



**An Overview of  
McCarthy's  
4MAT System**

**A Design for Instruction**

**Anne Mary Thomas**

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**An Overview of McCarthy's 4MAT System,  
First Edition**

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**Dr. Anne Mary Thomas**

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First print 2018

Printed in India

Cover Design & Layout: George Chacko

1. Education-Instructional Design-Research-Textbooks
2. Psychology -Instructional Design-Research-Textbooks

ISBN (10 digits): 93-5311-358-X  
ISBN (13 digits): 978-93-5311-358-2



Price: ₹ 100/-

Self Published

Printed at Catholic Press, Kollam, Kerala

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### **An overview of McCarthy's 4MAT System : A Design for Instruction**

The book discusses the instructional design developed by McCarthy. It covers the major theories by which the design was moulded and brings forth the steps in the construction of the lessons based on the system. The book shows the effectiveness of the system based on the studies conducted so far in this area.

**About the Author :** Dr. Anne Mary Thomas has done her Doctorate in Education, Masters in Education, Physics from Mahatma Gandhi University, Kottayam and Masters in Psychology from Madras University, Chennai. She has been teaching, writing and guiding postgraduate students in research and doing relevant publications for the past ten years. At present she is a Post Doctoral Fellow in the School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam, India.



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ISBN-13:978-93-5311-358-2

