

Annual Report 2022-2023

Respected Rev. Dr. Joseph Thadathil, Proto syncellus Diocese of Palai, and Manager of the college, Ms. Thresiamma Mathew, Director Archana Women's Centre, Ettumanoor and Chief Guest of today's function, dignitaries on and off the stage, members of the faculty, staff, my dear students, and friends,

Commencement of the courses

The academic year 2022-23 commenced on 1 June 2022. The classes of the ongoing batches of M.Ed., B.Ed., and D.El.Ed. programmes resumed from the first day. The new batches (2022-24) of B. Ed, M.Ed., and D.El.Ed. commenced on 02/09/2022, 17/11/2022 and 01/10/2022 respectively.

Strength of the college

The present strength is 231; the two-year B. Ed. batches comprise 98 students, M. Ed. batches 35 and D. El. Ed. batches 98.

Details of the faculty and Staff

The total strength of the faculty for B.Ed., M.Ed., and D.El. Ed. sections is 22; B Ed faculty-12, M. Ed. 4, and D. El. Ed. 6. Among the B Ed faculty one member is a Guest lecturer (retirement vacancy in Commerce Education) and 2 are part-time teachers (Art and Craft) appointed by the Management. The total number of members of the non-Teaching staff is 12.

Mr. Joffy J Njavallil was appointed as Guest Faculty in Commerce Education on 14/07/22 in the place of Ms. Pushpa George who was relieved from duty to join as UPSA at St. George HS School Kootikkal. and Ms. Tiya Tess George was appointed lecturer in Mathematics Education, ITE, in vacancy of Mrs. Maria Mathew.

I take this opportunity to extend a warm welcome to Mr. Joffy J Njavallil, and Ms. Tiya Tess George to St. Thomas family.

Results

The overall performance of 2020-22 batch students in the University examinations has been commendable. The academic performance of each stream is as follows.

Among the 50 B. Ed. students 38 achieved the highest grade of A⁺, 8 attained grade A and 4 secured grade B. Within this meritorious group, Irin Sera Philip secured the 2nd, Steffy Tom & Bhanupriya R. the 6th, Anu Treesa Jomy the 7th, Annie Tressa Shajan the 8th, and Anitta Jose the 9th positions. Of the 14 M Ed students 2 secured A⁺, 9 got A and 3 B⁺ and Tiya Tess George secured the 3rd rank and Akhila Rose Abey secured the 5th position. 97.68% of D. El. Ed. passed the final exam.

NET, SET, CTET, KTET Results

39 B Ed, 20 D El Ed and 4 M Ed students have cleared at least one of the teacher eligibility tests.

Winners at the University and Revenue District Level Youth Festivals

Alfred George and Irene Theresa Dius won the first place for Quiz at the MGU Youth festival (2022)

Ms. Gouri Gayathri G. secured the first place at theme presentation competition held as part of Women's Day celebrations at the Mahatma Gandhi university (2022)

Tom Joseph secured the second place at the State Shooting Championship (2022). He also represented Kerala State at the south zone competition.

The College Trust

The St. Thomas College of Teacher Education, Pala Education Trust came into existence on 09.03.2020. H. E Mar Joseph Kallarangatt, Bishop, diocese of Palai, and Patron of the college is the ex-officio Patron of the trust. Proto Syncellus Msgr. Joseph Thadathil is the Manager and Settlor of the Trust. Principal, Vice Principal, Chancellor of the Diocese, and the Warden of St. Thomas Training college hostel (for men) are the trust members.

RUSA Project

Our college is selected under RUSA project and the government has sanctioned Rs.2 crores for renovation, construction of new building and Purchase of equipment and materials. The first installment of Rs. 1 crore was credited in our account. The renovation has been

completed and an amount of Rs. 45,85,595.50 has been utilized for it. The construction of the new building is progressing.

MoU with Foreign Universities and reputed Institutions

The College has signed memorandums of understanding with the University of Malaya Kaulalumpur, Malaysia, Geneva Business School Switzerland, AMIST University, Kedahb Malaysia, Yuvakshetra Institute of Management Studies, Palakkad, St. Joseph College of Education, Mysuru, SNM Training College, Moothakunnam, St. Joseph 's College of Education for Women, Ernakulam and Trinity College Jalandhar, Punjab. The college has collaborations with these institutions and has organised various academic programmes, faculty exchange programmes, and published journals and books for the professional enhancement of the faculty and betterment of students and society.

Research Centre and Consultancy Services

The Research Centre was started in the college this year. Research guide ship was awarded to three of the B.Ed. faculty, namely Dr. Lavina Dominic, Dr. Sunu Austin and Dr. Alex George. Dr. T C Thankachan is a research guide at School of Pedagogical Science (SPS) M. G. University with four research scholars. Dr. Pratheesh Abraham has applied for research guideship. At present three research scholars are pursuing their Ph. D. programme at the centre. Ms. Aneeta George, M.Ed. faculty is pursuing Ph. D. at the SPS, MG University. The teachers at the college offer consultancy services to research scholars from various colleges and universities.

Value Added Courses

The value-added programmes supplement the students' learning and enhance their preparedness to meet the challenges of professional life. The college is particular in providing chances for students to engage in various activities and short term courses. This year the college provided 4 value added courses: Adolescence Counseling, Aerobics, Yogic Practices, and Online Assessment Tools.

Extension Activities

The college has always lent a helping hand to Mariya Sadhanam. Through the Miss-a meal programme 'pothi chor', homemade meals, and money are collected from students and faculty and distributed among the inmates of Mariya Sadhanam. An amount Rs. 25000 was

collected by teachers and students contributed. Our teachers take motivation classes and awareness classes for parents, teachers and students of various local schools. They keep a close link with schools. The mentoring session conducted by our students for school students is a great boon for school children.

Publications

College Journal: Two issues of the biannual college journal 'Educational Extracts' were published this year.

Books

Research works of the 8 faculty are published by Media Book.

