

Best Practices 2018-19

Best Practice I

1. Title of the Practice – Care and Share

2. Objectives of Practice

- To foster the values of love for fellow men
- To promote faith in God and uphold Christian ideals
- To help needy patients with serious health problems especially cancer

3. The Context

Care and Share is a helping hand extended by St. Thomas College Teacher Education Family. It is a humanitarian initiative of CSM – The Catholic Student Movement of our college. Our students, faculty, staff, Alumni and their relatives are members of Care and Share.

The fund for the programme is raised through the generous contribution by faculty, staff, Alumni of the college and students. Besides this fund is raised through the following means:

- Collecting old news papers and magazines and selling them.
- Conducting programmes like food fests, auctions, exhibition of handicraft materials, coin collection etc.
- Fund raised in connection with mission day programmes.
- Conducting competitions for school and college students with registration etc.
- Collection box are distributed to each class in order to collect money from students to promote the attitude of sharing and sacrifice.

4. The Practice

Care and Share Programme provide financial assistance for the treatment of cancer patients (Beneficiaries – faculty, staff, students, alumni, PTA members and immediate relatives of the aforesaid)

5. Evidence of Success

As there were no cases during the academic year 2018-19, no person was provided financial help.

6. Problems Encountered and Resources Required

- Financial constraints
- Constraints of fund raising from the PTA

7. **Notes:** This is a necessary practice which instils in students the need for caring and sharing with one's fellow beings and responsibility to the community.

Best Practice II

1. **Title of the Practice: Zero Waste Management**

2. **Objectives of Practice**

- To create awareness about effective waste management
- To practice zero waste management in the campus
- To educate students about clean environment

3. **The Context:**

Sustainable development has become a central element in the works of national and international concerns. From this perspective the focus is more and more on protecting the environment and society. So, waste management is a sensitive area for all organizations including educational institutions.

4. **The Practices**

- Reduce the amount of solid waste generated is the norm of the college
- All the students and faculty members are strictly encouraged to carry steel lunch boxes to reduce the amount of solid waste.
- There are no dustbins to collect food waste in the campus.
- The college promotes the use of paper and cloth bags and steel, paper, porcelain tumblers, cups, and plates in the college canteen to avoid the use of plastic.
- Quality in infrastructure and timely repair of electronic equipment is done to minimize solid waste and electronic waste formation.
- Paper waste generated is collected and given to agents for recycling purposes.
- Online data storage and use of e-document facility in the academic field are increasing practice to substitute use of papers.
- All the students, teachers have their own Email Id. Communication between students and teachers are through electronic means to reduce paper use.

- The incinerator installed in the washrooms provides a hygiene and scientific disposal of non biodegradable toilet waste especially, in the case of sanitary napkins.
- There is an incinerator in the library to dispose of paper waste. Apart from this a waste pit is also maintained for the decomposition of paper waste in the campus.
- Green Protocol Samiti is active in the campus. Every month there is a campus cleaning activity initiated under this samiti. The college has a well- maintained lawn which helps natural rain water harvesting. It holds the earth's water capacity and filter more rain water towards the ground.
- The chemical wastes are very minimal in amount in the campus. Chemicals are neutralized or diluted using water before disposing to minimise the dose effect. Storage of such chemicals is done in wooden cupboards in separate places to avoid contact with people. Paper or cloth masks are used when handling chemicals.
- Staff and students are encouraged to save electricity.

5. Evidence of Success:

The college has a green and eco – friendly campus.

6. Problems Encountered and Resources Required:

- Lack of awareness about waste management
- Financial restraints

7. Notes:

'Zero Waste Management' is a practice that all institutions can adopt, in view of solid, liquid and waste management.