



Phone: 04822 - 216537

ST. THOMAS COLLEGE OF TEACHER EDUCATION

PALA - 686 575, KOTTAYAM (DT.) KERALA STATE

Re-accredited at A Grade by NAAC

E-mail: stcepala@gmail.com

Website: http://stcte.ac.in

DECLARATION

Reference: List of Students Enrolled in Value-Added Courses

During the academic year 2022-2023, the students of two B.Ed. batches (I Yr and II Yr) and that of two M.Ed. batches (I Yr and II Yr) enrolled for five of the Value-Added courses the college offers.

1. **Adolescent Counselling:** Both I year and II year B.Ed. students enrolled for the course (96)
2. **Aerobics:** B.Ed. I Year students enrolled for the course (48)
3. **Yogic Practices:** B.Ed. I Year students enrolled for the course (48)
4. **Online Assessment Tools:** B.Ed. I Year students enrolled for the course (48)
5. **Bottle Art:** M.Ed. I Year and II Year students enrolled for the course (35)

Total enrolled students without repeat count = 96 + 35 = 131

In the academic year 2021-2022, the students of B.Ed. I Year students enrolled for the two Value Added Courses

1. **Aerobics:** B.Ed. I Year students enrolled for the course (48)
2. **Yogic Practices:** B.Ed. I Year students enrolled for the course (48)


Total enrolled students without repeat count = 48

During the academic year 2020-2021, the students of two B.Ed. batches (I Yr and II Yr) and that of M.Ed. II Yr students enrolled in the value-added courses the college offers.

1. **Adolescent Counselling:** Both I year and II year B.Ed. students enrolled for the course (50)
2. **Aerobics:** B.Ed. I Year students enrolled for the course (50)
3. **Yogic Practices:** B.Ed. I Year students enrolled for the course (50)
4. **Values and Peace:** B.Ed. I Year students enrolled for the course (50)
5. **Media and Information Literacy: students** enrolled for the course (10)
6. **Online Assessment Tools:** B.Ed. I Year and II Year students enrolled for the course (100)

Total enrolled students without repeat count = 100+10= 110




Prof. Dr. BEENAAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

In the academic year 2019-2020, the students of B.Ed. I Year students and M.Ed. I Year students enrolled in the Value Added Courses the college offers.

1. **Adolescent Counselling:** Both I year and II year B.Ed. students enrolled for the course (50)
2. **Aerobics:** B.Ed. I Year students enrolled for the course (28)
3. **Yogic Practices:** B.Ed. I Year students enrolled for the course (28)
4. **Values and Peace:** B.Ed. I Year students enrolled for the course (50)
5. **Pro-Active Gender Responsibility:** B.Ed. I Year students enrolled for the course (50)
6. **Bottle Art:** M.Ed. I Year students enrolled for the course (9)

Total enrolled students without repeat count = 50+9 =59

In the academic year 2018-2019, the students of B.Ed. I Year enrolled for the Value Added Courses the college offers.


1. **Adolescent Counselling:** Both I year and II year B.Ed. students enrolled for the course (48)
2. **Aerobics:** B.Ed. I Year students enrolled for the course (31)
3. **Yogic Practices:** B.Ed. I Year students enrolled for the course (31)
4. **Pro-Active Gender Responsibility:** B.Ed. I Year students enrolled for the course (48)

Total enrolled students without repeat count = 48

Therefore, the total number of students, without repeat count, enrolled for the value-added Courses in the last five years is given below.

Total Number of Students Enrolled in the Value-Added Courses in the last five years	
Year	No. of Students Enrolled (without repeat count)
2022-2023	131
2021-2022	48
2020-2021	110
2019-2020	59
2018-2019	48
Grant Total	396




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA



**ST. THOMAS COLLEGE
OF TEACHER EDUCATION, PALA
ESTD. 1957**

**List of the Students Enrolled in the Value-Added Courses
2022-2023**

Sl.No:	Course code	Course Name	Number of Students	Programme	Page No:
1.	STCTE VAC 001	Adolescent Counselling	96	B.Ed.	1-4
2.	STCTE VAC 003	Aerobics	48		5-6
3.	STCTE VAC 004	Yogic Practices	48		7-8
4.	STCTE VAC 009	Online Assessment Tools	48		9-10
5.	STCTE VAC 010	Bottle Art	35	M.Ed.	11-12
Total		5	275		

2021-2022

1.	STCTE VAC 003	Aerobics	48	B.Ed.	13-14
2.	STCTE VAC 004	Yogic Practices	48		15-16
Total		2	96		

2020-2021

1.	STCTE VAC 001	Adolescent Counselling	50	B.Ed.	17-18
2.	STCTE VAC 003	Aerobics	50		19-20
3.	STCTE VAC 004	Yogic Practices	50		21-22
4.	STCTE VAC 005	Values and Peace	50		23-24
5.	STCTE VAC 006	Media and Information Literacy	10		25
6.	STCTE VAC 009	Online Assessment Tools	100		25-29
Total		6	309		



Prof. Dr. BEENAMMA MATHEW
PRINCIPAL

ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

2019-2020

1.	STCTE VAC 001	Adolescent Counselling	50	B.Ed.	30-31
2.	STCTE VAC 003	Aerobics	28		32-33
3.	STCTE VAC 004	Yogic Practices	28		33-34
4.	STCTE VAC 005	Values and Peace	50		34-36
5.	STCTE VAC 008	Pro-Active Gender Responsibility	50		36-37
6.	STCTE VAC 010	Bottle Art	9	M.Ed.	38
Total		6	215		


2018-2019

.1.	STCTE VAC 001	Adolescent Counselling	48	B.Ed.	39-40
2.	STCTE VAC 003	Aerobics	31		41-42
3.	STCTE VAC 004	Yogic Practices	31		42-43
4.	STCTE VAC 008	Pro-active gender Responsibility	48		43-45
Total		4	158		

Total Number of Students Enrolled in the Value-Added Courses in the last five years

Year	No. of Students Enrolled (without repeat count)
2022-2023	131
2021-2022	50
2020-2021	110
2019-2020	59
2018-2019	50
Grant Total	400




 Prof. Dr. BEENANMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

**St. THOMAS COLLEGE OF TEACHER EDUCATION
PALA**

List of Students Enrolled in Value Added Course

2022-2023

STCTE VAC 001: ADOLESCENT COUNSELLING 2022-2023

Sl. No.	Reg. No.	Name	Subject	Remark 2021-2023 Batch
1.	213240112067	Anu Ann James	English	
2.	213240112068	Gouri Gayathri G	English	
3.	213240112069	Minu Maria Thomas	English	
4.	213240112070	Minu Mathews	English	
5.	213240112071	Mithra James	English	
6.	213240112072	Pearly S Thomas	English	
7.	213240112073	Sreelekshmi G.R.	English	
8.	213240112074	Sunan Sunny	English	
9.	213240112075	Haripriya J	Mathematics	
10.	213240112076	Jilu Tresa George	Mathematics	
11.	213240112077	Neethu K. M	Mathematics	
12.	213240112078	Rani Baby	Mathematics	
13.	213240112079	Seenu Thomas	Mathematics	
14.	213240112080	Shilpa Elizabeth Joychen	Mathematics	
15.	213240112081	Vandana V V	Mathematics	
16.	213240112082	Aleena Jose	Physical Science	
17.	213240112083	Archana Madhu	Physical Science	
18.	213240112084	Hanna Elizabeth Joy	Physical Science	
19.	213240112085	Irene Ann George	Physical Science	
20.	213240112086	Josna Jose	Physical Science	



Prof. Dr. BEENAMMA MATHEY
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

21.	213240112087	Liz Teenu Mathews	Physical Science	
22.	213240112088	Ninumol Joseph	Physical Science	
23.	213240112089	Rinku Maria Joy	Physical Science	
24.	213240112090	Soniya Dominic	Physical Science	
25.	213240112091	Adithya Shaji	Natural Science	
26.	213240112092	Alfred George	Natural Science	
27.	213240112093	Angel Joseph	Natural Science	
28.	213240112094	Arya Ashok	Natural Science	
29.	213240112095	Divyamol M S	Natural Science	
30.	213240112096	Elizabeth T. S	Natural Science	
31.	213240112097	Irine Therasa Dius	Natural Science	
32.	213240112098	Krishnanand H	Natural Science	
33.	213240112099	Sneha Jose	Natural Science	
34.	213240112100	Anns Thomas	Social Science	
35.	213240112101	Annu Sunny	Social Science	
36.	213240112102	Archana T S	Social Science	
37.	213240112103	Gopika Anil	Social Science	
38.	213240112104	Jijo Thomas	Social Science	
39.	213240112105	Minna Mary Tom	Social Science	
40.	213240112106	Sanchu Jose	Social Science	
41.	213240112107	Sisirkhosh Mohan	Social Science	
42.	213240112109	Aiswarya KV	Commerce	
43.	213240112110	Alina Ann Roy	Commerce	
44.	213240112112	Cyriac Thomas	Commerce	
45.	213240112113	Dinta Baby	Commerce	
46.	213240112114	Jisha Shaji	Commerce	
47.	213240112115	Seenu Thomas	Commerce	
48.	213240112116	Tom Joseph	Commerce	