1. Beenamma Mathew (2022) 7E Learning Cycle Model- Rectification of Misconceptions. Media House. Delhi. ISBN. 978-93-90608-34-8
2. T C Thankachan "Education in the Emerging Indian Society", 2023, Neelkamal Publishers, Hyderabad, ISBN: 978-9395368-22-3 with Prof. Dr. G. Lokanadha Reddy & M Shylaja.
3. Thomas Mary (2022). Cognitive Acceleration and Thinking Skills. Media House. Delhi. ISBN. 978-93-90608-42-3
4. Lavina Dominic (2022) The Picture-Word Inductive Model and Second Language Acquisition, Media House, Delhi. ISBN: 978-93-90608-53-9
5. Sunu Austin Reflective Teaching: A Strategy for Developing Peace Values (August 2022), Media House, Delhi. ISBN: 978-93-90608-65-2
6. Sunil Thomas "Electronic Media Use among School children psycho- physical perspectives"
7. Alex George "Continuing Education and Education for All", 2022, Published by Media House, Delhi, Pala. ISBN 978-93-94507-01-2 with Dr. T C Thankachan

Chapters in edited books

Dr. T C Thankachan

1. "Awareness of Adolescent Girls on Nirbhaya Project and SHE Taxi as provisions for Safety of Women" by Dr. T.C. Thankachan, in *Academic Research Practices in Higher Education: Multidisciplinary Perspectives* (an edited book by Prof. (Dr.) Sajad Ibrahim

- K.M, published by UGC-HRDC, University of Kerala, Thiruvananthapuram) October 2022, Vol 2 pp 247-251. ISBN: 978-81-957171-2-5.
2. “Augmented Reality Learning for Enhancing Achievement in English among Secondary School Students” by Deviprasad D. and Dr. T.C. Thankachan, in *Academic Research Practices in Higher Education: Multidisciplinary Perspectives* (an edited book by Prof. (Dr.) Sajad Ibrahim K.M, published by UGC-HRDC, University of Kerala, Thiruvananthapuram) October 2022, Vol 1 pp 330-335. ISBN: 978-81-957171-2-5.
 3. “Problem Solving Skills and Achievement in Economics at Higher Secondary Level” by Suja K.K. and Dr. T.C. Thankachan, in *Academic Research Practices in Higher Education: Multidisciplinary Perspectives* (an edited book by Prof. (Dr.) Sajad Ibrahim K.M, published by UGC-HRDC, University of Kerala, Thiruvananthapuram) October 2022, Vol 1 pp 115-120. ISBN: 978-81-957171-2-5.
 4. “Family Environment and Emotional Health of Adolescents” by Ajitha A.A. and Dr. T.C. Thankachan, in *Academic Research Practices in Higher Education: Multidisciplinary Perspectives* (an edited book by Prof. (Dr.) Sajad Ibrahim K.M, published by UGC-HRDC, University of Kerala, Thiruvananthapuram) October 2022, Vol 1 pp 162-166. ISBN: 978-81-957171-2-5.
 5. “Social Skills and Pro-Social Behaviour of Higher Secondary School Students” by Rajini Alex and Dr. T.C. Thankachan, in *Academic Research Practices in Higher Education: Multidisciplinary Perspectives* (an edited book by Prof. (Dr.) Sajad Ibrahim K.M, published by UGC-HRDC, University of Kerala, Thiruvananthapuram) October 2022, Vol 1 pp 254-260. ISBN: 978-81-957171-2-5.
 6. “Effect of Gamification on Interest in Mathematics Learning” by Bincy Xavier and Dr. T.C. Thankachan, in *Academic Research Practices in Higher Education: Multidisciplinary Perspectives* (an edited book by Prof. (Dr.) Sajad Ibrahim K.M, published by UGC-HRDC, University of Kerala, Thiruvananthapuram) October 2022, Vol 1 pp 363-370. ISBN: 978-81-957171-2-5.

Dr.Alex George

7. Paper titled “Film used Techniques for Effective Business Studies Classrooms” published in the book ‘Academic Research Practices in Higher Education:

Multidisciplinary Perspectives Vol.1', (Pages-195-200) (First Edition- October 2022),
Published byUGC- HRDC, University of Kerala, Thiruvananthapuram. ISBN 978-81-
957171-2-

Paper published

Dr.T C Thankachan

1. Multi-Dimensional Influence of Continuing Education Programmes in Development of Kerala State” by Dr. Alex George & Dr. T.C. Thankachan, **RABINDRA BHARATHI JOURNAL OF PHILOSOPHY** (UGC Care Group I Journal) Vol XXIII8 Issue X, 2022, ISSN 0973-0087 Pp 70-76 (**UGC Care Group I**)
2. “Analysing the Student Tendencies of Preferring their Native Language” by Densy John and Dr T.C. Thankachan, *Educational Extracts*, Vol 10 Issue 2, July 2022. ISSN 2320-7612. Pp 43-97
3. “Gender Discrimination among Rural population of Kottayam district” by Dr T.C. Thankachan and Dr. Beenamma Mathew, *Educational Extracts*, Vol 11 Issue 1, January 2023. ISSN 2320-7612. Pp 97-107

Dr.Sr. Mary Thomas

4. Nima Soman and Thomas Mary (2022) ‘Facilitating Science Learning through ARCS Model’, *Educational Extracts*, 10(2), ISSN 2320-7612, St. Thomas College of Teacher Education, Pala.
5. Thomas Mary and Beenamma Mathew (2023) ‘Cognitive Acceleration Approach for enhancing Hypothesizing in Science’ *Educational Extracts*, 11(1), ISSN 2320-7612, St.Thomas College of Teacher Education, Pala.

Dr. Lavina Dominic

6. Anil, K.A. &Dominic, L. (2023). Dictionary Use of High School Students. *Educational Extracts*, 11 (1), 59-65, ISSN 2320-7612

Dr. Pratheesh Abraham

7. Published a journal article on Challenges in Online Teaching of English at Secondary Level coauthored with Divya Maria Paul in *Educational extracts* Vol. X ISSN: 2320-7612., July 2022.

