

## **BIO – DATA**



Sr. Shalby P. Jose is a faculty member in Education at St. Thomas College of Teacher Education, Pala, Kerala, affiliated with Mahatma Gandhi University, Kottayam. She joined the college on 16th March 2006 as an Assistant Professor in Commerce Education. Prior to this, she has six years of teaching experience as Higher Secondary School Teacher in Commerce and one year teaching experience at Mar Augsthinose college Ramapuram. She took her post-graduate degree (M.com.) from Kuriakose Elias College, Mannanam, affiliated to Mahathma Gandhi University, Kottayam. She took her M.Ed. from St. Ann's College of Education affiliated to Mangalore University. She completed her Ph.D. from Kannur University

Name	:	<b>Sr. SHALBY P JOSE</b>
Date of birth	:	31 <sup>st</sup> May 1963
Gender	:	Female
Father's Name	:	Joseph P. A
Religion	:	Christian (Roman Catholic)
Marital Status	:	Religious
Permanent Address	:	Carmelite Provincial House, P.O, Pala, Kottayam (Dt) KERALA – India. Pin-686 575

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Pala, Kottayam Dt., Kerala, INDIA.  
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### EDUCATIONAL QUALIFICATIONS

Course	Year and Institution	University	Marks	Percentage
B.Com.	1982-85 St.Stephen's College , Uzavoor	Kerala University, Thiruvananthapuram	610	50.8%
M.com.	1985-87 K. E. College , Mannanam	Mahatma Gandhi University, Kottayam	579	64.3%
H.D.C	1988-89 T. A. T. M Co- operative College, Pala	State co-operative Union, Kerala	345	46%
B.Ed (Commerce)	1996-1997 Kerala University B. Ed. Centre, Thiruvanthapuram	Kerala University Thiruvanthapuram	641	64.1%
M.Ed. (Education)	1999-2000 St. Ann's College of Education, Mangalore	Mangalore University, Mangalore	532	66.5%
S.E.T (Commerce)	2000 - Higher Secondary Directorate, Kerala State			
N.E.T- UGC(Education)	December 1999 - University Grants Commission, New Delhi.			

PhD. (Education)	“A Study on the effect of Cognitive Apprenticeship Model on Achievement, Select Thinking Skills and Social Skills among Commerce students of Higher Secondary Schools in Kerala State” (2019-Kannur university , Kerala State)
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### PROFESSIONAL EXPERIENCE - TEACHING

Name of the Institution	Post	Duration
Mar Augusthinose College, Ramapuram	Lecturer in Commerce	1 ¼ years
St. Perter’s Higher Secondary School, Elanji	Higher Secondary School Teacher (HSST)	6 years
St. Thomas College of Teacher Education, Pala	Assistant Professor in Education	13 Years

### PROFESSIONAL EXPERIENCE - TEACHING (PG Level)

**Teaching experience in the Department of PG Studies in Education (M. Ed), St. Thomas College of Teacher Education, Pala, Kerala from 12/06/2023 till date.**

### PROFESSIONAL EXPERIENCE - RESEARCH (M. Ed.)

1. Conducted a survey on ‘A Study on Mathematical ability of Higher Secondary School Students of Kottayam District’ as part of research programme at M. Ed. level.
2. Research Guidance (4 Years at M. Ed level)
3. Completed UGC Minor Research Project on “A study on the effect of Cognitive Apprenticeship Model on Achievement and select social skills among the Commerce students of Higher Secondary Schools in Kerala state’.

### ORIENTATION PROGRAMMES/ REFRESHER COURSES ATTENDED

Attended the Orientation Programme at ASC, Thiruvanthapuram, from 10<sup>th</sup> October to 6<sup>th</sup> November 2008.

Attended the Refresher course at ASC Thiruvanthapuram, from 1st December to 22<sup>nd</sup> January, 2011.

UGC-Sponsored Refresher Course in Education and Teaching Methods Conducted by the UGC-Human Resource Development Centre, University of Kerala, Kariavattom, Trivandrum, From 09-03-2017 to 29-03-2017

#### FACULTY DEVELOPMENT PROGRAMME

Short-term course in Student Counselling and Mentoring conducted by the UGC-Human Resource Development Centre, University of Kerala, Kariavattom, Trivandrum Sponsored by RUSA from 30-10-2017 to 04-11-2017

#### PARTICIPATION AND PRESENTATION IN SEMINARS/WORKSHOPS/ CONFERENCES

##### International

1. Participated in the International Conference on 'Educational Research and Learning beyond Cognition' held at St. Thomas College of Teacher Education, Pala, on 31<sup>st</sup> May to 2<sup>nd</sup> June 2007.
2. Participated in the International Seminar on 'Peace Education: An Orientation for GEN next' organized by CTE Kerala state centre and St. Thomas College of Teacher Education, Pala on 13<sup>th</sup> & 14<sup>th</sup> August, 2010.