 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA
VALUE ADDED COURSE

STCTE VAC 001: ADOLESCENT COUNSELLING 2022-2023

Sl. No.	Reg. No.	Name	Subject	Remark 2022-2024 Batch
1.	223240112064	Amrutha P Anil	English	
2.	223240112065	Ancymol Joy	English	
3.	223240112066	Emma Maria Joseph	English	
4.	223240112067	Nayana Babu	English	
5.	223240112068	Reshmi K R	English	
6.	223240112069	Sivani Sai A S	English	
7.	223240112070	Sneha Jose	English	
8.	223240112071	Sradha Meria Babu	English	
9.	223240112072	Alan Maria Benny	Mathematics	
10.	223240112073	Alphonsa Mathew	Mathematics	
11.	223240112074	Arsha M S	Mathematics	
12.	223240112075	Catherine Jose	Mathematics	
13.	223240112076	Linta Eldos	Mathematics	
14.	223240112077	Linta Joseph	Mathematics	
15.	223240112078	Riya Tresa Royce	Mathematics	
16.	223240112079	Sandeep Kumar V	Mathematics	
17.	223240112080	Aleena Elizabeth Alex	Physical Science	
18.	223240112081	Anse Maria Tomy	Physical Science	
19.	223240112082	Denna Jose	Physical Science	
20.	223240112084	Fathima Salim	Physical Science	
21.	223240112085	Jeffin Jose James	Physical Science	
22.	223240112086	Sethulakshmi T K	Physical Science	



Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

23.	223240112087	Sona Alex	Physical Science	
24.	223240112088	Tessy Kurian	Physical Science	
25.	223240112089	Ajmeya Suliman	Natural Science	
26.	223240112090	Albi Mohan V	Natural Science	
27.	223240112091	Anand K S	Natural Science	
28.	223240112092	Anita Thomas	Natural Science	
29.	223240112093	Athira Mohan	Natural Science	
30.	223240112094	Divya Thankachan	Natural Science	
31.	223240112095	Lidwin Maria George	Natural Science	
32.	223240112096	Nithin C T	Natural Science	
33.	223240112097	Adhila	Social Science	
34.	223240112098	Annu Abraham	Social Science	
35.	223240112099	Annu Paulin Joseph	Social Science	
36.	223240112100	Ginse Jose	Social Science	
37.	223240112101	Lijo Jose	Social Science	
38.	223240112102	Liya Mathew	Social Science	
39.	223240112103	Nibin Babu	Social Science	
40.	223240112104	Pearl Annie Sen	Social Science	
41.	223240112105	Vinduja V	Social Science	
42.	223240112106	Ajina Joseph	Commerce	
43.	223240112107	Amalu K Alias	Commerce	
44.	223240112108	Devika R	Commerce	
45.	223240112109	Elizebeth Cyriac	Commerce	
46.	223240112110	Meriya Veronica Sam	Commerce	
47.	223240112111	Merrin Ann Philip	Commerce	
48.	223240112112	Sreeshma Das K	Commerce	




 Prof. Dr. BEETHAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 003: AEROBIC 2022-2023

Sl. No.	Reg. No.	Name	Subject	Remark 2022-2024 Batch
1.	223240112064	Amrutha P Anil	English	
2.	223240112065	Ancymol Joy	English	
3.	223240112066	Emma Maria Joseph	English	
4.	223240112067	Nayana Babu	English	
5.	223240112068	Reshmi K R	English	
6.	223240112069	Sivani Sai A S	English	
7.	223240112070	Sneha Jose	English	
8.	223240112071	Sradha Meria Babu	English	
9.	223240112072	Alan Maria Benny	Mathematics	
10.	223240112073	Alphonsa Mathew	Mathematics	
11.	223240112074	Arsha M S	Mathematics	
12.	223240112075	Catherine Jose	Mathematics	
13.	223240112076	Linta Eldos	Mathematics	
14.	223240112077	Linta Joseph	Mathematics	
15.	223240112078	Riya Tresa Royce	Mathematics	
16.	223240112079	Sandeep Kumar V	Mathematics	
17.	223240112080	Aleena Elizabeth Alex	Physical Science	
18.	223240112081	Anse Maria Tomy	Physical Science	
19.	223240112082	Denna Jose	Physical Science	
20.	223240112084	Fathima Salim	Physical Science	
21.	223240112085	Jeffin Jose James	Physical Science	
22.	223240112086	Sethulakshmi T K	Physical Science	



Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

23.	223240112087	Sona Alex	Physical Science	
24.	223240112088	Tessy Kurian	Physical Science	
25.	223240112089	Ajmeya Suliman	Natural Science	
26.	223240112090	Albi Mohan V	Natural Science	
27.	223240112091	Anand K S	Natural Science	
28.	223240112092	Anita Thomas	Natural Science	
29.	223240112093	Athira Mohan	Natural Science	
30.	223240112094	Divya Thankachan	Natural Science	
31.	223240112095	Lidwin Maria George	Natural Science	
32.	223240112096	Nithin C T	Natural Science	
33.	223240112097	Adhila	Social Science	
34.	223240112098	Annu Abraham	Social Science	
35.	223240112099	Annu Paulin Joseph	Social Science	
36.	223240112100	Ginse Jose	Social Science	
37.	223240112101	Lijo Jose	Social Science	
38.	223240112102	Liya Mathew	Social Science	
39.	223240112103	Nibin Babu	Social Science	
40.	223240112104	Pearl Annie Sen	Social Science	
41.	223240112105	Vinduja V	Social Science	
42.	223240112106	Ajina Joseph	Commerce	
43.	223240112107	Amalu K Alias	Commerce	
44.	223240112108	Devika R	Commerce	
45.	223240112109	Elizebeth Cyriac	Commerce	
46.	223240112110	Meriya Veronica Sam	Commerce	
47.	223240112111	Merrin Ann Philip	Commerce	
48.	223240112112	Sreeshma Das K	Commerce	



Prof. Dr. BEEMAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA
VALUE ADDED COURSE

STCTE VAC 004: YOGIC PRACTICES 2022-2023

Sl. No.	Reg. No.	Name	Subject	Remark 2022-2024 Batch
1.	223240112064	Amrutha P Anil	English	
2.	223240112065	Ancymol Joy	English	
3.	223240112066	Emma Maria Joseph	English	
4.	223240112067	Nayana Babu	English	
5.	223240112068	Reshmi K R	English	
6.	223240112069	Sivani Sai A S	English	
7.	223240112070	Sneha Jose	English	
8.	223240112071	Sradha Meria Babu	English	
9.	223240112072	Alan Maria Benny	Mathematics	
10.	223240112073	Alphonsa Mathew	Mathematics	
11.	223240112074	Arsha M S	Mathematics	
12.	223240112075	Catherine Jose	Mathematics	
13.	223240112076	Linta Eldos	Mathematics	
14.	223240112077	Linta Joseph	Mathematics	
15.	223240112078	Riya Tresa Royce	Mathematics	
16.	223240112079	Sandeep Kumar V	Mathematics	
17.	223240112080	Aleena Elizabeth Alex	Physical Science	
18.	223240112081	Anse Maria Tomy	Physical Science	
19.	223240112082	Denna Jose	Physical Science	
20.	223240112084	Fathima Salim	Physical Science	
21.	223240112085	Jeffin Jose James	Physical Science	
22.	223240112086	Sethulakshmi T K	Physical Science	



Bee
Prof. Dr. BENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

23.	223240112087	Sona Alex	Physical Science	
24.	223240112088	Tessy Kurian	Physical Science	
25.	223240112089	Ajmeya Suliman	Natural Science	
26.	223240112090	Albi Mohan V	Natural Science	
27.	223240112091	Anand K S	Natural Science	
28.	223240112092	Anita Thomas	Natural Science	
29.	223240112093	Athira Mohan	Natural Science	
30.	223240112094	Divya Thankachan	Natural Science	
31.	223240112095	Lidwin Maria George	Natural Science	
32.	223240112096	Nithin C T	Natural Science	
33.	223240112097	Adhila	Social Science	
34.	223240112098	Annu Abraham	Social Science	
35.	223240112099	Annu Paulin Joseph	Social Science	
36.	223240112100	Ginse Jose	Social Science	
37.	223240112101	Lijo Jose	Social Science	
38.	223240112102	Liya Mathew	Social Science	
39.	223240112103	Nibin Babu	Social Science	
40.	223240112104	Pearl Annie Sen	Social Science	
41.	223240112105	Vinduja V	Social Science	
42.	223240112106	Ajina Joseph	Commerce	
43.	223240112107	Amalu K Alias	Commerce	
44.	223240112108	Devika R	Commerce	
45.	223240112109	Elizebeth Cyriac	Commerce	
46.	223240112110	Meriya Veronica Sam	Commerce	
47.	223240112111	Merrin Ann Philip	Commerce	
48.	223240112112	Sreeshma Das K	Commerce	




 Prof. Dr. BEENAMMA MATHIEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA
VALUE ADDED COURSE

