

**DEVELOPING EMOTIONAL COMPETENCIES AMONG
ADOLESCENTS THROUGH EXPERIENTIAL
LEARNING - AN EXPERIMENTAL STUDY**

MINOR RESEARCH PROJECT REPORT

SUBMITTED TO UGC, SWRO BANGALORE

BY

PRINCIPAL INVESTIGATOR

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ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA,

KOTTAYAM (Dt.) KERALA

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CONTENTS

FOREWORD

ACKNOWLEDGEMENTS

LIST OF TABLES

LIST OF FIGURES

CHAPTERS	PAGE NO.
CHAPTER – I INTRODUCTION	1-27
CHAPTER – II METHODOLOGY	28-51
CHAPTER – III ANALYSYS AND INTERPRETATION OF DATA	52-73
CHAPTER – IV SUMMARY, CONCLUSIONS AND IMPLICATIONS	74-86
BIBLIOGRAPHY	87-100
<i>APPENDICES</i>	<i>i-xxix</i>

