

# IQAC - QUALITY INITIATIVE PROGRAMME 2023

## YOUNG INNOVATORS PROGRAM

### K-DISC

**YOUNG INNOVATORS PROGRAM 2021**  
**ORGANIZED BY**  
**KERALA DEVELOPMENT AND INNOVATION STRATEGY COUNCIL**  
**IDEATORS SELECTED FOR STATE LEVEL COMPETITION**



Ms. Josna Jose  
Team Leader



Mr. Sanchu Jose  
Secretary



Sr. Elizabeth T.S  
Team member



Ms. Jilu Tresa George  
Team Member



Mr. Tom Joseph  
Team Member



Dr. Sr. Beenamma Mathew  
Principal



Mr. Dipin V.S  
District Program Executive K-DISC



Dr. Alex George  
Teacher in charge -YIP

**₹25,000 + CERTIFICATE**  
**CONGRATULATIONS**



**ST. THOMAS COLLEGE OF TEACHER EDUCATION. PALA**

**YOUNG INNOVATORS PROGRAM 2021**  
**ORGANIZED BY**  
**KERALA DEVELOPMENT AND INNOVATION STRATEGY COUNCIL**  
**IDEATORS SELECTED FOR STATE LEVEL COMPETITION**



Ms. Shilpa Elizabeth Joychen  
Team Leader



Ms. Alina Ann Roy  
Secretary



Sr. Soniya Dominic  
Team member



Ms. Minu Mathews  
Team Member



Ms. Anns Thomas  
Team Member



Dr. Sr. Beenamma Mathew  
Principal



Mr. Dipin V.S  
District Program Executive K-DISC



Dr. Alex George  
Teacher in charge -YIP

**₹25,000 + CERTIFICATE**  
**CONGRATULATIONS**



**ST. THOMAS COLLEGE OF TEACHER EDUCATION. PALA**

# STATE-LEVEL INNOVATIVE MEET CASH AWARD



# FACULTY EXCHANGE PROGRAMME

**SNM TRAINING COLLEGE  
MOOTHAKUNNAM**  
Ernakulam (Dt.), Kerala  
Re-accredited at second cycle by NAAC  
Affiliated to Mahatma Gandhi University, Kottayam  
Phone: 0484-2482084, 0484-2482115  
Email: snmtrainingcollegemkm@gmail.com



**ST. THOMAS COLLEGE OF  
TEACHER EDUCATION, PALA**  
Kottayam (Dt.), Kerala  
Re-accredited at A Grade by NAAC  
Affiliated to Mahatma Gandhi University, Kottayam  
Phone: +91 4822 216537  
Email: stcepala@gmail.com



## FACULTY EXCHANGE PROGRAMME

### DIAGNOSTIC TEST AND REMEDIAL TEACHING

26/05/2023 @ 10.00 am



**Dr. Bindu David**  
Assistant Professor  
St. Thomas College of  
Teacher Education, Pala



**Dr. Suneethi A. S.**  
Assistant Professor  
SNM Training College,  
Moothakunnam



**Dr. Susmitha P. S.**  
Principal in Charge  
SNM Training College,  
Moothakunnam

**Dr. Sr. Beenamma Mathew**  
Principal  
St. Thomas College of Teacher  
Education, Pala

# STUDENT EXCHANGE PROGRAMME

## PAPER PRESENTERS

**NAIR K.M  
SUMALAKSHMI**



**MINNA MARY  
TOM**



## WATER CONSERVATION DAY

As part of Azadi ka Amrit  
Mahotsav



### ORGANIZED BY

 St. Joseph College of Teacher  
Education for women, Ernakulam

 St. Thomas College of Teacher  
Education, Pala

Online Webinar  
Due Date- 30th April 2023  
Due Time- 2:00-3:00pm

# B.Ed. RANK HOLDERS



## ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

Research Centre in Education Approved by Mahatma  
Gandhi University, Kottayam

M.G University B.Ed.