STCTE VAC 009: ONLINE ASSESSMENT TOOLS 2022-2023


Sl. No.	Reg. No.	Name	Subject	Remark 2021-2023 Batch
1.	213240112067	Anu Ann James	English	
2.	213240112068	Gouri Gayathri G	English	
3.	213240112069	Minu Maria Thomas	English	
4.	213240112070	Minu Mathews	English	
5.	213240112071	Mithra James	English	
6.	213240112072	Pearly S Thomas	English	
7.	213240112073	Sreelekshmi G.R.	English	
8.	213240112074	Suman Sunny	English	
9.	213240112075	Haripriya J	Mathematics	
10.	213240112076	Jilu Tresa George	Mathematics	
11.	213240112077	Neethu K. M	Mathematics	
12.	213240112078	Rani Baby	Mathematics	
13.	213240112079	Seenu Thomas	Mathematics	
14.	213240112080	Shilpa Elizabeth Joychen	Mathematics	
15.	213240112081	Vandana V V	Mathematics	
16.	213240112082	Aleena Jose	Physical Science	
17.	213240112083	Archana Madhu	Physical Science	
18.	213240112084	Hanna Elizabeth Joy	Physical Science	
19.	213240112085	Irene Ann George	Physical Science	
20.	213240112086	Josna Jose	Physical Science	
21.	213240112087	Liz Teenu Mathews	Physical Science	



Prof. Dr. BEENAMMA MATHIEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

22.	213240112088	Ninumol Joseph	Physical Science	
23.	213240112089	Rinku Maria Joy	Physical Science	
24.	213240112090	Soniya Dominic	Physical Science	
25.	213240112091	Adithya Shaji	Natural Science	
26.	213240112092	Alfred George	Natural Science	
27.	213240112093	Angel Joseph	Natural Science	
28.	213240112094	Arya Ashok	Natural Science	
29.	213240112095	Divyamol M S	Natural Science	
30.	213240112096	Elizabeth T.S	Natural Science	
31.	213240112097	Irine Therasa Dius	Natural Science	
32.	213240112098	Krishnanand H	Natural Science	
33.	213240112099	Sneha Jose	Natural Science	
34.	213240112100	Anns Thomas	Social Science	
35.	213240112101	Annu Sunny	Social Science	
36.	213240112102	Archana T S	Social Science	
37.	213240112103	Gopika Anil	Social Science	
38.	213240112104	Jijo Thomas	Social Science	
39.	213240112105	Minna Mary Tom	Social Science	
40.	213240112106	Sanchu Jose	Social Science	
41.	213240112107	Sisirkhosh Mohan	Social Science	
42.	213240112109	Aiswarya K.V	Commerce	
43.	213240112110	Alina Ann Roy	Commerce	
44.	213240112112	Cyriac Thomas	Commerce	
45.	213240112113	Dinta Baby	Commerce	
46.	213240112114	Jisha Shaji	Commerce	
47.	213240112115	Seenu Thomas	Commerce	
48.	213240112116	Tom Joseph	Commerce	




 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

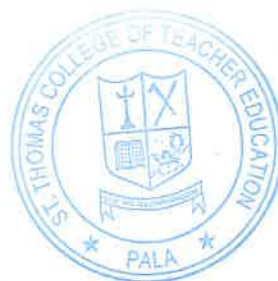
STCTE VAC 010: BOTTLE ART 2022-2023

Sl. No.	Reg. No.	Name	Subject	Remark (M.E d)
1.	213140610191	Neethu Tomy	English	2021-2023 Batch
2.	213140610192	Sijo Jose K	English	
3.	213140610193	Varghese Antony Pulikkan	English	
4.	213140610194	Alan John Sunny	Malayalam	
5.	213140610195	Anchu Jose	Malayalam	
6.	213140610196	Fine Sebastian	Malayalam	
7.	213140610197	Jyothi K. R	Malayalam	
8.	213140610198	Alfi P.C	Mathematics	
9.	213140610199	Josmy M Sebastian	Mathematics	
10.	213140610200	Nimi Jose	Mathematics	
11.	213140610201	Alphy Francis	Science Education	
12.	213140610202	Anita James	Science Education	
13.	213140610203	Asha Mathew	Science Education	
14.	213140610204	Divya Mohanan	Science Education	
15.	213140610205	Elizabeth Joseph	Science Education	
16.	213140610206	Janet Celine Varghese	Science Education	
17.	213140610207	Julymol Joseph	Science Education	
18.	213140610208	Nikhil Joseph	Science Education	
19.	213140610209	Arun Robert	Social Science	
20.	213140610210	Grace Mary	Social Science	



Prof. D. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

21.	213140610211	Shinimol T.C	Social Science	
22.	213140610212	Meera S	Commerce	
23.	213140610213	Neenu Mary Joseph	Commerce	
24.	213140610214	Neenum Dittu	Commerce	
25.	223140610132	Abhijith Jose	Science Education	2022-2024
26.	223140610133	Anjali Francis	Science Education	
27.	223140610134	Anu Maria Dominic	Science Education	
28.	223140610135	Arya K.B	Malayalam	
29.	223140610136	Aswathy Thankappan	Science Education	
30.	223140610137	Athira Jose	English	
31.	223140610138	Meenakshy Anilkumar	Social Science	
32.	223140610139	Reshma Remesh	Science Education	
33.	223140610140	Shahaana N	English	
34.	223140610141	Sherin Joseph	Science Education	
35.	223140610142	Vani Viswanath	English	




 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

2021-2022

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 003: AEROBICS 2021-2022

SL No.	Reg. No.	Name	Subject	Remark 2021-2023 Batch
49.	213240112067	Anu Ann James	English	
50.	213240112068	Gouri Gayathri G	English	
51.	213240112069	Minu Maria Thomas	English	
52.	213240112070	Minu Mathews	English	
53.	213240112071	Mithra James	English	
54.	213240112072	Pearly S Thomas	English	
55.	213240112073	Sreelekshmi G.R.	English	
56.	213240112074	Suman Sunny	English	
57.	213240112075	Haripriya J	Mathematics	
58.	213240112076	Jilu Tresa George	Mathematics	
59.	213240112077	Neethu K. M	Mathematics	
60.	213240112078	Rani Baby	Mathematics	
61.	213240112079	Seenu Thomas	Mathematics	
62.	213240112080	Shilpa Elizabeth Joychen	Mathematics	
63.	213240112081	Vandana V V	Mathematics	
64.	213240112082	Aleena Jose	Physical Science	
65.	213240112083	Archana Madhu	Physical Science	
66.	213240112084	Hanna Elizabeth Joy	Physical Science	
67.	213240112085	Irene Ann George	Physical Science	



Prof. Dr. BENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

68.	213240112086	Josna Jose	Physical Science	
69.	213240112087	Liz Teenu Mathews	Physical Science	
70.	213240112088	Ninumol Joseph	Physical Science	
71.	213240112089	Rinku Maria Joy	Physical Science	
72.	213240112090	Soniya Dominic	Physical Science	
73.	213240112091	Adithya Shaji	Natural Science	
74.	213240112092	Alfred George	Natural Science	
75.	213240112093	Angel Joseph	Natural Science	
76.	213240112094	Arya Ashok	Natural Science	
77.	213240112095	Divyamol M S	Natural Science	
78.	213240112096	Elizabeth T.S	Natural Science	
79.	213240112097	Irine Therasa Dias	Natural Science	
80.	213240112098	Krishnanand H	Natural Science	
81.	213240112099	Sneha Jose	Natural Science	
82.	213240112100	Anns Thomas	Social Science	
83.	213240112101	Annu Sunny	Social Science	
84.	213240112102	Archana T S	Social Science	
85.	213240112103	Gopika Anil	Social Science	
86.	213240112104	Jijo Thomas	Social Science	
87.	213240112105	Minna Mary Tom	Social Science	
88.	213240112106	Sanchu Jose	Social Science	
89.	213240112107	Sisirkhosh Mohan	Social Science	
90.	213240112109	Aiswarya K. V	Commerce	
91.	213240112110	Alina Ann Roy	Commerce	
92.	213240112112	Cyriac Thomas	Commerce	
93.	213240112113	Dinta Baby	Commerce	
94.	213240112114	Jisha Shaji	Commerce	
95.	213240112115	Seenu Thomas	Commerce	
96.	213240112116	Tom Joseph	Commerce	



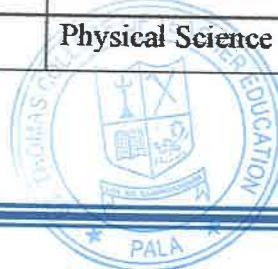
Bane
 Prof. Dr. BECNAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 004: YOGIC PRACTICES 2021-2022

SL No.	Reg. No.	Name	Subject	Remark 2021-2023 Batch
1.	213240112067	Anu Ann James	English	
2.	213240112068	Gouri Gayathri G	English	
3.	213240112069	Minu Maria Thomas	English	
4.	213240112070	Minu Mathews	English	
5.	213240112071	Mithra James	English	
6.	213240112072	Pearly S Thomas	English	
7.	213240112073	Sreelekshmi G.R.	English	
8.	213240112074	Suman Sunny	English	
9.	213240112075	Haripriya J	Mathematics	
10.	213240112076	Jilu Tresa George	Mathematics	
11.	213240112077	Neethu K. M	Mathematics	
12.	213240112078	Rani Baby	Mathematics	
13.	213240112079	Seenu Thomas	Mathematics	
14.	213240112080	Shilpa Elizabeth Joychen	Mathematics	
15.	213240112081	Vandana V V	Mathematics	
16.	213240112082	Aleena Jose	Physical Science	
17.	213240112083	Archana Madhu	Physical Science	
18.	213240112084	Hanna Elizabeth Joy	Physical Science	
19.	213240112085	Irene Ann George	Physical Science	
20.	213240112086	Josna Jose	Physical Science	
21.	213240112087	Liz Teenu Mathews	Physical Science	
22.	213240112088	Ninumol Joseph	Physical Science	
23.	213240112089	Rinku Maria Joy	Physical Science	



