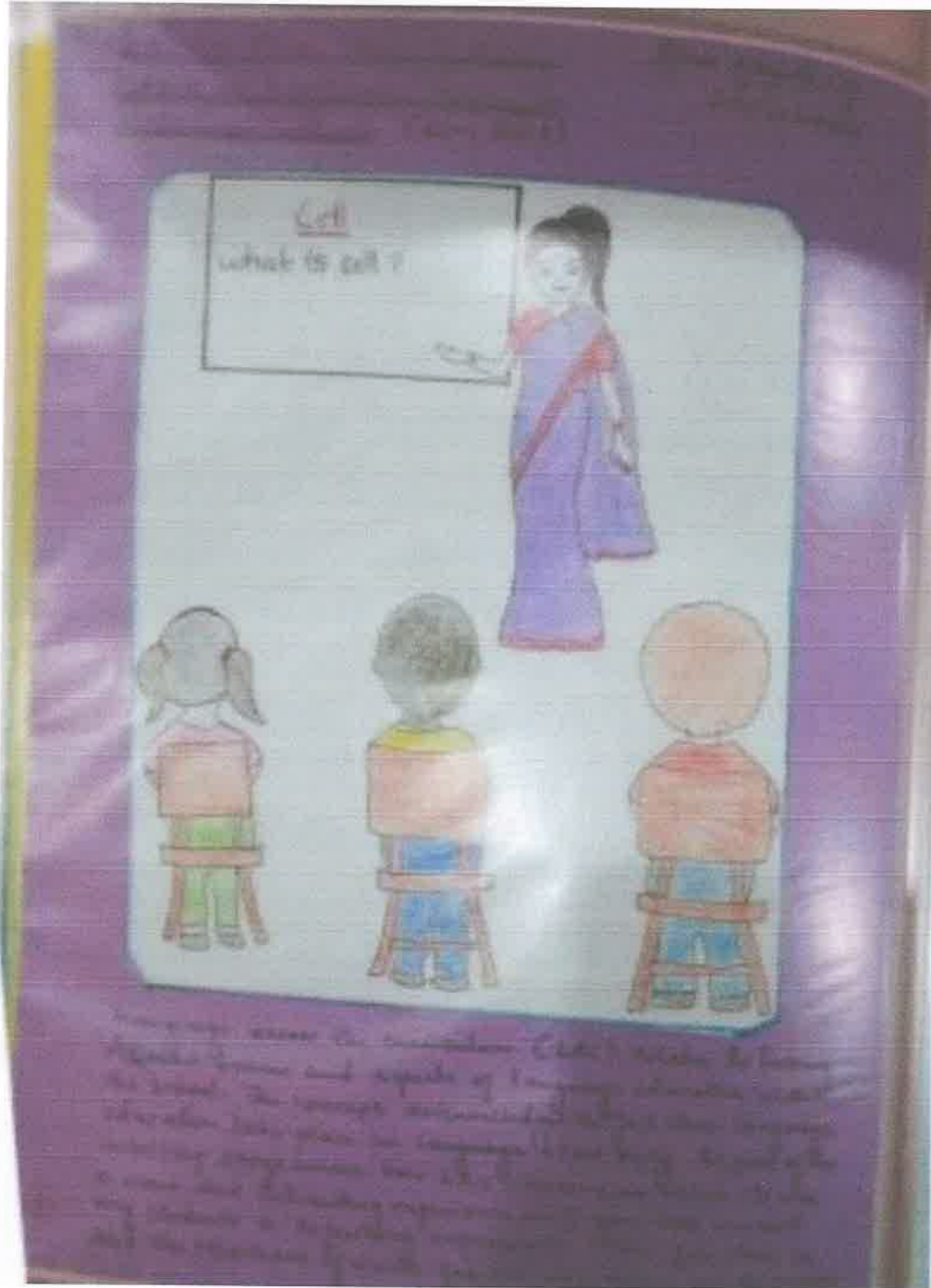
CONTENT OVERVIEW


Cell Organelles

<u>Terms</u>	<p><u>Content analysis</u>          cell (കോശം), Cell organelles (കോശാംഗങ്ങൾ), Mitochondrion, Ribosome, Endoplasmic reticulum, Golgi bodies, Vacuole (കോശം), Power house (ഊർജ്ജനിലയം), Liver (കോശം), Brain (മസ്തിഷ്കം), Muscle (കോശം), Cytoskeleton (കോശരൂപരേഖ), Enzyme (കോശാമി), Glandular cells (കോശം), Vesicle (കോശം)</p>
<u>Facts</u>	<ul style="list-style-type: none"> <li>- cell contain cell organelles</li> <li>- cell organelles is a specialised entity present inside a cell that perform specific functions.</li> </ul>



  
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PEER EVALUATION OF CLASSES

PEER EVALUATION REPORT - II

Name of the teacher: Sr. Angel  
 Name of the school: St. Joseph's H.S. Mananthoor  
 Class: IX  
 Strength: 26  
 Date: 24/1/2022  
 Duration: 35 minutes

Subject: Natural science  
Unit: Excretion to maintain balance  
Topic: Excretory Discretion

Introduction  
 Introduction of the topic was perfect enough. Rapport between the teacher and the students was notable from the beginning of the class.

Subject competence  
 Content was really rich and accurate. Competence level of the teacher was highly appreciable. It resulted in proper delivery of content to the students.

PEER EVALUATION REPORT - I


Name of the teacher: Anu Ann James  
 Name of the school: St. Joseph's H.S. Mananthoor  
 Class: IX  
 Strength: 26  
 Date: 22/1/2022  
 Duration: 25 minutes

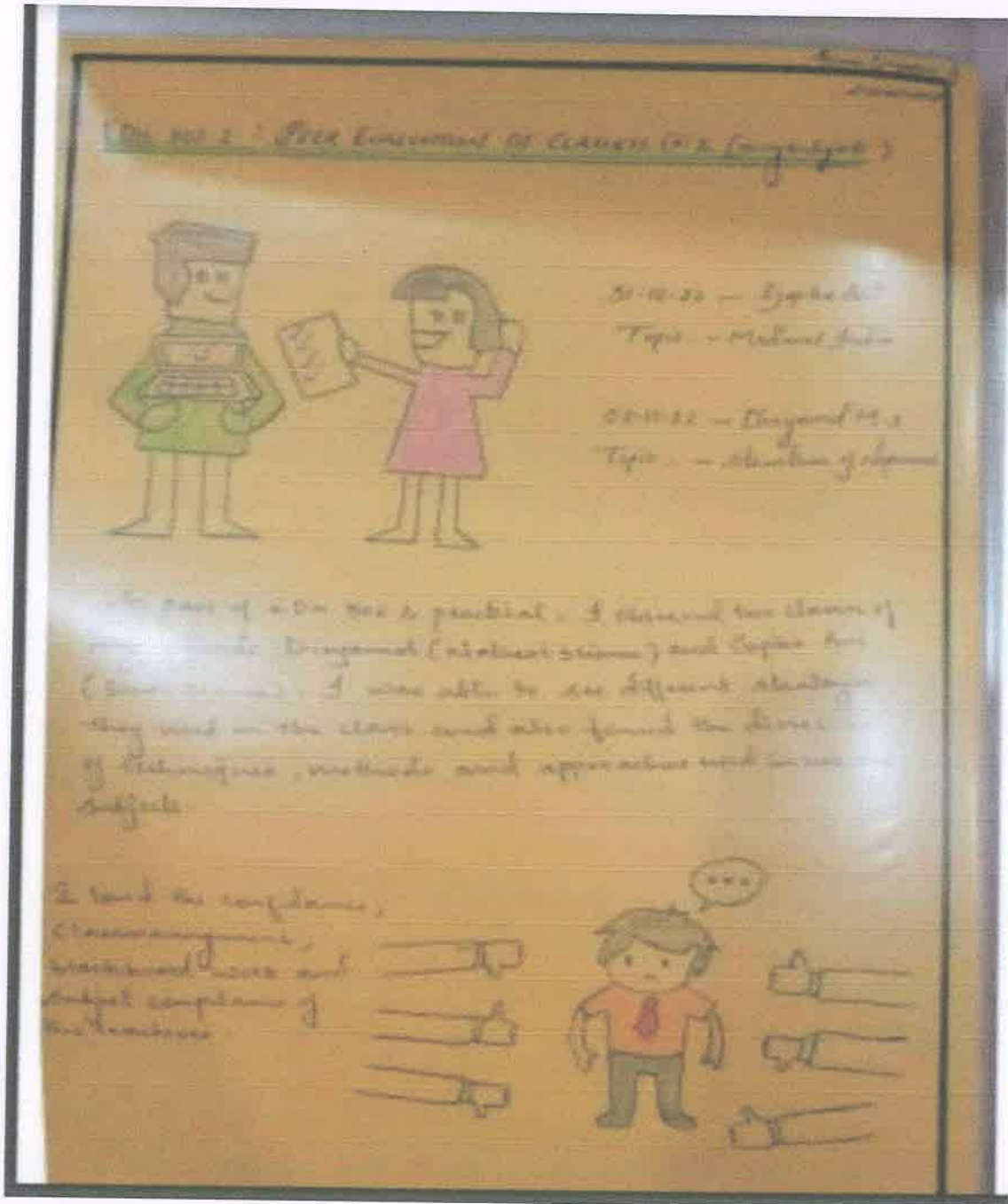
Subject: English  
Unit: Dawn of hope  
Topic: The last leaf - D. L. Sayers