##### National

1. Participated National Level Seminar on 'Managing Learning Problems' held on 20<sup>th</sup> & 21<sup>st</sup> July, 2006 at ST Joseph College of Teacher Education For Women, Ernakulum.
2. Participated UGC sponsored Orientation programme in IT oriented organized by Academic Staff College, University of Kerala from 10<sup>th</sup> October to 6<sup>th</sup> November 2008.
3. Attended National Level workshop on 'Techniques of writing A Research Paper for a Journal' organized by Co-operative College of Education, Puducherry on 14<sup>th</sup> & 15<sup>th</sup> March 2009.
4. Participated in the National Seminar on 'Education the sine qua non for Sustainable Development' held at St. Thomas College of Teacher Education, Pala, on 20 and 21<sup>st</sup> August, 2009.
5. Participated in the UGC sponsored National Seminar on 'Quality Improvement in Educational Research: Innovative Trends' held at St. Joseph's Training College, Mannanam, on 6<sup>th</sup> March, 2010.

6. Participated in the The Indian institute of Science and Religion, Pune, sponsored national seminar on Science and Religion Dialogue: An interface between the mastery of Science and the mastery of Religion’ organized by St. Thomas Society for Science & Religion at St. Thomas College, Pala held on 8<sup>th</sup> & 9<sup>th</sup> March, 2010.
7. Participated and presented a paper on ‘Social Sensitivity: Sustainable Development: A Holistic Approach towards Environment’ with Ms. Bindu David in the UGC sponsored National Seminar on ‘Education and Social Sensitivity’ held at St. Thomas College of Teacher Education, Pala, on 25<sup>th</sup> and 26<sup>th</sup> November, 2010.
8. Participated and presented a paper on ‘Managing and Resolving Conflict in a positive way’ with Ms. Bindu David in the UGC sponsored National Seminar on ‘Peace Education: An Orientation for Gen Next’ held at St. Thomas College of Teacher Education, Pala held on 13<sup>th</sup>& 14<sup>th</sup> August 2010.
9. Participated in the National level Workshop on “Educational Research” Organized by Government College of Teacher Education, Thiruvananthapuram, on 10<sup>th</sup> to 14<sup>st</sup> February 2011.
10. Participated in the UGC sponsored Refresher course in Education conducted by Academic staff College, University of Kerala, from 1<sup>st</sup> to 22<sup>nd</sup> December 2011.
11. Participated and presented a paper on ‘A study on Human Rights Awareness Among Teacher Trainees’ in the UGC sponsored National Level seminar on ‘Human Rights Education: Relevance of Multicultural Education Based on the Philosophy of Pluralism in the Contemporary Indian Context’ organized by by St. Joseph’s Training College, Mannanam on 12<sup>th</sup>& 13<sup>th</sup> January, 2012.
12. Participated and presented a paper on ‘Effect of Cognitive Apprenticeship model in developing Social skills at Higher Secondary Level’ with Dr. Babu Kochamkunnel, Principal, P.K.M. College of Education, Madampam in the UGC sponsored National Seminar on ‘Education for National and Emotional Integration’ held at St.Thomas College of Teacher Education, Pala, on 5<sup>th</sup> and 6<sup>th</sup> June, 2012. ISBN 978-93-82359-02-9..
13. Participated and presented a paper on ‘Cognitive Apprenticeship Model An Innovative Teaching-Learning Strategy’ with Dr. Babu Kochamkunnel, Principal, P.K.M. College of Education, Madampam in the UGC sponsored National Seminar on ‘Educational Renaissance for a New Generation’ held at St. Thomas College of Teacher Education, Pala, on 28<sup>th</sup> and 29<sup>th</sup> November, 2012. ISBN 978-93-82359-03-8
14. Participated and presented a paper on ‘Strategy for the physical and Social Development of learning disabled ’with Dr. P.P. Shajimon, Asst. Professor, St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on ‘Learning Disability: no child Left Behind’ held at St. Thomas College of Teacher Education, Pala, on 27<sup>th</sup> and 28<sup>th</sup> June, 2013. ISBN 978-81-927201-1-1
15. Participated and presented a paper on ‘Reflective Practice- A Catalyst for the Professional Development of Teachers’ with Dr. P.P. Shajimon Asst. Professor & Ms. Gilu G, Ettaniyil, Librarian, St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on ‘Reflections on Reflective Practices’ held

at St. Thomas College of Teacher Education, Pala, on 21st and 22nd November, 2013. ISBN 978-81-927201-2-8