PROF. DR. SENEAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

24.	213240112090	Soniya Dominic	Physical Science	
25.	213240112091	Adithya Shaji	Natural Science	
26.	213240112092	Alfred George	Natural Science	
27.	213240112093	Angel Joseph	Natural Science	
28.	213240112094	Arya Ashok	Natural Science	
29.	213240112095	Divyamol M S	Natural Science	
30.	213240112096	Elizabeth T.S	Natural Science	
31.	213240112097	Irine Therasa Dius	Natural Science	
32.	213240112098	Krishnanand H	Natural Science	
33.	213240112099	Sneha Jose	Natural Science	
34.	213240112100	Anns Thomas	Social Science	
35.	213240112101	Annu Sunny	Social Science	
36.	213240112102	Archana T S	Social Science	
37.	213240112103	Gopika Anil	Social Science	
38.	213240112104	Jijo Thomas	Social Science	
39.	213240112105	Minna Mary Tom	Social Science	
40.	213240112106	Sanchu Jose	Social Science	
41.	213240112107	Sisirkhosh Mohan	Social Science	
42.	213240112109	Aiswarya K.V	Commerce	
43.	213240112110	Alina Ann Roy	Commerce	
44.	213240112112	Cyriac Thomas	Commerce	
45.	213240112113	Dinta Baby	Commerce	
46.	213240112114	Jisha Shaji	Commerce	
47.	213240112115	Seenu Thomas	Commerce	
48.	213240112116	Tom Joseph	Commerce	




 Prof. Dr. BEENAMMA MATHEY
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

2020-2021

ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 001: ADOLESCENT COUNSELLING 2020-2021

SL No.	Reg. No.	Name	Subject	Remark 2020-2022 Batch
1.	203240112062	Anitta Jose	English	
2.	203240112063	Cheslin Jose	English	
3.	203240112064	Densy John	English	
4.	203240112065	Harikrishnan V	English	
5.	203240112066	Irin Sera Joseph	English	
6.	203240112067	Julian Tom Job	English	
7.	203240112068	Raina Martin	English	
8.	203240112069	Vinesha Vinayan	English	
9.	203240112070	Annie Teressa Shajan	Mathematics	
10.	203240112071	Annumol Joji	Mathematics	
11.	203240112072	Anuja Babu	Mathematics	
12.	203240112073	Christy Thomas	Mathematics	
13.	203240112074	Nevil George	Mathematics	
14.	203240112075	Riya Rose Johns	Mathematics	
15.	203240112076	Sneha Jayakumar	Mathematics	
16.	203240112077	Alphonsa Xavier	Physical Science	
17.	203240112078	Ashmi Maria John	Physical Science	
18.	203240112079	Divya Stani	Physical Science	
19.	203240112080	Jaicy Jose	Physical Science	
20.	203240112081	Lakshmi S	Physical Science	
21.	203240112082	Lis Mary Antony	Physical Science	
22.	203240112083	Mariya Mathew	Physical Science	



Prof. D. BENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION

23.	203240112084	Mariya Sebastian	Physical Science	
24.	203240112085	Syamily Sasi	Physical Science	
25.	203240112086	Tima Mathew	Physical Science	
26.	203240112087	Anita Mathew	Natural Science	
27.	203240112088	Anjumol S	Natural Science	
28.	203240112089	Athira P S	Natural Science	
29.	203240112090	Bhanupriya R	Natural Science	
30.	203240112091	James Mathew	Natural Science	
31.	203240112092	Jyothylakshmi K.R	Natural Science	
32.	203240112093	Meera V S	Natural Science	
33.	203240112094	Reshma Raju	Natural Science	
34.	203240112095	Agie Mol Salas	Social Science	
35.	203240112096	Anjaly Elizabeth Xavier	Social Science	
36.	203240112097	Anusree Biju	Social Science	
37.	203240112098	Meera Seby	Social Science	
38.	203240112099	Navyamol K R	Social Science	
39.	203240112100	Rakhi R	Social Science	
40.	203240112101	Reshma C L	Social Science	
41.	203240112102	Sojo John	Social Science	
42.	203240112103	Akhila Manmathan	Commerce	
43.	203240112104	Ambily Mani	Commerce	
44.	203240112105	Anu Tressa Jose	Commerce	
45.	203240112106	Elsamma Joseph	Commerce	
46.	203240112107	Ligin Pullemkunnel	Commerce	
47.	203240112108	Liya Margarete Antony	Commerce	
48.	203240112109	Rose Mary Cherian	Commerce	
49.	203240112110	Steffy Tom	Commerce	
50.	203240112111	Treesa Jomy	Commerce	



Prof. Dr. BELSAMMA MATHHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 003: AEROBICS 2020-2021

Sl. No.	Reg. No.	Name	Subject	Remark 2020-2022 Batch
1.	203240112062	Anitta Jose	English	
2.	203240112063	Cheslin Jose	English	
3.	203240112064	Densy John	English	
4.	203240112065	Harikrishnan V	English	
5.	203240112066	Irin Sera Joseph	English	
6.	203240112067	Julian Tom Job	English	
7.	203240112068	Raina Martin	English	
8.	203240112069	Vinesha Vinayan	English	
9.	203240112070	Annie Teressa Shajan	Mathematics	
10.	203240112071	Annumol Joji	Mathematics	
11.	203240112072	Anuja Babu	Mathematics	
12.	203240112073	Christy Thomas	Mathematics	
13.	203240112074	Nevil George	Mathematics	
14.	203240112075	Riya Rose Johns	Mathematics	
15.	203240112076	Sneha Jayakumar	Mathematics	
16.	203240112077	Alphonsa Xavier	Physical Science	
17.	203240112078	Ashmi Maria John	Physical Science	
18.	203240112079	Divya Stani	Physical Science	
19.	203240112080	Jaicy Jose	Physical Science	
20.	203240112081	Lakshmi S	Physical Science	
21.	203240112082	Lis Mary Antony	Physical Science	
22.	203240112083	Mariya Mathew	Physical Science	
23.	203240112084	Mariya Sebastian	Physical Science	
24.	203240112085	Syamilly Sasi	Physical Science	
25.	203240112086	Tima Mathew	Physical Science	



PROF. DR. BEEVAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

26.	203240112087	Anita Mathew	Natural Science	
27.	203240112088	Anjumol S	Natural Science	
28.	203240112089	Athira P S	Natural Science	
29.	203240112090	Bhanupriya R	Natural Science	
30.	203240112091	James Mathew	Natural Science	
31.	203240112092	Jyothylakshmi K.R	Natural Science	
32.	203240112093	Meera V S	Natural Science	
33.	203240112094	Reshma Raju	Natural Science	
34.	203240112095	Agie Mol Salas	Social Science	
35.	203240112096	Anjaly Elizabeth Xavier	Social Science	
36.	203240112097	Anusree Biju	Social Science	
37.	203240112098	Meera Seby	Social Science	
38.	203240112099	Navyamol K R	Social Science	
39.	203240112100	Rakhi R	Social Science	
40.	203240112101	Reshma C L	Social Science	
41.	203240112102	Sojo John	Social Science	
42.	203240112103	Akhila Manmathan	Commerce	
43.	203240112104	Ambily Mani	Commerce	
44.	203240112105	Anu Tressa Jose	Commerce	
45.	203240112106	Elsamma Joseph	Commerce	
46.	203240112107	Ligin Pullemkunnel	Commerce	
47.	203240112108	Liya Margarette Antony	Commerce	
48.	203240112109	Rose Mary Cherian	Commerce	
49.	203240112110	Steffy Tom	Commerce	
50.	203240112111	Treesa Jomy	Commerce	



Beena
 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 004: YOGIC PRACTICES 2020-2021

Sl. No.	Reg. No.	Name	Subject	Remark 2020-2022 Batch
1.	203240112062	Anitta Jose	English	
2.	203240112063	Cheslin Jose	English	
3.	203240112064	Densy John	English	
4.	203240112065	Harikrishnan V	English	
5.	203240112066	Irin Sera Joseph	English	
6.	203240112067	Julian Tom Job	English	
7.	203240112068	Raina Martin	English	
8.	203240112069	Vinesha Vinayan	English	
9.	203240112070	Annie Teressa Shajan	Mathematics	
10.	203240112071	Annumol Joji	Mathematics	
11.	203240112072	Anuja Babu	Mathematics	
12.	203240112073	Christy Thomas	Mathematics	
13.	203240112074	Nevil George	Mathematics	
14.	203240112075	Riya Rose Johns	Mathematics	
15.	203240112076	Sneha Jayakumar	Mathematics	
16.	203240112077	Alphonsa Xavier	Physical Science	
17.	203240112078	Ashmi Maria John	Physical Science	
18.	203240112079	Divya Stani	Physical Science	
19.	203240112080	Jaicy Jose	Physical Science	
20.	203240112081	Lakshmi S	Physical Science	
21.	203240112082	Lis Mary Antony	Physical Science	
22.	203240112083	Mariya Mathew	Physical Science	
23.	203240112084	Mariya Sebastian	Physical Science	
24.	203240112085	Syamily Sasi	Physical Science	
25.	203240112086	Tima Mathew	Physical Science	



Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION

26.	203240112087	Anita Mathew	Natural Science	
27.	203240112088	Anjumol S	Natural Science	
28.	203240112089	Athira P S	Natural Science	
29.	203240112090	Bhanupriya R	Natural Science	
30.	203240112091	James Mathew	Natural Science	
31.	203240112092	Jyothylakshmi K.R	Natural Science	
32.	203240112093	Meera V S	Natural Science	
33.	203240112094	Reshma Raju	Natural Science	
34.	203240112095	Agie Mol Salas	Social Science	
35.	203240112096	Anjaly Elizabeth Xavier	Social Science	
36.	203240112097	Anusree Biju	Social Science	
37.	203240112098	Meera Seby	Social Science	
38.	203240112099	Navyamol K R	Social Science	
39.	203240112100	Rakhi R	Social Science	
40.	203240112101	Reshma C L	Social Science	
41.	203240112102	Sojo John	Social Science	
42.	203240112103	Akhila Manmathan	Commerce	
43.	203240112104	Ambily Mani	Commerce	
44.	203240112105	Anu Tressa Jose	Commerce	
45.	203240112106	Elsamma Joseph	Commerce	
46.	203240112107	Ligin Pullemkunnel	Commerce	
47.	203240112108	Liya Margarette Antony	Commerce	
48.	203240112109	Rose Mary Cherian	Commerce	
49.	203240112110	Steffy Tom	Commerce	
50.	203240112111	Treesa Jomy	Commerce	




 Prof. Dr. BEENAMMA MATHIEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 005: VALUES AND PEACE 2020-2021

Sl. No.	Reg. No.	Name	Subject	Remark 2020-2022 Batch
1.	203240112062	Anitta Jose	English	
2.	203240112063	Cheslin Jose	English	
3.	203240112064	Densy John	English	
4.	203240112065	Harikrishnan V	English	
5.	203240112066	Irin Sera Joseph	English	
6.	203240112067	Julian Tom Job	English	
7.	203240112068	Raina Martin	English	
8.	203240112069	Vinesha Vinayan	English	
9.	203240112070	Annie Teressa Shajan	Mathematics	
10.	203240112071	Annumol Joji	Mathematics	
11.	203240112072	Anuja Babu	Mathematics	
12.	203240112073	Christy Thomas	Mathematics	
13.	203240112074	Nevil George	Mathematics	
14.	203240112075	Riya Rose Johns	Mathematics	
15.	203240112076	Sneha Jayakumar	Mathematics	
16.	203240112077	Alphonsa Xavier	Physical Science	
17.	203240112078	Ashmi Maria John	Physical Science	
18.	203240112079	Divya Stani	Physical Science	
19.	203240112080	Jaicy Jose	Physical Science	
20.	203240112081	Lakshmi S	Physical Science	
21.	203240112082	Lis Mary Antony	Physical Science	
22.	203240112083	Mariya Mathew	Physical Science	
23.	203240112084	Mariya Sebastian	Physical Science	
24.	203240112085	Syamily Sasi	Physical Science	
25.	203240112086	Tima Mathew	Physical Science	

Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA



26.	203240112087	Anita Mathew	Natural Science	
27.	203240112088	Anjumol S	Natural Science	
28.	203240112089	Athira P S	Natural Science	
29.	203240112090	Bhanupriya R	Natural Science	
30.	203240112091	James Mathew	Natural Science	
31.	203240112092	Jyothylakshmi K.R	Natural Science	
32.	203240112093	Meera V S	Natural Science	
33.	203240112094	Reshma Raju	Natural Science	
34.	203240112095	Agie Mol Salas	Social Science	
35.	203240112096	Anjaly Elizabeth Xavier	Social Science	
36.	203240112097	Anusree Biju	Social Science	
37.	203240112098	Meera Seby	Social Science	
38.	203240112099	Navyamol K R	Social Science	
39.	203240112100	Rakhi R	Social Science	
40.	203240112101	Reshma C L	Social Science	
41.	203240112102	Sojo John	Social Science	
42.	203240112103	Akhila Manmathan	Commerce	
43.	203240112104	Ambily Mani	Commerce	
44.	203240112105	Anu Tressa Jose	Commerce	
45.	203240112106	Elsamma Joseph	Commerce	
46.	203240112107	Ligin Pullemkunnel	Commerce	
47.	203240112108	Liya Margarette Antony	Commerce	
48.	203240112109	Rose Mary Cherian	Commerce	
49.	203240112110	Steffy Tom	Commerce	
50.	203240112111	Treesa Jomy	Commerce	



Prof. Dr. BEENAYYMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA
VALUE ADDED COURSE

STCTE VAC 006: MEDIA AND INFORMATION LITERACY 2020-2021

SL No.	Reg. No.	Name	Subject	Remark 2020-2022 Batch
1.	203140610207	Akhila Rose Abey	M.E d	
2.	203240112078	Ashmi Maria John	Physical Science	
3.	203140610210	Binitha Mani	M.E d	
4.	193240112084	Blesslyn Chackson	English	
5.	203240112064	Densy John	English	
6.	203240112065	Harikrishnan V	English	
7.	193140610242	Jaise Jose	M.E d	
8.	203240112107	Ligin Pullenkunnel	CM	
9.	203240112082	Lis Mary Antony	Physical Science	
10.	203240112068	Raina Martin	English	




Prof. Dr. BEENA ANIMA MATHEY
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 009: ONLINE ASSESSMENT TOOLS 2020-2021

Sl. No.	Reg. No.	Name	Subject	Remark 2020-2022 Batch
1.	203240112062	Anitta Jose	English	
2.	203240112063	Cheslin Jose	English	
3.	203240112064	Densy John	English	
4.	203240112065	Harikrishnan V	English	
5.	203240112066	Irin Sera Joseph	English	
6.	203240112067	Julian Tom Job	English	
7.	203240112068	Raina Martin	English	
8.	203240112069	Vinesha Vinayan	English	
9.	203240112070	Annie Teressa Shajan	Mathematics	
10.	203240112071	Annumol Joji	Mathematics	
11.	203240112072	Anuja Babu	Mathematics	
12.	203240112073	Christy Thomas	Mathematics	
13.	203240112074	Nevil George	Mathematics	
14.	203240112075	Riya Rose Johns	Mathematics	
15.	203240112076	Sneha Jayakumar	Mathematics	
16.	203240112077	Alphonsa Xavier	Physical Science	
17.	203240112078	Ashmi Maria John	Physical Science	
18.	203240112079	Divya Stani	Physical Science	
19.	203240112080	Jaicy Jose	Physical Science	
20.	203240112081	Lakshmi S	Physical Science	
21.	203240112082	Lis Mary Antony	Physical Science	
22.	203240112083	Mariya Mathew	Physical Science	
23.	203240112084	Mariya Sebastian	Physical Science	
24.	203240112085	Syamily Sasi	Physical Science	
25.	203240112086	Tima Mathew	Physical Science	



Prof. Dr. MENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION

26.	203240112087	Anita Mathew	Natural Science	
27.	203240112088	Anjumol S	Natural Science	
28.	203240112089	Athira P S	Natural Science	
29.	203240112090	Bhanupriya R	Natural Science	
30.	203240112091	James Mathew	Natural Science	
31.	203240112092	Jyothylakshmi K.R	Natural Science	
32.	203240112093	Meera V S	Natural Science	
33.	203240112094	Reshma Raju	Natural Science	
34.	203240112095	Agie Mol Salas	Social Science	
35.	203240112096	Anjaly Elizabeth Xavier	Social Science	
36.	203240112097	Anusree Biju	Social Science	
37.	203240112098	Meera Seby	Social Science	
38.	203240112099	Navyamol K R	Social Science	
39.	203240112100	Rakhi R	Social Science	
40.	203240112101	Reshma C L	Social Science	
41.	203240112102	Sojo John	Social Science	
42.	203240112103	Akhila Manmathan	Commerce	
43.	203240112104	Ambily Mani	Commerce	
44.	203240112105	Anu Tressa Jose	Commerce	
45.	203240112106	Elsamma Joseph	Commerce	
46.	203240112107	Ligin Pullemkunnel	Commerce	
47.	203240112108	Liya Margarete Antony	Commerce	
48.	203240112109	Rose Mary Cherian	Commerce	
49.	203240112110	Steffy Tom	Commerce	
50.	203240112111	Treesa Jomy	Commerce	




 Prof. Dr. BEENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA
VALUE ADDED COURSE