Introduction  
 Teacher was good in building a rapport with the students and effectively establishing a correlation between the introduction and the prescribed topic.

Subject competence  
 The teacher had excellent subject competence which helped her in transacting the particular topic effectively to the pupils.

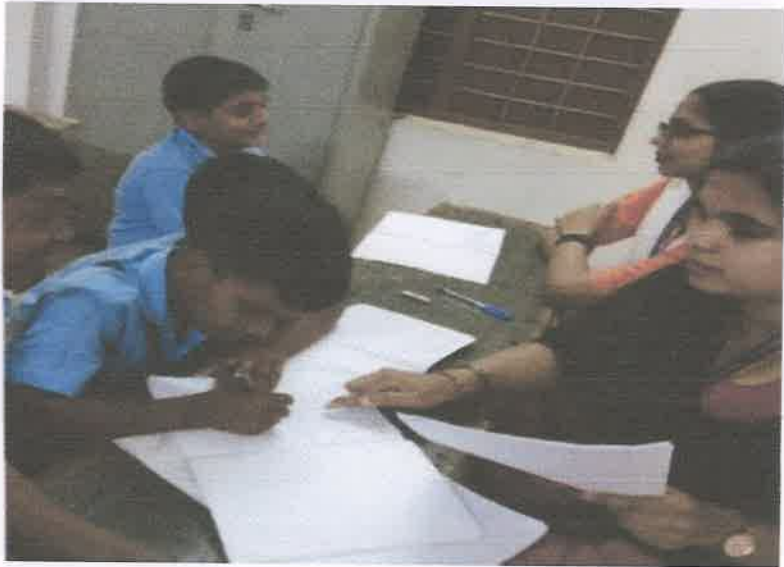



  
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**2. MENTORING**



  
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**3. TIME TABLE PREPARATION**

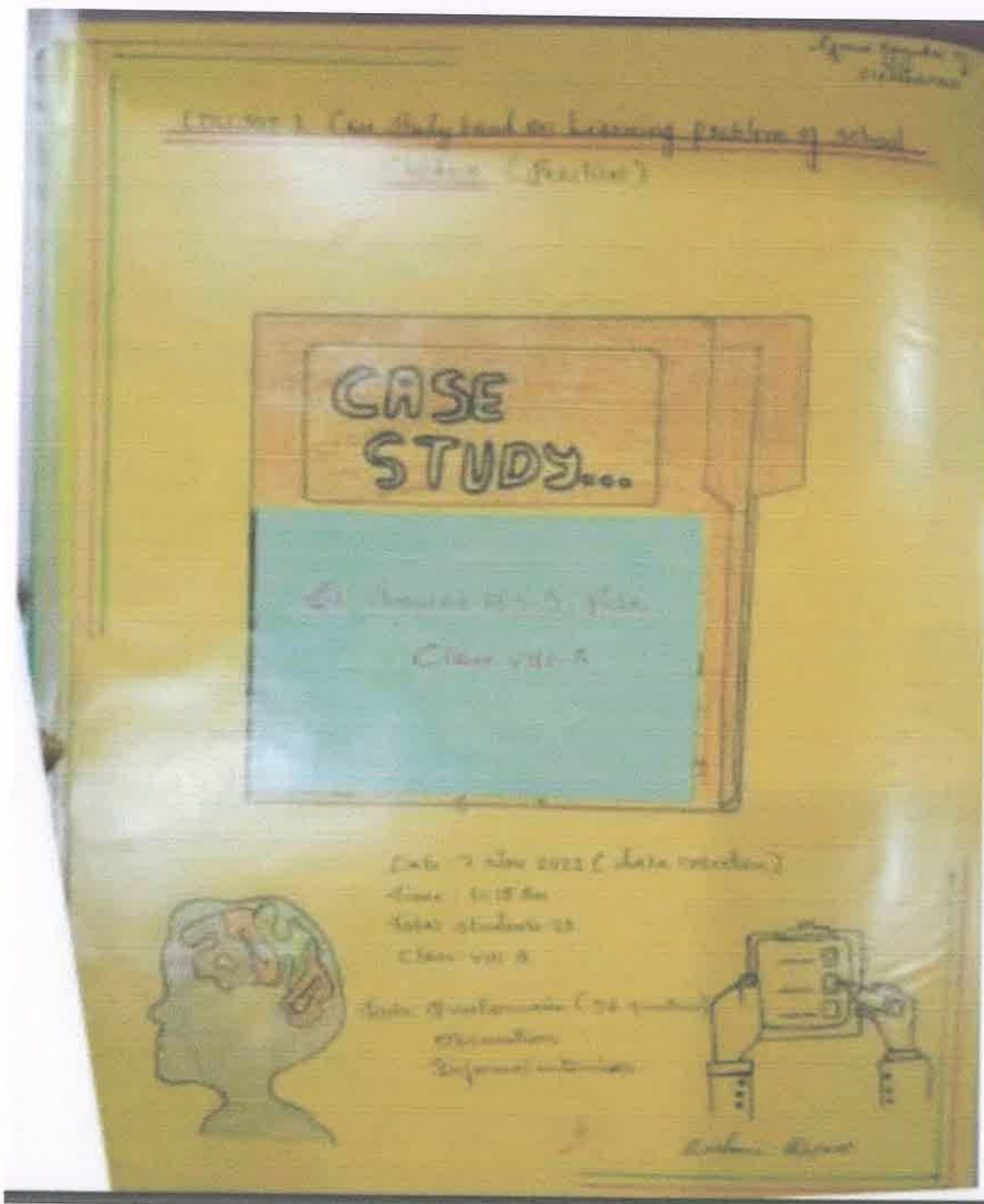
	Monday							Tuesday							Wednesday							Thursday							Friday						
	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
X	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS
XI	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS
XII	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS
B.A.	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS	Eng	Maths	Sci	History	Geo	Art	SS



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**4. STUDENT COUNSELING**

**CASE STUDY BASED ON LEARNING PROBLEMS OF SCHOOL PUPILS**



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**5. PTA MEETING**

**INTERACTION WITH PARENTS**

**Dates of Interaction**

<b>Name of the School</b>	<b>Date</b>
Holy Cross HS Cherpunkal	27/09/2022
Holy Cross HSS Cherpunkal	27/09/2022
Mahatma Gandhi Govt. HS Pala	24/09/2022
Mahatma Gandhi Govt. HSS Pala	24/09/2022
St. Joseph HS Vilakkumadom	26/08/2022
St. Joseph HS Vilakkumadom	26/08/2022
St Augustine's HS Ramapuram	16/10/2022
St Augustine'ss HSS Ramapuram	16/10/2022
St. Mary's GHS Pala	11/11/2022
St. Mary's HSS Bharananganam	23/08/2022
St. Thomas HS Pala	16/10/2022