8. Published a journal article on Effect of Reflective Language Acquisition Model (Rlam) on Speaking Skills Among Secondary School Students in Rabindra Bharati Journal of Philosophy, Vol. : XXIII, No:10, 2022, ISSN : 0973-0087 UGC CARE Approved, Peer Reviewed and Refereed Journal.
<https://doi.org/10.5281/zenodo.7502848>

Dr. Alex George

9. A Study on Self Confidence and Academic Achievement among High School Students' by Alex George and Bhanupriya R (published in YMER, 21(6), Scopus Active 2022 June (Care UGC group II Journal, ISSN- 0044-0477, Pp 1125-1133)
10. 'Multi- Dimensional Influence of Continuing Education Programmes in Development of Kerala State' by Dr. Alex George and Dr. T.C. Thankachan (published in Rabindra Bharati Journal of Philosophy, Vol. XXIII, No. 10, 2022) UGC CARE Group 1 Journal, ISSN: 0973-0087, Pp.71-76
11. Effect of Perceived Academic Stress on College Students by Alex George and Steffy Tom (published in YMER, 21(5), Scopus Active 2022 (Care UGC group II Journal, ISSN- 0044-0477, Pp 343-352)
12. 'A Study on Self Confidence and Academic Achievement among High School Students' by Bhanupriya R and Alex George (published in Educational Extracts, Peer Reviewed Educational Journal, St. Thomas College of Teacher Education, Kerala. (Vol.10 No.2 .July2022, Pp 72- 76, ISSN: 2320-7612).
13. 'Embodying Life Skills to Posterity: A Proposal to Get the Ball Rolling' by Harikrishnan V, Irin Sera Joseph and Alex George (published in Educational Extracts, Peer Reviewed Educational Journal, St. Thomas College of Teacher Education, Kerala. (Vol.10 No.2 .July2022, Pp 77- 80, ISSN: 2320-7612).
14. 'Learning Difficulties faced by Students in the School Classroom with Special Emphasis on ADHD' by Divyamol M.S. and Alex George (published in Educational Extracts, Peer Reviewed Educational Journal, St. Thomas College of Teacher Education, Kerala. Research Centre in Education approved by M.G. University, Kottayam (Vol.10 No.2. January2023, Pp 59- 65, ISSN: 2320-7612).
15. Paper titled "Film used Techniques for Effective Business Studies Classrooms" published in the book 'Academic Research Practices in Higher Education:

Multidisciplinary Perspectives Vol.1', (Pages-195-200) (First Edition- October 2022),
Published by UGC- HRDC, University of Kerala, Thiruvananthapuram. ISBN 978-81-
957171-2-5

Dr. Bindu David

16. The Pinnacles of Excellence: Significance of Self-Regulation in the Betterment of Thinking Skills. Educational Extract, vol 11, issue 1. 2023 January.

Dr. Gilu G Ettaniyil

17. Published a paper titled "Relationship between Usage of E- Content Portals and Digital Literacy among Future Teachers" in Informatics Studies. Vol. 10 No. 1 January- March 2023. pp. 37-46
18. Published a paper titled "Learning Environment and Support for Students in Higher Education System" in National Education Policy 2020: Concerns and Challenges. Edited by Dr T.C.Thankachan & Dr Ajay Prashar (2022). Media House New Delhi. ISBN 978-93-90608-63-

Faculty development programmes

Organized / resource persons

Dr. T C Thankachan

1. Resource Person and Chaired a Technical Session in the Two-Day National Seminar on 'Academic Research Practices in Higher Education: Multidisciplinary Perspectives in NEP' Jointly organized by UGC-HRDC, University of Kerala, SNM Training College Moothakunnam and Society of Innovative Researchers and Academicians (SIRA) at SNM Training College Moothakunnam on 20th and 21st October 2022.
2. Resource Person in the Two-Day National Workshop on E- Resource Management & Career Advancement Scheme organized by KCLA MG University Region in Association with College Library and Department of Library and Information Science, St Peter's College, Kolenchery during 18-19 June 2022
3. Dr. Sunil Thomas Organized and was the resource person of state level official clinic and referee test of Kerala netball Association on 23rd and 24th July 2022 at St. Thomas College of Teacher Education, Pala.

4. Sunil Thomas Organized Yoga practice and bridge course in yoga June 2022 to August 2022 online/ offline Mode.
5. Sunil Thomas Organised state level officials clinic of Kerala Netball association - organised and act as a resource person of state level official clinic and referee test of Kerala net ball Association on 23rd and 24th July 2022 at St. Thomas College of Teacher Education, Pala2022

Refresher courses/ Short term courses/MOOC

Dr. T M Mollykutty

1. Completed Cognitive Behaviour Therapy Certificate course (30 hrs.) from 31st October to 12th December (Online) organised by International Society of Substance Use Professionals - Global.

Dr. Lavina Dominic

2. Two-Week National Online Faculty Development Program jointly organized by Assumption College (Autonomous), Changanacherry and Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education from 01st November to 30th November 2022. This was conducted in online mode with two week's involvement in a flexible mode. This online FDP is equivalent to face to face two week FDP.

Dr. Sunu Austin

3. Two-Week National Online Faculty Development Program jointly organized by Assumption College (Autonomous), Changanacherry and Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education from 01st November to 30th November 2022. This was conducted in online mode with two week's involvement in a flexible mode. This online FDP is equivalent to face to face two week FDP.

Dr. Sunil Thomas

4. Attended the refresher course in physical education conducted by the HRDC university of Kerala on 21/02/2023 to 06/03/2023.

Dr. Pratheesh Abraham

5. Refresher Course at HRDC- Doctor Harisingh Gour Vishwavidyalaya, Sagar –MP from 21/06/2022 To 04/07/2022, UGC

Smt. Aneeta George

6. Completed MOOC on ‘Mental Health’ conducted during 10-16 October 2022 with ‘A’ grade.

Completed the short-term course on ‘Inclusive Education’ conducted during 20-26 February 2023

7. Completed Value Added Course on ‘Standardisation of Research Tools’, by School of Pedagogical Sciences, Mahatma Gandhi University, from 24- 30 August 2022 with A grade.