### RANK HOLDERS

2021-2023 Batch



1<sup>st</sup>  
Rank

**Jilu Tresa George**  
Mathematics Education



1<sup>st</sup>  
Rank

**Dinta Baby**  
Commerce Education



3<sup>rd</sup>  
Rank

**Hanna Elizabeth Joy**  
Physical Science Education



3<sup>rd</sup>  
Rank

**Alina Ann Roy**  
Commerce Education



3<sup>rd</sup>  
Rank

**Adithya Shaji**  
Natural Science Education

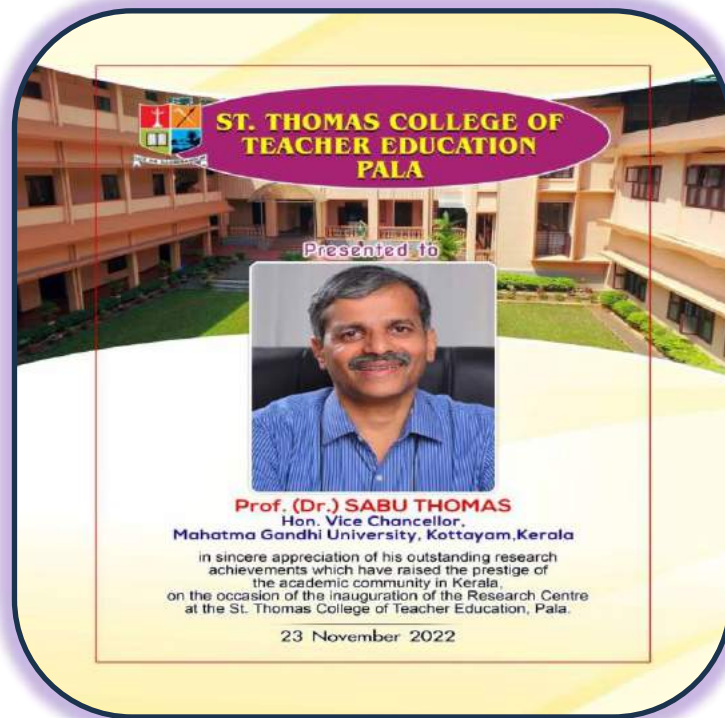


8<sup>th</sup>  
Rank

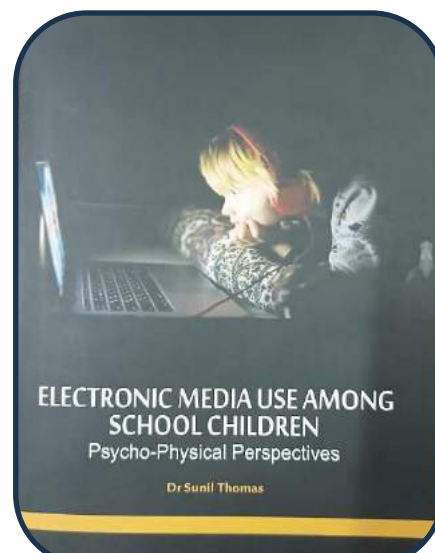
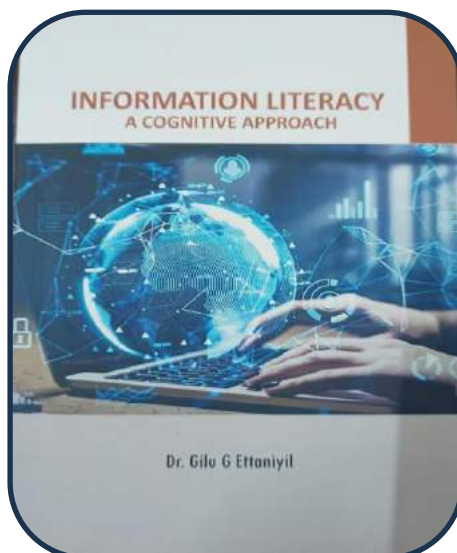
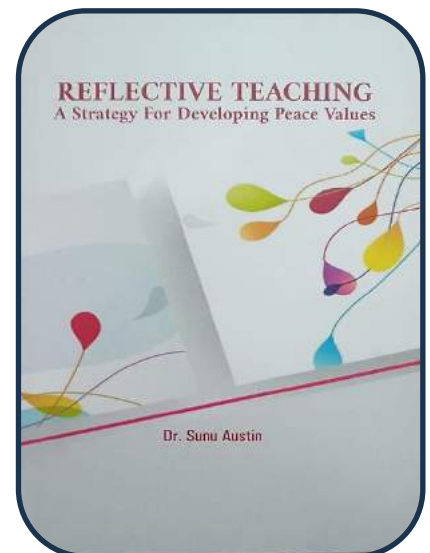
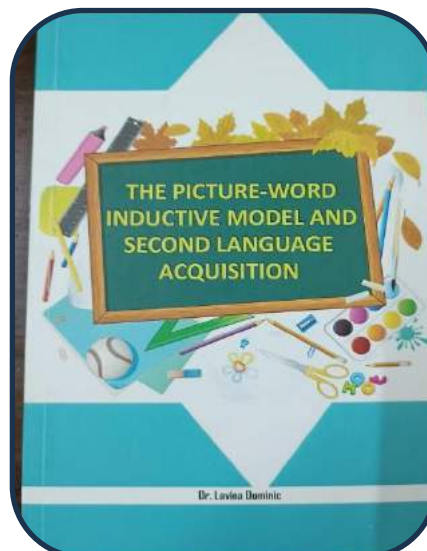
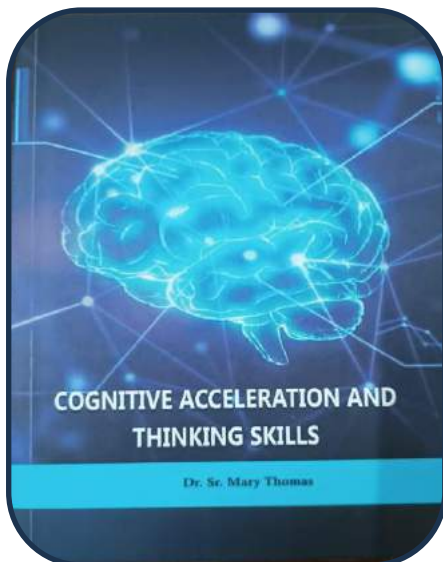
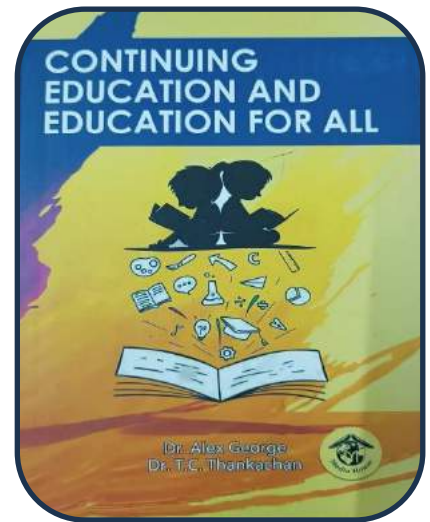
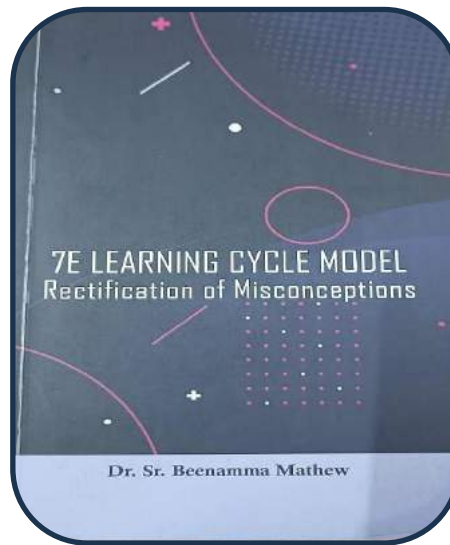
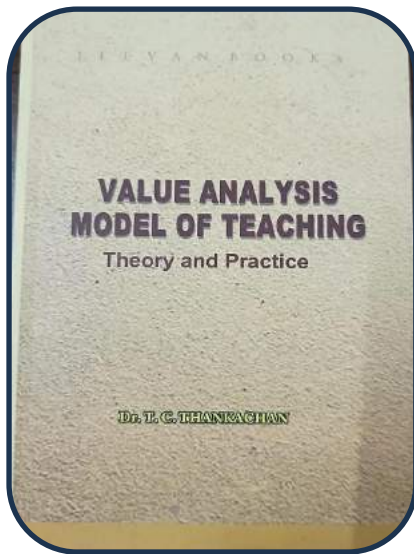
**Josna Jose**  
Physical Science Education