  
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**6. ASSESSMENT OF STUDENT LEARNING - HOME  
ASSIGNMENT & TESTS**

**ACTION RESEARCH**

Sl No.	Name of the Student	Class	Topic of the Action Research
1	Anu Ann James	English Education	A Study on The Problem of Indifference of a Group of Students in the Class Towards Teaching and Learning of English
2	Gouri Gayathri G	English Education	A Study on the Disruptive Behaviour of Some Students Of Class IX- A of St. Tomas H.S.S Pala
3	Minu Maria Thomas	English Education	A Study on the Reading Problems Among High School Students
4	Minu Mathews	English Education	A Study on the Presence of Gang in Class IX of SHGHS, Bharananganam
5	Mithra James	English Education	A Study on the Poor Handwriting in

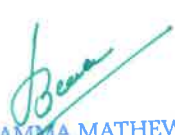


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			English of a Few Students of Class VIII B of St. Joseph's High School, Manathoor
6	Pearly S Thomas	English Education	A Study on the Tendency to Copy The Works of Peers among Students of Class VIII A of MGGHSS Pala
7	Sreelekshmi G R	English Education	A Study on Inattentive Behaviour of Students of St Joseph's G.H.S, Mutholy
8	Suman Sunny	English Education	A Study on the Behaviour of Talking in Class IX B of St. Joseph's H.S.S Vilakkumadom
9	Haripriya J	Mathematics Education	A Study on the Mathematics Phobia of High School Students
10	Jilu Tresa George	Mathematics Education	A Study on The Low Calculation Speed And High Calculation Errors Among the Students of Class X
11	Neethu K M	Mathematics Education	Exponentials of Negative Numbers
12	Rani Baby	Mathematics Education	Mathematics Phobia Among the Students of Class VIII
13	Seenu Thomas	Mathematics Education	Absenteeism Among Students of Class IX B of Sacred Heart GHS Bharananganam

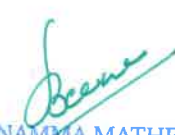


  
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14	Shilpa Elizabeth Joychen	Mathematics Education	Difficulties Faced by Students in Doing Problems Involving Arithmetic Operations
15	Vandana V V	Mathematics Education	Attention Problem in Learning Mathematics Among the Class IX Students
16	Aleena Jose	Physical Science	To Find Difficulty in Identifying the

		Education	Position of Images Formed in Spherical Mirrors
17	Archana Madhu	Physical Science Education	To Find the Difficulty in Identifying the Periodic Trends in the Periodic Table
18	Hanna Elizabeth Joy	Physical Science Education	To Find the Difficulty with the Topic Formation of Images in Concave Mirror
19	Irene Ann George	Physical Science Education	To Find the Difficulty in Defining Current and Potential Difference
20	Josna Jose	Physical Science Education	To Find Difficulty in Distinguishing Acid and Bases From a Salt



  
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21	Liz Teenu Mathews	Physical Science Education	To Find the Difficulty in Doing Problems Related to Identification of Basicity of a Given Acid and to Write the Chemical Equation for Ionization of Acids
22	Ninumol Joseph	Physical Science Education	Difficulty of Students of Standard IX of Holy Cross H.S.S Cherpunkal in Writing the Chemical Formula of Salts
23	Rinku Maria George	Physical Science Education	To Find Difficulty in Stating Universal Law of Gravitation and Equation of Gravitational Law
24	Soniya Dominic	Physical Science Education	To Find Difficulty in Drawing Ray Diagrams of Images Formed by Spherical Mirrors
25	Adithya Shaji	Natural Science Education	A Study on the Difficulty in Memorising Levels of Classification of Cat, Related to Biology Topics Among Students of Standard of Class

			VIII
26	Alfred George	Natural Science Education	A Study on Difficulty Faced by Students in Learning the Current Order of Taxonomic Hierarchical Levels



  
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27	Angel Joseph	Natural Science Education	A Study on the Difficulty of Drawing and Labelling Diagrams Related to Biology Topics among the Students of Standard 9
28	Arya Ashok	Natural Science Education	A Study on Problems Faced by Class VIII Students to Memorise Scientists and Their Contributions
29	Divyamol M S	Natural Science Education	A Study on Confusion in Biological Terms in Standard IX Students
30	Elizabeth T S	Natural Science Education	A Study on Difficulty in Identifying the Scientists and their Contributions Towards Biology, among Students of Standard 8
31	Irine Therasa Dius	Natural Science Education	A Study on the Difficulty in Learning Scientific Names of Animals and Plants among Students of Standard VIII C
32	Krishnanand H	Natural Science Education	A Study on Problems Faced by Class VII Students Correlate Terms and Meanings In Biology
33	Sneha Jose	Natural Science Education	A Study on Problems Faced by Class IX Students to Memorise Terms and Numbers in Biology
34	Anns Thomas	Social Science Education	Difficulty to Distinguish Layers of Atmosphere



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35	Annu Sunny	Social Science	Difficulty in Learning Map Signs and
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		Education	Symbols
36	Archana T S	Social Science Education	Difficulty in Differentiating Between Different Dynasties and the Prominent Rulers in those Dynasties
37	Gopika Anil	Social Science Education	The Students of Standard VIII of St. Thomas HSS Pala Find Difficult to Distinguish Between Latitudinal Lines and Longitudinal Lines on the Map and Globe
38	Jijo Thomas	Social Science Education	A Study on Identifying and Distinguishing the Basic Concepts of National Income Among the Students of Standard IX
39	Minna Mary Tom	Social Science Education	The Students of Standard VIII of St. Mary's GHSS Pala Find Difficulty in Remembering the years in the Chapter 'India and Economic Planning'
40	Sanchu Jose	Social Science Education	Difficulty in Understanding the Concept Ocean Currents
41	Sisirkhosh Mohan	Social Science Education	Identifying and Locating the States and Its Boundaries of India




  
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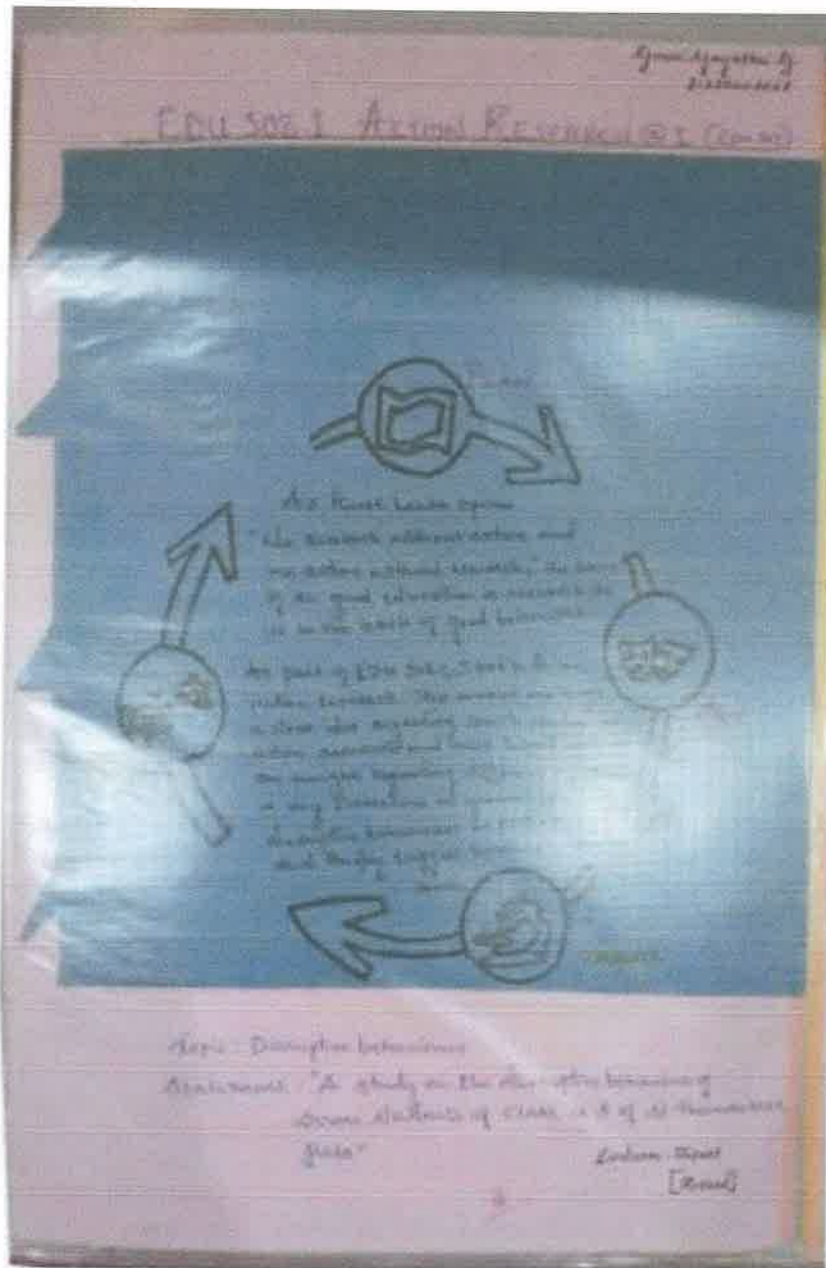
42	Sulumol Sunny	Social Science Education	(Discontinued)
43	Aiswarya K V	Commerce Education	Lack of Clarity in Concepts Answered by Students in the Subject of Business Studies
44	Alina Ann Roy	Commerce Education	A Study on Confusion of Concepts of Business Studies among Students of St. Joseph's HSS Vilakkumadam
45	Athira K P	Commerce Education	(Discontinued)

