



**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**  
Research Centre in Education approved by  
M.G. University, Kottayam, Kerala



# **“SKILL POLISHER”**

**STUDENT CAPACITY BUILDING PROGRAMME**

**SCBPE01**

## **Ethnic Heritage and Lifestyle**

## **Discovery Tour**

**-Tribal Area visit**

### **Expected Outcomes**

The "Tribal Heritage and Lifestyle Discovery Tour" equips students with a multifaceted understanding of indigenous cultures, lifestyles, and resource management practices. Through immersive experiences, students develop a profound appreciation for the rich heritage and traditions of tribal communities. They gain insights into sustainable living, traditional ecological knowledge, and resource utilization unique to these communities. This tour fosters empathy, cultural sensitivity, and a broader worldview, encouraging students to value diversity and integrate traditional wisdom into contemporary contexts.



**Interaction with the native people @ Muntoor, Palakkad on 19 August 2023**



**Interaction with the native people@ Mundoor,Palakkad on 19 August 2023**