STCTE VAC 009: ONLINE ASSESSMENT TOOLS 2020-2021


Sl. No.	Reg. No.	Name	Subject	Remark 2019-2021 Batch
1.	193240112081	Agnes Jose	English	
2.	193240112082	Alina Joseph	English	
3.	193240112083	Amruthendhu T.S	English	
4.	193240112084	Blesslyn Chackson	English	
5.	193240112085	Josmi Joseph	English	
6.	193240112086	Merin Jose	English	
7.	193240112087	Miliya Rose Mathew	English	
8.	193240112088	Priyanka Joseph	English	
9.	193240112089	Rosemol Xavier	English	
10.	193240112090	Sreelekshmi Madhavan	English	
11.	193240112091	Amal Thomas	Mathematics	
12.	193240112092	Ebin Baby	Mathematics	
13.	193240112093	Merlin Mary Kurian	Mathematics	
14.	193240112094	Saritha P. B	Mathematics	
15.	193240112095	Sheethal Jose	Mathematics	
16.	193240112096	Sino Thomas	Mathematics	
17.	193240112097	Sruthy S. Kumar	Mathematics	
18.	193240112098	Anju Soman	Physical Science	
19.	193240112099	Dayana Mathew	Physical Science	
20.	193240112100	Josilin James	Physical Science	
21.	193240112101	Lidiya Pious	Physical Science	
22.	193240112102	Neetha Noble	Physical Science	
23.	193240112103	Richa Cherian Kattakayam	Physical Science	
24.	193240112104	Rosu Ann Soy	Physical Science	
25.	193240112105	Amalsyama V. S	Natural Science	



Prof. Dr. BENJAMIN MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION

26.	193240112106	Amalu Reji	Natural Science	
27.	193240112107	Arya M.S	Natural Science	
28.	193240112108	Deepa George	Natural Science	
29.	193240112109	Divya PD	Natural Science	
30.	193240112110	Jismariya John	Natural Science	
31.	193240112111	Maria V. Madhavappallil	Natural Science	
32.	193240112112	Merlin Thomas	Natural Science	
33.	193240112113	Sandhra Meria Babu	Natural Science	
34.	193240112114	Surabhi C	Natural Science	
35.	193240112116	Ida Mathew	Social Science	
36.	193240112117	Jestin Joy	Social Science	
37.	193240112118	Jinu Jose	Social Science	
38.	193240112119	Jomol Tom	Social Science	
39.	193240112120	Medha Ramesh	Social Science	
40.	193240112121	Nasiya Kabeer	Social Science	
41.	193240112122	Parvathy S	Social Science	
42.	193240112123	Shilpa Sasi	Social Science	
43.	193240112124	Anju Treesa saji	Commerce	
44.	193240112125	Bijo Mathew	Commerce	
45.	193240112126	Binchumol Joseph	Commerce	
46.	193240112127	Deepa Jose	Commerce	
47.	193240112128	Jemy George	Commerce	
48.	193240112129	Reeja Susan Roly	Commerce	
49.	193240112130	Vishnupriya T.V	Commerce	




 Prof. Dr. BEENAMMA MATHEY
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

2019-2020

ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA
VALUE ADDED COURSE

STCTE VAC 001: ADOLESCENT COUNSELLING 2019-2020

Sl. No.	Reg. No.	Name	Subject	Remark 2019-2021 Batch
1.	193240112081	Agnes Jose	English	
2.	193240112082	Alina Joseph	English	
3.	193240112083	Amruthendhu T.S	English	
4.	193240112084	Blesslyn Chackson	English	
5.	193240112085	Josmi Joseph	English	
6.	193240112086	Merin Jose	English	
7.	193240112087	Miliya Rose Mathew	English	
8.	193240112088	Priyanka Joseph	English	
9.	193240112089	Rosemol Xavier	English	
10.	193240112090	Sreelekshmi Madhavan	English	
11.	193240112091	Amal Thomas	Mathematics	
12.	193240112092	Ebin Baby	Mathematics	
13.	193240112093	Merlin Mary Kurian	Mathematics	
14.	193240112094	Saritha P.B	Mathematics	
15.	193240112095	Sheethal Jose	Mathematics	
16.	193240112096	Sino Thomas	Mathematics	
17.	193240112097	Sruthy S. Kumar	Mathematics	
18.	193240112098	Anju Soman	Physical Science	
19.	193240112099	Dayana Mathew	Physical Science	
20.	193240112100	Josilin James	Physical Science	
21.	193240112101	Lidiya Pious	Physical Science	
22.	193240112102	Neetha Noble	Physical Science	



Prof. Dr. BEEMAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

23.	193240112103	Richa Cherian Kattakayam	Physical Science	
24.	193240112104	Rosu Ann Soy	Physical Science	
25.	193240112105	Amalsyama V.S	Natural Science	
26.	193240112106	Amalu Reji	Natural Science	
27.	193240112107	Arya M.S	Natural Science	
28.	193240112108	Deepa George	Natural Science	
29.	193240112109	Divya P.D	Natural Science	
30.	193240112110	Jismariya John	Natural Science	
31.	193240112111	Maria V. Madhavappallil	Natural Science	
32.	193240112112	Merlin Thomas	Natural Science	
33.	193240112113	Sandhra Meria Babu	Natural Science	
34.	193240112114	Surabhi C	Natural Science	
35.	193240112115	Agnes Sebastian	Social Science	
36.	193240112116	Ida Mathew	Social Science	
37.	193240112117	Jestin Joy	Social Science	
38.	193240112118	Jimu Jose	Social Science	
39.	193240112119	Jomol Tom	Social Science	
40.	193240112120	Medha Ramesh	Social Science	
41.	193240112121	Nasiya Kabeer	Social Science	
42.	193240112122	Parvathy S	Social Science	
43.	193240112123	Shilpa Sasi	Social Science	
44.	193240112124	Anju Treesa saji	Commerce	
45.	193240112125	Bijo Mathew	Commerce	
46.	193240112126	Binchumol Joseph	Commerce	
47.	193240112127	Deepa Jose	Commerce	
48.	193240112128	Jemy George	Commerce	
49.	193240112129	Reeja Susan Roly	Commerce	
50.	193240112130	Vishnupriya T.V	Commerce	



Prof. Dr. BEENIMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 003: AEROBIC 2019-2020

Sl. No.	Reg. No.	Name	Subject	Remark 2019- 2021 Batch
1.	193240112083	Amruthendhu T.S	English	
2.	193240112085	Josmi Joseph	English	
3.	193240112088	Priyanka Joseph	English	
4.	193240112089	Rosemol Xavier	English	
5.	193240112091	Amal Thomas	Mathematics	
6.	193240112092	Ebin Baby	Mathematics	
7.	193240112098	Anju Soman	Physical Science	
8.	193240112099	Dayana Mathew	Physical Science	
9.	193240112100	Josilin James	Physical Science	
10.	193240112102	Neetha Noble	Physical Science	
11.	193240112104	Rosu Ann Soy	Physical Science	
12.	193240112105	Amalsyama V.S	Natural Science	
13.	193240112107	Arya M.S	Natural Science	
14.	193240112108	Deepa George	Natural Science	
15.	193240112112	Merlin Thomas	Natural Science	
16.	193240112113	Sandhra Meria Babu	Natural Science	
17.	193240112114	Surabhi C	Natural Science	
18.	193240112116	Ida Mathew	Social Science	
19.	193240112117	Jestin Joy	Social Science	
20.	193240112118	Jinu Jose	Social Science	
21.	193240112119	Jomol Tom	Social Science	
22.	193240112120	Medha Ramesh	Social Science	
23.	193240112122	Parvathy S	Social Science	



Prof. Dr. *Benamma Mathew*
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

24.	193240112123	Shilpa Sasi	Social Science	
25.	193240112124	Anju Treesa saji	Commerce	
26.	193240112126	Binchumol Joseph	Commerce	
27.	193240112129	Reeja Susan Roly	Commerce	
28.	193240112130	Vishnupriya T.V	Commerce	


St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 004: YOGIC PRACTICES 2019-2020

Sl. No.	Reg. No.	Name	Subject	Remark 2019-2021 Batch
1.	193240112083	Amruthendhu T.S	English	
2.	193240112085	Josmi Joseph	English	
3.	193240112088	Priyanka Joseph	English	
4.	193240112089	Rosemol Xavier	English	
5.	193240112091	Amal Thomas	Mathematics	
6.	193240112092	Ebin Baby	Mathematics	
7.	193240112098	Anju Soman	Physical Science	
8.	193240112099	Dayana Mathew	Physical Science	
9.	193240112100	Josilin James	Physical Science	
10.	193240112102	Neetha Noble	Physical Science	
11.	193240112104	Rosu Ann Soy	Physical Science	
12.	193240112105	Amalsyama V.S	Natural Science	
13.	193240112107	Arya M.S	Natural Science	
14.	193240112108	Deepa George	Natural Science	
15.	193240112112	Merlin Thomas	Natural Science	
16.	193240112113	Sandhra Meria Babu	Natural Science	
17.	193240112114	Surabhi C	Natural Science	
18.	193240112116	Ida Mathew	Social Science	
19.	193240112117	Jestin Joy	Social Science	
20.	193240112118	Jinu Jose	Social Science	