46	Cyriac Thomas	Commerce Education	Difficulty in Expressing Ideas in English; Lack of Clarity in Concepts Answered by Student in the Subject of Business Studies
47	Dinta Baby	Commerce Education	Difficulty in Remembering Concepts by Students in the Subject of Business Studies
48	Jisha Shaji	Commerce Education	Handwriting Problem- With Reference to Capitalization and Illegible Handwriting
49	Seenu Thomas	Commerce Education	Lack of Clarity in Concepts Answered by Students in the Subject of Business Studies



  
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50	Tom Joseph	Commerce Education	Lack of Clarity in Concepts Answered in the Subject of Business Studies
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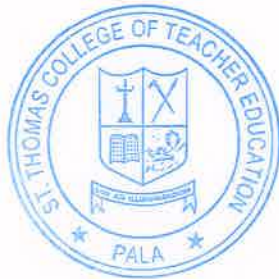
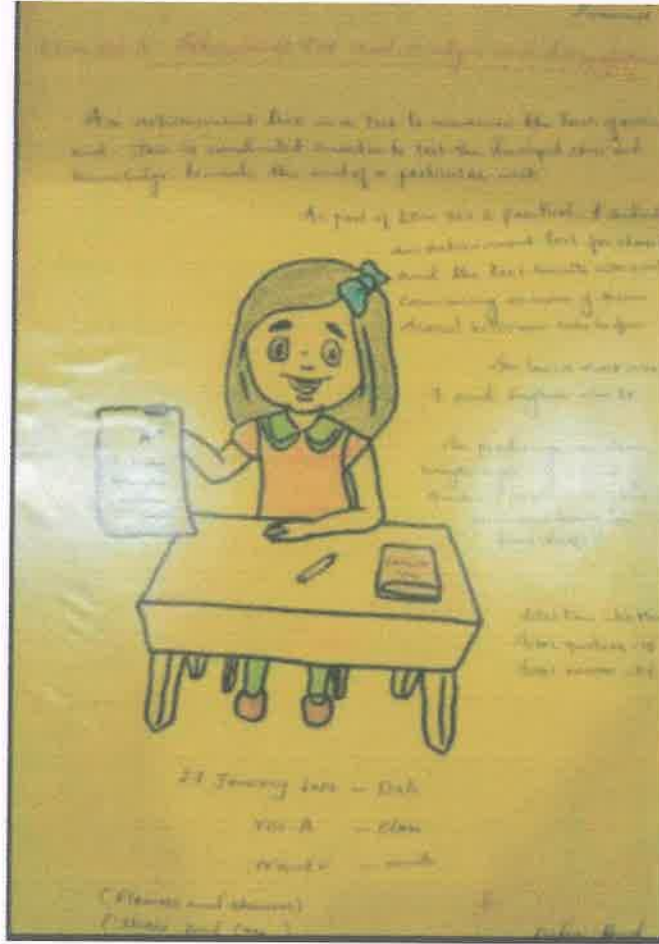
**SELF-ASSESSMENT TOOL**



  
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**ACHIEVEMENT TEST: ANALYSIS AND INTERPRETATION**



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## DIAGNOSTIC TEST

### Diagnostic Test - Analysis And Interpretation

#### Introduction

Martin Fischer was right when he said:

'Diagnosis is not the end, but the beginning of practice.'

The term diagnosis is borrowed from medicine which means identification of disease with the help of patient's symptoms. Teacher like a physician, uses test instrument to obtain scientific and definite proof for making better diagnosis of pupils' difficulties in learning.

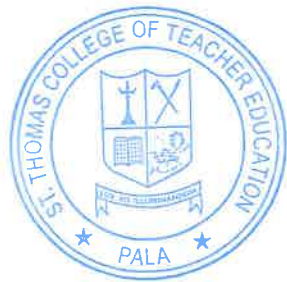
Diagnostic tests are the tests which provide a detailed picture of the weaknesses in the area of pupils' learning. These tests are instruments to find out gaps in their learning.


Difficulties in learning occur at all levels and among pupils of both high and low mental ability. Like a doctor, teacher uses similar techniques to diagnose the relative strength and weakness of pupil in the specific area of study and based on which gives remedial teaching. Thus, the test locates the specific learning deficiencies, so that specific efforts could be made to overcome those deficiencies.

Purpose of Diagnostic test : (i) Identify the weakness and strength  
(ii) Ascertain what learning need to take place



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(23)

### Importance of Diagnostic Test

1. It clarifies the nature of errors.
2. It shows the seriousness of errors.
3. It makes teaching more effective.
4. It facilitates effective remediation learning problems.
5. It helps teacher to meet individual differences.

Diagnostic tests thus serve as a basis for improving instructional methods, instructional materials and learning procedures.

### Examples

- Qualitative Reading Inventory (QRI)
- Diagnostic Reading Assessment (DRA)

