



**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**

**The Extension Services**

# ***SHE-KI-NAH***

*The Hebrew word 'SHE-KI-NAH' which means a visible manifestation of the Divine Presence is aptly chosen as the name of our Extension Service.*

*Students are encouraged by teachers to participate in social works.*

*Students under the leadership of teachers conduct various programmes for the upliftment of people in educationally, socially and economically backward areas. Free tuitions, interaction with students, awareness classes, guidance and counselling for students, etc. are some of the activities conducted*

# Major Extension Activities

**MISS-A-MEAL PROGRAMME**-Distributing meals for the inmates of Mariyasadanam through 'Miss a Meal' program on every Wednesday

**NIRAKOOTTU**-School renovation

**SPARSHAM**-Loving touch to rejuvenate the buds

**SNEHAKODI**-Dress collection for mariyasadanam inmates

**VENTEL GROUP 4**-Distribution of saplings and planting of saplings

**HRIDHAYALAM**-Fund collection for home project for a student of our college

**SNEHAKODI**-Dress collection for mariyasadanam inmates

**CLEAN and CARE**- Community Cleaning Programme

**JAGRATHA**-Community awareness programme for rural women empowerment

**WEBINAR**-Integral family farming