 Prof. Dr. BENAMMA MATHIEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION

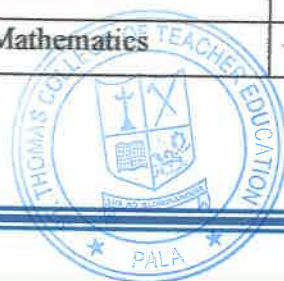
21.	193240112119	Jomol Tom	Social Science	
22.	193240112120	Medha Ramesh	Social Science	
23.	193240112122	Parvathy S	Social Science	
24.	193240112123	Shilpa Sasi	Social Science	
25.	193240112124	Anju Treesa saji	Commerce	
26.	193240112126	Binchumol Joseph	Commerce	
27.	193240112129	Reeja Susan Roly	Commerce	
28.	193240112130	Vishnupriya T.V	Commerce	

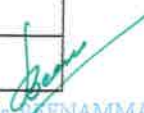
St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 005: VALUES AND PEACE 2019-2020

Sl. No.	Reg. No.	Name	Subject	Remark 2019-2021 Batch
1.	193240112081	Agnes Jose	English	
2.	193240112082	Alina Joseph	English	
3.	193240112083	Amruthendhu T.S	English	
4.	193240112084	Blesslyn Chackson	English	
5.	193240112085	Josmi Joseph	English	
6.	193240112086	Merin Jose	English	
7.	193240112087	Miliya Rose Mathew	English	
8.	193240112088	Priyanka Joseph	English	
9.	193240112089	Rosemol Xavier	English	
10.	193240112090	Sreelekshmi Madhavan	English	
11.	193240112091	Amal Thomas	Mathematics	
12.	193240112092	Ebin Baby	Mathematics	
13.	193240112093	Merlin Mary Kurian	Mathematics	
14.	193240112094	Saritha P.B	Mathematics	
15.	193240112095	Sheethal Jose	Mathematics	




 Prof. Dr. MENAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION

16.	193240112096	Sino Thomas	Mathematics	
17.	193240112097	Sruthy S. Kumar	Mathematics	
18.	193240112098	Anju Soman	Physical Science	
19.	193240112099	Dayana Mathew	Physical Science	
20.	193240112100	Josilin James	Physical Science	
21.	193240112101	Lidiya Pious	Physical Science	
22.	193240112102	Neetha Noble	Physical Science	
23.	193240112103	Richa Cherian Kattakayam	Physical Science	
24.	193240112104	Rosu Ann Soy	Physical Science	
25.	193240112105	Amalsyama V.S	Natural Science	
26.	193240112106	Amalu Reji	Natural Science	
27.	193240112107	Arya M.S	Natural Science	
28.	193240112108	Deepa George	Natural Science	
29.	193240112109	Divya P.D	Natural Science	
30.	193240112110	Jismariya John	Natural Science	
31.	193240112111	Maria V. Madhavappallil	Natural Science	
32.	193240112112	Merlin Thomas	Natural Science	
33.	193240112113	Sandhra Meria Babu	Natural Science	
34.	193240112114	Surabhi C	Natural Science	
35.	193240112115	Agnes Sebastian	Social Science	
36.	193240112116	Ida Mathew	Social Science	
37.	193240112117	Jestin Joy	Social Science	
38.	193240112118	Jinu Jose	Social Science	
39.	193240112119	Jomol Tom	Social Science	
40.	193240112120	Medha Ramesh	Social Science	
41.	193240112121	Nasiya Kabeer	Social Science	
42.	193240112122	Parvathy S	Social Science	
43.	193240112123	Shilpa Sasi	Social Science	
44.	193240112124	Anju Treesa saji	Commerce	
45.	193240112125	Bijo Mathew	Commerce	



Prof. Dr. BEYRAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION


46.	193240112126	Binchumol Joseph	Commerce	
47.	193240112127	Deepa Jose	Commerce	
48.	193240112128	Jemy George	Commerce	
49.	193240112129	Reeja Susan Roly	Commerce	
50.	193240112130	Vishnupriya T.V	Commerce	

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA
VALUE ADDED COURSE

STCTE VAC 008: PRO-ACTIVE GENDER RESPONSIBILITY 2019-2020

Sl. No.	Reg. No.	Name	Subject	Remark 2019-2021 Batch
1.	193240112081	Agnes Jose	English	
2.	193240112082	Alina Joseph	English	
3.	193240112083	Amruthendhu T.S	English	
4.	193240112084	Blesslyn Chackson	English	
5.	193240112085	Josmi Joseph	English	
6.	193240112086	Merin Jose	English	
7.	193240112087	Miliya Rose Mathew	English	
8.	193240112088	Priyanka Joseph	English	
9.	193240112089	Rosemol Xavier	English	
10.	193240112090	Sreelekshmi Madhavan	English	
11.	193240112091	Amal Thomas	Mathematics	
12.	193240112092	Ebin Baby	Mathematics	
13.	193240112093	Merlin Mary Kurian	Mathematics	
14.	193240112094	Saritha P.B	Mathematics	
15.	193240112095	Sheethal Jose	Mathematics	
16.	193240112096	Sino Thomas	Mathematics	
17.	193240112097	Sruthy S. Kumar	Mathematics	
18.	193240112098	Anju Soman	Physical Science	
19.	193240112099	Dayana Mathew	Physical Science	




 Prof. Dr. ELIZABETHAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

20.	193240112100	Josilin James	Physical Science	
21.	193240112101	Lidiya Pious	Physical Science	
22.	193240112102	Neetha Noble	Physical Science	
23.	193240112103	Richa Cherian Kattakayam	Physical Science	
24.	193240112104	Rosu Ann Soy	Physical Science	
25.	193240112105	Amalsyama V.S	Natural Science	
26.	193240112106	Amalu Reji	Natural Science	
27.	193240112107	Arya M.S	Natural Science	
28.	193240112108	Deepa George	Natural Science	
29.	193240112109	Divya P.D	Natural Science	
30.	193240112110	Jismariya John	Natural Science	
31.	193240112111	Maria V. Madhavappallil	Natural Science	
32.	193240112112	Merlin Thomas	Natural Science	
33.	193240112113	Sandhra Meria Babu	Natural Science	
34.	193240112114	Surabhi C	Natural Science	
35.	193240112115	Agnes Sebastian	Social Science	
36.	193240112116	Ida Mathew	Social Science	
37.	193240112117	Jestin Joy	Social Science	
38.	193240112118	Jinu Jose	Social Science	
39.	193240112119	Jomol Tom	Social Science	
40.	193240112120	Medha Ramesh	Social Science	
41.	193240112121	Nasiya Kabeer	Social Science	
42.	193240112122	Parvathy S	Social Science	
43.	193240112123	Shilpa Sasi	Social Science	
44.	193240112124	Anju Treesa saji	Commerce	
45.	193240112125	Bijo Mathew	Commerce	
46.	193240112126	Binchumol Joseph	Commerce	
47.	193240112127	Deepa Jose	Commerce	
48.	193240112128	Jemy George	Commerce	
49.	193240112129	Reeja Susan Roly	Commerce	
50.	193240112130	Vishnupriya T.V	Commerce	



Prof. Dr. BEULAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 010: BOTTLE ART 2019-2020

SL No.	Reg. No.	Name	Subject	Remark
				M.Ed 2019-2021 Batch
1.	193140610236	Jobin Thomas	Social Science	
2.	193140610237	Joice Ruby Sen	Science Education	
3.	193140610238	Manu Antony	Science Education	
4.	193140610239	Meera Varghese	Science Education	
5.	193140610240	Joffy J Njavallil	Commerce	
6.	193140610241	Asha T	English	
7.	193140610242	Jais Jose	English	
8.	193140610243	Jithu K.K	English	
9.	193140610244	Sangeetha S	Mathematics	



Prof. Dr. BENJAMIN MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

2018 - 2019

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA
VALUE ADDED COURSE

STCTE VAC 001: ADOLESCENT COUNSELLING 2018-2019

Sl. No.	Reg. No.	Name	Subject	Remark 2018-2020 Batch
1.	180011001751	Amritha Thampy	English	
2.	180011001752	Annu Maria Michael	English	
3.	180011001753	Ardra Ann Thomas	English	
4.	180011001754	Athira Raj	English	
5.	180011001755	Sailas Mathew	English	
6.	180011001756	Shilpa C Jose	English	
7.	180011001757	Sneha M Josantony	English	
8.	180011001759	Soniya James	English	
9.	180011001760	Amala Francis	Mathematics	
10.	180011001761	Anitta Thomas	Mathematics	
11.	180011001762	Annu Johnny	Mathematics	
12.	180011001763	Anu Siby	Mathematics	
13.	180011001764	Athira Sasi	Mathematics	
14.	180011001765	Josmy Tom	Mathematics	
15.	180011001766	Tresa Mary Rajan	Mathematics	
16.	180011001767	Amala Xavier	Physical Science	
17.	180011001768	Aneeta Rose Tom	Physical Science	
18.	180011001769	Binnu Mathew	Physical Science	
19.	180011001770	Dhanabhagyam A.C	Physical Science	
20.	180011001771	Janet Celine Varghese	Physical Science	
21.	180011001772	Jimil Jose	Physical Science	
22.	180011001773	Josmy Joseph	Physical Science	