### NEED And SIGNIFICANCE

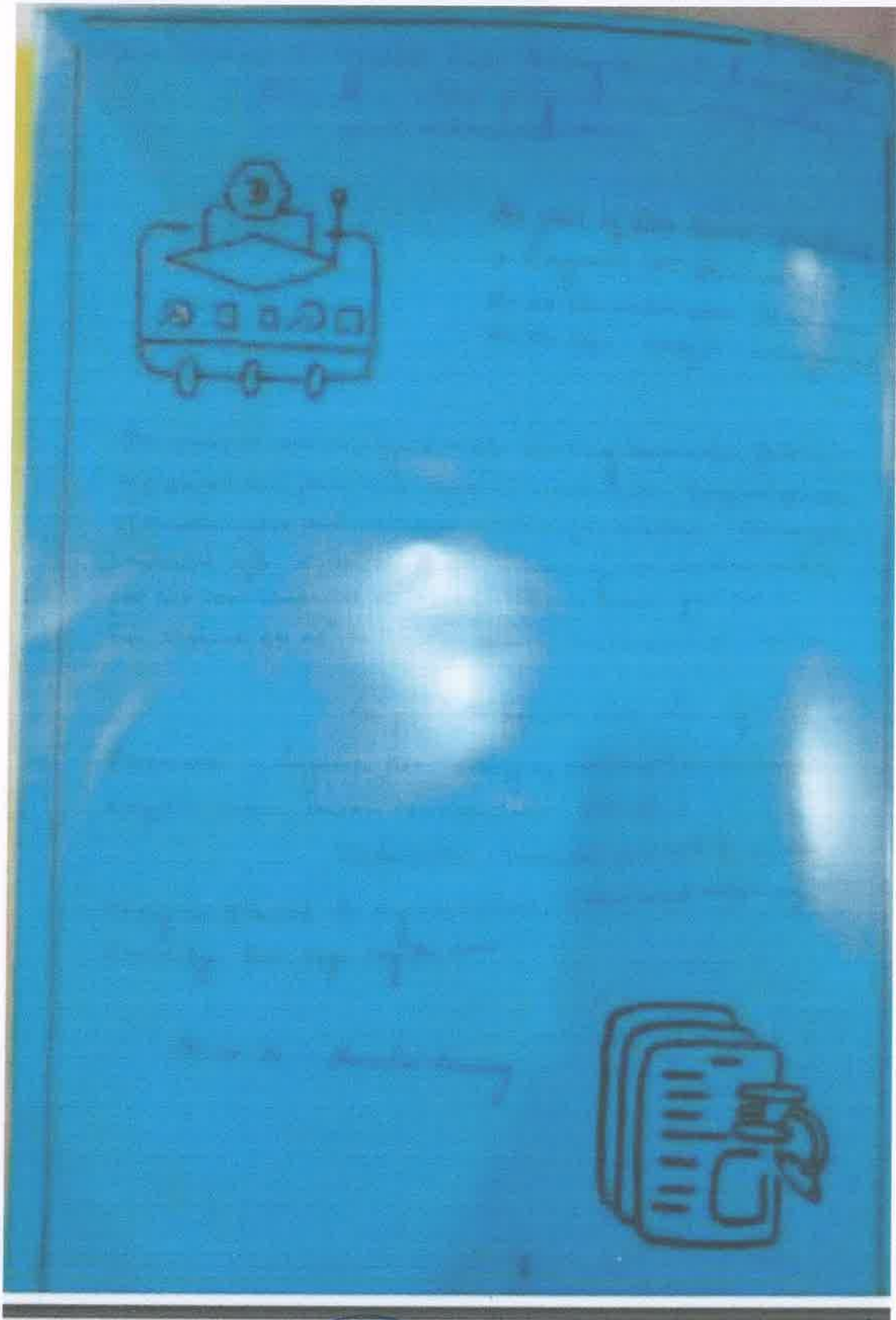
1. Diagnostic test is comprehensive in nature as well as corrective.
2. It acts as a tool for analysis of learning difficulties.
3. It identifies the gaps in learning.
4. It helps the teachers to design correct remedial strategies.
5. The test takes up where the formative test leaves off.

OBJECTIVES :

- To find out the difficulties in the topic subject verb agreement.
- To prepare the best instructional strategy for remedial programme.



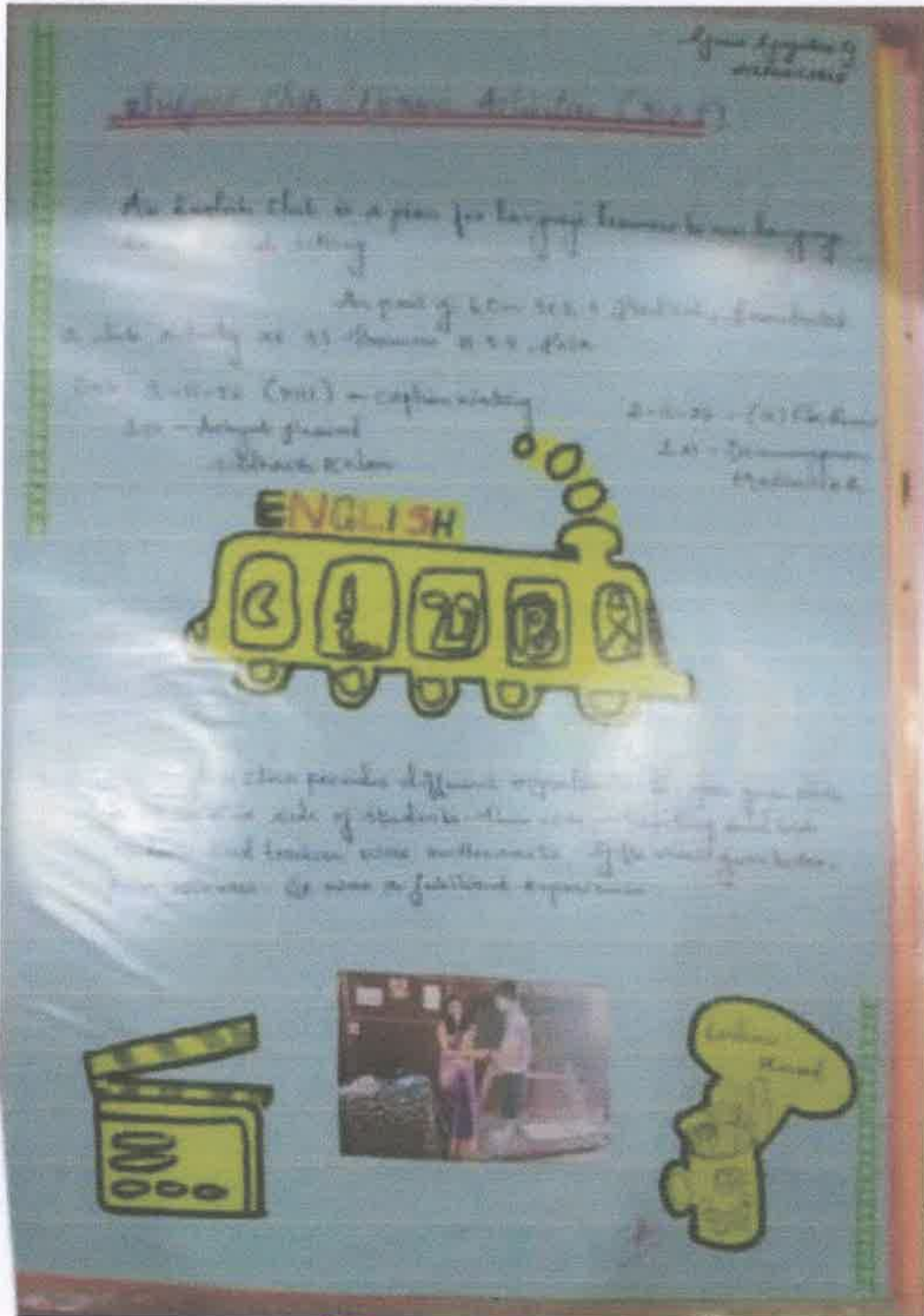
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## 7. ORGANIZING ACADEMIC AND CULTURAL EVENTS

### SUBJECT CLUB ACTIVITIES

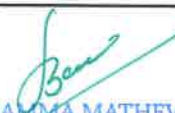


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## CLASS ON DIFFERENT ART FORMS

Sl No	Name of the Student	Class	Name of Art Forms
1	Anu Ann James	English Education	Margamkali, Thiruvathira
2	Gouri Gayathri G	English Education	Kathakali, Bharatanatyam
3	Minu Maria Thomas	English Education	Kathakali, Ottamthullal
4	Minu Mathews	English Education	Kathakali, Ottamthullal
5	Mithra James	English Education	Margamkali, Thiruvathira
6	Pearly S Thomas	English Education	Kathakali, Kathak
7	Sreelekshmi G R	English Education	Kathakali, Mohiniyattam
8	Suman Sunny	English Education	Chakyarkoothu, Margamkali
9	Haripriya J	Mathematics Education	Kathakali, Ottamthullal
10	Jilu Tresa George	Mathematics Education	Margamkali, Thiruvathira
11	Neethu K M	Mathematics Education	Kathakali, Chakyarkoothu
12	Rani Baby	Mathematics Education	Margamkali, Thiruvathira
13	Seenu Thomas	Mathematics Education	Kathakali, Ottamthullal
14	Shilpa Elizabeth Joychen	Mathematics Education	Kathakali, Mohiniyattam
15	Vandana V V	Mathematics Education	Koodiyattam, Kalaripayattu



