

RESUME



Dr. Anne Mary Thomas is an Assistant Professor (Guest) in Physical Science at St. Thomas College of Teacher Education, Pala, Kerala affiliated to the Mahatma Gandhi University, Kottayam. She has joined the College on 05th June, 2024 as an Assistant Professor in Physical Science Education. Prior to this she was an Assistant Professor –Ad hoc with the M.Ed. Department of St. Joseph’s Training College, Mannanam. She had done her both Ph.D. & PDF from the Mahatma Gandhi University.

Date of Birth : 07/03/1983
Gender : Female
Father’s Name : Thomas K. Chacko
Religion : Christian (Syro Malabar Catholic)
Marital Status : Married
Permanent Address : Parachathempallil, Villa No.25,
Wexco Brookfield, Adichira,
Thellakom P.O. 686630. Kottayam.
Official Address : Assistant Professor of Physical Science,
St.Thomas College of Teacher Education, Pala
Kottayam - 686 575
Date of Joining : 05/06/2024
Blood Group : A+
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Educational Qualifications: -

Course	Year and Institution	University	Marks	%
S.S.L.C.	1998, Emmanuel’s HSS Kothanalloor	State Board	513	85.5
Pre Degree	2000, Deva Matha College, Kuravilangad	Mahatma Gandhi University, Kottayam.	375	75
B.Sc. (Physics)	2003, Deva Matha College, Kuravilangad	Mahatma Gandhi University, Kottayam	842	84.2
M.Sc.(Physics)	2005, St.Thomas College, Pala	Mahatma Gandhi University, Kottayam	1780	80.91
B.Ed. (Physical Science)	2006, Mangalam college of Education, Ettumanoor	Mahatma Gandhi University, Kottayam	905	75.42
M.Ed. (Science Education)	2008, Mangalam college of Education, Ettumanoor	Mahatma Gandhi University, Kottayam	704	70.4
SET Physics	2006, Directorate of Higher Secondary Education, Kerala State.			
NET with JRF	June, 2008. UGC REF NO.349/ (NET, JUNE 2008) Reg. No. 161317			
Ph.D.	May-2015, School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam			
PDF	August-2019, School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam.			

Supervised M.Ed. Dissertations: -

S. No.	Title of the Study	Name of the Student	Year	Institution
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1	A study on the Relationship between study Habits and Test Anxiety among Higher Secondary Students in Malappuram District	Joseena V.J.	2009	STCTE*
2	A study on the relationship between social maturity and attitude towards teaching among elementary teacher trainers in Kottayam District	Lekha K.G.	2009	STCTE*
3	Effectiveness of Yoga on Learning Interest and Concentration of High Schools Students	Unnikrishnan V.	2015	SJTCM**
4	Relationship between Occupational Stress and Work Motivation of Secondary School Teachers in Kottayam District	Rejany K.R.	2015	SJTCM**
5	Parental Involvement and Social Maturity of High School Students	Revathy T.K.	2015	SJTCM**
6	Relationship between Procrastination and Emotional Stress of Higher Secondary School Students in Kottayam District	Suranya Jose	2015	SJTCM**
7	A Study on Self Efficacy and Academic Achievement of Undergraduate Students in Kottayam District	Asha V. Nair	2015	SJTCM**
8	A Study on the Usage of Social Networking Sites, Social Interaction and Value Preference of Higher Secondary School Students of Ernakulam District	Joby V.A.	2017	SJTCM**
9	A Study on Emotional Maturity, Moral Reasoning and Stress Management of B.Ed. Students in Kottayam District	Mekhala Joseph	2017	SJTCM**
10	Effectiveness of Awareness Training Model on Self-Motivation and Social Adjustment of Students of Secondary Level	Jeevamol N. Raju	2017	SJTCM**
11	A study on Effectiveness of Generative Learning Model on Strategic Thinking and Problem -Solving Ability in Physics of Students at Secondary Level	Jomol P. Jose	2017	SJTCM**
12	A Critical Analysis of Social Science Curriculum in Developing National Integration Values in Secondary School	Gigimon M.K.	2017	SJTCM**
13	Achievement in Social Science of Secondary School Students in Relation to Social Intelligence and Locus of Control	Anjumol K.J.	2021	SJTCM**
14	Self-Concept in relation of Level of Aspiration and Social Adjustment of Higher Secondary School Students	Dhanya V.K.	2021	SJTCM**
15	Emotional Maturity and Academic Achievement of Higher Secondary School Students in Relation to Their Internet Usage	Tissymol K.O.	2021	SJTCM**
16	Parental Rearing Skills, Social Skills and Self Esteem of Secondary School Students in Kottayam District	Jinish K. Sebastian	2022	SJTCM**
17	Reflective Thinking and Social Adaptability of Student Teachers at Post Graduate Level	Mathew Cyriac	2022	SJTCM**
18	Analysis of Moral Values in Basic Science Text Book of Standard VIII	Hanna Mathew	2022	SJTCM**