Prof. Dr. RICHARDAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

23.	180011001774	Veena P.V	Physical Science	
24.	180011001775	Vijaya Kumari N	Physical Science	
25.	180011001776	Annas Mary Mathew	Natural Science	
26.	180011001777	Elizabeth Athulya Dalby	Natural Science	
27.	180011001778	Jissa Joseph	Natural Science	
28.	180011001779	Manju Mohanan	Natural Science	
29.	180011001780	Akhila Rose Abey	Social Science	
30.	180011001781	Ameer Jinna	Social Science	
31.	180011001782	Arya Gopalan	Social Science	
32.	180011001783	Bitty Varghese	Social Science	
33.	180011001784	Diya Frankson	Social Science	
34.	180011001785	Greeshma Sabu	Social Science	
35.	180011001786	Jibin Joy	Social Science	
36.	180011001787	Jitty Thomas	Social Science	
37.	180011001788	Mohammed Savad PPP	Social Science	
38.	180011001789	Neethumol Babu	Social Science	
39.	180011001790	Rajimol VR	Social Science	
40.	180011001791	Sonu Mariya Dominic	Social Science	
41.	180011001792	Veena Surendran	Social Science	
42.	180011001793	Bibina Jose	Commerce	
43.	180011001794	Dhanya Vijayan	Commerce	
44.	180011001795	Dona Kurian	Commerce	
45.	180011001796	Joyel John	Commerce	
46.	180011001797	Mariya Mathew	Commerce	
47.	180011001798	Vivek Suresh	Commerce	
48.	180011001799	Annu K Jose	English	



Prof. Dr. BENJAMINA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 003: AEROBICS 2018-2019

SL No.	Reg. No.	Name	Subject	Remark 2018-2020 Batch
1.	180011001751	Amritha Thampy	English	
2.	180011001799	Annu K Jose	English	
3.	180011001752	Annu Maria Michael	English	
4.	180011001753	Ardra Ann Thomas	English	
5.	180011001755	Sailas Mathew	English	
6.	180011001756	Shilpa C Jose	English	
7.	180011001757	Sneha M Josantony	English	
8.	180011001762	Annu Johnny	Mathematics	
9.	180011001763	Anu Siby	Mathematics	
10.	180011001764	Athira Sasi	Mathematics	
11.	180011001765	Josmy Tom	Mathematics	
12.	180011001766	Tresa Mary Rajan	Mathematics	
13.	180011001772	Jimil Jose	Physical Science	
14.	180011001773	Josmy Joseph	Physical Science	
15.	180011001774	Veena P.V	Physical Science	
16.	180011001776	Anns Mary Mathew	NS	
17.	180011001777	Elizabeth Athulya Dalby	NS	
18.	180011001780	Akhila Rose Abey	Social Science	
19.	180011001782	Arya Gopalan	Social Science	
20.	180011001784	Diya Frankson	Social Science	
21.	180011001786	Jibin Joy	Social Science	
22.	180011001787	Jitty Thomas	Social Science	
23.	180011001788	Mohammed Savad P.P.	Social Science	
24.	180011001789	Neethumol Babu	Social Science	
25.	180011001790	Rajimol V.R	Social Science	



Prof. Dr. BENJAMINA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA

26.	180011001791	Sonu Mariya Dominic	Social Science	
27.	180011001792	Veena Surendran	Social Science	
28.	180011001793	Bibina Jose	Commerce	
29.	180011001795	Dona Kurian	Commerce	
30.	180011001796	Joyel John	Commerce	
31.	180011001797	Mariya Mathew	Commerce	

ST. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 004: YOGIC PRACTICES 2018-2019

Sl. No.	Reg. No.	Name	Subject	Remark
				2018-2020 Batch
1.	180011001751	Amritha Thampy	English	
2.	180011001799	Annu K Jose	English	
3.	180011001752	Annu Maria Michael	English	
4.	180011001753	Ardra Ann Thomas	English	
5.	180011001755	Sailas Mathew	English	
6.	180011001756	Shilpa C Jose	English	
7.	180011001757	Sneha M Josantony	English	
8.	180011001762	Annu Johnny	Mathematics	
9.	180011001763	Anu Siby	Mathematics	
10.	180011001764	Athira Sasi	Mathematics	
11.	180011001765	Josmy Tom	Mathematics	
12.	180011001766	Tresa Mary Rajan	Mathematics	
13.	180011001772	Jimil Jose	Physical Science	
14.	180011001773	Josmy Joseph	Physical Science	
15.	180011001774	Veena P.V	Physical Science	
16.	180011001776	Anns Mary Mathew	Natural Science	
17.	180011001777	Elizabeth Athulya Dalby	Natural Science	
18.	180011001780	Akhila Rose Abey	Social Science	
19.	180011001782	Arya Gopalan	Social Science	




 Prof. Dr. EUSEBIA NAMMA MATHEW
 PRINCIPAL
 ST. THOMAS COLLEGE OF
 TEACHER EDUCATION
 PALA

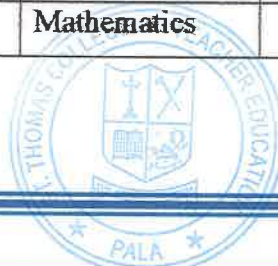
20.	180011001784	Diya Frankson	Social Science	
21.	180011001786	Jibin Joy	Social Science	
22.	180011001787	Jitty Thomas	Social Science	
23.	180011001788	Mohammed Savad PPP	Social Science	
24.	180011001789	Neethumol Babu	Social Science	
25.	180011001790	Rajimol VR	Social Science	
26.	180011001791	Sonu Mariya Dominic	Social Science	
27.	180011001792	Veena Surendran	Social Science	
28.	180011001793	Bibina Jose	Commerce	
29.	180011001795	Dona Kurian	Commerce	
30.	180011001796	Joyel John	Commerce	
31.	180011001797	Mariya Mathew	Commerce	

St. THOMAS COLLEGE OF TEACHER EDUCATION PALA

VALUE ADDED COURSE

STCTE VAC 008: PRO-ACTIVE GENDER RESPONSIBILITY 2018-2019

Sl. No.	Reg. No.	Name	Subject	Remark 2018-2020 Batch
1.	180011001751	Amritha Thampy	English	
2.	180011001752	Annu Maria Michael	English	
3.	180011001753	Ardra Ann Thomas	English	
4.	180011001754	Athira Raj	English	
5.	180011001755	Sailas Mathew	English	
6.	180011001756	Shilpa C Jose	English	
7.	180011001757	Sneha M Josantony	English	
8.	180011001759	Soniya James	English	
9.	180011001760	Amala Francis	Mathematics	
10.	180011001761	Anitta Thomas	Mathematics	
11.	180011001762	Annu Johnny	Mathematics	
12.	180011001763	Anu Siby	Mathematics	
13.	180011001764	Athira Sasi	Mathematics	



Prof. Dr. ZEENAMMA MATHIEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION

14.	180011001765	Josmy Tom	Mathematics	
15.	180011001766	Tresa Mary Rajan	Mathematics	
16.	180011001767	Amala Xavier	Physical Science	
17.	180011001768	Aneeta Rose Tom	Physical Science	
18.	180011001769	Binnu Mathew	Physical Science	
19.	180011001770	Dhanabhagyam A.C	Physical Science	
20.	180011001771	Janet Celine Varghese	Physical Science	
21.	180011001772	Jimil Jose	Physical Science	
22.	180011001773	Josmy Joseph	Physical Science	
23.	180011001774	Veena P.V	Physical Science	
24.	180011001775	Vijaya Kumari N	Physical Science	
25.	180011001776	Anns Mary Mathew	Natural Science	
26.	180011001777	Elizabeth Athulya Dalby	Natural Science	
27.	180011001778	Jissa Joseph	Natural Science	
28.	180011001779	Manju Mohanan	Natural Science	
29.	180011001780	Akhila Rose Abey	Social Science	
30.	180011001781	Ameer Jinna	Social Science	
31.	180011001782	Arya Gopalan	Social Science	
32.	180011001783	Bitty Varghese	Social Science	
33.	180011001784	Diya Frankson	Social Science	
34.	180011001785	Greeshma Sabu	Social Science	
35.	180011001786	Jibin Joy	Social Science	
36.	180011001787	Jitty Thomas	Social Science	
37.	180011001788	Mohammed Savad PPP	Social Science	
38.	180011001789	Neethumol Babu	Social Science	
39.	180011001790	Rajimol V.R	Social Science	
40.	180011001791	Sonu Mariya Dominic	Social Science	
41.	180011001792	Veena Surendran	Social Science	
42.	180011001793	Bibina Jose	Commerce	
43.	180011001794	Dhanya Vijayan	Commerce	
44.	180011001795	Dona Kurian	Commerce	
45.	180011001796	Joyel John	Commerce	



Prof. Dr. B. ANAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALAKKAD

46.	180011001797	Mariya Mathew	Commerce	
47.	180011001798	Vivek Suresh	Commerce	
48.	180011001799	Annu K Jose	English	




Prof. Dr. BEENAMMA MATHEW
PRINCIPAL
ST. THOMAS COLLEGE OF
TEACHER EDUCATION
PALA