  
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16	Aleena Jose	Physical Science Education	Kathakali, Ottamthullal
17	Archana Madhu	Physical Science Education	Theyyam, Kathakali
18	Hanna Elizabeth Joy	Physical Science Education	Chakyarkoothu, Margamkali
19	Irene Ann George	Physical Science Education	Kathakali, Mohiniyattam
20	Josna Jose	Physical Science Education	Ottamthullal, Kathakali
21	Liz Teenu Mathews	Physical Science Education	Chakyarkoothu, Margamkali
22	Ninumol Joseph	Physical Science Education	Mohiniyattam, Margamkali
23	Rinku Maria George	Physical Science Education	Kathakali, Chakyarkoothu
24	Soniya Dominic	Physical Science Education	Kathakali, Kuchipudi
25	Adithya Shaji	Natural Science Education	Kathakali, Kuchipudi
26	Alfred George	Natural Science Education	Chakyarkoothu, Kathakali
27	Angel Joseph	Natural Science Education	Kuchipudi, Theyyam, Kathakali
28	Arya Ashok	Natural Science Education	Kathakali, Bharatanatyam
29	Divyamol M S	Natural Science Education	Kathakali, Mohiniyattam



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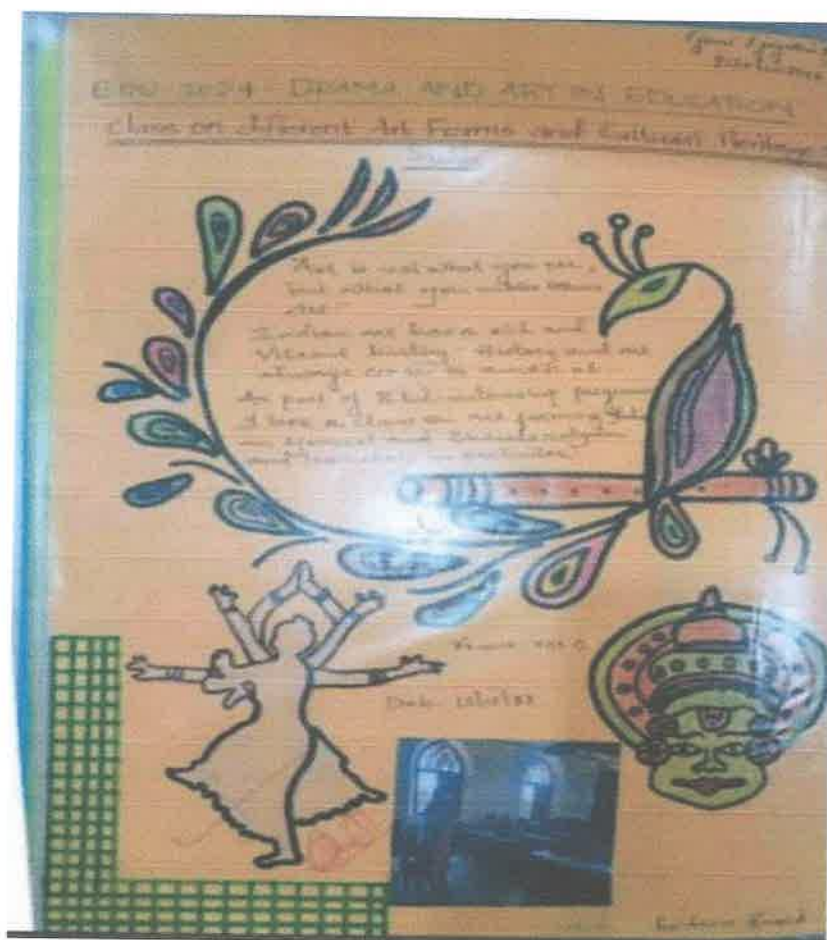
30	Elizabeth T S	Natural Science Education	Ottamthullal, Margamkali
31	Irine Therasa Dius	Natural Science Education	Margamkali, Thiruvathira
32	Krishnanand H	Natural Science Education	Theyyam, Padayani
33	Sneha Jose	Natural Science Education	Kathakali, Bharatanatyam
34	Anns Thomas	Social Science Education	Mohiniyattam, Folk Dance
35	Annu Sunny	Social Science Education	Mohiniyattam, Folk Dance

36	Archana T S	Social Science Education	Theyyam, Kathakali
37	Gopika Anil	Social Science Education	Ottamthullal, Theyyam
38	Jijo Thomas	Social Science Education	Bharatanatyam, Margamkali
39	Minna Mary Tom	Social Science Education	Mohiniyattam, Folk Dance
40	Sanchu Jose	Social Science Education	Ottamthullal, Kathakali
41	Sisirkhosh Mohan	Social Science Education	Mohiniyattam, Folk Dance
42	Sulumol Sunny	Social Science Education	Discontinued
43	Aiswarya K V	Commerce Education	Margamkali, Chavitunadakam
44	Alina Ann Roy	Commerce Education	Theyyam, Kathakali
45	Athira K P	Commerce Education	Discontinued
46	Cyriac Thomas	Commerce Education	Kathakali, Ottamthullal, Kuchipudi
47	Dinta Baby	Commerce Education	Theyyam, Koodiyattam, Padayani



  
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48	Jisha Shaji	Commerce Education	Kathakali, Chakyarkoothu
49	Seenu Thomas	Commerce Education	Ottamthullal, Kathakali
50	Tom Joseph	Commerce Education	Mohiniyattam, Folk Dance



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## NATIONAL INTEGRATION

St Thomas HSS, Pala	Gopika Anil, Divyamol MS, Neethu KM, GouriGayathri G	Seminar, quiz
Mahatma Gandhi Govt.HSS Pala	Sisirkhosh Mohan, Cyriac Thomas, Pearly S Thomas, Vandana V V, Josna Jose	Quiz, debate
St Augustine HSS, Ramapuram	Hanna Elizabeth Joy, Rani Baby, Irene Theresa Dius, Tom Joseph, Dinta Baby	Poster making, Quiz
St Joseph's HSS Vilakkumadam	Alina Ann Roy, Suman Sunny, Alfred George, Liz Teenu Mathews	Quiz, poster
St Antony's HSS, Plassanal	Sanchu Jose, Haripriya J	Poster, quiz
St Mary's HSS, Bharananganam	JishaShaji	Quiz
Holy Cross HSS, Cherpunkal	Ninumol Joseph, Sneha Jose, Jijo Thomas, Aiswarya KV, Seenu Thomas	Quiz
St John NHSS, Kozhuvanal	Krishnanand H, Aleena Jose, Anns Thomas	Quiz




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St John's HS Kurumannu	Annu Sunny, Rinku Maria Joy	Poster
St Joseph's GHS, Mutholy	Sreelekshmi G R, ArchanaMadhu, Archana TS	Poster
St Mary's GHSS, Pala	Irene Ann George, Minu Maria Thomas, Sr Elizabeth T S, Minna Mary Tom	Quiz
Sacred Heart Bharananganam	Minu Mathews, AdithyaShaji, Arya Asok, Soniya Dominic, Shilpa Elizabeth Joychan, Seenu Thomas	Poster
St Joseph's HSS, Manathoor	Anu Ann James, JiluTreesa George, Angel Joseph, Mithra James	Quiz