16. Participated and presented a paper on 'Philosophical Integration of Yoga in Education' with Dr. P.P. Shajimon, & Gilu G Ettaniyil, St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Yoga: A Panacea for Life Style Diseases' held at St. Thomas College of Teacher Education, Pala, on 23rd & 24th 2014
17. Participated and presented a paper on 'Investment in Education and Economic Growth' with Dr. P.P. Shajimon Assistant Professor St. Thomas College of Teacher Education, Pala UGC sponsored national seminar on 'Vision 2030 Contributions of Educational Researches on National Development' held at St. Thomas College of Teacher Education, Pala on 6<sup>th</sup> and 7<sup>th</sup> August 2015. ISBN 978-81-927201-4-2
18. Participated and presented a paper titled 'Importance of mental health among adolescents' with Priya Philip, and Binnya Mary Benny students at St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Behaviour Modification: A Psycho Dynamic Approach to Maladjustment in Adolescents' on 19th and 20th January 2017. ISBN: 978-81-927201-5-9
19. Participated and presented a Paper titled 'Socio-Emotional Competencies and Emotional Intelligence: A Pre-requisite for behavior modification' with Roselit Michael, and Gilu G Ettaniyil St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Behaviour Modification: A Psycho Dynamic Approach to Maladjustment in Adolescents' on 19th and 20th January 2017. ISBN: 978-81-927201-5-9
- 20 Participated and presented a paper titled 'Techno Pedagogical Content Knowledge: An Architecture for teacher Competence' with Dr. Bindu David Asst. Professor, St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Teaching Learning Platforms for Digital Natives' on 27th and 28th September 2018. ISBN: 978-81-98-8886-9-3
- 21 Participated and presented a paper titled 'New Door to digital Tribes in Digital world' with Vivek Suresh and Mohammed Savad, students, St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Teaching Learning Platforms for Digital Natives' on 27th and 28th September 2018. ISBN: 978-81-98-8886-9-3
- 22 Participated and presented a paper titled 'Blended Learning : A tool for Effective Learning' with Mariya Mathew and Dhanya Vijayan, students, St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Teaching Learning Platforms for Digital Natives' on 27th and 28th January 2018. ISBN: 978-81-98-8886-9-3

- 23 Participated and presented the paper ‘Constructivism: A learning Theory for the Digital Age’ in the national Conference on ‘Critical Pedagogy and Constructivism in the Digital Context’, organised by Mother Teresa Women’s University, Kodaikanal, Tamilnadu, on 26<sup>th</sup> April 2018.
- 24 Participated in the national seminar on ‘Futuristic Appositeness of Contemporary Research and NEP 2020’ organized by St. Thomas College of Teacher Education, Pala & Society of Innovative Researchers and Academicians(SIRA), held on 14th & 15th February, 2024.

### State and Regional

1. Attended Orientation programme in English Language Teaching from 19<sup>th</sup> to 24<sup>th</sup> July 1999 organized by the Department of English, St. Thomas College, Pala.
2. Attended UGC sponsored state level seminar on ‘Localizing Information Technology and Education’ held on 22<sup>nd</sup> to 24<sup>th</sup> February, 2000 at St. Ann’s College of Education, Mangalore.
3. Attended Teacher Training Programme at Higher Secondary Level from 31<sup>st</sup> January to 1<sup>st</sup> February 2006 at SNHSS, Ayyappankavu, Cochin.
4. Attended the Workshop on B. Ed. Syllabus-Commerce Education organized by Titus II Teachers College, Thiruvalla on 4<sup>th</sup> August 2006.
5. Participated in the state level seminar on Value Orientation in Teacher Education at St. Thomas College of Teacher Education, Pala on 22<sup>nd</sup> and 23<sup>rd</sup> August, 2006.
6. Attended Workshop on ‘Value Analysis Model of Teaching’ for Teacher Educators organized by St. Thomas College of Teacher Education, Pala under UGC Major Research Project on 21<sup>st</sup> and 22<sup>nd</sup> November, 2007.
7. Attended Workshop on ‘Value Analysis Model of Teaching’ for Teacher Educators organized by St. Thomas College of Teacher Education, Pala under UGC Major Research Project on 26<sup>th</sup> June, 2008.
8. Attended Workshop on ‘Value Analysis Model of Teaching’ for Teachers organized by St. Thomas College of Teacher Education, Pala under UGC Major Research Project on 16, 17, 18<sup>th</sup> July, 2008.
9. Participated in the State Level Seminar on ‘Modern Trends in Curriculum Transaction and Evaluation’ organized by St. Thomas College of Teacher Education, Pala on 22<sup>nd</sup> September, 2008.
10. Participated in the seminar on ‘B. Ed. Syllabus In Commerce Education- Credit & Semester system with Grading’ organized by All Kerala Training College Teachers Association at Titus II Teacher College, Thiruvalla on 6<sup>th</sup> November October, 2009.
11. Participated in the orientation to Teacher-Educators on grading pattern for practical courses of B.Ed. programme, Thiruvalla organized by All Kerala