Dr. Gilu G Ettaniyil

8. Completed the 4 credits course Coordinated by Dr Ajay Semalty of HNB Garhwal University in Academic Writing with 87% marks in the proctored examination held on 30/08/2022

Seminar, workshop

Dr. T C Thankachan

1. Participated and presented a paper in the Two Day National Seminar on ‘Academic Research Practices in Higher Education: Multidisciplinary Perspectives in NEP’ Jointly organized by UGC-HRDC, University of Kerala, SNM Training College Moothakunnam and Society of Innovative Researchers and Academicians (SIRA) at SNM Training College Moothakunnam on 20th and 21st October, 2022

Dr. Sunil Thomas

9. Attended one day training programme for placement officers held at jimmy George Indoor stadium by Kerala knowledge economy mission on 11 January 2023

Dr. Lavina Dominic

10. Attended Two Day Virtual National Conference on “Curriculum Designing and Transactions” under the proposed UGC Curriculum Framework, organized by the IQAC, Nirmala College Moovattupuzha, in collaboration with State Level Quality Assurance Cell, Govt of Kerala, on 28th and 29th July 2022

11. Attended a symposium on NAAC accreditation organised by the Dept. of Higher Education, Govt. Of Kerala, on 10 February 2023 at RSET auditorium Rajagiri Valley Kakkanad

Dr. Sunu Austin

12. Attended Two Day Virtual National Conference on “ Curriculum Designing and Transactions” under the proposed UGC Curriculum Framework, organized by the IQAC, Nirmala College Moovattupuzha, in collaboration with State Level Quality Assurance Cell, Govt of Kerala, on 28th and 29th July 2022

13. Presented a Paper titled ‘Financial Literacy: A Key 21st Century Skill’ in the Two Day National Seminar on ACADEMIC RESEARCH PRACTICES IN HIGHER EDUCATION: MULTIDISCIPLINARY PRESPECTIVES IN NEP jointly organised by SNM Training College Moothakunnam and Society of Innovative Researchers and Academicians (SIRA) in collaboration with UGC-HRDC, University of Kerala on 20th and 21st October, 2022 at SNM Training College, Moothakunnam, Kerala

14. Presented a Paper titled ‘Financial Education: Resources for Developing Financial Literacy at a Young Age’ in the International Research Conference Organised by Postgraduate Department of Commerce, Newman College on 9 & 10 February 2023

Dr. Alex George

15. Presented a paper entitled “A Study of the effects of Advertising on Consumer Behavior in Respect to Cosmetic Products” in two day International Research Conference on ‘ Accounting, Marketing and Finance’, organized by Postgraduate Department of Commerce, Newman College , Kearla, India on 9th and 10th February 2023.

16. Presented a paper entitled “Going the Extra Mile: Innovations in Teaching Techniques in Commerce Education” in the Five-day International Conference on ‘Research Springs 2023’, organized by Yuvakshethra Institute of Management Studies.

17. Participated in a NAAC sponsored Two-day Virtual National Conference on ‘Curriculum Designing and Transactions Under the Proposed UGC Curriculum Framework’, organized by IQAC, Nirmala College, Muvattupuzha in collaboration with State Level Quality Assurance Cell, Government of Kerala on 28 & 29 July 2022.

18. Participated and presented a paper entitled “Film used techniques for effective business studies classrooms” in a two-day national seminar on ‘Academics Research Practices in

Higher Education: Multidisciplinary Perspectives in NEP, jointly organized by SNM Training College, Moothakunnam and Society of Innovative Researchers and Academicians (SIRA) in collaboration with UGC- HRDC, University of Kerala on 20th and 21st October 2022. (Offline)

19. Participated and presented a paper entitled “A Study on Human Right Consciousness among Pre-service Teachers” in the National Seminar on ‘Youth@ 75: Way Forward- Role of Teachers’, organized by School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam, Kerala in collaboration with Indian Council of Social Science Research (ICSSR), Govt. of India in connection with the celebrations of Azadi Ka Amrith Mahotsav on 1st and 2nd March 2023. (Offline).

Dr. Pratheesh Abraham

20. Participated in the workshop for Teacher Educators on NEP 2020: What Lies Ahead for Teacher Education.... organised by Titus II Teachers College and AKTCTA on 27th August 2022 held at Thiruvalla

Dr. T M Mollykutty:

21. Cognitive Behaviour Therapy (20 hrs.) from 31st October to 19th December (Online) organised by International Society of Substance Use Professionals - Global.

Mrs. Aneeta George

22. Five days’ workshop on RESEARCH METHODOLOGY Organized by School of Pedagogical Sciences, Mahatma Gandhi University on 14, 15, 16, 19 & 20 December 2022
23. Two days National Seminar conducted by School of Pedagogical Sciences, Mahatma Gandhi University on 1st and 2nd March 2023
24. Inter University Centre for Disability Studies (IUCDS), Mahatma Gandhi University, Kottayam & ISS College of Teacher Education, Perinthalmanna, Malappuram, Kerala, India in collaboration with IQAC, Farook Training College, Kozhikode, Kerala, India

Achievements

Dr. Lavina Dominic was the subject expert in the Samagra Shiksha, Keralam, Kottayam, (Public Education Department) training programme for UP English teachers.

Dr. Gilu G. Ettaniyil acted as Subject expert for the recruitment of Assistant Professor, Dept. of Library, and Information Science, of various colleges affiliated to M G University, Kottayam. She is a Member, Board of Studies, Library and Information Science (UG & PG), M.G.University, Presiding Officer, Internal Complaint Committee, Civil Service Institute Pala since 2022 and Director Board Member- St. Thomas Staff College Co – Operative Society, Pala

Dr. Sunil Thomas acted as a member of the selection panel for the M.G. University Kabaddi, Roller Sports, Roll ball Teams in 2022-23. He was an Official for the M.G.University Athletic championship held at Pala on 3/12/2022 to 5/12/2022.

Dr. Alex George was Observer of KEAM 2023, Commissioner for Entrance Examinations Master Trainer, Media Literacy Mission, Govt. of Kerala and Subject Expert (Psychology) M.G. University.

F D P administrative staff

- Sr. Mini Thomas the Head accountant and Sonia Joseph attended the training programme arranged for aided college staff by Deputy director of College Education Kottayam on 19 & 20 December 2022
- Sr. Shini K. K and Sonia Joseph attended the PFMS Training on RUSA scheme organized by RUSA State Project Directorate, Kerala on 02/03/2023.

College union

The college union election was conducted on 29 November 2022

The following members were elected as the office bearers.