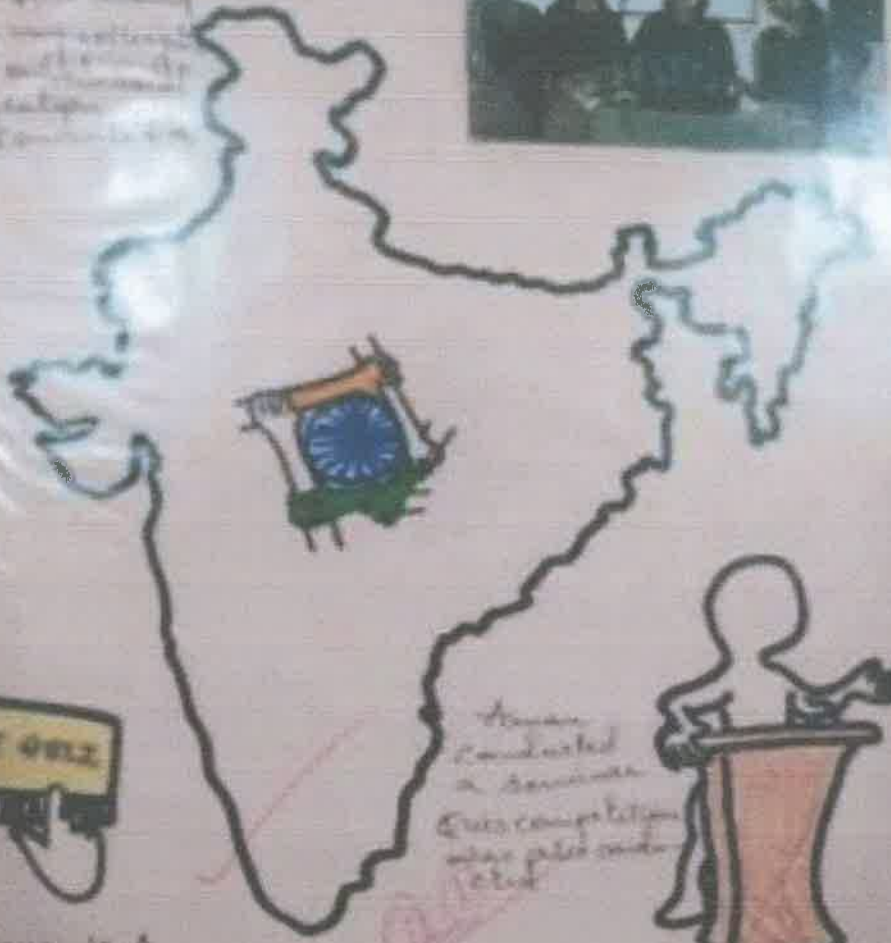

  
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THE GREAT DIYAMA ARTS AND SCIENCE

Organise an activity among students to concentrate on their  
Integrations

India is a land of multiple cultures and diversities. It  
is a kaleidoscope of cultures. As teachers, it is our duty  
to instill national integration and brotherhood among  
students as they spearhead the future of our country.

As part of B.Ed. Internship  
Programme, I had a small  
session along  
with my college  
based on national  
integration  
and brotherhood.



Human  
Conducted  
a seminar  
Quiz competition  
was held under  
it.

Year: 18 A  
St. Thomas H.S.S. Pala  
09 December 2022



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**8. MAINTAINING DOCUMENTS**

**OFFICE WORK**

2021-2025 Batch

Supervision Diary SUMAN SUNNY

Other programmes/ Activities/ Initiatives

Sl No.	Name of the Programme	Date	Programme/ Activity/ Initiative	Involvement
1	Mid-day meal	Identified	the food	
2	Examinations		Supervision	
3	Minor office work		Clerical help	
4	Annual Day		Arrangement	
5	Anti-drug Campaign		Participation/Rally	
6				
7				
8				

Comments of the Supervising Teacher (School)

	Very good	Good	Average	Need Improvement
Punctuality		✓		
Courtesy		✓		
Duty consciousness		✓		
Use of technology/ teaching aid		✓		
Class management		✓		

Signature of the Supervising teacher *Suman Sunny*

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**9. ADMINISTRATIVE RESPONSIBILITIES- EXPERIENCE/ EXPOSURE**

**KALOLSAVAM ORGANIZATION**



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2021-2023

Supervision Diary Standard V V

**Other programmes/ Activities/ Initiatives**

Sl No.	Name of the Programme	Date	Programme/ Activity/ Initiative	Involvement
1	assisted the Programme committee of	16/11/22		Representation
2	in the sub district kala saram	to 19/11/22		committee member
3	Graded classes	Every Monday	Helping Students	Help Students
4				
5				
6				
7				
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			


*Beena*  
Signature of the Supervising teacher

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**ORGANIZING ONE DAY CAMP**

2021-23

Supervision Diary NINUMOL JOSEPH -----

**Other programmes/ Activities/ Initiatives**

Sl No.	Name of the Programme	Date	Programme/ Activity/ Initiative	Involvement
1	One day camp.	20/10		✓
2	Retreat	11/11		✓
3	Annual day	27/11		✓
4	,	3/11		✓
5	Midday meal			✓
6	Arts day program		✓	
7	ADART CLUB <sup>tion</sup>	1/11		✓
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

*Henry Joseph,*  
Signature of the Supervising teacher

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**ANNUAL DAY**



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2021 - 2023

Supervision Diary BEENU THOMAS

Other programmes/ Activities/ Initiatives

No	Name of the Programme	Date	Programme or Activity/ Initiative	Conclusion
1	Annual day			
2	Articulate Program			Very good
3	MSA Clubs activity			Very good & Inspiring
4	Annual day			
5				
6				
7				
8				

Comments of the Supervising Teacher (School)

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

*Beenu Thomas*  
Signature of the Supervising Teacher

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ANTI-DRUG DAY



*Beenu*  
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2021-23 Batch

**Supervision Diary** IRINE THERESA DIAS  
**Other programmes/ Activities/ Initiatives**

Sl No.	Name of the Programme	Date	Programme/ Activity/ Initiative	Involvement
1	Anti Drug Campaign	10/11/22	Activity	Volunteer
2	Sub district Kalasam	14/11/22	Activity	Volunteer
3	Sports Meet	06/11/22	Programme	Volunteer
4				
5				
6				
7				
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

*Irine Theresa Dias*  
 Signature of the Supervising teacher

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**10. PREPARATION OF PROGRESS REPORT**

**CHECKING ASSIGNMENTS**



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**ORGANIZING AND ADMINISTERING EXAMINATION**

2021-23 Batch

Supervision Diary - Mithra James

**Other programmes/ Activities/ Initiatives**

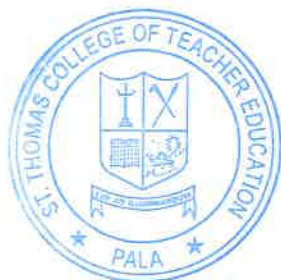
Sl No.	Name of the Programme	Date	Programme or Activity/ Initiative	Involvement
1	Mid day meal	Everyday	Some time	
2	Examinations	19/10/22	Supervisor	
3	Spoken English class for weak students	1 month	Helped the students to improve their abilities	
4				
5	Poster making	23/1/23	Guide them and gave instructions	
6	Quiz Competition	13/1/23		
7	Special class	1 month	For the weaker students	
8	Wrote script for the skit competition	For 1 month	Guided the students & won the prize	


**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid		✓		
Class management		✓		

Signature of the Supervising teacher

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2021-2023

**Supervision Diary MINU MARIA THOMAS**

**Other programmes/ Activities/ Initiatives**

Sl No.	Name of the Program etc	Date	Programs or Activity/ Initiative	Involvement
1	Host day meal		Supervision	Supervision
2	Examiners papers		Supervision	Supervision
3	Quiz competition	3/12/22	Supervision	Supervision
4	Open day celebration	7/11/22	Supervision	Supervision
5	Annual day celebration	15/1/23	Supervision	Supervision
6	Children's day celebration	14/11/22	Supervision	Supervision
7	Handicrafts competition		Supervision	Supervision
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

Signature of the Supervising teacher  
St. Thomas College Teacher Education Pala

2021-23 Batch

**Supervision Diary JISHA SHRI**

**Other programmes/ Activities/ Initiatives**


Sl No.	Name of the Program etc	Date	Programs or Activity/ Initiative	Involvement
1	Sahridaya club exhibition	4/12/22		Judge
2	Quiz competition	9/12/22		Quiz master
3	Exam invigilator	15/1/23		
4	Anti drug Day program	1/1/23		Anght Jaiswal Puja Reddy
5	Annual Day	23/1/23		Discipline Data
6				
7				
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

Signature of the Supervising teacher  
St. Thomas College Teacher Education Pala



  
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## SUPPORTING DOCUMENTS

2021-23

Supervision Diary PEARLY S THOMAS

Other programmes/ Activities/ Initiatives

Sl No	Name of the Programme	Date	Programme or Activity/ Initiative	Involvement
1	Assisted Programme	16-18 Oct	Volunteers	Full day involvement
2	Kalathayam	20-20 Feb	1st semester classes	Resource person
3	Anti-Drug day rally	21st Oct		Volunteers
4	Mid-day meal scheme	1st Feb	Served noon meal	Distributor
5	School Anniversary	21 Jan	Teaching students	Volunteers
6				
7				
8				