*Congratulations*

# RESEARCH CENTRE INAUGURATION



## PH.D. PUBLICATION OF FACULTIES



# SCERT



**SCERT KERALA**

**DEVELOPING AESTHETICS BASED THEATRICAL INSTRUCTIONAL PACKAGE FOR ENHANCING LANGUAGE COMPETENCY AMONG SECONDARY SCHOOL STUDENTS**

**TOOL PREPARATION WORKSHOP**

**18th JUNE 2022**  
**St. Thomas College of Teacher Education, Pala**

**Researchers**  
Dheeraj Augustine (HST)  
St. Agnes HS, Muttuchira  
Rajeev Joseph (HST)  
St. Thomas HS, Erumoly




**SCERT KERALA**

**DEVELOPING AESTHETICS BASED THEATRICAL INSTRUCTIONAL PACKAGE TOOL PREPARATION WORKSHOP**

**Subject Experts**  
**Dr. Sr. Beename Mathew** (Principal, St. Thomas College of Tr. Edu., Pala)  
**Dr. T. C. Thankachan** (Vice-Principal, St. Thomas College of Tr. Edu., Pala)  
**Dr. Lavina Dominic** (Assistant Professor, St. Thomas College of Tr. Edu., Pala)  
**Li. Anu Jose** (Assistant Professor, Alphonsa College, Pala)  
**Dr. Jaison Mathew** (Senior Lecturer, DIET Kottayam)  
**Mrs. Salikutty C J** (Lecturer, St. Thomas ITE, Pala)  
**Mr. Ditto Sebastian** (HSST, St. Sebastian H.S.S, Kadanad)  
**Mrs. Annie Cyriac** (HST, Amrutha High School, Mooladam, Kottayam)  
**Mrs. Renjumol Joseph** (HST, St. Dominica HSS, Kanjirapally)

**Researchers**  
Dheeraj Augustine (HST)  
St. Agnes HS, Muttuchira  
Rajeev Joseph (HST)  
St. Thomas HS, Erumoly

**18th JUNE 2022**  
**St. Thomas College of Teacher Education, Pala**



**Hospital Pala**  
Pala, Kerala, India  
PM5H+X88, Pala, Kerala 686575, India  
Lat 9.709914°  
Long 76.678206°  
18/06/22 10:22 AM



