

BEST PRACTICES (2022-2023)

I. Title of the Practice – BEAUTIFUL MINDS

A. Objectives of Practice

1. Enhance students' grasp of crucial subjects needed for Civil Service exams to ensure a solid understanding of key concepts.
2. Provide effective study strategies, time management tips, and tailored approaches to help students excel in their Civil Service examinations.
3. Train mentors to establish a supportive and empathetic bond with students, offering personalized guidance and addressing their unique requirements.
4. Inspire and motivate students, fostering resilience and determination throughout their Civil Service exam preparation journey.
5. Emphasize a comprehensive approach, nurturing not just academic prowess but also critical thinking, problem-solving abilities, and ethical awareness essential for civil service roles.

B. The context

Students from Aided schools in Pala Corporate Education Agency who win USS and LSS Govt scholarships get chosen by Civil Service Institute Pala. Civil Service Institute gives training for various careers. St. Thomas College of Teacher Education in collaboration with Civil Service Institute gives citizen training, motivation classes, and mentoring for these aspirants. They help these students with things like changing their personality, improving study habits, and staying motivated. Institute along with college offer comprehensive preparation strategies, study materials, mock tests, and practice sessions specifically designed to excel in civil service examinations.

C. The Practice

Training given by Training Institute is an yearlong programme.

During the training period, fifty B.Ed. students of St. Thomas College of Teacher Education provide mentoring and training for three Saturdays. The students took on the role of mentors, providing guidance to the school students aspiring for various Civil Service Exams. During the session, faculty members Dr. TC Thankachan and Dr. Alex George conducted classes focusing on motivation and mentoring techniques, aiming to uncover special talents and capabilities. Their class aimed to inspire students to explore and nurture the unique strengths of the aspiring candidates. Through this guidance, the mentors were encouraged to identify and develop the individual potential and capabilities of the students they were training. Overall, the session emphasized the importance of recognizing and fostering unique talents while mentoring.

D. Evidence of Success

The program yielded significant benefits for the participating school students, as acknowledged by both the students themselves and the organizers. They received valuable guidance and support from the B.Ed. students. The mentoring and training provided help them prepare effectively for different careers.

E. Problems Encountered and Resources Required

Some students faced difficulties expressing their problems due to lack of confidence. They might have felt hesitance to share their concerns openly. Building trust and creating a comfortable environment can encourage them to open up about their challenges.

F. Notes: Instilled a fellow feeling for the needy in the society





II. Title of the Practice: "Campus Sustainability: Streamlining Waste Management Strategies at College"

A. Objectives of Practice

1. Raise awareness among students and staff about proper waste disposal methods through informative sessions and campaigns.
2. Clean up the campus by organizing regular cleanup drives and encouraging everyone to keep their surroundings tidy.
3. Reduce pollution by minimizing the use of harmful materials and promoting eco-friendly alternatives.
4. Encourage recycling by making it easier for everyone to recycle and emphasizing its importance in daily life.

B. The Context

At our college, we're striving to create a cleaner and safer campus environment for everyone. We're educating everyone about responsible waste disposal to maintain the tidiness and beauty of our surroundings. As part of our commitment to environmental care, our college has become a plastic-free campus, aiming to reduce harmful materials that can negatively impact the air and water quality. Additionally, we're actively demonstrating the simplicity of recycling,

encouraging the reuse of items rather than discarding them, all in efforts to contribute positively to our planet's well-being.

C. The Practice

The Green Protocol Samiti focuses on keeping our surroundings clean and healthy by sorting our trash and using less plastic. The NSS program, "Laver"(Making of Cleaner Products and cleaning) teaches how to create solutions for cleaning. On May 15th, 2023, they put their learning into action by cleaning waste pits. By working together, they're making our area cleaner and learning how to take care of our environment better. Their efforts show how small steps can make a big difference in keeping our surroundings tidy and safe.

On March 25, 2023, there was a Meenachil River conservation campaign. NSS volunteers took part and cleaned up the river as part of this initiative. Their efforts aimed to preserve and protect the Meenachil River's natural beauty and health. The campaign reflected a dedication to environmental conservation and community involvement.

D. Evidence of Success

The campus looks much cleaner now, with trash properly disposed of and less litter around. The efforts to tidy up have really paid off, making the whole place more inviting and pleasant. It's great to see everyone pitching in to keep our campus neat and tidy.

E. Problems Encountered and Resources Required

The main issues faced were lack of recycling bins and limited cleaning supplies. To improve, more recycling facilities and additional cleaning tools are necessary.