Comments of the Supervising Teacher (School)

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid		✓		
Class management		✓		

Signature of the Supervising Teacher

St. Thomas College Teacher Education Pala

2021-23 BATCH

Supervision Diary CYRIAC THOMAS

Other programmes/ Activities/ Initiatives

Sl No	Name of the Programme	Date	Programme or Activity/ Initiative	Involvement
1	DEBATE on Spinal	29/11/22	Club Activity	Moderator
2	Debate on -	01/12/22	Activity	Moderator
3	Cleaning Computer lab	21/12/22	Initiative	Full
4	Guest Lecture Class	07/01/23	Initiative	Speaker
5	Assembly organising	14/01/23	Programme	Organiser
6	Assisted Day	21/01/23	Programme	Food distribution
7	School Kalathayam	25/01/23	Programme	Food distribution
8				

Comments of the Supervising Teacher (School)

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

Signature of the Supervising teacher

St. Thomas College Teacher Education Pala



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2021-23 BATCH

Supervision Diary ADITHYAN SHAJI

**Other programmes/ Activities/ Initiatives**

Sl No.	Name of the Programme	Date	Programme or Activity/ Initiative	Involvement
1	Mid Day Meal	Everyday		Serving lunch
2	Youth Festival Training	December		Training
3	Anti Drug Campaign	November	Rally	Volunteer
4	Sports Day	Jan 2	Games	Volunteer
5	Annual Day	Jan 30 Feb 1		Volunteer
6	Republic Day Celebration	Jan 25	Flag making competition	Judge
7	Mathematics Day	Dec 8	Problem solving	Judge
8	Alphonsa Day Colouring	July 26	Colouring competition	Judge

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

Signature of the Supervising teacher  
St. Thomas College Teacher Education Pala

2021-23 Batch

Supervision Diary SEENLA THOMAS

**Other programmes/ Activities/ Initiatives**


Sl No.	Name of the Programme	Date	Programme or Activity/ Initiative	Involvement
1	Mid day Meal	Everyday		Serving lunch
2	Youth festival training	December	Cultural activities	Training & Volunteering
3	Anti drug campaign	November	Poster making	Volunteering
4	Sports day	Jan 12	Games	Volunteering
5	Annual day	Jan 30 Feb 1		Volunteering
6	Republic Day	Jan 25	Flag making competition	Judge
7	Mathematics day	December	Problem solving	Judge
8	Alphonsa day colouring	July 26	Colouring competition	Judge

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management		✓		

Signature of the Supervising teacher  
St. Thomas College Teacher Education Pala



  
 Prof. Dr. BEENAMMA MATHEW  
 PRINCIPAL  
 ST. THOMAS COLLEGE OF  
 TEACHER EDUCATION  
 PALA



2021-23 Batch

Supervision Diary Dr. Beena Mathew

Other programmes/ Activities/ Initiatives

Sl No.	Name of the Programme	Date	Programme/ Activity/ Initiative	Involvement
1	Sports Day	15/11/23	Games	Judge
2	Annual day	10/1/23	Events	Volunteer
3	Mid-day meal			
4	Anti-drug campaign	9/11/23	Rally	Volunteer
5	Children's day	14/11/23	Poster Making	Judge
6	Lab cleaning	24/11/23	Assignment	
7				
8				

Comments of the Supervising Teacher (School)

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

Signature of the Dr. Beena Supervising teacher

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St. Thomas College Teacher Education Pala

2021-23 Batch

Supervision Diary SANCHU JOSE

Other programmes/ Activities/ Initiatives

Sl No.	Name of the Programme	Date	Programme/ Activity/ Initiative	Involvement
1	Youth Festival	24/10/23		Judge
2	Anniversaries	20/1/23		Programmer
3	Sports Day	13/1/23	Games	"
4	Sesqui cent	25/1/23	Quiz	Quiz Master
5				
6				
7				
8				

Comments of the Supervising Teacher (School)

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

Signature of the Sanchu Jose Supervising teacher

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2021-23 Batch

**Supervision Diary E.A.N.L - BABY**

**Other programmes/ Activities/ Initiatives**

Sl No	Name of the Programme	Date	Programme/ Activity/ Initiative	Involvement
1	Anti Drug Campaign	10-11-22	Activity	Volunteers
2	Subdistrict Kalosavum	14-11-22	Activity	Volunteers
3	Sports Meet	26-11-22	Programme	Volunteers
4				
5				
6				
7				
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management		✓		

Signature of the Supervising teacher

St. Thomas College Teacher Education Pala

2021-23 Batch

**Supervision Diary - Tom Joseph**

**Other programmes/ Activities/ Initiatives**

Sl No	Name of the Programme	Date	Programme/ Activity/ Initiative	Involvement
1	Pumpkin Seed Oil	14/11/22	Workshop	
2	halal	16	Workshop	
3	Fun Arts	12/11/22	Workshop	
4	Sound in Musical	12/11/22	Workshop	
5				
6				
7				
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

Signature of the Supervising teacher

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St. Thomas College Teacher Education Pala



Prof. Dr. BEENAMMA MATHEW  
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PALA

2021-2022 Batch

Supervision Diary PLEENR JOSE

Other programmes/ Activities/ Initiatives

Sl No.	Name of the Programme	Date	Programme or Activity/ Initiative	Involvement
1	Kalabavaram	14/09/21		Volunteer
2	Mid day meal	14/09/21		✓
3	Annual day	30/11/21		Volunteer
4	Bats day			✓
5	Adapt club program	Nov 1		Volunteer
6				
7				
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

Signature of the Supervising teacher

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2021-22 Batch

Supervision Diary Beena

Other programmes/ Activities/ Initiatives

Sl No.	Name of the Programme	Date	Programme or Activity/ Initiative	Involvement
1	Review Kalabavaram	12-11-21	Clay model	Volunteer
2	Quiz Competition	20-11-21	Quiz	Volunteer
3	Science Fair	29-11-21	Volunteer	Volunteer
4	Kerala provincially	1-12-21	Judge	Judge
5	Christmas celebration	22-12-21	Volunteer	Judge
6	24-12-21 Pictorial	24-12-21	Volunteer	Coordinator
7	School Anniversary	6-2-22	Volunteer	Volunteer
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

Signature of the Supervising teacher

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2021-23 Batch

Supervision Diary RINKU MARIA JOY

**Other programmes/ Activities/ Initiatives**

Sl No.	Name of the Programme	Date	Programme or Activity/ Initiative	Involvement
1	sports day	29/1/23	Games	Volunteer
2	Annual day	30/1/23	Programme	Voluntary
3	Mid day meal pg			Voluntary
4	Science fair	10/1/23	Exhibition	Judge
5	Football tournament	29/1/23	Games	Refreshment
6	Environment day	27/1/23	Poster making	Judge
7	children's day	14/1/23	Quiz	Judge
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need improvement
Punctuality	✓			
Courtesy		✓		
Duty consciousness	✓			
Use of technology/ teaching aid		✓		
Class management		✓		

*Rinku Maria Joy*  
Signature of the Supervising teacher

St. Thomas College Teacher Education Pala

Archana - T-5

Supervision Diary 2021-2023

**Other programmes/ Activities/ Initiatives**

Sl No.	Name of the Programme	Date	Programme or Activity/ Initiative	Involvement
1	Continuation	10/1/23	Programme	Photography
2	Mid day meal	12/1/23	Programme	Photography
3	Club activity		Judge	
4	Environment day	10/1/23	Programme	Photography
5	children's Day	14/1/23	Programme	Photography
6	Annual day	11/1/23	Programme	Photography
7				
8				

**Comments of the Supervising Teacher (School)**

	Very good	Good	Average	Need Improvement
Punctuality	✓			
Courtesy	✓			
Duty consciousness	✓			
Use of technology/ teaching aid	✓			
Class management	✓			

*Beena*  
Signature of the Supervising teacher

St. Thomas College Teacher Education Pala



*Beena*  
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