**Government Hospital Pala**  
Pala, Kerala, India  
PM6H+FP8, Pala, Kerala 686575, India  
Lat 9.711225°  
Long 76.679118°  
18/06/22 01:17 PM

# YOUTH INTERACTION PROGRAM

## Yuva Swaram

### Yuva Swaram – Daiva Dhanam (Goodness Channel)





# SAMAGRA SAKSHARATHA PALA PROJECT



# BEAUTIFUL MINDS

**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**

NSS UNIT NO. 900

**PRINCIPAL**  
DR. SR. BEENAMMA MATHEW

**NSS PROGRAMME OFFICER**  
DR. ALEX GEORGE

**RESOURCE PERSON**  
DR. T. C. THANKACHAN

December 10, 2022  
Civil service academy Pala | 09:30 AM

*Beautiful Minds*

CO-ORDINATORS: NAYANA BABU  
NIBIN BABU



# ANTI DRUGS



## ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

KOTTAYAM (Dt.) - 686575, KERALA, INDIA  
Re-accredited at A Grade by NAAC  
Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India  
E-mail : stcepala@gmail.com | Website: stcte.ac.in



NO TO DRUGS



# ലഹരിക്കെതിരെ നവകേരള മുന്നേറ്റം കോളേജ് തല ഉദ്ഘാടനം

2022 ഒക്ടോബർ 06 ന് 9.30 a. m കോളേജ് ഓഡിറ്റോറിയം



സ്ഥാനം :  
ബാ. സിസ്റ്റർ, മനോര മാതൃ പ്രിൻസിപ്പൽ



അധ്യക്ഷ :  
ഡോ. ലവിന ഡോമിനിക്  
(ഇൻസ്പെക്ടർ കൗൺസിലർ, പാലം)



വിദ്യാഭ്യാസ :  
ശ്രീ. സൂര്യൻ എം  
(എക്സിക്യൂട്ടീവ് സർക്കിൾ ഇൻസ്പെക്ടർ, പാലം)



മുഖ്യപ്രഭാഷണം :  
ബോണി സെബാസ്റ്റ്യൻ  
(കൗൺസിലർ, വിമുക്തി ക്ലബ്ബ് കോട്ടയം)

10 a. m സംസ്ഥാനതല ഉദ്ഘാടനം :  
ശ്രീ. പിണറായി വിജയൻ (ബഹു. കേരള മുഖ്യമന്ത്രി)

## ഉണരാം, ഉയരാം, ലഹരിക്കെതിരെ....

Dr. T. G. Thankachan, Vice Principal  
Dr. Sunil Thomas, Nodal officer, Anti Narcotics Cell  
Dr. Lavina Dominic, IQAC Co-ordinator  
Dr. Alex George, Co-ordinator, Vimukthi Club

**St.Thomas College of Teacher Education, Pala.**

**വിമുക്തി** **VIMUKTHI CLUB** Organizes

ലഹരിക്കെതിരെ നവകേരള മുന്നേറ്റം

**NO DRUG**

**END EXHIBITION**

2022 OCTOBER 18

Venue: College Auditorium

**ALL DREAMS**

11.30 AM - 3.30 PM

ഉണരാം, ഉയരാം, ലഹരിക്കെതിരെ...

Dr. Sr. Beenamma Mathew (Principal)  
 Dr. Sunil Thomas, Nodal officer, Anti-Narcotics Cell.  
 Dr. Alex George, Teacher in charge.  
 Ms. Alphonsa Mathew, President.  
 Mr. Lijo Jose, Secretary.

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

**VIMUKTHI CLUB**

ORGANISES

**‘ബോധപൂർണ്ണിമ’**

(A Kerala Government Initiative Program)

TOPIC :- NO TO DRUGS  
 ON 21/10/2022, FRIDAY

- Short Film Competition
- Story Writing
- Poem Writing
- E- Poster Making
- Essay Writing
- Article Writing

ഉണരാം ലഹരിക്കെതിരെ

**Organising Committee**  
 Dr. Sr. Beenamma Mathew  
 Dr. Sunil Thomas  
 Dr. Alex George

**Executive Members**  
 Alphonsa Mathew (President)  
 Lijo Jose (Secretary)  
 Joffin Jose (Treasurer)  
 Albi Mohan (Program Coordinator)  
 Sivani Sai A S  
 Davika R

Welcome To All

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

VIMUKTHI CLUB ORGANIZES

**Anti drug campaign**

**Say NO to drugs**

**Flash mob**

@ Kottaramattam Bus Stand

On 1/11/2022 2.30 pm

Principal- Dr. Sr. Beenamma Mathew  
 Vice Principal - Dr. T. C. Thankachan  
 Anti-Narcotics Cell Nodal Officer- Dr. Sunil Thomas  
 Teacher in Charge- Dr. Alex George  
 President- Alphonsa Mathew  
 Secretary - Lijo Jose  
 Co-ordinators - Sivani Sai  
 Athira Mohan

Flag Off: Shri. Sooraj M (Excise Circle Inspector, Pala)

