



ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

A comprehensive programme for students'
Enrichment- Emotional, Social and
Academic



Sparsham
Phase II
2024




About Sparsham Phase II

Sparsham Phase II aims at the overall well-being of the students of St. Thomas HSS Pala (the adopted school) of St. Thomas College of Teacher Education Pala (STCTE). These can be then done through academic help, financial support and the concept of sharing for a better tomorrow.

The materialistic and non-materialistic aspects of the school is thus given priority and then the teacher trainees along with the teaching and non-teaching faculty of the college supports this aim. The NSS Unit of the College plays a lead role in the same. These activities are coordinated by

Dr. Alex George (Teacher In Charge of Community Extension Programme) and Prof. Dr. (Sr.) Beenamma Mathew, (Principal, STCTE).





1. *Tuition*



As part of Sparsham Phase II programme, the teacher trainers from St. Thomas College of Teacher Education Pala (STCTE) started special tuition for the students at St.Thomas HSS Pala. The major aim of the initiative is to foster language language learning, English, Malayalam and Hindi of the students. For this students were given classes on all working days from 9.00 am to 9.45 am under the guidance of teacher trainees : Aileen Mariya Kuriakose, Issac Cherian Kattakayam and Ajay Jijo who were there for their school internship. There was effective support from, Prof. Dr. (Sr.) Beenamma Mathew (Principal STCTE) Dr. Alex George (NSS Programme Officer, Teacher In Charge of Community Extension Programme, STCTE) Fr. Rejimon Scaria (Head Master of the School). The Programme was inaugurated on 11 th July 2024 where the teaching faculty of the college came in for the distribution of teaching aids and students were informed of the necessity of being self sufficient in the use of language.



INAUGURATION



TAKING

CLASSES



2. Roofing

As part of SPARSHAM PROGRAMME, the NSS unit of STCTE Pala collected Rs.30,000 for the roofing done at St. Thomas HSS Pala(adopted school) near the washroom of boys so that they could walk safely on the way to the washroom during the rainy season as well. This is then given to the Headmaster, Rev.Fr. Rejimon Scaria by Isaac Cherian Kattakayam (Student Representative). Dr. Alex George (NSS Programme Officer, STCTE Pala), B.Ed. trainees from STCTE Pala and other colleges were also present during this handout.



ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
Research Centre in Education approved by M. G.
University, Kottayam, Kerala



SPARSHAM



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BEFORE



AFTER



3. Old Books Collection

Used Books and Paper Collection at St. Thomas HSS Pala was jointly organised by the School and NSS Unit of STCTE, and part of Sparsham Project whereby the NSS Volunteers of the college during school internship collected used books and papers.



4. Environment Day Cleaning

With the aim of sensitising students of the need and significance of protecting the environment, World Environment Day was celebrated in the school whereby planting and cleaning was done whereby the motto of clean and healthy earth and surroundings was promoted. Prof. Dr. (Sr.) Beenamma Mathew (Principal STCTE), Drm Alex George (NSS Programme Officer and Teacher In Charge of Community Extension Programme STCTE), Fr. Rejimon Scaria (Headmaster of the School) were present during the gathering.



5. PTA General Body

Session by Prof. Dr. T. C. Thankachan

An efficient PTA is the core that strengthens the academic and co-curricular activities of a school. It serves as the link of transaction between teachers and students.

Prof Dr. T.C. Thankachan who has been the PTA President of the school for the last 3 years chaired the function and took a session on **"Smart Parenting for Student Excellence in Contemporary Society"** on 11/07/2024. The college is thus bound to the school in a dual way as the Professor is the Vice Principal of St. Thomas College of Teacher Education Pala and been an emblematic personality in teaching and public speaking. Thus the college through its pioneer teaching faculty extends its commitment to the school by the special attention given to the mental and social well-being of the students, parents and teachers.



6. Life 24: Non Residential Workshop for Skill Development

On October 7th 2024 a non-residential workshop for skill development was conducted for the students of Class 9 where multiple skills are being taught which are of practical relevance. On the day of cooking class, the teachers trainees from the college namely Aileen Mariya Kuriakose and Issac Cherian Kattakayam served as volunteers and also as judges in evaluating the dietary benefits of the foods the students had made. Students are taught of the importance of healthy lifestyle and balanced meal for better functioning.



7. Merit Day

Talk by Prof. Dr. T. C. Thankachan

Honouring the merit of students is the best way to provide them extrinsic motivation. This happened at St. Thomas School as well on 21/06/2024 where the teachers and PTA specially congratulated students for their academic, artistic and sports performances. There was also a talk by Prof. Dr. T.C. Thankachan (Vice Principal of St. Thomas College of Teacher Education Pala and the PTA President of the School) on the topic "Recognising Diversity of Talent and Effort" whereby the multiple intelligence of students are catered and given priority. The college finds all ways to boost confidence of the students so that they can live as responsible citizens in the society.