Training College Teachers Association held at Titus II Teachers College on 24<sup>th</sup> June, 2010.

12. Participated in the Kerala State Higher Education Council sponsored two day workshop on Perspectives and Methodology of Business Studies organized by P.G. and Research Department of Commerce held on 17<sup>th</sup> & 18<sup>th</sup> December. 2010.

## BOOKS PUBLISHED

1. ***“Cognitive Apprenticeship Model-Theory and practice”***, 2012, UGC Minor Research Project, St. Thomas College of Teacher Education, Pala. (with Dr. P.P. shajimon, Co-investigator, UGC MRP)

## CHAPTERS IN EDITED BOOKS

1. Published a paper on “Lifelong learning for a Better Future”, in the edited book (Krunal Trivedi, Aranga Pari, Krishanan Manian, Apitha Sabapathy and V. Hemanth Kumar) on ***Management, Technology and Social Sciences*** by Geneva Business School, Switzerland, University of Malaya, Malaysia & Anuragam, Chennai. May 2018, Pp 219-233, ISBN 978-93-5228-126-8.
2. Published a chapter on Foundations of Educational Technology: Theory and Practice. (pp 151-163), Valli, G. (editor) Mother Teresa Women’s University, Kodaikanal, Tamilnadu. April 2018. ISBN: 978-81-921835-1-0, 2018.

## REPORTS AND DOCUMENTS PUBLISHED

Published the UGC Major Research Project Report on “A study on the effect of Cognitive Apprenticeship Model on Achievement and select social skills among the Commerce students of Higher Secondary Schools in Kerala state. - An Experimental Study” on March, 2010

## Articles published in the Seminar Proceedings

1. Paper titled ‘Effect of Cognitive Apprenticeship Model in developing Social skills at Higher Secondary level’ in the UGC sponsored National Seminar on ‘Education for National and Emotional Integration’ held at St. Thomas College of Teacher Education, Pala, on 5th and 6th June, 2012. ISBN 978-93-82359-02-9.
2. Paper titled Paper titled ‘Managing and Resolving Conflict in a positive Way’ with Ms. Bindu David’ in the UGC sponsored National Seminar on ‘Peace Education: An Orientation For Gen Next’ held at St. Thomas College of Teacher Education, Pala, on 13th and 24th August, 2010.



3. Paper titled 'Sustainable Development: A Holistic Approach towards Environment' with Ms. Bindu David' in the UGC sponsored National Seminar on 'Education and social sensitivity' held at St. Thomas College of Teacher Education, Pala, on 25th and 26th November, 2010.
4. Paper titled 'A study on Human Rights Awareness Among Teacher Trainees' in the UGC sponsored National Seminar on 'Human Rights Education: Relevance of Multicultural Education Based on the philosophy of Pluralism in the Contemporary Indian Context' held at St. Joseph's Training College, Mannanam, on 12th and 13rd January, 2012.
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9. Paper titled 'Philosophical Integration of Yoga in Education' with Dr.P.P.Shajimon Asst. Professor St. Thomas College of Teacher Education, Pala & Jilu G.Ettaniyil, College Librarian in the UGC sponsored National Seminar on 'Yoga: A Panacea for Life Style Diseases' held at St. Thomas College of Teacher Education, Pala, on 23<sup>rd</sup> and 24<sup>th</sup> January, 2014. ISBN: 978-81-927201-3-5

10. Paper titled 'Investment in Education and Economic Growth' with Dr. P.P. Shajimon Assistant Professor St. Thomas College of Teacher Education, Pala UGC sponsored national seminar on 'Vision 2030 Contributions of Educational Researches on National Development' held at St.Thomas College of Teacher Education, Pala on 6th and 7th August 2015. ISBN 978-81-927201-4-2