**ANTI DRUGS AWARENESS RALLEY**

FROM COLLEGE TO KOTTARAMATTAM

Forwarded message  
 From Lavina Miss  
[https://youtu.be/4HArj\\_8BLxl](https://youtu.be/4HArj_8BLxl)

YouTube  
 പാലാ സെന്റ് തോമസ് കോളേജ് ഓഫ് ടീച്ചർ എഡ്യൂക്കേഷനിൽ പെനാൽറ്റി ഷൂട്ടൗട്ട് മത്സരം

നവകേരളം ചാനൽ

13:23 ✓

Forwarded message  
 From Lavina Miss  
<https://www.bmtvlive.com/2022/12/sports-bmtv-news.html>

Bmtvlive  
 പെനാൽറ്റി ഷൂട്ടൗട്ട് മത്സരം പാലായിൽ നടന്നു

- സത്യമായ വാർത്ത വേഗത്തിൽ
- BM TV News Live BMTV Malayalam
- Kerala Bright Media Communications

13:23 ✓



# ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

HEALTH CLUB IN ASSOCIATION WITH VIMUKTHI

# PENALTY SHOOTOUT



10 TEAMS

FIRST PRIZE:- 501/-

AT COLLEGE GROUND

SECOND PRIZE:- 301/-

02:30 PM

01/12/2022 Thursday





# ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA

**NSS**  
UNIT NO. 90B

and  
*Jointly  
Organise*

**RED RIBBON  
CLUB**

## National Youth Day 2023

### Aim:

To motivate youth for carrying out activities for creating awareness about HIV and DRUG ABUSE related issues

Resource person



**DR. KRISHNADAS K. V.**  
ASSISTANT INSURANCE MEDICAL OFFICER  
ESI HOSPITAL, KANJIRAPPALLY

AT COLLEGE AUDITORIUM  
3 PM TO 4 PM



### ANTI DRUG EXHIBITION

AT COLLEGE AUDITORIUM  
9 AM TO 1 PM

18/01/2023

### Organising Committee

DR. SR. BEENAMMA MATHEW  
(PRINCIPAL)

DR. T. C. THANKACHAN  
(VICE PRINCIPAL)

DR. SUNIL THOMAS  
(ANTI NARCOTIC CELL NODAL OFFICER)

DR. ALEX GEORGE  
(NSS PROGRAMME OFFICER)

LINTA ELDOS  
(NSS VOLUNTEER SECRETARY)

LIJO JOSE  
ANAND K. S.  
(COORDINATORS)



വിമുക്തി



# UGC NET, SET, K.TET COACHING

**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**

**UGC NET COACHING (PAPER 1 & EDUCATION)**

Online / Offline Classes

Admissions open now  
Duration : Sep 9 - 23

- Syllabus oriented sessions
- Daily Practice tests
- Weekend model tests
- Doubt clearance sessions

9447599631

Register on / before September 7

Dr. Sr. Beenamma Mathew (Principal, STCE, Pala)    Dr. T. C. Thankachan (Vice Principal, STCE, Pala)    Dr. Alex George (Teacher in charge, STCE, Pala)

Student coordinator : Tiya Tess George 9400041057

**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**

KOTTAYAM (DL.) - 686375, KERALA, INDIA  
Re-accredited at A Grade by NAAC  
Affiliated to Mahatma Gandhi University, Kottayam, Kerala, India  
E-mail : stcepal@stcepal.com | Website: stce.ac.in

Organised by  
Alumni Association STCE Pala

**NET/SET/K-TET**

ONLINE COACHING CLASS

- Separate classes for NET/SET/K-TET
- Syllabus oriented sessions
- Daily practise tests
- Weekend model tests
- Doubt clearance session

**March 15 - May 15**  
Admission Open Now [2022]

Registration fee: 7500 per participants  
Register on or before : 9-03-2022  
<https://forms.gle/J8Ys57Dq4CuulDl.Y9>

9447599631    9447599631

DR. T. C. THANKACHAN (PRINCIPAL)    SHRI. P. KRISHNAKUMAR (PRESIDENT, ALUMNI ASSOCIATION)    DR. ALEX GEORGE (SECRETARY, ALUMNI ASSOCIATION)

For more details: <https://forms.gle/J8Ys57Dq4CuulDl.Y9> | 9400913647, 796785

# MEGA BLOOD DONATION CAMP

 **ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA** 

## **MEGA BLOOD DONATION CAMP**

RED RIBBON CLUB, HEALTH CLUB, PALA BLOOD FORUM AND MARYGIRI HOSPITAL BHARANANGANAM

**Inauguration : SHIBU THEKKEMATTAM**  
(Convener, Pala Blood Forum)

**Awareness Talk : SHAJI SEBASTIAN**  
(Sub Inspector, Pala)

Dr.Sr. Beenamma Mathew (Principal)  
Dr. T.C. Thankachan (Vice principal)  
Dr. Sunil Thomas (Treasurer, Pala Blood Forum)

**29.09.2022**  
**10.00 am**







# WORKSHOP ON PREPARATION OF TEACHING AIDS



# NSS UNIT INAUGURATION


**ST THOMAS COLLEGE OF TEACHER EDUCATION  
PALA**



**N.S.S. UNIT 90B**

## **INAUGURATION**



02/12/2022 Friday  
@3p.m.