19	Teaching Anxiety and Self Efficacy among Prospective Elementary School Teachers in Kottayam District	Saniya Mariya Saj	2023	SJTTCM**
20	Ecospirituality and Academic Achievement Among Tribal Students in Idukki District	Athira Treesa Jose	2023	SJTTCM**
21	Relationship Between Perceived Parental Involvement and Academic Stress Among Secondary School Students.	Vivek V.M.	2023	SJTTCM**
22	Perceived Social Support and Student Engagement Among Higher Secondary School Students	Bismi Babu	2024	SJTTCM**

*St. Thomas College of Teacher Education, Pala (STCTE)

**St. Joseph's Training College, Mannanam (SJTTCM)

Publications: -

Books					
Name of the Faculty	Title of the Book	Publisher	Year	ISBN	Co-Authors
Anne Mary Thomas	Learning Styles: Theories and Implications for Teaching Learning.	Horizon Research Publishing	2019	ISBN:978-1-943484-25-6	Dr. Sajna Jaleel
Anne Mary Thomas	An Overview of McCarthy's 4MAT System- A Design for Instruction.	Catholic Press, Kollam	2018	ISBN:978-93-5311-358-2	Self-Authored
Anne Mary Thomas	Effectiveness of 4MAT System of Instructional Design on Learning Styles, Hemispheric Preferences and Achievement in Physics of students at Secondary Level.	Catholic Press, Kollam	2018	ISBN 13:978-93-5311-871-6	Self-Authored

Chapters in Edited Books						
Name of the Faculty	Book Chapter	Title of the Book	Publisher	Year	ISBN	Co-Authors
Anne Mary Thomas	Learning Styles- An Overview.	Managing Learners with Disabilities and Difficulties.	Dream Book Publishing.	2021	978-93-91276-83-6.	Dr. Sajna Jaleel

Seminar/Conference Proceedings						
Name of the Faculty	Title	Seminar	Organizer	Year	ISBN	Co-Authors
Anne Mary Thomas	An Introduction to SWAYAM	Teaching Learning Platforms for Digital Natives	St. Thomas College of Teacher Education, Pala.	2018	978-81-908006-9-3	Dr. Sajna Jaleel & Anithamol A.K.

Anne Mary Thomas	Educational Implications of Moral Values reflected in the speech of Swami Vivekananda	Teaching Learning Platforms for Digital Natives	UGC Sponsored National Seminar St. Joseph's Training College, Mannanam.	2015	978-81-9280444-2-2	-----
Anne Mary Thomas	Opioid Addiction; A Threat to Mental Health in India	International Symposium on Evidence in Global Mental Health, DYUTI '15	Tumkur University, Karnataka	2015	-----	-----
Anne Mary Thomas	Teacher-The Designer of Competency Based Education	Educational Renaissance for a New Generation	UGC Sponsored National Seminar St. Thomas College of Teacher Education, Pala.	2012	978-93-82359-41-8	-----
Anne Mary Thomas	Holistic Education Compatible with Learning Styles: An Approach to Quality Education	Peace Education: An Orientation for GEN Next	UGC Sponsored National Seminar; St. Thomas College of Teacher Education, Pala.	2010	-----	-----

Journals						
Name of the Faculty	Title	Journal	Volume, Issue and Page Numbers	SCOPUS/ UGC Care/ UGC Listed/ Peer Reviewed	ISSN	Co-Authors
Anne Mary Thomas	Value Preferences of Higher Secondary School Students in Ernakulam	The Ground Builder: An Attempt to Recast Quality Education	9(1)	Peer Reviewed	2249-9911	Joby V.A.

	District					
Anne Mary Thomas	The Relationship between Emotional Maturity and Stress Management among B.Ed. Students	The Ground Builder: An Attempt to Recast Quality Education	8(1)	Peer Reviewed	2249-9911	Mekhala Joseph
Anne Mary Thomas	Effectiveness of Generative Learning Model on Problem Solving Ability in Physics of Students at Secondary Level	The Ground Builder: An Attempt to Recast Quality Education	7(1)	Peer Reviewed	2249-9911	Jomol P. Joseph
Anne Mary Thomas	“Relationship between Occupational Stress and Work Motivation of Secondary School Teachers in Kottayam District	The Ground Builder: An Attempt to Recast Quality Education	6(1)	Peer Reviewed	2249-9911	----
Anne Mary Thomas	Relationship between Procrastination and Emotional Stress of Higher Secondary School students in Kottayam District	Indian Journal of Applied Research	8(3)	Peer Reviewed	2249-555X.	----
Anne Mary Thomas	Parental Involvement and Social Maturity of High School Students	PARIPEX: Indian Journal of Research	6(12)	Peer Reviewed	2249-555X.	----
Anne Mary Thomas	A Study on Self Efficacy and Academic Achievement of Under Graduate Students in	Carmel Graphics	4(1)	Peer reviewed	2320-7299	-----