11. Paper titled 'Importance of mental health among adolescents' with priya Philip, and Binniya Mary Benny students at St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Behaviour Modification: A Psycho Dynamic Approach to Maladjustment in Adolescents' on 19<sup>th</sup> and 20<sup>th</sup> January 2017. ISBN: 978-81-927201-5-9

12. Paper titled 'Socio-Emotional Competencies and Emotional Intelligence: A Pre-requisite for behavior modification' with Roselitchael, and Gilu G Ettaniyil St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Behaviour Modification: A Psycho Dynamic Approach to Maladjustment in Adolescents' on 19th and 20th January 2017. ISBN: 978-81-927201-5-9

13. Paper titled 'Techno Pedagogical Content Knowledge: An Architecture for teacher Competence' with Dr. Bindu David Asst. Professor, St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Teaching Learning Platforms for Digital Natives' on 27th and 28th January 2018. ISBN: 978-81-98-8886-9-3

14. Paper titled 'New Door to digital Tribes in Digital world' with Vivek Suresh and Mohammed Savad, students, St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Teaching Learning Platforms for Digital Natives' on 27th and 28th January 2018. ISBN: 978-81-98-8886-9-3

15. Paper titled 'Blended Learning : A tool for Effective Learning' with Mariya Mathew and Dhanya Vijayan, students, St. Thomas College of Teacher Education, Pala in the UGC sponsored National Seminar on 'Teaching Learning Platforms for Digital Natives' on 27th and 28th January 2018. ISBN: 978-81-98-8886-9-3

16. Participated and presented the paper 'Constructivism: A learning Theory for the Digital Age' in the national Conference on 'Critical Pedagogy and Constructivism in the Digital Context', organised by Mother Teresa Women's University, Kodaikanal, Tamilnadu, on 26<sup>th</sup> April 2018.

17. Published a paper on "Lifelong learning for a Better Future", in the edited book (Krunal Trivedi, Aranga Pari, Krishanan Manian, Apitha Sabapathy and V. Hemanth Kumar) on *Management, Technology and Social Sciences* by Geneva Business School,

Switzerland, University of Malaya, Malaysia & Anuragam, Chennai. May 2018, Pp 219-233, ISBN 978-93-5228-126-8.

### UGC Minor Research Project

“A study on the effect of Cognitive Apprenticeship Model on Achievement and select social skills among the Commerce students of Higher Secondary Schools in Kerala state.”  
(completed and submitted report in April, 2012) Amount Sanctioned: Rs. 55,000/-)

**Researches Guided by Sr. Shalby p Jose**

No.	Title of the Study	Name of the Candidate & Level of Research	Year
1.	1. A study on the effect of Cognitive Apprenticeship Model on social skills among the students of Standard Eleven of kottayam District.	Priya Annie George M.Ed	2010
2	. A study on selected Thinking skills and Learning styles among the Commerce students of Higher Secondary Schools of Kottayam District.	Jini Jacon M.Ed	2011
3	The relationship between metacognition and social skills among the higher Secondary School Commerce students of Kottayam District.	Nisha V.P. M.Ed.	2013
4.	Environmental Awareness in Relation with Socio Economic Status.	Maria Elsa Pious M.Ed.	2014
5.	Effectiveness of Word Jumble Race Game on vocabulary Acquisition in English among Elementary School Students	Athira Jose M. Ed.	2024
6.	Self-esteem and Social Conformity among Students at Higher Secondary level	Shahaana N M. Ed.	2024

### AWARDS AND ACHIEVEMENTS

- Merit Certificate from Academic Council Corporate Educational Agency Pala, for academic excellence, in 2004

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## ACADEMIC POSITIONS, ACTIVITIES & MEMBERSHIP IN PROFESSIONAL ORGANISATIONS

1. Staff Editor (former), St. Thomas College of Teacher Education, Pala.2009-10
2. Life Member, Council for Teacher Education, Kerala Chapter. (No. in the web list)
3. Life Member, All India Association for Educational Research (AIAER).
4. Member, All Kerala Training College Teachers Association. (AKTCTA)
5. Organized inter- Teacher Education collegiate Quiz competition
6. Resource person in the Seminar/Workshop on ‘Guidelines Regarding Teaching Practice’ organized by All Kerala Training College Teachers Association
7. Resource person in the seminar on” B. Ed. Syllabus In Commerce Education- Credit and Semester System with Grading Organized by AKTCTA

**Sr. SHALBY P JOSE**

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