**Dr. Sr. Beenamma Mathew**  
(Principal)

**Dr. E.N. Sivadasan**  
(N.S.S. Coordinator,  
Mahatma Gandhi University)

**Dr. T.C. Thankachan**  
(Vice Principal)



**Dr. Alex George**  
(N.S.S. Programme Officer)

**Linta Eldos**  
(N.S.S. Volunteer Secretary)





# ORANGE THE WORLD CAMPAIGN

VV T.THOMAS COLLEGE OF TEACHER EDUCATION, PALA

Ministry of Women and Child Development

**ORANGE THE WORLD CAMPAIGN**

Elimination of all kinds of violence against women

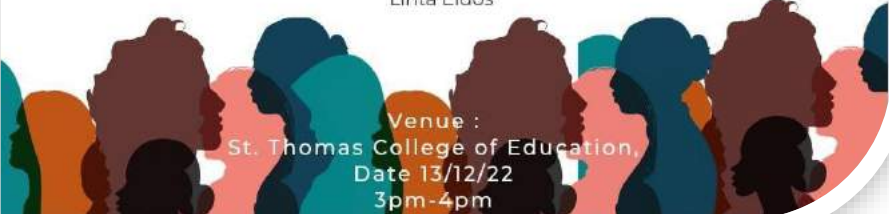
Organized by Women Cell

Resource person : Jinu Mary Benchamin  
CDPO ICDS Project, Lalam

Co-ordinator  
Mereena Thomas  
ICDS Supervisor, Pala

Organizing committee :  
Dr.Sr.Beenamma Mathew  
Dr.Sunu Austin  
(Women Cell Coordinator)  
Dr.Alex George  
(Program officer)  
Vinduja V  
Linta Eldos

Venue :  
St. Thomas College of Education,  
Date 13/12/22  
3pm-4pm



# YOUTH EMPOWERMENT PROGRAMME



**59<sup>th</sup>** LIONS CLUBS INTERNATIONAL DISTRICT 318 B  
**YOUTH EMPOWERMENT PROGRAMME**

**MJF Lr. Dr. SUNNY V. ZACHARIA**  
District Governor

**Sr. Beernamma Mathew**  
Principal, St. Thomas College of Teacher Education, Pala

**LN. SIBY MATHEW**  
P. J. HOTTAM  
Advisor & District Secretary


**P. KRISHNAN KUMAR**  
PRESIDENT, LIONS CLUB OF PALA METRO

**20**  
TUESDAY 3.00 PM

**LIONS CLUB OF PALA METRO**  
in Association with  
**N.S.S. Unit and Alumni Association of St. Thomas College of Teacher Education, Pala**

**SEMINAR**  
ON  
**TEACHERS AS CAREER GUIDES**

**Ln. Prof. Tommy Cherian**  
Director  
KISCO Career Heights, Pala  
Career Dreams College, Pala



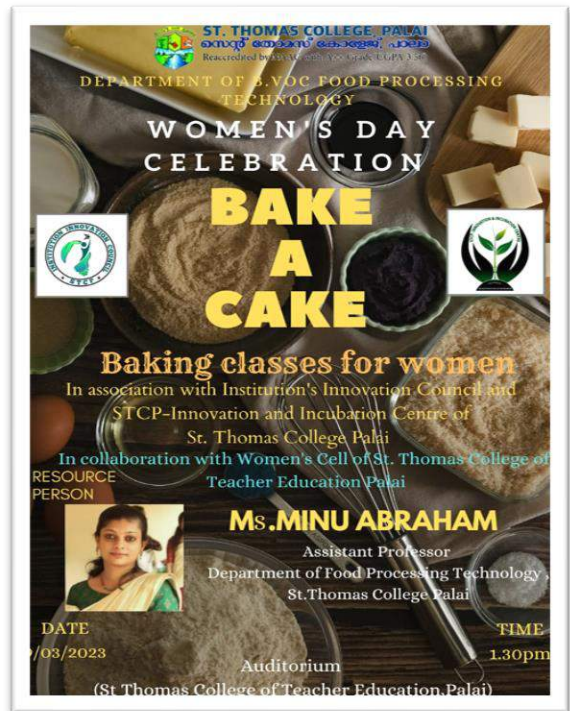
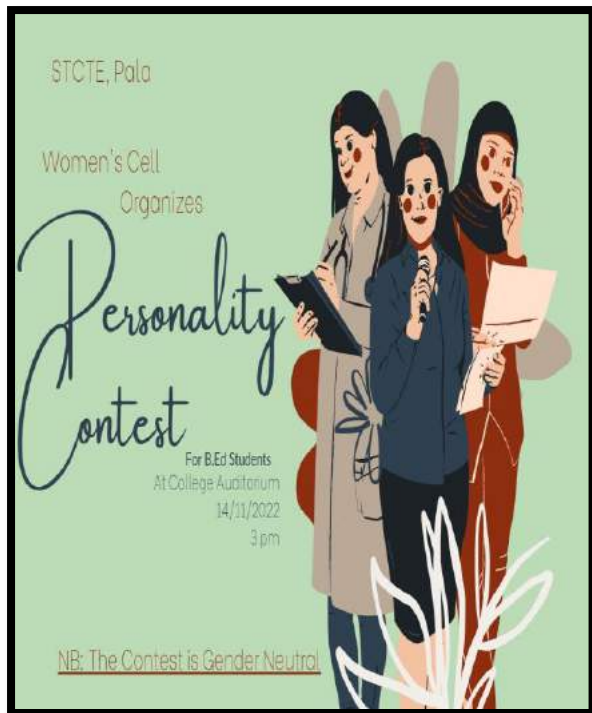
**i 4 U News Channel**  
55 മിനിറ്റ്