8. Yoga Day

International Yoga Day was celebrated with its significance on 21/06/2024 and the students were made to do yoga practice sessions. They are informed of the significance of yoga in maintaining physical, mental and emotional well-being. The teacher trainees namely Ajay Jijo, Issac Cherian Kattakayam and Aileen Mariya Kuriakose, from the college lead the function. There was also external faculty from Ayurvedha Medical Association of Pala.

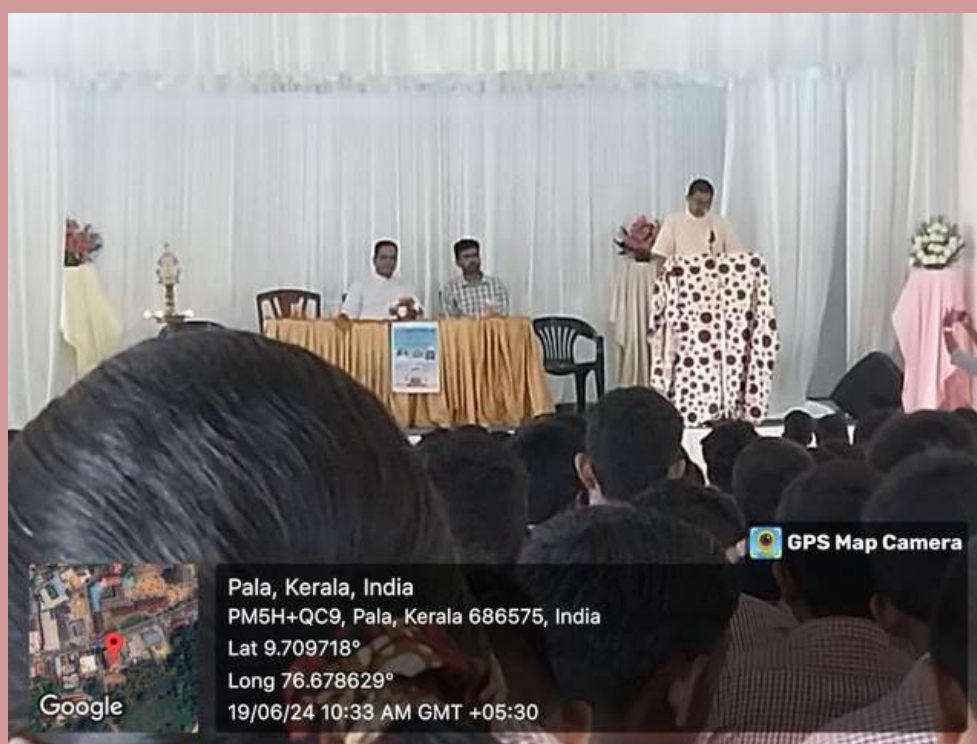






9. Reading Day

National Reading Day was celebrated with its full glory in the school and Prof.Dr. T.C. Thankachan (Vice Principal of the college and PTA President of the school) lead a session on "Reading: A Journey of Discovery and Growth" on 19/0/2024. The session by the Processor gained much attention as he had given surpruse prizes for students who answered general questions asked during the same. It was a day of informing the students of the need and significance of healthy reading habits and the provisions for improving concentration whereby systematic order is placed in their lives.



10. Anti-Narcotics Day

On 2/7/2024 the students were informed of the harmful effects of drugs and other narcotic substances by the teacher trainees and an event was organised at the school where the students took pledge on anti- narcotic practices.



11. Independence Day Quiz and Rally

In the attempt to foster patriotic feelings in the minds of students a rally of Upper Primary Students was organised inside the school on 14/8/2024. On the same day a quiz was conducted on the theme of independence for Upper Primary and High School section respectively under the guidance of the teacher trainees namely, Ajay Jijo, Issac Cherian Kattakayam and Aileen Mariya Kuriakose from St. Thomas College of Teacher Education Pala during their internship period.



12. Teaching Aids Exhibition

On 28/10/2024, " Insight Out: Innovative Educator's Toolkit" an exhibition of quality teaching and learning Aids was organised for the students of St. Thomas HSS Pala at St. Thomas College of Teacher Education Pala. The teacher trainees explained to them of the importance and application of each and every aid and that helped in expanding the knowledge horizons.



13. Class on Hand Sanitization

A class on "Hand Sanitization" was conducted for the students of Class 8 of St. Thomas HSS Pala on 26/9/2024 jointly under the effort of the school and the college.

Students are thus informed of the need of keeping themselves clean in an attempt to maintain good health. The teacher trainees from the college organised this event.



14. Language Lab @ STCCE

In the era of blurring the boundaries it is important to foster the skills of students in English Language. For that matter the second year English Education (B.Ed.) students of St.Thomas College of Teacher Education Pala along with the school attempts at giving listening, speaking, reading and writing activities to the students at the Language Lab of the College.