F. Notes: Students and teachers were motivated to maintain a clean environment.

ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
 NSS UNIT NO. 90B & PALA MUNICIPALITY
Socially Organized
WORLD WATER DAY OBSERVANCE
MEENACHIL RIVER CONSERVATION CAMPAIGN

INAUGURATION

 SMT. JOSIN BINO
 MUNICIPAL CHAIR PERSON

PRESIDENTIAL ADDRESS

 DR. SR. BEEMAMMA MATHEW
 PRINCIPAL

25 MARCH 2023
 POKKUNNAM BRIDGE
 9:30 AM - 11:00 AM

FELICITATION


 ADV. BINO PULICKAL KANDAM
 15- WARD MEMBER


 SRI. SHAJI V THIRUTHRAN
 1- WARD MEMBER


 SMT. BIJU JIJO KODAKKACHIRA
 20- WARD MEMBER

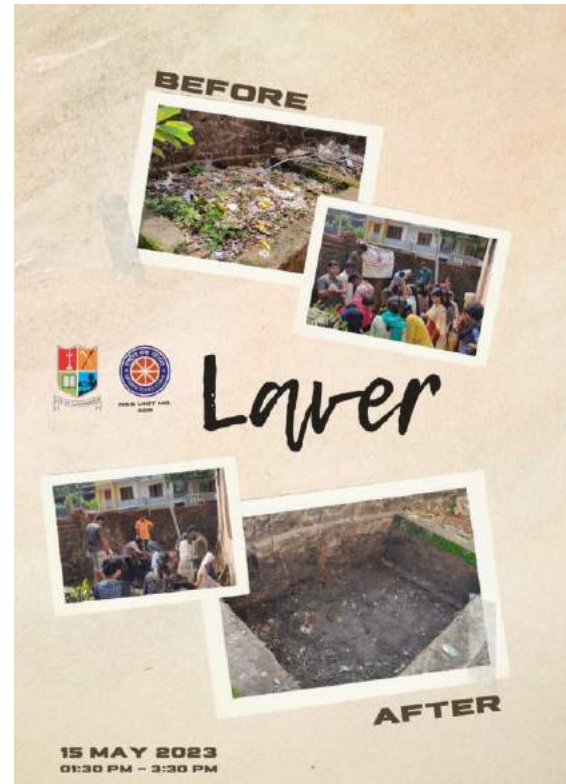

 SRI. PRINCE V C THARAYIL
 21- WARD MEMBER

NSS PROGRAMME OFFICER
 DR. ALEX GEORGE

NSS VOLUNTEER SECRETARY
 LINTA ELDO

HEALTH INSPECTOR
 ANISH

CO-ORDINATORS: VINOHUA V
 NITHIN C T




ST. THOMAS COLLEGE OF TEACHER EDUCATION, PALA
 RESEARCH CENTER IN EDUCATION APPROVED BY M.G UNIVERSITY, KOTTAYAM, KERALA

NSS UNIT 90B Organizes

Laver

TRAINING ON THE MAKING OF CLEANER PRODUCTS
 15 MAY 2023 @ 09:30 AM- 12:30 PM


SAJU JOSEPH
 MARKETING OFFICER
 PALA SOCIAL WELFARE SOCIETY

CAMPUS CLEANING
 15 MAY 2023 @ 01:30 PM-03:30 PM


DR. BEEMAMMA MATHEW
 PRINCIPAL

DR. T.C THANKACHAN
 VICE PRINCIPAL

DR. ALEX GEORGE
 NSS PROGRAMME OFFICER

LINTA ELDO
 NSS VOLUNTEER SECRETARY

COORDINATORS
 ALPHONSA MATHEW
 FATHIMA SALIM



**World Water Day Observance
 Meenachil River Conservation Campaign**

As part of World Water Day (22nd March), NSS unit 90 B of St Thomas College of Teacher Education Pala and Pala municipality jointly organized Meenachil River Conservation Campaign on 25th March 2023 near Pokkunnam Bridge. The program was inaugurated by Smt. Josin Bino, Municipal Chair Person. The river was cleaned by the NSS volunteers a part of the river conservation campaign.



WhatsApp x (7) മീനച്ചിലാറ്റിൽ ശുചി x +

youtube.com/watch?v=aqr1VD-FQfQ&ab_channel=StarvisionNews

YouTube IN Search

STARVISION

പാലം

സ്റ്റാർവിഷൻ ചാനൽ
നാഷണൽ സർവീസ് സർക്കിൾ

YouTube Subscribe

മീനച്ചിലാറ്റിൽ ശുചീകരണ യജ്ഞം സംഘടിപ്പിച്ചു

Starvision News
1.34K subscribers

Subscribe

4 Share Download

https://www.youtube.com/watch?v=LIXTu1nV6f5n