ലയൺസ് ക്ലബ്ബ് ഓഫ് പാലാ മെട്രോയുടെയും പാലാ സെന്റ് തോമസ് കോളജ് ഓഫ് ടീച്ചർ എഡ്യൂക്കേഷനിലെ NSS യൂണിറ്റ് എന്നിവയുടെ സംയുക്താഭിമുഖ്യത്തിൽ ബോധവൽക്കരണ ക്ലബ്ബ് നടത്തി.

ലയൺസ് ക്ലബ്ബ് ഓഫ് പാലാ മെട്രോയുടെയും പാലാ സെന്റ് തോമസ് കോളജ് ഓഫ് ടീച്ചർ എഡ്യൂക്കേഷനിലെ NSS യൂണിറ്റ്, അലൂമിനി അസോസിയേഷൻ എന്നിവയുടെയും സംയുക്താഭിമുഖ്യത്തിൽ ലയൺസ് ക്ലബ്ബ് ഇന്റർനാഷണൽ ഡിസ്ട്രിക്ട് 318 B യുടെ യുത്ത് എംപവർമെന്റ് പ്രോഗ്രാമിന്റെ ഭാഗമായി, ബോധവൽക്കരണ ക്ലബ്ബ് നടത്തി. പ്രിൻസിപ്പൽ സി.ഡോ. ബീനമ്മ മാത്യു ആഭ്യുക്ഷ്യം വഹിച്ച പരിപാടിയിൽ ലയൺസ് ക്ലബ്ബ് ഡിസ്ട്രിക്ട് സെക്രട്ടറി സിബി മാത്യു പ്ലാത്തോട്ടം മുഖ്യപ്രഭാഷണം നടത്തി. പാലാ കരിയർ ഡ്രീംസ് കോളജ് ഡയറക്ടർ പ്രൊഫ. ടോമി ചെറിയാൻ ക്ലാസുകൾക്ക് നേതൃത്വം കൊടുത്തു. ജോഷി സ്കറിയ, സോയി നെല്ലിക്കിൽ എന്നിവർ ആശംസകൾ അർപ്പിച്ചു. എൻ.എസ്.എസ്. പ്രോഗ്രാം ഡയറക്ടർ ഡോ. അലക്സ് ജോർജ് സ്വാഗതവും പ്രോഗ്രാം വോളന്റിയർ ലിന്റാ എൽദോസ് കൃതജ്ഞതയും അർപ്പിച്ചു. അദ്ധ്യാപക വിദ്യാർത്ഥികൾ, എൻ.എസ്.എസ് അംഗങ്ങൾ, അലൂമിനി - ലയൺസ് ക്ലബ്ബ് പ്രതിനിധികൾ ഉൾപ്പെടെ 200 പേർ പങ്കെടുത്തു.



# WOMEN'S CELL



# HEALTH CLUB



**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**  
Research Centre in Education, approved by MG University, Kottayam Kerala

**NSS UNIT (NO: 90B) & HEALTH CLUB**  
UNIT NO. 90 B

in association with  
**KCFS** KERALA COMMISSIONERATE OF FOOD SAFETY

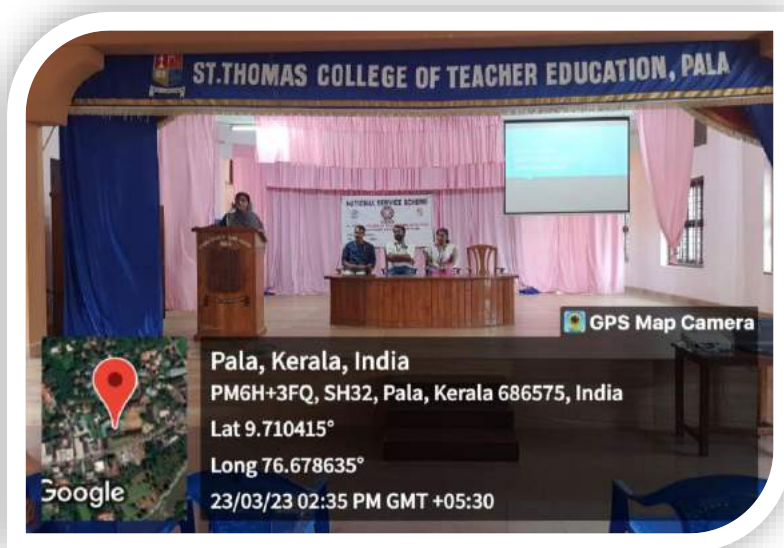
**RESOURCE PERSON**  
  
Santhosh Kumar G S  
Food safety officer  
Pala Circle

Jointly organise  
**SEMINAR**  
on  
**FOOD SAFETY: RESPONSIBILITY OF COMMON MAN**