1. Chairperson : Nibin Babu
2. Vice Chairperson(lady) : Athira Mohan
3. General Secretary : Elizabeth Paul
4. The Councillor to the University Union: Jeffin Jose James
5. Magazine Editor : Arsha M.S.
6. Arts Club Secretary : Amrutha P. Anil
7. Sports club Secretary : Lijo Jose

Representatives

1. UG 1st year Representative - Nithin C.T. Natural Science
2. UG 2nd year Representative – Divyamol M.S. Natural Science
3. PG 1st year Representative - Meenakshy Anilkumar M.Ed.
4. PG 2nd year Representative - Neethu Tomy M.Ed.

Lady Representatives

1. Archana T. S. - Social Science
2. Amalu K. Elias - Commerce

The inauguration of the College Union (2022-23) and the Arts Club of St Thomas College of Teacher Education, Pala, named, '*edam*' was conducted on 15 December 2022 at the college auditorium by Shri. George Pullatt

Programmes conducted by the college

The blessing of the college and Veneration of the Sacred Heart of Jesus was done on 24/06/2022.

The college honored Dr. Sunil Thomas the Ph. D awardee in Physical Education on 06/06/2022.

A workshop on tool preparation as part of the SCERT project was organized in the college. Dr. Lavina Dominic, Dr. T C Thankachan, Dr. Sr. Beenamma Mathew, Mrs. Sallikutty were the resource people.

The college observed national and international days like environmental day, international YOGA day, Blood donation day, constitution day, AIDS day and Ozone day. The club's tourism club -an exhibition on antiques - 'Puravasthu Pradarshanam', 'Kerala Piravi', Health club - blood donation camp, women cell- Personality contest, and conducted various programmes to inculcate social awareness and values among students.

The college is an active participant in the Anti narcotic programme of the government of Kerala. The college level campaign was inaugurated by Smt. Biji Jojo Muncipal councilor on 06/10/22. Benny Sebastian, Councilor Vimukthi Mission, Kottayam gave an awareness talk.

The College was an active participant in the Samagra Saksharatha Pala Project and motivated young minds of local schools with attractive pictures from children's textbooks, pictures of the alphabet, numbers, and children's favorite cartoon characters on the walls of local primary schools.

The Bridge course was arranged for B.Ed. freshers from 12/09/22 to 17/09/22 to orient them in the B. Ed. programme.

Cashew nut seedlings were distributed among students on 31/08/2021 to develop a pro-agriculture mindset among the young student teachers.

The college organized a One-day Workshop on chart preparation (29/10/22) was organized at the college. The Women's Cell organised a Personality Contest for B.Ed. Students on 14-11-22. The Women's Cell in Collaboration with ICDS Lalam, WCD Anthinadu organized, 'Orange the World Campaign' on 13-12-22. The St. Thomas College of Teacher Education NSS Unit and Women's Cell jointly celebrated the International Women's Day on 8 March by giving a message on DigitALL: Innovation and technology for gender equality. The Department of B. Voc Food Processing Technology, St. Thomas College, Palai organised 'Bake A Cake' in collaboration with Women's Cell of St. Thomas College of Teacher Education, on March 9, 2023.

The Nature club observed the 'World Environment Day' on 5/6/2022 and 'World Migratory Bird Day' on 8/10/2022 by conducting Quiz competitions on Environment and Migratory Birds respectively.

The Green Protocol Samithii conducted 'College Premises cleaning and beatification' on 22/11/22.

Vimukthi Club: Vimukthi is an anti-narcotics campaign launched by the Government of Kerala to highlight the seriousness of the Alcohol/drug/substance abuse situation and to create awareness among the people, especially the youth of our society. Vimukthi club was inaugurated in our college on 6 October 2022. The main goal of the Vimukthi club of our college is to prevent students from using illicit drugs by enhancing their awareness and understanding of the harmful social and health effect of illicit drug use. On October 18, 2022, in collaboration with Red Ribbon club an exhibition against drug addiction was held in the college auditorium. Mr. Sabu (Preventive officer, Excise Department, Pala gave an awareness talk on drug abuse among school children and measures to take care of them.

Vimukthi club organized various competitions on 21 October 2022 under the name of 'BODHAPOORNIMA' based on the theme of "NO TO DRUGS". In connection with Anti-drug campaign on November 1, 2022, an anti-drug rally was held from college to Pala, Kottaramattam bus stand and a flash mob was presented to promote anti-drug message. Vimukthi club and health club jointly conducted a 'Penalty shootout' on December 12, 2022. Anti-drug exhibition was held on 18 January 2023 in college auditorium in connection with the National Youth Day. The club also monitors the entire campus to make sure its mission is executed in the right way.

The Red Ribbon Club organized a Mega Blood Donation Camp in collaboration with Pala Blood Forum and Marigiri Hospital Bharananganam on 29/09/2022. The teacher trainees donated blood on the occasion. 14 November, 2022 was observed as 'World Diabetes Day'. World Aids Day was observed on 1 December, 2022. Dr. Krishnadas K.V., Asst. Insurance Medical Officer, ESI Hospital, Kanjirappally, delivered an awareness talk to motivate the youth to carry out activities for creating awareness about HIV and Drug abuse related issues. Members of the Red Ribbon club created posters on National Youth Day (12 January 2023). As part of National Youth Day celebrations an Anti – Drug chart Exhibition (18 January 2023).

The Quiz club conducted various quizzes during the year. A weekly quiz NEWZA was conducted based on the daily news read in the assembly. A Video quiz, an Online quiz based on a video presented was also conducted. An online quiz on general knowledge was conducted using Google forms. The Noticeboard quiz was conducted every week. A question was put on the club notice board with clues for the students to answer.

The English club brought out a manuscript magazine, 'HAYAT'. A digital version of the magazine was also brought out. The mathematics club's notice board is active and updated weekly, displaying articles that not only enrich the mathematical knowledge of students but also help students crack competitive exams like the NET, SET, and K-TET. Mathematics day was celebrated on 22 December 2022 by organising a mathematics quiz for all the students. All the students participated enthusiastically and made use of this opportunity to enrich their knowledge. Also, a digital magazine compiling the noted work in the field of Maths, was published on 25/8/2022.

A Quiz competition was organized by social science club of St. Thomas College of Teacher Education, Pala on 21 November 2022. On 25 March 2023 an online quiz was conducted on World Water Conservation Day. The club also released a manuscript magazine titled 'The Untitled: Birth of the Reader and Death of the Author,' on 28 March 2023.