	Kottayam District					
Anne Mary Thomas	Learning Styles and Hemispheric Preferences of students at Secondary Level	Pedagogics Mahatma Gandhi University.	10& 11 (4)	-----	----- -	-----
Anne Mary Thomas	Social Maturity and Attitude towards Teaching of Elementary Teacher Trainees in Kottayam District	Educational Extracts	1(2) 100-106	Peer Reviewed	2320-7612	Lekha K.G.
Anne Mary Thomas	Study Habits and Test Anxiety of Higher Secondary School Students in Malappuram District	Conflux: Journal of Education	1(4) 52-56	Peer Reviewed International Journal	2320-9305.	Joseena V.J.
Anne Mary Thomas	Learning Styles: A Guiding Force for Effective Teaching and Learning	International Educator	21(2) 61-66	-----	-----	Dr. Sajna Jaleel

Papers Presented: -

1. A paper titled “Educational implications of Moral Values reflected in the first speech of Swami Vivekananda” was presented during the national seminar on “Education for Liberation:
2. Contributions of Swami Vivekananda”, organized by St. Joseph’s Training College, Mannanam, Kottayam District on 6th and 7th February 2015.
3. Presented a paper in a one day International Conference on “Comparative study of Buddhist and Christian perspectives of World Ethics” at Tumkur University (with the association of Sera Jay Monastic University, Bylakuppe, and Mysore), Karnataka on 21st Dec.’14.
4. Presented a Paper on “Emerging Trends in Mental Health Rehabilitation” in the one day

International Seminar on “Emerging Trends in Disability Studies and Management” organized by IUCDS, Mahatma Gandhi University Kottayam on 8th January 2013.

5. Presented a paper on “Hemispheric Preferences of Students with Different Learning Styles” in the National Conference on Statistics for Twenty-First Century-2012 organized at Department of Statistics, University of Kerala on 10-12 December 2012.
6. A paper titled “ Teacher-The Designer of Competency Based Education” was presented during the national seminar on “Educational Renaissance for a New Generation”, organized by St. Thomas College of Teacher Education Pala, Kottayam District on 28th& 29th November 2012.
7. A paper entitled “Reorienting Education to Address Sustainable Development” was presented in an International Conference on Higher Education on the Theme “Education for Peace, Social Inclusion and Sustainable Development : Towards a Paradigm Shift” held at Mahatma Gandhi University, Kottayam, on 8 to 10 December 2010.
8. Presented a paper entitled “Holistic Education Compatible with Learning Styles: An Approach to Quality Education” in the IX Annual Convention & International Seminar on “Peace Education: An Orientation for Gen Next” held at St. Thomas College of Teacher Education, Pala on 13th& 14th August 2010.
9. Presented a paper on “Inclusive Education: Enabling schools to serve all children” in an International Conference on “Adaptability & Responsiveness in Teacher Education” organized by the Government College of Teacher Education, Thiruvananthapuram on 18th& 19th June 2010.

Participations in Seminars/Conferences & Workshops: -

1. Two day National seminar on teacher Education in a new Episode: ITEP in the context of NEP 2020, organized by St. Joseph’s Training College, Mannanam, in collaboration with DCDC MGU, on 27th and 28th February 2024 and has chaired a session.
2. Two day National conference on Addressing Diverse Needs in Inclusive Education: Strategies for Equitable Learning Environment, organized by St. Joseph’s Training College, Pavaratty and St. Joseph’s Training College, Mannanam on 24th and 25th November 2023.
3. Two day National seminar on “Converging concepts in Research: Global Perspectives” conducted by Association of International Researchers of Indian Origin (AIRIO) at St. Joseph’s Training College, Mannanam, Kottayam District on 4th and 5th December 2015
4. National seminar on “Eco-psychology: A Synergistic interplay between Planetary and Personal Well Being” organized by St. Joseph’s College of Teacher Education for Women, Ernakulam, on 2nd and 3rd November 2015
5. International Educational Seminar on “Youth Empowerment through Education/Career Planning” at Labour India College of Teacher Education, Marangattupilly on 3rd August 2015
6. National seminar on “Scientific Excellence of Yoga: A Multisectoral Dialogue” organized by St. Joseph’s Training College, Mannanam, Kottayam District on 6th and 7th March 2015 National seminar on “Education for Liberation: Contributions of Swami Vivekananda”, organized by St. Joseph’s Training College, Mannanam, Kottayam District on 6th and 7th February 2015. Three day course on Research Methodology in Education organized by the School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam, from 12th to 14th August 2013. Orientation Programme on “A