**23 March 2023**  
College Auditorium  
2:30pm - 4:00pm

Organising committee

-   
Dr. Sr. Beenamma Mathew  
Principal
-   
Dr. Sunil Thomas  
Coordinator (Health Club)
-   
Dr. Alex George  
NSS Programme officer
-   
Ms. Linta Eldos  
Volunteer Secretary (NSS)
-   
Mr. Sandeep Kumar V  
(Programme Coordinator)



# WORLD WATER DAY OBSERVANCE

  
**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**  
**NSS UNIT NO. 90B & PALA MUNICIPALITY**  
*Faithfully Organizes*  
**WORLD WATER DAY OBSERVANCE**  
**MEENACHIL RIVER CONSERVATION CAMPAIGN**

**INAUGURATION**



SMT. JOSIN BINO  
MUNICIPAL CHAIR PERSON



PONKUNNAM BRIDGE  
9:30 AM - 11:00 AM



NSS UNIT NO. 90B

**PRESIDENTIAL ADDRESS**



DR. SR. BEENAMMA MATHEW  
PRINCIPAL

**FELICITATION**



ADV. BINU PULIKKAKANDAM  
15- WARD MEMBER



SRI. SHAJU V THURUTHAN  
1- WARD MEMBER



SMT. BIJI JOJO KUDAKKACHIRA  
20- WARD MEMBER




SRI. PRINCE V C THAYYIL  
21- WARD MEMBER

NSS PROGRAMME OFFICER  
DR. ALEX GEORGE  
NSS VOLUNTEER SECRETARY  
LINTA ELDOS


HEALTH INSPECTOR  
ANISH  
CO-ORDINATORS: VINDHUJA V  
NITHIN C T



  
**ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA**  
 (Research Centre in Education approved by M.G University, Kottayam, Kerala)  
**SOCIAL SCIENCE CLUB**  
 Organizes  
**ONLINE QUIZ COMPETITION**  
 In connection with  
**WORLD WATER CONSERVATION DAY**  
 On March 25, 2023  
 @ 9 PM




# JAGRATHA

 **NATIONAL WEBINAR SERIES**  
**JAGRATHA-2023**   
(Community Awareness Programme for Rural Women Empowerment)  
A Joint Initiative of  
**ARCHANA WOMEN'S CENTRE , ETTUMANOOR**  
&  
**ST.THOMAS COLLEGE OF TEACHER EDUCATION, PALA**

**Inauguration**

  
**Mrs.Nisha Joshy**  
Senior Civil Police Officer, Ettumanoor.

**Conveners**

  
**Miss.Thresiamma Mathew**  
Director , AWC

  
**Dr. Sr. Beenamma Mathew**  
Principal, St. Thomas College of Teacher Education

**Programme Co-coordinators**  
Dr. Alex George (Co-ordinator, Extention Activities St.Thomas College of Teacher Edu.)  
Sri.Paulson K F(Project Manager, AWC)  
Smt. Sruthymol V S( Office Secretary,AWC)  
Ms.Aleena Elizabeth Alex (Student coordinator )

**DAY-1**  
06/05/2023  
Saturday  
At:11.00am -12.00pm

 **NATIONAL WEBINAR SERIES**  
**JAGRATHA-2023**   
(Community Awareness Programme for Rural Women Empowerment )  
A Joint Initiative of  
**ARCHANA WOMEN'S CENTRE , ETTUMANOOR**  
&  
**ST.THOMAS COLLEGE OF TEACHER EDUCATION, PALA**

**"ആരോഗ്യ പരിപാലനം സ്ട്രീകളിൽ"**

**Conveners**

  
**Dr Shiny Antony Rauf**  
Preventive Dentist  
Fitness Trainer

  
**Miss.Thresiamma Mathew**  
Director , AWC

  
**Dr. Sr. Beenamma Mathew**  
Principal, St. Thomas College of Teacher Education

  
Google Meet

**DAY-2**  
27/05/2023  
Saturday  
At:11.00am -12.00pm

**Programme Co-coordinators**  
Dr. Alex George (Co-ordinator, Extention Activities St.Thomas College of Teacher Edu.)  
Sri.Paulson K F(Project Manager, AWC)  
Smt. Sruthymol V S( Office Secretary,AWC)  
Ms.Aleena Elizabeth Alex (Student coordinator )