The Commerce club displayed various commerce related articles, newspaper clippings and interesting facts and charts exhibiting the diversities of various districts in Kerala on the bulletin board. The magazine "Click to Order" was published on 18th November 2022. The magazine was prepared on the topic E-Commerce. The magazine navigates through the past, present trends and the future innovations in the field of e-commerce. A creative production, the magazine beautifully connected different time periods.

SWAYAM

The first year B. Ed. students have registered for MOOC on Organic farming organised by M G University. Students are encouraged to register for different courses in SWAYAM platform.

Co- Curricular Activities

The College gives due importance to Co- Curricular Activities. We train our students in drama and art. A one day work shop on theatre art was organised for B Ed first year students on 30/9/2022 Sri Syamraji and Sri. Manish KK were the resource persons. Our students have produced short films, documentaries, and developed scripts for street plays/ drama as part of the B Ed programme.

The residential community living camp for B Ed 2020-22 batch was held from 30 May to 3 June 2022, the community living camp of D. El Ed 2021-23 batch is scheduled to be from 13 May to 30 May 2023.

Annual Sports Meet – 2023

St. Thomas College of Teacher Education, Pala, hosted its 65th sports meet on 22/07/22(academic year 2021-2022) and 66th annual sports meet on 17th March 2023 for the academic year 2022-23. Competitions were held for different items; both athletics and throwing events. Trainees actively participated in individual as well as group events. The individual champions were - Champion (Men) – **Mr. Lijo Jose (SS), Fr. Ginse Jose (SS) and Champion (Women) – Ms. Mithra James (English)**

Arts Fest – 2023

The College Arts Festival was spread over a few days. The offstage events were Essay writing (Eng, Mal & Hin), short story writing (Eng & Mal), Poetry writing (Eng & Mal), Film review, caption writing, Embroidery, Pencil drawing, cartoon, bottle art, painting, Digital poster making, photography & video making. The on-stage events were held on 29 July for 2021-2022 year and on 30 March 2023 for 2022-2023 year. About 13 different events were conducted with the participation of almost 100 students. The students actively participated in the events and showcased their talents. **Mr. Krishnanand H. was declared the Kalaprathibha and Ms. Pearly S. Thomas** was awarded the **title Kalathilakam** of the Art Fest 2023.

NSS

The National Service Scheme Unit 90 B of St. Thomas College of Teacher Education Pala has been operating successfully with a wide range of activities that offer development to the volunteers and the community. The NSS unit was inaugurated on 2 December 2022 by Dr. E. N. Sivadasan (N.S.S Program Coordinator, Mahatma Gandhi University). With the help of volunteers, the N.S.S. unit of this college holds numerous awareness campaigns and commemorates important national and international days. Additionally, N.S.S. students enthusiastically give their all to the betterment of the society. Various social service and extension activities were conducted by the N.S.S. unit aiming at the development of the talents of the students and making them responsible citizens with social commitment.

The Alumni Association

The Alumni Association of St. Thomas College of Teacher Education is a strong support to the college for its growth and development. The 24th Annual General Body Meeting of the Alumni Association of St. Thomas College of Teacher Education, Pala was held on 11 March 2023 at 10.00 a.m. in the College auditorium. Dr. (Sr.) Celene Joseph (Former Principal, St. Thomas College of Teacher Education, Pala), was the Chief guest of the meeting. Executive meetings of the association were held on 29.08.2022 and 04.02.2023 to plan and execute the activities of the association.

Our alumni association in collaboration with NSS unit, Vimukthi Club and Oratory Club of St. Thomas College of Teacher Education Pala conducted an All-Kerala Malayalam

Elocution competition for L.P and U.P. School Students. It was held on 4 February 2023. 172 students from different parts of Kerala participated in the event. The Alumni Association organised online coaching classes for NET, SET and K-TET. 195 aspirants from different parts of Kerala participated in this coaching class. An amount of Rs.38,500 raised from the conduct of coaching classes was contributed to the college to purchase library books. In collaboration with the Lions Clubs International District 318B, Lions Club of Pala Metro, NSS unit and the Alumni Association of the St. Thomas College of Teacher Education Pala, a Youth Empowerment Programme for B.Ed. Students was conducted on 20 December 2023.

Executive Members 2022-23

President	Fr. Jose Puzhakkara
Vice President	Shri. George Joseph
Secretary	Dr. Alex George
Joint Secretary	Mrs. Marykutty Joseph
Treasurer	The Principal

Executive Members

Shri. P. Krishnakumar	Shri. Punnoose George
Shri. Prakash M Vettom	Ms. Kamala Bai K
Dr. Mathews Thelly	Shri. Dheeraj Augustine
Shri. Joseph K.K.	Shri. Roy. J. Kallarangatt
Shri. C. Thomas Menamparambil	Shri. Reji Sebastian
Shri. Joffy J. Njavallil	Smt. Pushpa George
Dr. Jose James	Smt. Jais Jose
Prof. C. M. George	Shri. Ebin Baby
Auditor	Shri. Sreeresh D (Assistant Professor of Commerce, BAM College, Mallappally)

Induction and Internship

As part of the B Ed programme, students must complete a one-month induction in semester 2- and 4-months internship in semester 3. These were conducted in 13 High schools and Higher secondary schools under the corporate agency of the diocese of Palai. I express my

sincere thanks to the Principals, Headmasters, and Staff of the schools for their valuable support in providing opportunities for our students to complete induction and internship.

List of schools

1. St. Thomas H.S.S., Pala
2. Govt. H.S.S., Pala
3. St. Mary's G.H.S.S., Pala
4. S.H.G.H.S. Bharananganam
5. St. Mary's G.H.S.S., Bharananganam
6. St. Joseph's H.S., Mutholy
7. St. John Nephumsians H.S.S, Kozhuvanal
8. St. Joseph's H.S.S. Vilakkumadam
9. Holy Cross H.S.S., Cherpunkal
10. St. Joseph's H.S., Manathoor
11. St. Antony's H.S.S, Plasanal
12. St. Augustine's H.S.S., Ramapuram
13. St. John's H S Kurumannu

M.Ed Programme (Internship)- The M.Ed programme consists of internship at different levels, Primary School – 10 days, Secondary and Senior Secondary level- 15 days, D.El.Ed. – 30 days and B.Ed. 30 days.