- Gamut of Articulation to the Felt Issues and the Paradigmatic Shifts of Recharging Teachers at M.Ed. level” organized by the School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam, on 3rd & 4th May 2012.
7. National Level Orientation Programme on “Honing Researchers’ Skills through Methodological Orientation” organized by School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam, on 7 -9 July 2010.
 8. Inter University workshop on “Proximity toward the creation of Quality Research Framework” organized by School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam, on 9th April 2010.
 9. National Seminar on “Interactive Exploration toward Quality Research Continuum”, organized by School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam, on 26th March 2010. National Seminar on “Education-The Sine-qua none for sustainable Development”, Sponsored by
 10. UGC & organized by St. Thomas College of Teacher Education, Pala on 21, 22 August 2009. Two day state level workshop on “Developing leadership qualities among women” sponsored by M. G. University Kottayam, organized at Mount Carmel College of Teacher Education for Women, Kottayam on 26, 27 March 2009.
 11. Two day workshop on “Techniques of writing a Research Paper” sponsored by AIAER, organized at Co- operative College of Education, Puducherry on 14, 15 March 2009.
 12. Three day training programme- Statistical Methods for Social Scientists Organized by Centre for Qualitative Analysis & Research in Social Sciences, Centre for Mathematical Science and Dept. of Statistics at St. Thomas College Pala on 25, 26 & 27 October 2008.
 13. State level seminar on “Modern trends in Curriculum Transaction and Evaluation” Sponsored by M. G. University Kottayam & organized by St. Thomas College of Teacher Education, Pala on 22 September 2008.
 14. Workshop on “Reification of M.Ed. Curriculum-Phase II” at School of Pedagogical Sciences M. G. University Kottayam on 8 August 2008.
 15. Workshop on “Value Analysis Model of Teaching” as a part of UGC Major Research Project organized at St. Thomas College of Teacher Education, Pala on 16, 17 & 18 July 2008.
 16. National Seminar on “Education for Sustainable Development” sponsored by UGC & organized at P.K.M. College of Education, Madam am, Kannur on 2 & 3 March 2007

Professional Experience: -

1. 05-06-2024 to till date:-Assistant Professor (Guest), Physical Science Education, St.Thomas College of Teacher Education, Pala, Kottayam
2. 06-01-2020 to 31-05-2024, 15-01-'15 to 30-09-2017: Teacher Educator at St. Joseph’s Training College (Faculty of M.Ed.), Mannanam, Kottayam
3. 17-22-2009 to 07-04-2014: JRF, UGC Senior & Junior Research Fellow under the guidance and supervision of Dr. Sajna Jaleel, Professor, School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam.
4. 02-'08 to 12-'09: Teaching Faculty, Department of P.G. Studies in Education, St. Thomas College of Teacher Education Pala, Kottayam District.
5. 09-'06 to 11-'06: Teaching Faculty, Lourdes Public School & Junior College, Kottayam.

General Training: -

- Working knowledge of Basic Computer operations, MS Excel & Statistical Package for Social Sciences (SPSS).
- Course Work in view of Ph.D. Studies

Research Experience:-

- Worked as Full Time Research Scholar at School of Pedagogical Sciences, Mahatma Gandhi University Kottayam.
- Supervised Eighteen Theses at M.Ed. Level
- M. Ed. Thesis (herself): Efficacy of Inductive Thinking Model on Reasoning Ability and Scientific Creativity at Secondary Level

Professional Activities: -

- Participation in National, International Conference, Seminars and Workshops
- Participation of Research Classes conducted by School of Pedagogical Sciences as well as Mahatma Gandhi University, Kottayam.

Professional Affiliations: -

- Member of the All India Association for Educational Research (AIAER)
- Member of Council for Teacher Educators (CTE), Kerala State Centre

Languages Known: -

- **READ**- English, Hindi, Malayalam
- **WRITE**- English, Hindi, Malayalam
- **SPEAK**-English, Hindi, Malayalam

Testimony of the Research Work:-

- Dr. A. Sukumaran Nair, Chief Examiner of Ph.D. Viva Voce

Reference: -

- Dr. Sajna Jaleel (Guide of Ph.D. & PDF), Professor, School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam, Mobile: 09400573194

-----End of the Resume-----