List of schools for M.Ed internship

Primary Schools

1. St. Mary's L. P. School Pala
2. SDLP School Urulikunnam
3. St. Joseph's UP School Velliapilly
4. Holy Cross H S S Cherpunkal
5. St.Joseph's L P School Velichiyani
6. Govt.H.S.S , Kappadu
7. CMS LP School, Vechoochira
8. St. Little Thresia's LP School, Bharananganam
9. KTTM LPS, Edamattom
10. St.Mary's L.P School Adivaram

11. St. Sebastian s LP school ,Thidanadu
12. St.Thomas H.S Anickad
13. Govt LP Schoo Kulasekharamangalam
14. Government L. P School, Pangada
15. MD Seminary L.P School,Kottayam
16. St. Joseph's UPS Maniamkunnu
17. St. Thomas cathedral school, Pala
18. St.Louis L.P. School Mundakayam East
19. St.John's H.S Kanjirathanam

Higher Secondary School

1. St. Joseph Higher Secondary School, Vilakkumadam
2. Government HSS, Kanakkary
3. Govt. VHSS Aryad, Alappuzha
4. St. Augustine's Higher Secondary School, Ramapuram
5. G.H.S.S. Panamattom
6. St. Mary's GHSS Pala
7. St. Thomas HSS Pala
8. St. Antony's H. S. S Poonjar

D.El.Ed Institutions

1. TTI Edamattom
2. TTI Mutholy
3. St. Thomas College of Teacher Education ITE, Pala
4. BBM TTI Mundakayam

B.Ed College

St.Thomas College of Teacher Education, Pala

D.El.Ed. Programme (Internship)- The D.El.Ed programme has internship for 45 days both during the third and fourth semesters

List of schools for internship (ITE)

- 1 St.Marys H.S.S Teekoy
- 2 Gov.Ups Valavoor
- 3 St.Thomas H.S.S Pala
- 4 St.Sebastians H.S.S Kadanadu

- 5 St.Thomas U.P School Melukavumattom
- 6 St.Josephs Ups Neeloor
- 7 St.Thomas H.S Marangattupilly
- 8 St.Marys H.S.S Kuravilangadu
- 9 St.Johns H.S Kanjirathanam
- 10 St.Marys G.H.S Kuravilangadu
- 11 St.Joseph U.P School Vellilappilly
- 12 Little Flower H.S Chemmalamattom
- 13 St.George H.S.S Aruvithura
- 14 St.Antonys H.S.S Plassanal

YIP- Young Innovators Programme

Every year all B. Ed. students register for YIP. This year innovative ideas of 4 teams were selected at district level. They are waiting for the result. Registration of 2022-23 has been completed. Dr. Alex George was selected as the State Level Idea Evaluator of K- DISC, Govt. of Kerala.

Parent Teacher Association

The parent teacher association always provides active support for the effective function of the college. They render valuable support to the college at times of various issues related to students and institution. The executive meeting of the PTA was held on 02/12/22 and the general body meeting was conducted on 15/12/2022.

Executive members

- President : Dr. Sr. Beenamma Mathew
Vice president : Sri. Mathewkutty Joseph
Secretary : Dr. Sunil Thomas
Joint Secretary : Smt.Soumini John M
Treasurer : Dr. Sr. Mary Thomas

Executive Committee Members

1. Smt. Salikutty Jose
2. Sri. Joseph K.J
3. Sri. Alex Thomas
4. Sri. Josekutty Antoney
5. Sri. Sunny Antony (II year B.Ed)
6. Sri. Jose P.C (II year B.Ed)

Career and placement

The college career and placement cell are actively involved in the placement of students. Both on campus and off campus interviews were conducted by different institutions. Many of the students got placement inside and outside Kerala and abroad. This year, on 21 March 2023 the Director of Viveka Vardhini Public School, Karnataka conducted a campus interview. Around 20 students attended the interview.

Pious activities and value Education

Weekly Value education classes are conducted for students by the faculty. The student teachers are also trained in taking value education classes during their internship programme.

The Catholic Students Movement (CSM) organizes activities in the college focusing on the three dimensions; spiritual, intellectual, and social. To help in the spiritual development of students, the CSM conducts weekly prayer meetings every Wednesday at 1.00 pm in the college chapel. On 01/07/2022 the feast of St. Thomas the patron saint was celebrated. In the month of October, the ten days rosary prayers were conducted. A 'Marian Exhibition' was organized on 21 October in the college auditorium. The annual retreat was held on 16 and 17 of December 2022, led by Rev. Dr. Joseph Kaduppil. As part of Christmas, the CSM organized a 'Honesty shop' in the college from 21 to 23 December to raise funds for helping cancer patients. The Christmas celebrations organized by the CSM were held on 23 December 2022 from 2.00 pm in the college auditorium. Rev. Fr. George Varakulaparampil was the chief guest of the day and delivered the Christmas message. During the lent season, the CSM arranged a visit to Vallyachan Mala (24 March 2023), a pilgrim centre located on a hilltop at Aruvithura. The teachers and students walked up the hill in reverent remembrance of the 'Way of the Cross'. The 'Care and Share' project is being successfully organised. An amount RS.5000/- was contributed this year.

Winners of the Scholarships and Endowments instituted by the college are:

- Bishop Vayalil Golden Jubilee Scholarship (For scoring the highest marks at the Term Examinations and in the B.Ed. degree examination.) **Ms. Irin Sera Joseph**
- Fr. Joseph Nadayath Scholarship (For scoring the highest marks at the B.Ed. degree examination). **Ms. Irin Sera Joseph**

- Prof. V.T Zacharias Endowment (For securing first place at the University Examination (Endowment Instituted by Prof. V.T Zacharias himself). **Ms. Irin Sera Joseph**
- Sri. K.M Abraham Kuruvamplackal Endowment (For securing first place at the University examination - Endowment instituted by Kuruvamplackal family) –
Ms. Irin Sera Joseph
- Prof. V.T Zacharias Scholarship (For the highest scorer in the Physical Science group)
Ms. Tima Mathew
- Scholarship instituted by Fr. K.J Alexander for the top scorer in Psychology –
Ms. Annie Teresa Shajan
- Scholarship instituted by the brothers of Fr. K.J Alexander for the top scorer in general papers **Ms. Annie Teresa Shajan**
- Prof. Austin Michael Scholarship (For the highest scorer in the Natural Science group) - **Ms. Bhanupriya R.**
- Golden Jubilee Scholarship (For scoring the highest marks at the Term Examinations and the B.Ed. degree examination in the Commerce batch) – **Ms. Stephy Tom**
- Golden Jubilee Scholarship (For scoring the highest marks at the Term Examination and the B.Ed. degree examination in the Mathematics batch) - **Ms. Annie Teresa Shajan**
- Golden Jubilee Scholarship (For scoring the highest marks at the Term Examination and the B.Ed. degree examination in the Social Science batch) - **Ms. Navyamol K. R.**
- Golden Jubilee Scholarship (For scoring the highest marks at the Term Examination and the B.Ed. degree examination in the English batch) –**Ms. Irin Sera Joseph**
- Golden Jubilee Scholarship (For scoring the highest marks at the Term Examination and the B.Ed. degree examination in the Natural Science batch) –**Ms. Bhanupriya R**
- Golden Jubilee Scholarship (For scoring the highest marks at the Term Examination and the B.Ed. degree examination in the Physical Science batch). –**Ms. Tima Mathew**
- Golden Jubilee Scholarship (For scoring the highest marks at the M.Ed. Degree Examination 2019-2021 batch)–**Ms. Tiya Tess George**
- Golden Jubilee Scholarship (For scoring the highest marks at the D. El. Ed examination 2019-2021 batch) **Bibisha S**
- Servant of God Fr. Mathew Kadalikkattil Memorial Scholarship for D. El. Ed. student who secured the highest marks –
- Sri. John Ammanathukunnel Memorial Scholarship for D. El. Ed. Students for the highest mark in SS –Devak P.S.
- Merit-Cum-Means Scholarship (Instituted by students of B.Ed. Batch 2012-2013) – **Ms. Adithya Shaji**
- Fr. T.T. Joseph Thannippara scholarship (For the academically deserving student instituted by the Thannippara family) – **Ms. Hanna Elizabeth Joy**
- Best Library User Award – **Ms. Josna Jose (PS)**

- Best Tourist – Krishanand H. and Mithra James

Awards 2022-2023

The Best Student Award for the outstanding student of the year (Instituted by the former students, Teaching and Non-Teaching Staff in honour of Rev. Fr. K.J Alexander, former Principal) - **Ms. Gouri Gayathri G**

Study Tour

As part of our B.Ed. Programme, a study tour- “Sanchari 2023-Explorer of the Unseen” was organised from 4 to 9 March 2023. The tour programme comprised places such as Hill Palace and Kuthiran tunnel, Hogenakkal, Mahabalipuram, Chennai, Pondicherry, Kodaikanal, MotherTheresa University Campus, Cumbum grapes plantation and Kuttikanam. Dr. Alex George, Dr. T.C. Thankachan, Dr. Sr. Mary Thomas, and Dr. Lavina Dominic accompanied the students on the educational tour.

NET/SET/K-TET-Coaching Wing

The NET/SET/K-TET-Coaching Wing of St. Thomas College of Teacher Education, Pala, ‘Winners 2022–23’, consists of a group of students who have won various competitive exams. Currently, there are twelve students in this group. They organise activities to give orientation to the students so they can crack competitive exams like the NET, SET, and K-TET. The major activity of this wing is the preparation of question banks for revising topics and learning new concepts. Using the syllabus of these competitive exams, they collect questions for the general paper and the subject paper. A bank of ten questions is prepared twice a week. Answers will also be attached along with it. They share it with the students by attaching it to the notice board of the college every Monday and Thursday. They also share a soft copy of the same in the college WhatsApp group.

Conclusion

I would like to express my heartfelt gratitude and homage to our late founder, Mar Sebastian Vayalil, whose visionary leadership laid the foundation for our institution. We remember him with deep appreciation for his contributions. I also extend my sincere thanks to Mar Joseph Pallickaparambil, Bishop Emeritus, our former manager and patron, whose wisdom and foresight have guided us throughout our journey. We are grateful for his continuous support and invaluable contributions. I am grateful to Bishop Joseph Kallarangatt, our esteemed patron, for his unwavering support and guidance. His dedication

and encouragement have played a crucial role in our growth and success. I would like to express my profound appreciation to Mar Jacob Muricken, who served as our manager for the past decade and resigned as Auxiliary Bishop, diocese of Palai. His compassionate guidance, genuine concern, and wise counsel have been indispensable to us. The entire staff of St. Thomas College of Teacher Education, Pala joins me in expressing our deep gratitude for his selfless contributions to our institution's development and progress. The St. Thomas family expresses its gratitude to Mar Jacob Muricken and wishes him all the best in his call to life as a hermit and as an oblation for the good of the Church. We are fortunate to have Msgr. Joseph Thadathil (Proto-Syncellus) as our new manager. His inspiring leadership, practical approach, and decisive nature have already had a positive impact. We are thankful to him for his valuable support and guidance. I would like to acknowledge the hard work and dedication of our faculty and staff members. Dr. TC Thankachan, the Vice-Principal of the college, Dr. T.M. Mollykutty, the Head of the Post Graduate Department of Education, and Sri. M. J Thomas the principle of ITE, deserve special thanks for the selfless service rendered. I am particularly grateful to the members of the non-teaching staff for their assistance and teamwork, which has been instrumental in the smooth functioning of our institution. Our students are the wealth of our college. We are privileged to have a bright and talented group of students who exhibit a spirit of cooperation, cohesiveness, and excellence. I express my gratitude to each one of them and wish them a successful future that contributes to the betterment of society, community and our Nation.

My whole hearted thanks to all the Former Principals, Teaching and Non-teaching staff members, Principals and Faculty from other colleges, parents, former students, neighbours and well-wishers who have always been in touch with us. Their valuable suggestions have helped us to improve a lot, make corrections and achieve excellence. Finally, I thank God Almighty for sustaining and guiding this institution, staff, students. and all other beneficiaries.

27/06/2023

Dr.Sr. Beenamma Mathew
Principal